

Sunday  
May 10, 1998

# Plymouth Observer

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SEVENTY-FIVE CENTS

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Come one,  
come all

You are invited to attend a **Candidate Night for the 1998 Plymouth-Canton Board of Education**, sponsored by the Plymouth and Canton Observer Newspapers. The forum will be **7-8:30 p.m. Wednesday, May 27**, in the new **Plymouth District Library**, 223 S. Main, just south of Plymouth City Hall. Candidates seeking election to two, four-year terms include incumbent **Susan Davis**, newcomers **Sheila Friedrich**, **Richard Ham-Kucharski**, **Darwin Watts**, and **Judy Mardigan**, who is seeking election to a two-year seat to which she was recently reappointed. The forum will be moderated by **Tim Richard**, state and regional reporter for HomeTown Communications Network, which owns the Observer Newspapers. Observer reporter **Tony Brusato**, as well as Plymouth Observer editor **Joanne Maliszewski**, and Canton Observer **Tedd Schneider** will host the event. Call the Observer at **459-2700** for information.

## THE WEEK AHEAD

**Don't forget: Sign up for the Plymouth Family YMCA 19th Annual Run on Father's Day, June 21. Contact the YMCA, 453-4191.**

### MONDAY

**Attend: The Plymouth-Canton Board of Education will meet at 6 p.m. to talk about the proposed budget, at the board offices, 454 S. Harvey.**

### TUESDAY

**Again: The Plymouth-Canton Board of Education will meet at 7 p.m. for the regularly scheduled meeting at 454 S. Harvey.**

**Township: The Plymouth Township Board of Trustees will meet at 7:30 p.m. at township hall, 42350 Ann Arbor Road.**

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## MEAP: Scores are up



**Optimistic is what Plymouth-Canton school officials are feeling with the recent release of Michigan Educational Assessment Program scores. And the news is that there on the rise.**

Plymouth-Canton school officials are "cautiously optimistic" about the latest Michigan Educational Assessment Program (MEAP) scores in reading and math, as fourth- and seventh-grade students show continued improvement. "We got the results yesterday (Wednesday) afternoon, and haven't had time to analyze them yet," said Verna Anible, director of instruction. "While we are definitely pleased with the overall increases, we'll take in-depth information the state gives us on every question and see where we need to improve. We'll also take a look at

how each school building fared to see where we are doing well and where we need improvement."

"I'm pleased there is meaningful growth in what kids learned between fourth and seventh grade," said Superintendent Chuck Little. "I am very pleased that for the first time in the district a whole grade level has reached the 80 percent ranking. That's very, very good."

Little is referring to MEAP figures released by the Michigan Department of Education which show fourth-grade math scores in Plymouth-Canton

**Please see related story, page A3**

jumping from 66.6 percent last year to 80.1 this year.

The results mean slightly more than 80 percent of the fourth-grade students who took the MEAP math test scored satisfactory, the highest of three levels. The others are moderate and low.

Fourth-grade reading scores jumped dramatically, from 57.1 percent last year to 67.2 percent.

For seventh grade, math scores went from 65.3 percent last year to 72.8. Reading scores were also up, going from 50.3 percent to 58.2.

Anible called "the increases in fourth-grade reading and math significant, and shows we're moving in the

**Please see MEAP, A3**

### 1998 ('97) Plymouth-Canton MEAP scores

4th grade math:

1998: 80.1

1997: 66.6

4th grade reading:

1998: 67.2

1997: 57.1

7th grade math:

1998: 72.8

1997: 65.3

7th grade reading:

1998: 58.2

1997: 50.3

## Those old shoes

Just do it.

And that they did.

Four students at Allen Elementary surprised even themselves when the final tally was in from their week-long old shoe drive. The total: 1,702 pairs of shoes.

"I didn't even expect 1,000 shoes," said Adriana Blazeski, 11, of Canton who was one of the student organizers of the project. "Some of the shoes are given to kids in other countries, and the rest are shredded and recycled."

Allen students teamed up with 2nd Chance Shoes in Southfield, which is trying to make the public aware that landfills are expanding with unnecessary waste, including old shoes.

The project is designed to help children in other countries who don't have shoes and to teach the importance of recycling.

"We thought about having a contest to raise money for the school, but then decided we wanted to do something that would help other people," said James Odom, 11, who lives in Plymouth Township.

"For two days we dressed up as shoe characters to get each grade to bring in old shoes," said Brian Jones, 11, of Plymouth Township. "We put barrels and extra bags in the hallway."

"The second grade did a great job bringing in the most shoes," said 10-year-old Eric Nicole, who also lives in Plymouth Township. "We even got some donations from outside the school, which helped a lot."

The group worked hard to be successful because the real goal was helping people.

"I got the pleasure of knowing there were kids with smiles on their faces when they got the shoes," said James.

**"Solemates": Adriana Blazeski, James Odom, Brian Jones and Eric Nicolau were given a challenge and they followed through by collecting 1,702 pairs of shoes.**



## She's a winner

Cheryl Luallen of Plymouth wanted her mom to know just how much she is loved and how important she is.

So she wrote a poem about her mother, Mary Stewart of Farmington. We couldn't resist the poem and have chosen it as the winner of the Plymouth Observer Message to Mom contest.



Mary Stewart

**Please see other entries, A4**

Stewart, a recently retired paraprofessional for special education in the Farmington Public Schools, will receive a gift certificate to Station 885 in Old Village. Stewart has no idea that her daughter entered the contest. "I want to surprise her," Luallen said.

Following is the poem Cheryl Luallen wrote about her mother:

*My mom's special in many ways ...  
So it's easy for me to say  
Her heart is big, overflowing with love  
Her spirit powerful, soaring like a dove.*

*Wisdom, beauty is her game  
So you ask, "What is her name?"  
It's mom, Mary and friend  
So this poem I do send.*

Stewart, who is married to Max, is the mother of three grown children, Cheryl Luallen, Bill Stewart of Canton, and Laura Ledwidge of Dexter. She also has two grandchildren.

"There was a lot to say about my mom, but there was a word limit. She is a wonderful lady who has sacrificed so our kids could have things," Luallen said.

## Celebrate Plymouth

BY JOANNE MALISZEWSKI  
STAFF WRITER

If you want to help celebrate the best of Plymouth, you're invited to attend the 10th Annual Showcase Plymouth - a community mixer and business expo - 5-7 p.m. Tuesday, May 12, at the Plymouth Manor, 345 N. Main.

"We want to celebrate all the wonderful reasons to live and work in Plymouth," said Fran Toney, executive director of the Plymouth Community Chamber of Commerce, which hosts the event.

The event is definitely for area residents. "We want people to come. This isn't put on for the business community. It's for anybody who loves Plymouth - and their kids," Toney said.

The evening will include visits to the 62 booths that feature Plymouth businesses. At 6 p.m. volunteers of the year from the community's service clubs will be honored for their efforts. "We have more service clubs in this community than any other," Toney said.

The event also boasts a display of autos from area dealerships. The new cars will be parked in the parking lot of Plymouth Manor. The display also will feature Harley Davidson motorcycles from former Plymouth Township Police Chief Carl Berry and Motown Harley of

**Please see SHOWCASE, A5**

## Dinersty boosts its image and menu

### DOWNTOWN

Dinersty Restaurant on Forest Avenue has completed some serious remodeling inside and out, and they people there will celebrate with lunch and dinner specials this week.

The spark behind the renovation and menu expansion was Dinersty obtaining one of 50 low-cost liquor licenses offered in downtown development districts statewide.

Dinersty is the lone Plymouth

restaurant so far to get one of the licenses. Five downtown restaurants are awaiting word on their applications for the liquor licenses.

"They've put a large amount of money into new bathrooms. It's totally been remodeled in the interior," said Randy Whately, Dinersty attorney.

A partition separating one dining room from another has been removed. Cafeteria-style service has been replaced by traditional table service, and take-out orders are still taken at

**Please see DINERSTY, A3**



**New: Dinersty has a new facade to interest guests.**

## Friedrich says the time is right

**Editor's note: This is the first in a series of stories that will be written about the June 8 Plymouth-Canton Board of Education race. Candidates are newcomers Sheila Friedrich, Darwin Watts, Richard Ham-Kucharski, and incumbent Susan Davis, all of whom are seeking election to a four-year term. Judy Mardigan, recently appointed to a seat vacated by Jack Farrow, is seeking election to the two years remaining in his term.**

Sheila Friedrich of Canton says the time is right, and she's ready for the challenge of becoming a member of the Plymouth-Canton Board of Education.

"I've been thinking about it for the last year," said Friedrich, a single mother whose son, Brian, is a fourth-



**Election  
School  
race**

grader at Eriksson Elementary. "My son's education is the most important thing, and the opportunity has

come now because my workload has lightened."

Friedrich believes she can be the voice between the parents and the board.

"I think I can bring some good issues to the board because I'm a parent involved in the classroom," said Friedrich. "I think people are interested in other parents to join the school board because you do have a vested interest in what is spent and how it's spent."

Friedrich has lived in the Plymouth-Canton school district for 16 years, has an associate degree from Schoolcraft College, is employed by Weight Watchers Group as a leader and motivational speaker, and is the founding president of the Tonquish Economic Club.

"I've been talking to a lot of parents, and one of the most important issues is



Sheila Friedrich

**Please see FRIEDRICH, A6**



# Chrysler merger draws applause

The Chrysler-Benz merger announced Thursday drew favorable reaction from local Chrysler dealers and suppliers.

"I feel it can only be a good venture," said Dick Scott, owner of Dick Scott Dodge on Ann Arbor Road.

"Everybody's excited, it's kind of the buzz with employees and customers. I have not heard anybody talk negatively about it. I think we're going to create more jobs, not lose them," he said.

The new company is to be called DaimlerChrysler AG. It will be the third largest manufacturing company in the world, behind General Motors and Ford.

"You're talking about a great car company in Mercedes Benz. The point is everyone has to realize if this works you're looking at probably a five-year program before everything is ironed out," Scott said.

"As a dealer I welcome this venture. It's great for the auto business and it's great for Chrysler employees."

"I do think there will be some (Mercedes) production plants built in this country, there could be an interchange of Mercedes and Chrysler parts and engines; that's my own opinion," Scott said.

"Daimler-Benz is a very wealthy company, they're not

only in the automotive business but they have other ventures as well, they're very profitable. It could mean even better stability of our product, which gets better every year now."

Christopher Swartwout is controller of ProCoil Corp. in Canton, a rolled steel supplier to both Chrysler and Mercedes Benz, which has an Alabama plant making sport utility vehicles.

"I think it's a good thing," Swartwout said. "We know that both Chrysler and Mercedes have some very tight quality guidelines, we're certainly up to the challenge."

In contrast to the atmosphere

at Dick Scott Dodge on the day the deal was announced, Swartwout said, "We haven't talked about it today."

Does ProCoil view this merger as having a significant impact on their supplier business? Swartwout said it could increase work for Chrysler and Mercedes.

"What amazed me the most was no merger on this scale has ever occurred. I've been following the story," he said.

The new company is to be dual headquartered in Auburn Hills and Stuttgart, Germany. The merger is to take effect in October.

## PLYMOUTH PIPELINE

### Buddy Poppies

To help disabled and needy vets and widows and orphans of deceased vets, the annual Buddy Poppy sale conducted by VFW Post 6695 and its Ladies Auxiliary will be 8 a.m. to 5 p.m. May 14-16 at various sites around Plymouth.

"Most of the money that we collect in this sale will remain right here in our own communi-

ty, to help finance the relief and welfare work which we have undertaken," said Post Commander Joe Bida.

The poppy sale is inspired by the poem, "In Flanders Fields:"

*"In Flanders fields the poppies blow  
Between the crosses row on row,  
That mark our place, and in the sky  
The larks still bravely singing  
Fly  
Scarce heard amid the guns below.  
We are the Dead, short days ago  
We lived, felt dawn, saw sunset glow,  
Loved and were loved, and now we lie  
In Flanders fields."*

*The larks still bravely singing  
Fly  
Scarce heard amid the guns below.  
We are the Dead, short days ago  
We lived, felt dawn, saw sunset glow,  
Loved and were loved, and now we lie  
In Flanders fields."*

### Albom returns

Detroit Free Press columnist and WJR radio host Mitch Albom will sign his book "Tuesdays with Morrie" at 1 p.m. Saturday, May 16, at Little Professor Book Center on Main Street in Plymouth across from Kellogg Park.



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## Call 1-800-257-1200 ext. 453 to reserve your seat or for more information on Care Choices Senior.

Come to one of these special meetings:

Location	Date	Times
Arbor Health Building - 990 W. Ann Arbor Trail	May 12, 1998	10:00 - 11:00 AM, Community Room
	May 19, 1998	10:00 - 11:00 AM, Community Room
Baker's Square Restaurant - 5946 Sheldon Rd.	May 14, 1998	2:30 - 4:30 PM
	May 19, 1998	2:30 - 4:30 PM

— Refreshments will be served —

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## Seinfeld

### How should it end?

After nine seasons, the top-rated comedy "Seinfeld" is coming to an end. The topic of the last episode, 9 p.m. Thursday, May 14, has been kept hush-hush.

Tabloids, magazines, television show and fans have all speculated on how the half-hour sitcom will wrap up its run. One tabloid ran a story in March saying "Seinfeld" would feature a dream sequence where Kramer and Newman started a rickshaw business. The episode ran in April and it wasn't a dream.

A tabloid television show reported this week that one of the characters is a victim of a carjacking. Fans of the show have guessed that Jerry and Elaine will marry.

Now it's your turn. Call or e-mail us with your predictions for the last "Seinfeld" at (734) 953-2130 or cfuo@oe.homecomm.net by 9 a.m. Tuesday, May 12. Make sure you leave your name, address and phone number.

We'd also like to hear about your favorite episode. Was it the "Master of My Domain" episode? Newman's millennium party to which he refused to invite Jerry? The show with Elaine's boyfriend who's obsessed with the song "Desperado"? When Jerry fantasized about his girlfriend's talking belly button - "hel-



Ending: The Seinfeld cast is ready to say good-bye. Tell us how they will do that.

loooooo" - and Kramer hired an intern for his business Kramercia? Or when Jerry wanted to buy a car from Elaine's recent boyfriend David Puddy?

Pick one from any of the nine years' worth of shows.

By the way, because "Seinfeld" is a show about nothing, don't expect to get much of a prize - just your name and comments in the Observer's Community Life section on Thursday, May 14.

## School accreditation extended

Principals Patricia Patton, Canton High School, Gerald Ostoin, Salem High School and Principal Becky Moore, Hulsing Elementary announced that the schools' North Central Association of Colleges and Schools (NCA) accreditation has been extended through the 1997-98 school year.

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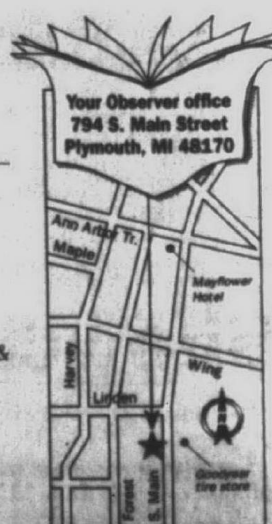
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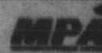
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NEWSPAPERS



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# Proficiency

## Most juniors didn't take test

Most junior class students at Canton and Salem high schools exercised their right of refusal by declining to take the revamped, but controversial, Michigan Educational Assessment Program tests given last week.

In fact, more than 600 of the 988 juniors at the high school complex refused to take the test, which measures skills in reading, writing, math, and science.

"The last two years we saw 92 percent of the students take the tests," said Joan Claeys, Salem assistant principal. "However, after a revolt against the exam last year in Oakland County, more parents and students here opted out of the tests."

The MEAP tests became controversial because they were long, difficult and resulted in debatable scores.

The exams were shortened to about eight hours by the state after complaints the nearly 11 hours of testing were too long.

Last year, students who passed were labeled as "proficient" and given a gold endorsement sticker on their diploma. Those who fell short of that were labeled "novice" or "not yet novice."

College-bound students were afraid of taking the tests and

**■ 'There's a real concern on the part of juniors applying for college because they don't know how the results will affect them, compared to ACT and SAT scores.'**

*Joan Claeys  
—Salem assistant principal*

failing to get a "proficient" sticker, believing anything less would hurt their chances of getting into college.

This year, the stickers have been eliminated. However, the results go on the high school transcripts.

"Many parents and students thought that was less satisfactory," said Claeys. "There's a real concern on the part of juniors applying for college because they don't know how the results will affect them, compared to ACT and SAT scores."

Claeys notes that without at least 85 percent junior class participation, the results will have no meaning.

"The MEAP shows how we are

doing as a district in meeting state teaching guidelines," said Claeys. "These results are meaningless because maybe some of the best students participated and the scores could be high, or maybe some of the worst students took the exam and our scores are low. There is no way to get an accurate assessment."

The district not only spent money to administer the tests, but also released 10th and 12th graders for a total of nine hours while the juniors took the test.

"As an educator, I personally feel that everyone should have taken the test," said Superintendent Chuck Little. "There are a whole lot of arguments why the tests are a good or bad idea ... but I'm very confident our young people could do well on the test. It wasn't good use of our money."

School board president Mark Horvath believes the state needs to change the rules.

"It's another case where we're being forced to pay to give the tests, but at the same time the state gives students the opportunity not to take the test," said Horvath. "It's unfair of students and staff to make them prepare for tests the state doesn't think enough of to make students take."

## MEAP from page A1

direction of national standards for education."

However, despite the increase in seventh-grade reading, Anible said "we're not satisfied with that score. We need to look at how we can reach more students and increase it."

"It shows our instruction is paying off over a period of time," said Anible. "This isn't something that can be done over a few months, or even a year."

Little is pleased the direction of scores in Plymouth-Canton continues to improve.

"The trend over the past several years shows our scores getting

better," said Little. "We're extremely pleased, and it shows the commitment on behalf of the teachers and staff."

Pat O'Donnell, assistant superintendent for instruction, is pleased with the results in reading and math. However, he cautiously awaits the results of fifth- and eighth-grade MEAP science and writing tests, which are due next month, to get the total picture.

"It's hard to isolate why we did so well, especially in the fourth grade," said O'Donnell. "There are so many factors to consider ... whether it's the students,

staff, teaching process, the revised scoring."

Some parents question whether the district is teaching to the MEAP test, which would account for the higher scores.

"Students today don't learn isolated facts, they need to integrate those facts into their thinking of possible outcomes," said O'Donnell. "We are always exploring new ways to teach, and put our money and energy into that instruction. Then we need to maintain the system over a period of time to see the results."

## Dinersty from page A1

the front counter, Whately said.

The menu will include traditional Dinersty offerings plus lobster dishes, crab legs, and eventually steak and American-style dishes. Alcoholic drinks will be served at tables. There will be no bar, Whately said.

For the grand opening Monday and through the week, a \$3.49 lunch buffet will be offered, and a \$4-plus dinner buffet, Whately said.

The purple-and-pink restaurant facade is being replaced with dark green touches. "One of the things the city had concern with all along was the outside didn't blend in with Forest Avenue," Whately said.

Some customers had complained of the restaurant's relative cleanliness. "I can guarantee cleanliness will be as good as any other restaurant," Whately said.

"One of the problems was they have a restaurant in Ann Arbor, they've been trying to manage both of them. Ann Arbor does a phenomenal business. They started the Plymouth restaurant as a cookie cutter carbon copy," Whately said.

"But in Plymouth there's a whole different clientele and setting," he said.

To serve Plymouth better, chef Khee Kwok will devote his main



**Change:** Khee Kwok, Dinersty's chef, will devote his main attention to the Plymouth Dinersty.

attention to the Plymouth Dinersty. Whately describes Kwok as a four-star chef, who once had a cooking show on TV on the East Coast.

"Khee has a lot of experience with French cuisine and Vietnamese cuisine. There'll be some very interesting, unique dishes," Whately said.

Restaurant hours Monday through Saturday will be 11 a.m. to 11 p.m. Sunday hours will be 10 a.m. to 10 p.m., and a Sunday brunch is planned featuring a range of dishes.

"They've done a lot of detail to renovate this place and change the image," Whately said.

## Showcase from page A1

Taylor.

The evening also promises gifts galore, not to mention some pretty nifty door prizes. "Everything is free. You can't buy anything," Toney said.

When you enter the event, you will be given an envelope that offers two tickets for beverages and a ticket that will tell you if

you have won a door prize. Each of the 62 vendors who participate donate a door prize worth at least \$25. A Princess Di Beanie Baby, donated by Gabriella's also will be given away in a drawing.

You have to claim the prize. But in past years, a number of guests have not claimed the

prizes. That's why at 6:15 p.m. the Second Chance drawing begins.

"Every vendor will have a box with forms. You can fill one out and give yourself a chance to win in the Second Chance," Toney said.

For more information, call the chamber, 453-1540.

## Quack! Quack! Make way for ducklings

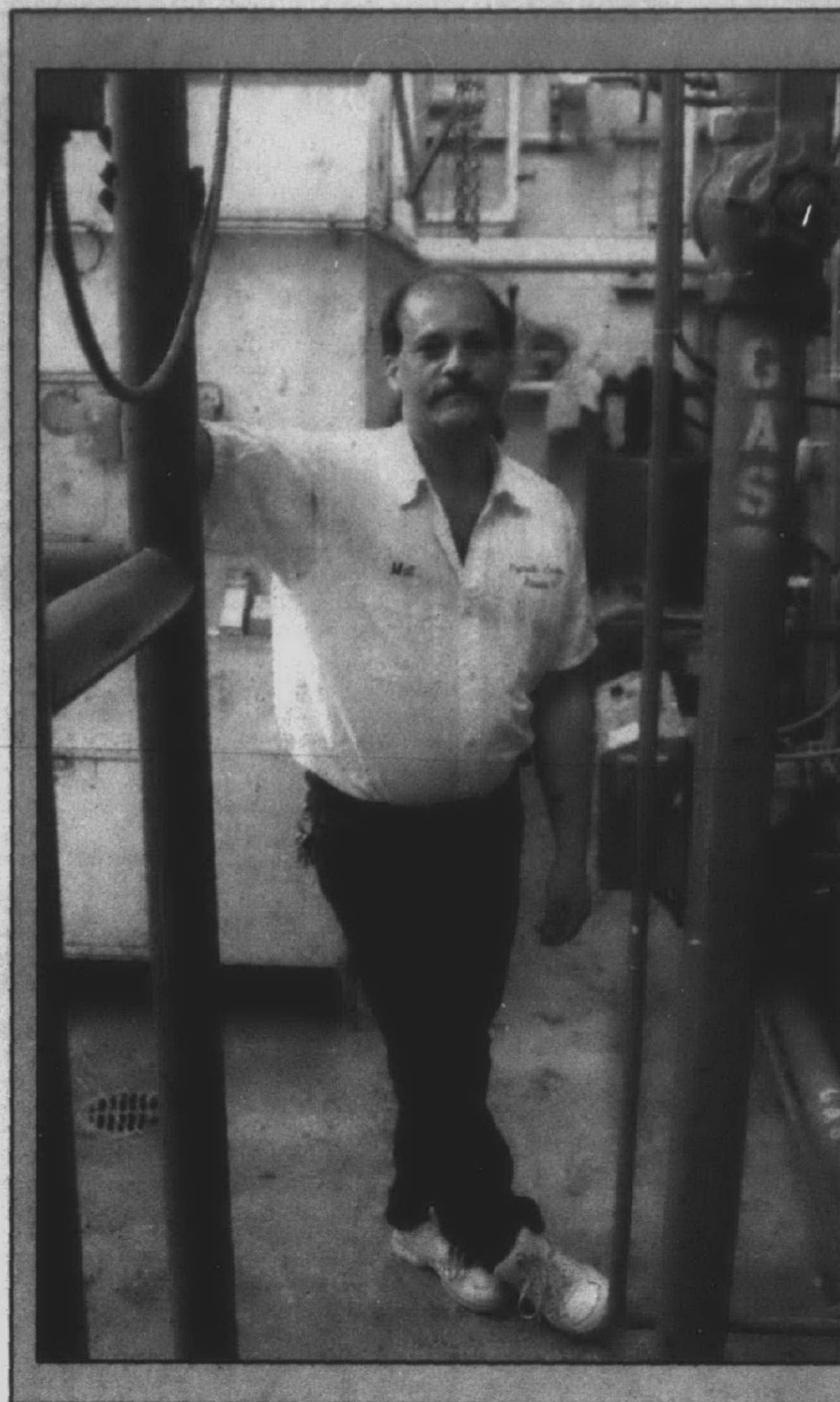
Traffic on Ann Arbor Road stopped for nine minutes Wednesday to allow a mom duck and her ducklings to cross Ann Arbor Road.

Plymouth Township police said a worker at Michigan National Bank at Ann Arbor

Road and Sheldon flagged down a passing patrol officer as the ducks began to cross the road at 12:32 p.m.

The officer stopped east- and westbound traffic to allow the ducks to cross north to the Arbor Drugs lot.

There, police said, some ducklings began scooting under parked cars. Township police called Critter Control, which gathered up and relocated mom and her ducklings to a safe spot.



### A winning problem-solver

**Thoughtful:** Bird Elementary School custodian Matt Takesian was awarded \$500 by the Plymouth-Canton Community Schools for helping to find costly and persistent heating system leaks at Bird and Smith elementary schools. Takesian found the problems after contractors were unable to remedy the situation, saving the district thousands of dollars. The award is part of an incentive program with the custodial union to encourage maintenance employees to solve problems on their jobs.

## Pioneer chorus takes first rating

On March 31, Pioneer Middle School choruses traveled to the Michigan School Vocal Music Association Junior High District Choir Festival to compete in the district competition.

The 6th and 7th grade chorus earned a First Division Rating.

All of the judges, including the sight reading judge, gave Pioneer straight "1's".

For receiving a First Division Rating, the chorus traveled to Midland to participate in the MSVMA State Choral Festival on May 6.

### SCHOOL NEWS

The Pioneer chorus is under the direction of Joe Weycker.

## timely finds

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# Message to

# Mom

There are several reasons why mom is so special to me, but there are a few occasions that really stand out from the rest. For example, she was there through my first love heartbreak, taught me how to wear makeup, stood by me through all the degrees in college, and most importantly always put her children before herself. Some people would say that we were extremely spoiled, but I consider us extremely lucky.

**Courtney Thomas**  
Mother: Sharon Thomas  
Plymouth

Our mother is special to us because she is willing to do just about anything to keep us safe and to make us happy. She is also special to us because she is always there when we are sad. We are lucky to have a very great mother like her.

**Julia and Michael Aldini**  
Mother: Theresa Aldini  
Plymouth

I think my mom is special because when I am sad she makes me happy and she helps me with my homework and the most important thing is that she loves me and she takes care of me and is nice to me all the time so I want to try to give her a nice dinner.

**Natalia Jaroh**  
Mother: Nancy Jaroh  
Plymouth

My mother, Denise Barry, is special in many ways. She teaches me to walk with the Lord by reading my Bible and praying. She homeschools me so I will have a good Christian education, and over all the rest of the reasons is she loves me no matter what.

**Joshua Barry**  
Mother: Denise Barry  
Plymouth

"Clean your room, pick up your clothes, sit up straight, elbows off the table." Yeah, that's my mom, but I want her to know that I love her for it. She has shaped me as a person, yet allowed me room to be myself. Thank you, mom.

**Lisa Reissenweber**  
Mother: Jan Reissenweber  
Plymouth

Let me tell you about my mom. She is always there for me and cares very much for me. Even when I am in trouble and she yells, she never stops loving me no matter what. My mother's greatest achievement was our family. No one else can make that achievement.

**Charles Hazel**  
Mother: Katy Hazel  
Plymouth

In 1996, at the age of 45, Bill and I adopted our first child from Hanoi, Vietnam. My mom was there with me, and no one else could have replaced her presence. She is the closest example of a true angel on earth!

**Joan Cummins Rogers**  
Mother: June Cummins  
Plymouth

My mother is a very special person in a very special way. She cleans up after us, listens and puts up with our constant fighting and she prepares meals for me. All in all, my mother is a superhero. She really jumps to our needs and cares for me when I'm sick. I love her and admire her.

**Lisa Larabell**  
Mother: Beth Larabell  
Plymouth

Why is our mom special? Because she's taught two daughters and schools of children how to be good, kind, and giving people by being a role model. She's taught us how to have compassion for other people, and not to take anything for granted. She expects a lot for herself, sets high goals, and doesn't let roadblocks get in her way. Her ability to face challenges makes us strive to be better people. You're the best, mom! We love you!

**Sara and Becki Wiener**  
Mother: Laura Wallace  
Plymouth

My mother is special in not one way but many. The way it feels when I receive a hug from mother. The way her blue eyes sparkle in understanding. Just everything about mother is special. When I tell her something she listens closely, her eyes alert. I love her, mother.

**Tess Ulrey**  
Mother: Kate Ulrey  
Plymouth

No matter how tired or busy our mom, Martha Grau, is special to us because she always finds time from work to spend with my brother 13, I'm 16, and a grandson, 3. She supports us in everything. We just wanted to brighten her mother's day by saying: "We Love You!"

**Michael and Kristin**  
Mother: Martha Grau  
Plymouth

My mother is special because she listens to me when I come to her with my problems. She helps me so much by helping me choose from right and wrong. When I was weak, she was strong, even if I wasn't strong, she was tough. I love my mom.

**Laure Gajek**  
Mother: Nancy Night  
Plymouth

I think my mother is special because she knows what unconditional love really means and she lives it every day in the way she shows her love for her children. She is always concerned for us and our happiness. I hope I am even just a little like her.

**Sydney Schowborn**  
Mother: Ursula Goetz  
Plymouth

My mother is special because she takes me all over the world. She gets me tons of stuff. She is the best! My family loves her. She lets us buy whatever we want. That's why I love my mom.

**Mathieu Boleau**  
Mother: Kathy Boleau  
Plymouth

My mother is so special because I love her. She loves me and she is so beautiful and smart. She is 33 years old. Her name is Kathryn Hamma.

**Nicholas Hamma**  
Mother: Kathryn Hamma  
Plymouth

My mom is special because she's smart. She helps me with my homework. She helps me remember things. She cleans the house. She's nice, she helps me clean my room. She doesn't make me clean the house very much. She always helps me. She spoils me. She loves me.

**Amanda Hoover**  
Mother: Kathy Hoover  
Plymouth

My mom is special because she lets my best friends eat over. She let one of my best friends over. She helps me when I need help, and she lets me spend the night at my friend's house.

**Aimee Saxton**  
Mother: Robin Saxton  
Plymouth

My mom is special because she's nice and smart. She draws really good. She helps me with anything I need help on. She helps me remember things. She lets my friends come in. She helps my sister and I clean our room. She doesn't make me clean the house much.

**Andrea Skupski**  
Mother: Kathy Skupski  
Plymouth

My mother is special because she helps me with homework. She helps me clean my room. She cleans the litter box. She doesn't make me clean the house. She gets me toys. She spoils me and she gives me candy. My mom takes me to the zoo and she is fun!!

**Lindsay Gerst**  
Mother: Nancy Gerst  
Plymouth

My mom is special because she is nice to me. She helps me get ready on time. She helps me fix my blankets and she takes me out to dinner. I love my mom!

**John Kurkechian**  
Mother: Ann Kurkechian  
Plymouth

Other people may not think my mom is special, but I do. Even if I had no toys, she would still be special by the things she does. I don't care if my brother has a X-V racer, I just care that I have a nice mom that loves me and I love her.

**Danielle Paulk**  
Mother: Kate Paulk  
Plymouth

My mom is very special because if I did not have a mom I'd not be alive. I love my mom. I'd not go to school. And I'd not go to Smith, my favorite school. I'd not have any friends. Thank you, mom, for making it all possible.

**Amanda Maggart Pierce**  
Mother: Shari Maggart-Pierce  
Plymouth

My mother is special because she takes care of me. She teaches me to do stuff that I didn't know before. She does a lot of stuff for me. She feeds me and also washes my clothes. She does so much for me that I can not name them all.

**Jeff Chapman**  
Mother: Kimberly Chapman  
Plymouth

My mom is special because she is very proud of me. She helps me with my spelling words. She makes my family's dinner every night. She makes me look decent. She always tells me that she loves me to the sky and back. I love her to the sky and back also.

**Sarah Brown**  
Mother: Denise Brown  
Plymouth

My mother is special because she makes my meals, she gets me ready for school and she was the one who was looking for me when I ran away. She is the one who says if I can get something or not. This is why my mother is No. 1.

**David Talaga**  
Mother: Beth Anne Talaga  
Plymouth

My mother is cool, awesome and very special. She is special because if she wasn't living I wouldn't be alive. She is also special because she gives me presents for

my birthday, Christmas and other days. My mom is also special because she cares for me and loves me too.

**Benjamin Welton**  
Mother: Dawn Welton  
Plymouth

My mother is special because she gets me ready for school, she gets me food when I'm hungry and she gets me water when I'm thirsty. She tucks me in at night time. Before that, she gives me good night milk. She lets me go play.

**Jimmy Richards**  
Mother: Mary Jane Richards  
Plymouth

My mom is special to me because my mom buys me things, takes me out to lunch, takes me to her work, lets me have sleepovers, helps me with my homework, helps me with other things. She gives me neat ideas, always cares for me and just plain loves me.

**Sarah Reading**  
Mother: Wendy Reading  
Plymouth

My mom is special to me because she buys stuff that I really want and she will pay for some of it sometimes. She takes me to Michigan Adventures at least five or more times every summer. Sometimes she helps me with my problems and reminds me to do something or a promise. She loves me.

**Kevin Fleming**  
Mother: Darlene Fleming  
Plymouth

My mom is very special. She feeds me when I'm hungry. She taught me how to read and write. She helps me with my homework, whether it's math, science, reading, spelling and social studies. She buys me clothes and she also taught me how to add. I like my mom.

**Chintan Patel**  
Mother: Chitra Patel  
Plymouth

My mom is special to me, because she works two jobs and is a full-time student and mother. She puts food on the table clothes on my back, warm bed to sleep in and provides a house of love. So my gift to her is all the love ever!

**Deldre Marie Trent**  
Mother: Lisa Ann Trent  
Plymouth

My mother is special because she helps me when I am down, I can talk to her about anything. She takes me to places. And she takes good care of me. I love my mom I do not know what I would do with out my mommy.

**Ashley Thayer**  
Mother: Angela Thayer  
Plymouth

My mother is special. She doesn't just leave me alone when I get a cut or scrape on my hand or knee. She has an illness but I don't care a lot. When I forget my homework at school or when I get in trouble, I think of my mom!

**Camal Millwood**  
Mother: Cheryl Millwood  
Plymouth

My mom is special because she is always there for me when I need her. My mom is a great mom. She takes care of my baby brother and my mom cleans all of our house. She is the best mom. When I'm having trouble, she finds out like magic.

**Manjot Gill**  
Mother: Rajwant Gill  
Plymouth

I love my mom. She takes care of me when I am sick. She buys me the things I need. She feeds me all food I eat. She praises me when I do good. She helps me with things I need to learn. I love my mom with all my heart.

**Courtney Maher**  
Mother: Sandy Maher  
Plymouth

My mom is a good mom. She takes care of me and she loves me. I love her also. She is loving, caring, nice and fair. She plays soccer with me and she roller skates with me. We watch movies together. We mostly do everything together when it is day.

**Annie Quigley**  
Mother: Joan Quigley  
Plymouth

My mother is special because she takes care of me. She gives me food and clothing. When I'm sick, she takes me to a doctor. She is fair and respects people and is very nice to everybody. I can tell her about anything. I love mommy!

**Jessica Gullen**  
Mother: Kelly Gullen  
Plymouth

My mother is special because if it was

n't for her I wouldn't be alive. She gives me food and clothes. She buys me toys. She is a good person. She loves me. She cares about my education and most of all she cares about me, that's how special she is.

**Nick Vella**  
Mother: Nikki Vella  
Plymouth

My mother is very special. She gets me to a doctor if I am sick. She feeds me and keeps clothes on my back. She's understanding and kind if I forget to do a chore. She lets me take violin lessons and soccer. Where would I be without my mother?

**Ann Katherine Leiting**  
Mother: Becky Leiting  
Plymouth

My mom is special to me because she takes care of me. When I'm away and I miss her, I think of her and it makes me feel safe and happy. She's the first person I want to tell things to when I get home. Mom makes me feel special.

**Jeff Piper**  
Mother: Kristen Piper  
Plymouth

My mom is special to me because when ever I get sick she stays home from work and stays with me. When ever I get hurt, my mom hugs me until I feel better. Another reason is she takes me to places I love to go. I love my mom.

**Randy Stoner**  
Mother: Linda Stoner  
Plymouth

My mom is very special to me because she takes care of me. When I am sick or hurt really bad, she gives me food and buys me clothing and keeps me very healthy. I love her very much and she loves me.

**Nichole Cupo**  
Mother: Renee Cupo-Arnold  
Plymouth

My mom's special because she treats me with love and kindness. My mom keeps me company when I am lonely and plays with me when I'm bored. My mom doesn't mind paying for my ice skating lessons because she knows how much I love it. I love my mom so much!

**Alicia Bashawaty**  
Mother: Debbie Bashawaty  
Plymouth

My mom is special to me because when ever I get sick she stays home from work and stays with me. When ever I get hurt, my mom hugs me until I feel better. Another reason is she takes me to places I love to go. I love my mom.

**Linda Stoner**  
Plymouth

My mom is special to me because she cares for me like a mother bird would do for her babies. She is loving and caring and she is there for me all the time when I am sad or unhappy. My mom is super!

**Emily Kenny**  
Mother: Susan Kenny  
Plymouth

My mom is special because at night she cradles me so softly and gently, and she sings sweetly and nice. It's like a bird singing right by my bed. When she thinks I'm asleep, she kisses me on the head. She lays me in my bed, then leaves the room.

**Faith Keelin**  
Mother: Heather M. Camacho  
Plymouth

I think that my mom is special because once when I was at my dad's house and I missed her, I called and asked if she could come and be with me. She drove 50 miles. When she got there, she kissed me good night and went home.

**Sarah Schwenn**  
Mother: Julie Schwenn  
Plymouth

My mom's care for me is like a mother bird who cares for her babies. When I'm sick, she'll give me medicine that I don't like, but she and I know it will make me feel better. Sometimes she'll yell, but I know she doesn't mean to yell.

**Meagan Eggenberger**  
Mother: Melissa Eggenberger  
Plymouth

My mom is special because she takes care of me and gives me what my heart desires. When I am sick she gives me medicine. She makes good dinner, lunch and breakfast. She is loving to me. She helps me with homework and spelling words.

**Tony Recendiz**  
Mother: Tracy Recendiz  
Plymouth

My mom is a special person because she takes care of me when I'm sick and

even when I'm not. We have lots of fun together. Everything she does matters to me. I love her so very much!

**Ashley Lohrer**  
Mother: Angela Malorana  
Plymouth

My mom is special to me because she's my strength when I'm weak. My mom always treats me with love and respect. My mom is always there when I need her. I feel so safe when I cuddle with her. She's the best thing that's happened to me. I love her.

**Elizabeth Roberts**  
Mother: Mary Roberts  
Plymouth

My mom is special to me because she does so much for me. She does my laundry and makes me great dinners. She does her best to make sure I'm happy and makes sure I have the things I want. My mom is a special lady and I love her.

**Adam Silcker**  
Mother: Billy Jo Silcker  
Plymouth

Through the years, I have grown from seeing my mom as a grown-up to seeing her as one of my closest friends. I could never imagine not hearing her comforting voice, seeing her loving face, or feeling her sheltering hugs. It's a feeling I'd never trade.

**Ashley Williams**  
Mother: Vicki Williams  
Plymouth

Why is our mom special? Because she's taught two daughters and schools of children how to be a good, kind, and giving people by being a role model. She's taught us how to have compassion for other people, and not to take anything for granted. She expects a lot for herself, sets high goals, and doesn't let roadblocks get in her way. Her ability to face challenges makes us strive to be better people. You're the BEST, Mom! We love you!

**Sara & Becki Wiener**  
Mother: Laura Wallace  
Plymouth

I love my mom because she loves us so much and is always reassuring. My mom keeps working all the time for our family and makes our lunches every day. Every night, she spends time with each kid. I love my mom because she lets us be crazy and call her mommer and make "mom sandwiches" with a big hug. Best of all, my mom is an example of how to obey God.

**Beth Martin**  
Mother: Mary Martin  
Plymouth

My mom and I are great friends. We like to go to the library, go bowling, play pool, have lunch, and go Farmer Jacking and Krogering. We play batmiten on my days off, too. We have lots of fun. We also call each other funny names, like Moo and Doo. We are both pretty much alike, except for Moo's a vegetarian and I eat meat. At dinner, Moo makes me tofu spaghetti! ... MMMMMMMM I have a great Moo!!

**Cherri Buljak ("doozerdoo")**  
Mother: Debbie Buljak  
Plymouth

To our mom Katherine, from Hannah and Grace Walters:  
Thanks for everything you do  
We could not live without you  
Your love and fun never end  
And so now, all our love we send  
Thanks so much for being such a great mom!

**Hannah and Grace Walters**  
Mother: Katherine Walters  
Plymouth

My mom is special because:  
• when I was young, she tucked me into bed each night.  
• from kindergarten to 12th grade, she packed school lunches that were the envy of my friends.  
• she started sending letters two days before I left for college.  
• she has faithfully prayed for me for 22 years.

**Jeff Martin**  
Mother: Mary Martin  
Plymouth

My mommy is very special. I love her more than an elephant loves his trunk and a dog loves his tail. She takes me to the playground and Chuck-E-Cheese's, reads me stories, gives me kisses and hugs and plays my pretty music. I love my mommy, she's the best.

**Jessica Lynn Hazlett**  
Mother: Julie Hazlett  
Plymouth

My mom is special to me because she loves me and takes care of me when I am sick! If it wasn't for her, I wouldn't be here right now! She helps me with my homework when I ask for help, she is always there when I need her most, she takes time out of her day just to help me or so we can do something together. She does so much for me.

**Karen Keshishian**  
Mother: Tina Keshishian  
Plymouth

My mother is special because she always tracks her crazy sons down to make sure they are doing OK. She has special methods of locating and taking care of sons in faraway places.

**Scott Martin**  
Mother: Mary Martin



## GOP leads the way on vote to cut state income tax

BY TIM RICHARD  
STAFF WRITER

The Senate Republican steamroller flattened divided Democrats and voted to cut Michigan's income tax rate from 4.4 to 3.9 percent over five years beginning in 2000.

"These cuts start when the others (24 tax cuts signed by Gov. John Engler) stop," said Sen. Mike Bouchard, R-Birmingham. "It's fiscally sound and forward thinking. It gives a clear picture of Michigan policy."

One group of Democrats, led by Gary Peters of Bloomfield Township, wanted to begin the tax rate cut immediately, this year.

"The money's going to be there to cover it," said Peters, quoting the GOP-run Senate Fiscal Agency as predicting a \$90 million budget surplus. "Don't promise it in the future just because it's an election year."

"Let's not dilly-dally," added George Z. Hart, D-Dearborn.

A second group of three Democrats — Alma Wheeler Smith of Salem, Jim Berryman of Adrian and Joe Conroy of Flint — said Michigan's economy is too precarious to vote tax cuts in 1998 that will take effect in 2000-2004.

"Parents in the Plymouth-Canton School District will tell you K-12 is seriously underfunded," said Smith. She said the full tax cut will save families about \$147 a year but, when universities raise tuition 5 percent, will cost them \$600 more to go to college.

After more than three hours of debate over Democratic amendments, the Senate on May 6 voted 33-3 to adopt all five annual income

tax rate cuts, sponsored by Republicans Loren Bennett of Canton, Mat Dunaskiss of Lake Orion and Willis Bullard Jr. of Milford, along with Joel Gougeon of Bay City and Dale Shugars of Portage.

Voting yes were all 22 Republicans (including Bob Geake of Northville and John Schwarz of Battle Creek) and 11 Democrats (including Peters, John Cherry of Clio and Hart). One Detroit Democrat was absent.

Both sides accused each other of "election-year politics."

Peters twitted Republicans as "outrageous" when they refused to adopt his amendment giving total income tax relief to families with less than \$15,000 annual income.

Mike Rogers, R-Brighton, twitted Peters for ignoring the \$25,000-income families in Livingston and Shiawassee counties and branded the Peters amendment "a farce."

The Senate Republican plan, advocated in the state of the state message by Engler, faces a rocky future in the House, which adopted Democratic tax cuts — for dependent care, earned income and child care expenses. The Senate Finance Committee hasn't acted on the House Democrats' bills.

It's possible a compromise will be reached by the end of June, when budget bills are due to be adopted and campaigning starts for the Aug. 4 primary.

How bills work

Please see TAX, A8

## Pressure on to merge bus systems

Wayne County commissioners and state lawmakers have placed more pressure on the Suburban Mobility Authority of Regional Transportation and Detroit Department of Transportation to merge systems and consolidate routes.

First, state lawmakers threatened to withhold funds to the systems if they didn't discuss the merger, and now county commissioners attached conditions with their support Thursday of a SMART ballot proposal.

With the resolution approved that day, commissioners say they will have the final authorization over millage renewals or

increases for ballot proposals requested by the Wayne County Transit Authority.

Commissioners also established a what they called a "sunset" date for the Wayne County Transit Authority's articles of incorporation of May 1, 2001, and called on the authority to publish a map of SMART and DDOT routes to distribute to Wayne County residents.

The resolution was supported by Commission Chair Ricardo Solomon, D-Detroit, Vice Chair Kay Beard, D-Westland, Vice Chair Pro Tem Edna Bell, D-Detroit, Commissioners Ed Boike, D-Taylor, Chris

### WAYNE COUNTY COMMISSION

Cavanagh, D-Grosse Pointe, George Cushingberry, D-Detroit, Susan Hubbard, D-Dearborn, Kathleen Husk, R-Dearborn Heights, who also represents Redford Township, William O'Neil, D-Allen Park, and Jewel Ware, D-Detroit.

Commissioners Thaddeus McCotter, R-Livonia, Bernard Parker, D-Detroit, and Bruce Patterson, R-Canton, were opposed.

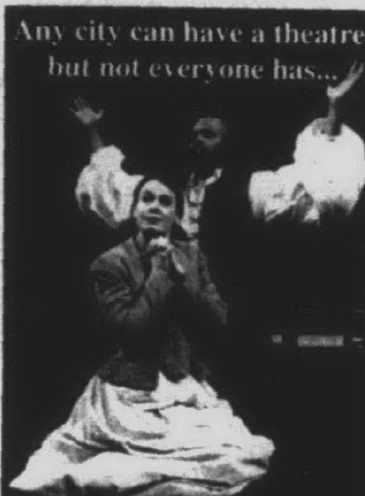
Not voting were Robert Blackwell, D-Detroit, who was

excused, and Kim Cockrel, D-Detroit, who left the room.

