

THE WEEK
AHEAD

TUESDAY

Township meets: The Plymouth Township Board meets in a study session at 7:30 p.m. at township hall.

WEDNESDAY

Youth meet: The Plymouth Youth Forum meets at 7 p.m. at the Plymouth Volunteer Center, 638 Starkweather.

Democrats gather: The Community Democratic Club of Plymouth, Canton, Northville and Livonia meets to inform the public about its plans for the March 11 presidential caucus. The meeting takes place at 7:30 p.m. at The Plymouth Coffee Bean Co., 884 Penniman in Plymouth. For details, call Becky Tavarozzi, (734) 398-5845.

FRIDAY

On ice: The Plymouth Whalers host the Sarnia Sting in a 7:30 p.m. game at Compuware Arena in Plymouth Township. Call the box office, 453-8400, for ticket information.

SPECIAL SECTION

Holy matrimony, Batman: How do you marry three daughters in four months? Find out in the Observer's "Wedding Magic" supplement inside this issue.

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He's back



Honest, it's Abe: Abraham Lincoln made a rare appearance at Allen Elementary in Plymouth Township Thursday, in the form of 35th District Judge Ron Lowe. For more photos, please see Page A4.

STAFF PHOTO BY PAUL HIRSCHMANN

Bills now water under the bridge

Plymouth collects past-due payments from businesses

BY TONY BRUSCATO
STAFF WRITER
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Last August, the Plymouth City Commission adopted a new policy to insure the payment of water and sewer bills from city residents and businesses.

The new ordinance imposed a 25-per-

cent surcharge for homeowners who don't pay their water and sewer bills before they go on the tax rolls.

For businesses, the commission got a bit tougher, calling for the shutoff of water services for those accounts that are past due in excess of 90 days.

"We used to put those bills on the tax roll every March," said Assistant City Manager Paul Sincock. "However, that

meant a lot of work for us. Plus, we don't get the interest that collects from having the money in our account."

The first of the 90-day past due periods began in January, with 21 customers owing \$25,547. Some owed substantial amounts of money and were red tagged, meaning service was sched-

Please see **WATER, A2**

Mayor: 'Old Village won't be forgotten'

BY TONY BRUSCATO
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There appear to be some concerns about the future of Old Village with the resignation of the development coordinator for the Old Village Development Authority.

Sherrie Pryor, who worked with city officials on projects, recruited businesses and coordinated Old Village events, left her post last week to begin work in the private sector when it became apparent her 30-hour part-time position would not turn into a full-time job.

"I think the loss of Sherrie is a huge loss for Old Village," said Plymouth City Commissioner Michele Potter, the commission's liaison to Old Village.

"I'm concerned our city manager (David Rich) was quoted as saying there wasn't support for her to be a full-time employee," added Potter. "There are five new people on the commission, all on record during our campaign interviews, stating we need to spend more time and energy there. I hope we can move forward to putting the energy and finances necessary in that area."

OVIDA chairperson Susan Clark agrees, and is hopeful progress will continue in Old Village despite the fact city officials, especially building official Jim Penn, will be assisting the area instead of an intern.

"Old Village has come too far in the past year for the momentum to stop now," Clark told commission members at last Monday's meeting. "All of you (commissioners) ... have talked about Old Village and its needs while campaigning. Old Village supported you then, now it's time for you to step up to the plate and support us."

"So much has been accomplished this year," said Clark. "Sherrie helped in getting us park benches, developing the streetscape, adding several events in Old Village and sending out monthly newsletters. We just put on a new roof and air conditioning unit for the community center. What's going to happen to it now? I think some people in the administration could just let Old Village remain the way it is."

Despite the concerns, Mayor Dave McDonald, who last year was the commission's liaison to Old Village and

Please see **OLD VILLAGE, A2**

Owner, business ordered to trial

BY SUE BUCK
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The co-owner of a Farmington Hills construction company who was in charge at the time of the Plymouth Township trench cave-in that killed an Ypsilanti man was bound over for trial Friday in what is considered both a precedent-setting case in Wayne County and one that could send a message.

William Roger Curtis Jr. faces a Feb. 25 circuit court arraignment at the Frank Murphy Hall of Justice. Curtis is charged with involuntary manslaughter in the April 1, 1999, death of Cameron Cook, an employee trapped in the trench when a section of a clay wall caved in.

If convicted, Curtis faces a maximum penalty of 15 years in prison.

Curtis was operating the excavator that was digging the trench at the time of the cave-in at a new housing development site on Maple Ridge Road near Ridge and Powell.

At Friday's preliminary exam, 35th District Judge John MacDonald called this a case of "first impressions," stating there was probable cause to bind the case over to Wayne County Circuit Court. He based his decision on previous court cases involving involuntary

Please see **CAVE-IN, A3**

Mending broken



hearts



STAFF PHOTO BY PAUL HIRSCHMANN

Happy, healthy family: Megan, 11, Patrick, 8, and Jackson, 5, cuddle up with mom in the living room of their Plymouth home recently.

Mother turns family pain into state crusade

BY SUE BUCK
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Like the odds of lightning striking twice, a rare heart defect chanced upon Megan and Jackson Lytle of Plymouth.

Both Megan, 11, a sixth grader, and Jackson, 5, a kindergartner, were born with total anomalous pulmonary venous return, a rare heart condition. Their brother Patrick, 8, a second grader, is considered heart healthy. The children attend St. Damian School in Westland.

"Megan came very close to dying a couple of times," said Michele Lytle, their mother.

After years of trying to understand why the defects happened and trying to help others understand why the subject is important, Michele Lytle, together with members of other Michigan families, went to Lansing Jan. 27 to have Feb. 14, 2000, in Michigan declared as "A Day for Hearts: Congenital Heart Defect Awareness Day." The state proclamation needs to be renewed yearly, Michele said.

An effort was initiated to get all 50 states to declare this day as a national observance, but it fell about 14 votes short, Michele said.

"It's important because it

Please see **HEART, A2**

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Plymouth Observer

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Heart from page A1

might help others," Megan said. Children's Hospital in Detroit and Mott Hospital in Ann Arbor expected to observe the day, Michele said.

For the most part the Lytle children can do what any other child can do.

Jackson's defect was repaired the day after he was born, Michele said. Finding Megan's defect took longer. Megan developed scar tissue on her airway because of being on the ventilator so long, making her airway a little narrower.

Five years before Megan was born, the technology to repair the defect didn't exist. "There aren't that many children older than Megan that have had this particular problem and had it repaired as infants," Michele said.

Megan's operation was performed at Children's Hospital in St. Louis when the family lived in Missouri. Jackson's operation was at University of Michigan Hospital.

Congenital heart disease is less affected by diet than acquired heart disease, Michele said.

The anniversary of Megan's surgery is still an emotional time for Michele because Megan was so close to death several times. "We were praying that they did find something wrong

with her heart because it was obvious that she wouldn't live much longer if they didn't," Michele said.

Doctors don't expect problems, but can't say for certain, according to Michele. Though doctors told the Lytle family there was no genetic link to the defect and that the odds were slim that it would happen again if the Lytles had more children after Megan, Jackson's defect proved them wrong, Michele said.

"I don't get it," Megan said. "Sometimes I want to know if it will affect my kids at all. But I don't know if I can know that."