#### Who authorizes?

Commissioners approved the ballot proposal after debating over whether they should or should not authorize it, since the Wayne County Transit Authority, the taxing authority over the transportation millage, approved the four-year, 1/3rd of a mill, renewal question several weeks ago.

Please see BUS, A5



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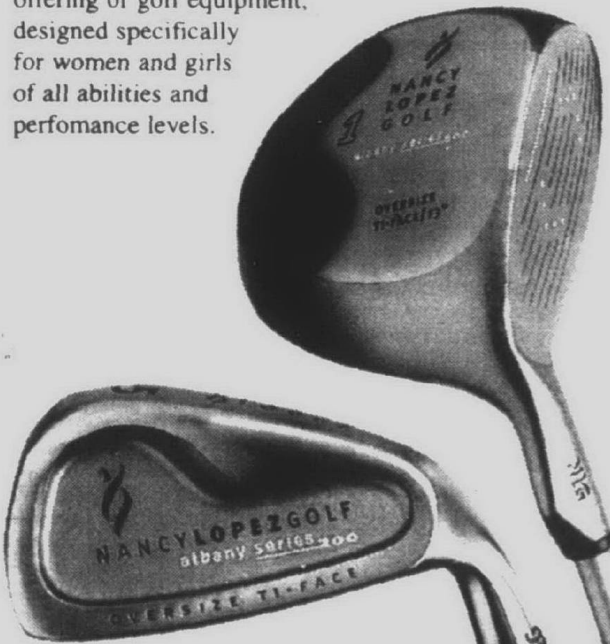


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# Friedrich from page A1

class size," said Friedrich. "I think having an aide or student teacher would help."

"I've heard some parents say they've moved out of the district or put their children in parochial school instead because they want more attention in the classroom," said Friedrich. "I think you get a wonderful education here, but they want specialized attention, and some parents don't think they get that here."

## Take it to voters

Friedrich is in favor of putting the issue of a new middle school before voters, and looking at the possibility of another vote on the high school bond proposal, which is currently tied up in the courts.

"I do tend to lean toward building a new middle school, but there's not enough information out there to make a decision," said Friedrich. "When I went to the Housing Commission meeting and they suggested a bond issue, I asked how much and they couldn't tell me. If you're going to do a bond, you need to know everything first."

"From the parents I've talked to, they say we should cut our losses with the lawsuit, drop it, let it go, and put a new elementary school, middle school and high school together on one bond issue," she said. "What I've heard is that parents aren't willing to vote on a bond issue for a middle school and elementary school because of the problems at the high school."

While the new high school is in litigation, there is still controversy surrounding where exactly the school should be built, at Joy and Beck or closer to Canton and Salem high schools.

"The one problem I have is the busing (between buildings) if it's built away from the current high schools," Friedrich said. "I think it would be best to build a high school next to the other two."

Friedrich said another priority is attempting to get more money from the state to fund Plymouth-Canton schools.

"We aren't getting enough money from the state, and we need to address that," said Friedrich. "Proposal A is not

**'What I've heard is that parents aren't willing to vote on a bond issue for a middle school and elementary school because of the problems at the high school.'**

Sheila Friedrich  
—Candidate

fair. Every beginning of the school year my son comes home with a list for pencils, markers, Kleenex, soap ... that's in part because we don't get enough money from Proposal A.

"To change it, you'd have to look at all the school districts ... at this point I'm not sure what has to be done. You lose local control because Lansing does out the money. They won't give it back. We have a lot of growth, and need more money to handle it. We have people leaving the district and going to other

schools because of that."

## Working together

Friedrich is in favor of the new labor-management teams which appear to have put aside some of the animosities between the district and its unions.

"I don't want it to be you against me, us against them type of thing," said Friedrich. "A lot of teachers have children in the district, so they have a vested interest in it."

She also favors a more liberal policy in handing out absentee ballots for school elections.

"You run the risk of costly mailing, but you probably would get a higher percentage of voters if you made it more accessible," she said. "I think it's a good way to vote."

Friedrich says she's running "to bridge an ever-widening gap between Canton and Plymouth. I was encouraged to run by many elected officials and community leaders in Plymouth because of my willingness to have the two communities work together."

# Time to try out for Salem co-ed squad

The Plymouth Salem High School Co-Ed Cheerleading Squad will hold try-outs 9 a.m.-noon Saturday, May 16 in the Salem gym.

An informational parent meeting will begin at 7 p.m. Tuesday, May 12 in the Salem High School library. Men and women candidates should have or be

11, through Thursday, May 14, also in the Salem gym.

An informational parent meeting will begin at 7 p.m. Tuesday, May 12 in the Salem High School library. Men and women candidates should have or be

willing to develop gymnastics skills such as back hand springs and back tucks and must also meet other strength requirements. Last year's varsity squad was ranked 10th in national competition. For more informa-

## CHEERLEADING

tion, call Coach JoDee Dillon at (734) 459-3393.



## CITY OF PLYMOUTH ORDINANCE NO. 98-1

An Ordinance adopted pursuant to the Charter of the City of Plymouth, Michigan, for the purpose of amending the Code of Ordinances of the City of Plymouth, Michigan by Amending Chapter 34, Article III, Division 3, Noise, and replacing it with a new Division 3, Non-Vehicular Noise, to be numbered sections 34-86 through 34-100.

### THE CITY OF PLYMOUTH ORDAINS:

#### Section 1.

#### CHAPTER 34, ARTICLE III NUISANCES, DIVISION 3, NON-VEHICULAR NOISE

##### SEC. 34-86 Scope.

Excessive sound and vibration are serious hazards to the public health, welfare safety and quality of life. A substantial body of science and technology exists by which excessive sound and vibration may be substantially abated. The people of Plymouth have a right to and should be ensured an environment free from excessive sound and vibrations that may jeopardize their health, welfare or safety or degrade their quality of life. It is the policy of the City of Plymouth to prevent excessive stationary sound and vibration which may jeopardize the health, welfare or safety of its residents or degrade the quality of life. This chapter shall apply to the control of all stationary sound and vibration originating in the City of Plymouth. This chapter is not designed to impede any person's First Amendment rights of freedom of speech. This chapter is not designed to impede the growth or economic health of the commercial or industrial sectors of the City of Plymouth. This chapter is designed to prohibit excessive sound and vibrations that are hazards to the public health, welfare, safety and quality of life only.

##### Sec. 34-87. Applicability:

The provisions of this ordinance apply to all sources of sound except: 1) motor vehicles as defined in the State Motor Vehicle Code, 1949 P.A. 300 (MCLA 257.1 et seq.) in operation on a public right of way; 2) aircraft in flight or in operation at an airport; 3) railroad equipment in operation on railroad rights of way.

##### Sec. 34-88. Definitions:

- "dB(A)" means the intensity of sound expressed in decibels read from a calibrated sound level meter utilizing the A-level weighting scale and the fast meter response, as specified in the American National Standards Institute.
- "Commercial" means a use of the property for purposes other than residential.
- "Property line" means the real or imaginary line which represents the legal limits of property (including an apartment, condominium, room, or other dwelling unit) owned, leased or otherwise occupied by a person, business, corporation or institution. In cases involving sound from an activity on a public street or other public right of way, the property line shall be the nearest boundary of the public right of way.
- "Residential" means a legal use of property for temporary or permanent dwelling purposes.

##### Sec. 34-89. Maximum Permissible Sound Levels.

No person, business, or institution shall conduct or permit any activity that produces a dB(A) beyond their property line exceeding the levels as specified in Table I. Where property is used for both residential and commercial purposes, the residential sound levels shall be used only for measurements made on the portion of property used solely for residential purposes. Sound measurements shall be made at or inside the property line of the person complaining of excessive noise or vibrations. The measurement shall be taken from five (5) feet above the ground or floor level.

TABLE I

Use of Property Receiving Sound	7 a.m.-10 p.m.	10 p.m.-7 a.m.
Residential	61	55
Commercial	71	61

##### Sec. 34-90. Limited Exemptions.

The following limited activities are exempted from the sound level limitations of Section 34-89.

- Operation between 7:00 a.m. and 10:00 p.m. of power equipment that does not produce a sound level exceeding 90 dB(A) beyond the property line of the property on which the equipment is operated.
- Construction, repair, remodeling, demolition, drilling, wood cutting or excavations work conducted between 7:00 a.m. and 8:00 p.m. Mondays through Saturday, except legal holidays which does not produce a sound level exceeding 105 dB(A) beyond the property line of the property on which the work is being conducted. Also, a person may engage in such activities between 9:00 a.m. and 8:00 p.m. on Sundays and legal holidays.
- Operation or use, for any non-commercial purpose, of any loud speaker, sound amplifier, public address system, or similar device to amplify the human voice between 7:00 a.m. and 10:00 p.m. This exemption applies to the use or operation of mechanical loud speakers on or from motor vehicles only if a specific permit for the activity has been granted by the City Clerk's Office in conjunction with the City Commission. Such a permit shall be issued when it meets the following requirements:
  - The applicant has a non-commercial message that cannot be effectively communicated to the public other means of communication available.
  - The applicant will not use the equipment in residential areas between 10:00 p.m. and 7:00 a.m.

- The operation between 7:00 a.m. and 10:00 p.m. of any device for killing, trapping, attracting, or repelling insects or other pests which does not produce a sound level exceeding 83 dB(A) beyond the property line of the property on which the device is operated.
- The use for noncommercial purposes of one or more bells or chimes which do not exceed 90 seconds in duration in an hour.
- Carillon playing between 7:00 a.m. and 10:00 p.m.
- Playing or practicing with a single musical instrument without electrical amplification between 7:00 a.m. and 10:00 p.m. for not more than one hour a day that does not produce a sound level in excess of 67 dB(A) beyond the property line on which the instrument is being used.

##### Sec. 34-91. General Exemptions:

The following activities are exempted from the sound level limitations of Section 34-89.

- Emergency work necessary to restore property to a safe condition following fire, accident or natural disaster. To restore public utilities, or to protect persons or property from an imminent danger.
- Sound to be made to alert persons to the existence of an emergency, danger or attempted crime.
- Activities or operations of governmental units or agencies.
- Parades, concerts, festivals, fairs or similar activities subject to any sound limits in the approval by the City.
- Athletic, musical, or cultural activities or events (including practices and rehearsals) conducted by or under the auspices of public or private schools.

##### Sec. 34-92. Temporary Exemptions:

- The City Manager is authorized to grant a temporary exemption from the maximum permissible sound levels established by this ordinance if such temporary exemption would be in the public interest and there is no feasible and prudent alternative to the activity, or the method of conducting the activity, for which the temporary exemption is sought.
- The following factors shall be considered by the City Manager in determining whether to grant a temporary exemption.
  - The balance of the hardship to the applicant, the community and other persons in not granting the variance against the adverse impact on the health, safety and welfare of persons adversely affected and any other adverse effects of the granting of the variance.
  - The nearness of any residence or residences, or any other use which would be adversely affected by sound in excess of the limits prescribed by this ordinance.
  - The level of sound to be generated by the event or activity.
  - Whether the type of sound to be produced by the vent or activity is usual or unusual for the location or area for which the variance is requested.
  - The density of population of the area in which the event or activity is to take place.
  - The time of day or night which the activity or event will take place.
  - The nature of the sound to be produced, including but not limited to, whether the sound will be steady, intermittent, impulsive, or repetitive.

- A temporary exemption must be in writing and signed by the City Manager or his/her designee. The exemption must set forth the name of the party granted the exemption, the location of the property for which it is authorized, the date(s) and time(s) for which it is effective and the dB(A) level(s) authorized.
- A temporary exemption may be granted only for the period of time that is reasonably necessary to conduct the activity, which in no case may exceed 30 days.

##### Sec. 34-93. Variances:

- Person(s) or businesses wishing to continue activities which commenced prior to this ordinance that exceed the dB(A) levels enumerated in this ordinance may seek a variance from the City Commission. Such a variance may be granted if the Commission finds that strict application of this ordinance would cause an undue hardship and that there is no reasonable and prudent alternative method of engaging in the activity.
- If the person responsible for an activity which violates this article cannot be determined, the owner, lessee or occupant of the property on which the activity is located shall be deemed responsible for the violation. A person found responsible under this ordinance shall be guilty of a civil infraction punishable by a fine of \$50.00 to \$500.00 plus costs. For a second offense within a two year period, the fine shall be \$100.00 to \$500.00 plus costs. For third and subsequent offenses within a two year period, the fine shall be \$200.00 to \$500.00 plus costs.

##### Sec. 34-94. Liability of Owner, Lessee, or Occupant:

If the person responsible for an activity which violates this article cannot be determined, the owner, lessee or occupant of the property on which the activity is located shall be deemed responsible for the violation. A person found responsible under this ordinance shall be guilty of a civil infraction punishable by a fine of \$50.00 to \$500.00 plus costs. For a second offense within a two year period, the fine shall be \$100.00 to \$500.00 plus costs. For third and subsequent offenses within a two year period, the fine shall be \$200.00 to \$500.00 plus costs.

##### Sec. 34-95-34-100. Reserved

##### Section 2. Severability.

The various parts, sections and clauses of this Ordinance are hereby declared to be severable. If any part, clause, sentence, paragraph, or section is adjudged unconstitutional or invalid by a court of competent jurisdiction, the remainder of this Ordinance shall not be affected thereby.

##### Section 3. Effective Date.

This ordinance shall become effective on May 25, 1998 or after publication, whichever is later.

Adopted by the City Commission of the City of Plymouth on May 4, 1998.

DONALD DISMUKE  
MAYOR

LINDA J. LANGMESSER, CMC  
CITY CLERK

Published May 10, 1998

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## THE CHARTER TOWNSHIP OF PLYMOUTH REQUEST FOR PROPOSALS VOICE COMMUNICATIONS

The Charter Township of Plymouth is currently seeking proposals from qualified bidders to provide voice communication solutions. Plymouth Township communication needs encompass four separate sites and seven different buildings. Innovative proposals are encouraged and should include telephone, computer equipment, internet access, cellular phones as well as pagers.

Request for Proposals may be obtained at The Office of the Clerk, 42350 Ann Arbor Rd., Plymouth, Michigan 48170.

Sealed bids are to be delivered to the Office of the Clerk by Friday, May 15, 1998 no later than 3:00 p.m.

Published: May 10, 1998

## PLYMOUTH DISTRICT LIBRARY PUBLIC NOTICE

The Plymouth District Library Board will hold its REGULAR meeting Tuesday, May 19, 1998 at 7:30 p.m. at 223 S. Main Street, Plymouth, Michigan 48170.

The Plymouth District Library will provide necessary reasonable auxiliary aids and services, such as signers for the hearing impaired and audio tapes of printed materials being considered at the meeting, to individuals with disabilities at the meeting/hearing upon seven (7) days notice to the Plymouth District Library. Individuals with disabilities requiring auxiliary aids or services should contact the Plymouth District Library by writing or calling the following:

Barbara Kraft, Library Secretary  
Plymouth District Library  
223 S. Main Street  
Plymouth, MI 48170  
313-453-0750  
X217

Published: May 10, 1998

## CANTON TOWNSHIP PLANNING COMMISSION CHARTER TOWNSHIP OF CANTON NOTICE OF PUBLIC HEARING

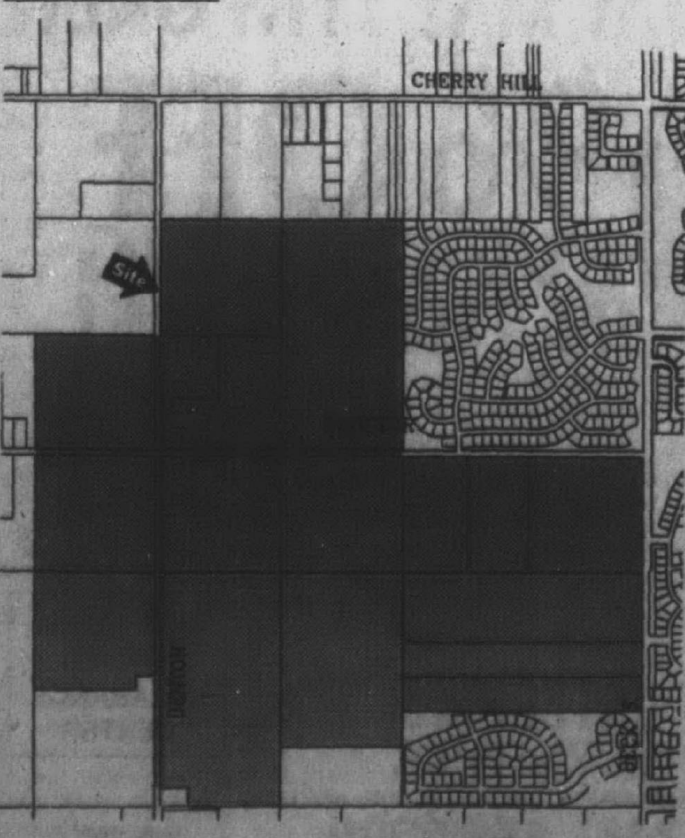
PROPOSED AMENDMENT TO THE ZONING ORDINANCE OF THE CHARTER TOWNSHIP OF CANTON, WAYNE COUNTY, MICHIGAN.

NOTICE IS HEREBY GIVEN pursuant to Act 184 of the Public Acts of 1943 of the State of Michigan, as amended, and pursuant to the Zoning Ordinance of the Charter Township of Canton that the Planning Commission of the Charter Township of Canton will hold a Public Hearing on Monday, May 18, 1998, in the First Floor Meeting Room of the Administration Building, 1150 S. Canton Center Road at 7:00 p.m. on the following proposed amendment to the Zoning Ordinance:

CONSIDER A REQUEST TO AMEND CENTRAL PARK PLANNED DEVELOPMENT DISTRICT (PDD) AGREEMENT AND EXHIBITS AS PERMITTED IN SECTION 27.041.3 OF THE ZONING ORDINANCE. Parcel nos. 076 99 0008 000, 076 99 0009 000, 076 99 0011 000, 079 99 0001 000, 079 99 0002 000, 079 99 0003 000, 080 99 0002 000, 080 99 0003 000, 080 99 0004 000, 113 99 0001 000, 113 99 0002 000, 113 99 0003 000, 114 99 0001 000, 114 99 0003 000 and 117 99 0001 000. Properties are located south of Cherry Hill between Beck and Denton Roads and also west of Denton Road.

Written comments addressed to the Planning Commission will be received at the above address up to the time of the hearing.

SEE ATTACHED MAP



VIC GUSTAFSON, Chairman

Published: April 29, May 7, 1998

## HAROLD A. BLOCK

Services for Harold A. Block, 85, of Plymouth. Local arrangements by the Schrader-Home.

He was born February 19, 1913, in Chicago, Ill. He died May 9, 1998, in Southfield.

He was a meta general superintendent at McNulty Brothers. He came to the community in 1986. He was a member of Lutheran Church and belonged to the No. 5 for more than 20 years. He was an avid clock builder.

He was preceded in death by his son, Larry, and his wife, Mary. He is survived by two sons, Dianna Rorabe and Mel (Susan) Rorabe, both of Seattle, Wash.; a daughter, Mary Louise, of three grandnieces, Carol and two great-grandchildren. He was a member of the Masonic Lodge.

Services for Harold A. Block, 85, of Plymouth. Local arrangements by the Schrader-Home. He was born February 19, 1913, in Chicago, Ill. He died May 9, 1998, in Southfield. He was a meta general superintendent at McNulty Brothers. He came to the community in 1986. He was a member of Lutheran Church and belonged to the No. 5 for more than 20 years. He was an avid clock builder. He was preceded in death by his son, Larry, and his wife, Mary. He is survived by two sons, Dianna Rorabe and Mel (Susan) Rorabe, both of Seattle, Wash.; a daughter, Mary Louise, of three grandnieces, Carol and two great-grandchildren. He was a member of the Masonic Lodge.

## Pipe and pastor

Parishioners of Our Lady Good Council Church celebrated Saturday with the naming of the pipe organ in the new house of worship.



## OBITUARIES

## HAROLD A. BLOCK

Services for Harold A. Block, 85, of Plymouth were private. Local arrangements were made by the Schrader-Howell Funeral Home.

He was born Feb. 9, 1913, in Chicago, Ill. He died May 5 in Southfield.

He was a metal lather and general superintendent with McNulty Brothers for 45 years. He came to the Plymouth community in 1986 from Detroit. He was a member of Nativity Lutheran Church, Detroit. He belonged to the Lathers Local No. 5 for more than 50 years. He was an avid gardener and clock builder.

He was preceded in death by one son, Larry. Survivors include his wife, Dolores of Plymouth; two sons, Gary Block (Dianna Rorabacher) of Plymouth, Mel (Susan) Block of Seattle, Wash.; one daughter-in-law, Mary Louise Block of Taylor; three grandchildren; one niece, Carol Ann Leboda; and two great-grandchildren.

## WILLIAM NELSON LOW

Services for William Nelson Low, 85, of Plymouth were May 7 at the Schrader-Howell Funeral Home with the Rev. Jerry Yarnell officiating. Burial was at Glen Eden Cemetery, Livonia.

He was born Aug. 1, 1912, in Michigan. He died May 4 in Plymouth. He was a sales agent for a life insurance company of Virginia. He retired after 20 years of service in 1977. He came to the Plymouth community in 1976 from Westland. He was originally from the Livonia community. He was a member of the Masonic Lodge No. 112 of

Wayne and he was a lifetime member of the V.F.W. He served in the U.S. Navy as a torpedo man during World War II. He was a life member of the U.S. Submarine Veterans of World War II. He loved to recall his old Navy days. He loved to walk. He was very helpful and a good neighbor; he often did errands for his neighbors and took them to doctor appointments.

Survivors include his two daughters, Janice (Gale) Urbanski of Harrison, Mich., Nancy (Robert) Quirk of Northville; five grandchildren; and one great-grandchild.

Memorials may be made to the charity of your choice.

## EDNA M. McLAUGHLIN

Services for Edna M. McLaughlin, 79, of Canton will be held May 11 at St. Michael Lutheran Church with the Rev. David K. Woodby officiating. Local arrangements were made by the L.J. Griffin Funeral Home, Canton.

She was born April 9, 1919, in Detroit. She died May 7 at Angela Hospice.

She was preceded in death by her husband, Leo W., and two brothers, John M. Raymond and Delbert. Survivors include two sons, Ted M. (Mary) Stevens, Rick A. (Linda) Stevens; two daughters, Donna L. (Millard) Grubb, Diana L. (Gary) Dowdell; two sisters, Bernice Sherwood, June Tasker; two brothers, Robert O'Beirne, James O'Beirne; seven grandchildren; and three great-grandchildren.

## GERTRUDE Z. SUMPSON

Services for Gertrude Z. Sump-

son, 96, of Chelsea were May 5 at the Schrader-Howell Funeral Home with the Rev. Dr. Dean Klump officiating. Burial was at Riverside Cemetery, Plymouth.

She was born Dec. 27, 1901, in South Bend, Ind. She died May 3 in Chelsea. She was a homemaker. During the 1930s and 1940s, she was a cook for the Detroit school system. She came to the Plymouth community in 1953 and moved to the Chelsea Retirement Center in 1995. She was a member of the First United Methodist Church of Plymouth.

She was a member of the Eastern Star, the V.F.W. Auxiliary and the Ruth Circle at the First United Methodist Church. She loved people and being with her family. She enjoyed cooking and gardening.

She was preceded in death by her husband, Robert, and one son, James. Survivors include her daughter, Evelyn (James) Anthony of Plymouth; five grandchildren, Ronald (Barbara) Meyers of Tyron, N.C., Steven (Susan) Meyers of Ann Arbor, Stephen (Deborah) Anthony of Louisiana, Lawrence (Ann) Anthony of Plymouth, Janet (Troy) Ellis of Howell; 11 great-grandchildren; and one stepbrother, Robert Anderson of Indiana.

Memorials may be made to First United Methodist Church of Plymouth.

## GLADYS M. SHOLLACK

Services for Gladys M. Shollack, 83, of Westland were May 5 at Our Savior Evangelical Lutheran Church with the Rev. Myron F. Sordahl officiating. Local arrangements were made by Vermeulen Funeral Home,

Plymouth Township.

She was born Sept. 14, 1914, in Detroit. She died Saturday, May 2, in South Lyon. She was a homemaker. She was a member of Our Savior Evangelical Church.

She was preceded in death by her parents, Harold and Augusta Wright. Survivors include her two sons, Robert (Catherine) F. Shollack of Plymouth; John (Sharon) H. Shollack of Canton; one brother, James (Ann) Wright of Farmington; seven grandchildren; and seven great-grandchildren.

Memorials may be made to Our Savior Evangelical Lutheran Church, 33333 Warren Road, Westland 48185.

## DAVID A. MYNATT

Services for David A. Mynatt, 83, of Plymouth were April 22 at the Schrader-Howell Funeral Home with the Rev. Tonya Arneson officiating. Burial was at Riverside Cemetery, Plymouth.

He was born May 7, 1914, in Knoxville, Tenn. He died April 19 in Plymouth. He was a machine repairman. He retired

from General Motors in 1979 after 26 1/2 years of service at the Hydramatic Plant in Ypsilanti. He and Ellen had been married 57 years. He came to the Plymouth community in 1940 from Farmington. He was a member of the First United Methodist Church of Plymouth. He was a member of the Plymouth Rock Lodge No. 47 F & AM; the Union Chapter No. 55 of the Royal Arch Masons; the Northville Commandery No. 39, Northville Council No. 30; The Prince Edward College York Rite, and the Plymouth Chapter No. 115 Order of the Eastern Star. He lived in the same home in Plymouth since 1940. He loved to travel, be outdoors and be with his grandchildren.

He was preceded in death by his brother, Orbie Mynatt. Survivors include his wife, Ellen V. Mynatt of Plymouth; one son, David (Patsy) Mynatt of Jacksonville, Ala.; one daughter, Joyce (Mike) Herter of Plymouth; two sisters, Lucille Quinlan of South Lyon, Dorothy Rowley of South Lyon; one brother, George (Marion) Mynatt of High-

land, Mich.; four grandchildren; and six great-grandchildren.

Memorials may be made to Plymouth First United Methodist Church Building Fund.

## SANDRA LEE DUDA

Local arrangements for Sandra Lee Duda, 55, of Canton were handled by McCabe Funeral Home, Canton Chapel.

She was born Sept. 26, 1942, in Detroit. She died May 3 in Livonia. She had a career in merchandising with Macklinburg-Duncan Inc. for 20 years. She graduated from Western High School in 1960. She loved racquetball, jogging and exercise. She loved music and to play the organ.

Survivors include her husband, Edwin Duda; two sons, Steven Duda, David Duda; her mother, Helen Sopo; two sisters, Charlotte Sopo, Helen Stojkovic; and one grandchild.

Memorials may be made to Angela Hospice or the American Cancer Society.

## Pipe organ dedicated in memory of former pastor of Our Lady of Good Counsel

Parishioners of Our Lady of Good Counsel Church celebrated Saturday with the naming of the pipe organ in the new house of worship. The



Kenneth MacKinnon

instrument was dedicated to the memory of the Rev. Kenneth MacKinnon, pastor of Our Lady of Good Counsel for 13 years until his death in 1985.

MacKinnon was well-known in the Plymouth community as a prime supporter of the fine arts and a vital force in the ecumeni-

cal movement of Christian churches.

He also taught music and history at Sacred Heart Seminary for 15 years, during which he infused a love of music and fine arts.

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# Meet Our Latest Arrivals

Oakwood Healthcare Center - Canton is proud to announce the newest additions to our obstetrical staff, Edward T. Merkel, M.D. and Roger D. Smith, M.D. Both physicians have been practicing within the Oakwood Healthcare System for the past two years and are currently accepting new patients.

Oakwood Healthcare Center - Canton is committed to women's health. Other specialized services include: ultrasound, state accredited mammography, prenatal classes and a broad range of diagnostic services. In addition, our family practitioners, general internists and other specialists are available to meet your needs.

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Edward T. Merkel, M.D.



Roger D. Smith, M.D.



Oakwood Healthcare Center - Canton

7300 Canton Center Rd.  
Canton, Michigan  
48187

734.454.8001



## Tax from page A5

Here's how the GOP bills would work:

■ The personal income tax rate, now at 4.4 percent, would be cut to 4.3 in 2000, then to 4.2 in 2001, 4.1 in 2002, 4 in 2003 and 3.9 in 2004.

■ Revenue loss would be \$124 million in 2000, then \$307 million, \$508 million, \$728 million and \$968 million in the following years.

■ Impact on families would vary with their income, number of dependent exemptions, and even gifts to public institutions such as public TV and colleges. The lowest estimate was \$27 a year.

■ Public schools would be "held harmless" — that is, guaranteed their aid despite the cut in the income tax, of which 25 percent is currently earmarked for the school aid fund.

Smith got GOP sympathy — but none of its votes — for her amendment to hold harmless the appropriations for 15 universities and 28 community colleges.

"Currently we are using 25 percent of the income tax for higher ed," said Smith, whose district includes the University of Michigan and Eastern Michigan University. "What brings business to Michigan is quality education," she said, noting that the Senate raised higher ed money 3 percent over Engler's

recommendation.

### Tuition hikes seen

Cherry predicted massive tuition hikes without the Smith amendment.

But Bouchard of Birmingham objected that Smith's amendment would tie the hands of the Senate Appropriations Committee. Bennett of Canton said universities have options. "It's not always raising more money from tuition. They can put more tenured professors in the classrooms," he said.

And Sen. Dale Shugars, R-Portage, said Smith "would rather take care of higher education than people on welfare, the mentally ill and people without medical insurance."

Smith's amendment was rejected, 13 Democrats in favor, 22 Republicans and one Democrat opposed.

Meanwhile, the Senate took no action on SJR A, a proposed constitutional amendment that would require a 60-percent "super majority" of the Legislature to increase any tax rate or tax base. Sponsored by Bouchard, SJR A would need a two-thirds vote from both the House and Senate to be put on the ballot — a dim prospect this year.

## Bus from page A5

The question will be placed before voters in Garden City, Livonia, Redford and Westland on the Aug. 4 ballot, the same date as the primary election. The owner of a \$100,000 home with a taxable value of \$50,000 will pay \$16.50 annually for the millage.

At first, Ben Washburn, legal counsel for the commission, was asked whether the commission should act on the ballot proposal. The commission had the authority to place questions on the ballot, but so did the authority, Washburn said.

"It would be best to authorize the same language," Washburn said. "So it is redundant, but it also eliminates any question about the ballot proposal."

Commissioner George Cushingberry, D-Detroit, had argued the commission had the authority to place the issue on the ballot, stating that since the millage expired, the authority no longer had the power to place the issue before voters. Cushingberry

chairs the commission's Ways and Means Committee, which sent the resolution to the full commission for approval.

### 'Horrible precedent'

McCotter later railed against the resolution's amendments, stating that mayors and supervisors in his district wanted the authority to remain with SMART, and not the county commission.

"This sets a horrible precedent," McCotter said.

Parker argued for commissioners to make a stronger statement for the merger. Detroit pays \$62 million into the DDOT system, while 38 percent of Detroit residents do not own cars, Parker said. "We are the last major city that doesn't have a major regional system," Parker said.

Patterson disagreed with Cushingberry's contention that the resolution superseded the transit authority's articles of incorporation.

"The communities that didn't

opt out had relied on local control and they had entrusted in the authority," Patterson said after the meeting. "If the commission can yank back this authority, then the communities have bought a pig-in-a-poke and don't have any local authority."

### Beard supports ballot

Beard said the commission needed to work with state lawmakers over funds for the system. If commissioners acted to block the ballot proposal, it would be "tragic," Beard said.

"It would be hurting people we know need these services," Beard said.

Solomon told commissioners he wanted a task force of county commissioners and Detroit city council members to continue to study the transportation issue.

"It's time we put something on the table in terms of a merger," Solomon said.

But McCotter said the debate wasn't about public transportation itself, nor whether the com-

mission should place the issue on the ballot. His opposition was due to the commission's attempt to wrest control from the authority.

Richard Kaufman, general manager of SMART, called the resolutions "dubious," particularly the provision calling for commission approval of ballot proposals.

"This is of doubtful legal validity since the charter of the transit authority is perpetual and (authority members) are the only ones who can pass a resolution to put on the ballot," Kaufman said, regarding the SMART millage. "I'm not sure of the legal effect, but it seems to me tenuous at best."

Kaufman said SMART contacted DDOT more than a year ago for maps, but has not heard from officials there.

"It's hard for me to believe the Wayne County Transit Authority will have a better chance," Kaufman said.

## Read Arts & Leisure in today's Observer

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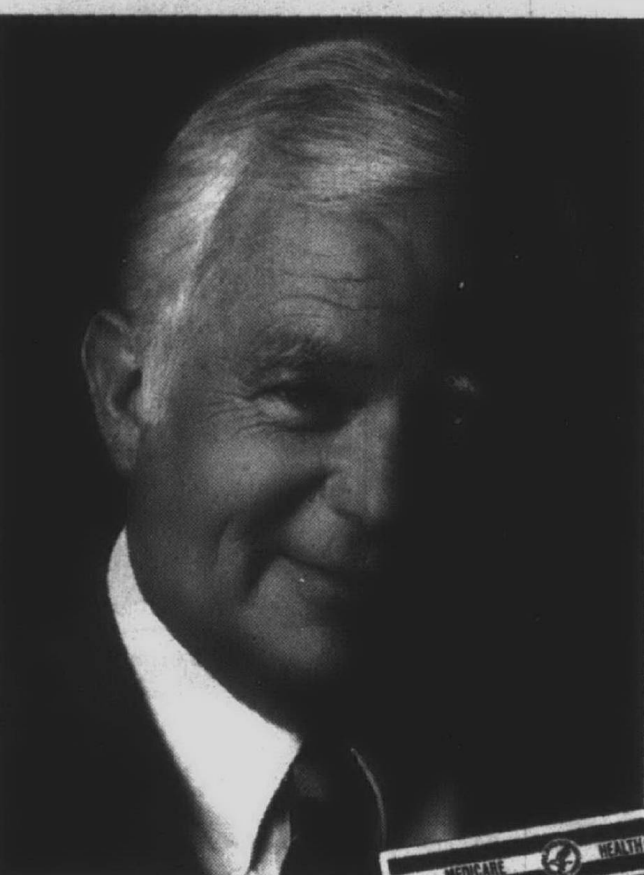
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98-080-SM



## 2 UNIQUE



KELLI LEWTON

## Greek islands offer simply delightful food

I've just returned from a wonderful vacation with my twin sister, Karen, in Greece. During our 14 day adventure we managed to take in much of what Athens, and many of the Cyclades Islands, had to offer. Every new territory we embarked on was rich in culture, history and food.

There was fabulous food to be found everywhere, which helps account for my seven pound weight gain. What distinguishes Greek cuisine from others is fresh ingredients, judicious use of herbs and philosophy, their philosophy concerning matters of eating, drinking and sharing meals, and the country itself.

## Natural foods

Due to the warm climate, produce is grown in a natural, organic fashion in Greece. For the most part, the animals are free range. I was amazed at all the goats and lambs that were roaming freely in pastures rich in herbs. This would support the flavorful taste of their meats. I've never eaten lamb so flavorful or tender, and seafood from the Mediterranean is a treat.

After spending the majority of my trip island hopping in the Aegean Sea, I was amazed at how crystal clear the water was at every port of call. There probably are large fisheries, but the only ones I saw were small family, one boat operations, which reminded me of old movies from my youth. Santorini, also known as Thera, now reinstated as its official name, is the largest fragment of a volcanic archipelago made up of the old broken remnants of the most massive caldera on Earth. This is often thought by many to be the origin of the Atlantis legend.

## Visiting Oia

The view from the glass-like Aegean Sea was breathtaking, and the people were very friendly. We spent our last night in Santorini roaming the very quaint village of Oia. On our stroll, we happened upon a dazzling jewelry store, Oro, which means gold in Spanish. The owner, Alexander, and his wife Martha, were so hospitable. They offered us some famous Santorini wine, and explained the history of their town. Ironically, Martha was Mexican, and grew up in the same small suburb as my sister's husband, Xico.

At Alexander's suggestion, we stopped at a local taverna called S'Agpo Santorini - "I love you Santorini." After our 10 minute walk, we entered the charming cottage like tavern. We were seated by Marco, our German host, who would later be our server. There were no menus. The only bound papers in the taverna were wonderful thick books filled by patrons from around the world who shared feelings about their evening at S'Agpo Santorini.

Marco told us he was the menu and told us what fresh foods were available. We told him things we liked - fresh grilled lamb, octopus, tomatoes and feta cheese, and asked him to be the captain of our ship.

## Sharing a meal

As food started arriving, so did our new friends from the jewelry shop. I think there were seven or eight of them. We joined tables and shared some of the most amazing food, wine and spirits I'd encountered in my travels through Greece.

We had lamb, rubbed delicately with herbs, olive oil and garlic, and roasted to perfection over amber coals in the courtyard of the restaurant.

The tomatoes were very flavorful, and the housemade sausages and feta cheese left me speechless. I'm sure the rustic breads we broke were made by someone's grandmother.

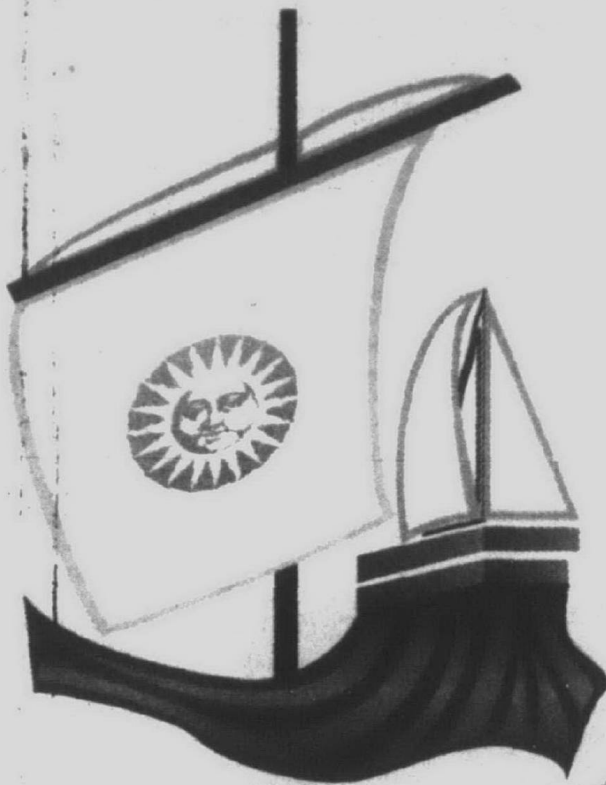
Please see UNIQUE, B2

## LOOKING AHEAD

What to watch for in Taste next week:

- Focus on Wine
- For the Love of Food

## RIDE THE WAVES OF AGING IN GOOD HEALTH



## Successful Voyage

STORIES BY PEGGY MARTINELLI-EVERTS • REGISTERED DIETITIAN

Baby boomers are entering their 50s, and are a hardy breed for the most part. They work hard to age gracefully and fill their leisure hours with travel, sports and hobbies.

The best advice for successful aging is to work on controlling your environment and make the most of your genetic makeup.

It is important to remember that nutrition plays an important role in helping our body respond to the physiological changes of aging. This means eating nutrient dense foods every day.

Chronological aging and biological aging are not synonymous. There are general processes that occur as we age. These include a loss of lean body tissue such as muscle, a loss of bone density, and an increase in internal body fat. The body's ability to correct for nutrient imbalances declines with age. This is why it is important to pay attention to what we eat. Poor eating habits, plus chronic diseases, may place heavy demands on nutrient reserves.

Here is a list of important tips to help you feel good inside and outside:

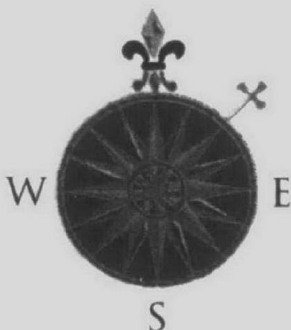
■ **Drink milk** - Bone loss is accelerated as we age, both in men and women. Include beverages

and foods high in calcium such as milk, yogurt and cheese in your diet for bone health. Vitamin D, which is also important, is found only in fortified milk, not yogurt, so drink your milk. Choose fat-free or low-fat milk most often. Calcium fortified orange juice is an option for those with milk intolerance.

■ **Eat whole grains** - Breads, cereals and grains contain important B vitamins and most are fortified with folic acid. Plus, grains contain fiber which helps prevent constipation and may reduce the risk of colon cancer.

■ **Focus on fruits and vegetables** - There are protective components in fruits and vegetables called antioxidants. Vitamins C, E and beta carotene are known to be involved in reducing your risk of certain forms of cancer, heart disease, cataracts and other degenerating diseases. Rich sources of these nutrients include citrus, green peppers, strawberries, cabbage, green leafy, yellow or orange vegetables. Nuts, seeds and whole grains are also good sources. Also, choose a general multi-vitamin/mineral supplement with not more than 100 percent of the U.S.

Please see AGING, B2



## GET GOING IN THE RIGHT DIRECTION

Calories needed in proportion to how active you are  
As we age, we need fewer calories to maintain our weight.  
To calculate the calories you need:

- Weight in pounds x 10 (sedentary)
- Weight in pounds x 15 (moderate activity)
- Weight in pounds x 20 (very active)

## Cheesy macaroni satisfies taste buds, health goals

MAIN DISH  
MIRACLE

MURIEL WAGNER

While passing through the supermarket freezer section, I thought about how much my taste buds missed macaroni and cheese. I picked up a package and read the nutrition label - 18 grams of fat, eight grams saturated fat and well over 300 calories per cup.

I returned the package to the freezer, but the tasty memory lingered long enough to prod me into developing a macaroni and cheese recipe that would satisfy my taste buds and health goals.

This was not an entirely selfish mission, however, my patients have been asking me for a palatable reduced fat and calorie version of macaroni and cheese for some time.

I began with a recipe from a 1950s cookbook and made 1998 substitutions. I used evaporated skim milk instead of whole milk. The evaporated milk makes a richer tasting sauce than regular skim milk. I increased the seasonings and added veggies for color, flavor and nutrition. The sauce seemed to cling better to the ridges of rotini (corkscrew macaroni) than the regular macaroni.

The problem was the cheese. Cheddar cheese has nine grams of fat per ounce, with 75 percent of the calories from fat, and 50 percent of those calories are saturated fat. Cheese has a higher percentage of calories from fat

and saturated fat than pork sausage or spare ribs. I tried fat-free cheese, but the flavor wasn't very good. What I finally settled on was a reduced fat cheese (2 grams per ounce) augmented with Parmesan cheese and a cheese flavor substitute. Of course, Parmesan is not a low-fat cheese, but it has lots of flavor per ounce. One tablespoon is only 1/4 of an ounce, and that has only 2 grams of fat.

Try my recipe, and see what you think. It has less than half the fat and saturated fat of the original recipe. It's also a perfect vegetarian entree. You needn't worry about adding one of the big three - chicken, meat or fish for protein. There's plenty of protein from the milk, cheese and even the rotini.

## MACARONI (ROTINI) AND CHEESE

- 2 cans (14 ounce) evaporated skim milk
- 3 tablespoons cornstarch
- 1 1/2 teaspoons dry mustard
- 1 teaspoon Worcestershire Sauce
- 4 green onions, chopped
- 1 red bell pepper, chopped
- 5 teaspoons Molly McButter All Natural Dairy Sprinkles - Cheese Flavor
- 8 slices Kraft 2 percent milk singles
- 4 tablespoons grated Parmesan cheese
- Dash paprika
- 8 ounces dry rotini
- Nonstick spray

Prepare rotini according to package directions. Set aside.

Mix cornstarch with dry mustard. Add a little evaporated skim milk to make a smooth paste. Combine with remaining milk and Worcestershire Sauce. Heat over very low heat, stirring constantly until thickened, or place in a 2-quart measuring cup in microwave on high for about 4 minutes, until thickened.

Stir in 6 slices of cheese until melted. Add Parmesan and Molly McButter Cheese. Stir until combined. Add rotini and chopped vegetables. Stir gently until mixed through.

Pour into a 2-quart casserole that has been sprayed with nonstick spray. Top with remaining cheese slices. Sprinkle lightly with paprika. Bake in a moderate oven 375°F about 25 minutes until heated through and lightly browned. Serves 6.

■ **Nutrition facts:** 1 cup serving  
Calories 248; Total Fat, 5.6g; Saturated Fat, 3.3g; Cholesterol, 15mg; Sodium 655mg.

■ **Food exchanges:** 1/2 fat-free milk; 2 starches; 1 fat

Muriel G. Wagner is a registered dietitian and nutrition therapist with an office in Southfield. She publishes "Eating Younger," a quarterly newsletter filled with recipes and nutrition tips. To subscribe, send a check or money order for \$13.50 to Eating Younger, P.O. Box 69021, Pleasant Ridge, MI 48069.

## ENJOY YOUR GOLDEN YEARS

The patient said "I know I'm overweight, but I do watch my diet and I've given up a lot of things that are bad for me so why am I facing \_\_\_\_\_?" Fill in the blank with heart disease, diabetes, high blood pressure, etc.

The answer is - "You've never been this age before." In other words, you can get by with poor eating habits and cheat for the first half of life, but it will catch up to you eventually.

Aging is like a glass half full/half empty. For those in good health it can be the most fulfilling time, and for those whose health fails, it may be a time of compromised expectations.

Because life expectancy is increasing, we may spend nearly one-third of our lives in retirement. The years past 50, in order to reach the "golden years," must be lived with a certain amount of conscientious effort to making good food choices. We may also have to consider the health of one of our spouses since how they age will make a difference in the quality of our years left together.

When the husband of a couple I know had a heart attack their lives changed forever. One of the biggest adjustments was in their relationships with friends and family.

Every get together was a challenge. Late evenings out were forbidden. Stopping for cocktails before going out to dinner was another temptation. Tailgating at a sports event could be life-threatening. Making plans with old friends, or celebrations with the family, became a dreaded event.

But instead of becoming isolated and depressed, this couple decided to take a proactive approach. Instead

Please see GOLDEN, B2



# Treat your family, friends to brunch

**Aging** from page B1

See related story on Taste front.

I like this recipe because it's easy to make, and you make it in one skillet so cleanup is simple too.

If you use egg whites, you can use the egg yolks as a rinse for your hair.

## TLC BRUNCH SKILLET

Recipe serves 6  
5 ounces lean turkey sausage  
1 cup chopped red bell pepper  
1 cup chopped green pepper  
12 egg whites, or the equivalent in egg substitute  
1/2 cup non-fat ricotta cheese  
1 teaspoon salt  
1 teaspoon pepper  
Nonstick cooking spray  
Salsa of your choice (optional)

In a large nonstick frying pan,

sauté crumbled turkey sausage over medium heat until thoroughly cooked. Remove meat from pan and drain any fat. Return pan to cooktop and sauté onion until soft and slightly transparent. Add peppers and sauté until cooked, but still firm.