Congenital heart defects are the number one birth defect in the United States, according to the Children's Health Information Network. More than 23,000 babies are born each year with a congenital heart defect, the group says. The largest portion of birth-related infant deaths are due to heart abnormalities. At least 35 types of heart defects are recognized.

Setting aside a day of remembrance and celebration of the great medical advances that keep people alive will honor the unseen battle that children and adults with these diseases fight daily, Michele said.

"Personally, I'm not an activist, but somebody has to do it," Lytle said.



Family affair: Jackson, 5, sitting on wooden horse, Patrick, 8, and Megan, 11, were primary factors in their mother's fight to have Valentine's Day proclaimed A Day for Hearts.

STAFF PHOTO BY PAUL HURSCHEMANN

Old Village from page A1

recommended hiring of Pryor as an intern, is willing to give Rich and his administration time to prove it can continue the progress in Old Village.

"The administration is aware that a majority of the commis-

sion has a continued interest in the well-being of Old Village, and we have to give him (Rich) the opportunity, through his recommendations, to see if it works," said McDonald. "The budgets the past few years have

supported a part-time intern. But he (Rich) felt he could not substantiate creating a full-time position for Old Village based upon the dollars it would take for that kind of involvement. At this point I agree with him.

"Dave knows the commission will watch what's going on down there. He's well aware of what our priorities are ... continued progress," added McDonald. "Old Village won't be forgotten. Not as long as I'm here."

Water from page A1

uled to be shut off that day.

They included Bathey Manufacturing Corp., which owed more than \$10,630; Colony Car Wash, owing more than \$7,863; and the Guenther Building on Main Street, with a bill of \$2,330.

The strong-arm tactic of the

new ordinance worked, as the city was able to collect all but \$142.60 of the past due amount. The two businesses which didn't pay already had sheriff's sale stickers on the doors. That's a collection rate of 99.44 percent.

"Some of the people on the list hadn't paid a water bill in

years," said Sincock. "The city commission is firm that the \$25,000 needed to be in the city's bank account collecting interest for the rest of our users. Otherwise, the rest of us will have to make up the losses through higher rates."

Sincock said city officials will

be diligent in collecting future past-due water and sewer bills.

"We're going to do this again next month, and unfortunately some of the same people will be on the list again," added Sincock. "It's really no different than paying your gas or electric bill. You have to pay."

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Decision 'right thing to do,' but won't end nightmare for fiancée of victim

Cave-in from page A1

Hilary Waite should have been busy with other things Friday.

There were wedding plans to make - dresses to buy, halls to rent, bridesmaids to pick. After all, her marriage to Cameron Cook was to take place this summer.

Instead, Waite was sitting in a makeshift Plymouth courtroom Friday morning, hoping 35th District Court Judge John MacDonald would do right by her fiancée.

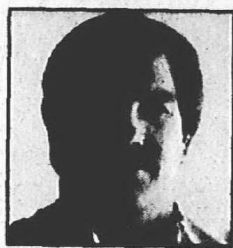
She hoped for justice. The wedding between Cook and Waite won't happen, can never happen now. Cook died in a tragic accident at a construction site while working for William R. Curtis Inc. on an excavation project putting in sewer leads for Pulte Homes. A section of one wall of the trench in which Cook was working collapsed, burying him and a co-worker in clay. The co-worker was rescued; Cook was pronounced dead at an Ypsilanti hospital.

And Hilary Waite's world changed forever. "It's been hell," she said, her voice shaking, her small body wracked with sobs after Friday's hearing. "It's a nightmare I can't wake up from. I keep thinking it's over, and it never is."

The nightmare might not be over for Waite, but MacDonald provided a little light when he bound the corporation and one of its owners, William Curtis Jr., over for trial on involuntary manslaughter charges in Cook's death.

Prosecutors claim Curtis ignored Michigan Occupational Health and Safety standards when he dug the 11-foot trench with vertical walls, rather than sloping them for safety. They said Curtis was trying to save time and money by ignoring safety precautions.

Of course, the defense disagrees. Defense attorney Raymond Cassar essentially argued that since Curtis didn't routinely dig trenches, he didn't know as much about the safety aspects and so



BRAD KADRICH

shouldn't be held negligent. Apparently, in this case anyway, ignorance is a defense.

"(Curtis') conduct was not wanton," Cassar argued. "If testimony is taken to be true, the trench was improper. But (Curtis) wasn't wantonly negligent."

MacDonald shrugged off all of Cassar's arguments and bound the case over for trial. Barring a successful motion to quash by Cassar, circuit court arraignment is set for Feb. 25.

"I'm very pleased," Waite said. "(MacDonald) did the right thing and the just thing. I'm tired, but I feel for the first time that I can have faith in my fellow man to do the right thing."

It's the same thing Cook would have wanted, had it been someone else who died in that pit. Waite said Cook, whose life ended at age 25, would have sat in that courtroom and urged the same action be taken against an employer she says has shown no outward remorse.

Curtis and his attorney could argue that any such remorse, or any possible apology, could be taken as an admission of guilt and used against him. That's probably true, in today's wacky, litigation-enthralled world.

But it's not good enough for Waite. "He's never apologized, he's never shown any remorse, he's never even spoken to me," Waite said. "I'm glad we have the opportunity to go to trial. I feel Mr. Curtis dug a grave for my fiancée and then told him to get in it."

MacDonald found enough evidence to determine a crime might have been committed, and probable cause that Curtis and the corporation committed the crime. That's all he was required to do Friday.

A circuit court jury will decide the rest, and Waite will be there, watching. The wheels of justice grind exceedingly slowly, but they do grind. The case will be over one day.

For Waite, though, that's only part of one problem, the beginning of another.

For Waite, there's still a life to get through. Brad Kadrich is community editor of the Plymouth Observer. He can be reached by e-mail at bkadrich@oe.homecomm.net.

manslaughter that cited knowledge of the situation, omission to perform a legal duty and grossly negligent disregard of life.

The warrant names both Curtis and his company, William R. Curtis Inc., of Farmington Hills.

The warrant alleges Curtis knowingly created a dangerous situation at the site by not sloping or supporting the trench wall, failing to remove excavated soil from the edge of the trench, not providing ladders or hard hats and failing to properly train Cook in safety procedures.

Defense attorney Raymond Cassar called no witnesses. "Curtis doesn't do trenching," Cassar said. "His conduct was not a willful act and doesn't show willful neglect." Cassar told MacDonald he was "breaking brand new ground" in binding over the corporation also.

"I'm disappointed and surprised," Cassar said after the hearing. "My client is very upset."

The prosecution called several witnesses. Moises Ruvalcaba, an employee who was with Cook in the trench at the time of the accident, testified with the assistance of Carol Reina, a Spanish interpreter.

The two men were laying sewer lines when the accident occurred. Ruvalcaba worked for the construction company five years and worked inside trenches 1,000-1,500 times, he estimated.

"I learned from others who worked there, by watching someone else," Ruvalcaba testified. He said he wasn't trained how to get out of a cave-in. Neither man was wearing a hard hat.

Ruvalcaba was issued a hard hat but he stored it in the car, he said. Without ladders, Ruvalcaba "just jumped down" into the trench.