In a separate bowl, beat egg white with salt, pepper and ricotta until combined. Remove vegetables from pan and turn heat to very low, spray pan with nonstick cooking spray and return to burner. Pour egg white mixture into pan. When bottom is slightly set, arrange sausage, peppers and onions on top. Cover and cook over very low heat until set through, about 10-12 minutes. To serve, invert onto platter and cut into wedges. Warm salsa in microwave and set on the side so guests can help themselves.

**Nutrition information per**

**serving:** Using egg whites, excluding salsa  
Calories 91.71; Protein 15.63g; Fat 3.18g; Sodium 644.0mg; Carbohydrates 8.28g.

## LOW-FAT APPLE BRAN MUFFINS

3 cups bran cereal (recipe tested with All-Bran)  
1 1/2 cups boiling water  
3 egg whites  
2 cups skim milk  
1/2 cup honey  
1/4 cup molasses  
2 1/2 cups whole wheat flour  
2 1/2 teaspoons baking soda  
2 tablespoons cinnamon  
1/4 teaspoon each: ground nutmeg, ground ginger (optional)  
1 cup raisins  
2 cups chopped apples

Preheat oven to 400°F. In a large bowl, combine cereal and boiling

water. Set aside.

In another large bowl, combine egg whites, milk, honey and molasses; stir well. Stir in flour, soda, cinnamon, bran softened with water, nutmeg and ginger. Stir in raisins and chopped apples. Fill lined muffin cups about two-thirds full and bake 20 to 25 minutes or until muffins test done.

**Nutrition information per serving:** Calories 130.11; Protein 4.06g, Fat .47g; Sodium 104.56mg; Carbohydrates 32.68g.

Recipes from HDS Services.

## Golden

from page B1

of entertaining friends with cocktails and going out to dinner at a restaurant, or becoming caught in one of the other challenging situations for someone with heart disease, my friend hit upon the idea of serving a Sunday morning brunch.

While the invitees are at church, playing golf, or just enjoying a leisurely morning, the host and hostess are cutting fresh fruit for the giant platter that is the centerpiece of the event.

Ease of preparation is important so chopping the vegetables for the omelet and preparing the muffin mix is done the night before. Last minute details are kept to a minimum, and the event is casual.

A variety of interesting breads, muffins and bagels are paired with lite veggie cream cheese, no sugar added jams and jellies, and an olive oil/balsamic vinegar and herb blend. Ice water, coffee, tea and a specialty fruit drink are also served.

For entertainment, the couple sets up a croquet game, badminton set or bocce.

The brunch has become a favorite event. The couple doesn't lose touch with friends, the brunch is fun for everyone involved, and other couples who are also aging and must watch their diets, get some good entertaining ideas.



Peggy Martinelli-Everts

fatigue. Regular physical activity helps increase energy, improves self image, boosts immunity, fights depression and enhances the quality of sleep. Take care when you exercise to avoid injury. Stay on softer, level surfaces and warm up with stretches.

Exercise doesn't have to be strenuous to be good for you. Find something you enjoy doing and can do regularly. Golf (when you walk the course) is great. Ballroom and Swing dancing are becoming very popular again. Sign up for lessons. Swimming is wonderful exercise, as is water aerobics. Choose the activity

that is right for you and try varying activities, too.

■ **Flavor it** - Our sense of taste and smell diminishes as we age. We need to add flavorings that don't add excess sodium. Excess sodium not only pulls calcium out of our body which affects our bone health, it also can aggravate high blood pressure. Add herbs, butter flavoring, wine, reduced stocks and flavored vinegars.

■ **Get enough protein**, but watch the fat - The recommended amount of protein for women over 50 is 50 grams, and for men 63 grams. This is the protein in seven to nine ounces of meat, poultry or fish. However, there is protein in dairy foods and grain, so eating five to seven ounces of meat daily is sufficient.

Peggy Martinelli-Everts of Clarkston, is a registered dietitian and director of clinical operations for HDS Services, a Farmington Hills-based food service and hospitality management company. Look for her story on the second Sunday of the month in Taste.

## Unique

from page B1

Dinner was served with the house white wine, which seemed sweet, crisp, dry and fruity all at the same time. Santorini wine is famous throughout the world.

Gathering around a table with family and friends to share a meal at the end of the day is a time held in reverence by all inhabitants of Greece.

As we shared food, and wine, many languages and cultures, including Greek, English, German and Spanish, it hit me - wow! for a change I was not thinking about what to have for dessert or what I had to do after dinner.

I enjoyed every bite of food, word spoken and sip of wine at that moment. It seemed like all

our counterparts at our small banquet ate, drank and shared this way on a regular basis.

The food was simply beautiful and tasty. It was not masked by sauces with complex names. As I sat back in my chair into the early morning hours singing and sipping Santorini wine with my new friends, I thought the world isn't so big. Simple is good, less can often be more.

Chef Kelli L. Lewton is owner of 2 Unique Caterers and Event Planners in Bloomfield Hills. A graduate of Schoolcraft College's Culinary Arts program, Kelli is a part-time instructor at the college. Look for her column in Taste on the second Sunday of the month.

## COOKING CALENDAR

■ "Lickety-Split Meals" update - Zonya Foco, registered dietitian and author of "Lickety-Split Meals," has a pocket size grocery list and wipe/erase menu planner to go with her cookbook. The list fits in your grocery cart so you can check off what you need

at the store. The cost for the book, pocket size grocery list, and wipe/erase menu planner is \$40. If you already have the book, but want the grocery list and wipe/erase menu planner, the cost is \$15, call 1-(888) 884-LEAN for details.

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<b>Boneless Lean Butterfly PORK CHOPS</b>  <b>\$3.29</b> LB.	<b>Fish-on-the-Grill Yes - Yes - Yes! LEMON PEPPER or CAJUN CATFISH</b>  <b>\$4.99</b> LB.	<b>Dearborn Sausage Smoked Polish SAUSAGE</b>  <b>\$3.29</b> LB.
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## Gri

AP - Monkfish says Leslie R. "Great Fish, O Dinners From fish" (Doubleda This Monkfish Rosemary-Ga one of the rec which she prom simple and m available ingred The Rosema Oil "is one of pose marinades keep a jar of it at all times." It's also grouper, trout, shark, and sail as with lobster

## En

See related on Taste front ments of Kelli MEDITER

## MA

3 tablespoons chopped  
Juice of 3 le  
1 teaspoon l  
1 cup red wi  
1/2 cup extr  
1 teaspoon d  
1 tablespoon  
1 tablespoon  
Combine ing  
beef, pork or la

## SPANAKOPH

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1 bunch sca  
1 cup fresh  
crumble)  
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(chopped)  
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# Grill monkfish for quick, delicious dinner

AP — Monkfish grills very well, says Leslie Revsin, author of "Great Fish, Quick: Delicious Dinners From Fillets and Shellfish" (Doubleday, \$27.50).

This Monkfish Grilled with Rosemary-Garlic-Lemon Oil is one of the recipes in her book, which she promises are all quick, simple and made with readily available ingredients.

The Rosemary-Garlic-Lemon Oil "is one of the great all-purpose marinades," said Revsin. "I keep a jar of it in my refrigerator at all times."

It's also good with cod, grouper, trout, swordfish, tuna, shark, and salmon fillets, as well as with lobster and soft-shell

crabs, she says. "And if that's not enough, use it with pasta, chicken, veal, and to marinate goat cheese!"

It's so full of flavor that even if you don't have time for marinating, a spoonful over the monkfish after grilling will do the job, she adds.

This recipe makes enough oil for 3 grilled monkfish recipes. The oil can be used immediately, or covered and refrigerated for several weeks. The flavor continues to develop — if at any point it becomes strong for you, add a little more olive oil.

**MONKFISH GRILLED WITH ROSEMARY-GARLIC-LEMON OIL**  
2 tablespoons lightly packed

fresh rosemary leaves (see note)  
1 large garlic clove, unpeeled  
1 1/2 teaspoons grated lemon zest, with no white pith  
1 cup olive oil  
Salt and freshly ground black or white pepper to taste  
1 3/4 pounds cleaned and trimmed monkfish fillets

Start a medium-hot fire or pre-heat the oven broiler.

Fifteen minutes before you're going to grill the monkfish fillets, put the grill grate about 4 inches from the glowing coals. (I also like to brush the top of the grate with

vegetable oil just before grilling to help prevent sticking.)

Roughly chop the rosemary and put it in the food processor. (Note: If rosemary stems are very young, they are tender and edible so don't worry if some get into the mix. But more mature stems are woody and indigestible.)

Crush the garlic clove with the side of a large knife, peel it and put it in the food processor with the lemon zest. Process the ingredients to break them up and combine their flavors, about 1 minute. Add the olive oil and process everything until the solids are chopped into tiny pieces, about 2

minutes. Season the oil with salt and pepper.

Make sure the monkfish fillets are trimmed of all membrane and fat. Cut the fillets into 2-inch-thick cross-sections and dry them well with paper towels.

Put them in a bowl, season them with salt and pepper, and pour 1/4 cup of the rosemary-garlic oil over them, stirring to coat them thoroughly. Marinate them, covered, for 30 to 60 minutes if possible, at room temperature (unless the kitchen is very hot), or grill them right away.

Place the cut fillets on the preheated grill rack. Grill them until the first side is brown, about 5

minutes. Turn them over and grill them until they're cooked through and still very moist, about 5 minutes more. To check, make a small slice in the center of one piece to see if it's white and opaque all the way through.

Serve the fillets immediately on warm dinner plates, drizzling them with more room-temperature rosemary-garlic-lemon oil.

Makes 4 servings (plus enough oil for 2 more fish preparations).

Preparation time is about 25-30 minutes, with an optional 30 minutes marinating time.

## Enjoy a delicious taste of the Greek Islands

See related 2 Unique column on Taste front. Recipes compliments of Kelli Lewton.

### MEDITERRANEAN MEAT MARINADE

3 tablespoons fresh garlic, chopped  
Juice of 3 lemons  
1 teaspoon lemon zest  
1 cup red wine vinegar  
1/2 cup extra virgin olive oil  
1 teaspoon dried oregano  
1 tablespoon fresh rosemary  
1 tablespoon fresh parsley  
Combine ingredients. Great for beef, pork or lamb.

### SPANAKOPHA (SPINACH PIE)

4 pounds fresh spinach  
1 large Spanish onion (diced fine)  
1/8 cup extra virgin olive oil  
1 bunch scallions (minced)  
1 cup fresh feta cheese (crumbled)  
3 tablespoons fresh dill (chopped)  
1/2 cup fresh parsley

(chopped)  
1/2 teaspoon salt  
1 teaspoon fresh cracked pepper  
1 box phyllo dough, thawed  
1/2 stick butter  
1/8 cup bread crumbs

In a large pot heat olive oil. Sweat onions until translucent. Add spinach, a handful at a time, and wilt. Cook down approximately 5-8 minutes.

Place in bowl, mix with feta, herbs and seasoning.

Take phyllo (working quickly or

keeping covered) and layer six sheets, brushing with melted butter and a sprinkling of bread crumbs between the sheets of dough.

Take collective sheets and place centered in Teflon pie pan. Spoon filling in.

Fold overlapping phyllo dough over mixture to create top of the pie. Brush top with butter and

bake at 350°F., 20 to 25 minutes or until golden brown.

### MEDITERRANEAN COUS COUS

1 cup Cous Cous  
8 black olives (pitted and chopped)  
1/4 cup red onion (minced)  
1/2 cup English cucumber (peeled, seeded, diced small)

1/4 cup Feta cheese (crumbled)  
1/4 cup red wine vinegar  
1/2 cup Greek olive oil  
Pinch of oregano and fresh basil  
Salt and pepper to taste  
Boil water with a pinch of salt and oil.  
Add cous cous. Boil approxi-

mately 6-8 minutes.  
Strain and rinse with cold water.  
Prepare vegetables.  
Mix with cooked cous cous.  
Mix vinegar and oil with herbs. Add to salad, toss.  
Season to taste with salt and pepper. Yield 4 side servings.

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# Health & Fitness

The Observer

Page 4, Section B

Sunday, May 10, 1998

Kim Mortson, 734-953-2111

on the web: <http://observer-eccentric.com>

## MEDICAL BRIEFS

### Prostate health

Men concerned about prostate health are invited to attend a free informational presentation Wednesday, May 13 at Botsford Inn Banquet Center, 28000 Grand River Ave. Botsford urological surgeon Steven Roth, D.O., will host the discussion. (Attendees will be eligible for a free prostate screening and PSA test his month). Preregister by calling (248) 477-6100.

### Better hearing

Personalized Hearing Care of Westland is presenting the Second Annual Better Hearing and Speech Day 10 a.m. to 6 p.m. on Saturday, May 16, at MedMax in Westland. Attendees can meet with hearing and speech professionals and people who are successfully coping with hearing and speech problems. MedMax is located at 35600 Central City Parkway, behind Westland Shopping Center.

### Sacred energy

Sacred Energy Balancing seeks to tap and release life-draining energies (repressed memories/emotions) which prevent people from realizing their potential. To learn about these techniques that can help bring peace of mind, attend SANT's lecture featuring Paul Samarco. Monday, May 18, at 7 p.m. at the Sinnett Holistic Health Center in Livonia located at 29200 Vassar in the Livonia Pavilion, Suite 140, across the street from Sears. Admission \$5. Call (313) 247-4971.

### Making connections

There are several ways you can reach the Observer Health & Fitness staff. The Sunday section provides numerous venues for you to offer newsworthy information including Medical Datebook (upcoming calendar events); Medical Newsmakers (appointments/new hires in the medical field); and Medical Briefs (medical advances, short news items from hospitals, physicians, companies). We also welcome newsworthy ideas for health and fitness related stories. To submit an item to our newspaper you can call, write, fax or e-mail us.

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Livonia, MI 48150

FAX:  
(734) 591-7279

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[kmortson@oe.homecomm.net](mailto:kmortson@oe.homecomm.net)

## Quaker Oats wants you to enter Smart Heart Challenge

The Quaker Oatmeal Cereals company wants to bring the Smart Heart Challenge to a community such as Plymouth, Canton, Westland, Garden City, Livonia or Redford with a chance for you to win a \$5,000 cash prize and become a hero in your town.

In January, 101 people in Lafayette, Colorado volunteered for the challenge and ate oatmeal for 30 days to see if simple lifestyle changes, including eating oatmeal, could help reduce their cholesterol. After 30 days, 98 percent of them lowered their cholesterol, on average by 27 points.

In addition, by becoming an "Oatmeal Ambassador,"

■ As grand prize winner, you can win \$5,000 cash if your community is chosen as the next Smart Heart Challenge town or \$1,000 if you're among the nine finalists.

■ Approximately 150 participants in your community will receive cholesterol testing free-of-charge which will be administered by professional medical staff.

■ Quaker Oatmeal Cereals will sponsor events during the 30 days and a local heart-healthy organization will benefit from a donation for every bowl of oatmeal eaten during the challenge.

To receive an entry form:  
Call 1-800-735-3555 or visit [www.quakeroatmeal.com](http://www.quakeroatmeal.com) and follow the prompts to the Smart Heart Challenge Search. Print out the entry and fill it out.

Mail all entries to: The Smart Heart Challenge Search, P.O. Box 2356, Maple Plains, MN 55592-2356. No purchase necessary. Entries must be received by June 5, 1998. You must be a United States resident and 18 years of age or older to enter.

# hal·i·to·sis (hal'ə-tō'sis) L·h·a·l·i·t·o·s·i·s + smelling breath.

## CURES ARE BETTER THAN COVER-UPS

**T**he onions you piled on your hot dog at lunch or the garlic butter you spread on a dinner roll may not be the primary reason you have halitosis. For better or worse, it's also known as — *bad breath*.

Truthfully, 90 percent of bad breath is usually the result of an oral problem such as faulty dental fillings, gingivitis, abscesses, dentures, oral cancer and extruded teeth.

Halitosis is caused by volatile sulphur compounds (VSC) produced by active bacteria that breeds around the gums and tongue. The sulphur causes the unpleasant odor that has led consumers to spend approximately \$500 million annually on mouthwash, mints and toothpaste.

According to Richard Miller, D.D.S. in his book "Beating Bad Breath," traditional over-the-counter dental products do nothing to treat the bacteria problem only masquerade the "bad odor with a stronger, more pleasant-smelling one."

If halitosis is the diagnosis you suspect, or you've been discreetly told by a friend or loved one, there is a viable solution says dentist Brian Andress, who recently merged his 10-year Livonia practice with Herbert Elfring Jr., D.D.S., to a new location in Novi. "One of the most important factors in treating halitosis is to break down the sulphur compounds produced by the bacteria," said Andress. "In order to do that your dentist needs to evaluate what's causing the accumulation of bacteria and treat the cause whether it's gum disease or a loose crown that needs to be removed and cleaned before it can be replaced."

Andress said if in fact you have a loose crown, ordinary brushing and rinsing won't take care of the real problem — the build up of bacteria that may be active under the unstable dental appliance. The bacteria needs to be destroyed not covered up with breath mints or fruity mouthwash.

As unpleasant as it may sound, the tongue is a large breeding ground for the bacteria that causes halitosis. It harbors a significant amount of bacteria due to numerous coatings that build up from foods and beverages such as milk, sauces, coffee, and foods creamy in nature that leave behind thick coatings and substances around our taste buds every time we swallow.

The layers enable the bacteria to go unaffected "in a warm, low-air environment and produce the sulphur compounds of halitosis," (*Beating Bad Breath*, Miller)

Andress recommends using a simple tool called a tongue scraper to remove the build-up of coatings that may be causing your bad breath. The tool, typically plastic, can be purchased at a drug store in the hygiene aisle or obtained from your dentist.

The tool in no way reduces bacteria around the teeth and gums, but the device can be effective to reach the back portion of your tongue that you might not touch with the toothbrush. Your dentist can give you a few simple tips on its use to be one step closer to having better breath and a healthier smile.

Unfortunately said Andress, one of the most effective ingredients in the fight against halitosis is not found in over-the-counter toothpaste and mouthwash. CLO<sub>2</sub>, chlorine dioxide, works to destroy the sulphur at the molecular level.

Alcohol free, safe for your teeth and gums, CLO<sub>2</sub> attacks the source of the bacteria treating the com-



**Breath check:** Dr. Brian Andress observes the Halimeter results as patient Debbie McElroy has her breath checked. Looking on is Dr. Herbert Elfring Jr. The Halimeter gauges the level of bacteria in an individual's mouth that can cause halitosis.

pounds for up to five hours in contrast to traditional toothpaste and mouthwash that may work for only two hours. However, an over-the-counter mouthwash containing an antiseptic ingredient, such as Listerine®, works to kill active bacteria, said a local dental hygienist.

The Novi dentist said you can obtain CLO<sub>2</sub> products from your dentist, orthodontist, or oral surgeon. Two examples include Oxyfresh™ and Retardex™. Other products and devices that can help fight bad breath include floss, a soft bristle toothbrush (regularly replaced), tongue scraper and water irrigator.

Andress and Elfring utilize a device in their office called a Halimeter. The apparatus measures the concentration of bacteria in parts per billion. A patient who believes they have or is aware of a halitosis problem, places a small plastic straw in their mouth that is attached to the Halimeter. The straw can be moved around the tongue while the machine measures the concentration of volatile sulphur compounds.

Andress said the back of the tongue usually reads a higher level of compounds than the front. The dentist said an average patient will register between 80 to

120 parts per billion. However, if a significant amount of bacteria is found the number can be as high as 180. "Then we know for sure how serious the halitosis problem is and can look for causes such as gum disease, decay or something as simple as replacing an older filling."

Some people may be surprised to learn prescription medications and medical conditions can also cause halitosis. For example, commonly used medications such as decongestants, antihistamines, antihypertensives, antidepressants and antipsychotics can possibly cause halitosis.

Diabetes, liver failure, gall bladder disease, tonsillitis, sinusitis, emphysema and pneumonia are just a few conditions that also trigger bad breath.

"If your dentist determines it's not a dental problem then you should seek medical attention from your physician who can advise a treatment in conjunction with an improved cleaning regimen," suggested Andress.

Oral care is your best defense against halitosis. If you suspect you have a problem don't wait until a spouse, friend or co-worker has to break it to you gently — "You have bad breath."

## May 11 to 15 is Food Allergy Awareness Week

Following the announcement that May is Asthma & Allergy Awareness Month, The Food Allergy Network (national nonprofit organization) has declared May 11 to 15 Food Allergy Awareness Week.

According to Anne Russell, R.N., Plymouth resident and director of a Food Allergy & Anaphylaxis Education & Support group, Gov. John Engler likewise made the declaration for the state of Michigan.

"I am very pleased that Gov. Engler has approved May 11-15 as Food Allergy Awareness Week," said Russell. "Living with life-threatening food allergies is a challenging and often frightening burden for children. Hopefully, this awareness week will serve to get accurate medical information to the general public in order to increase their knowledge and sensitivity about serious food allergies."

Doctors across the country report an increase in the incidence of food allergy. Children are the largest group affected. One group of doctors reported a 56 percent increase in peanut allergy in children in the past 10 years.

"Food allergies affect an estimated 4 to 6 million Americans," said Anne Munoz-Furlong, founder of The Food Allergy Network (FAN), "yet most peo-

ple believe food allergies are rare or affect only a small number of adults."

At the upcoming Friday, May 15, meeting of the Michigan Food Allergy Network, Dr. Marc McMorris, a University of Michigan pediatric allergist, will discuss peanut allergy diagnosis and management. The meeting will begin at 7 p.m. at the Arbor Health Building in downtown Plymouth.

Food allergy is caused by an abnormal immune system response to a food. Reactions can range from mild to life-threatening. Doctors estimate that hundreds of Americans die each year as a result of a food-allergic reaction. Symptoms can include hives, abdominal cramps, vomiting, diarrhea, swelling of the mouth or throat, difficulty breathing, asthma and respiratory diseases. Severe reactions can sometimes prove fatal.

Eight foods cause 90 percent of the allergic reactions in the U.S. they are milk, eggs, peanuts, tree nuts, shellfish, soy and wheat. There is no cure for food allergies. Strict elimination of the food in question is the only way to avoid an allergic reaction.

Convincing others food allergies are real and getting accurate information about ingredients while eating at restaurants are two of the most diffi-

### Food allergy is caused by an abnormal immune system response to a food. Reactions can range from mild to life-threatening.

cult problems of living with food allergies, according to The Food Allergy Network's 18,000 members.

Restaurants offer an opportunity for improvement. Few offer training for employees to teach them how to properly answer queries from food-allergic consumers. From a consumer's perspective, the fear of having a reaction because someone else didn't take them seriously or provide the information they need is well founded.

Allergic reactions have been reported and several people have died because restaurant staff were not properly trained in food allergy awareness.

Doctors reported that most allergic reactions occur when allergic individuals, after being assured that their meal is "safe," eat a food that contains the ingredients to which they are allergic. One peanut-allergic individual reports, "Someone told me the nuts on a danish

were almonds and lo and behold, they were peanuts. I ate them, my throat got itchy, I got stomach cramps, diarrhea and was gasping for breath to the point where I passed out."

Schools across the country are reporting an increased number of children with food allergies. A study in the New England Journal of Medicine of 13 children were fatal and near fatal food-induced allergic reactions, found four of the six cases of fatal food-induced allergic reactions had occurred in school.

Food allergy appears to be increasing, allergic reactions can be severe and have caused fatalities. "Until we educate others that food allergies are real, millions of Americans will continue to experience allergic reactions — for some, the reactions may cost them their life," said Munoz-Furlong.

For free information, call 1-800-929-4040 or visit FAN's Web site at [www.foodallergy.org](http://www.foodallergy.org)

The monthly meeting of the Food Allergy & Anaphylaxis Education & Support group is open to the public. Individuals and children from Wayne County and surrounding communities are welcome. The meetings are free and donations are accepted. For more information, call Anne Russell, (734) 420-2805.

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Cash for kids

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## MEDICAL NEWSMAKERS

Items for Medical Newsmakers are welcome from throughout the Observer area. Items should be sent to: Observer Newspapers, 36251 Schoolcraft, Livonia 48150. Our fax number is (734) 591-7279. E-mail kmorton@oe.homecomm.net

## St. Joe's recognized

St. Joseph Mercy Hospital-Ann Arbor has been named winner of the Overall Environmental Excellence Award by the Washtenaw County Environmental Issues Group.

The award was one of 16 presented to businesses and organizations that practice environmentally sound behavior in the areas of water quality protection, pollution prevention, waste reduction and recycling.

"We're very proud of our accomplishments and strong commitment to protecting the environment," said Duane Newland, executive vice president. "Each employee plays a role in our success, and their efforts have definitely made a difference."

## Cash for kids

## Rite Aid offers free mammograms

Rite Aid drugstores has launched its annual Mother's Day Mammograms program in Michigan. The award-winning initiative now in its ninth year, educates women about the importance of practicing healthy breast care habits and reminds them to have yearly mammograms beginning at age 40. Mother's Day Mammograms links uninsured or underinsured women with sources for free mammograms.

Free Mother's Day Mammograms cards are currently available in Rite Aid's 380 stores in Michigan. "Do it for yourself and those who love you," said Michelle Engler, first lady of Michigan.

The cards feature a toll-free hotline that links callers to free mammogram programs in their area. In Michigan, the program is being presented in partnership with the Michigan Department of Community Health.

"Approximately 180,000 women are diagnosed with breast cancer each year," says Suzanne Mead, vice president of corporate communications for

This spring, every level of Michigan's food industry including The Kroger Co. of Michigan, Farmer Jack, Foodland and the area's food brokers will join together to support the "Cash for Kids" program, to benefit VARIETY — The Children's Charity.

Beginning Monday, June 1 through Saturday, June 7, metropolitan Detroit's food industry will sponsor "Cash for Kids" a coupon redemption program to benefit Southfield-based Variety — The Children's Charity.

## New director

Sara Garmel, M.D., has been named director of labor and delivery in the Oakwood Division of Maternal Fetal Medicine of the Oakwood Healthcare System. She also works at Oakwood Healthcare Center- Canton. "As our Division of Maternal Fetal Medicine continues to grow, we are excited that Dr. Garmel has joined our practice. She will be a great asset to the community in providing quality clinical care to high risk pregnant mothers," said Dr. George Kazzi, corporate director of Oakwood Maternal

and Fetal Medicine.

## Education recognition

Metro Home Health Care Services Inc., is the first home care agency in Michigan and the second in the United States to the distinction of American Diabetes Association Certificate of Recognition. The award was presented for a quality diabetes education program.

MHCS has 19 qualified diabetes program instructors that serves patients in 11 counties including Wayne county and the city of Detroit.

## Podiatrist relocates

Podiatrist Dr. Ellen Mady specializing in the Tri-correctional bunionectomy has relocated her practice to 38215 W. Ten Mile Road (Suite 8) in Farmington Hills under the name, Feet First Podiatry.

The procedure is performed on an outpatient basis and allows most people to return to tennis type shoes within two weeks. A plastic surgery technique is used on the skin so scarring is minimal. For information call (248) 478-FEET (3338).

## MEN'S HEALTH

"Just the Facts," on prostate cancer. One in eight. That's the number of men, who will get prostate cancer sometime during their lifetime.

An estimated 184,500 new cases of prostate cancer will be discovered nationally in 1998, and an estimated 39,200 men will die of it this year according to the American Cancer Society.

Early detection and education continue to be the best medical tools in fighting the disease. Cancer experts estimate that as many as 80 percent of the deaths from prostate cancer are preventable. The risk of prostate cancer increases with age. Although 80 percent of all prostate cancers are diagnosed in men over the age of 65, men age 40 and older should be alert to the signs of prostate cancer and have a digital rectal exam done annually.

Contact your local hospital for prostate screenings or make an annual appointment with your primary physician.

## RESOURCE

Rite Aid, who played a key role in developing Rite Aid's Mother's Day Mammograms program. "Rite Aid became involved in breast cancer early detection programs because we saw a need for increased access to mammograms. When breast cancer is detected and treated in its early stage, the five-year survival rate is more than 90 percent."

Last year's Mother's Day Mammograms program generated 1020 calls from women in Michigan, 627 of whom received free mammograms through the program.

Three celebrities have designed Mother's Day cards provide a natural extension of the Mother's Day Mammograms program by spreading the important message of early detection methods.

Additional information on Mother's Day Mammograms program is available, (800) RITEAID; visit the Rite Aid Web site at <http://www.RiteAid.com>

## MEDICAL DATEBOOK

## TUE, MAY 12

## HEALTH FAIR

Camelot Hall Convalescent Centre in Livonia is hosting a free health fair from 10 a.m. to 2 p.m. May 12 to celebrate Nursing Home Week. Complimentary blood pressure and cholesterol screening is available. Camelot Hall is located at 35100 Ann Arbor Trail west of Wayne Road. Call Joyce at 522-1444.

## BASIC LIFE SUPPORT

Intended for those 12 years and older interested in learning basic knowledge of the heart, lungs, signs and symptoms of heart attack and CPR, choking rescue skills. \$25. Providence Medical Center Livonia, from 6-9 p.m. Call 800-968-5595 to register.

## POSTPARTUM SUPPORT GROUP

St. Mary Hospital in Livonia will offer a Mother-Baby Support Group on Tuesday, from 10-11 a.m. The group meets in the West Addition Conference Room A near the South Entrance. Registration is required, call (313) 655-1100 or toll free, 1-800-494-1615.

## WED, MAY 13

## OSTEOPATHIC MANIPULATION

Osteopathic Manipulation Therapy and Health. Botsford physician Jan Danto, D.O., discusses how hands-on manipulation of bones, muscles and joints can be beneficial. The two-hour class, 9:30-11:30 a.m. at Botsford General Hospital's Classroom 2 East, A & B, 28050 Grand River Ave., Call to register, (248) 471-8020. \$5 fee.

## PRE-POSTNATAL EXERCISE

St. Mary Hospital in Livonia will offer a six-week Pre-Postnatal Exercise Class from May 13 through June 17. Designed to promote fitness and a healthy lifestyle prior to and following delivery. The class will meet in Pavilion Conference Room A from 6 to 7 p.m. Cost, \$35 per person. Call (734) 655-1100.

## BLOOD PRESSURE

St. Mary Hospital in Livonia will present a two-part class on "The Ups and Downs of Blood Pressure," beginning Wednesday, May 13, from 7:00 to 9:00 p.m. in Pavilion Conference Room A, near the Levan Road Entrance. A \$10 class fee covers course materials. Registration is required. Please call (734) 655-8940.

## MEDITATION AWARENESS

This program examines the science of meditation and energy awareness. Participants will learn to meditate, blending the body, mind and spirit for better health. Free at the Oakwood Healthcare Center, North Westland (36555 Warren Road). Call (313) 414-9001.

## THUR, MAY 14

## HEALTH SCREENING

St. Mary Hospital in Livonia will hold a blood pressure and cholesterol screening on Thursday, May 14 from 5:30 to 8 p.m. in the Pavilion Conference Room A. The cost of the cholesterol screening is \$15 and it includes both the total and HDL cholesterol. Registration is required call (734) 655-8940.

Items for Medical Datebook are welcome from the Observer-area medical community. Send to: Medical Datebook, c/o The Observer Newspapers, 36251 Schoolcraft Road, Livonia 48150 or faxed to (313) 591-7279.

## MON, MAY 11

## CELIAC SPRUE SUPPORT

Tri-County Celiac Sprue Support Group (TCCSSG) is a support group for persons who have been diagnosed with Celiac Sprue and Dermatitis Herpetiformis. Group will meet at 7 p.m. at Southfield Presbyterian Church, 21575 West 10 Mile Road. Call M. Campbell (248) 477-5953 or E. Lobbstaal, (313) 522-8522.

## BREASTFEEDING SUPPORT

LaLeche League of Livonia meets monthly for breastfeeding support and information. Babies and children are always welcome. Meeting begins at 7 p.m. Please call for location and additional information. Theresa (734) 261-6814; Vicki, (313) 937-3011 and Michele (734) 591-7071.

## FREE CANCER SCREENING

To inform and educate men on the importance of prostate health, Dr. Derrick Williamson, D.O. and Dr. Steven Roth, D.O., Botsford urologist to conduct free lectures, physical screening exams and PSA blood tests. 7 p.m. at Botsford General Hospital's Community Room, 28050 Grand River Ave., in Farmington Hills. Call to preregister, (248) 477-6100.

## Outing to benefit pituitary patients

Golfers who want to putt for patients of pituitary diseases have until May 15 to register for a special benefit tournament. The golf charity, the first of its kind in the country, will take place June 3 at Dunham Hills Golf Course in Hartland, beginning at 10 a.m. The event is sponsored by the Michigan Chapter of the Pituitary Tumor Network Association, a non-profit organization dedicated to increasing public awareness of pituitary diseases.

The four-person scramble costs \$100 for an individual entry and \$400 for a foursome. Business organizations may sponsor special events, including the Hole-in-One and Longest Drive contests, or holes.

Teresa Sullivan, the coordinator of the Michigan Chapter of PTNA in Brighton, said proceeds from the event will help the chapter promote and sponsor various events to educate pituitary tumor patients and their family members about the

effects of such tumors.

While only 1 or 2 percent of the world's population experience pituitary tumors, Sullivan said, the number of cases has been increasing in recent years as detection and diagnostic methods improve and physicians' understanding of pituitary disease increases.

The pituitary gland, located at the base of the brain, regulates hormone secretion in the blood, which in turn signals other glands, such as the thyroid and pancreas, to produce additional hormones.

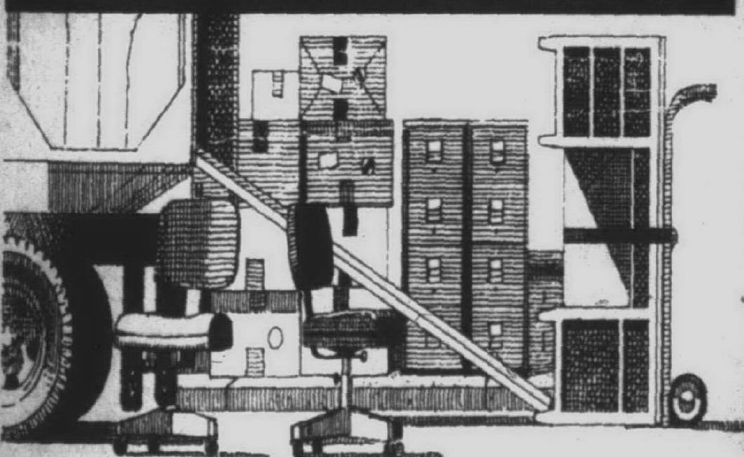
The slow-growing pituitary tumors are almost always benign, but they cause over-secretion or decreased secretion of hormones. Large pituitary tumors also may impair vision by spreading to nearby optic nerves.

For more information on the golf outing, contact Teresa Sullivan at (810) 227-6615.

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# Web gets deeper with new sites



MIKE WENDLAND

**PC TALK**  
Someone once said that it isn't important to know a lot of facts ... only where you need to go to find them. And that's what makes the World Wide Web so fun. Because there is very little in facts, data or information that, with a few keyword searches, you can't locate online.

I am amazed every week by the things I find. Here are some other neat sites I surfed across this past week:

■ **AnyWho** ([www.anywho.com](http://www.anywho.com)) - A few weeks ago, I wrote about a number of sites that are called People Finders, resources for locating phone numbers, addresses and maps. It's so good I put a permanent, full-time link to it on my PCMike site ([www.pcmike.com](http://www.pcmike.com)).

You can do a reverse phone number search here, great for finding out who's paging you.

■ **Cyberpaperboy** (<http://www.cyberpaperboy.com>) - This site just gets better and better. A labor of love from Net aficionado David Akerley, this site lets you search by individual states for local and

regional news.  
■ **U.S. Library of Congress News** (<http://lcweb.loc.gov/rr/news/ot.html>) - Even the US Library of Congress is into online news. On this site, they've put links to hundreds of the world's online newspapers and journals.  
■ **Babynames.com** (<http://www.babynames.com>) - Whether you're an expecting parent, new parent or just interested in names and meanings, you will find what you need on this site. Instant search for the meaning behind the most popular names.

■ **Cancer Trials Web Site** (<http://cancertrials.nci.nih.gov/>) - The big health story last week dealt with an experimental drug that has been shown to cure cancer in mice. This site from the National Cancer Institute offers information on the role of cancer trials in advancing cancer research.

■ **MEAP Scores** (<http://www.mde.state.mi.us/reports/meap/>) - There's been a lot of controversy about the MEAP scores of Michigan students. This is the official state site that lists them all.

■ **Tiny Keychain Guns** (<http://www.cnn.com/TRAVEL/NEWS/9805/06/keychain.guns/index.html>) - There was a tremendous amount of news coverage last week about those small, inexpensive, two-shot pistols

that have gone undetected through metal detectors at airports in Europe. I've received e-mail from a couple of teachers asking for a picture.

■ **Computer Virus Myths** (<http://kumite.com/myths/>) - Webmaster Rob Rosenberger is an expert on computer viruses and he says that almost every warning you receive by e-mail is a hoax.

■ **Online printing** (<http://www.originalab.se>) - This site is in Sweden but it allows you to create business cards, calendars from year 1800 to 9999, and greeting cards. You get a back ready for your printer, or you can take the file to your local print shop for printing. And best yet, it's all free.

■ **Free PC Mike Mailing List** (<http://www.pcmike.com>) - My column only appears in the Sunday editions of the Observer & Eccentric Newspapers and my WXYT-Talkradio and WDIV-TV reports from Friday through Sunday. This free e-mail newsletter will keep you up to date on late-breaking news and resources affecting PC users and the Internet. You can subscribe free from the pcmike.com page.

Mike Wendland covers the Internet for NBC-TV Newschannel stations and can be seen locally on WDIV-TV4. You can reach him through his Web site at <http://www.pcmike.com>

## BUSINESS CALENDAR

### MON, MAY 11

#### RETAINING EMPLOYEES

Don Vleck (former VP of Domino's Pizza), and Paul J. Theisen (employment specialist) are hosting a seminar on obtaining and retaining quality employees. 7:50 a.m. to noon at Laurel Manor located on Schoolcraft Road in Livonia. Cost, \$297 for

workshop. Call 1-800-459-0438 for reservations.

### TUE, MAY 12

#### ACCOUNTING CONFERENCE

An Accounting for Tax Practitioner Conference will be held at the Laurel Manor in Livonia. The registration fee is \$135 for MACPA members; \$175, non-

members. Suggested CPE credit: eight hours. accounting/auditing credits.

**MPG: RESOURCE PLANNING**  
The Michigan Manufacturing Technology Center will host a workshop on Manufacturing Resource Planning (MRP II) at Schoolcraft College from 8 a.m. to noon (\$175 cost). Call Barbara Bartolatz, 1-800-292-4484, Ext. 4165, for more information.

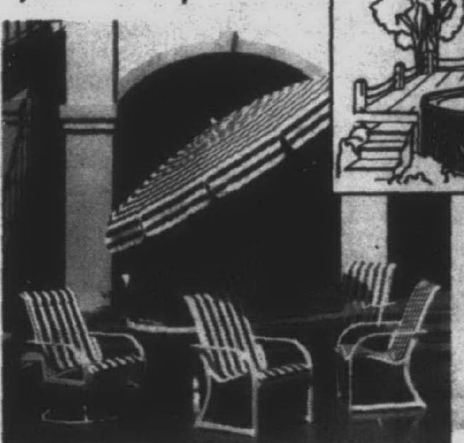
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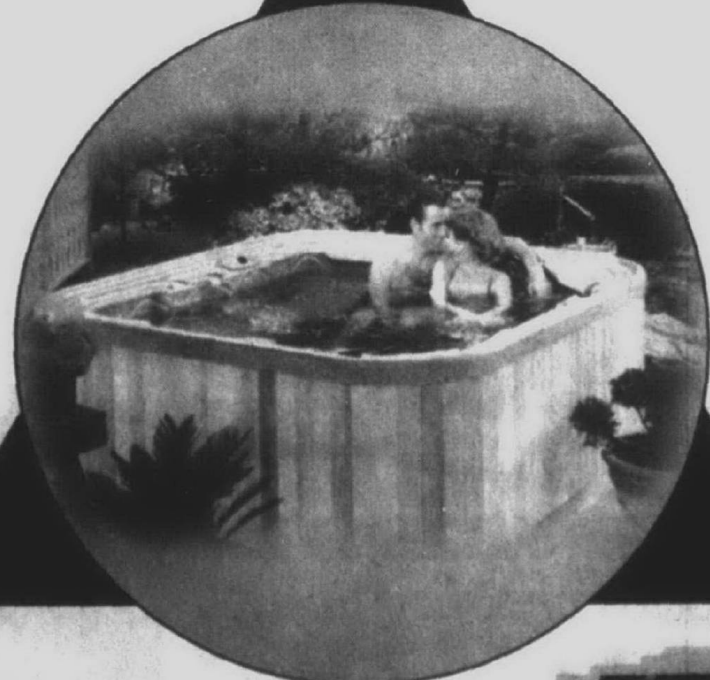
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# Arts & Leisure

The Observer

INSIDE:  
Travel

Page 1, Section C

Keely Wygonik, Editor 734-953-2105

on the web: <http://observer-eccentric.com>

Sunday, May 10, 1998



**Classical Bells:** Kay French (first row, left), Carl Reyes; Darlene Ebersole (second row), Donna Calhoun, Corrine Kert; Darcie West (third row), Millie Everson, Sue Trisch; and Doris Edwards (fourth row), Judi Rachwitz, and Julie Sigler ring their handbells in a Sunday, May 17 concert at St. Matthew's United Methodist Church in Livonia.

## Teamwork gives Classical Bells a very nice ring

**D**arlene Ebersole compares her Classical Bells ensemble to the Rockettes or a football team.

The 13-member group must work together to make "Maple Leaf Rag" sound the way Scott Joplin intended. The ragtime tune is one of several with which Classical Bells will ring in their 15th anniversary Sunday, May 17, with 135 handbells and 63 hand chimes at St. Matthew's United Methodist Church in Livonia.

"Chattanooga Choo Choo" never sounded like this. Classical Bells' toe-tapping music, a mixture of jazz, ragtime, popular tunes and sacred favorites including Handel's "Pascaglia," "Takeda Rhapsody" with oriental gong, "Ain't Misbehavin'," and "Song of Triumph" with harp and

chimes, is sure to please every one on hand.

"The most contagious part is the teamwork involved and that's what makes it fun," said director Darlene Ebersole of Canton. "It's like no other instrument. It's like taking a piano apart and giving everyone two to three keys to play."

### Techniques

During a rehearsal on May 4, the handbell ringers used a variety of techniques from hitting the bells

with mallets to plucking the bells and damping the ring. Depending on the song, Ebersole switches ringers around from section to section for variety.

"It's very demanding to play whether in the bass or treble section, which at times requires four to six bells in hand," said Ebersole, who is also bell director at St. Matthew's United Methodist Church.

Added Julie Sigler of Troy, "ringers in the bass section we found out they burn out in a couple of years because it's just so much work."

Classical Bells, like most handbell choirs, wear gloves while playing with sound justification. Ebersole compares the bronze hand bells to the Liberty Bell and tower bells that form a green patina from exposure to the elements.

"There's a number of reasons for the gloves," said Ebersole. "It's traditional for bell ringers number one, but we've also got our hands on the bells for certain techniques and there's no protective covering. It also prevents our hands from getting callouses during a 3-hour rehearsal or performances during the week and many ringers play in two or three choirs."

Bells of every size lay on the black velvet-covered tables in front of the ringers who play from piano scores. These bells are cleaned and clappers removed once a year. Twice a year, they're polished on the outside.

Please see TEAMWORK, C5

## ART HOMETOWN CANVAS

### MAKING ART MATTER



Betty Ruedisueli



Bill Waterhouse



Janet Torno and Gene Hammonds



Bob Sheridan



Jennifer Tobin



Marsha Chamberlain



Fern Barber

## MARKETING A CAUSE

Advocates make case for lifelong learning through the arts

**F**or art organizations throughout the area, the ubiquitous "m" word keeps coming up — marketing.

Clearly, it's a sign that those who promote the arts aren't practicing elitism but a new-styled salesmanship aimed at mass appeal.

Throughout a recent two-hour public discussion entitled, "Building the Arts from the Grassroots," a panel of eight arts advocates swatted at the "m" word as it fluttered like a cagey bee around their heads.

Apparently, they're getting used to talking like brazen entrepreneurs. Actually succeeding at marketing, however, is a game of hit and miss.

Welcome to Arts Advocacy 101, also known as, "How to sustain the arts at the edge of the 21st century."

According to panelists, the formula for success sounds like a 1990s mantra — a blend of populist appeal, capitalist zeal for self-sufficiency

and a finely tuned marketing plan.

"Building the Arts from the Grassroots" was part of the ongoing public discussion about culture and community sponsored by the Observer & Eccentric Newspapers.

### Central to life

Other than to keep open their doors, the overriding objective for arts organizations is to convince their respective communities that the arts aren't tangential to life but central to lifelong learning.

The arts, the panelists agreed, provide an "inclusive" way to promote diversity and community pride.

That's hardly a surprising position. But the panelists' idealism is tempered with a pragmatic attitude.

"I'm an idealist. My goal is to keep the arts alive," said Janet Torno, executive director of the

**WHAT:** "Building the Arts from the Grassroots" was held Saturday, May 2, at the William Costick Activities Center in Farmington Hills in conjunction with the Third Annual Farmington Festival of the Arts.

The forum was part of an ongoing discussion initiated by the Observer & Eccentric Newspapers about the state of the arts in our communities. It is in response to the "American Canvas Report" released by the National Endowment for the Arts in the fall of 1997. This is the third of a series of articles, which addresses this subject. Previous articles were published on Oct. 26, 1997 and Feb. 1, 1998.

**WHO:** Participants in this forum, which addressed the mission of local arts organizations, included representatives from:

- Ann Arbor Art Center — Marsha Chamberlain
- Birmingham Bloomfield Art Center — Janet Torno
- Canton Art Association — Gene Hammonds
- Farmington Arts Commission — Fern Barber
- Livonia Arts Commission — Bob Sheridan
- Paint Creek Center for the Arts, Rochester — Betty Ruedisueli
- Plymouth Arts Council — Jennifer Tobin
- Southfield Parks & Recreation Dept./Centre for the Arts — Bill Waterhouse

**NOTE:** These arts organizations offer a range of fine art classes, exhibits, annual art fairs, outreach programs and performance venues. The commissions serve as umbrella agencies for local arts groups.