"I saw a shadow at the end, then dirt was on top of us," Ruvalcaba said. "It covered us... It felt like the whole world was falling on top of us." He didn't see Cook again until others tried to remove his body, he testified.



STAFF PHOTO BY BRYAN MITCHELL

On trial: Both the owner and his company will stand trial in the death of a worker at this construction site.

Although the company typically didn't dig trenches, Paul "Al" Sherbet, an eight-year employee, assumed that Curtis was "just trying to take the pressure off me" because there was a lot of work.

Employees received a training book and hard hats, which they frequently didn't want to wear, Sherbet said. "They fall off, they're heavy and they're hot," he said.

William Cannon, an investigator for the Michigan Department of Consumer and Industry Services Construction Safety Division, inspected the cave-in site.

"The trench was not cut back properly," Cannon said. There were a lot of methods that could be used to protect the trench. That included using benching, that is, cutting back the earth, sloping, and a trench box. "It was an avoidable accident," Cannon said.

Richard Anderson of Somat Co., the prosecution's soil expert, held a similar opinion.

The digger "should have seen" fissures and micro-cracking in the clay as the vertical trench was dug, Anderson said.

"Children know that playing in a sand box," he commented. "Sand doesn't stack up well vertically."

"This is a precedent-setting case for Wayne County," David McCreedy, an assistant Wayne County prosecutor, said after the preliminary exam. He acknowledged at Curtis' arraignment in December that the charge was

meant to send a message. Wayne County Prosecutor John D. O'Hair announced in a Nov. 30 press release that he was recommending the warrant.

At the time, O'Hair said, "It is our hope that this prosecution has the dual effect of eliminating these needless deaths and to alert workers of these dangers. These are not simply 'accidents' but rather they are incidents which can and must be avoided. Employers should be on notice that they will be held accountable if they fail to protect their employees from perilous situations which were created by the employees."

"I'm very pleased," said Hilary Waite, Cook's fiancée, who spoke to the press after the hearing. "The judge did the just and right thing. What they did was blatantly wrong."

Before the hearing, Waite, a former Ypsilanti resident, said she moved to San Diego, Calif., last year. "I wasn't going to pay another tax dollar in Michigan until I got some justice," she said.

In pressing law enforcement officials and prosecutors to seek charges in this case, Waite compiled a detailed, collated binder of her conversations and contacts as well as MIOSHA's report that resulted in the issuance of six serious violations. Initial findings by MIOSHA revealed conditions which did not comply with the provisions of the Michigan Occupational Safety and Health Act 254.

Plymouth Rotary offers scholarship

The Rotary Club of Plymouth will be offering a four-year academic educational scholarship in the amount of \$4,000. The scholarship is paid annually in \$1,000 increments as long as the student remains academically eligible. The Rotary Scholarship Program is made possible through the efforts of past and

present members of the Rotary Club of Plymouth.

Scholarship applications are now available from the student's high school counselor or by calling (734) 455-1388. The Scholarship Program is available to any student who will be attending a four-year college or university after high school.

To qualify students can attend either private or public schools but must be a resident of the Plymouth-Canton School District. The application deadline is April 1, and students must include a personal statement of 250 words as well as a letter of recommendation from a teacher, counselor or employer.

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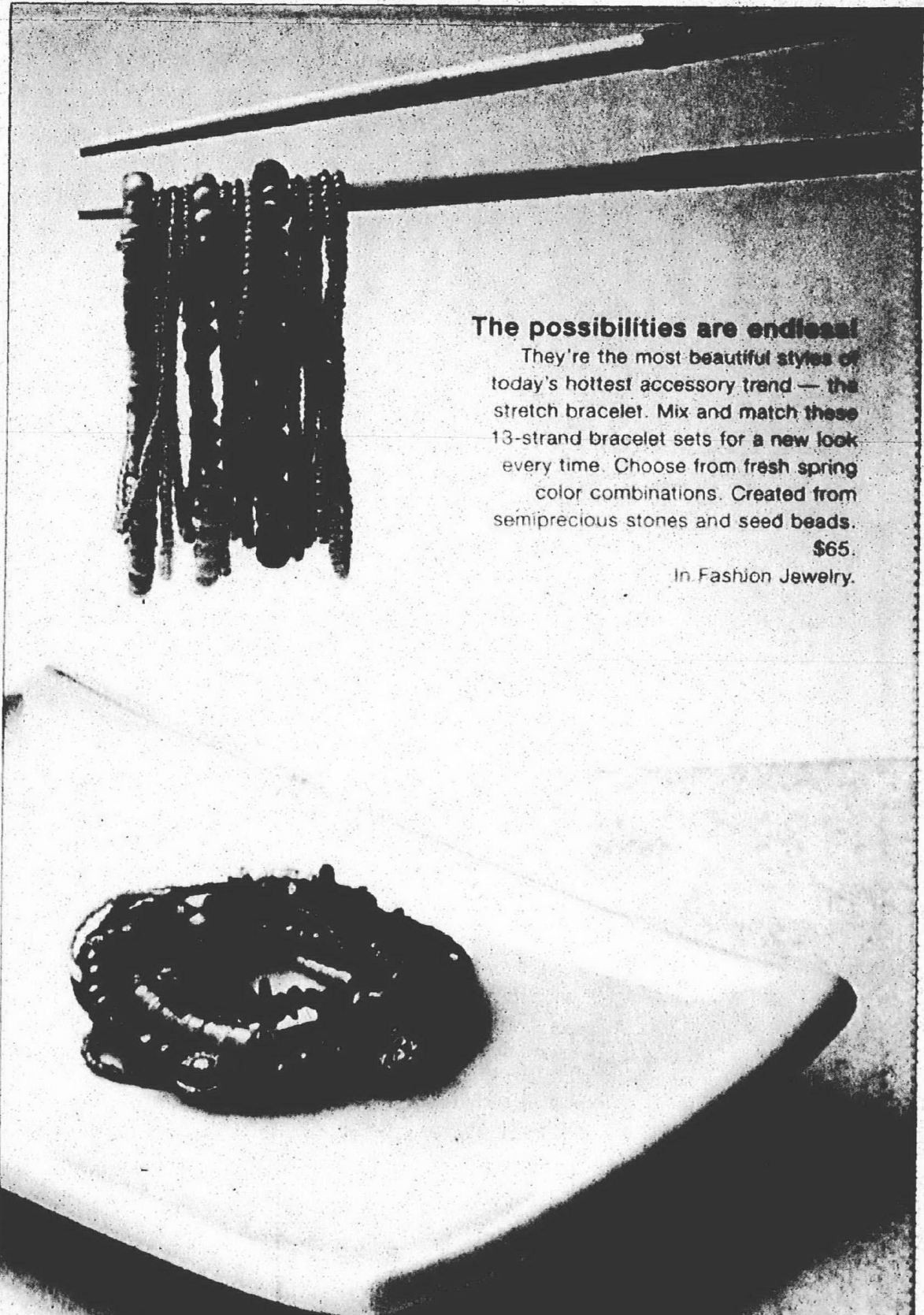
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Reorganization plan could include sale of Community Crier

BY TONY BRUSCATO
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The Community Crier newspaper is scheduled next Friday to present a financial reorganization plan in federal court, and reports circulated that part of the strategy may come in the form of a sale to a Wayne businessman.

Dave Willett, the owner of Willett Communications, confirmed he's had discussions with publisher W. Edward Wendover about buying the Crier.

"There have been discussions. I can't say it's going to happen," said Willett. "It's something we've been weighing. Stay tuned."

Willett Communications provides services such as Web site development, computer consulting, graphics and typesetting.

A closed hearing was held last Wednesday and there were indications that Wendover might sell his newspaper and become a contract employee to run the daily operations.

When asked if next week's

reorganization announcement would include the sale of his newspaper, Wendover said, "No, it will not."

Last Oct. 21, The Community Crier filed to reorganize business operations as allowed by state law under Chapter 11. Under the bankruptcy proceedings, Wendover is required to come up with a plan to pay his creditors. The bankruptcy court filing doesn't erase the newspaper's debt, but allows Wendover to come up with a reorganization plan which can either be accepted or rejected by the court.

Last fall, Wendover declined to list the legal issues and debts facing him. However, Carl Berry, former Plymouth Township police chief who then was assisting Wendover, said the reorganization helped ward off a number of debts.

Those debts include the costs associated with the \$100 million harassment lawsuit filed by Dr. Tom Prose of Plymouth against the Crier and the city of Plymouth, and a \$76,000 debt owed to Michigan Web Press for printing the newspaper.

Carl's opens Plymouth store

Carl's Golfland announced the addition of a second retail store and practice facility. The new 12,000-square-foot freestanding store is located at the newly renovated 27-hole St. John's Golf Course (formerly Mission Hills Golf Course) on Five Mile Road at Sheldon Road in Plymouth Township.

The new location is scheduled to open in early summer and will have a full practice facility

with a covered heated tee area, grass tees, putting green, chipping green and sand bunker.

Carl's Golfland, 1876 S. Telegraph Road, is one of the largest golf specialty retailers in the country. Founded in 1958, Carl's Golfland has more than 15,000 square feet of retail space plus a state of the art practice facility complete with USGA spec putting and chipping green, sand area and driving range.

Honest Abe



STAFF PHOTO BY PAUL HUBSCHMANN

Back at it: Thirty-fifth District Judge Ron Lowe talks to some of the kids prior to the start of a presentation at Allen Elementary School in Plymouth. Lowe, who is visiting five schools in the Plymouth-Canton district and two in



STAFF PHOTO BY PAUL HUBSCHMANN

All ears: Corwin Stout of Plymouth, 10, Ashley Heard of Plymouth, 10, and Nicole Gambrell of Canton, 11, listen intently to Lowe.

Northville this year, again shaved his moustache to more closely resemble the 16th president. Lowe said his presentation hasn't changed much from his debut of a year ago, except that he worked to change the focus this year to emphasize "respect, responsibility and caring. The same principles of the 'Character Counts' program" that the schools employ. Lowe, in character as "Honest Abe," reminisced about his youth and stressed how "lucky" the kids are today to have full-time schooling and learning opportunities. Students from Allen's fifth-grade classes listened to the hour-long presentation in the school's gymnasium.

Job fair draws thousands

BY TONY BRUSCATO
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"They were coming in droves." That was the reaction of George Przygodski, Plymouth-Canton Schools director of personnel, to Wednesday night's job fair at Salem High School, which drew nearly 3,000 educators interested in teaching throughout the district.

"This really showed what kind of interest people have in our school district," said Przygodski. "There certainly is a good perception that we have a lot to offer potential employees."

"We do a lot of good with students and the community, and I think a lot of people want to be part of it."

Plymouth-Canton is looking to hire 80-100 teachers for next year, mainly because of a buy-out package which is enticing many experienced educators into retirement. With area school districts fighting over the same pool of applicants, Plymouth-Canton was hoping its early job fair would stand out.

"It was a great success, quite an evening for us," said Przygodski. "We're going to start looking at applications now to get a jump start."

Typically, according to Przygodski, school districts don't start looking for applicants until the spring or early summer. However, with a dwindling number of teachers available, districts are competing heavily for the same talent. In fact, Przygodski said Farmington school officials visited Wednesday's job fair to pick up a few hints.

After finalizing transfers of teachers within the district sometime in April, Przygodski said he'll start looking through applications from teachers outside the district.

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Metro denies traffic problem report

BY RICHARD PEARL
STAFF WRITER
rpearl@oe.homecomm.net

Spokesmen for both Metro Airport and the Wayne County Roads Department said Friday that, contrary to a published report, there should be few traffic problems for passengers getting to and from the new Midfield Terminal.

In a related issue, a Wayne County judge ruled in favor of the airport in a dispute with a contractor over Metro's decision to re-bid a runway project adjacent to the new terminal.

A Detroit daily said Friday that, because widening of a portion of Eureka Road on the south side of the airport won't be done until after the new terminal opens in December 2001, there will be major traffic congestion.

But both Michael Conway, airport director of public information, and John Roach of the roads department said access to

the new terminal from the south already is assured because most of it will come from I-275 and Eureka, and that Eureka has already been widened to four lanes from the interstate east to the new south entrance to the airport.

"We don't see where the controversy is here," said Conway. "This (I-275/Eureka access) is going to alleviate the traffic congestion."

He said the road leading directly to the terminal - known as the south access road - is already completed from Eureka to beneath the crosswind runway and that the next stretch, to the front of the terminal, has been financed and is under construction.

All that remains, Conway said, is the section running from there north to Rogell Drive and the existing terminals. That linkup, expected to be at the Green Parking Lot next to the L.C. Smith Terminal, is under design.

Eventually, when the south access links to Rogell, passengers will be able to enter the airport for any of the terminals from either I-94 or I-275, Conway said. "I don't know of any other airport that you can enter either end of off two different freeways," he added.

No funding problems are expected, Conway said. "The state clearly recognizes the importance" of the project.

Traffic from I-94 heading for the new terminal, which will be exclusively for Northwest Airlines, is expected to head west to I-275 and south to Eureka, Roach said.

Although Eureka is only two lanes from Middlebelt west to the south access road, reconstructing it - planned for 2002 - "should not be such a big deal because the overwhelming majority of traffic is coming from the west," Roach said.

Nevertheless, he said, "I think our engineering staff is trying to

look at ways to move it up to next year if possible," possibly by finding a way for the county to pay for it and then be reimbursed by the state later.

"But that's something we'd have to see if we could do," Roach added.

Regarding the controversy over the new north-south runway servicing the new terminal, Conway said Wayne County Circuit Judge Kathleen Macdonald upheld on Friday morning the county's right to reject all bids.

"She said we were doing the right thing because the project had changed enough" from the initial design to warrant its being re-bid, Conway said.

The original \$66 million bid accepted from John Carlo Inc. of Clinton Township in November was rejected because Northwest Airlines said the design was not what it had agreed to, Conway said.

New bids will be opened on Tuesday.

Engler panel releases education report

BY MIKE MALOTT
HOMETOWN NEWS SERVICE
mmalott@homecomm.net

Low- and middle-income families would get additional help putting their youngsters through college if the recommendations of the Michigan Commission on Financing Postsecondary Education are adopted.

The commission's final report, released last week, outlined four recommendations for consideration by the Legislature.

■ Create a Postsecondary Access Student Scholarship. PASS would cover all tuition and fees for students from low-income families needed to get an associate's degree.