### Available on Cable/Video

"Building the Arts from the Grassroots" will air during May on Channel 8 in Farmington/Farmington Hills. For a copy of the videotape, call Sally LePla-Perry, Farmington Area cultural arts coordinator, (248) 473-9583.

Please see CAUSE, C2

## Glitter of glass mesmerizes artist

**What:** An exhibit of glass vessels and flowers by Theresa Pierzchala, an instructor at Center for Creative Studies College of Art and Design.

**When:** Through Wednesday, May 27. Hours are 9 a.m. to 9 p.m. Monday to Thursday, until 5 p.m. Friday and Saturday, and 1-5 p.m. Sunday.

**Where:** Livonia Civic Center Library (second floor showcases), 32777 Five Mile Road, east of Farmington Road.

Theresa Pierzchala was working at a pizzeria for more than 10 years when she decided at the age of 30 to return to school. Intrigued by glass art from childhood, Pierzchala entered Center for Creative Studies College of Art and Design with no idea that creating art with hot glass would become a passion.

The 39-year-old Detroit artist is now an instructor in the crafts department at Center for Creative Studies College of Art and Design where she received a bachelor of fine arts degree. It's evident when Pierzchala talks about glass,

she's still mesmerized by the medium.

"Being Polish, I've always been fascinated with the cut glass at the Polish Cultural Center," said Pierzchala, who grew up on Detroit's eastside. "I always wanted as a kid to live in stained glass windows. Even now, I wouldn't mind taking an excursion inside."

Pierzchala likes to refer to her blown glass vessels as landscapes. Not merely surface decoration, Pierzchala layers various colors of glass to instill depth

Please see GLASS, C2



**Hot glass:** Theresa Pierzchala layers dimension into vessels resembling abstract landscapes.

### ARTS FESTIVAL



**Woodcut print:** "No One is to Blame" by artist Michael McCullough.

## Greektown art fair delivers food, culture

Michael McCullough is working night and day to make sure he has enough woodcut prints for the Greektown Arts Festival Friday-Sunday, May 15-17.

The Farmington Hills artist is doubling his stock of black and white and color woodcuts of nature, lighthouse, animal, and ethnic scenes. They were a popular item at last year's show.

"Greektown is an excellent show along with Art in the Park in Plymouth and the Birmingham Art Fair in fall," said McCullough, a graduate of

Churchill High School in Livonia.

McCullough likes the "energy of German Expressionists" Edvard Munch, actually a Norwegian, and Franz Marc who frequently used woodcuts, lithographs and intaglio prints to address social issues and political injustices in early 20th century Germany. McCullough own prints convey a similar power. A black and white stormy seascape is reminiscent of the terror in Munch's work.

Please see GREEKTOWN, C5

### Greektown Arts Festival

**What:** Produced by the Greektown Merchants Association in cooperation with the Michigan Guild of Artists and Artisans, the eighth annual festival features work by 125 visual artists and entertainment by local and national touring acts.

**When:** 5-10 p.m. Friday, May 15, 11 a.m. to 10 p.m. Saturday, May 16 and noon to 6 p.m. Sunday, May 17. The Imagination Station offers free art activities for kids and their parents from noon to 5 p.m. each day of the festival.

**Where:** Monroe, St. Antoine and Beaubien streets in Detroit's Greektown.

**Cost:** No charge. For more information, call (313) 963-5445 or (734) 662-3382.



Cause from page C1

Birmingham Bloomfield Art Center.

For Torno, that's meant changing the name of what was known as the Birmingham Bloomfield Art Association, thereby broadening its identity from a neighborhood organization to a regional art center.

"We looked at the demographics (of the membership), and realized that we're a gathering place for people in the region," she said.

A "gathering place" is not to be mistaken as a substitute for public arts education, said Betty Ruedisueli, executive director of the Paint Creek Center for the Arts in Rochester.

"Schools cannot drop their arts programs," she said. "We're perhaps the next step for students. We can keep their interest alive."

Initial exposure and instruction to the arts, according to Ruedisueli, should remain in primary and high schools.

The recent success of arts organizations is largely based on an evolving grassroots interest in the arts that began with the cultural upheaval of the 1960s,

said Marsha Chamberlain, executive director of the Ann Arbor Art Center.

"It'd be a mistake to position ourselves as an alternative (to public arts education)," she said.

"We provide programs to augment curriculums."

But as some public schools reduce funding for art programs, art organizations are indeed stepping up.

Instructors at the BBAC, for instance, are teaching art classes to students from the Pontiac School District, which eliminated art from their curriculum.

**Centers for art**

Arguably, the only issue more controversial than contemporary art seems to be public funding for the arts, said Bill Waterhouse, director of Southfield parks and recreation department, which oversees the Southfield Centre for the Arts.

The Southfield Center for the Arts offers facilities, and promotes the activities of arts groups through the city's cultural affairs office.

"We try to provide the basis for any organization to go out and raise money (to sustain them-

selves)," said Waterhouse. "But they have to take ownership."

While Livonia and the Farmington area have the equivalent of a cultural affairs office, only Southfield has an actual physical structure - an "arts center."

"It's a tough sell," said Bob Sheridan, chair of the Livonia Arts Commission. "A great deal of the budget goes to basic city services. Libraries and the arts just can't seem to get enough."

In Canton, two community buildings are used to host exhibits. Meanwhile, two years into a study to determine how to build a community theater, supporters are still searching for funding sources, said Gene Hammonds, president of the Canton Art Association.

An alliance with Plymouth arts groups, Project Arts, has helped to consolidate resources.

"There's definitely strength in numbers," said Hammonds.

Despite the odds of public funds going to build an art center, Farmington artists are encouraged that their day will come.

Some consider the recent success of the Farmington Festival of the Arts as the strongest argument for a local art center.

"In our area, 63 languages are spoken," said Fern Barber, president of the Farmington Arts Commission. "The art (in the festival) is an example of our multicultural diversity."

The Farmington festival brought together 23 arts groups, representing about 1,500 artists from many disciplines.

Largely through the Farmington Community Art Association, which organized the festival,

enough money and in-kind services were raised to support the event, said Barber.

To succeed amid a climate of reduced public funding while trying to attract volunteers, corporate sponsors and members, art organizations are learning to sound and act like aspiring entrepreneurs.

"The arts at a community level have to be run like a business," said Southfield's Waterhouse.

"Yet it's difficult for a volunteer-driven organization to be run like a business."

Corralling the energies of a largely volunteer staff might be like trying to nail down Jell-O.

Through public and member surveys, however, many of the larger art centers have adapted an age-old principle of generating supply to meet demand.

"Growth in the arts has to do with organizations being better at understanding their communities and programming based on what people want," said Chamberlain of the Ann Arbor Art Center.

Appeals to corporate sponsorships have also increased as the public grant process has grown cumbersome and increasingly competitive, she said.

"Before corporations would give us money upfront," said Chamberlain. "Now it's market-driven. They want to know how many times their name will

appear.

"But it all helps to build audiences."

While attracting members and funds is a top priority, arts organizations also hope to deflate the mystique of the arts, according to the panel.

"We're attempting to bring art to a level where the average person can appreciate it," said Sheridan of the Livonia Arts Commission.

"One of the key roles is to make people feel comfortable with the arts," said Torno of the Bloomfield Birmingham Art Center.

Making art accessible, however, isn't the same as diminishing the power of art to educate and provoke.

"It's important that the arts occasionally make people feel uncomfortable. Art is sometimes about social issues that involve all of us," said Paint Creek's Ruedisueli.

"The real value of what we do is to help people develop their creative processes," said Ann Arbor Art Center's Chamberlain.

"Exhibits of diverse art is the entree to different levels of learning."

In its report on the state of American culture, "American Canvas," published last October, the National Endowment for the Arts concluded that the arts establishment had to "undergo a

wholesale overhaul."

The report recommended that cultural institutions need to "open up" to serve a larger public.

The first step in "opening up the arts," according to the panel, is to increase public awareness of the essential role of the arts in building communities.

The timing not only seems right, but the panelists each spoke with a sense of urgency.

No wonder. As the Internet facilitates speed-of-light communication, the nature of community is undergoing a fundamental change.

In the cultural state of flux, the opportunity is at hand for art organizations to advocate and educate, said Jennifer Tobin, executive director of the Plymouth Arts Council.

A program at the Plymouth Arts Council invites young mothers to come together to plan exhibits as their children play in an adjacent room.

"It's moms learning about art," said Tobin. "Art organizations are a place where people can come to feel, share and communicate about their lives."

"(The arts) can bridge cultural, geographical and generational differences."

Who could argue?

Now to implement the marketing plan.

**Correction Notice**

In our May 10<sup>th</sup> ad, we incorrectly stated that the Aiwa CT-X428M car deck was a CD deck with CD changer control. This is a cassette deck.

We apologize for any confusion or inconvenience this may have caused.

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**Glass** from page C1

and dimension.

The vessels, flowers and paperweights are on display in the Livonia Arts Commission showcases through May 27 at the Civic Center Library.

Pierzchala also has work at River's Edge Gallery II in Canton, the Detroit Artists Market and Gallery Function Art, Pontiac.

"They're very painterly, definitely landscapes abstracted that use color," said Pierzchala. "I use the natural formation of the color to look deep. The color is what attracts you to go into the depth."

Glass consumes all of Pierzchala's waking hours. When she's not blowing glass, or teaching six hour classes on the

subject, Pierzchala reads about glass and art. "I spend so much time researching and thinking about what I'm going to do next," said Pierzchala.

It's apparent by looking at the work that Pierzchala knows color. She teaches a class in the subject at Center for Creative Studies in addition to glass blowing and casting. "I teach them how effective it is," said Pierzchala. "Whether it's red or yellow, it means totally different things. Deep colors are indicative of a passion. It becomes a totally different work just whether it's gray, black or yellow."

Three layers of transparent wine, white and salmon glass form an abstract which looks

like a mountainous landscape running through the center of one vessel. Green and blue shapes resemble trees and sky in another. "These are heavy," said Pierzchala. "The thick walls allows me to paint three dimensionally instead of two dimensionally."

Lee Alanskas first saw Pierzchala's work at the Livonia Arts Commission's arts and crafts festival last June at Greenmead Historical Village. An award winning artist, Pierzchala took first place in the "Our Town" exhibit at The Community House in Birmingham in 1997. "I love her work," said Alanskas, a Livonia Arts Commissioner. "It's so beautiful."

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**ART FE**

**BIRMINGHAM** 10 a.m. to 5 p.m. Shain Park, and downtown Birm 0866.

**GARDEN CITY** Annual art show works. 10 a.m. & 10 a.m.-2 p.m. Sheridan Square Garden City: (7 963-5445.

**GREETTOWN** 135 artists from 10 p.m., Friday Saturday, noon 17. Greettown Beaubien and 963-5445.

**HOUSE & GAR** Pewabic Potte House and Gar May 15-17 at Birmingham, 3 8793.

**ART IN NORTH** "Discover Art tour of downt restaurants and Sunday, May 1 Northville Arts Northville Cen (248) 348-122

**AU COMF SCH**

**BBAC** Birmingham B Calligraphy St teacher or pra Deadline: Jun Janet Torno, e 1516 S. Cran 48009; (248) 48009; (248) 48009.

**LIFE** The Congre Birmingham, calling artists to enter its a "Celebrate Li Friday, May 2 forms, call (2 LYRIC CHAM Summer Mus musicians ag 13-16 at four for strings, b and piano. A tion fee requ prepared to ( 3 minutes), 1 minor two-oc bers include Symphony O location and 1111.

**MICHIGAN T** Open auditi Dancers 16 Auditions b beginning at TROY COMM Seeks a cho son beginnir must be ava rehearsals f mal concert and various engagement their resurm the chorus. 48099. (24 WORKSHOP 7-9 p.m. Tu 10-28. Prev duction at Festival. Le Niels Herold Oakland Un

**PRINCESS** "Dresses fr Princess of May 15-Su Brook Art U University o \$10, gener under free. Brook Thei programs.

**ANN ARBO** Spring clas collage, w tography a classes be downtown ext. 113.

**THE ART** Adult art drawing, C in drawing Commerci (248) 360 BIRMING

**TER** Spring cla painting, 1 Painting: drawing fr bookbindi grades 1-1 August 11 Mon.-Frid Birmingham 1516 S. ( (248) 64 CREATIVI Spring cli sculpture



# Noteworthy

## Gallery exhibits, art shows, classical concerts

**MAKING CONTACT:** Please submit items for publication to Frank Provenzano, The Eccentric Newspapers, 805 E. Maple, Birmingham, MI 48009 or fax (248) 644-1314

### ART FAIRS & FESTIVALS

**BIRMINGHAM FINE ART FESTIVAL**  
10 a.m. to 5 p.m. Sunday, May 10. Shain Park, and adjacent streets in downtown Birmingham; (248) 644-0866.

**GARDEN CITY ARTS EXHIBIT/SALE**  
Annual art show featuring original works. 10 a.m.-7 p.m. Monday, May 11 & 10 a.m.-2 p.m. Saturday, May 16. Sheridan Square, 30000 Ford Road, Garden City; (734) 277-2697.

**GREEKTOWN ARTS FESTIVAL**  
135 artists from across the country. 5-10 p.m., Friday, 11 a.m.-10 p.m. Saturday, noon-6 p.m. Sunday, May 15-17. Greentown, along Monroe, Beaubien and St. Antoine streets; (313) 963-5445.

**HOUSE & GARDEN SHOW**  
Pewabic Pottery presents "For the House and Garden Show and Sale," May 15-17 at the Community House in Birmingham, 380 S. Bates; (810) 775-8793.

**ART IN NORTHVILLE**  
"Discover Art in Northville," a walking tour of downtown Northville galleries, restaurants and cafes. Noon-5 p.m. Sunday, May 17. Sponsored by the Northville Arts Commission and the Northville Central Business Association. (248) 348-1213.

### AUDITIONS, COMPETITIONS & SCHOLARSHIPS

**BBAC**  
Birmingham Bloomfield Art Center Calligraphy Study Grant for students, teacher or practitioners of calligraphy. Deadline: June 1. Submit proposals to Janet Torno, executive director, BBAC, 1516 S. Cranbrook Road, Birmingham, 48009; (248) 644-0866.

**CALLING ARTISTS TO "CELEBRATE LIFE"**  
The Congregational Church of Birmingham, United Church of Christ is calling artists working in diverse media to enter its annual juried art show, "Celebrate Life." Applications are due: Friday, May 29. Fee: \$10. For entry forms, call (248) 646-4511.

**LYRIC CHAMBER ENSEMBLE**  
Summer Music Camp Auditions for musicians age 9-17 years old on May 13-16 at four locations. Positions open for strings, brass, winds, percussion and piano. A \$10 nonrefundable audition fee required. All students should be prepared to play one solo work (min. 2-3 minutes), plus one major and one minor two-octave scale. Faculty members include members of the Detroit Symphony Orchestra. For list of dates, location and tuition, call (248) 357-1111.

**MICHIGAN THEATRE & DANCE TROUPE**  
Open auditions through August. Dancers 16 years old and older. Auditions by appointment on Saturdays beginning at 2 p.m.; (248) 552-5001.

**TROY COMMUNITY CHORUS**  
Seeks a chorus director for its new season beginning in September. Candidates must be available for Tuesday evening rehearsals from 7:30-9:30 p.m., two formal concerts in May and December, and various other local community engagements. Candidates should send their resume and salary requirements to the chorus, P.O. Box 165, Troy, MI 48099. (248) 879-0138.

**WORKSHOP ON SHAKESPEARE**  
7-9 p.m. Tuesdays and Thursdays, May 10-28. Preview selected plays in production at Canada's 1998 Stratford Festival. Leading the workshop will be Niels Herold and Bruce Mann of Oakland University. Fee: \$250.

### BENEFIT

**PRINCESS DI DRESSES**  
"Dresses from the Collection of Diana, Princess of Wales" will be held Friday, May 15-Sunday, May 17. Meadow Brook Art Gallery, Wilson Hall, Oakland University campus, Rochester. Tickets: \$10, general; \$5, students; children under free. Proceeds go to Meadow Brook Theatre's educational outreach programs. (248) 377-3300.

### CLASSES & WORKSHOPS

**ANN ARBOR ART CENTER**  
Spring classes, including watercolor, collage, weaving, bead stringing, photography and stained glass. Summer classes begin June 15. 117 W. Liberty, downtown Ann Arbor; (313) 994-8004, ext. 113.

**THE ART STUDIO**  
Adult art classes in oils, pastels and drawing. Children's after-school classes in drawing, painting and crafts. 4417 S. Commerce Road, Commerce Township; (248) 360-5772.

**BIRMINGHAM BLOOMFIELD ART CENTER**  
Spring classes include non-objective painting, floral still life, Art Deco Painting: 1920s-1930s. For children: drawing for teens, stone sculpture, bookbinding. Art Camps for children grades 1-9, from June 22-July 3 and August 10-21. Sessions 9 a.m.-3 p.m. Mon.-Friday. Formerly known as the Birmingham Bloomfield Art Association, 1516 S. Cranbrook Road, Birmingham; (248) 644-0866.

**CREATIVE ARTS CENTER OF PONTIAC**  
Spring classes, including drawing, sculpture and painting. Children's class



**Taking flight:** The choreography of Jessica Sinclair and 50 student-dancers, including Kelly Snyder (above), are featured in "An Evening of Dance." The performance will be held 8 p.m. Thursday-Friday, May 14-15 at Cranbrook School's Lerchen Hall, 550 Lone Pine Road. Admission free; (248) 645-3064.

es included drawing and cartooning, painting, mask-making, arts and crafts and printmaking. Teen and adult classes include beaded jewelry, ceramics, photography, Chinese brush painting and blues guitar. 47 Williams Street, Pontiac; (248) 333-7849.

**D & M STUDIO'S SUMMER ART CAMP**  
This year's theme, "North to Alaska." Explore Alaskan Territory through drawings, paintings, paper mache, ceramics and more. Camp runs June-August 14. All classes at Once Upon an Easel, 8691 N. Lilley Road, Canton; (734) 453-3710.

**JEWISH COMMUNITY CENTER**  
Registration for Spring Session, including creative dance, theatrical play, wood carving, wood burning, six steps to basic Judaism, and basic Hebrew reading. 6600 W. Maple Road, West Bloomfield; (248) 661-1000.

**LONGACRE HOUSE - ART CLASSES**  
Range of art classes, including watercolor, drawing and collecting pottery. The Longacre House of Farmington Hills, 24705 Farmington Road, between 10 Mile and 11 Mile roads. To register, (248) 477-8404.

**MARYGROVE COLLEGE**  
"Kindermusik Beginnings," a program for children ages 18 months-3 years. Spring term through June 27. 8425 W. McNichols Road, Detroit; (313) 927-1230.

**MSU MUSIC SCHOOL FOR YOUNG**  
"First Music" classes for children birth to age 5. Children and parents move to music, learn songs and chants, play percussion instruments. Classes meet Friday mornings through May 22. Cost: \$100. Antioch Lutheran Church, Farmington Hills; (800) 548-6157, (517) 355-7661.

**PAINT CREEK CENTER FOR THE ARTS**  
Spring classes for adults and children. Adult courses include basketry, ceramic bead-making, clay, collage, drawing, matting, painting, photography, sculpture, tapestry and watercolor. 407 Pine Street, downtown Rochester; (248) 651-4110.

**U-M DEARBORN**  
Non-credit studio art classes and workshops over 14 weeks begin on May 16. Instructors include Susan Keli, Electra Stamelos, Donna Vogelheim, Grace Serra, Kitty Green, Mary Stephenson. For more information, (734) 593-5058. 4901 Evergreen Road, 1165 AB, Dearborn.

### CLASSICAL

**MUSIC STUDY CLUB OF METRO DETROIT**  
An Afternoon of Glorious Song with Cantor Stephen Dubov and accompanist Zina Shaykhet, 1 p.m. Tuesday, May 12, Temple Beth El, 7400 Telegraph Road and 14 Mile Road, Bloomfield Hills; (248) 851-4307.

**HAMMEL MUSIC CONCERTS**  
Pianist Sue Downs in a program of pop favorites and light jazz 7 p.m. Tuesday, May 12 at Hammel Music in Livonia, 7 p.m. Wednesday, May 13 at Hammel Music's new Bloomfield Hills store on

Telegraph Road; (248) 594-1414.

**MUSICA VIVA INTERNATIONAL**  
"An Evening at the Ford House with Flutist Theodosii Spassov," 8 p.m. Saturday, May 16. Benefit performance on behalf of the American Cancer Society of Childhood Cancers. Tickets: \$15. Ford House, 1100 Lakeshore Road, Grosse Pointe Shores; (313) 884-4222.

**GRAMMY-WINNING TENOR**  
Jerry Hadley in a benefit performance 8 p.m. Saturday, May 16, Michigan Theater, 603 E. Liberty, Ann Arbor. Tickets: \$25-\$100; (734) 763-TKTS.

**B'HAM TEMPLE**  
The Merling Trio 8 p.m. Saturday, May 16. Tickets: \$15, general; \$14, seniors/students. 28611 W. 12 Mile Road between Inkster and Middlebelt, Farmington Hills; (248) 788-9338.

**CHAMBER MUSIC SOCIETY OF DETROIT**  
8 p.m. Tuesday, May 19, pianist Yefim Bronfman. Tickets: \$5-\$39. Orchestra Hall, 3711 Woodward Avenue, Detroit; (313) 576-5111.

### DANCE

**ORIGINAL CHOREOGRAPHY**  
"An Evening of Dance," featuring choreography by Upper School dance instructor Jessica Sinclair. More than 50 dancers perform 8 p.m. Thursday-Friday, May 14-15. Cranbrook School's Lerchen Hall, 550 Lone Pine Road. Admission free; (248) 645-3064.

### LECTURE

**AUTHOR/ACTIVIST PAT MORA**  
Poet, memoirist and children's author Pat Mora 7:30 p.m. Wednesday, May 20 as part of the Emily Fisher Lecture. Kingswood Auditorium, Cranbrook Educational Community, 1221 Woodward, Bloomfield Hills; (248) 645-3492.

**SING IN THE SPRING**  
"Opera, Operetta & All that Jazz," a lecture by Karen DiChiera of the Michigan Opera Theatre, noon Thursday, May 21. Information Technology Auditorium, 1200 N. Telegraph, Pontiac; (248) 858-0415.

### MEETING

**FARMINGTON ARTISTS CLUB**  
7 p.m. Wednesday, May 13, featuring guest speaker Mary Stephenson, teacher and watercolorist. Admission free. Farmington Community Library on 12 Mile Road, Farmington; (248) 478-9243.

### MUSEUMS (ON-GOING)

**MUSEUM OF AFRICAN AMERICAN HISTORY**  
Through June 21 - "Affirmations," the sculpture of Richard Hunt, through June 30 - "The Life & Times of Paul Robeson," Coleman A. Young Exhibitions Room, 315 E. Warren, Detroit; (313) 259-4109.

**KELSEY MUSEUM OF ARCHAEOLOGY**  
Through June 30 - "A Victorian's Passion for Egypt: David Roberts, 1796-1864," Roberts' drawings and paintings during his travels through the middle eastern country. University of Michigan, Ann Arbor; (313) 763-3559.

**DETROIT HISTORICAL MUSEUM**  
Through Sept. 30 - "A Community Between Two Worlds: Arab Americans in Greater Detroit," produced by the Michigan State University Museum and the Arab Community Center for Economic & Social Services, 5401 Woodward Avenue, Detroit; (313) 833-7934.

### OPERA

**MICHIGAN OPERA THEATRE**  
"The Elixir of Love" by Gaetano Donizetti 8 p.m. Wednesday, May 13; Friday & Saturday, May 15-16; 2 p.m. Sundays, May 10 & 17. Detroit Opera House, (at the corner of Madison Avenue and Broadway, one block east of Woodward Avenue), Detroit. Tickets: \$18-\$95, call (313) 874-7464, or (248) 645-6666.

**OPERA'S GREATEST HITS**  
Featuring works from "Madame Butterfly," "Carmen," and "Porgy & Bess," performed by the Detroit Concert Choir. 3 p.m. Sunday, May 17, St. Hugo of the Hills Church, 2215 Opdyke Road, Bloomfield Hills. Tickets: \$12; (313) 882-0118.

### TOURS

**CRANBROOK HOUSE & GARDEN**  
1:30 & 3 p.m. every Sunday through summer. A self-guided tour through the gardens at the historic Cranbrook House, 380 Lone Pine Road, Bloomfield Hills; (248) 645-3147.

### VOLUNTEERS

**MUSEUM DOCENTS**  
Volunteers to conduct school tours for grades 3-11, special pre-school tours and tours to the general public and adult groups. Volunteers receive extensive training, including one-and-a-half days of class per week from September-June. For information, (313) 833-9178.

### WRITING

**CRANBROOK RETREAT FOR WRITERS**  
Register for retreat with more than two dozen renowned authors in various length workshops, from 3-7 days. Areas include poetry, fiction, memoir, nonfiction, screenplay and children's book writing. Cost: \$630, 7-day workshop; \$450, 5-day workshop; \$280, 3-day workshop. On campus housing available. For information, (248) 645-3492. Cranbrook Educational Community, 1221 N. Woodward, Bloomfield Hills.

### GALLERY EXHIBITS

### (OPENINGS)

**MICH ASSOC. OF CALLIGRAPHERS**  
May 11 - In celebration of their 20th Anniversary, the Michigan Association of Calligrapher's is sponsoring an exhibit "Calligraphic Continuum," through June 29. Exhibit includes juried exhibit of work by instructors from around the country. Opening reception 6 p.m. Thursday, May 14. The Galleria, Oakland County Executive Offices, 1200 N. Telegraph, Pontiac.

**HABATAT GALLERY**  
May 15 - The geometric, glass sculpture of Jon Kuhn. Opening reception 7:30 p.m. 7 N. Saginaw, Pontiac; (248) 333-2060.

**SHAWGUIDO GALLERY**  
May 15 - 7 p.m., "One of the Ways," works by Lee Stolar, 7 N. Saginaw, Pontiac; (248) 333-1070.

**STUDENT EXHIBIT/CCS**  
May 15 - 5 p.m., annual Student Exhibition, Center for Creative Studies, 201 E. Kirby, Detroit; (313) 664-7464.

**UZELAC GALLERY**  
May 15 - 7 p.m., "Nancy Raitt," Uzelac Gallery, 7 N. Saginaw, Pontiac; (248) 332-5257.

**DAVID KLEIN GALLERY**  
May 16 - "Recent paintings by Michigan artist Charles Pomplius." Through June 6. 163 Townsend, Birmingham; (248) 433-3700.

**GALLERIE BLUE**  
May 16 - 2 p.m., The sculptures of Bruce Garner. 568 N. Old Woodward, Birmingham; (248) 594-0472.

**U-M DEARBORN/BERKOWITZ GALLERY**  
May 16 - "Botanicals II: Florals & Landscapes by Michigan Artists." Opening reception 1 p.m. Saturday, May 16. Alfred Berkowitz Gallery, third floor, Mardigian Library, 4901 Evergreen, Dearborn; (734) 593-5058.

### GALLERY EXHIBITS (ON-GOING)

**GALLERY BLU**  
Through May 15 - "Works by Lenore Gimpert," 568 N. Old Woodward Avenue, Birmingham; (248) 594-0472.

**POSNER GALLERY**  
Through May 15 - New paintings by Nathaniel Mather and Barbara Coburn. Wood sculptures by Leslie Scroggs. 523 N. Old Woodward Avenue, Birmingham; (248) 647-2552.

**SOUTH OAKLAND ART ASSOCIATION**  
Through May 15 - "Visual Images." American Center Building, 27777 Franklin Road, Southfield; (248) 855-5177.

**THE WETSMAN COLLECTION**  
Through May 15 - "Repetitions Revisited," jewelry from the Netherlands, Germany, Denmark, England, Italy, Slovakia and Norway. 132 N. Old Woodward, Birmingham; (248) 645-6212.

**ARTSPACE II**  
Through May 16 - "New Master Prints by Claes Oldenburg," published by Gemini, G.E.L. of Los Angeles in 1997. 303 E. Maple, Birmingham; (248) 258-1540.

**CARY GALLERY**  
Through May 16 - "Julie Seregny Mahoney, New Paintings," 226 Walnut Blvd., Rochester; (248) 651-3656.

**ELAINE L. JACOB GALLERY**  
Through May 16 - "Flux," an exhibition of ceramics by recent faculty, including Sandra Belcher, Caroline Court, John A. Murphy, Rick Pruckler, Annette Siffen, Joe Zajac. 480 W. Hancock, Detroit; (313) 993-7813.

**CUNIFF STUDIO GALLERY**  
Through May 17 - Sculpture of Dick Hallagan. 11 S. Broadway, Lake Orion; (248) 693-3632.

**BBAC**  
Through May 22 - "Born in the BBAA," artists nurtured by the Birmingham Bloomfield Art Center (formerly the Birmingham Bloomfield Art Association) who have achieved successful careers in the world of art. Featuring works by Barbara Dorchen, Todd Erickson, Thomas Humes, Carol Luc, Stephen Magsig, Gail Mally Mack, Claudia Shepard, Mary Brecht Stephenson, Christine Welsh. 1516 S. Cranbrook Road, Birmingham; (248) 644-7904.

**CREATIVE RESOURCE**  
Through May 23 - "River of Light: An Exhibit of Contemporary Impressionism," oils and pastels by Anatoly Dverin. N. Old Woodward at Maple, downtown Birmingham; (248) 647-3688.

**ROBERT KIDD GALLERY**  
Through May 23 - "Bob Nugent: New Paintings," and "Christina Bothwell: New Sculpture," 107 Townsend Street, Birmingham; (248) 642-3909.

**SUSANNE HILBERRY GALLERY**  
Through May 23 - "New Works by John Rowland," 555 S. Woodward, Birmingham; (248) 642-8250.

**OBJECTS OF ART**  
Through May 23 - Students from Orchard Lake Middle School in West Bloomfield display and sell artwork, including jewelry, clay, paintings, sculptures, drawings. 6243 Orchard Lake Road, East Bloomfield; (248) 539-3332.

**HIGH SCHOOL ART COMPETITION**  
Through May 25 - Annual high school competition of 26 schools. Birmingham Bloomfield Art Center, 1516 S. Cranbrook Road, Birmingham; (248)

644-0866.

**LIVONIA CIVIC CENTER LIBRARY**  
Through May 27 - The glass sculpture of Theresa Pierzchala, the watercolors of Donna Vogelheim, and a mixed-media exhibit by members of the Visual Arts Association of Livonia. 32777 Five Mile Road; (734) 421-2000, ext. 351.

**A.C.T. GALLERY**  
Through May 29 - "The New Member Show," 35 E. Grand River, Detroit; (313) 961-4336.

**PLYMOUTH COMMUNITY ARTS COUNCIL**  
Through May 29 - "Hanging by a Thread," fiber works by Cynthia Wayne Gaffield, Chris Roberts-Antieu and Kathy Zasuwa. 774 N. Sheldon Road; Plymouth; (734) 416-4278.

**ARIANA GALLERY**  
Through May 30 - "12th Annual Teapot Show," featuring a silent auction of a Warren Mackenzie teapot. Features over 60 artists. 119 S. Main, Royal Oak; (248) 546-8810.

**ELIZABETH STONE GALLERY**  
Through May 30 - 6 p.m., "No Rhyme or Reason: Whimsical Nursery Rhymes, Fables and Tales," the art of Joel E. Tanis. 536 N. Old Woodward, Birmingham; (248) 647-7040.

**LAWRENCE STREET GALLERY**  
Through May 30 - "Exposures: Photography '98," 6 N. Saginaw, Pontiac; (248) 334-6716.

**9TH ANNUAL BASKETRY INVITATIONAL**  
Through May 30 - Internationally recognized basketry exhibit features work of 30 artists from the U.S. and Japan. The Sybaris Gallery, 202 E. Third Street, Royal Oak; (248) 544-3388.

**REVOLUTION**  
Through May 30 - "Cultural Containment: Works by Stephen Tourientes," and the conceptual art of Jim Melchert. 23257 Woodward Avenue, Ferndale; (248) 541-3444.

**BOOK BEAT**  
Through May 31 - "The Garden: Recent photographs, collages and paintings by Jeffrey Silverthorne," 26010 Greenfield Road, Oak Park; (248) 668-1190.

**DECORATIVE ADDITIONS**  
Through May 31 - "Photography of Maureen Electa Monte." Adams Square Building, 725 S. Adams Road, Birmingham; (248) 594-0826.

**DIA**  
Through May 31 - "Detroit Public Schools Student Exhibit," featuring works of 500 students. 5200 Woodward, Detroit; (313) 833-7900.

**TROY LIBRARY**  
Through May 31 - Artwork of Kris Azelis Lamb. 510 Big Beaver, Troy; (248) 524-3538.

**PAINT CREEK CENTER FOR THE ARTS**  
Through June 5 - "CHAINART," an exhibit in the main gallery, an installation by Mary Bates in the first floor gallery. 407 Pine Street, Rochester; (248) 651-4110.

**HILL GALLERY**  
Through June 6 - "Wes Mills: Drawings," "Ken Price: Sculpture," 407 W. Brown Street, Birmingham; (248) 540-9288.

**MOORE'S GALLERY**  
Through June 6 - "Images of Africa," paintings by Enock Ilunga, Bill Murcko, Shirley Howells and Peter Sibeko. 304 Hamilton Row, Birmingham; (248) 647-4662.

**PEWABIC POTTERY**  
Through June 6 - Works of Sally B. Brogden, Joyce Robins, Alec Karros. 10125 E. Jefferson, Detroit; (313) 822-0954.

**THE ANDERSON GALLERY**  
Through June 20 - "New Sculpture" by Susan Aaron-Taylor. Opening reception 7 p.m. Friday, May 15. 7 N. Saginaw, Pontiac; (248) 335-4611.

**ARNOLD KLEIN GALLERY**  
Through June 30 - "Heavens," featuring Michigan artists Sargent Eckstein, Bob Jacobson, Karen Klein, Karin Klue, Donella Vogel. 32782 Woodward Avenue, Royal Oak; (248) 647-7709.

**Ethereal: "The Fool's Journey," an exhibit of new sculpture by Susan Aaron-Taylor opens Friday, May 15 at The Anderson Gallery.**



## BOOKS

# Food writer's memoirs recall a tumultuous life and times

**Tender at the Bone: Growing Up at the Table**  
By Ruth Reichl  
(Random House, \$23)



VICTORIA DIAZ

This flavorful, satisfying memoir authored by New York Times food writer Reichl begins with a rather startling revelation: When she was a small child growing up in New York City, she

learned her way around the kitchen in order to save herself and others. Her high-strung mother, she relates, was "taste-blind and unafraid of rot." And, though this may seem slightly comical some 30 or 40 years later, Reichl assures us that, at the time, it was something to be dealt with seriously.

"My mission," she recalls, "was to keep Mom from killing anybody."

Slowly, at the elbow of occasional household maids (two of whom are depicted here in almost tactile color), the budding gourmet learned the secrets to memorable cooking in general, plus the alchemy behind such "specific dishes" as wiener schnitzel and apple dumplings. (Yes, she shares recipes here, although "Tender at the Bone" is no more a cookbook than it is a collection of restaurant reviews.)

Her culinary talents really blossomed a bit later, however, when she began to entertain hungry high school friends at unchaperoned house parties. (To say that her mother and father were rather unconventional in their approach to parenting is an understatement.) Her gifts were honed further during her college

days at the University of Michigan and on trips abroad. She also racked up some highly valuable experience at a San Francisco collective during the '70s where "everybody did everything, from cooking the food to mopping the floor."

"... there was no job I didn't like," Reichl says of the time she spent at the collective restaurant "from lifting fifty-pound sacks of flour off the delivery truck to burning my hands on hot plates as I snatched them from the dishwasher."

While food, glorious food, may be the centerpiece for "Tender at the Bone," Reichl's book, however, is ultimately a look at people, places and an era. Lucky for us, it is rendered in an engaging journalistic style, spiced with wit and humor, and leavened with a healthy dollop of insight. (Occasionally, it is enlivened, according to Reichl, with a soupçon of fantasy, too.) If it's a bit of a mishmash in regard to form and structure, its hodgepodge quality seems to detract relatively little overall.

Reichl's various and lively cast is headed up by her highly unpredictable, unstable mother, who was often given to grandiose plans for parties, entertaining and life in general that she would eventually abandon to her husband and young daughter. ("When lithium entered our lives ... years later we were deeply grateful," writes the author, in reference to her mother's eventual diagnosis and treatment.)

Other important players here include Aunt Birdie, who couldn't cook but did make the world's best potato salad; Serafina, Reichl's beautiful and mysterious Ann Arbor roommate; the author's "sweet and accommodating" — though rather insular — father; and Doug, the hungry

Ann Arbor artist who showed up on her Packard Road doorstep one summer evening in the late '60s, stayed to enjoy a sauerbraten-and-potato-pancake dinner and, eventually, became her husband.

As to Reichl herself, her character/essence seems revealed mostly through the voice of the storyteller — which is informed and informal, sophisticated and unpretentious, sincere and imaginative all at once.

Reichl's ability to spirit any reader away to scattered points on the globe also adds significantly to the luscious texture of this memoir. It's a delight to visit on these pages the modest Greenwich Village apartment where she started her life in the '50s, the above-mentioned Packard Road roost she called home on the "wrong side" of Ann Arbor, a Tunisian medina fragrant with "saffron, cayenne, mint and cumin," the Berkeley commune circa 1970, a shadowy French wine cellar "where ancient electric heaters rested on the dirt floor, keeping the red wines comfortable."

Finally, "Tender at the Bone" is a kind of delicious history that reveals to us not just something about these people and places but about the times in which they existed, also. For those readers who regard the Eisenhower era and tumultuous '60s and '70s as an especially significant period, this book should hold special significance. The author's remembrances of life in Ann Arbor and Berkeley during this latter time are not just up-close and personal — they're often fascinating.

At the outset, Reichl tells us, "I learned that the most important thing in life is a good story." No doubt about it, "Tender at the Bone" is a good story.

## BOOK HAPPENINGS

**Book Happenings** features various happenings at suburban bookstores. Send news leads to Hugh Gallagher, Observer & Eccentric Newspapers Inc., 36251 Schoolcraft, Livonia, MI 48150, or fax them to (313)591-7279, or e-mail him at hgallagher@oe.homecomm.net

### SOUTHFIELD LIBRARY

Rick Bloom, CPA and attorney, discusses financial matters 2 p.m. Monday, May 11; Paul Heron discusses and signs "Anais Nin: A Book of Mirrors," 7:30 p.m. Tuesday, May 12 at the library 26000 Evergreen Road, Southfield, (248)948-0460.

### BORDERS (BIRMINGHAM, SOUTHFIELD)

Poetry Discussion Group discusses Louise Glück's Pulitzer Prize-winning book "The Wild Iris," 1 p.m. Sunday, May 10; Mother-Daughter Book Group discusses Patricia MacLachlan's "Baby," 7 p.m. Monday, May 11; open mic poetry night, 7 p.m. Wednesday, May 13; folk singer Bob Miller, 11 a.m. Saturday, May 16; Joyce White talks about and signs "Soul Food: Recipes and Reflections from African-American Churches," 1 p.m. Saturday, May 16; Eric Lugosch performs, 4 p.m. Saturday, May 16 at the store, 31150 Southfield Road, (248)644-1515.

### BARNES & NOBLE (NORTHVILLE)

Nancy Washburne signs "Snorkeling Guide to Michigan Inland Lakes," 7:30 p.m. Friday, May 15, at the store 17111 Haggerty Road at Six Mile, Northville.

### BARNES & NOBLE (BLOOMFIELD HILLS)

Joyce White signs "Soul Food: Recipes and Reflections from African-American Churches" noon Friday, May 15; St. Dunstan's Theatre Guild cast members of "Into the Woods" read stories and Sandra Scott signs "Starting Again," 10 a.m. to 6 p.m. Friday, May 15, to benefit St. Dunstan's Theatre Guild at the store 6575 Telegraph Road, Bloomfield Hills (248)540-4209.

### MURDER, MYSTERY & MAYHEM

Fiction group discusses Ursula Hegl's "Intrusions," 7 p.m. Thursday, May 14, at the store, 35167 Grand River, Farmington (248)471-7210.

### BORDERS (ROCHESTER HILLS)

Robert Goldstein discusses the political and historical aspects of flag desecration, 6:30 p.m. Wednesday, May 13, at the store 122 S. Rochester Road, Rochester Hills (248)652-0558.

### BORDERS (DEARBORN)

Zonya Foco signs and discusses "Lickety-Split Meals," 7 p.m. Sunday, May 10; J.D. Salinger discusses "Catcher in the Rye," 7 p.m. Thursday, May 14; Vocal

Arts Ensemble performs 7 p.m. Friday, May 15; Dandy the Chip Bear with Mike and Daniel Campbell, 11 a.m. Saturday, May 16 at the store, 5601 Mercury Drive, Dearborn, (313)271-4441.

### SHAMAN DRUM

Judith Elkin discusses "The Jews of Latin America," 4 p.m. Monday May 11; Grace Lee Boggs reads from "Living for Change: An Autobiography," 8 p.m. Tuesday, May 12; Constance Cook discusses "Lobbying for High Education: How Colleges and Universities Influence Federal Policy," 4 p.m. Wednesday, May 13; Josip Novakovich reads from "Salvation and Other Disasters," 8 p.m. Thursday, May 14, at the store 313 South Street, Ann Arbor 734-662-7407.

### BORDERS (ANN ARBOR)

Mitch Albom signs "Tuesdays with Morrie," 7:30 p.m. Monday, May 11; Nancy Washburne signs "Snorkeling Guide to Michigan Inland Lakes," 7 p.m. Tuesday, May 12; Sigrid Nunez signs "Mitz: The Marmoset of Bloomsbury," 7:30 p.m. Wednesday, May 13; Rick Moody signs "Purple America," 7:30 p.m. Thursday, May 14; Dorinda Hafner signs "United Tastes of America," 3 p.m. Saturday, May 30 at the store 612 E. Liberty, Ann Arbor (734)668-7652.

## Park West auctions art works

**SOUTHFIELD, Mich.**, May 7 /PRNewswire/ — When the auctioneer's hammer falls on May 24 and 25, Park West Gallery of Southfield, Michigan will offer more than 400 custom-framed original works of fine art at a public auction.

The auction, featuring creations by old and modern masters, Altman, Peter Max, Tarkay and more than 30 contemporary living artists, begins at 3 p.m. on Sunday, May 24, and at 8 p.m. on Monday, May 25, at the Marriott East Lansing, 300 M.A.C. Avenue in East Lansing, Michigan.

There will be a one-hour preview before each auction time.

Auction items, spanning five centuries, include wood engravings by Renaissance artist Albrecht Dürer; rare etchings by Rembrandt; etchings by Goya; hand-signed works from the 1920s-'60s by Picasso; a selection

of aquatints, etchings and lithographs from most periods by Miro, original prints by Chagall, and a special collection of rare hand-signed Dali wood engravings from the '50s and '60s.

"Since 1969 Park West has worked directly with artists and estates in bringing high quality works of fine art at affordable prices directly to the public," said Albert Scaglione, president and Founder of Park West Gallery.

"We liquidated the estates of Erte and Escher. We have the exclusive worldwide contracts for new works at auction from Tarkay, Golsky, Wood, Fanch, Medvedev and many other artists. We continually bring new high quality works to the auction market. Buying from us is buying from the artist. No other auction company can make

that claim," continued Scaglione. Also crossing the auction block will be the Park West Collection, over 400 paintings, watercolors, drawings, lithographs, serigraphs and etchings by many world renowned living artists — Altman, Picot, Agam, Fanch, Mouly, Max, Cambier, Dus, Chemiakin, Ali Golsky, Dubi Arie, Steynovitz, Wood, Cam-bour, Tarkay, Krasnyansky and many more.

The Park West Collection works come directly from the artists and, in most cases, Park West is the world's largest dealer for the artist's works.

Park West is the only touring auction gallery to give complete catalog descriptions which meet all federal and state requirements. Each work comes with a Certificate of Authenticity. For additional information, contact Park West Gallery at 248-354-2343, or 800-521-9654.