■ Create an education savings plan. Although Michigan already has the Michigan Education Trust, the commission found it is mainly used by those in the higher-income levels. Combining a savings plan with tax deductions would help those in the middle-income brackets.

■ Provide incentives to institutions that keep their tuition hikes below the rate of inflation.

■ Create a "one-stop shopping" Internet site to provide students with easy access to information about colleges and careers. The site would include college applications and information on financial assistance and planning.

The commission was charged with the task of reviewing financing of higher education by Gov. John Engler last September. Lt. Gov. Dick Posthumus served as the chair. The five-member panel also included Keith Pretty, president of accountancy and business

Administration at Walsh College; Deloitte and Touche Vice Chairman Richard Gabrys; Lansing Community College President Dr. James Anderton; and Grand Valley State University Financial Aid Director Kenneth Fridsma.

The commission concluded that while there is an increased need for higher education in today's more technologically-oriented workplace, significant obstacles still stand in the way of students from lower-income families who are trying to get a degree.

"Students from some low-income families lack necessary social and economic incentives to pursue postsecondary education," the report concluded. "For now, the commission hopes to make postsecondary education as affordable for as many students as possible. The commission understands this step, in and of itself, will not address all barriers facing low-income students."

Despite the fact that Michigan has a program in place to help low-income students, many are not aware of the program.

Under the PASS program, scholarships would cover tuition while students pursue associate degrees. Students would have to take and pass the Michigan Education Assessment Program test to qualify. The program would be targeted to families making less than \$40,000 per year.

The commission found that middle-income families, those making over \$40,000, are ineligible for current grants and must rely on student loans to finance education. The result is that many students leave college having accumulated enormous

debts.

For those middle-income families, the commission proposed combining an educational savings plan with tax deductions and matching grants. Families that make less than \$80,000 could put money away tax deferred until the students begin college. When withdrawn, it would be taxed at the student's income tax rate.

The report also notes that tuition rates have increased on average 52 percent at colleges throughout the state in the last 10 years.

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Schoolcraft offers flexible class option

Persons wishing to upgrade their computer skills whose schedules won't accommodate regular classroom instruction have a new option - Open Entry/Open Exit classes at Schoolcraft College. The classes are aimed at individuals who can work independently and complete course assignments without being in a traditional classroom setting.

Aimed at individuals who can work independently

Persons wishing to upgrade their computer skills whose schedules won't accommodate regular classroom instruction have a new option - Open Entry/Open Exit classes at Schoolcraft College. The classes are aimed at individuals who can work independently and complete course assignments without being in a traditional classroom setting.

They will monitor progress through course assignments, project completions and tests. Instructors will be available in the Applied Science Computer Lab on Fridays to help students and at the Radcliff Center Computer Lab Wednesday afternoons. In addition, there will be tutors on hand Saturdays at Radcliff.

Computer Orientation, CIS 105, and Microsoft Office '97, CIS 120, are self-paced and designed so students can learn at home, at alternate locations or in the college's computer labs. Students may register for these credit courses now through March 17 and can complete them anytime through April 27.

Although the instructors offer no traditional classroom

For more information, call Cheri Holman at (734) 462-4400 ext. 5112. Schoolcraft College is at 18600 Haggerty Road, between Six and Seven Mile roads, just west of I-275.

DENTISTRY

For The 21st Century
by Herbert M. Gardner, D.D.S.

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When teeth develop chips, the dentist may reshape the tooth by removing small amounts of enamel (enamel recontouring) to smooth and even out the tooth outline. Otherwise, bonding may be a more suitable option. This involves painting a composite resin directly onto the tooth. To enhance the adhesion of the composite resin, the dentist first etches the teeth with phosphoric acid, thereby creating a rough surface to which the material can bond more readily. Then, the dentist applies the first coat of resin and cures it with light. Subsequent layers can be added to fill in the space left by the chip. Finally, the bonded portion of the tooth is sculpted to restore the tooth to its original shape.

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SINGH

Veterans group wants city to open memorial park discussion

BY BRAD KADRICH
STAFF WRITER
bkadrich@oe.homecomm.net

In March 1994, the Plymouth City Commission passed a resolution approving in principle the idea of establishing a Veterans Memorial Park in the civic park out front of Central Middle School, pending development of a site plan and a cost estimate. The planning commission took up the issue and noted several positives to the establishment of such a park. Former City Manager Steven Walters presented a recommendation to the commission in September 1995 that a public hearing be held and "limited engineering expenses" be

approved to develop detailed cost estimates. Precious little has been done since then, and the committee pushing for establishment of the park is tired of waiting. "The city needs to stand up and say, 'We made a promise and we're going to stand by that promise,'" said John Pappas, chairman of the Committee for the Establishment of the Veterans Memorial Park. "It's time the veterans of this community were treated right." City Manager Dave Rich says there are a couple of obstacles - though not major ones - standing in the way. For instance, the commission is almost entirely new now, and current commis-

sioners have little information about the proposal. Another obstacle is money. "It's a good project, and I don't think there's anything standing in the way except maybe money," Rich said. "From everything I've researched, the only thing lacking is funding. I think we're going to try to help by going after some grants, but first my commission has to be brought up to speed." There are currently nine memorials spread out at several locations around town. Three of them - a Civil War tablet, a Spanish-American War tablet and tablets from World Wars I and II - are located on the Plymouth Rock in Kellogg Park. A Civil War monument stands in Riverside Cemetery and a Spanish-American War Cannon is in the park at Starkweather and Farmer.

There are World War I, World War II, Korean and Vietnam War tablets in the city hall lobby, and there's a World War I monument already in front of Central Middle School. The committee wants to centralize all of these monuments, building new World War I and II monuments in the process. The park would also give the community a permanent home for ceremonies and other public activities. The city commission six years ago asked for site plans and cost estimates, both of which were quickly provided, according to Pappas. The planning commission reviewed the site plan in June 1995, and an estimated \$133,000 cost was provided at that time. Since then, Pappas said, the project has been pushed to the back burner.



New business owner Dave Jakunskas stands above his troops in the store's showroom at its new Ann Arbor Road location. From left, Brian Reese, James Mason, Brian Pientowski and Brad Nash.

Business gets new start

BY SUE BUCK
STAFF WRITER
sbuck@oe.homecomm.net

Auto Ameristar, a new Plymouth business, comes straight to the customer to do "mobile auto glass." That's a service for which owner Dave Jakunskas proudly relays information. "If somebody calls us and says that they need windshield work done, but the car is at their work, instead of taking time out of their day, I will come there and do it right in their parking lot - as long as it's not raining," Jakunskas said. The business began operating out of its new location on Ann Arbor Road, next to Wendy's Restaurant, Feb. 7. It moved from its former location on Canton Center Road, north of Ford. "I love this location," Jakunskas said. "This is a lot bigger, almost 1,000 square feet more. There is more parking." He specializes in repair and replacement of auto glass and original equipment glass, truck accessories, detailing, window tinting, sun roofs, rustproofing, and car audio. Hours are 8 a.m. to 6 p.m. Monday through Friday and 8 a.m. to 2 p.m. Saturday. There are 12 stores in the chain, each individ-

ually owned. Jakunskas has owned his store since March 1999. He's worked for the company for four years, starting in Lincoln Park. "We did a lot more phones and alarms down there," Jakunskas said. "We do more truck accessories out here." Popular truck accessories are grill guards, tube steps that help riders get into the truck easier and tonneau covers that protect the truck bed, he said. Customers get the "star treatment" when they come in, Jakunskas said. The car gets washed and vacuumed before it is returned. "I don't care if we just put on a bug shield, we will wash that car for them," he said. "Customers really do appreciate that." He also shuttles customers back and forth. "A lot of people don't want to wait two hours," he said. Dealerships like Bob Jeannotte, GMC/Pontiac Truck of Plymouth Township, and McDonald Ford in Novi send him work. "That can be things that the customer wants, rustproofing, bed liners and some truck accessories," Jakunskas said. Jakunskas is married to Lisa. They have a son, Garrett, and a baby on the way.