# GUIDE TO THE MOVIES

<p><b>General Cinemas</b> Bargain matinee daily plus \$3.25 (Two-Lite) show daily</p> <p><b>Novi Town Center II</b> Novi Rd. South of I-96 248-344-0077 Advance same-day tickets available</p> <p><b>OBJECT OF MY AFFECTION (R)</b> 1:40 (4:30 @ \$3.50) 7:20, 9:55</p> <p><b>MERCURY RISING (R)</b> 1:00, 9:25</p> <p><b>MAJOR LEAGUE 3 (PG-13)</b> 1:00 (5:00 @ \$3.50) 7:10</p> <p><b>TITANIC (PG-13)</b> 1:00 (5:00 @ \$3.50) 9:00</p> <p><b>GOOD WILL HUNTING (R)</b> (3:50 @ \$3.50) 6:50</p> <p><b>CITY OF ANGELS (PG-13)</b> 1:15 (4:00, 6:40 @ \$3.50) 7:00, 7:30, 9:30, 10:00</p> <p><b>PRIMARY COLORS (R)</b> 1:40</p> <p><b>BADNEY (G)</b> 1:20</p> <p><b>SCREAM 2 (R)</b> 1:30 (4:45 @ \$3.50) 7:25, 10:00</p> <p><b>AS GOOD AS IT GETS (PG-13)</b> 9:30</p> <p><b>TARZAN AND THE LOST CITY (PG-13)</b> 2:00 (5:00 @ \$3.50) 7:45, 9:50</p>	<p><b>Showcase Pontiac 6-12</b> 2405 Telegraph Rd. East side of Northwestern off I-496 248-354-6777</p> <p>Bargain Matinees Daily • All Shows Until 6 pm Continuous Shows Daily Late Shows Fri. &amp; Sat. THRU THURSDAY</p> <p><b>OBJECT OF MY AFFECTION (R)</b> 1:40 (4:30 @ \$3.50) 7:20, 9:55</p> <p><b>MERCURY RISING (R)</b> 1:00, 9:25</p> <p><b>MAJOR LEAGUE 3 (PG-13)</b> 1:00 (5:00 @ \$3.50) 7:10</p> <p><b>TITANIC (PG-13)</b> 1:00 (5:00 @ \$3.50) 9:00</p> <p><b>GOOD WILL HUNTING (R)</b> (3:50 @ \$3.50) 6:50</p> <p><b>CITY OF ANGELS (PG-13)</b> 1:15 (4:00, 6:40 @ \$3.50) 7:00, 7:30, 9:30, 10:00</p> <p><b>PRIMARY COLORS (R)</b> 1:40</p> <p><b>BADNEY (G)</b> 1:20</p> <p><b>SCREAM 2 (R)</b> 1:30 (4:45 @ \$3.50) 7:25, 10:00</p> <p><b>AS GOOD AS IT GETS (PG-13)</b> 9:30</p> <p><b>TARZAN AND THE LOST CITY (PG-13)</b> 2:00 (5:00 @ \$3.50) 7:45, 9:50</p>	<p><b>Star Southfield</b> 12 Mile between Telegraph and Northwestern off I-496 248-353-STAR</p> <p>No one under age 6 admitted for PG-13 &amp; R rated films after 6 pm FOR SHOWTIMES AND TO PURCHASE TICKETS BY PHONE CALL 248-372-2222 www.STAR-SOUTHFIELD.com</p> <p><b>NP DEEP IMPACT (PG-13)</b> 10:15, 11:00, 11:45, 12:30, 1:15, 2:00, 2:45, 3:30, 4:15, 5:00, 5:40, 6:30, 7:15, 8:00, 8:45, 9:30, 10:15</p> <p><b>NP WOO (R)</b> 11:45, 1:45, 4:30, 6:45, 9:00</p> <p><b>NP HE GOT GAME (R)</b> 10:15, 11:30, 1:30, 2:45, 4:45, 6:15, 8:15, 9:15-NO VIP TICKETS</p> <p><b>NP LES MISERABLES (PG-13)</b> 11:15, 12:45, 2:30, 3:45, 5:30, 7:00, 8:30, 10:10-NO VIP TICKETS</p> <p><b>NP BLACK DOG (PG-13)</b> 11:20, 1:40, 3:50, 6:10, 8:30</p> <p><b>NP THE BIG HIT (R)</b> 10:45, 11:40, 1:00, 2:10, 3:15, 4:20, 6:00, 7:00, 8:30, 9:45</p> <p><b>SLIDING DOORS (R)</b> 11:00, 1:40, 4:30, 7:20, 10:00</p> <p><b>THE OBJECT OF MY AFFECTION (R)</b> 10:10, 1:20, 4:10, 6:45, 9:50</p> <p><b>SUNDE KINGS (R)</b> 7:30, 10:00</p> <p><b>PAULIE (PG)</b> 11:00, 1:45, 4:10, 6:40, 8:50</p> <p><b>CITY OF ANGELS (PG-13)</b> 10:00, 12:00, 12:50, 2:30, 3:40, 5:15, 6:20, 7:50, 9:10, 10:30</p> <p><b>LOST IN SPACE (PG-13)</b> 10:30, 1:30, 4:45, 7:30, 10:30</p> <p><b>MERCURY RISING (R)</b> 12:15, 5:20, 10:25</p> <p><b>BARNES GREAT ADVENTURE (G)</b> 10:40, 1:00, 3:00, 5:20</p> <p><b>TITANIC (PG-13)</b> 11:15, 3:15, 7:30,</p>	<p><b>United Artists West River</b> 9 Mile 2 Block West of Middlebelt 248-788-6572 ALL TIMES SUN-THURS</p> <p><b>DEEP IMPACT (PG-13) NV</b> 12:45, 3:45, 6:45, 9:30 1:45, 4:45, 7:30, 10:15</p> <p><b>HE GOT GAME (R) NV</b> 1:00, 4:15, 7:10, 10:00</p> <p><b>LES MISERABLES (PG-13)</b> 1:10, 4:10, 7:20, 10:05</p> <p><b>BLACK DOG (PG-13) NV</b> 12:40, 2:55, 5:05, 7:35, 9:45</p> <p><b>THE BIG HIT (R) NV</b> 12:50, 3:00, 5:10, 7:40, 9:55</p> <p><b>PAULIE (PG) NV</b> 12:15, 2:40, 4:50, 7:00, 9:10</p> <p><b>THE PLAYERS CLUB (R)</b> 12:05, 2:20, 4:40, 7:15, 9:40</p> <p><b>CITY OF ANGELS (PG-13)</b> 12:00, 2:25, 4:45, 7:25, 9:50</p>	<p><b>Terrace Cinema</b> 30400 Plymouth Rd. 313-261-3330</p> <p>All Shows \$1 Except shows after 6 p.m. on Friday &amp; Saturday &amp; 75¢ all shows Tuesday</p> <p>Box Office opens at 4:00 pm Monday - Friday only Call Theatre for Features and Times I.D. required for "R" rated shows</p> <p><b>Main Art Theatre III</b> 118 Main at 11 Mile Royal Oak 248-542-0180 Call 777-FILMS ext 542 Phone Orders 2 pm - 10 pm call (248) 542-5198</p> <p>(DISCOUNTED SHOWS!!!) TICKETS AVAILABLE AT THE BOX OFFICE OR PHONE 248-542-0180 VISA AND MASTERCARD ACCEPTED</p> <p><b>THE SPANISH PRISONER (PG)</b> (1:30 4:15) 7:00, 9:30</p> <p><b>THE BUTCHER BOY (R)</b> (1:45, 4:00) 7:15, 9:45</p> <p><b>THE BIG ONE (PG-13)</b> (2:00) 7:30</p> <p><b>TWO GIRLS AND A GUY (R)</b> (4:30) 9:55</p>				
<p><b>Keego Twin Cinema</b> Orchard Lake Rd. at Cass Lake Rd. 682-1906 Sat. &amp; Sun. only All Seats \$1.50 before 6 pm; \$2.50 after</p> <p><b>AS GOOD AS IT GETS (PG-13)</b> SUN. 4:15, 7:00</p> <p><b>MON-THURS. 7:00</b></p> <p><b>MAN IN THE IRON MASK (PG-13)</b> SUN. 4:30 7:15; MON-THURS. 7:15,</p>	<p><b>Showcase</b> <b>Ann Arbor Hills 1-14</b> 2150 N. Oquille Rd. Between University &amp; Walton Blvd. 248-373-2660</p> <p>Bargain Matinees Daily All Shows until 6 pm Continuous Shows Daily Late Shows Fri. &amp; Sat. THRU THURSDAY</p> <p><b>DEEP IMPACT (PG-13)</b> 11:30, 12:45, 1:30, 2:00, 3:45, 4:15, 4:45, 6:50, 7:10, 7:40, 9:20, 9:50, 10:20</p> <p><b>WOO (R)</b> 11:40, 1:40, 3:40, 5:30, 7:20, 9:10</p> <p><b>HE GOT GAME (R)</b> 11:00, 12:40, 1:45, 3:35, 4:35, 7:10, 7:30, 10:00, 10:20</p> <p><b>LES MISERABLES (PG-13)</b> 12:50, 4:00, 6:50, 9:45</p> <p><b>BLACK DOG (PG-13)</b> 11:20, 1:20, 3:20, 5:20, 7:20, 9:30</p> <p><b>SLIDING DOOR (PG-13)</b> 12:30, 2:45, 5:00, 7:15, 9:40</p> <p><b>BIG HIT (R)</b> 11:45, 1:50, 3:50, 5:50, 8:00, 10:15</p> <p><b>TARZAN (NO)</b> 12:00 NOON</p> <p><b>OBJECT OF MY AFFECTION (R)</b> 12:15, 2:40, 5:15, 7:40, 10:10</p> <p><b>PAULIE (PG)</b> 11:10, 1:10, 3:10, 5:00, 7:00, 9:00</p> <p><b>CITY OF ANGELS (PG-13)</b> 12:00, 2:30, 4:55, 7:45, 10:10</p> <p><b>PLAYERS CLUB (R)</b> 5:10, 10:30</p> <p><b>LOST IN SPACE (PG-13)</b> 12:10, 4:40, 6:50</p> <p><b>ODD COUPLE 2 (PG-13)</b> 12:10, 4:40, 6:50</p> <p><b>TITANIC (PG-13)</b> 12:20, 4:20, 8:10,</p>	<p><b>Showcase</b> <b>Westland 1-9</b> 6800 Wayne Rd. One blk S. of Warren Rd. 313-729-1060</p> <p>Bargain Matinees Daily All Shows until 6 pm Continuous Shows Daily Late Shows Fri. &amp; Sat. THRU THURSDAY</p> <p><b>DEEP IMPACT (PG-13)</b> 11:30, 12:45, 1:30, 2:00, 3:45, 4:15, 4:45, 6:50, 7:10, 7:40, 9:30, 9:50, 10:20</p> <p><b>LES MISERABLES (PG-13)</b> 11:30, 4:30, 7:25, 10:05</p> <p><b>SLIDING DOOR (PG-13)</b> 11:35, 1:50, 4:00, 7:05, 9:25</p> <p><b>PAULIE (PG)</b> 12:15, 2:25, 4:30, 7:10, 9:10</p> <p><b>CITY OF ANGELS (PG-13)</b> 12:00, 2:30, 5:00, 7:30, 10:10</p> <p><b>TITANIC (PG-13)</b> 12:30, 4:15, 8:00</p>	<p><b>Showcase</b> <b>Dearborn 1-8</b> Michigan &amp; Telegraph 313-561-3440</p> <p>Bargain Matinees Daily All Shows until 6 pm Continuous Shows Daily Late Shows Fri. &amp; Sat. THRU THURSDAY</p> <p><b>WOO (R)</b> 1:30, 3:35, 5:40, 7:45, 10:00, 10:30</p> <p><b>HE GOT GAME (R)</b> 12:45, 1:15, 3:45, 4:15, 7:00, 7:30, 9:30, 10:20</p> <p><b>LES MISERABLES (PG-13)</b> 1:10, 4:00, 6:50, 9:45</p> <p><b>BLACK DOG (PG-13)</b> 12:20, 2:20, 4:20, 7:30, 9:30</p> <p><b>PAULIE (PG)</b> 12:30, 2:30, 4:30, 6:30, 8:30</p> <p><b>CITY OF ANGELS (PG-13)</b> 12:10, 2:45, 5:10, 7:40, 10:05</p> <p><b>PLAYERS CLUB (R)</b> 12:40, 2:55, 5:15, 7:30, 10:10</p>	<p><b>Showcase Pontiac 1-5</b> Telegraph Sq. Lake Rd. W side of Telegraph 248-352-0241</p> <p>Bargain Matinees Daily • All Shows Until 6 pm Continuous Shows Daily Late Shows Fri. &amp; Sat. THRU THURSDAY</p> <p><b>WOO (R)</b> 1:10, 2:10, 3:10, 5:10, 7:45, 9:50</p> <p><b>HE GOT GAME (R)</b> 12:50, 1:30, 3:50, 4:20, 6:45, 7:15, 9:30, 10:00</p> <p><b>BLACK DOG (PG-13)</b> 1:30, 3:20, 5:20, 7:30, 9:40</p>	<p><b>Star Rochester Hills</b> 200 Barclay Circle 248-855-2260</p> <p>SUNDAY THRU THURSDAY No one under age 6 admitted for PG-13 &amp; R rated films after 6 pm</p> <p><b>NP DEEP IMPACT (PG-13)</b> 10:55, 12:00, 1:30, 2:45, 4:15, 5:30, 7:00, 8:15, 9:45, 11:00</p> <p><b>NP LES MISERABLES (PG-13)</b> 10:45, 12:15, 1:45, 3:15, 4:45, 6:15, 7:45, 9:15, 10:40</p> <p><b>NP THE BIG HIT (R)</b> 11:15, 2:30, 5:45, 8:00, 10:30</p> <p><b>NP HE GOT GAME (R)</b> 11:15, 3:45, 7:15, 10:50-NO 7:15</p> <p><b>WED. MAY 13TH</b></p> <p><b>CITY OF ANGELS (PG-13)</b> 11:30, 12:45, 2:00, 3:30, 4:30, 6:00, 7:30, 9:00, 10:15</p> <p><b>TITANIC (PG-13)</b> 11:45, 4:00, 8:30</p>	<p><b>United Artists Oakland</b> Inside Oakland Mall 248-988-0706 ALL TIMES SUN-THURS</p> <p><b>DEEP IMPACT (PG-13) NV</b> 12:20, 1:10, 6:45, 9:30, 2:00, 4:50, 7:30, 10:10</p> <p><b>THE BIG HIT (R) NV</b> 12:40, 2:50, 5:00, 7:20, 9:40</p> <p><b>ODD COUPLE II (PG-13)</b> 12:10, 2:30, 4:45, 7:00, 9:20</p> <p><b>THE PLAYERS CLUB (R) NV</b> 12:50, 5:10, 10:00</p> <p><b>THE WEDDING SINGER (PG-13) NV</b> 3:00, 7:40</p>	<p><b>United Artists</b> 12 Oaks Inside Twelve Oaks Mall 248-349-4311 ALL TIMES SUN-THURS</p> <p><b>DEEP IMPACT (PG-13) NV</b> 12:15, 3:40, 6:40, 9:15 1:40, 4:40, 7:30, 10:00</p> <p><b>SLIDING DOORS (PG-13) NV</b> 1:00, 3:45, 6:45, 9:45</p> <p><b>THE BIG HIT (R) NV</b> 12:00, 2:30, 5:00, 7:30, 9:30</p> <p><b>PAULIE (PG) NV</b> 12:30, 2:50, 5:15, 7:20, 9:40</p>	<p><b>Waterford Cinema 11</b> 2501 Highland Rd. S.E. corner M-59 &amp; Williams Lake Rd. 24 Hour Movie Line 248-666-7900</p> <p>Call 777-FILMS 6551 Stadium Seating and Digital Sound Makes for the Best Movies</p> <p><b>NP DEEP IMPACT (PG-13)</b> 12:30, 1:30 (4:15 &amp; 4:50 @ \$3.50) 7:00, 7:30, 9:30, 10:00</p> <p><b>NP LES MISERABLES (PG-13)</b> 12:40, (4:00 @ \$3.50) 6:50, 9:50</p> <p><b>NP BLACK DOG (PG-13)</b> 12:45, 2:50 (5:10 @ \$3.50) 7:45, 9:45</p> <p><b>NP HE GOT GAME (R)</b> 12:50 (4:10 @ \$3.50) 7:00, 9:55</p> <p><b>NP SCREAM 2 (R)</b> 7:15, 9:55</p> <p><b>PAULIE (PG)</b> 12:20, 2:40, (5:00 @ \$3.50) 7:20, 9:20</p> <p><b>OBJECT OF MY AFFECTION (R)</b> 1:45 (4:10 @ \$3.25) 6:45, 9:15</p> <p><b>CITY OF ANGELS (PG-13)</b> 1:15, (4:45 @ \$3.25) 7:10, 9:40</p> <p><b>ODD COUPLE II (PG-13)</b> (5:00 @ \$3.50) 7:30</p> <p><b>LOST IN SPACE (PG-13)</b> 12:00, 2:30, 9:30</p> <p><b>TITANIC (PG-13)</b> 12:15 (4:00 @ \$3.25) 8:00</p>

## Green

"You don't see cuts," said McCullough of Redford Town like that primate

McCullough prints for the 1996. He began medium white bachelor of fine Eastern Michigan the early 1990 curves during a example of a fr rice paper and used to hand-his booth.

"I enjoy the lenge of drawi said McCullough till I see the fir

Among McC pieces are por Monroe, Diana at a watering of Dalmatian

## Tear

"Each bell and labeled Doris Edward nal Classical Edwards, w choirs at Mt tional Church researched th and fingers.

## History

She found y bells fashione from the be Handbells, devised in t century as a tower bell r change ringi hand bells foundries in "tune ringin eventually f century Eng first arrived 1840s whe brought a Lin band to Am Groups of tur ca didn't form "One of us was Paul Re tory in Bos tured hand b

## History

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## Greektown from page C1

"You don't see a lot of woodcuts," said McCullough, a native of Redford Township. "People like that primitive appeal."

McCullough exhibited his prints for the first time in fall of 1996. He began working in the medium while studying for his bachelor of fine arts degree at Eastern Michigan University in the early 1990s. He frequently carves during fairs, and has an example of a finished woodblock, rice paper and the kitchen spoon used to hand-rub the prints in his booth.

"I enjoy the process, the challenge of drawing it backwards," said McCullough. "I can't wait till I see the first print."

Among McCullough's newest pieces are portraits of Marilyn Monroe, Diana Ross and a zebra at a watering hole. From a litter of Dalmatian puppies to a loon

on a lake and bears in trees, his subject matter deals with everything from African and Oriental cultures to vanishing wildlife. Veiled women in "The Prophecy" keep the viewer guessing as to the origination of country, religion and foretold event.

"Printmaking is labor intensive," said McCullough. "By the time you draw it and get it onto the wood then carve it you have hours into a print like the zebra which took 125 hours. I have a huge list of subjects I'd like to do, probably enough for the next four to five years."

Presented by the Greektown Merchants Association in cooperation with the Michigan Guild of Artists and Artisans, the eighth annual Greektown Arts Festival features works by 125 artists from 20 states and two Canadian provinces.

The juried art, music, good food and atmosphere set the Greektown fair apart from other summer art shows. Shopping in the art booths or in the shops in Trapper's Alley is worth the trip alone.

"We're encouraging people to come down with their children and enjoy making art at the Imagination Station," said Dave Kronenberg, art fairs director for the Michigan Guild of Artists and Artisans, organizers of the Ann Arbor Summer Art Fair.

"The Greektown area is reviving and thriving. It's a wonderful destination. We have a lot of neat and interesting art, a good amount of jewelry, pottery, painting, glass, wood, fiber, photography, and printmaking and 30 percent are new artists."

The festival stage will showcase local and national touring

acts including former Twistin' Tarantula guitarist George Friend's new band "Black Beauty" featuring Thornetta Davis, Johnny Bassett and the Blues Insurgents, the Bill Heid Trio and the Bird of Paradise Orchestra.

Rick Pinkerton of the Music Menu Cafe coordinated the fair's entertainment ranging from swing to Greek dancing, rockabilly, Latin rock, traditional African rhythms, jazz, gospel and blues.

Other local artists exhibiting in the Greektown Arts Festival are Carole Berhorst, clay, and Michael MacManus, jewelry, Bloomfield Hills; Sandra Bellestri, painting, Lake Orion; Jeanine Sova and John Chestnut, toys, Clarkston; Denise Szadyr, clay, Waterford, and Debra Vantol, glass, Auburn Hills.

### Greektown Arts Festival Entertainment

The Greektown Arts Festival Stage on Beaubien Street at Monroe Street in Greektown will offer for free a variety of acts from rockabilly and soul to latin rhythms and acid jazz. For more information, call (313) 963-5445.

#### Entertainment Schedule:

■ Friday, May 15: The Shack Shakers, rockabilly swingers from Nashville, perform 5:30-6:30 p.m.; Black Beauty, a new rockabilly act featuring former Twistin' Tarantulas member George Friend, and Thornetta Davis perform 6:50-8 p.m.; and "rockabilly songbird" Robert Gordon hits the stage 8:20-9:30 p.m.

■ Saturday, May 16: The Hellenic Society starts off the day with traditional Greek dancing noon to 1 p.m.; African Rhythm Project performs traditional African rhythms and jazz 1:15-2:10 p.m.; Pena World Beat plays Latin rhythms rock and jazz 2:30-3:40 p.m.; The New Orleans-style brass band Motor City Street Band hits the stage from 4-5 p.m.; Bird of Paradise Orchestra plays jazz and swing 5:30-6:30 p.m.; Sugarfoot performs acid jazz and funk 7-8 p.m.; Sugar Ray Norcia, former Roomful of Blues frontman and harpist, plays with the help of an expanded version of Johnny Bassett and the Blues Insurgents 8:25-9:30 p.m.

■ Sunday, May 17: Tru Light Temple Gospel Choir sings 1-2 p.m.; The Bill Heid Trio featuring jazz guitar great Perry Hughes plays from 2:30-3:30 p.m.; and Johnny Bassett and the Blues Insurgents return to the stage with Detroit blues legends Johnny "Yard Dog" Jones, Thornetta Davis and Joe Weaver 4-5:30 p.m.

## Teamwork from page C1

"Each bell is a different size and labeled by octave," said Doris Edwards, one of the original Classical Bells.

Edwards, who directs the bell choirs at Mt. Hope Congregational Church in Livonia, has researched the history of bells and ringers.

### History

She found primitive man rang bells fashioned from clay or wood from the beginning of time. Handbells, however, were devised in the 16th and 17th century as a way for English tower bell ringers to practice change ringing. Larger sets of hand bells were cast by foundries in the 1700s when "tune ringing" became popular eventually flourishing in 19th century England. Hand bells first arrived in America in the 1840s when P.T. Barnum brought a Liverpool tune ringing band to America for a tour. Groups of tune ringers in America didn't form until the 1920s.

"One of our first bell ringers was Paul Revere who had a factory in Boston that manufactured hand bells," said Edwards.

All of the Classical Bells are professional musicians and teachers. Since there are no schools or classes for handbell ringing, most learned the art by joining church choirs. As a group, Classical Bells have performed with the Detroit Symphony Orchestra and the Michigan Opera Theatre. The group has three CDs currently on the shelves at Harmony House locations and Hammell Music.

"That's why Classical Bells was formed," said Corrine Kert of Plymouth. "The directors never get to ring. They say they love the bells but never get to play them."

Millie Everson began ringing in 1973 with encouragement from the choir director at Rosedale Gardens Presbyterian Church in Livonia. At the time, Everson attended a Methodist church but switched and became a member of the Presbyterian congregation after learning to ring. Everson, who taught voice as adjunct faculty at Schoolcraft College in Livonia in the 1970s, now directs three bell choirs at the Rosedale Gardens church.

"It's a wonderful musical medi-

um," said Eversole of Livonia. "It's also so visually beautiful. The way the bells are rung it's almost like a ballet. In Classical Bells we emphasize that especially."

Classical Bells thrives on movement and hamming it up. Their choreography keeps all eyes in the audience trained on the ringers. Two members of the bass section try to top each other in a skit during "Maple Leaf Rag." Props such as feathers and hats in "Ain't Misbehavin'" put them in the mood and keep the audience guessing as to what's next. For "Serenade for a Picket Fence," Margie Moore plays spoons on her thigh. Another composition uses everything but bells as the ringers turn a loose leaf binder, plastic bags and music stands into rhythm instruments to play a melody.

"We try to make it a little entertaining as well, as long as you don't hurt the music," said Sigler.

If you have an interesting idea for a story involving the performing or visual arts, call (734) 953-2145.

## ART BEAT

Art Beat features various happenings in the suburban art world. Send Wayne County arts news leads to Art Beat, Observer Newspapers, 36251 Schoolcraft, Livonia, MI 48150, or fax them to (313) 591-7279.

### CONCERT TODAY

Joshua Cullen, a 13-year-old piano prodigy from Livonia, will perform 4 p.m. Sunday, May 10, in the recital hall in the new music building at Central Michigan University. The program includes compositions by Beethoven, J.S. Bach, Rachmaninoff and Frederic Chopin. For information, call (517) 774-3197.

Cullen was accepted into the University of Michigan's School of Music at age 12. He began piano studies at age 5 and made his professional debut with the Livonia Symphony at age 8. A year later, he performed with the Moscow Philharmonic.

In April, he tours as a soloist with the Chicago Sinfonietta in Switzerland and Germany. In June and September of 1999, he will perform with the Czech National Symphony.

Cullen has released an all-Mozart compact disc which includes "Piano Concerto A Major" with the Czech National

### Symphony.

#### CALL FOR ARTISTS

Canton Township is looking for artists and crafters for its seventh annual Fine Art and Fine Craft Show 10 a.m. to 9 p.m. Saturday, June 20, and 11 a.m. to 5 p.m. Sunday, June 21, during the Liberty Fest in Heritage Park.

This is a juried show and participants must submit slides or photographs of their paintings, prints, sculptures, ceramics, jewelry, drawings, pastels, and selected fine crafts. No commercially produced merchandise is allowed.

For an application, call Sharon Dillenbeck at (734) 453-3710.

#### HANDS-ON MUSEUM AUCTION

The Ann Arbor Hands-On Museum hosts a benefit family auction 6-9 p.m. Friday, May 15, at the museum, 219 East Huron, Ann Arbor.

Tickets are \$75 per family and includes dinner, silent auction, and hands-on experiences as you visit with a pilot, an archaeologist, a dentist, and detective. Come and explore "What You Wanna Be When You Grow Up." For more information, call (734) 995-5439.

### BEADWORK DEMONSTRATION

The Woodland Indians Trading Company and Gallery presents a beadworking demonstration by Ojibwe Indian Karen Rossi noon to 5 p.m. Sunday, May 17 in its new location at 26161 West Six Mile Road, between Inkster and Beech Daly, in Redford.

The fee for making your own earrings is \$5. For more information, call (313) 387-5930.

Hours are 11 a.m. to 7 p.m. Tuesday-Wednesday, until 8 p.m. Thursday-Friday, and 10 a.m. to 4 p.m. Saturday. Closed Sunday and Monday except for special events like the beadwork demonstration.

#### CANTON ARTIST SHOWS

Connie Lucas exhibits her work in a one person show through May 13 at the Left Bank Gallery, 503 East Street, Flint. Viewing hours are noon to 4 p.m. Tuesday to Saturday. For more information, call (810) 239-2921.

"Exploring the Human Condition" consists of work about social and political issues in society. Lucas addresses issues of violence, war, peace, child abuse, aging, anger, and feminist concerns.



# Summer



### JUNE

19 Teen Idols  
Peter Noone, Davy Jones & Bobby Sherman  
\$22.50 pav / \$12.50 lawn

23 Phil Collins Big Band Tour\*  
Guest vocalist Oleta Adams & featuring Gerald Albright on saxophone  
\$40 pav / \$20 lawn

25 Wynton Marsalis & The Lincoln Center Jazz Orchestra  
\$32.50 pav / \$15 lawn

27 Nickelodeon presents Gullah Gullah Island Live Tour  
\$15 pav / \$10 lawn

29 Ani DiFranco\* w/ Rebirth Brass Band  
\$26 pav / \$22 lawn

### JULY

3 Joe Piscopo  
\$20 pav / \$10 lawn

4 Chumbawamba  
\$15 pav / \$10 lawn

8 The British Rock Symphony & Choir  
Starring Roger Daltrey  
Playing The Music of The Beatles, The Rolling Stones, The Who, Led Zeppelin & Pink Floyd  
\$30 pav / \$15 lawn

9 Beauty & The Beast  
Live Stage Presentation of The Timeless Classic  
\$10 pav / \$5 lawn

13 Pat Metheny Group  
\$29.50 pav / \$20 lawn

16 Air Supply  
\$22.50 pav / \$12.50 lawn

17 Steven Wright  
\$22.50 pav / \$12.50 lawn

18 Kansas w/ Symphony Orchestra  
\$22.50 pav / \$12.50 lawn

### JULY CONT.

19 Alison Krauss & Union Station  
Bela Fleck & The Flecktones  
\$26.50 pav / \$15.50 lawn

23 Art Garfunkel  
\$22.50 pav / \$12.50 lawn

24 The Mavericks w/ BR5-49  
\$30 pav / \$15 lawn

25 Kevin Nealon w/ Victoria Jackson  
\$22.50 pav / \$12.50 lawn

### AUGUST

3 Pinocchio  
Live Stage Presentation of The Children's Classic  
\$10 pav / \$5 lawn

13 David Grisman Quintet w/ Leo Kottke  
\$22.50 pav / \$12.50 lawn

15 Richard Jeni  
\$20 pav / \$10 lawn

18 Wizard of Oz  
Live Stage Presentation of The Family Favorite  
\$10 pav / \$5 lawn

20 Carrot Top  
\$22.50 pav / \$12.50 lawn

29- Good Guys / 30 Motor City Nationals  
Featuring 1,500 cars, Live Entertainment, \$12 general admission

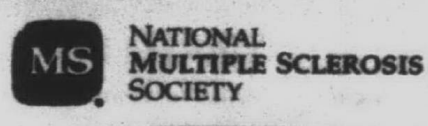
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\*Tickets On Sale Now

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**To find out about other MS fund raising events...**



## Nifty gadgets give gardeners a helpful hand

BY DONNA MULCAHY  
SPECIAL WRITER

Gardening, like everything else in life, is easier when you have the right tools. I asked some gardening experts to tell me which ones they'd recommend and here's what they said.

Brookstone, which has locations at the Somerset Collection-South in Troy, Twelve Oaks Mall in Novi and Lakeside Mall in Sterling Heights, has lots of nifty gardening gadgets. I heard that from several people and they were right.

One of the things there that caught my eye is the electronic Home & Garden Whiz, \$50. It looks like a handheld calculator, but contains thousands of gardening and household hints. It can tell you what types of plants work best under certain conditions, how they should be planted and much more.

### SHOPPING CENTERED



DONNA MULCAHY

Other neat things at Brookstone include:

- A five-piece, hand-held, garden tool set and matching beige and green canvas tote. Together, they're \$50. Bought separately, the tool set is \$35 and the tote is \$25. The tools include a cultivator, fork, planter, trowel and narrow weeder, all with a comfortable grip and made out of rustproof, die-cast aluminum.
- A padded, steel-frame platform for kneeling or sitting, \$30.
- A 16-piece Gardener's Choice Tool Kit, complete with 16 tools and a green plastic carrying case that has a parking spot for each of them, \$75.
- A garden seat/tool caddy with 12 tools, \$100.

Mike Bovio, purchasing manager for English Gardens, which has four locations, including one in West Bloomfield, recommended the following things:

- Whisk Rake, by Lewis Tool. It's a small, six-tine rake the size of a whisk broom and costs \$12.98. "It's great for raking under low-growing shrubs and perennials," Bovio said.
- Grow-through plant supports, about \$8, by Rainbow. They look like a wire grid shelf, supported by plastic-coated legs. Like tomato cages, they're used to prevent plants from flopping over and must be set in place early in the growing season before the plants are too big.

Gardener's Lever Loops by Bosmere, \$2.98 for a package of 50. They're little plastic clips that open and close with a squeeze of the thumb. Use in place of string or twist ties on tomato plants and vines.

Hide-A-Guide garden hose guiding system, \$3.98 by Aquapore Moisture Systems. When not in use, the guide can be pushed flush into the ground to prevent mowing problems.

Floral snips by Fiskars, \$5.98. They're great for delicate shaping and dead-heading, Bovio said.

Bill Saxton, co-owner of Saxton's in Plymouth, which sells gardening and power equipment, recommended Preen by Greenview. It's a chemical that stops weeds from spreading by preventing seeds on the surface of the ground from taking root. It costs about \$20 to cover 2,500 square feet.

Saxton, whose father founded the store in 1928, also recommends: Mantis portable gasoline tillers, \$319; Little Ames plastic planter's wagon, for sitting on and storing tools, \$59.95; Permacscape for Trees, a mat made out of recycled tires to put around trees and prevent weeds, \$16.49; and Corona hand tools with comfort grips, about \$7 to \$10.

Denny Snell, garden store manager for Bordine's Nurseries in Rochester and Clarkston, recommended the Gold Digger, a new tool with a 3-foot handle and several different heads for edging, planting and weeding, \$36.95.

Another new product he likes is The Soil Scoop by Garden Works, \$16.98. It looks like a serrated spoon and is good for scooping, digging and tilling soil in a pot.

He also recommended Lewis Lifetime hand tools, about \$10 each; tile joint weeders for picking weeds out of sidewalk cracks, \$5.99; and electronic pH meters, which start at \$9.98.

Happy gardening!

## The Saks experience

### Somerset expansion aims to make it fun for shoppers

While Saks Fifth Avenue was pleased to announce the opening of a 40,000-square-foot expansion of the Men's Store at its Somerset South location in Troy in mid-April, it's already apparent that all of the changes involved will be more than pleasing to its patrons. And, that's intentional, of course.

Indeed, few shoppers will even notice that such major construction work is going on. Yet, the major changes at the store aren't taking place gradually as the Somerset store becomes Michigan's largest and most complete Saks outlet.

For example, last Thursday the entire Men's Store made a coordinated move from several locations into its new consolidated location on the first level of the new addition, which defines the western boundary of the Saks building, facing Coolidge Highway. What the customers saw Thursday morning was a complete and expanded collection of designer sportswear, clothing, footwear and accessories on display, all in one location, with added services like a Humidor and an exemplary Men's Fitting Complex for on-the-spot custom tailoring and even made-to-order shirts.

**Kim Nye**  
store manager

All of it was ready for business by opening time.

What they didn't see were the 60 Saks employees who finished a busy workday Wednesday, then stayed after the mall closing at 9 p.m. working into the wee hours to move menswear stock, displays and set up registers and furnishings in their new locations.

The new Men's Store carries designer selections which include Giorgio Armani, Canali, Corneliani, Hickey Freeman, Donna Karan, Calvin Klein, Hugo Boss and Oxford. For store manager Kim Nye — who was among the late-staying workers Wednesday night — the Saks Somerset store expansion is a personal dream come true. An anchor at the Somerset location for the past 31 years, the Saks Fifth Avenue site now expands by more than one-



On the move: Helping set up stock displays and handle last minute arrangements in Saks Fifth Avenue's new Men's Department are visual manager Michael Knicely, left, and visual stylist Bill Fuller, early Thursday morning before the opening hour.

third of its previous 125,000-sq.-ft. size.

Nye, a Bloomfield Hills native now living in Troy, began her retailing career with Saks while working in the Somerset store after graduation from Michigan State 18 years ago. The personal meaning of the expansion and renovation was obvious as she stood in the new Men's Store area, understating her own enthusiasm with a simple: "It's wonderful to have all this room, now — and to see all of this here in one spot. Our customers will love it."

Nye took Eccentric staffers on a quick pre-opening tour of the new Men's Store facilities Thursday morning, right after that late-night relocation, and then expanded our tour to include a look at what is happening upstairs on the Second Level of the new addition, too.

There, we found the spacious new Chanel Ready-to-Wear boutique. There's also an elegant St. John Shop,

a Birger Christensen Fur Salon and Fifth Avenue Club Suite. Each area is separate and spacious. The expansion also puts the spotlight on new and enlarged designer collections, including Ann DeMuelemeester, Etro, Donna Karan Signature, Ralph Lauren Collection, Escada, Armani le Collezioni, Valentino Boutique, Zoran, Alberta Ferretti, Max Mara, Piazza Sempione, Missoni and Prada.

Only a first-time Saks visitor would even think about asking if the regular patrons might find all the relocation of sales areas, stock and product during the reconstruction and renovation, ... well, mightn't it be disconcerting or confusing? After all, it is rare to find a store undergoing such a complete and major overhaul while still remaining open for business.

"We've planned to do it, and do it well," Nye said. "That's the only way we know at Saks. Shopping is supposed to

be a pleasant, fun, relaxing experience."

She pointed out the finished walls, installed to screen construction areas during store hours, noting few shoppers have even realized that work was going on.

As for finding the merchandise in its new relocations, all the store employees are making it a personal duty to ease any confusion and make it easy for patrons — and for a Saks shopping excursion, that says it all.

The complete remodeling, including a new Elizabeth Arden Spa, will make the Saks Somerset location the premier Saks Fifth Avenue site in the region.

The majority of reconstruction and renovation — including new elevators — is expected to be complete before Christmas 1998, says Nye, but some remaining detail work will go over into 1999.

## ADDED ATTRACTIONS

### Wardrobing seminar

Liz Claiborne Seminars feature dresses and sportswear, commented by Liz Claiborne specialist, Heather Guild. Elisabeth Dept. 1:00 p.m.

Hudson's, Somerset Collection. Big Beaver/Coolidge. Troy. (248) 816-4000.

### Keeping the peace

Macomb Mall's own T.C. Bear hosts a sing-a-long show for kids from ages 2 to 13, featuring T.C.'s Tips for Keeping the Peace — learning peaceful ways to solve conflicts they face in their lives without resorting to violence. There's also an essay contest (forms at the Mall's Information Center available through May 16), with a \$25 gift certificate prize for youngsters writing about an "Act of Peace," experienced or witnessed. Show (near Sears entry) hours: 11 a.m., 1:00 and 3:00 p.m.

Macomb Mall, Gratiot/Masonic. Roseville. (810) 293-7800.

### Informal modeling

Andre Laug's Spring '98 Special Order Collection, informal modeling. Designer Salon, second floor. 10 a.m. to 5 p.m.

Saks Fifth Avenue, Somerset Collection. Big Beaver/Coolidge. Troy. (248) 643-9000.

Chanel showing

Chanel Spring '98 Special Order Collection, informal modeling with special representative. Designer Salon, second floor. Tuesday and Wednesday, May 19-20. 10 a.m. to 5 p.m.

Saks Fifth Avenue, Somerset Collection. Big Beaver/Coolidge. Troy. (248) 643-9000.

Saks shows Lihli

Lihli's Spring '98 Special Order Collection, infor-

mal modeling with special representative. Designer Salon, second floor. Thursday and Friday, May 21-22. 10 a.m. to 5 p.m.

Saks Fifth Avenue, Somerset Collection. Big Beaver/Coolidge. Troy. (248) 643-9000.

McFadden showing

Mary McFadden's Spring '98 Special Order Collection, informal modeling special representative. Designer Salon, second floor. Wednesday and Thursday, May 27-28. 10 a.m. to 5 p.m.

Saks Fifth Avenue, Somerset Collection. Big Beaver/Coolidge. Troy. (248) 643-9000.

Sears auditions kids

Sears is hosting a search at its Oakland Mall location to find the "Sears Kid Beat Reporter" for the Detroit Shock, of the Women's National Basketball Association. Youngsters ages 8 through 16 will try their hand at sports reporting as audition judges score entrants on creativity, delivery and poise. Winner will attend a Shock home game to cover the live-action and other prizes. Sears is an official sponsor of the WNBA. Auditions are Saturday, May 30, noon-2 p.m.

Sears, Oakland Mall. John R/14 Mile Road. Troy. (248) 597-4100.

Rock-N-Roll artistry

Huffs Promotions brings the "Rock-N-Roll Fine Arts Show" to the Westland Center, featuring artwork by such artists as John Lennon, Bob Dylan, Ron Wood, David Bowie, Yoko Ono, Ringo Starr, Donna Summer, Gerry Garcia and other icons from the Rock generation. The exhibit was a feature at the opening of the Rock-N-Roll Hall of Fame and has toured the country. It's more than a display, the artwork is also available for purchase. Opens Wednesday and runs through Sunday, June 28.

Westland Center. West Warren/Wayne. Westland. (313) 425-5001.

News of special events for shoppers is included in this calendar. Send information to: Malls & Mainstreets, c/o Observer & Eccentric Newspapers, 805 East Maple, Birmingham, MI 48009; or fax (248) 644-1314. Deadline: Wednesday 5 p.m. for publication on Sunday.

### WEDNESDAY, MAY 13

#### Health-O-Rama Bonus

Project Health-O-Rama Bonus Days, for those age 18 or over, provides free, confidential testing and services, including height-weight, blood pressure, hearing, vision, glaucoma, nutrition counseling, pulmonary function, medication counseling, podiatry, and Health Education literature and displays. Optional tests are also available for nominal fees. Co-sponsored with Botsford General Hospital. Wednesday and Thursday, May 13-14, 10 a.m.-6 p.m.

Livonia Mall. Seven Mile/Middlebelt. (248) 476-1160.

### THURSDAY, MAY 14

#### Wardrobing seminar

Liz Claiborne Seminars feature dresses and sportswear, commented by Liz Claiborne specialist, Heather Guild. Elisabeth Dept. 1:00 p.m.

Hudson's, Somerset Collection. Big Beaver/Coolidge. Troy. (248) 816-4000.

### FRIDAY, MAY 15

#### Symphonic winds

The Novi Concert Band appears from 7:30 p.m. to 8:30 p.m. at the Livonia Mall stage, near Crowley's, to feature music from Broadway, marches, light classics and pop. The band, a symphonic wind ensemble formed in 1982, performs outdoor concerts throughout the metropolitan area.

Livonia Mall. Seven Mile/Middlebelt. (248) 476-1160.

### SATURDAY, MAY 16

#### Barbie doll show

It's the All Fashion Doll Show at Meadowbrook Village Mall, featuring Barbie Dolls. Appraisals are available during show hours and admission is free. 10 a.m.-9 p.m.

Meadowbrook Village Mall, N. Adams/Walton. Rochester Hills. (248) 375-9451.

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## Where can I find?

### What we found:

- For Margaret Murrays Hardware on Plymouth road in Redford sharpens knives, (313) 937-8360.
- Rubi Glo is carried at Walgreen's.
- Linda Kelly from Lord & Taylor at Fairlane called to say Nars cosmetics is not sold locally, it is out of New York, and is a studio line, you might try the stores at Somerset Collection in Troy. Also Estee Lauder discontinued Moisture Balance Translucent face powder.
- Cheryl had glass string beads for Don and found a Corn Popper Now.
- McNichols Electric on 6 Mile in Detroit (313) 342-6070 for stainless steel handles for pots and pans.
- Fuller Brush distributor can be found at Professional Sanitary Supply in Pontiac (248) 253-0820, or Home Trends catalog 800-810-2344 and many other called in saying they were Fuller Brush distributors and passed their names on.

### We're still looking for:

- Solid Almond-color (no pattern) Corelle by Corning dishware for John of Redford.
- Nancy is looking for Johnsons Jubilee (white) wax for appliances.
- Thomas wants a mini cheer horn that was advertised in the newspaper from the winter Olympics in Nagano and a 1974 8th grade St. Jean of Arc yearbook.
- Wagner's Earl Grey green tea decaffeinated 24 bags in a box.
- Dorothy is looking for chocolate candies by Wilbur Buds (like Hersays kisses).
- Carol wants a game called Quinto 5.
- Gloria wants a plastic cane cylinder that you can insert flowers into.
- Replacement for a Pyrex 4 cup glass coffee maker.
- Joanne is looking for an Iron Quick system (saw on TV) and Resolve by Merrill Dow for cold sores.
- Ruth is wondering where to take spoons/silverware to be refinished (they accidentally went in the garbage disposal).
- Julie is looking for a Samsung phonograph that plays old style records #SZM 6550.
- Rose Marie wants slacks, shorts by Cape Cod. Meijers use to carry them.
- Julie Ann wants a set of Care Bear twin sheets and cases.
- Becky from Livonia wants Almay Moisture balance eye cream.
- A twin comforter for a child Power Ranger theme for Mary.
- Jane and Eleanore are looking for a little girls wooden ironing board.
- Sally of Livonia is looking for a child's book King and I it is about a King who has 3 sons it is from the late 50's.
- And Foster Beans.
- Mens socks Duro Fresh for Marilyn of Livonia and she has old Avon bottles to sell if anyone is interested.
- Kay is looking for Flush Cups.
- Oscar Meyer little plain (baby) hot dogs for Gail.
- Maxine wants an enamel roasting pan 9x12" and 7 3/4" high.
- Gertrude is looking for a child's book called My Big Red Ball and machine washable Haggard 42 Long suits or separates.
- Patricia is looking for a 1989 Color photos of the Northern Lights.
- Lee Ann wants a toy Terrifying Hydra (from the Hercules line of Disney toys).
- My Sin perfume for Lisa of Waterford.
- Yvette wants Mackie Shaving Balm made in Canada.
- Jane wants headbands used during exercise by DASHA.
- Ann is looking for gold or silver pendants inexpensive for kids.
- Sharon of Southfield is looking for a 1992 Hallmark porcelain Carousel horse.
- For Sheldon Red Foot Powder use to be able to buy it at Circle Drugs in Madison Hats....
- Margaret is looking for a Maple Junior high (Dearborn) yearbook from 1943.

Compiled by Sandi Jarackas



## Dentistry in the 90s

by Herbert M. Gardner, D.D.S.

### ADULT CONCERNS

While most young adults experience fewer cavities due to a decline in the consumption of sweets, the risk of getting tooth decay begins to rise with the onset of middle age. Part of the problem has to do with gum recession, which leaves vulnerable roots exposed. There is also the possibility that old fillings may allow bacteria to seep down into old cavities to start decay anew. Furthermore, many older people experience reduced saliva production, a condition aptly called "dry mouth," which reduces its ability to stave off tooth decay. For all these reasons, older adults should not drop their guards when it comes to scrupulously caring for their teeth in the fight against decay.

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U.S. As their gums recede, middle-aged patients should begin to consider fluoride applications.



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### Macomb opens new stores

Macomb Mall, at Gratiot and Masonic in Roseville, has announced the opening of three new stores: **Norma Jeans**, featuring handbags, jewelry and women's accessories (next to Sears); **Gateway 2000 Country Store**, a state-of-the-art PC and software store, training center and service center, complete with rural decor including a silo, grain bins and tractor seats (next to Crowley's); **The Icing**, featuring earrings, ear piercing, clothing and women's accessories (next to Rogers & Hollands Jewelry). Openings are also scheduled later this year for **Silver Cinemas**, a new eight-screen theater, and **Kirk's Cafe**, featuring coffee, coffee beans, soft drinks, sandwiches, soups and kitchen gift items (next to Crowley's).

### Kroger adds Concierge

For the rest of the month of May, some Kroger employees at the Orchard Lake store, Lone Pine and Orchard Lake Road,

will trade grocery smocks for blazers and serve as a "Kroger Concierge" within the grocery aisles. The recently renovated Kroger store is undergoing a complete transformation, based upon input of local patrons and residents. The Kroger Concierge serves as a personal liaison during the transition to help locate products, answer questions related to the relocation of sections and products within the store, and also take consumer requests for products which may not be currently offered. The revamped Orchard Lake store includes 4,000 new items in stock, including international foods and an expanded kosher section and also offers "Super Sample Saturdays" through May, featuring ethnic cooking demonstrations and sampling by some of the top local restaurants, from 11 a.m. to 2 p.m.

### Mall walkers meet

Westland Walkers Club holds its monthly meeting 9:30 a.m., Wednesday, May 13 in the lower level auditorium of Westland Center on West Warren.

## RETAIL DETAILS

The Shopping Center encourages those interested in walking for exercise by opening its doors in the mornings to walkers beginning at 7:00 a.m. through Arcade 2. Mall walking ends at 10 a.m.

### Make-up artistry

Trish McEvoy's team of make-up artists is available for a complimentary makeover and make-up application at Saks Fifth Avenue at the Somerset Collection on Wednesday, May 14. Call (248) 643-9000 for a personal appointment.

### Watch fair

Jules R. Schubot Jewellers holds its fourth annual Watch Fair, Friday and Saturday, May 15-16, at its Troy salon, featuring some of the world's finest watches in extended collections from Piaget, Jaeger le Coultre, Breitling, Baume & Mercier, Cartier, Blancpain and Vacheron Constantin. On Friday, some lucky customer will win a Breitling, and on Saturday, a Baume & Mercier will be awarded. Located across Coolidge from the Somerset Collection South, the salon's special hours for the

Watch Fair are 10 a.m.-8 p.m. Friday and 10 a.m.-5 p.m. Saturday.

### Beadwork demo

Karen Rossi of Karen's Kreations presents a demonstration of North American Indian beadwork creation, from noon to 5 p.m., Sunday, May 17 at the North American Indian Art Gallery and Trade Center, 26161 W. Six Mile Road, Redford. The Gallery is a consortium of native artists and entrepreneurs offering authentic North American Indian art, crafts and trade goods and services. Call (313) 387-5930 for more information.

### Spring Sample sale

MVP, Inc. will offer an extraordinary selection of Maria Pinto day and evening clothing, stoles and scarves, sizes 4-16, at reduced pricing during its Spring Sample Sale. Held at the Northfield Hilton, in Troy, the sale runs from 9 a.m.-7 p.m., May 21-22. Call (248) 879-2100 for details.

## Art Van is retailer of the year

Art Van Elslander, chairman and CEO of Art Van Furniture, is the National Home Furnishings Association's 1998 Retailer of the Year.

Van Elslander was cited for outstanding leadership performance in three areas: contributions to the industry, community service and personal business achievements and leadership of his own company. Van Elslander's Michigan-based company is the nation's ninth largest home furnishings retailer.

Van Elslander was honored at a furniture industry awards gala held recently in the Ballroom of the International Home Furnishings Center, High Point, N.C.

Van Elslander was named as Michigan's 1997 Retailer of the Year by the Home Furnishings Representatives of Michigan. Last year, he also received the National Buyer Appreciation award from the Tupelo Furniture Marketing Association. Company achievements during 1997 included

the opening of three new stores and remodeling and expansion of five units. Expansion plans call for two new units this year.

Also, the Interior Furnishings and Design division of the national Anti-Defamation League has selected Van Elslander as recipient of its 1998 Man of Achievement award.

Van Elslander's career spans almost 40 years in the home furnishings industry. He opened his first store, a 4,000-sq.-ft. unit, in 1959. The family-owned business now operates 26 stores throughout Michigan and is the state's largest home furnishings retailer, commanding 35 percent of the market and employing 2,700.

His community services range from support of the Detroit Zoo to help for the needy in the company's market area. For example, "A Christmas For All" program in 1995 and 1996 provided a complete Christmas dinner and toys for the children of needy families.

Active in his church, Van Elslander is an Extraordinary Minister and currently is chairman of the St. Vincent DePaul capital campaign to raise funds to replace a warehouse in Detroit destroyed by fire. Wife Mary Ann shares in activities on behalf of the church, civic groups, and the arts. The pair has been honored by Angel's Place, the Michigan Cancer Foundation, the Goodfellow's, Catholic Youth Organization and the Michigan Patrons of the Arts.

The Van Elslanders have 10 children and 26 grandchildren.

Art Van Elslander with his wife Mary Ann.



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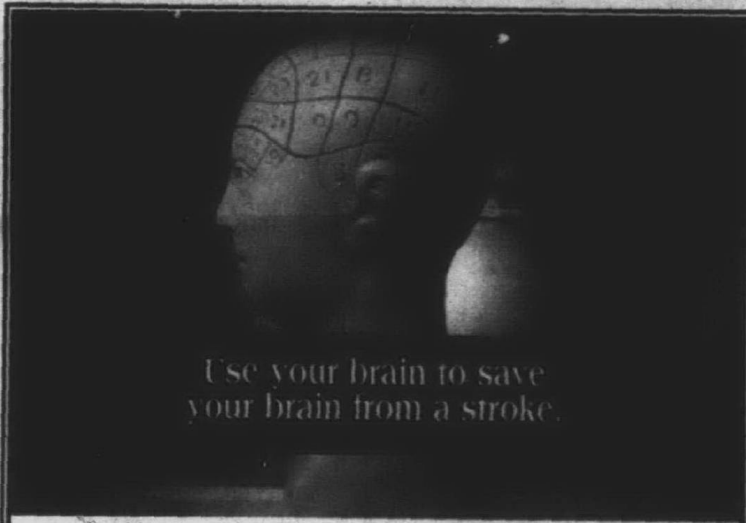
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Michigan Department of Community Health



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## TRAVEL

## Naples, Fla., offers a beautiful, year-round getaway

BY BRIGITTE D. KNUDSON  
SPECIAL WRITER

Naples is southwest Florida's answer to Miami's trendy South Beach and Palm Beach's inescapable luxury all rolled into one neat package.

Located on the calm and clear Gulf of Mexico about 35 miles south of Fort Myers' Southwest Regional Airport, Naples offers something for everyone - pleasant weather, pristine beaches, great shopping, diverse restaurants and plenty of interesting things to see and do.

While Naples is a haven for weary northerners in the winter, it is a wonderful place to visit year round. In fact, after April the population begins to decrease, making restaurants and other attractions less crowded and more affordable.

The average high temperature is 77 degrees, with lows in the winter months usually in the mid 50s. During summer, expect temperatures in the mid to upper 80s during the day, and the low 70s in the evening. While water temperatures in the

Gulf of Mexico hover in the mid to upper 60s during winter, they rise to the mid 80s during summer months.

Lodging is amply available at various prices and styles, depending on your budget and taste. The Ritz-Carlton Hotel of Naples, featured on TV's *Lifestyles of the Rich and Famous*, is located on scenic Vanderbilt Beach. Rooms are available from \$350-\$525 per night from December through April, but the price drops to \$145-\$275 per night from June to September.

If renting a condo is more your style, average prices of \$600-\$2000 per week during the peak season drop considerably to \$300-\$1000 weekly during late spring and summer.

Naples is home to 41 miles of pristine, white beaches. Southwest Florida is famous for the amount of shells that wash up on its beaches, and shelling is a favorite pastime of beach-goers.

If shopping is your forte, Naples offers an abundance of world-class shopping. The Village on Venetian Bay is a beauti-

ful site to shop or take in a meal. Built on stilts right on the bay, these scenic, pastel shops are reminiscent of Venice, Italy.

The 5th Avenue Shops, located in Olde Naples, offer many upscale boutiques and restaurants. During the evening, the area becomes a stomping ground for the well-heeled in search of quality live entertainment and gourmet food.

Finally, a trip to Naples is not complete until visiting the eclectic shops at Tin City. Tin City is located on US-41 right at the Naples Docks. Tin City features shops that carry everything from T-shirts to crystal. Weary shoppers can dine while overlooking the gorgeous bay at Merriman's, a wonderful seafood restaurant.

Naples is home to an abundance of good restaurants. A good bet for the breakfast and lunch crowd is Mancini & Moishe, a Jewish-Italian restaurant (3745 Tamiami Trail N.). The friendly people here bake all of their own breads and bagels and home cook all of their featured meats (pastrami, brisket, turkey and corned beef).

If a pub and grill is more your style, the recently opened McCabe's Irish Pub & Grill, located in The Inn on Fifth (699 5th Ave. S.), is a fun choice. Run by a second-generation Irish-American, the inside of the pub was built in Ireland by master craftsmen and then shipped in pieces to Naples. A crew was then brought from Ireland to assemble the pub.

After you've sunned, shopped and eaten, it will be time to take in a little activity. Naples offers activities for all interests and ages.

If golf is your game, there are over 40 courses available in Naples and Marco Island (just south of Naples). While tee



Prime shopping: The Village at Venetian Bay is one of Naples' most popular shopping centers.

times can be reserved with a telephone call at public courses, the various private courses operate a little differently.

Nature lovers find a proverbial jungle of activities while visiting Naples. The Everglades lie southeast of the city, and many tour operators offer a variety of excursions ranging from guided nature tours to swamp buggy rides.

The Corkscrew Swamp Sanctuary, located northeast of Naples and operated by the National Audubon Society, is an 11,000 acre sanctuary that features 500 year-old cypress trees and is home to a number of local animal species, including alligators, white-tail deer, and a number of bird species. A 2.5 mile nature trail winds through these various environments. Admission for adults is \$6.50, children 6-18 \$3, under 6 free. National Audubon Society members pay \$5.

But visitors need not leave the

city of Naples for wildlife adventures. The Conservancy (14th Ave. North off of Goodlette-Frank Rd.) features a wildlife rehabilitation center as well as kayak rentals, guided boat tours, and an outdoor aviary. Kids will really love the indoor Discovery Center, with its animals and hands-on displays. The Southwest Florida Museum of Natural History is housed here and features seven aquariums as well as daily sea-turtle presentations. Admission is just \$5 for adults, \$2 for children 3-12, and free for children under 3.

If you love the sea, a variety of choices await you at the Naples Docks. Charter boats offer half and full day deep-sea fishing, dolphin watching, and dinner cruises. Day trips to Key West also leave from this location and include breakfast and dinner at rates starting from \$70 per person.

On a May deep-sea fishing excursion, I caught many red

grouper and snapper.

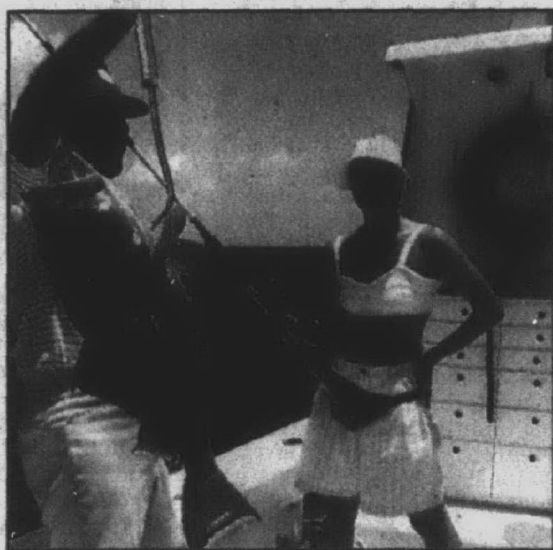
The Gulf of Mexico can also be enjoyed by landlubbers at the historic Naples Pier, located a few blocks west of the Olde Naples area. The pier features ample seating for enjoying the ocean and beach scenery. A fishing license is not needed for fishing at the pier.

Finally, for the young and young at heart, the Teddy Bear Museum of Naples (2511 Pine Ridge Rd.) hosts a collection of over 3,000 teddy bears and includes displays of antique and limited-edition bears. Bear-making demonstrations are popular, but be sure to call first at 598-2711 for availability.

If you are planning a visit to Naples, Fla., be sure to visit their web site ([www.naples-florida.com](http://www.naples-florida.com)), which offers further information on places to stay, dining, golf, attractions, weather and local businesses.

Brigitte Knudson is Livonia free-lance writer.

**Big catch:**  
Livonia's  
Brigitte  
Knudson  
had no trouble  
landing the big ones  
in the Gulf  
waters off  
Naples.



## GREAT ESCAPES

Great Escapes features various travel news items. Send news leads to Hugh Gallagher, assistant managing editor, Observer & Eccentric Newspapers, Inc., 36251 Schoolcraft, Livonia, MI 48150, or fax them to (313) 591-7279.

## TELL US YOUR STORY

We want to hear from you! Have you been someplace interesting? Have you had a special adventure? Is there a quiet island you'd like to recommend or a highly promoted place you'd like to warn against? Do you have special tips for other travelers to make their journeys easier?

er? Have you met some interesting people in other countries that you'd like others to know about? We want to share your stories and your color pictures on our travel page. Call Hugh Gallagher at 734-953-2118, or fax him at 734-591-7279 or e-mail him at [hgallagher@oe.homecomm.net](mailto:hgallagher@oe.homecomm.net).

## LIGHTHOUSE CRUISE

The Great Lakes Lighthouse Keepers Association is hosting a Detroit to Toledo lighthouse excursion aboard the Diamond Jack on Sunday, Aug. 23. The full day of cruising will provide views of the Grosse Ile, Boblo,

Detroit River and Toledo Harbor lighthouses plus other maritime sites. Three light meals are included, \$78 per person. Deadline is June 20. Write to: GLLKA, Henry Ford Estate, 4901 Evergreen, Dearborn, MI 48128. Phone 313-436-9150 or fax 313-436-9143. GLLKA is a non-profit organization dedicated to lighthouse preservation and education.

## AIRPORT ALERT

WJR-AM (760) has created an hourly airline travel update which airs two minutes after the top of every hour during peak drive times. Operations director

Al Mayers said the reports were started to provide air travelers with important updates during Northwest Airlines contract negotiations. The reports include cancelled and delayed flights information. The reports air during drive times except during play-by-play sports broadcasts.

## CYCLING CLASSIC

The Harbor Springs Cycling Classic is Saturday, May 30. The annual tour begins three miles north of Harbor Springs at the Birchwood Inn and travels M-119, one of the most scenic Lake Michigan shoreline roads. To accommodate a range of cycling

ability, rides of 20 miles, 40 miles and 100 kilometers are planned. For information and lodging packages, call the Birchwood Inn at 1-(800)530-9955.

## SAFE BOATING

The Michigan Boating Industries Association is offering, free to the public, the 1998 edition of the Michigan Boating Annual (a \$7.95 value) and a safe boating kit as part of National Safe Boating Week, May 16-22. The Boating Annual is designed for boaters who travel and travelers who boat as it highlights different ports around the state. The publication offers a listing of

U.S. Coast Guard, U.S. Power Squadron and local sheriff's departments and other boating services. The boating safety kit includes information designed to help boaters operate their vessel responsibly and in accordance with the U.S. and Michigan regulations. The theme of this year's National Safe Boating Week focuses on flotation devices. The slogan is: "Wear Your Life Jacket - Boat Smart From the Start." To receive your free copy call (734)261-0123 or stop in or write to the MBIA at 31398 Five Mile, Livonia, MI 48154-6109.

## How to become an exchange student

The May 3 Travel section featured a story by Caitlin Kilkka of West Bloomfield on her year as an exchange student in Finland. Here is some information if you are interested in becoming an exchange student.

There are many opportunities to live in various countries as an exchange student for a summer, a semester or a school year. Planning a year or more ahead allows students to plan their school schedules to incorporate the experience better. Several established programs include:

■ Youth for Understanding, based in Washington, D.C., offers summer, semester and

year programs in 30 countries. Costs range from about \$3,000-\$3,500 for many summer programs to \$5,700-\$6,100 for academic year programs. Deadline for summer and fall departure applications is April 1, while winter departure applications are due Oct. 20. Early fall applications for the following year allow the best choice of countries, possible scholarships and early-bird discounts. YFU also sponsors foreign students coming to the United States and is actively seeking host families for the 1998-99 school year. Call 1-800-TEENAGER for information.

■ American Field, based in New York, offers similar programs. In addition, a summer language study/home stay program is offered in five countries. Contact AFS at 1-800-237-4636.

■ Rotary International sponsors year-long exchanges to 75 countries. Students apply to local Rotary clubs through written applications and interviews. Students pay their own round trip transportation and insurance costs while Rotary provides educational expenses and a monthly allowance. Call Rotary International at 1-847-866-3000 for a local contact.

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# Observer Sports

C.J. Risak, Editor 734-953-2108

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The Observer

INSIDE:  
Madonna baseball, D3  
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P/C Page 1, Section

Sunday, May 10, 1998

## OBSERVER SPORTS SCENE

### Mat winners

It was the culmination of the first-ever Community Education-sponsored all-city middle school wrestling program: the individual weight division champions.

The program, though always lobbied for by those involved in Plymouth Canton's and Plymouth Salem's high school wrestling programs, didn't get off the ground until this year, thanks in great part to the direction provided by John Demsick, himself a championship-caliber wrestler at University of Michigan.

"The lack of competitive middle school wrestling teams here puts both our teams behind right from the start," said Demsick, considered the leading candidate for the vacant Canton wrestling coach's position. "Belleville, Romulus and Ann Arbor are among the majority of schools that have a three-month season for middle schools with dual meets and tournaments.

"I knew it would be a help to offer a city-wide program that at least ended with a tournament."

Demsick's middle school program ended with a tournament at Canton HS. First-place winners were: in the 58-73 pound class — Zachary Streif; 82-88 — Alex Freitag; 95-105 — Richard Demsick; 118-122 — Jeff Hamilton; 123-133 — Doy Demsick; 135-139 — Skye Matuniak; 143-149 — Dan Cepela; 151-173 — Bob Moore; 177-185 — Shahein Rajae; 195-201 — Philip Rothwell.

Other medal-winners were: Justin Bulmer, Steve Carter, Jason Cepela, Nathan Dillard, Matt Fiorenzi, Jon Kleemann, Steve Koenig, Andrew Koppin, Scott Marinski, Martin Mayotte, Ken McDonnell, Matt McKinley, Pat Moran, Chris Pocock, Evan Reisenweber, Quinn Richards, Kevin Rodriguez and Jeremy Walker.

### Simons signs

Missy Simons, Plymouth Salem's all-purpose soccer star, has signed to attend Wofford College in Spartanburg, S.C.

Simons has played sweeper, stopper, midfield and, this season, has been at striker most of the time. She is the Rocks' leading scorer.

A starter at Salem since her freshman year, Simons will bring size and strength, as well as well-developed overall abilities, to the Lady Terriers' program. She is the third recruit signed by Wofford coach Josef Lorenz.

### Cruisers honored

The Plymouth-Canton Cruisers finished their winter session with their awards banquet, with honors presented in three categories.

The 4-D Award (given to those whose attitudes reflect desire, determination, dedication and dependability) was given to Colin Smith and Allison Arble in the 8-and-under age group; Stephen Orey and Kristen Nevi in the 9-10 division; Mike Horgan and Amy Mertens in the 11-12 division; and Brian Mertens and Alex Evans in the 13-14 group.

The Achievement Award was presented to: Trevor Silbernagel, Alyssa Johnson and Emily Stephens, 8-and-under; Ryan Smith and Amanda Newman, 9-10; Ben Dzialo, Jeff Nevi, Jamie Bielak and Sarah Bealafeld, 11-12; and Brad Nilson and Kari Foust, 13-14.

The Most Improved Swimmer Award was given to: Steve Johnson, Katie Gorman and Lucy Liu, 8-and-under; Greg Calabrese, Patricia Ahern and Elaine Lafayette, 9-10; Adam Sonnanstine, Matt Vivian, Katie Bielak and Alex Derian-Toth, 11-12; and Garrett Stone, Nick Markou and Beth Evan, 13-14.

Kristen Stone was named the 15-18 division's most valuable swimmer.

### Chiefs boosters

The Canton Chiefs Football Booster Club will meet at 7 p.m. Wednesday, May 13 in Room 165 of Plymouth Canton HS. Among topics to be discussed will be fund-raising goals for the upcoming season.

All parents of Canton football players are asked to attend. Parents who will have freshmen football players at Canton this fall are also encouraged to attend. Future meetings will be held at 7 p.m. on the second Wednesday of the month in Room 165 of Canton HS.

For further information, please call booster club president Anne Sicilia at (734) 397-3046.

## Booming bats bail out Salem, 12-11



Throughout the season, different parts of Plymouth Salem's game have shone brightly. Problem is, the Rocks haven't had all phases glowing at once. Against John Glenn, it was the offense that pulled out the victory.

Just when it was needed most.

The Plymouth Salem softball team's bats came alive Thursday when they were needed most, allowing the Rocks to overcome an 11-7 deficit and eventually escape with a 12-11 triumph over visiting Westland John Glenn Thursday.

The win, combined with Wednesday's 6-3 victory over Walled Lake Western, boosted Salem's record to 9-10-1 overall

and to 6-7 in the Western Lakes Activities Association. The Rocks are 4-4 in the WLAA's Lakes Division.

Glenn overcame a 6-2 Salem lead by scoring five runs in the fourth inning and four more in the fifth. The Rocks narrowed the gap to 11-8 with a run in the fifth, then tied it with three runs in the sixth — the first scoring on Dawn Allen's sacrifice fly, the second on a wild pitch, and the third on Katie

Kelly's single.

Heather Sonntag, who had two hits in the contest, scored the game-winning run in the bottom of the eighth on a base hit by Becky Esper. Esper had three hits in the game, driving in two runs.

Allen also had two hits, including a three-run triple in Salem's six-run third, to finish the day with four RBI. Kelly added three hits and one RBI, Karen Prosyk had two hits and two RBI, and Stefanie Volpe got a hit and an RBI.

Amanda Sutton was the winning pitcher (she's now 6-5) in relief; Shannon Coultas started but left after sur-

rendering 10 runs (seven earned) in 4 1/3 innings. Sutton worked the last 3 2/3 innings, giving up just one run.

In Wednesday's victory at Western, Sutton again was the winning pitcher. She worked all seven innings and did not allow an earned run, allowing seven hits and two walks, with two strikeouts.

Volpe had three hits, including a double, and drove in two runs, while Esper collected two hits and three RBI. Allen also had two hits and Coultas totaled one hit and one RBI.

Please see **SOFTBALL, D5**

## A team to be wary of Chiefs could be the upset specialists

If you're looking for a darkhorse in Tuesday's Western Lakes Activities Association tennis meet, Plymouth Canton may just fit the role.

North Farmington is, without question, the favorite to take the title while Northville is a close second. But the Chiefs, which have won six straight dual meets, might just surprise a few folks and walk away with the crown.

"There's an outside chance," Canton coach Barb Hanosh said of taking first place. "But the chance is there."

Considering how the Chiefs have played of late, it may not be such a remote possibility.

Canton dismantled Livonia Churchill at home Thursday to the tune of 7-1. It bumped the Red and White's record to 8-2-1 on the season.

The Chiefs swept the singles competition.

Shab Singh defeated Rob Aloe in straight sets 6-2, 6-2 at the No. 1 slot. Vinnie Ikeh dispatched Ian Quay 6-4, 6-4, while Matt Nagy ripped Tom Fitzstephens 6-1, 6-0.

The sophomore has put together quite a year. He's currently second in the league and boasts a 10-1 record.

"He has played very well all year," Hanosh said.

At fourth singles, Richie Ikeh defeated Churchill's Ken Tfung 6-3, 6-4. Canton was nearly as dominant in doubles.

Gary Levenbach and Jason Darow teamed to take a two set win over Bob Koivunen and Mark Waldron, 7-6(7-4), 6-0.

Churchill's lone win came at No. 2 doubles. Scott Risner and Eric Williams defeated Canton's Scott Mincher and Chris Houdek 6-2, 6-1.

The Chiefs took the final two matches in straight sets.

Chris Poff and Nate Mootart defeated Ben Luong and Mike Horka 6-0, 6-3. Andy Oleszkowicz and Luke Montgomery beat Adam Rourke and Chris Singleton 7-5, 6-1.

"It has been a great season," Hanosh said. "I knew we had great potential just by seeing the talent we had last year."

The coach felt the Chiefs could've accomplished a little more than they did last year. She challenged her team to play more in the off-season and return this spring in better shape.

"We needed a change in perspective,"



**A strong start: Canton concluded its dual-meet season on a winning note, winning seven of eight flights against Livonia Churchill — including a sweep of all four singles, with No. 1 Shab Singh (above) and No. 2 Vinnie Ikeh (left) both winning their matches in straight sets.**

Hanosh explained, "if we were going to reach our goal of becoming a better, more competitive team."

The Chiefs took her challenge seriously.

"I've been impressed with the amount of improvement I've seen," Hanosh said.

Still, it took a lineup change early in the season to get the Chiefs going. Can-

ton won its first match this spring, but then tied Walled Lake Central.

"I felt we should've beat them," Hanosh said.

The coach shook her lineup up following the tie. The rest, as they say, is history.

"We've stayed with that lineup

Please see **TENNIS, D2**

## Canton's depth a winner

Posting all those impressive times sure looks good in a track roundup, but when it comes to winning dual meets, what really counts is what comes after the first-place finishes.

For Plymouth Canton's boys team, that's what won it in Thursday's meet at Farmington Harrison.

The Chiefs remained unbeaten in the Western Lakes Activities Association's Western Division, thanks to sweeps in four of the individual running events that allowed them to cruise to an 81-56 triumph.

"I was surprised," said Canton coach Bob Richardson. "I had no idea we could sweep them in all of those, especially the 400."

Canton improved to 4-0 against division foes; its overall dual-meet record is 4-1. Harrison is 0-4 within the division, 1-4 overall.

The Chiefs didn't just get victories in the 400-meters, 800-meters, 1,600-meters and 3,200-meters. They got second and third, too.

Bryan Boyd finished first for Canton in both the 1,600 (4:50.0) and 3,200 (10:49.0). In the 1,600, the Chiefs also got a second from Jerry Reynolds (4:53.0) and a third from Shaun Moore (4:56.0); in the 3,200, they got a second

from Jason Rutter (10:53.2) and a third from John Mikosz (11:00.4).

Jerry Gaines won the 400 for Canton (53.5), with Larry Anderson second (53.6) and Jack Tucci third (55.1). And Marty Kane finished first in the 800 (2:05.9), with Moore second (2:06.4) and Steve Blossom third (2:09.5).

Kevin Keil and Mark Popejoy gave the Chiefs a solid one-two punch in the shot put and discus. Keil was first in both (46-feet, 8-inches to win the shot; 156-1 for a first in the discus), with Popejoy taking second (44-11 in the shot, 141-3 in the discus).

Another Canton winner was Eric Larsen in the long jump (20-4 1/4). Larsen was also second in both the high jump (5-10) and 200 (23.2).

Gary Lee, Karamjit Singh, Jason Falardeau and Nate Howe combined for a Chiefs' win in the 400 relay (48.1), and Blossom, Dave Hylko, Rutter and Kane teamed for a first in the 3,200 relay (9:34.8).

A win Tuesday at Northville would guarantee Canton the outright Western Division championship. The Chiefs compete at the Class A regional at Redford Union Friday.

**Salem still 1st**



**Point-winner: Canton's Eric Larsen won the long jump and was second in the high jump.**

Plymouth Salem remained perfect in WLAA dual meets with an 82-55 win over North Farmington Thursday at

Please see **BOYS TRACK, D2**

## Lukasik's 2-hitter lifts Rocks to win

Plymouth Salem's 5-0 road win over Westland John Glenn Thursday was classic baseball: Good pitching, timely hitting and excellent defense.

The Rocks used all of those ingredients to beat their hated Lakes Division rival. Jason Lukasik tossed a two-hitter and struck out nine Rocket batters.

"He had a lot of first strike pitches," Assistant coach Aaron Rumberger said. "That allowed him to use his curveball and changeup later in the count to get the strikeouts."

It was Salem's third win in a row. Not bad for a club that was on a six-game downer going into the week. The Rocks, at any rate, improved to 12-10 overall, 6-6 in the WLAA and 4-4 in the Lakes Division.

Salem got all the runs Lukasik needed in the first inning. Mike Hoben and Kurt Berlin each knocked in runs with ground balls.

The Rocks added single runs in the third, fourth and seventh innings. Tony Bernhardt squeeze bunted a run home in the fourth while Joe Rizzi knocked in another in the seventh.

Lukasik was helped out with some excellent Salem fielding. The Rocks picked up double plays in the second and third innings to keep the sophomore right hander out of trouble.

Rumberger added that his team didn't commit an error in the contest.

"We played as well defensively as we've played all year," he said.

**Franklin 5, Canton 4:** If timing is everything, then Plymouth Canton's clock must've stopped.

The Chiefs kept coming close to Livonia Franklin Thursday, but they couldn't beat their WLAA Western Division rivals.

"We had plenty of opportunities to score," said Canton coach Scott Dickey, his team now 8-10 overall and 5-7 in the WLAA. "We just couldn't get the runs in, we couldn't get the job done."

Ben Tucker started and absorbed the loss for the Chiefs, allowing five runs (two earned) on five hits and one walk, with three strikeouts, in 4 1/3 innings. Kevin Tomasaitis worked the final 2 2/3 innings, surrendering three hits.

Joe Cortellini led the Canton offense with two hits and two runs batted in. Oliver Wolcott, David Kwiatkowski and Andrew Copenhagen each had one hit.

**Canton 9, Farmington 1:** On Wednesday, Canton had no problem finding runs in a lopsided win at Farmington.

Oliver Wolcott, a freshman second baseman, provided the offensive firepower. Wolcott went 4-for-4, including two doubles, and drove in three runs. Andrew Copenhagen and Pat Van Hull each had a hit and scored two runs, and Joe Cortellini had a hit and an RBI.

Jeff Page was the winning pitcher. He tossed a three-hitter, walking three and striking out six.

**Salem 9, Western 8:** Mark Runchey singled Jeff Bennett home in the bottom of the fifth inning Wednesday to lift the

Please see **BASEBALL, D3**



# Rocks roar past Raiders

What North Farmington's girls track team had to offer wasn't much, compared to Plymouth Salem.

The Rocks totally dominated this Western Lakes Activities Association dual meet, winning 14 of 17 events in running their record to 5-1 overall (3-1 against WLAA Lakes Division rivals) with a 108-29 triumph Thursday at North.

There were two double-winners in individual events in the meet, one from each school. Salem's Rachel Jones finished first in both the 100-meters (13.1) and 200-meters (26.6); North got wins from Melissa Gratz in both the shot put (36-feet, 8-inches) and discus (129-1).

The Raiders (1-4 overall, 0-4 in the Lakes) only other win was by Katie Gaffey in the 100 hurdles (17.1).

Salem's depth was the obvious difference. The Rocks got the wins in all the other field events, with Autumn Hicks in the high jump (4-10), Brynne DeNeen in the long jump (14-11) and Kelly Van Putten in the pole vault (6-6).

In the individual events, leading the Rocks was Melanie Mester in a regional qualifying time of 5:36.1 in the 1,600. Other firsts in individual events went to Aisha Chappell in the 300 hurdles (49.8); Shannon Will in the

## GIRLS TRACK

400 (1:06.3); Annemarie Vercruysse in the 800 (2:29.1); and Ellen Stemmer in the 3,200 (12:28.4).

Salem swept the relays. In the 400, Zdenka Konecny, Wendi Lehardt, Jones and Michelle Bonior were first (52.9); Hicks, Lehardt, DeNeen and Jones captured the 800 (1:49.8); Vercruysse, Heather Whittington, Erin Kelly and Miranda White were first in the 1,600 (4:35.6); and Stemmer, Evelyn Rahhal, Vercruysse and Alyson Flohr got top honors in the 3,200 (11:00.00).

Last Tuesday in the annual Mangan Meet, the Rocks came away with most of the firsts against cross-campus rival Plymouth Canton. The meet was non-scoring in terms of team totals.

Salem had three double-winners in individual events against Canton: Tiffany Grubaugh in the shot put (36-4) and discus (118-11); Hicks in the high jump (5-0) and 400 (1:00.1); and Flohr in the 1,600 (5:29.4) and 3,200 (12:04.4).

Other individual winners for the Rocks were Bonior in the 100 (13.1); Jones in the 200 (26.8); and Rahhal in the 800 (2:28.9).

For Canton, individual-event winners were Nkechi Okwumabua in the long jump (17-4); Erin Stabb in the 100 hurdles (16.9); and Crystal Alderman in the 300 hurdles (48.9).

The Rocks won all four relays. Jenny Frederick, Lehardt, Jones and Bonior teamed in the 400 (51.3); Hicks, Lehardt, DeNeen and Jones combined in the 800 (1:48.4); Becky Phelan, Hicks, DeNeen and Shannon Will won the 1,600 (4:15.6); and Rahhal, Stemmer, Vercruysse and Phelan were first in the 3,200 (10:02.1).

The two dual-meet triumphs capped a strong week for Salem, which traveled to the 20-team Flint Mott Relays May 1 and came away with a narrow victory. The Rocks scored in 13 of 14 events, finishing with 50 points — one more than runner-up Flint Central (49) and two more than third-place Detroit Renaissance (48). Pinckney was fourth (40).

Salem had just one first-place finish: Flohr, in the 1,600-meter run (5:30.4). Rahhal was second in the 1,600 (5:34.4).

The Rocks benefitted from two other seconds — the high jump relay team of Chappell and Hicks (9-9 combined) and the 4x800 relay of Rahhal, Stemmer, Vercruysse and Katie Bonner (10:05.5). They also had four thirds, two fourths and three fifths.

## Boys track from page D1

Salem.

The Rocks are 4-0 in the Lakes Division, 7-0 overall. North is 2-2 in the Lakes, 3-2 overall.

Salem overcame a stumbling start in the field events — the Raiders won four of the five — to win seven of the eight individual running events and three of the four relays. And the Rocks did it without a single individual event double-winner.

Sean Galvin was their only victor in field events; he finished first in the high jump (5-6).

Other Salem individual-event winners were Dave Clemons in

the 110-meter hurdles (15.3), Pat Johnson in the 100 (11.9), Cameron Blanchard in the 200 (23.9), Scott Kingslien in the 400 (54.4), Nick Allen in the 800 (2:02.8), Ian Searcy in the 1,600 (4:37.0) and Jon Little in the 3,200 (10:00.0).

The Rocks won the 400 relay in 45.2; the 800 relay in 1:35.1; and the 3,200 relay in 8:51.0.

Salem completes its dual-meet season by hosting Westland John Glenn at 3:30 p.m. Tuesday. On Friday, the Rocks will compete in the Class A state regional at Redford Union.

## Tennis from page D1

except for third and fourth doubles," Hanosh commented.

The resulting win streak has put the Chiefs in a solid position for Tuesday's conference match.

Most of Canton's players will be seeded from second to fourth in the WLAA. Baring any early round upsets, the Chiefs shouldn't see any North Farmington or

Northville players until the semi-finals.

While it would be nice to take the championship, Hanosh said it wouldn't be a failure for the Chiefs if they didn't.

"To take first, second or third would be great," she said. "I'd be very pleased."

## SPORTS ROUNDUP

### Salem boosters

The Plymouth Salem Linebackers Football Booster Club will have its monthly meeting at 7:30 p.m. Wednesday, May 20 in the Salem HS cafeteria. Among the topics to be discussed will be the golf outing, picnic and fund-raisers.

Parents of any boy playing, or planning to play, football at Salem in the fall are encouraged to attend. For further information, call club president Joe Mestrovich at (734) 459-1122.

### Golf opportunities

A ladies league is now in session at the Golden Bear Golf Center at Oasis, located at 39500 Five Mile in Plymouth. Cost for the season is \$215 per person (prorated after the April 28 starting date), which includes all fees. Ladies will choose a tee time between 4:30-6:10 p.m. on Monday, Tuesday and Thursday, or on Wednesday between 7:30-9:30 a.m. or 4:30-6:10 p.m.; once

their choice has been made, the ladies will play with the same foursome each week through the Aug. 4 conclusion.

The program provides women with the chance to practice pitching, putting and chipping, at the intermediate and beginner levels. Personalized one-on-one instruction, with advanced video technology, is included. Call Stephanie Ashley or Bridgette Orosz at (734) 420-4656 for more information.

Here's a chance for kids to learn the game of golf. A junior camp, held at the Golden Bear Golf Center at Oasis (39500 Five Mile, in Plymouth), will run on from 7:30-noon on Mondays, Tuesdays, Wednesdays or Thursdays from June 15-Aug. 4. Cost is \$128 per child (once a playing time is selected, it will remain the same each week through the completion of the program).

Fees include greens fees, chaperones, starters, picnic, trophies and prizes. Here's a great chance for kids to learn and practice pitching, putting and chipping,

with play at the beginners and intermediate levels. For more information, call Stephanie Ashley or Bridgette Orosz at (734) 420-4656.

### SC hoop camp

Registration is now underway for the Schoolcraft College Basketball Camp of Champions, for boys 6-18 years old. The camp will be under the direction of SC basketball coach Carlos Briggs, former NJCAA All-American at SC who later starred at Baylor University; Briggs guided the Ocelots to their best season in school history in his first season as coach last year and was named NJCAA Eastern Conference coach of the year.

The camp will be from 9 a.m.-1 p.m. daily, from June 22-25. The main focus will be on fundamentals of the game, in shooting, ballhandling, passing and defense, with drills in rebounding and one-and-one play. There will be guest speakers daily,

including former pro and collegiate players.

Cost is \$100 per camper, which includes a free camp T-shirt. Registration forms are available at the Schoolcraft College athletic offices.

### Good Counsel golf

The Our Lady of Good Counsel Golf Outing, sponsored by the Booster Club, is set for two starts: 7:30 a.m. and 1 p.m. Saturday, May 30 at St. John's Golf Course, located at 14830 Sheldon in Plymouth.

Cost is \$90 for golf and dinner (\$40 for dinner only), with your choice of a.m. or p.m. starts in the shotgun format. The price includes 18 holes of golf, cart, lunch and dinner. There will also be a silent auction.

Proceeds will benefit Lady of Good Counsel athletic programs.

Checks should be made payable to OLCG Booster Club and mailed to Rick Huetter, 10110 Creekwood, Plymouth,

MI, 48170 (phone 416-9177); or Steve Rapson, 93697 Oak Brook, Canton, MI, 48187 (phone 455-6634); or Dave Hall, 11204 Bellwood, Plymouth, MI, 48170 (phone 455-8257).

### Indian tryouts

The Michigan Indians travel baseball team, for 11-and-under players, are conducting tryouts for its team. There are no residency requirements.

The team will play 45-to-50 games, with various weekend tournaments and an opportunity to advance in the Little League World Series. Players must have a birthdate between Aug. 1, 1986 and July 31, 1987.

For further information, call Bruce Price at (734) 453-9180 (home) or (734) 459-2960 (work).

Anyone interested in submitting items to Sports Scene or Sports Roundup may send them to the sports editor, 36251 Schoolcraft, Livonia, MI, 48150, or may FAX them to (313) 591-7279.

## WEEK AHEAD

**PREP BASEBALL**  
Monday, May 11  
Canton at Churchill, 4 p.m.  
Stevenson at Salem, 4 p.m.  
Bishop Foley at Redford CC, 4 p.m.

Tuesday, May 12  
John Glenn at Canton, 4 p.m.  
Wednesday, May 13  
Stevenson at Canton, 4 p.m.  
Salem at Northville, 4 p.m.

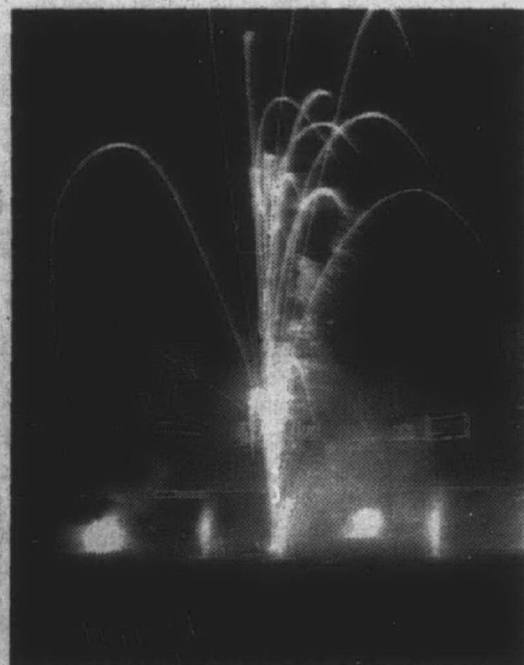
**GIRLS SOFTBALL**  
Monday, May 11  
Churchill at Canton, 4 p.m.  
Salem at Stevenson, 4 p.m.  
Wednesday, May 13  
Canton at Stevenson, 4 p.m.  
Northville at Salem, 4 p.m.

**BOYS TRACK**  
Monday, May 11  
Redford CC at U-D Jesuit, 4 p.m.  
Tuesday, May 12  
John Glenn at Salem, 3:30 p.m.  
Canton at Northville, 3:30 p.m.

**GIRLS TRACK**  
Tuesday, May 12  
Salem at John Glenn, 3:30 p.m.  
Northville at Canton, 5:30 p.m.

**GIRLS SOCCER**  
Wednesday, May 13  
Churchill at Salem (CEP), 7 p.m.  
TBA — time to be announced.

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# Shamrocks slip past Brother Rice twice

Birmingham Brother Rice pitching ace Tom Marx outshined Redford Catholic Central's ace Tony Nozowski at the plate but certainly not on the mound when their two teams met in a Wednesday double-header at CC.

Marx, a senior left-hander expected to go high in next month's Major League draft, hit a home run in the first game only to lose to his counterpart, 4-3. The Shamrocks completed the sweep with a 2-1 victory in Game 2.

Both wins came when CC scored runs in its last at-bat.

The sweep gave the Shamrocks a 14-4 overall record, 10-4 in the Catholic League Central Division. They needed at least one win in yesterday's double-header against Warren DeLaSalle, which ended the Central Division regular-season schedule, to clinch first place.

The first round of the Catholic League playoffs will be played Saturday in Utica. Matchups will appear in Thursday's Observer.

## CC BASEBALL

Nozowski improved his record to 6-0 with a complete-game four hitter. He walked six and struck out 10.

Nozowski, who carries a 1.27 earned run average with 38 strikeouts and 27 walks in 38 innings, is 10-1 the last two years.

His fastball is his best pitch but he doesn't throw harder than 80 miles per hour, coach John Salter said.

"He seems to be able to get out of trouble, that's what his strength is," Salter said. "He's not overpowering but he's good in the clutch."

Marx, who was idle the previous two weeks because of a leg injury, allowed five hits, walked four and hit four batters with pitches.

Marx gave himself a 1-0 lead with a home run in the top of the first inning.

Chris Woodruff, the Shamrocks' catcher, figured in all of CC's scoring and finished with two hits and three RBI.

The Shamrocks tied the score with a run in the bottom of the second. Following walks to Chris Woodruff and Anthony Tomey and consecutive steals, Mario D'Herin picked up an RBI with a fielder's choice.

Rice added two unearned runs in the fifth to take a 3-1 lead, thanks to one hit and two walks and two CC errors.

The Shamrocks pulled within one in the bottom of the fifth when Woodruff doubled to score Matt Firlik, who led off the inning with a double.

CC scored twice in the bottom of the seventh to secure the victory, getting help from a passed ball.

Dave Lusky started the rally, reaching first base despite striking out because the second strike got past the Rice catcher and went to the backstop.

Marx then hit Casey Rogowski with a pitch, putting runners on first and second.

Woodruff followed with a double to right-center field to bring both home for the one-run victory.

Woodruff is now hitting .385 with 18 RBI, which ranks third on the team behind Rogowski (26) and Lusky (23). He leads the Shamrocks with seven doubles.

"He's been a good, consistent clutch hitter and has improved defensively catching," Salter said. "We knew he could hit. He hit pretty well last year on the varsity."

The Shamrocks eked out another one-run win in the nightcap, breaking a 1-1 tie with a run in the bottom of the seventh.

Adam Harris started things with a single and was sacrificed to second on a bunt by Firlik. A walk to Lusky put runners on first and second and Rogowski followed with an RBI single to score Firlik with one out for a 2-1 victory.

Tomey, throwing five innings in relief

of starter Mike Haller, earned the pitching victory. Tomey allowed two hits, walked one and struck out three to improve to 3-1 on the mound.

Control has been a problem for Tomey. He had walked 17 batters in 15 innings prior to Wednesday's appearance.

Tomey could be a big asset once the state tournament starts and the four-ball, three-strike count is used.

"Anthony does better in the summer when they're playing 4-3 count," Salter said. "That extra ball really helps him. He throws the hardest of all our guys, about 83 or 84."

Rice scored its only run in the first against Haller, using a triple and a ground out to go up 1-0.

The Shamrocks tied the score with a run in the bottom of the first. Lusky and Woodruff both singled to put runners on first and third. Tomey followed with an RBI single to put the Shamrocks ahead 2-1.

## Baseball from page D1

Rocks past Walled Lake.

His hit capped an excellent comeback. Western led 7-4 going into the bottom of the third. Brett Burelson cut the deficit to one with a two-run homer and the Rocks added two more runs to take an 8-7 advantage.

Salem led 9-7 when Western got its final run in the top of the

seventh. Scott Hay (2-1) got the win in relief of Berlin. He pitched five innings allowing three runs and three hits.

**Ply. Christian 3, Roesper 0:** James Jones and Bill Kiesel combined on a two-hit shutout for Plymouth Christian Academy, which improved to 8-7 over-

all and to 4-2 in the Michigan Independent Athletic Conference with Thursday's win at Bloomfield Hills Roesper.

Jones, a senior righthander, worked the first six innings and got the victory, allowing two hits and two walks, with six strikeouts. Kiesel pitched the final inning.

The Eagles scored all three of their runs in the second inning. Travis Yonkman singled in the first run and Evan Gaines singled in the next two. John Isensee and Derric Isensee both went 2-for-3, and each scored a run for PCA, which had 10 hits in the game.

## Crusaders win 1st

### COLLEGE BASEBALL

Madonna University's baseball team advanced at the NAIA Regional tournament at Marion, Ind., Friday by defeating the University of St. Francis (Ill.), 7-2.

Madonna's scheduled second game against Ohio Dominican was postponed by rain and reset for Saturday.

Mitch Jabczynski went the distance for the Crusaders, raising his record to 7-2 with a seven-hitter. He struck out seven.

Jabczynski was cruising along with a shutout and a three-run cushion entering the seventh

when St. Francis chopped the deficit to a run.

But the Crusaders rallied for four in the bottom of the seventh to put the game away.

J.R. Taylor went 2-for-4, scored a run and drove in one while Daryl Rocho's two-run single was a highlight of the seventh-inning rally.

Madonna moved to 30-24-1 with the victory while St. Francis slipped to 25-24.

## Softball from page D1

**Canton 5, Franklin 0:** Behind every winning pitcher, there's

Good defense, some big bats and, if you're associated with Plymouth Canton, you've got to know there's always another pitcher or two to call on.

The Chiefs ran their record to 17-7 overall, and to 7-1 in the WLA's Western Division (which is good for first) with a shutout victory over host Livonia Franklin Thursday.

Gretchen Hudson, who missed part of the early portion of the season due to a sore elbow, seems fully recovered now. Hudson, a junior, improved her record to 10-0 with the two-hit shutout; she did not walk a batter and struck out 10.

The only hits she surrendered were a third-inning single by Becky Camilleri and a fourth-inning single by Franklin pitcher Lori Jendrusik.

Hudson, on the other hand, was the beneficiary of 10 hits — including one of the hardest hits

ever recorded at Franklin's field, a 225-foot blast over the fence, the third fence-clearing homer of the season for Elizabeth Elsner. The junior first baseman finished with three hits and four runs batted in for the Chiefs.

Becky Mize and Melissa Brown added two hits apiece to the Canton attack, with Brown getting an RBI. Jendrusik took the loss for Franklin, allowing five runs on 10 hits and three walks, with seven strikeouts.

On Wednesday, the Chiefs' Patty Snook improved to 4-1 with a five-hitter in Canton's 9-3 victory over Farmington. Single runs in the first and third innings got the Chiefs started, and a seven-run outburst in the fifth finished off the Falcons.

Snook, who helped her own cause by collecting two hits, allowed one earned run on five hits and one walk, striking out three.

Carrie Kovachevich and Christina Kiessel each slugged two-run doubles in Canton's

seven-run fifth. Elsner added two hits, including a double, and three RBI for the Chiefs.

**Ladywood 12-6, Marian 3-14:** Playing in Birmingham Thursday, the Blazers got solid pitching in game one then fell victim to some hot Marian bats in the nightcap.

Rebecca Pawlick provided the solid pitching in the 12-3 game one Ladywood victory. She pitched all seven innings allowing six hits and four walks while striking out four.