LEGAL NOTICE
CHARTER TOWNSHIP OF PLYMOUTH
PUBLIC TEST OF THE UNILECT PATRIOT
ELECTRONIC VOTING SYSTEM
FOR THE FEBRUARY 22, 2000, GENERAL ELECTION
PLEASE TAKE NOTE: A public test of the Patriot Electronic Voting System will take place at 9:00 a.m., on Thursday, February 17, 2000, in the Clerk's Office at Plymouth Township Hall, 42350 Ann Arbor Road, Plymouth, Michigan 48170, for the Presidential Primary Election scheduled for February 22, 2000. Phone # 354-3224.
The public is invited and encouraged to attend.
MARILYN MASSENGILL, CMC
Clerk, Charter Township of Plymouth
Publish: February 13, 2000

CITY OF PLYMOUTH
VOTING MACHINE ACCURACY TESTING
The City of Plymouth will be conducting an accuracy test on their optical scan voting equipment for the upcoming Primary Election to be held Tuesday, February 22, 2000.
Any person interested in attending this testing procedure is invited to do so. The scheduled date is Wednesday, February 16, 2000 at 2:00 p.m. at Plymouth City Hall, 201 S. Main Street, Plymouth, MI 48170.
If there are any questions, please feel free to contact the Clerk's Office at 453-1234 x 234 or 225.
LINDA J. LANGMESSER, CMC/AE
City Clerk
Publish: February 13, 2000

CHARTER TOWNSHIP OF PLYMOUTH
LEGAL NOTICE
PRESIDENTIAL PRIMARY ELECTION ON TUESDAY,
FEBRUARY 22, 2000
Notice is hereby given that a Presidential primary election will be held in the Charter Township of Plymouth, Wayne County, Michigan, on Tuesday, February 22, 2000, from 7:00 a.m. until 8:00 p.m.
Applications for absentee ballots for Charter Township of Plymouth registered voters may be requested from the Clerk's Office at 42350 Ann Arbor Road, Building No. 3, Plymouth. Phone number 354-3224 or 354-3228. Absentee ballots will be delivered to qualified absentee voters in person at the Clerk's Office from 8:00 a.m. to 2:00 p.m., on Saturday, February 19. On Monday, February 21, absentee voters may receive their ballots and vote them in the Clerk's Office until 4:00 p.m.
All polling places in the Township of Plymouth are accessible to the elderly and the handicapped.
Polling places are as follows: (Please note that the Township precinct locations or precinct numbers may not coincide with your school district precinct location or number).
CHARTER TOWNSHIP OF PLYMOUTH
Precinct 1 Farrand School 41400 Greenbriar
Precincts 2 & 8 Friendship Station 42375 Schoolcraft
Precinct 3 Allen School 11100 Haggerty Road
Precinct 4 Township Clerk's Office 42350 Ann Arbor Road
Precinct 5 Bird School 220 N. Sheldon Road
Precinct 6 West Middle School 44401 Ann Arbor Trail
Precinct 7 United Assembly of God Church 46500 N. Territorial Road
Precinct 9 Church of the Nazarene 45801 Ann Arbor Road
Precinct 10 Fiegel School 39750 Joy Road
Precinct 11 First Baptist Church 45000 N. Territorial
Precinct 12 Pioneer Middle School 46081 Ann Arbor Road
Precincts 13 & 16 Lutheran Church of the Risen Christ 46250 Ann Arbor Road
Precinct 14 Isbister School 9300 Canton Center Road
Precinct 15 First United Methodist Church 45201 N. Territorial Road
Precinct 17 NorthRidge Church 49565 N. Territorial Road
MARILYN MASSENGILL, CMC
Clerk, Charter Township of Plymouth
Publish: February 10 and 13, 2000

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SCREAM 3 (R) RENTAL
SUN 12:00, 2:30, 5:00, 7:15, 9:30
MTWTF 5:00, 7:15, 9:30
THE BEACH (R) RENTAL
SUN 12:15, 2:45, 5:15, 7:30, 9:45
MTWTF 5:15, 7:30, 9:45
THE TIGER MOVIE (G)
SUN 1:00, 3:05, 5:05, 7:10, 9:00
MTWTF 5:05, 7:10, 9:00
THE HURRICANE (R)
SUN/MTWTF 6:55, 9:35
GALAXY QUEST (PG)
SUN 12:45, 2:55, 5:15, 7:15, 9:20
MTWTF 5:15, 7:15, 9:20
STUART LITTLE (PG)
SUN 1:10, 3:15, 5:10, 7:00
MTWTF 5:10, 7:00
TOY STORY 2 (G)
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NOTICE TO THE CITIZEN OF THE CITY OF PLYMOUTH, MICHIGAN
ADOPTED PROGRAM FOR USE OF COMMUNITY DEVELOPMENT BLOCK GRANT FUNDS FOR 2000
The citizens of the City of Plymouth, Michigan are hereby advised that the Plymouth City Commission held a public hearing at the regular meeting on February 7, 2000, to hear public comments on the use of the 2000 Community Development Block Grant funds, in accordance with Federal regulations. On February 7, 2000, after consideration of the information presented during the hearing, the City Commission adopted the following programs for the use of these funds:
1. Senior Programs:
a. Senior Citizen Van Driver \$24,000
b. Senior Citizen Van Dispatcher \$4,000
c. Senior Citizen Chore Service \$4,000
d. Senior Citizen Newsletter \$2,000
2. Old Village Improvements \$34,000
3. ADA Public Building Compliance \$8,000
4. Administration \$3,000
TOTAL \$62,000
LINDA LANGMESSER, CMC/AE
City Clerk
Publish: February 13, 2000



SUE BUCK
Bringing you the best coverage of Plymouth Township in the Plymouth Observer

You can help make a dream come true for 65 young musicians!

Thurston High School's 1999-2000 Honors Band has received an invitation to play in Carnegie Hall!
The National Band Festival has invited the 65-member Thurston Honors Band to travel to New York City by charter bus with their band director, Edward J. Lucius, for a scheduled performance on Friday, April 21, 2000.
The invitation to Carnegie Hall and the performance by these talented young musicians (one of 9 bands from 77 bands nationwide) reflects a positive image for our school system, our community, our county and our state.
Our goal of \$65,000, when reached, will make this once-in-a-lifetime experience a reality.
We read so much these days about what is wrong with our schools and our young people. Here is something very right!
Please show your support with a contribution to make sure our Thurston Honors Band has a wonderful Carnegie Hall experience.