Melanie Grewe was the hitting star in the game as she went 4-for-4 and knocked in a run. Anie Bolongino had three hits and an RBI, Becky Mitchell knocked in a run with a double, Kristen Barnes and Wendy Boise each had two hits and two RBI and Marge Day knocked in one.

Marian took game two 14-6. Bolongino had three hits and three runs batted in a losing cause. Jenny Dudas also knocked in two runs.

Erin Picken started and took the loss for Ladywood. The Blazers fell to 8-14 overall and 3-9 in the Central Division of the Catholic League.

**Regina 2-2, Ladywood 11-12:** Harper Woods took advantage of Livonia's inexperience on the mound and took a pair of easy home wins on May 6.

The Blazers led the opener 2-0 going into the bottom of the first inning, but surrendered three runs and never challenged Regina again. Picken started and took the loss for Ladywood.

Ann Pattock knocked in both Blazers' runs. Kim Keller had two of Ladywood's four hits.

The nightcap was almost a carbon copy of the opener. Regina scored nine runs in the first three innings to take control.

Pawlick started and lost for Livonia. The Blazers had just three hits and Barnes had the lone RBI.

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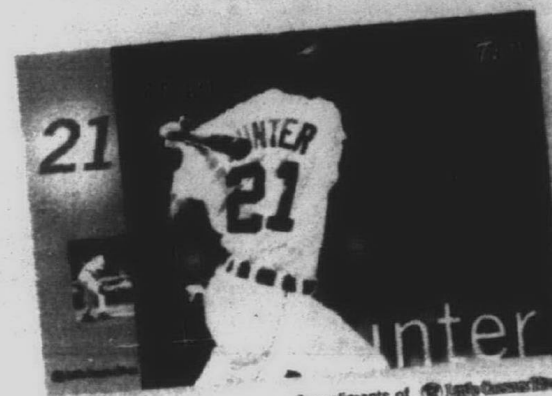
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Week Treasury Bill rate less not more than 1%. As of 4/6/98, the interest rate for this tier is set at 6.51%. The APY ranges from 6.59% to 6.18%. The interest rate for the portion of the balance below \$25,000 is tied to the 13-Week Treasury Bill rate less not more than 5%. As of 4/6/98 this interest rate is set at 4.50%. The APY is 4.59%. First may reduce or eliminate the Connections Savings account. Offer is available to individuals only. Member FDIC. Equal Housing Lender. For individuals with a TDD device, service is available from 9 a.m. - 5 p.m., M-F at 1-800-289-4514. © 1998 First of America Bank Corporation.



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## STILL LOOKING

SWF, 28, 5'3", brown/hazel, enjoys dining, dancing, dancing, Red Wings. Seeking commitment-minded SWF, 25-35, for possible relationship. #7714

## SUMMER ROMANCE

SWF, 27, seeks SWF, 27-32, good personality, sensitive, humor, who enjoys sports, outdoors, concerts, movies, romance, to have fun with this summer, and a LTR with right person. #7712

## PREFERRED STOCK

Attractive, slender, intelligent, affectionate, outgoing, energetic SWF, 48, 5'2", independent, seeks tall, fit, attractive, honest, humorous SWF, 42-52, 6'0", N/D, for relationship. #7713

## HEY, GUYS!

Anybody out there looking for SWF, 53, attractive, open-minded, intelligent, humorous, who enjoys weekend getaways, good conversation, camping indoors and outdoors, and much more. #7717

## SECOND TIME AROUND

Spunky, classy, sensual, loving, lonely SWF, 120lbs, blonde, senior, not young but fun, seeks witty, humorous SWF, 60 plus, N/D, who enjoys ballroom dancing, to spend time with. #7716

## JUST LISTED

Traditional little character, with much potential, lots of character and very low maintenance, updated and in mint condition, 1940s era, hurry this one will not be on the market long. #7706

## FOXY LADY

Trim, very attractive, foxy lady, 50s, 5'7", sparkling green eyes, enjoys up north, walking in the woods, and the simple things in life. Seeking spiritually-minded SWF, 50-62, #7719

## LOOKING FOR A TEACHER

Degraded SWF, 42, 5'8", student teacher, one daughter, seeks degreed professional homemaker SWF, for companionship, travel, and much more. #7718

## LOOKING FOR LOVE

Pretty, romantic, intelligent SWF, loves family enjoys movies, dancing, concerts, theater, looking for smart man, 40-55, sincere, romantic, fun, kind-hearted. No games, no players. #7722

## GLAMOROUS BASE

SWF, 32, 5'6", blonde, no dependents, slender yet curvaceous, outgoing, great cook, educated, well-dressed, likes fine dining, cultural events, travel, stimulating conversation. Seeking SWF, 35-47, handsome, fit, professional, similar qualities. #7715

## TICK TOCK

SWF, 35, dark brown/blonde, slender, enjoys golfing, traveling, and quiet romantic evenings. Seeking SM, 30-50, with similar interests, for possible relationship. #7721

## PRESCRIPTION FOR ROMANCE

Beautiful, successful doctor SWF, 30s, 5'5", slim, sincere, honest, accomplished, good theater, and traveling. Seeking educated, successful, mature gentleman, 35-43, for relationship, to start family. #7724

## ATTRACTIVE, CLASSY PRO

Independent, slim, 34, long brown hair, childless, enjoys sports, dining, dancing, traveling, and much more. Seeking a thoughtful SWF, 30+, N/D. #7723

## ALLURING &amp; INTELLIGENT

Tall, 36, with long, wavy, blonde hair, seeks LTR with an intelligent man committed to personal growth. #7725

## FABRICE IN DISTRESS

Attractive SWF, 36, 5'11", blonde/green, seeks tall, heroic SWF, 30-42, to rescue me from having too much time on my hands, for possible LTR. #7726

## SOMETHING DIFFERENT!

SWF, 24, 5'4", dark-skinned, curvaceous, feminine, seeks friendly, secure WM, 30+, for fun and friendship. #7727

## GREEN-EYED LADY

Outgoing, college-educated SWF, 26, medium build, N/D, enjoys sports, movies, biking, dancing. Seeking SWF, 25-32, who has similar interests, and a good sense of humor. #7728

## OLD-FASHIONED

Divorced mother of one, 30, very shy, blonde/brown, blonde, 5'7", 110lbs, enjoys dining, older mills, all winter activities. Seeking caring, fun, romantic, sensitive, old-fashioned guy. #7746

## LET'S ENJOY SPRING

Attractive, affectionate, down-to-earth SWF, 38, 5'7", 120lbs, enjoys running, warm weather, concerts, dancing. Seeking nice, fun, secure SWF, 35-45, N/D, to enjoy life together. #7729

## LOOKING FOR SMART MAN

SWF, seeks very hip-acting, open-minded, caring, rugged-looking SWF, 45-50, 5'8"-5'11", in shape, Mickey Mouse type, no dependents under 18, financially/independently stable, willing to work on a relationship. No bling. #7727

## LIMITLESS RELATIONSHIP

Romantic, intelligent lady, 26, 5'7", 150lbs, seeks mature, witty, successful man, who's not afraid to let his desires go. If you have a heart you wouldn't mind losing, please call. #7728

## ROMANTIC AND BEAUTIFUL

Intelligent, kind-hearted SWF, 34, enjoys working out, movies, concerts. Seeking attractive SWF, 28-39, who is looking to share friendship, possible LTR. #7729

## LOOKING FOR JOHN MALKOVICH

Fun, easygoing, educated, single SWF, 35-45, for possible relationship. LTR. Kids are great. #4091

## INDEPENDENT MIND

DWFF, 32, 5'4", 100lbs, mom of two, homemaker, with healthy mind and body, seeks PM for dating, sports, travel, etc. Plymouth area. #4059

## SEEKING LIFE PARTNER

Honest, caring, college-educated, down-to-earth SWF, 27, brown/brown, N/D, enjoys movies, concerts, theater, golf. Seeking honest, easygoing, fun, sincere SWF, 28-32, N/D. #4095

## LAST CHANCE

Pretty SWF, long hair, brown eyes, enjoys hockey, baseball, Seeking nice, physically fit SM, for monogamous LTR, leading to marriage. No games. No players. #4189

## FABRICE HEART

Attractive, sincere, kind-hearted, humorous, Hamilton SWF, 38, 5'8", dark/brown, part-time college student, mom, enjoys bowling, billiards, dancing, surfing. Seeking honest, sincere, fun-loving SWF. #4220

## WE'VE BEEN HIDING...

Now seek me. Born again, Middle Eastern-looking, Godly SWF, 30, 5'3", seeks Godly, attractive, born-again SM, 35-40, 6'0", for relationship. #74281

## UNDER CONSTRUCTION

Beautiful SWF, blonde/blue, building a fine structure, needs an attractive SM construction babe, 30-42, to help finish the plans. It will be worth the call. #7735

## LIVONIA LADY

Educated DWFF, 50, 5'7", long blonde/blue, enjoys simple things in life, movies, gardening. Seeking caring, honest, down-to-earth, large guy, 48-55, N/D, for friendship, maybe more. #4087

## LOTS TO OFFER

Attractive, slim, educated, fit SWF, 50+, enjoys arts, travel, fitness, education, fun. Seeking secure, educated, open, caring SM, for partnership. #7782

## SECRET GARDEN

DWFF, 40s, 5'8", blonde, seeks large, very sexy, 5'8" plus, who enjoys music, theater, concerts, motorcycles, slow dancing, and just being together. #7778

## ROMANTIC

Pretty, petite, trim DWFF, 5'4", blonde/green, enjoys dining, dancing, theater, and more, seeks tall, handsome, N/D, romantic gentleman, to share life's pleasures. #7724

## LOOKING FOR MY SOULMATE

SWF, 48, petite, long blonde/green, seeks down-to-earth, honest, sincere, decent man, financially secure, who will treat me well. No heavyweights, or bullies. #4090

## GENTLEMAN:

I'm tall, slender, pretty, very intelligent, refined, humorous, fun, affectionate, smoker, 51, and interested in being romantically well and dined by you. 50-65, tall, intelligent, classy, confident, marriage-minded. #7723

## BE MY VALENTINE

DWFF, 42, 5'5", blonde/hazel, fit, single, mom of two, N/D, N/D, enjoys dining, playing cards, movies, and listening music. Seeking romantic, caring, honest SM, 40-45, for LTR. #7716

## GREAT COOK

Terrible housekeeper, SWF, 46, attractive, tall, slim, outgoing, brown/blue, enjoys dining, playing cards, movies, and more, seeks tall, handsome, N/D, romantic gentleman, to share life's pleasures. #7724

## A ROMANTIC AT HEART

Very attractive SWF, 38, blonde/green, 5'9", 130lbs, likes movies, dining out, great cook, educated, well-dressed, likes fine dining, cultural events, travel, stimulating conversation. Seeking SWF, 35-47, handsome, fit, professional, similar qualities. #7715

## SUNSET &amp; MOONLIGHT

SWF, 44, 5'7", brown/hazel, N/D, enjoys sports, jazz, C&W, quiet times at home. Seeking romantic, honest, down-to-earth SWF, 38-45, N/D. All calls will be answered. #7713

## SHY BUT SEXY

SWF, 38, 5'5", 110lbs, professional, very classy and attractive, seeks similar, between 39-50, I'm adventurous, optimistic, and romantic. You must be kind, loving, and value family and friends. #7718

## PRETTY NATURAL LOVER

SWF, 43, 5'7", 127lbs, studying alternative medicine, enjoys traveling, singing, natural health, laughing, speaking truth, life. I'm spunky, unique, loving. Seeking a soul connection. #7713

## OLD SCHOOL SWEET

Humorous SWF, 41, 5'6", 130lbs, brown/hazel, no kids, never married, enjoys dining, traveling, and much more. Seeking commitment-minded SM, 39-49, race unimportant, for a mutually fulfilling relationship. Ypsi Township area. #7716

## LADY IN WAITING

Foxy, professional DWFF, 45, 5'5", 140lbs, enjoys outdoor dining, well-dressed, cooking, theater, and quiet evenings at home. Seeking SM, 40-55, N/D, with similar interests, for relationship. #7730

## YOUR DREAM MAN

SWF, 20, 5'5", long dark/hazel-green, beautiful smile, enjoys dining, well-dressed, long walks, dining, movies, laughter. Seeking SM, 23-32, for friendship first, romance a time. #7779

## OUTDOORS, YOUNG BOSS

Physically fit DWFF, 40s, 5'8", proper values, enjoys outdoor dining, well-dressed, beach, boats. Seeking honest, sincere SM, N/D, financially/emotionally/physically secure, for monogamous LTR. #7730

## HONEST AND LOVING

Outgoing, hard-working, blue-collar DWFF, 48, 5'3", 130lbs, values, N/D, seeks same type of man to live, love, laugh, and build a future with. #7729

## STIMULATE MY MIND

College-educated, giving, honest, secure, humorous SWF, 21, seeks strong SWF with similar qualities, for when I'm in the MotorCity and Cold Outside. #7738

## YEAR-OLD ENTERTAINING

Pretty, successful, giving, loving, looking for her knight in shining armor, fun, exciting, charismatic, any sincere, successful, down-to-earth, 40-50, please reply. #7722

## LOOKING FOR SOULMATE

Slender DWFF, 30s, 5'7", youthful, red-haired, enjoys exercise, spiritual growth, plays, concerts, jazz, and classical music, nature, dancing, good conversation, and travel. Seeking DWFF, 45-50, N/D. #7726

## BROWN-EYED GIRL

Outgoing, friendly SWF, 38, 5'5", 130lbs, single mom, with good sense of humor, enjoys dining, theater, honest, down-to-earth, caring SWF, 35-45, for friendship, possible LTR. #7743

## SEEKING SOMEONE SPECIAL

Attractive, friendly DWFF, 43, 5'5", average proportion, in shape, N/D, seeks good-looking, easygoing SWF, 42-45, N/D, to share special times. #7729

## I HAVE A DREAM

Attractive, affectionate DWFF, 32, 5'8", red-haired, enjoys exercise, spiritual growth, plays, concerts, jazz, and classical music, nature, dancing, good conversation, and travel. Seeking DWFF, 45-50, N/D. #7726

## ARE YOU MY SOULMATE?

DWFF, 62 year young, 5'8", medium build, interested in traveling, good conversation, fine dining, barbecues. Seeking SWF, with similar interests, for possible LTR. Will respond to all. #7729

## LOOKING FOR LOVE...

At the wrong place. Would you like a pretty, classy, red-haired, good conversation, fine dining, barbecues. Seeking SWF, with similar interests, for possible LTR. Will respond to all. #7729

## TALL GENTLEMAN WANTED

Tall, attractive SWF enjoys movies, theater, traveling, dancing, cooking, quiet evenings at home. Seeking tall, educated, Catholic WM, 55-65, who has a good sense of humor, good morals and values. #7748

## GENTLEMAN ONLY PLEASE

Little lady, 45, likes dancing, blues, hockey, classic cars, weekend trips, N/D, seeks patient golf partner, 40-50, N/D, moderate drinker, easy to laugh and talk with. #7732

## LOOKING FOR LOVE

Vivacious, lovely SWF, 48, N/D, enjoys movies, plays, music, dining in/out, sports, quiet times. Seeking loving SWF, 44-58, with sense of humor, for one-on-one, honest, monogamous relationship. #7752

## WIDE VARIETY OF INTERESTS

Attractive, employed, educated SWF, 5'7", 147lbs, HW proportionate, N/D, no dependents, no dependents, variety of interests. Seeking SM, 44-53, who believes in romance, opening doors, for one-on-one, honest, monogamous relationship. #7752

## SENSUOUS AND ATTRACTIVE

DWFF, 5'5", 135lbs, black/gray, long hair, N/D, Right 45+, to share romance and adventure. Serious replies only. #9536

## TALL GENTLEMAN WANTED

Tall, attractive SWF enjoys movies, theater, traveling, dancing, cooking, quiet evenings at home. Seeking tall, educated, Catholic WM, 55-65, who has a good sense of humor, good morals and values. #7748

## GENTLEMAN ONLY PLEASE

Little lady, 45, likes dancing, blues, hockey, classic cars, weekend trips, N/D, seeks patient golf partner, 40-50, N/D, moderate drinker, easy to laugh and talk with. #7732

## LOOKING FOR LOVE

Vivacious, lovely SWF, 48, N/D, enjoys movies, plays, music, dining in/out, sports, quiet times. Seeking loving SWF, 44-58, with sense of humor, for one-on-one, honest, monogamous relationship. #7752

## WIDE VARIETY OF INTERESTS

Attractive, employed, educated SWF, 5'7", 147lbs, HW proportionate, N/D, no dependents, no dependents, variety of interests. Seeking SM, 44-53, who believes in romance, opening doors, for one-on-one, honest, monogamous relationship. #7752

## SENSUOUS AND ATTRACTIVE

DWFF, 5'5", 135lbs, black/gray, long hair, N/D, Right 45+, to share romance and adventure. Serious replies only. #9536

## FUN-LOVING

Attractive, sincere SWF, 44, 5'4", 115-lbs, N/D, black/brown, seeks good-looking SWF, 40-50, HW proportionate, to share fun, romance, monogamous relationship, and compatible partner for the future. #9543

## I'M READY, ARE YOU?

Can you relate to my dilemma? Attractive SWF, seeks an open, honest, physically fit, intelligent SWF, 45-55, N/D, loves life and challenges. If we fit, let's start with friendship, explore the possibilities. #9919

## PRETTY, SLENDER, SENSUAL

Sophisticated, smart, sexy, N/D, seeks best friend/lover for life, "nice guy", good-looking, in shape, refined, cultured, romantic, young SWF, 40-50, who enjoys dining, travel, world travel, life's finer things. Golf a plus. #9552

## LOOKING FOR LOVE

Attractive DWFF, young 40s, 5'4", brown/blue, N/D, financially/emotionally secure, enjoys movies, dining, sports, travel, and romance. Seeking attractive, honest, caring, compassionate SWF, 45-55, financially secure, for friendship, leading to LTR. #9553

## ROCHESTER AREA LADY

Very attractive, classy, adventurous, sensitive, sensible, romantic, DWFF, 52, 5'6", 130lbs, college-educated, enjoys golf, cards, reading, boating, camping, traveling. Seeking similar in a gentleman. #9554

## TIMID BUT PASSIONATE

Attractive, independent, honest, sensitive lady, 42, petite, enjoys dancing, music, dining, and much more. Seeking a gentleman, 40-50, N/D, with similar interests. #9552

## SPARKLING, SPUNKY, STYLISH

Sensual, gorgeous, fit, 40, 5'7", 130-lbs, MA degree, into biking, reading, antiquing, jogging. Seeking SWF, N/D, degreed, fit, outgoing guy. #9554

## SEEKING BLACK MALE

Attractive widow SWF, 58, with blue eyes, enjoys dining, dancing, and much more. Seeking a gentleman, 40-50, N/D, with similar interests. #9552

## STILL BELIEVE

SWF, young 45, petite to medium, brown/brown, N/D, seeks caring, honest, family-oriented SWF, 38-45, N/D, who talks, golf, hockey, music, movies, bowling and much more, for LTR. #9550

## DO YOU QUALIFY?

Are you a sweet, considerate SWF, 58-73, N/D, who would enjoy golfing, bowling, people, cards, watching a little dancing, football, travel. #9527

## AN EXCELLENT CHOICE!

Attractive SWF, 42, advance degree, very fit, romantic, fun. Looking for educated, attractive man who loves children, animals, travel up North, and for LTR. #9567

## CLASSY LADY

Attractive DWFF, 41, 5'3", medium build, classy and vivacious personality, business owner/homemaker, professional man to date. #4033

## KIND-HEARTED

DWFF, 40, suburban/young, 5'2", 120lbs, enjoys outdoor dining, well-dressed, beach, boats. Seeking honest, sincere SM, N/D, financially/emotionally/physically secure, for monogamous LTR. #7730

## LOO CABB DREAMING

SWF, owner wanted. Spontaneous, college-educated SWF, 39-50, 5'10", N/D, no dependents, with old-fashioned values, town/country style, who enjoys nature, outdoors, up North, log cabins, dogs, blue jeans. Serious about settling down. #4131

## FRESH-LOVING, UPGRADE LADY

Attractive, honest SWF, 38, 5'3", brown/brown, N/D, enjoys summer activities, golf, dancing, travel, and more. Seeking attractive SWF, 36-44, 5'11", with similar qualities, interests, for LTR. #4134

## WISCONSIN AREA RH

Attractive DWFF, 48 years young, caring, an sensitive, enjoys life and all it has to offer, seeks caring, educated man in a series of humor, for friendship. #4139

## ARABIC PRINCESS

Spicy, classy, beautiful, divorced mom, 29, with two, small kids. Seeking sincere, classy guy, 30-45, who enjoys the finer things in life. #9502

## FRIENDS FIRST

SWF, 36, employed, seeks self-actualized SWF, HW proportionate, employed, sense of humor, enjoys a variety of activities. #7455

## MEANT FOR EACH OTHER?

Attractive DWFF, full-figured, long brown/black hair, N/D, enjoys music, art, movies, Red Wings hockey, church. Seeking romantic, sincere SWF, 40-50, N/D, N/D, hopeless romantic. We could be meant for each other. #7691

## WESTLAND LADY

Slender DWFF, 40, blonde, smoker, social drinker, seeks honest SM, around same age, who enjoys movies, music, animals, and outdoors, for friendship, possible LTR. #7598

## CUTE, CARING, CHARACTER

Full-figured, sensitive SWFF, 40, 5'0", no dependents, N/D, enjoys writing, long talks, seeks kind, witty, Protestant SM, 40+, who values honesty. No games, Oakland County area. #4195

## BELIEVE IN MAGIC?

Shapely, fit, pretty, petite 5'4", 110lbs, SWF, 41, professional, N/D, with a balanced personality. Looking for educated, professional, 40-60, to share in life's treasures and active lifestyle. #4225

## LIGHT MY FIRE

Passionate, pretty DWFF, 40, with medium build. Seeking SWF, 38-50, N/D, N/D, for dating, mating, and relating. Will you spark my interest? #4235

## CUDDLE ALERT

Attractive DWFF, full-figured, long brown/black hair, N/D, enjoys music, art, movies, Red Wings hockey, church. Seeking romantic, sincere SWF, 40-50, N/D, N/D, hopeless romantic. We could be meant for each other. #7691

## SINGLE AGAIN

Attractive SWF, 38, 5'8", 160lbs, brown/blue, enjoys movies, sports, dining out and romantic evenings. Seeking attractive, HW proportionate, passionate SWF, 30-38, for dating and possible LTR. #7910

## LONG HAIR





1997 UNITED WAY CAMPAIGN

# HONOR ROLL

BUILDING A CARING COMMUNITY



50TH ANNIVERSARY  
UNITED WAY TORCH DRIVE

The organizations listed on this page and their employees are being recognized for their outstanding achievements in the 1997 United Way Campaign. These organizations represent those with 10 or more employees.

Thanks to their commitment and dedication, United Way donations reached out to fulfill our community's greatest needs... providing healthy, enriching opportunities for youth; providing a safe place for families who are victims of domestic violence; low-cost medicine for older adults, and training and counseling for unemployed workers.

Because of your help, United Way Community Services and more than 130 funded agencies work every day to give those in need one more reason to smile.

## SILVER AWARDS

### GOLD AWARD AND GOLD ACHIEVEMENT

ADDY-MORAND MACHINERY COMPANY  
ADULT WELL-BEING SERVICES  
ALCAN ROLLED PRODUCTS  
ALZHEIMER'S ASSOCIATION - DETROIT AREA CHAPTER  
AMERICAN AUTOMOBILE MANUFACTURERS ASSOCIATION  
AMERICAN NATURAL RESOURCES CO.  
ANR PIPELINE COMPANY-GOLD  
ANR STORAGE COMPANY-GOLD  
"GREAT LAKES GAS TRANSMISSION"  
GOLD ACHIEVEMENT  
ANDERSON CONSULTING LLP  
"ANR RISK SERVICES INC. OF MICHIGAN"  
ARTHUR ANDERSON LLP  
BARNES, SCOTT, DENN & PARKER P.L.L.C.  
BARTON-MALOW COMPANY  
"BDO DETROIT"  
BERRY, MOORMAN, KING & HUDSON  
"BIG BROTHERS BIG SISTERS OF METROPOLITAN DETROIT"  
"BLACK & VEATCH-ENGINEERS-ARCHITECTS"  
BOZEMAN, LONGLEY & DAWLING LLP  
BORG-WARNER AUTOMOTIVE, INC.  
POWERTRAIN ASSEMBLIES  
BOYS & GIRLS CLUBS OF SOUTHEASTERN MICHIGAN  
BOZZELL WORLDWIDE, INC.  
BRODGETT-FIRESTONE, INC.  
BROSIG & PARTNERS ADVERTISING-PUBLIC RELATIONS  
"THE BUDD COMPANY"  
THE BUDD COMPANY MILFORD FABRICATING COMPANY  
BUNDY NORTH AMERICA  
CAMPBELL-EWALD ADVERTISING  
CAREERS  
"CARSON FISHER, P.L.C."  
CATHOLIC SOCIAL SERVICES OF OAKLAND COUNTY  
"CATHOLIC SOCIAL SERVICES OF WAYNE COUNTY"  
CATHOLIC YOUTH ORGANIZATION  
"CHILD CARE COORDINATING COUNCIL OF DETROIT/WAYNE COUNTY, INC. (ACC)"  
"CHILDREN'S AID SOCIETY"  
"CHRYSLER CORPORATION"  
"CI INTERNATIONAL & ASSOCIATES, INC."  
"CIG ENERGY FARMHOUSE PLAZA SOUTH"  
COMMERCE INCORPORATED  
"COMMUNITY FOUNDATION FOR SOUTHEASTERN MICHIGAN"  
COMMUNITY SERVICES OF OAKLAND  
CONKLIN, BENHAM, DUCY, LISTMAN & CHURHAN  
"CONTINENTAL GENERAL TIRE, INC."  
"COOPERS & LYBARD L.P.P."  
"COPPER AND BRASS SALES, INCORPORATED"  
"CRAIN COMMUNICATIONS, INC."  
"D'ARCY MASIUS BENTON & BOWLES"  
"DELOITTE & TOUCHE LLP"  
"DENSO INTERNATIONAL AMERICA, INC."  
DETROIT AREA COUNCIL, BOY SCOUTS OF AMERICA  
"DETROIT COIL COMPANY"  
DETROIT DIESEL CORPORATION  
"THE DETROIT ECONOMIC GROWTH CORPORATION"  
DETROIT EDISON  
DETROIT REGIONAL CHAMBER  
DETROIT RENAISSANCE, INCORPORATED  
"DETROIT URBAN LEAGUE, INC."  
DICKINSON, WRIGHT, MOON, VAN DUSEN & FREEMAN  
DURAMET CORPORATION  
"DYREDA BOSSETT P.L.L.C."  
EATON CORPORATION  
"ADMINISTRATIVE & MARKETING"  
CENTER-GOLD ACHIEVEMENT  
"CORPORATE RESEARCH & DEVELOPMENT"  
CENTER-GOLD ACHIEVEMENT  
"INDUSTRIAL CONTROLS/SCUTLER"  
HAMMER-GOLD ACHIEVEMENT  
EDDIE BAUER, INC.-STERLING HEIGHTS LAKESIDE MALL  
C.J. EDWARDS COMPANY INC.  
EJEC NORTH AMERICA LLC  
"EILEY'S FOUNDATION OF MICHIGAN"  
ERB LUMBER INCORPORATED  
"ERIN & YOUNG LLP"  
EXXON CHEMICAL COMPANY  
"FAMILY SERVICE, INC."  
"FEDERAL RESERVE BANK OF CHICAGO DETROIT BRANCH"  
"FEDERAL-MOGUL CORPORATION"  
FORD MOTOR COMPANY  
FRANKLIN-WRIGHT SETTLEMENTS, INC.  
"GENERAL ELECTRIC COMPANY PLASTIC BUSINESS GROUP"  
GENERAL MOTORS CORPORATION  
"THE GOODYEAR TIRE & RUBBER COMPANY"  
"GOVERNOR MOTOR PRODUCTS"  
GRANT THORNTON  
"GREAT LAKES BEVERAGE COMPANY"  
GREAT LAKES DIVISION NATIONAL STEEL CORPORATION  
"GREATER DETROIT AREA HEALTH COUNCIL, INC."  
"GROSSE POINTE MEMORIAL CHURCH"  
"GUARDIAN INDUSTRIES CORPORATION"  
"H&L CORPORATION"  
"HOMES FOR BLACK CHILDREN"  
HONGKONG & SHANDONG & CO., LTD.  
"HOWARD & HOWARD LAW FIRM"  
HUDSON'S  
"J & H MARSH & MCLENNAN, INC."  
"JAFPE, RAUT, MEYER & WEISS"  
JANZ & KNIGHT, C.P.A.'S  
JACKLIN LYMAN & POWELL ASSOCIATES, INC.  
"BARBARA ANN KAMMANN'S CANCER INSTITUTE"  
"KATZ, VICTOR & YOLLES"  
"KOLNE CORPORATION"  
"KPMG PEAT MARWICK LLP"  
"THE KRESGE FOUNDATION"  
LAMB TECHNIQUE  
LATIN AMERICANS FOR SOCIAL & ECONOMIC DEVELOPMENT, INC. (LA SED)  
"LEARN CORPORATION AND SUBSIDIARIES"  
"CHRYSLER DIVISION-GOLD ACHIEVEMENT"  
"CORPORATE OFFICE-GOLD ACHIEVEMENT"  
DETROIT AUTOMOTIVE INTERIORS-GOLD  
"FORD DIVISION-GOLD ACHIEVEMENT"  
"GM DIV-GOLD ACHIEVEMENT"  
"INTERIOR SYSTEMS GROUP-GOLD ACHIEVEMENT"  
ROCHESTER HILLS PLANT-SILVER  
ROMULUS I PLANT-GOLD  
TECHNOLOGY DIVISION-BRONZE  
"LEGAL AID AND DEFENDER ASSOCIATION OF DETROIT"  
LETTIS INDUSTRIES, INC.  
"LEW, C. LEVY CO. AND SUBSIDIARIES"  
"AGGREGATE DIVISION-GOLD ACHIEVEMENT"  
"CAGIAC ASPHALT-GOLD ACHIEVEMENT"  
CLAWSON CONCRETE COMPANY-SILVER  
"CORPORATE OFFICE-GOLD ACHIEVEMENT"  
"E.C.L. TRUCKING DIVISION-GOLD ACHIEVEMENT"  
"WAYNE ENGINEERING-GOLD ACHIEVEMENT"  
LULA BELLS STEWART CENTER, INC.  
"M. JACOB & SONS/SPRAYCO"  
MAJOR VIDEO CONCEPTS  
"MASCOT CORPORATION"  
"MASCOTCH"  
MENTOR AUTOMOTIVE, INC.  
"METROPOLITAN DETROIT AFL-CIO JOINT COUNCIL COMMUNITY SERVICES"  
"METROPOLITAN DETROIT CONVENTION AND VISITORS BUREAU"  
MICHIGAN  
MICHIGAN FEDERATION OF TEACHERS  
MICHIGAN METRO GIRL SCOUT COUNCIL  
"MICHIGAN MILK PRODUCERS ASSOCIATION"  
"MICROSOFT CORPORATION"  
"MILLER, CAMPBELL, PADDOCK & STONE, P.L.C."  
MOTOROLA SEMICONDUCTOR PRODUCTS  
MOTOROLA, INC.-AUTOMOTIVE PRODUCTS DIVISION  
"MULTIMATIC"  
"NATIONAL LUMBER COMPANY"

AAA MICHIGAN  
ARTTOUCH PAGING  
AMERICAN GRINDING & MACHINING CO.  
AMERICAN RED CROSS  
BTR SEALING SYSTEMS NORTH AMERICA  
CARPENTER TECHNOLOGY CORPORATION CARPENTER  
SPECIALTY ALLIANCE  
CENTRAL STEEL & WIRE COMPANY  
CRUM & FORSTER INSURANCE  
CUNA MUTUAL GROUP  
DALE L. PRENTICE COMPANY  
DEAN WITTER REYNOLDS, INC.  
DEARBORN MIDWEST CONVEYOR COMPANY  
E.I. DU PONT DE NEMOURS & COMPANY, INC.  
EDDIE BAUER SUMMERSET COLLECTION  
ECHO, INCORPORATED  
FIREMAN'S FUND INSURANCE COMPANIES  
FORD & EARL ASSOCIATES, INC.  
GENCO AUTOMOTIVE  
GIRL SCOUTS OF MACOMB COUNTY-OTSUKA COUNCIL, INC.  
HANDLEMAN COMPANY  
HEWLETT-PACKARD TRELLIS  
HICKMAN WILLIAMS AND COMPANY  
HOTEL THASTNER CORPORATION  
HYDRA-LOCK CORPORATION  
I.T.W. WOODWORTH COMPANY  
IBM CORPORATION  
INDUSTRIAL ELECTRIC CO. OF DETROIT, INC.  
JEWISH FAMILY SERVICE  
JEWISH FEDERATION OF METRO DETROIT  
KENWAL STEEL CORP.  
KEY PLASTICS CORPORATE HEADQUARTERS  
LAFARGE CORPORATION  
LAMBER PACKAGING  
LAKESHORE LEGAL AID  
LUCCENT TECHNOLOGIES  
MAGNA INTERNATIONAL, INC.  
MAGNETIC VEHICLE COMPONENTS (USA)  
MCAUGHTON-MOXY ELECTRIC COMPANY  
MILL THASTNER CORPORATION  
NTR BEARING CORPORATION OF AMERICA  
PITNEY BOWES, INC.  
PR ASSOCIATES, INCORPORATED  
PULTE CORPORATION  
QUAKER CHEMICAL CORPORATION  
RESIDENTIAL CARE ALTERNATIVES  
ROBERTSON BROTHERS COMPANY  
ROSE EXTERMINATOR COMPANY  
ROSS ROY COMMUNICATIONS, INC.  
ROYAL INSURANCE COMPANY  
ROYAL MACCAE'S LIFE INSURANCE  
RUBY & ASSOCIATES, P.C.  
SACHS AUTOMOTIVE OF AMERICA  
SANDY CORPORATION, SUBS. OF AUTOMATIC  
DATA PROCESSING  
SHELL OIL COMPANY MICHIGAN RETAIL  
MARKETING DISTRICT  
TECHNO TRIM, INC.  
UNITED CEREBRAL PALSY ASSOCIATION OF  
METROPOLITAN DETROIT, INC.  
VALEO CLUTCHES & TRANSMISSIONS, INC.  
VOLKSWAGEN OF AMERICA, INC.  
WALL COLMONEY CORPORATION  
WATSON WYATT WORLDWIDE  
WILLIAMS WORDS & PICTURES, INC.  
W.J.B. FOX DETROIT  
WVF PROCTOR  
"THE WOLF OF DETROIT ENVELOPE COMPANY"  
WOLVERINE GASKET DIVISION  
WYX-TV CHANNEL 7  
YOUNG & RUBICAM  
YWCA OF METROPOLITAN DETROIT

## BRONZE AWARDS

ABEX CORPORATION FRICTION PRODUCTS DIVISION  
ABTCO, INCORPORATED  
AFL LOCAL 231 DETROIT FEDERATION OF TEACHERS  
ALBERT KAHN ASSOCIATES, INC. ARCHITECTS & ENGINEERS  
AM GENERAL CORPORATION  
AMERISURE COMPANIES  
AMERITECH  
ANAR COMMUNITY CENTER FOR ECONOMIC AND SOCIAL SERVICES (ACCESS)  
AT&T

AUTOALLIANCE INTERNATIONAL, INC.  
AUTOLIF ASP, INC.  
BARAT CHILD AND FAMILY SERVICES  
BLACK FAMILY DEVELOPMENT, INC.  
BLANCHARD AGENCY, INC.  
BLUE CROSS & BLUE SHIELD OF MICHIGAN  
BOKUM TOOL COMPANY, INCORPORATED  
BORISFACE HUMAN SERVICES  
BOYS & GIRLS CLUB OF S. OAKLAND COUNTY  
BREED TECHNOLOGIES  
BUTZEL LONG  
CADILLAC ELECTRICAL & NEWARK DETROIT SUB  
CALSONIC NORTH AMERICA  
CARDELL CORPORATION  
CARGILL DETROIT CORPORATION  
CARHARTT, INC.  
CATHOLIC SERVICES OF MACOMB  
CENTRAL CORPORATE CREDIT UNION  
CHUBB GROUP OF INSURANCE COMPANIES  
COLUMBO & COLUMBO  
CONDIT, MAGARRY AND SCHOFF, P.C.  
CORVER ENGINEERING COMPANY  
CROSS WOOD P.C.  
DANA COMMERCIAL CREDIT CORPORATION  
DANA CORPORATION-WARREN FORMSPRAG PLANT  
DEAN WITTER REYNOLDS  
DIVERSY LEVER  
DOW CHEMICAL U.S.A.  
DURA AUTOMOTIVE SYSTEMS  
EDCOR DATA SERVICES  
EDDIE BAUER, INC.-NOV1 TWELVE OAKS  
EDS  
EXCEL INDUSTRIES, INC.  
FAMILY & NEIGHBORHOOD SERVICES  
FANUC ROBOTICS  
FISCHER, FRANKLIN & FORD  
GENERAL DYNAMICS CORPORATION LAND  
SYSTEMS DIVISION  
GLACIER VANDERVELL, INC.  
GLENN'S COMMUNITY FOOD BANK, INC.  
HAYDEN  
HENKEL SURFACE TECHNOLOGIES  
HEWLETT-PACKARD COMPANY  
JCPENNEY COMPANY, INC.  
JEWISH VOCATIONAL SERVICE  
KEMPER NATIONAL INSURANCE COMPANY  
KMAR  
KOR & TAYLOR DIVISION OF MAY CO.  
MACOMB FAMILY SERVICES, INC.

MARATHON OIL COMPANY  
MARITZ PERFORMANCE IMPROVEMENT COMPANY  
MC-CANN-ERICKSON, INCORPORATED  
MERVYN'S #200  
METROPOLITAN RETIREE SERVICE CENTER  
MINNESOTA MINING & MANUFACTURING CO.  
DETROIT SALES CENTER - SM  
MOTOR CITY ELECTRIC COMPANY  
N.W. AVER, INC.  
NATIONAL COUNCIL ON ALCOHOLISM & DRUG DEPENDENCE-DETROIT AREA  
NATIONAL MULTIPLE SCLEROSIS SOCIETY  
MICHIGAN CHAPTER, INC.  
NISHIKAWA STANDARD COMPANY  
DIS OPTICAL IMAGING SYSTEMS, INC.  
PEOPLE'S COMMUNITY SERVICES OF  
METROPOLITAN DETROIT  
PROFESSOR STEEL & WIRE, INCORPORATED  
RED SPOT WESTLAND  
ROUGE STEEL COMPANY  
SEAMAN-PATRICK PAPER COMPANY  
SHARED MEDICAL SYSTEMS CRYSTAL GLEN OFFICE CENTRE  
SICKLE CELL DISEASE ASSOCIATION OF AMERICA  
MICHIGAN CHAPTER  
SLS, INC.  
SSOE, INC. ARCHITECTS AND ENGINEERS  
ST. PAUL FIRE & MARINE INSURANCE COMPANY  
STANDARD FEDERAL BANK  
TARGET STORE #353 THE HEIGHTS PLAZA  
TEKSID, INC.  
J. WALTER THOMPSON USA  
TIME, INC.  
TRW-VEHICLE SAFETY SYSTEMS INC. SUBS. OF TRW, INC.  
TURNER CONSTRUCTION COMPANY  
U.S. STEEL-CENTRAL AREA SALES  
VALENTI INCORPORATED  
VALANT INDUSTRIES, INCORPORATED  
VIRSTAL AND ENGINEERING, INCORPORATED  
VISTING NURSE ASSOCIATION, INC./  
VISTING NURSE ASSOCIATION OF SEM  
WARD'S COMMUNICATIONS, INC.  
WOODBRIDGE GROUP  
WOODS CONSTRUCTION COMPANY, INC.  
ZELLERBACH - DETROIT

## UNIONS

AFSCME, LOCAL 1640  
BROCKLAVERS AND MASONS UNION LOCAL NO. 3 MICH  
CARPENTERS DISTRICT COUNCIL OF DETROIT AND  
SOUTHEASTERN MICHIGAN LOCAL 114, 708, 1452  
CEMENT MASONS, LOCAL 514  
COMMUNICATIONS WORKERS OF AMERICA, LOCAL 4900,  
400A, 400B, 400C, 4013, 4017, 4018, 4050, 4100, 14503  
DIRECTORS GUILD OF AMERICA  
ELECTRICAL WORKERS (BEW), LOCAL 17  
ELECTRICAL WORKERS, LOCAL 58  
FIRE FIGHTERS, LOCAL 1-35  
IRON WORKERS, LOCAL 25, 508  
LABORERS, LOCAL 334, 1076, 1191  
MACHINISTS, LODGE 82  
MACHINISTS/PATTERN MAKERS DIVISION, LODGE 2811  
MECHANICAL EDUCATIONAL SOCIETY OF AMERICA, LOCAL 9  
NATIONAL ASSOCIATION OF BROADCAST EMPLOYEES AND  
TECHNICIANS, LOCAL 43  
OFFICE & PROFESSIONAL EMPLOYEES INT'L UNION,  
LOCAL 42, 494, 512  
OIL, CHEMICAL AND ATOMIC WORKERS, LOCAL 7-176  
OPERATING ENGINEERS, LOCAL 654, 12270  
PAPERWORKERS INTERNATIONAL UNION, LOCAL 842  
PLANT PROTECTION ASSOCIATION, LOCAL 100  
PLANT PROTECTION ASSOCIATION, LOCAL 101  
FORD WAYNE ASSEMBLY PLANT SECURITY  
PLANT PROTECTION ASSOCIATION, LOCAL 108  
FORD WORLD HEADQUARTERS SECURITY DEPT.  
PLANT PROTECTION ASSOCIATION, LOCAL 106  
FORD DETROIT PARTS DIST. SECURITY DEPT.  
PROFESSIONAL STAFF UNION, DFT  
SERVICE EMPLOYEES INTERNATIONAL UNION, LOCAL 79, 80  
STEEL WORKERS, LOCAL 5554, 12270  
TEAMSTERS, LOCAL 247, 283, 299, 337, 614, 1038  
THEATRICAL STAGE EMPLOYEES, LOCAL 36, 666  
UNITED AUTO WORKERS, LOCAL 7, 22, 36, 51, 140, 155,  
157, 160, 163, 174, 182, 200, 212, 227, 228, 245, 292,  
296, 298, 372, 387, 400, 412, 471, 572, 594, 600, 651,  
696, 698, 699, 906, 909, 961, 1200, 1248, 1264, 1374,  
1700, 1776, 1781, 1810, 1869, 1970, 22  
UNITED FOOD AND COMMERCIAL WORKERS UNION,  
LOCAL 676  
UTILITY WORKERS UNION OF AMERICA (UWUA),  
LOCAL 223, 224  
WOOD, WIRE AND METAL LATHERS, LOCAL 5

MILFORD  
PLYMOUTH  
ROSELVILLE  
"SALINE"  
U.S. SOCIAL SECURITY ADMINISTRATION  
GRAND RIVER BRANCH OFFICE  
"WINSTON OFFICE"  
PORT HURON OFFICE  
PROGRAM & INTEGRITY REVIEWS OFFICE  
SOUTHWEST BRANCH OFFICE  
U.S. TREASURY DEPARTMENT  
DETROIT COMPUTING CENTER  
DISTRICT DIRECTOR OF CUSTOMS

"CFC Silver Achievement Award"  
BRONZE AND BRONZE ACHIEVEMENT AWARDS  
U.S. ARMY CORPS OF ENGINEERS DETROIT DISTRICT  
U.S. ARMY TANK AUTOMOTIVE & ARMAMENTS COMMAND  
U.S. DEFENSE CONTRACT AUDIT AGENCY  
GREAT LAKES BRANCH (NE REGION)  
U.S. DEPARTMENT OF VETERANS AFFAIRS  
MEDICAL CENTER-ANN ARBOR  
U.S. HOUSING & HUMAN DEVELOPMENT DEPARTMENT  
"U.S. MICHIGAN ARMY NATIONAL GUARD 1ST BATTALION"  
162ND FIELD ARTILLERY  
U.S. POSTAL SERVICE  
LINCOLN PARK  
"NEW HARBOR"  
"ST. CLAIR SHORES"  
"TAYLOR"  
"TROTTON"  
"WILSON"  
"WINDY"  
"U.S. SMALL BUSINESS ADMINISTRATION"  
U.S. SOCIAL SECURITY ADMINISTRATION  
ANN ARBOR  
"HEARING & APPEALS BUREAU"  
"OFFICE OF HEARING & APPEALS DEPARTMENT OF  
HEALTH & HUMAN SERVICES"  
U.S. TREASURY DEPARTMENT-IRS DISTRICT COUNSEL  
BRANCH 654

UNIONS  
AMERICAN FEDERATION OF GOVERNMENT EMPLOYEES,  
LOCAL 1395  
AMERICAN FEDERATION OF GOVERNMENT EMPLOYEES,  
LOCAL 2092  
AMERICAN FEDERATION OF GOVERNMENT EMPLOYEES,  
LOCAL 3239  
AMERICAN POSTAL WORKERS UNION, DETROIT DISTRICT  
AREA LOCAL  
AMERICAN POSTAL WORKERS UNION, LOCAL 400-481  
AMERICAN POSTAL WORKERS UNION, LOCAL 5809  
NATIONAL AIR TRAFFIC CONTROLLERS ASSOCIATION  
NATIONAL ASSOCIATION OF LETTER CARRIERS, BRANCH 1  
NATIONAL ASSOCIATION OF LETTER CARRIERS,  
BRANCH 2184  
NATIONAL ASSOCIATION OF LETTER CARRIERS,  
BRANCH 3128  
NATIONAL ASSOCIATION OF LETTER CARRIERS,  
BRANCH 4778  
NATIONAL ASSOCIATION OF LETTER CARRIERS,  
BRANCH 4778  
NATIONAL POST OFFICE MAILHANDLERS LOCAL 307  
NATIONAL RURAL LETTER CARRIERS ASSOCIATION  
NATIONAL TREASURY EMPLOYEES UNION, CHAPTER 24  
NATIONAL TREASURY EMPLOYEES UNION, CHAPTER 152

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"LYNDON B. JOHNSON BIRTH DIVISION"  
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## THANKS FOR GIVING!

Our sincerest thanks to all of the 1997 Honor Award-winning companies and organizations whose generous contributions helped United Way give hope and help to 1.7 million people in our community. This public expression of recognition is a small token of our tremendous heartfelt thanks to you and your employees for continuing to brighten the lives of others in our community.