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Honors Band
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Plus, if your estate is over \$675,000, your family may owe estate taxes which could amount to 37-55%.
This means that your family may have to sell some assets just to pay the estate taxes!
A living trust avoids all this by avoiding probate and minimizing estate taxes. Plus, a living trust will protect your estate if you become incapacitated during your lifetime by avoiding a conservatorship. This means that your estate will be managed as you see fit, not as a court-appointed guardian sees fit.
To find out more about the benefits of living trusts, attend one of these free seminars...

FARMINGTON HILLS Tues., Feb. 15 10:00 - 11:30 am Coffee & Cookies Farmington Community Library 32737 W. Twelve Mile Road	STERLING HEIGHTS Tues., Feb. 15 7:00 - 8:30 pm Coffee & Cookies Freedom Hill Main Building 15000 Metro Parkway	NOVI Wed., Feb. 16 7:00 - 8:30 pm Coffee & Cookies Novi Community Center 45175 W. Ten Mile Road	ROYAL OAK Wed., Feb. 16 7:00 - 8:30 pm Coffee & Cookies Royal Oak Woman's Club 404 S. Pleasant Street	LIVONIA Thurs., Feb. 17 7:00 - 8:30 pm Coffee & Cookies Livonia Civic Center Library 32777 Five Mile Road	TROY Thurs., Feb. 17 7:00-8:30 pm MSU Management Education Center 811 W. Square Lake Road
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Refreshments Served-Plenty of free parking. Please arrive early, seating may be limited.

When you attend one of these seminars, you'll receive a FREE 1-hour consultation with an attorney (worth \$165)...so you can find out how a living trust will benefit you.

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PLYMOUTH DISTRICT LIBRARY'S POPULAR PICKS

Library's staff Every week the Plymouth District Library staff provides the Observer with their list of "Best Sellers" based on the number of requests for titles by library patrons. The books are available by placing a request with the library 455-0780.

NON-FICTION

- The Secret Generation, Tom Brannan
- The A Mosaic, Frank McCourt
- Remember With Me, John Alton
- How To Play, Barbara Olson
- The Secret Generation Speaks, Tom Brannan
- The A Mosaic, Frank McCourt

FANTASY'S CHOICE

CHILDREN'S NEW PICTURE BOOKS

- When Washington Celebrates the 180th Day of Independence, Joseph Sisko
- Bob's Pond, Eve Hunting
- Patrick's Discoveries on the Internet, Carol Carrick
- Wanda the Peck's Friendly Adventure, Orsoly
- Morning, Noon and Night, Jean Craighead George

GRANT ARNDT

Private services were held for Grant Arndt, 92, of Canton. He was born Sept. 25, 1907, in Holly, Mich. He died Feb. 4 in Taylor. He was an accounting manager at Petroleum.

Survivors include his wife, Ruth Arndt of Canton; one son, Alan (Gloria) Arndt of Canton; four grandchildren.

Memorials may be made to the donor's choice.

Local arrangements were made by Vermeulen Funeral Home, Westland.

RUTH L. URTON

Services for Ruth L. Urton, 78, of Cherokee Village, Ark., (formerly of Plymouth) were Feb. 10 at the Schrader-Howell Funeral Home, Plymouth with pastor James Hoff officiating. Burial was in Washtenaw Memorial Park, Ann Arbor.

She was born Jan. 5, 1922, in Livonia. She died Feb. 5 in Cherokee Village, Ark. She worked as an administrative officer for the government. She came to the Plymouth community in 1926 from Livonia. She was a member of St. Paul's Evangelical Lutheran Church and Peace Lutheran Church in Arkansas. She was treasurer of Superior Township from 1971 to 1984. She was active in several clubs and organizations in Cherokee, Ark.

She was preceded in death by her two sons, Thomas Clifford Urton and Donald Charles Urton. Survivors include her husband, Albert of Arkansas; one step-son, James (Barbara) Urton of Marblehead, Ohio; two sisters, Esther Merryfield of Plymouth, Evelyn LeFever of Plymouth; two brothers, Edwin Ash of Plymouth, Russell (Virginia) Ash of Plymouth; three grandchildren; five great-grandchildren.

Memorials may be made to St. Paul's Evangelical Lutheran Church, Livonia.

JOHN R. MACDIARMID

Services for John R. MacDiarmid, 74, of Canton were Feb. 12 at L.J. Griffin Funeral Home, Canton with the Rev. Larry Betz officiating.

He was born Jan. 4, 1926, in Wyandotte. He died Feb. 9. He worked in service repair for Detroit Edison.

He was preceded in death by his son, Brian; and one grandchild. Survivors include his wife, LaVerne; one daughter, Pamela (Terry) Campbell; one son, John; one sister, Majorie Miller; and five grandchildren.

CARMELA (NELLIE) PANZICA

Services for Carmela (Nellie) Panzica, 95, of Plymouth were Feb. 12 at Our Lady of Good Counsel Church with the Rev. Doc Ortman officiating.

She was born May 19, 1904 in Pittston, Pa. She died Feb. 9. She was a homemaker.

She was preceded in death by her husband, Phillip. Survivors include three daughters, Mary J. (Albert) Kopack, Rose (Loren) McDonald, Josephine A. (Leo) Karczewski; two sons, Samuel M. and Raymond P. (Marilyn); four sisters; 16 grandchildren; and 13 great-grandchildren.

Local arrangements were made by the L.J. Griffin Funeral Home, Canton.

FLORENCE ELIZA WILLIS PLANT

Services for Florence Eliza Willis Plant, 92, of Ypsilanti were Feb. 10 at the Douglas Memorial Chapel of the First Congregational Church, Ann Arbor. Burial will be in Woodlee, Ontario, Canada at a later time.

She was born June 12, 1907. She died Feb. 7. She was preceded in death by her daughter, Ella Margaret Plant Hawes.

OBITUARIES

Survivors include his daughter, Shirley Ann (Robert) Southgate of Ann Arbor; five grandchildren, Ruth Anne Southgate Otto (Charles), Jane Elizabeth Southgate Held (Richard), Sara Margaret Southgate McCormick (Patrick), William Kenneth Hawes III (Lisa), Robert Ernest Hawes; six great-grandchildren, Stephanie Held, William Held, Robert Held, Heather Held, Ryan McCormick, Alexander McCormick.

Memorials may be made to Arbor Hospice, 2366 Oak Valley Drive, Ann Arbor, MI 48103.

Local arrangements were made by Janowiak Funeral

Home, Geer Logan Chapel, Ypsilanti.

JOHN M. YOUNG

Services for John M. Young, 72, of South Lyon (formerly of Plymouth) were Feb. 9 at St. Patrick Catholic Church, Brighton with the Rev. Dan J. McKean officiating. Burial was in Holy Sepulchre Cemetery, Southfield.

He was born Jan. 17, 1928. He died Feb. 6 at St. Joseph Mercy Hospital. He was an active member of St. Patrick Catholic Church and the Knights of Columbus Brighton Council. He enjoyed golf, playing with his grandchildren and volunteering

at St. Vincent DePaul, Houghton Lake.

He was preceded in death by his son, Mark Young; and one granddaughter, Erica Young. Survivors include his wife, Ruth; 10 children, Diane (Daniel) Gavin, Linda Caloia, Marcia (Doug) Merithew, Mary (Joel) Posuniak, Karen (Bruce) Turner, Joseph (Susan) Young, Gretchen (Jay) Lawton, Craig, Paul and Cynthia Young; 23 grandchildren; and many nieces and nephews.