Thanks to you there is help, there is hope,  
there is one more reason to smile.



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## RECREATION NEWS

# Redford lady a Queen again

TEN PIN ALLEY



AL HARRISON

For Betty Trimper of Redford, the Michigan Queens Tournament was a great challenge and she was able to take the crown over a field of the finest women bowlers in the state. "It was my biggest thrill in bowling," said Trimper. But hold on a minute, that was four years ago at Bowl One in Troy when she won the "Queens" in 1994. Last Sunday it was Betty Trimper again with her second championship crown in the Michigan Queens Tournament at Westland Bowl as she defeated Sandy Winbiger of Roseville in the final match, 238-201. Every year since 1984, The Michigan Women's Bowling association has run the Queens Tournament. It is considered to be the premier event of the year and brings out the top competitors from throughout the state, and held in a different city every year. In order to reach the winners circle, one has to bowl through the qualifying rounds, make the cut to match play. It then eliminates down to the final five in a stepladder format. Trimper finished the match play in the top seed, so only had to bowl one game in the finals. In the first step of final play Jennifer Slagter of Grand Rapids defeated Carmen Allen of Detroit 264-235. Jennifer then met Susan LaRegina of Midland and in a hot shooting match LaRegina won 249-245. Sandy Winbiger then met and defeated LaRegina 245-235. Then along came Betty Trimper, displaying a powerful shot as she connected five strikes in a row and took advantage of Sandy's nine count taps in the 5th and 6th frames "I knew then that I could win" said Trimper. She averages 200 in the Luxury Ladies Invitational and the Bonanza Ladies Trio. Although she did not take up the sport of bowling until the age of 17, she has come on as one of the area's fine players. With one 300 game, two MWBA Queens crowns and a high series of 772, she hopes to hit an 800 series

someday. Betty was on the All-City first team 1991-92, Mid-States Masters Champion in 1990, City All-Events actual in 1992 and second team All-City in 1990-91. "I would like to win the MWBA Queens again," she said after accepting her crown and \$4,000 check for first place. Winbiger, who had won this same event in 1996 took home \$2,000 for second place and LaRegina earned \$1,000 for third. All of the competitors showed a lot of talent, the strikes were lighting up the scoreboard and it was a day when anyone could have won with the good break here or there, but Redford's Betty Trimper showed her power and talent on this day. It was her day all the way!

What a way to end a season. It was a real old fashioned slug fest as the All-Star Bowlerettes held a roll-off between first half champs Contour Power Grips and second half winners Hi Tech Pro Shop. The record setting Contour Power Grips team had to be considered a heavy favorite with a line-up consisting of Aleta Sill, Jeanne Gebbia, Cyndi Black, Carmen Allen and Lida Bishop. Everybody was throwing strikes, but Hi Tech had a few more of them with Sandy Winbiger (610), Robin White (693), Novella White (648), Carol Mielczarek (682) and Petesy Wray (635). Hi Tech won the first two games 1130-1002 and 1137-1080. That was enough to seal the victory, buy by rule, a third game was played and again Hi Tech came through with 1001 to 933. The new Champions were recognized at the annual banquet last Monday, and individual awards were also presented. The high game was six-way tie with Gwen Finley, Rose Edwards, Aleta Sill, Peggy Smitley (Westland), Julie Wright (Farmington Hills) and Sandy Winbiger each with a 300 game. High average for the 97-98 season was Farmington Hills own Tamika Glenn with 220.94 including 11 700's. League average for the season was 193.31. High series was 794 by Mickey Webb and most improved bowler was Julie Wright who went up 17.62 pins from the past season. It turned out to be a fantastic year for the league bowling on Monday nights at



Repeat winner: Betty Trimper of Redford was Queen once again.

Cloverlanes in Livonia.

A special treat is in store for PBA Tour fans when the Greater Detroit Open comes to Taylor Lanes this week. On Monday (May 11) at 8:30 p.m. there will be a shoot-out between a team of AMF staff pro bowlers and Storm Products. Using the Baker system format, they will be shooting for a \$3,500 in prize money to the winning team. The Storm team consists of Pete Weber, Del Ballard, Dennis Horan, Brian Himmeler and David Ozio. AMF shooters include: Brian Voss, Bob Learn and Joe Firpo. This looks like a fun-filled event to watch, especially under the Baker system with a different bowler for each frame. It is open to the public at no charge for admission, just come on down to Taylor Lanes on Eureka Road a half mile west of Telegraph. If you missed getting in the Pro-Am, give Taylor Lanes a call, there are still a few openings (734) 946-9092.

## Noticing what's around you can make it special

NATURE NOTES



TIM NOWICKI

During this past week, the dense fog has made driving more of a challenge than usual. Driving through clouds of water droplets can be treacherous, but when the sun begins to dissipate the fog, we can begin to see things we don't ordinarily see.

When I felt I could take my eyes off the road for a few moments while driving to work in the fog, I was delighted to see what looked like balls of cotton on the vegetation in some fallow fields.

Some balls of cotton were big, most were modest in size, but they appeared to be on every plant. In fact, some plants had three or four. I could see them best when the sun was behind the plants, or they were backlit.

These balls of cotton were spider webs that had collected moisture from the fog. Each delicate strand of webbing was covered with tiny beads of water. All the lines clustered together made it dense enough so I could see the entire web.

I am always amazed at the number of webs in the field. Though I walk by them every day, they remain invisible — to me and unsuspecting insects — until dewy mornings

like we had last week.

Most of the webs I saw from my car were irregular in shape and were only about 2-3 inches around. These little webs were made by spiders in the group called the Therididae. Spiders in this group are not very big, but by the number of webs I say they are very plentiful. Near the tops of plant stems sticking up from last year, they build an irregular tangle of silk designed to ensnare unsuspecting insects.

Larger webs highlighted with dew illustrated the bowl and saucer web design very well. Arched in a well constructed dome was the main body of the web. Above the dome was an irregular tangle of webbing. Some have the dome upside down like a bowl with a saucer underneath serving to catch anything that might fall down. Typically the spider resides in the dome/bowl and waits for an insect to fall in or on the dome. Then the spider reaches through the webbing of the dome and subdues its prey.

Each web has the potential of catching an insect. Though there are far more insects than webs, it's good to know that spiders are out there helping to control the insect population.

It's also enjoyable to see their delicate webs highlighted with dew and backlit by the rising sun. Just one of those simple pleasures of the natural world that can be enjoyed by anyone who takes the time to look!

## BOWLING'S BEST SCORES

## BOWLING HONOR ROLL

## Plaza Lanes (Plymouth)

Guys & Dolls: Frank Pencola, 268-259-226/753.

## Country Lanes (Farmington)

B'Nai Brith Pishah: Lyle Schaefer, 227-288/711; Bryan Levine, 259-227-210/696; Andy Rubin, 219-236-238/693; Jerry Lash, 224-225-233/682; Allen Zupke, 230-248/660.

## Plum Hollow Lanes (Southfield)

B'Nai Brith Morgenthau L'Chayim/Zeiger-Gross: Lee Weinstein, 217-200/607; Len Moss, 205-209/605; Bill Yaker, 211-202; Bob Franklin, 201-207; Larry Schlusell, 234.

## Bowl One Lanes (Troy)

Survivors Mixed: Bob Nolan, 300, 925 Classic: Bill Kolar, 298. Sacred Heart: Jim Hicks, 279; Phil Tompkins, 279.

Bowl One Rollers: League Champs: Mike Leslie, Debbie Leslie, Jim Barner, Tammy Barner.

Goodtimers: League Champs: Jo Mason, Eldora Best, Ede Zingler, Wilda Newbold, Kathy Cornell.

Jacks & Jills: League Champs: Branda Reeves, Brenda Sullen, Gary Holloway, Calvin Sullen.

Tuesday Night Men: League Champs: Subway: Scott McGlone, David Silverman, John Neville, Dan Wilson, Brian Craczyk, Michael Hoolbier.

Monday Merchants: League Champs: Jeff McIntosh, Gary Palys, John Suderth, Lenny Palys, Greg Suderth, Kevin McIntosh.

Golddusters: League Champs: No Passing Zone: Tyree Trickey, Dennis Sadler, Mary Franke, Lou Tosi.

Bowl One Sunday Nighters: League Champs: A.W.K.I.W.R.: Tina Blanchette, Sherry Smigiel, Rick Smigiel, Tony Tomlinson.

Stan's Mixed: League Champs: Living Hell: Penny Welch, Maggie Hunter, John McFall, Don Hunter.

Bowl One Jewels: League Champs: Olde Goats: Jim Edgil, Kathy Wells, Isabel Matthew, Jerry Wells.

## OUTDOOR CALENDAR

### ARCHERY

## JUNIOR OLYMPICS

The Oakland County Sportsman Club in Clarkston offers a Junior Olympic Archery Development Program beginning at 1 p.m. on Sundays. Call (248) 623-0444 for more information.

## JUNIOR ARCHERS

A weekly program for junior archers begins at 9 a.m. Saturdays at Detroit Archers in West Bloomfield. Call (248) 661-9610 or (313) 835-2110 for more information.

### BANQUETS

## DUCKS UNLIMITED

The Birmingham-Bloomfield-Troy Chapter of Ducks Unlimited will hold its 21st Annual Sportsman's Dinner on Wednesday, May 13, at the San Marino Club in Troy. The fun-filled evening includes door prizes, raffles, and silent auctions. The event begins with an open bar at 6 p.m., dinner at 7 p.m. and a live auction at 8 p.m. Tickets are \$60 each and \$95 per couple. Call Paul Montgomery at (248) 608-2949 for tickets and more information.

### CLASSES

## FLY FISHING

The Michigan Fly Fishing Club will present Fly Fishing For the Beginner on Saturday and Sunday, May 23, 24. Both day-long sessions run 9 a.m. to 5 p.m. and will be held at the Drayton Plains Nature Center. Cost is \$80 per student. Call Rick Sak at (734) 464-3271 for more information and to register.

## HUNTER EDUCATION

Wayne County Sportsmen's Club will hold several hunter education classes in the upcoming months at its clubhouse and grounds in Romulus. These classes will be taught by certified instructors. Students must be present for both days of their respective class. All equipment will be provided. Classes will be

offered Aug. 29-30, Oct. 3-4, Oct. 17-18 and Nov. 7-8. Cost is \$10.50 and includes lunch both days. To pre-register call (313) 532-0285.

### CLUBS

## SOLAR

The School for Outdoor Leadership, Adventure and Recreation (SOLAR), a non-profit organization interested in promoting the appreciation of outdoor activities, meets at 7:30 p.m. on the first Tuesday of each month at the Colony Hall in Southfield. Call (248) 988-6658 for more information.

## METRO-WEST STEELHEADERS

Metro-West Steelheaders meets at 7:30 p.m. on the first Tuesday of each month in the cafeteria at Garden City High School. Call Dominic Liparoto at (248) 476-5027 for more information.

## MICHIGAN FLY FISHING

The Michigan Fly Fishing Club meets at 7 p.m. the first and third Wednesdays of each month at Livonia Clarenceville Junior High School. Call (810) 478-1494 for more information.

## FOUR SEASONS

The Four Seasons Fishing Club meets at 7:30 p.m. the first Wednesday of each month at the Senior Citizen's Center in the Livonia Civic Center. Call Jim Kudej at (313) 591-0843 for more information.

## FISHING BUDDYS

Fishing Buddys Fishing Club meets monthly in Rochester Hills. The meetings are open to all anglers. Call (248) 656-0556 for more information.

## CLINTON VALLEY BASS

Clinton Valley Bass Anglers club is seeking new members (boaters and non-boaters are welcome.) The club meets monthly at Gander Mountain in Waterford. Call Mike Daly at (248) 666-8910 for more information.

## BASS ASSOCIATION

The Downriver Bass Association, a non-tournament bass club, meets at 6:30 p.m. the fourth Tuesday of every month at the Gander Mountain in Taylor. Call

(734) 676-2863 for more information.

### MEETINGS

## NRC

The monthly meeting of the state Natural Resource Commission will be Wednesday and Thursday, May 13-14 in Lansing. Persons who wish to address the commission or persons with disabilities needing accommodations for effective participation should contact Teresa Golden at (517) 373-2352 a week in advance.

### SEASON/DATES

## SPEARS/BOWS

Spearing, hand netting and bow season for suckers, carp, gar and bowfin runs through May 31 on non-trout waters south of M-46

## SMELT

Smelt netting season on non-trout streams runs through May 31 south of M-72 and May 1-31 north of M-72. Bow and spear fishing on non-trout inland waters is open for gar, carp and bowfin May 1-Aug. 15. Check the 1998 Michigan Fishing Guide for exceptions and closures.

## TURKEY

The spring turkey season runs through May 31 by special permit in designated areas only.

### SHOOTING RANGES

## BALD MOUNTAIN

Bald Mountain Recreation Area in Lake Orion has shotgun (skeet & trap, sporting clays, 5-stand), rifle, pistol, and archery shooting facilities. Range hours are 10 a.m. to dusk on Wednesdays, 10 a.m.-6 p.m. Saturdays and Sundays and noon-dusk on Mondays and Tuesdays. Bald Mountain is located at 1330 Greenshield Rd., which is three miles north of the Palace of Auburn Hills off M-24. Call (248) 814-9193 for more information.

## PONTIAC LAKE

Pontiac Lake Recreation Area in

Waterford has rifle, pistol, shotgun, and archery ranges. Range hours are 10 a.m.-5 p.m. Wednesdays through Sundays.

Pontiac Lake Recreation Area is located at 7800 Gale Rd. Call (248) 666-1020 for more information.

## ORTONVILLE RECREATION

Ortonville Recreation Area in Ortonville has rifle, pistol and shotgun shooting facilities. The Ortonville Recreation Area is located at 5779 Hadley Rd. Call (248) 693-6767 for more information.

### OAKLAND COUNTY PARKS

## COUNTY PARK REQUIREMENTS

Advanced registration is required for all nature programs at Oakland County Parks. Call (810) 625-6473 to register or for more information.

## SPRING STAR PARTY

Discover the magic of the spring skies and learn about spring constellations with members of the Nature Center staff and volunteers from the Oakland Astronomy Club during this program, which begins at 8 p.m. Saturday, May 16, at Independence Oaks. MICHIGAN'S ENDANGERED Review the current status of some of Michigan's endangered plants and animals during this program, which begins at 1:30 p.m. Saturday, May 23, at Independence oaks.

### STATE PARKS

## STATE PARK REQUIREMENTS

Maybury State Park, Proud Lake Recreation Area, Bald Mountain Recreation Area, Highland Recreation Area and Island Lake Recreation Area offer nature interpretive programs throughout the year. A state park motor vehicle permit is required for entry into all state parks and state recreation areas. For registration and additional information on the programs at Maybury call (810) 349-8390. For programs at Bald Mountain call (810) 693-6767.

## How to make money by marking the tees

Ever wonder where those three-foot tall granite stones standing to the side of you when you're about to tee off come from?

Well, if you're teeing it up on area courses, there's a good chance those boulders came courtesy of From Tee to Green.

The brainchild of West Bloomfield resident Dick Steinhart and cousin Joe Korman, who presently lives in Burlington, Ont., From Tee to Green is a business that sells tee markers to golf courses. Not only is there a picturesque layout of each hole — displaying not only the direction, but hazards such as water and sand as well — but also room for advertisers to pitch their products.

"It was pretty much my cousin Joe's idea several years ago," explained Steinhart, whose job it is to negotiate deals with golf courses as well as sell advertising. "We've played a lot of golf together and just one day he got the idea and went with it."

Up and running in Canada prior to January, 1997 when it began operations locally, From Tee to Green has signed deals with such local courses as Links at Pinewood, Cattails and Bushwoods. Steinhart said he is currently in negotiations with Shenandoah in West Bloomfield and Twin Lakes in Rochester Hills.

The rocks, quarried in Quebec and sandblasted in Hamilton run on an average between \$2,500 and \$3,000 apiece and are given to the courses free of charge, according to Steinhart. The sale of advertising covers the cost.

"It's a unique and tasteful way of sponsorship," said Steinhart, who shares his explained. "You're competing with a lot of advertising dollars, but it's well worth it. You have quite a few people going by each day."

Steinhart, who plays quite a few rounds at Links at Pinewood, said he has such local sponsors as Paramount Bank, Carl's Golf, Remax, Tobacco Road, Tri-County Building, Siegel's Deli, Strategic Financial Advisors and Earth-to-Earth already under contract or soon to be for future tee markers.

Anyone wishing for services offered by From Tee to Green can contact Steinhart at (248) 363-1691.

## GOLF OUTINGS/CLINICS

■ The St. Mary's College athletic department is sponsoring

the inaugural Eagle Golf Outing on Friday, May 22, at Shenandoah Golf Course in West Bloomfield. All proceeds from the event will benefit the student athletes at St. Mary's College.

Several packages are available, single as well as foursomes, starting at \$125. Corporate sponsorships and dinner-only packages are available.

Prizes and raffles will be included as well as "longest drive" and "closest to the pin" contests.

For more information, call the St. Mary's College athletic department at (248) 683-0344.

■ Shenandoah Country Club will be the site of a ladies golf clinic this summer.

Sponsored by West Bloomfield Parks and Recreation, the clinic, which will be offered four times throughout the summer, is for beginners and will cover swing, stance, chipping, putting and driving.

Session II runs May 19-June 2 and meets at 6:30 p.m. Tuesdays. Session III runs June 8-22 and runs 6-7:30 p.m. and Session IV runs June 15-29 and will be held 9-10:30 a.m. Mondays.

The cost is \$60 for West Bloomfield residents and \$66 for non-residents. Please register one week in advance of each session by calling West Bloomfield Parks and Recreation at (248) 738-2500.

■ The Academy of the Sacred Heart Parent's Club will host its seventh annual Golf Classic at Great Oaks Country Club in Rochester Hills on Monday, Sept. 28.

The event includes lunch, dinner, gifts and four-person teams engaging in a best-ball scramble on Great Oaks' challenging 18-hole layout. Prizes will be awarded to winners in each flight, including a separate flight for female foursomes. Additional contests and an informal live auction of golf and various sports packages is sure to make the day a memorable one.

Cost is \$250 per person. Hole sponsorships are available at a cost of \$250.

The 1998 Golf Classic is chaired by Academy parents Larry Graves of Bloomfield Hills, Tim Glaros of Royal Oak and Jerry Watson of Troy.

Proceeds from the event benefit the athletic and recreational program at the Academy.

For more information, call the Academy at (248) 646-8900, ext. 172.





# Women's Health



SUPPLEMENT TO

THE

**Observer & Eccentric**

NEWSPAPERS

Part of HomeTown Communications Network™

SUNDAY, MAY 10, 1998

*It's all  
about you!*

(★)



## Women's Health

Special focus  
on women's  
health issues

The Observer & Eccentric Women's Health Guide offers information on exercise, nutrition and spirituality. The articles however, should not replace the advice and an annual check up from your physician.

**Page 3.** Prayer can do wonders for your blood pressure and increase healing.

**Top 12 ways to combat stress.**

**Page 4.** Healthy summer cooking tips for lighter, low-cal dishes.

**Page 5.** Use the Internet as a valuable resource.

**Rate your nutrition using scale.** Serving guide can help you plan meals.

**Page 6.** Hormone Replacement Therapy can aid in the reduction of osteoporosis and heart disease.

**Page 7.** Learn to recognize your own personal joys. Be grateful for your uniqueness.

Walking can be done almost anywhere with plenty of benefits.

### CREDITS

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Cover design: Glenn Merillat  
Ad layout: Sheryl Labon

## SNORING CAN BE HAZARDOUS TO YOUR HEALTH

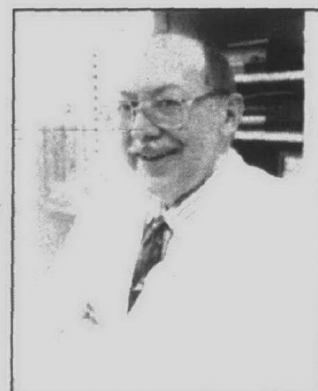
Loud snoring is not a joking matter. For many it may signal a breathing problem during sleep. Some snorers actually stop breathing for brief periods throughout the night.

Take this test.

YES NO

1. Do you snore?
2. Are you sleepy during the day?
3. Are you overweight?
4. Do you wake up with morning headaches?
5. Do you have high blood pressure?
6. Are you irritable, fringed, or have difficulty concentrating?
7. Do you find it hard to stay awake while driving, watching TV, reading a book or attending a meeting?
8. Do you ever wake up choking, gasping for air or have a skipping or racing heart during the night?
9. Has anyone watched you sleeping and told you that you hold your breath, snort, and often move during sleep?

If you answered yes to two or more of these questions, you may be suffering from sleep apnea. Untreated, sleep apnea can cause debilitating sleepiness, increase the chances of driving accidents, and may lead to health complications including heart failure. If you can suspect sleep apnea, contact your family physician or call the specialists at Garden City Hospital Sleep Disorder Center.



Dr. John Morrison

**GARDEN  
CITY  
HOSPITAL**  
AN OSTEOPTIC TRAINING FACILITY  
Sleep Disorders Center

JOHN H. MORRISON, JR., D.O., F.A.C.O.I.  
MEDICAL DIRECTOR

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(734) 458-3330

## Healthy, moisturized skin reflects emotional well-being

Your skin reflects your overall condition, and putting your best "face" forward might mean confronting the world with anything from acne to a flawless, glowing complexion, depending on your physical and emotional well-being.

The skin protects your muscles and bones by taking the brunt of the environmental elements and injuries we subject our bodies to such as sun exposure, cuts, burns, rashes, bruises and more.

The skin is our bodies shell so-to-speak — a soft veneer that, if not taken care of properly, will show signs of aging and neglect via wrinkles, stretch marks, bruises, psoriasis and more.

To properly protect your skin and restore some of its original, youthful appearance, learn to identify beneficial skin products, design a personal skin-type regimen, learn to use basic skin care products effectively and develop healthy habits.

Ginger Pierce, registered nurse and an independent consultant for Arbonne International, says knowing your skin type and getting into a regular routine

■ **'There's nothing good in terms of your skin and a tan.'**

Ginger Pierce, R.N.

—Arbonne International

of skin care are the first steps in restoring some of your once-youthful appearance.

Skin cells replace themselves more slowly as we age, Pierce said. Plump moist cells that grow under your skin gradually surface and become flat and dry. Exfoliate these dead skin cells so that new, rejuvenated cells can repeat the process.

The sun is the worst possible element we could expose our skin, the nurse said. The perceived healthy glow we get from an afternoon of tanning actually means your skin is damaged. The skin defends itself with a protective mechanism — the tan.

"The best tan for your skin would be one from a bottle," said Pierce. Tanning beds are just as hazardous, she said. "There's nothing good in terms of your skin and a tan."

However, sun screens and sun blockers will help protect your skin. Unprotected and exposed skin is a target for cancer. Skin cancer rates have risen 7 percent in the last few years, with people ages 20-44 suffering from the worse form of skin cancer, melanoma.

Other defenders include:

**Sun tan lotion.** says Pierce, moisturizes your skin but does nothing to protect it from the harmful rays of the sun.

**Sun screens** with an SPF (sun protection factor) of 15 or higher can be used if you're planning on being in the sun. Sun screens should be applied 15 minutes prior to exposure for maximum results. Reapply the lotion so it remains effective particularly if you're swimming or use a waterproof product.

Children should have a minimum of SPF 15 while outdoors. Apply the sun screen generously to all exposed areas of the skin.

Avoiding the sun's peak exposure time, 10 a.m. to 3 p.m., can go a long way in bypassing a serious sun burn, she said, as can wearing protective clothing including a hat.

**Sun blockers**, such as zinc oxide, actually provide a little shade by stopping the sun's rays short of your skin.

If you are on medication, ask your physician or pharmacist whether a sun-protection product might interact with your medication to change the protection of the product.

Other factors that can cause skin damage include smoking, and excessive and prolonged alcohol consumption. Smokers over time can develop "smokers face," says Pierce. Smoker's face is a pale and yellow pigment to the skin that evolves over time from nicotine exposure. Wrinkles can develop around the mouth area due to smoking.

If you drink large amounts of alcohol, your skin's pores dilate, and red blood vessels or spider veins develop all over the surface of your face due to a lack of blood flow and circulation.

Pierce suggests getting rid of bad habits such smoking and developing new healthy habits such as exercise, maintaining a balanced diet of fruits, vegetables and fibers and drinking at least eight glasses of water a day.

"Not only will you feel better, but you'll look better," said Pierce.

To develop a skin care program, Pierce, a three-year independent consultant with Arbonne International (Swiss skin care company), suggests keeping three basic principles in mind — clean, moisturize and protect.

On the average you should wash your face twice a day, depending on your skin-type, usually in the morning when you're preparing for the day and before you go to bed. Use a gentle cleanser that doesn't strip away the natural oils of your skin.

Moisturize with a product you know won't cause any allergic reactions and that isn't mineral oil, wax or petroleum-based. These ingredients are considered moisture barriers and can clog and seal your pores, preventing moisture from getting through.

"You should really read the contents of any moisturizing products you purchase," said Pierce. "Some lotions and creams don't even list ingredients on the label."

Knowing your skin type can go a long way in developing a basic skin care regimen. Traditional types include: normal, dry, oily and combination. Pierce said Arbonne International treats those skin types and four more conditions such as mature, troubled, sensitive and acne.

Mature skin is very dry and has a crepe like appearance to it. "You generally see older women with mature skin, which needs a lot of hydration."

Troubled skin requires a combination of a skin care program and the guidance of a dermatologist for conditions such as rosacea, psoriasis and eczema.

When it comes to protecting your skin from elements such as the sun, Pierce said many cosmetics and moisturizers now include sun protection factors (SPF) in their ingredients that can be useful against the sun's harmful rays. You might need a moisturizer that not only nourishes your skin but protects it as well.

## Women's Health

### Power of prayer is positive, offers numerous advantages

Praying for your physical, emotional and spiritual well-being has many positive advantages, says Anita M. Herman, Ed.D., Madonna University.

"People who go to church regularly have a better immune systems, don't get sick as often and live longer," said Herman, chairwoman and professor, Department of Gerontology. "We know this through research and from our own personal experiences."

While the actual scientific link between prayer and healing can't be explained, Herman attributes the outcome to the idea that if you believe something will happen, it will.

"If you believe you'll feel better, you will," said Herman. "Prayer offers hope, comfort ... it increases morale and gives one a sense of satisfaction in life."

Herman also added that in order to be effective, prayer must be non-directive. To reap the benefits physically, psychologically, emotionally and spiritually you must connect with God in contrast to a poem, says Herman,

where the connection is made to the infinite.

The Livonia university educator cited numerous benefits to praying including wounds healing faster, lower blood pressure, faster recovery and reduced heart rate.

Herman said recent research studies have shown that nearly 50 percent of physicians polled said they prayed for their patients and that a study of heart patients (50 percent were prayed for, 50 percent not) resulted in the more rapid recovery of those patients who were prayed for than those who had not.

Investigations have been done with cells, plants, animals, and yeast resulting in the same outcomes — they all grew faster, were more healthy and rallied from suffering more swiftly.

"Prayer can reduce anxiety and stress. Your body uses less oxygen and produces less carbon dioxide, improving your immune responses," said Herman.



**Prayer:** Anita M. Herman, Ed.D., Madonna University and chairwoman, professor Department of Gerontology addresses a large crowd at the 1998 Women's Health Day event sponsored by St. Mary Hospital and the Observer & Eccentric Newspapers. Herman talked about the positive effects prayer has been shown to cause both physically, emotionally and spiritually.

## How to combat stress

**Twelve simple ways to combat stress and anxiety in your life ...**

• Treat yourself to a massage. They can be both rejuvenating and therapeutic and they are very reasonably priced. Studies show touch has a tremendous effect on our minds and bodies, including helping with bulimia, reducing stress and increasing job performance, reducing pain and enhancing immune functions.

• Exercise is a great way to release some pent-up tension. It's good for the mind and the body. Even if you're not a marathon runner or an olympic swimmer — 20 minutes of some kind of cardiovascular activity three times a week will get you on the road to being physically fit.

• Talk, talk, talk. Whether you're

Please see **STRESS, A4**

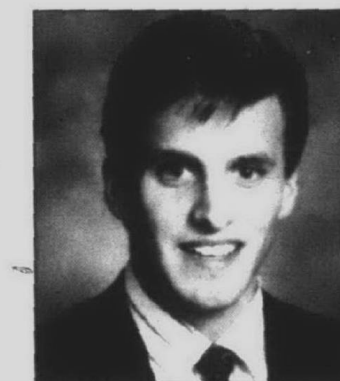
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## Women's Health

### Fitness, exercise essential

You've heard it all your life: Exercise is good for you. But it's too late to start. You're afraid of injury and failure, feel limited by chronic disease and conditions, and have misconceptions about what type of exercise is appropriate. Besides, you've finally reached your "golden years" and there really isn't any point in worrying about physical fitness — right?

Wrong. The American Council on Exercise (ACE), a nonprofit fitness advocacy organization, says it's never too late to reap the benefits of a regular exercise program — even if you have never exercised a day in your life.

May 27, National Senior Health & Fitness Day, is a great time for seniors, especially women, to start enjoying healthier, active lifestyles, and ACE is here to help them get started.

According to the Fitness Council, 14.2 million people age 55 and older exercise frequently. With one of out every four Americans now over the age of 50, more and more will be turning to fitness to maintain and enhance their quality of life.

"Active seniors will improve their quality of life, reduce the risk of disease and increase mobility and independence," said Gwen Hyatt, an ACE spokesperson specializing in senior fitness. "There may be some limitations, but they should be able to participate

in moderate exercise."

According to ACE, most people can significantly improve their fitness with 30 minutes or more of brisk walking daily. Research shows that you can even benefit from exercising three times a day for 10 minutes at a time. Pain is not needed for gain. One of the reasons so many people quit is because they can't maintain an intense program.

Moderate physical activity also improves digestion, aids in sleep, reduces stress, improves endurance and is good for managing lower-back pain, arthritis and diabetes. ACE recommends that seniors begin with non-jarring aerobic activities such as swimming, cycling, walking and low-impact aerobic dance.

Other popular workouts among seniors include aqua-aerobics, yoga, Tai Chi, line dancing, square dancing, ballroom dancing and gardening. Most important is picking an activity they enjoy and sticking with it.

Fitness programs should include aerobic exercise, strength or resistance training and flexibility exercises. Tufts University research found that even the most elderly and unconditioned can benefit from strength training. Current exercises that emphasize balance

Please see EXERCISE, A5

### Stress from page A3



Ha, ha: Laughter can be a great prescription for stress.

laughing or crying, talking to a close friend, family member or trusted professional can do wonders for your psyche. Share your feelings and it's quite possible an objective individual can help you work out your problems.

Emotions held in can manifest themselves in weight gain, high blood pressure, acne, headaches and chest pain. Don't wait until it's too late to talk to someone, you're not alone.

- Prioritize your agenda for the day.
- Make time for fun. Cut loose, turn

up the radio, sing and dance; go for a long drive; laugh; sleep in late; treat yourself to your favorite indulgence.

■ Create a retreat to escape whether it be a weekend away, a long drive or a 10-minute break from your daily routine.

■ Read a book. Bring your imagination to life again.

■ Play soothing music.

■ Take a yoga class. Focus on your breathing and concentrate on the body as a whole. You'll become more flexible, and proper breathing techniques can affect your heart rate, blood pressure and blood sugar levels.

■ Use aromatherapy. Essential oils can be found in health food stores and at perfume counters. The scent of orange eases anxiety, constipation and improves the digestive system. Lemon uplifts and rejuvenates. Lavender helps acne and fights colds and colic. Peppermint soothes an upset stomach.

■ Know your own limitations. If there is a problem that is beyond your control, why fight it?

■ Get a good night sleep. The average person needs at least eight hours sleep for their body to recover from the physical and emotional demands of a normal day. If possible take a 15-minute nap or find some down time in your daily routine to regroup.

## Women's Health

### Exercise from page A4

and posture are also important for older adults. Before embarking on a new workout regimen, Hyatt recommends that seniors consult their physician and get medical clearance to begin a program.

How to get started:

■ Get help: Personal trainers are not just for the rich and famous anymore. A personal trainer can help develop a safe and effective exercise program and provide motivation.

Instead of signing up for two sessions per week every week, spread out a package of visits over a longer period of time (say six months). Make sure instructors are certified by an internationally recognized professional organization, such as ACE, and have some specialty training in senior health and fitness. ACE offers free referrals to certified fitness professionals anywhere in the country by calling ACE, (800) 825-3636.

Botsford General Hospital offers ongoing programs including:

**Aerobic Weight Training for Women.** A 55-minute workout with emphasis on both cardiovascular fitness and muscle strengthening. Meets for eight weeks. Mondays and Wednesdays from 5-5:55 p.m., \$60. Preregistration required. Call the Botsford Center for Health Improvement, TRACC, at

(248) 473-5600.

**Bones in Motion.** Individualized programs geared for people seeking to prevent osteoporosis or alleviate its affects. Learn how to exercise safely and effectively while strengthening bone mass. Nutritional counseling for osteoporosis also included. Program is conducted by an exercise physiologist and registered dietitian. Call (248) 473-5600.

**Kinetics I & II.** This eight-week course offers a light fitness program for individuals who have difficulty with daily activities as a result of musculoskeletal or endurance limitations. Fees, Kinetics I, \$80; Kinetics II, \$70. Registration required, call (248) 473-5600.

Libraries, bookstores and sporting goods stores are filled with books and videos specifically targeted to, or appropriate for, seniors that can start them on a program and teach them new techniques. ACE recommends the following videos and books:

■ Pick an activity you're going to enjoy and stick with it. If you like exercising with a group, join a health club or community center. Contact your local YMCA, parks and recreation departments through the Wayne County area to see what kind of group exercise classes they offer.

### Abundant nutritional resources

**The Kitchen Link**  
www.kitchenlink.com

A master index of more than 7,453 cooking-related links online.

**The Dinner Co-op**

dinnercoop.cs.cmu.edu/dinnercoop/  
Search for stores, menus, recipes, gourmet food stores, and focus on caffeine, alcohol and vegetarian dishes.

**Gourmet World**

www.gourmetworld.com  
Internet Chef Archive

ichef.cycor.ca/  
**Food Etc.,** (recipes, book reviews and food events in the Pacific Northwest)

www.foodetc.com

**The Natural Connection,** natural kitchen holistic resources, shopping, etc.

www.natural-connection.com

**Epicurious Foods,** includes recipes, a gourmet forum, cooking dictionary, online cooking classes and uses for leftovers.

www.epicurious.com

**Taste of America**

A complete cooking class with recipes and menus including appetizers, bread, cheese, eggs, salads, rice, soups, stews and pastas.

www.tasteofamerica.com

**Kids Cooking Club**

www.kidscook.com

While everyone from grandmothers to the government calls on Americans to assume personal responsibility for their actions, the American Dietetic Association (ADA) is urging consumers to take charge of their eating style and control their nutrition destiny.

"Good nutrition doesn't come in one-size-fits-all," said Cinde Rutkowski, registered dietitian and member of the ADA at Oakwood Hospital/Annapolis Center-Wayne.

"Individual needs and preferences are what uniquely define good nutrition. By stressing that nutrition is 'all about you,' we encourage Americans to integrate basic health principles into their lives with simple, action-oriented tips."

People can achieve a healthful eating style by being realistic, adventurous, flexible, sensible, and active, said Rutkowski. Women in particular should be mindful of their calcium intake regardless of their age. A good foundation of calcium consumption lays the groundwork for strong bones into adulthood to reduce the risk for osteoporosis.

Think about your typical eating patterns and food decisions.

Do you ... (Usually, Sometimes,

Please see FOOD, A6

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1 p.m.—Lipreading, Marilyn Lewis, Deaf, Hearing & Speech Center  
3 p.m.—Meniere's Disease and Dizziness, Marie Keys, Meniere's Support Group, William Beaumont Hospital  
TBD—Self-Empowerment for Hearing-Impaired People, Self Help for Hard of Hearing People, Western Wayne County

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## Women's Health

### Hormone therapy can aid in reduction of osteoporosis

Preventing heart disease and osteoporosis are the key reasons doctors are prescribing hormone replacement therapy for women near or past menopause. And women can expect to take it for the rest of their lives, according to Dr. Greg Woodfill, a gynecologist at Garden City Hospital.

Osteoporosis looms once a woman stops ovulating, because her bone density levels plummet. To help offset this biological change later in life, adolescent girls should start getting high levels of calcium to build bones, Woodfill advises, because the more bone that is grown the more they have later in life. Women reach their highest levels of bone density in their mid-twenties.

Once menopause approaches, doctors recommend having a bone density test taken to determine if there has been bone loss, according to Dr. Bruno Borin, a radiologist at Garden City Hospital. This bone density test, using a low dose X-ray, acts as a baseline reading for later tests and to help doctors determine what kind of therapy is needed.

Many factors, like diet and exercise also affect bone density. Soda pop, a large consumption of alcohol and heavy smoking can deplete calcium and add to diminished bone density. On the other hand, a nutritious diet, calcium supplements and exercise help people maintain strong bones.

"It takes time to see the effects of bone loss," Borin said. "Slowly, you see the effects of gravity on the spine. Bones become brittle." Once bones become weak, fractures occur a lot more easily. When the breaks occur in the hips or legs it drastically affects the person's mobility, lifestyle and independence, Borin said. The elderly woman might not be able drive or live on their own anymore and sometimes they're bedridden. When quality of life is affected, the person's attitude plummets and their will to live follows.

Dr. Thomas Lewellen, a gynecologist at Garden City Hospital, said he recommends hormone replacement therapy for every postmenopausal woman he sees.

However, some women fear that hormone replacement therapy will increase their chances of getting cancer. Woodfill and Lewellen aren't convinced that HRT poses strong risks for cancer.

"The health risks involved in not taking it are greater than the risks involved in taking it," Woodfill said. They stress, however, that women who refuse to take estrogen should talk to

Please see **ESTROGEN, A7**

## Food from page A5

Never)

Consider nutrition when you make food choices? Try to eat regular meals (including breakfast) rather than skip or skimp on some? Choose nutritious snacks? Try to eat a variety of foods?

Include new-to-you foods in meals and snacks? Try to balance your energy (calorie) intake with your physical activity?

Do you ... (Usually, Sometimes, Never)

Eat at least six servings\* of grain products daily? Eat at least three servings\* of vegetables daily? Eat at least two servings\* of fruit daily? Consume at least two servings\* of milk, yogurt or cheese daily? Go easy on higher-fat foods? Go easy on sweets?

Drink eight or more cups of fluid daily? Limit alcoholic beverages (no more than one daily for a woman or two for a man)?

\* Serving sizes vary depending on the food and food group.

Score yourself: Usually= 2; Sometimes= 1; Never= 0.

If you scored ... 24 points or more ... Healthful eating seems to be your fitness habit already. Still, looking for ways to stick to a healthful eating plan and to make a "good thing" even better.

16 to 23 points ... You're on track. A few easy changes could help you make your overall eating plan healthier.

9 to 15 points ... Sometimes you eat smart, but not often enough to be your "fitness best." What might be your first steps to healthier eating?

0 to 8 points ... For your good health, you're wise to rethink your overall eating style. Take it gradually - step by step! Whatever your score, make moves for healthful eating. Gradually turn your "nevers" into "sometimes" and "sometimes" into "usually."

### Sample serving sizes:

Breads, cereals, rice, pasta group ... six-11 servings daily: 1 slice (1 oz.) enriched or whole-grain bread; 1/2 hamburger roll, bagel, English muffin, or pita; 1/2 cup cooked rice or pasta; 8 oz. (1 cup) ready-to-eat cereal.

Vegetable group ... three-five servings daily: 1/2 cup chopped raw, non-leafy vegetables; 1/2 cup cooked vegetables; 1 small baked potato (3 oz.); 3/4 cup vegetable juice.

Milk, yogurt and cheese group/two-three servings daily: 1 cup milk, buttermilk or yogurt; 1 1/2 oz. natural cheese (cheddar, mozzarella, Swiss).

Fruit group ... two-four servings daily: 1 medium fruit (apple, orange, banana, peach); 3/4 cup fruit juice; 1/2 cup canned, frozen, or cooked fruit.

Meat, poultry, fish, beans, eggs and nuts group ... two-three servings daily: 2-3 oz. cooked lean meat, poultry or fish; 1/2 cup cooked legumes (equals 1 oz. meat); 1 egg (equals 1 oz. meat)

Fat, oils, and sweets, use sparingly: Sugars, salad dressings, oils, butter, soft drinks.

— Source The American Dietetic Association's Nutrition Companion.

## Women's Health

### GOOD READING

Each year more than 450 new food, nutrition and health books flood the consumer market, often leading to confusion about which books and newsletters are credible and scientifically sound. To help readers cut through the clutter, The American Dietetic Association (ADA) has just released its Good Nutrition Reading List.

**The American Dietetic Association Guide to Women's Nutrition for Healthy Living**, by Susan Calvert Finn. Book offers advice on basic nutrition to disease prevention throughout a woman's life.

**Snacking Habits for Healthy Living**, by

The American Dietetic Association. Chronimed. The appendix provides calorie, fat, and fiber values of snack foods.

**The Supermarket Guide**, The American Dietetic Association. Pocket-size book on reading labels and choosing a healthy food, low-fat meal plan.

**Calcium in Your Life**, by The American Dietetic Association Chronimed, 1997. Explains why calcium is important for everyone and what eaters can do to build healthier bones.

**Eating Expectantly**, by Bridget Swinney. Meadowbrook Press, 1996. Comprehensive guide for mothers-to-be provides practical advice about eating before, during and after pregnancy. Includes extensive sets of recipes and menus.

### Be aware of heart disease risks

Each year, about the same number of women die from heart attack as men, a fact that may surprise most women. Some 36,070 lives were claimed in 1995 by Michigan's No. 1 killer - heart disease - and more than 50 percent of the victims were women.

"One of every two women will die of cardiovascular disease," said Dr. Pamela Gordon from the Detroit Medical Center. "Yet women can fight these odds."

Women should be aware that they may experience heart disease differently than men, and the classic risk factors may not be the same. For men, the first sign may be angina, the chest discomfort caused by lack of blood flow. Women may experience more shortness of breath, weakness and general fatigue.

What are some of the other differences?

Women tend to develop heart disease about a decade later in life or around

55 as opposed to 45 for men. Before menopause, a woman's risk of heart disease is lower than a man's risk. After menopause, the risk is the same.

Smoking increases risk two to six times. But the problem is more significant for women, because today more women than men smoke.

"Studies indicate that women are less successful at quitting than men. While smoking by men has dropped 36 percent in the past 20 years, the number of women smokers has declined by 30 percent," said Gordon.

Smoking isn't the only risk factor important to women. Forty-six percent of women over 55 have high blood pressure. And women over 75 are more likely to develop the problem than men.

For more information about women and heart disease and stroke, women may call 1-888-MYHEART or visit the American Heart Association's Web site at [www.americanheart.org](http://www.americanheart.org)

### Walking: Put your best foot forward

It's as easy as putting one foot in front of the other. In fact, it IS just putting one foot in front of the other. Walking is one of the most popular forms of exercise in America. The reasons are obvious ... walking doesn't cost any money, and it can be done by almost anyone, almost anywhere. But is something as simple as walking really beneficial to our health?

Absolutely, say health experts. Walking helps burn fat and calories, relieves stress, strengthens the heart and decreases the risk of some forms of cancer, according to the American Institute

for Cancer Research.

While there's an endless variety of exercise options, taking a daily walk is one of the simplest. Many of the local malls including Livonia and Westland allow people to walk around the Center's before the stores open for business.

AICR recommends at least one hour of moderate physical activity every day. An hour's brisk walk each day is a great way to fit this in. Brisk hill-walking for at least one hour each week is equivalent to the hour of weekly vigorous exercise.

### Estrogen from page A6

their doctors about other therapies. Various doses of estrogen and progestosterone, as well as other medications, can also be prescribed for women near menopause.

"When you're dealing with health issues and you intervene, there's benefits and risks," Borin said.

"If the benefits outweigh the risks you take that chance. The most important thing is to educate yourself. Know what menopause is rather than thinking that it just means that your period stopped. Know what therapies are available and discuss them with your doctor."

When was the last time you felt like this?



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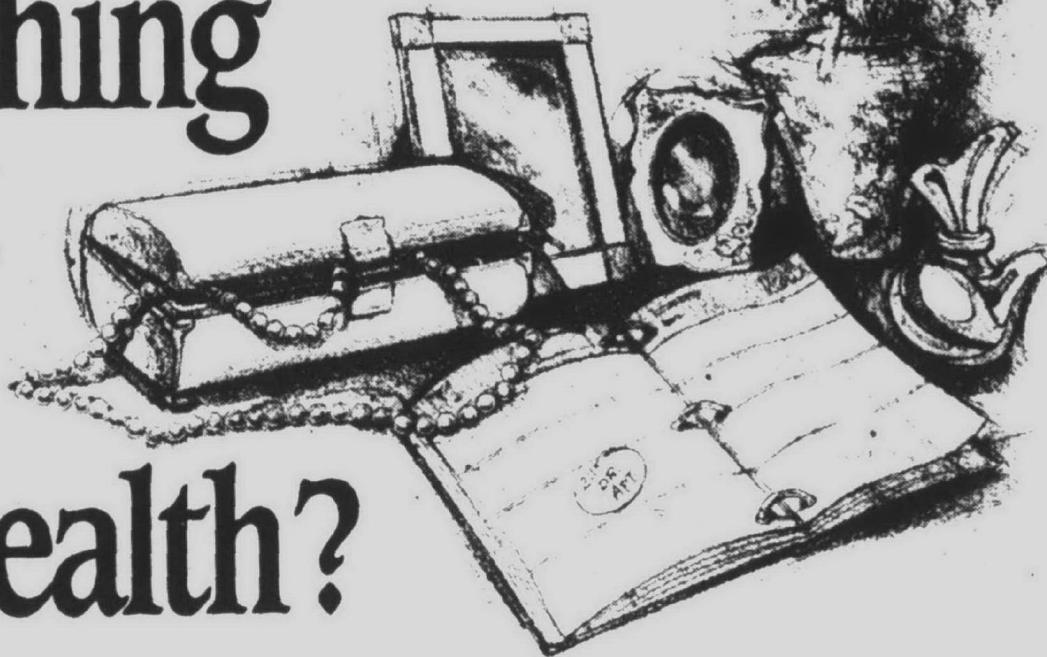
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against breast and ovarian cancer, osteoporosis, diabetes and cardiac disease. **B**otsford General Hospital offers

you a continuum of services and programs to assist you in maximizing your health. **I**f you would like

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like a physician referral, call HealthMatch at (248) 442-7900.



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**Reaching Out To The People Of Our Community**

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