Memorials may be made in Mr. Young's name to St. Vincent DePaul or the American Heart Association.

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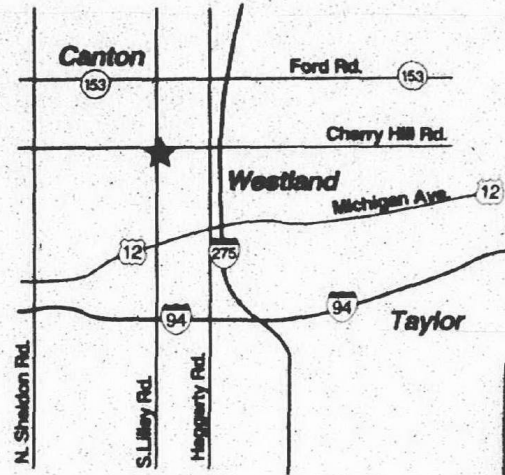
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MILITARY NEWS

Army Cadet Kyle D. Petroskey was placed with honors on the dean's list at the U.S. Military Academy, West Point, N.Y., for maintaining a required 3.0 grade point average.

The cadet plans to graduate in the year 2001 with a bachelor's degree and will be commissioned as a second lieutenant in the U.S. Army.

The mission of the U.S. Military Academy is to educate, train and inspire young cadets to be com-

missioned officers and leaders of character who are committed to the values of "duty, honor, country," and professionalism throughout their Army career.

Petroskey is the son of Larry and Sandy Petroskey of 10988 Sherry Lane, Plymouth.

He is a 1997 graduate of Plymouth Salem High School, Plymouth.

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Head Start management change may take program out of schools

BY LAURIE HUMPHREY
STAFF WRITER

Hundreds of Wayne County Head Start parents are wondering where their children will attend school next year.

At the same time, local school board members will be asked to lay off everyone who works in Head Start programs in area schools. As of July 1, all Head Start employees will be receiving their pay check from Starfish Family Services of Inkster.

These are just three effects of a fund-management transfer between the Wayne County Regional Educational Service Agency (RESA) and Wayne County. As of Aug. 31, 1999, Wayne County RESA was "no longer involved" with the \$17 million federal grant awarded to Head Start children for Wayne County communities other than Detroit.

"We determined that Wayne County had more resources available," said Michelle Gaynier, communications manager for Wayne County RESA.

Head Start is a federally-funded preschool program for at-risk children 3-5 years old. To be eligible for the program, children must come from a low-income family or have impairments which would affect their readiness for K-12 public education.

"Head Start to me is the best federally-funded program that has been developed," said Kay Beard, Wayne County Commissioner for Westland, Garden City and Inkster.

"Most kids when they enter kindergarten know their ABCs, have been read to and some even have the beginnings of reading. But there are so many children in disadvantaged areas that don't have that nurturing. Head Start provides that nurturing."

It was never a question of canceling the Head Start program according to Gaynier, it was just a matter of finding another organization to be the grantee.

"Our target is K-12 public education. But Head Start is not just education, they also deal with health, family and other issues. Wayne County is just a better match," she said.

'Our target is K-12 public education. But Head Start is not just education, they also deal with health, family and other issues. Wayne County is just a better match.'

Kay Beard

Wayne County Commissioner

Once Wayne County became the grantee, they contracted with Starfish Family Services to operate the program in western Wayne County. Currently, most of the programs of western Wayne County are run in school districts: Redford Union, Livonia, Wayne-Westland, Plymouth-Canton, Inkster, Crestwood and Westwood. Only a few of the programs are being run out of local YWCAs in Garden City, Dearborn and Taylor.

While little will change for children attending Head Start programs in the Ys, children who attend the sites run out of schools could see a huge change.

First, the programs will no longer be run in the schools unless the various boards of education allow them to use the facilities, transportation and support staff free of charge.

Second, since school districts no longer have any control or accountability for Head Start, they will have to pink-slip the current Head Start staff. These employees can then reapply for their jobs with Starfish, but the job responsibilities, rate of pay and locations are not guaranteed to be the same.

Third, every teacher hired for Head Start will need to have a degree by 2003 or face dismissal.

Fourth, if students are uprooted from their current sites, they may have to find transportation to and from school, or to and from speech and hearing therapy if they need the assistance (at least 10 percent of the students at every site do need that help).

"I know this is frightening to the parents, the staff and the children," Ouida Cash, chief executive officer for Starfish Family Services, told a Livonia parent group Wednesday morn-

ing. "We are trying to help the transition be as smooth as possible."

According to Carolyn Gray, executive director of Children and Family Services for Wayne County, representatives from all the sites were invited to discuss the changes at a meeting about one year ago.

"At this meeting, they all signed letters of support indicating they would continue the operations in their sites," she said.

However, there was no mention of who would pay for operations and that is one of the sticking points. Gray would like to continue operating where the students are familiar with the staff and the building, but it will be up to the individual school districts.

She suggested that school districts routinely offer the space, busing and support staff free of charge, "because these will be their kids in a couple years." Detroit and many downriver schools have offered their facilities to maintain the program.

She admitted, however, that because resources are limited, "across the country, more and more school districts are getting out of Head Start." Plymouth-Canton schools have already informed Starfish that they will need to find a new, licensed facility for next year.

Gray said finding a new place for those students will not affect the start-up date. School will start in September as planned.

Her goal is to keep things running "as smooth as possible for the children and their families."

"Sometimes these children are used as pawns, but we are trying to avoid that," she said.

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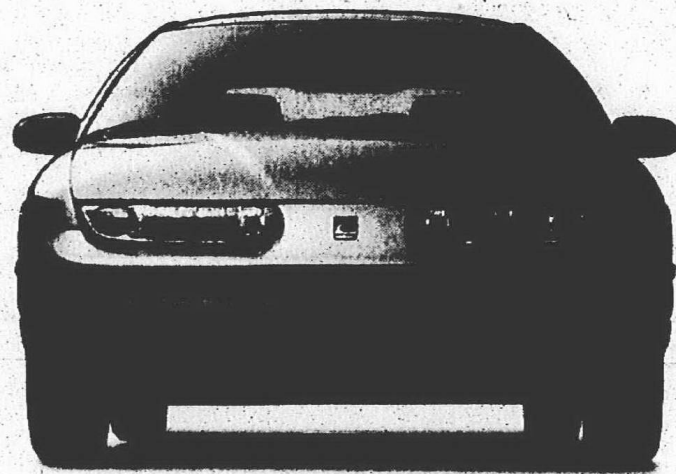
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Dr. Lanore Najor joins our Canton health care team!

For the convenience of our new and existing patients Dr. Najor will be practicing in both our AIIM Canton office as well as in our Eastside Ann Arbor AIIM office. We warmly welcome her to Canton!



Lanore Najor, DO

Formerly a senior physician of the Henry Ford Medical Group and a registered nurse at Harper Hospital, Dr. Najor brings ten years of experience

and a track record of exceptional patient care to our practice. With IHA since 1998, a warm and caring approach characterize all her interactions. Dr. Najor is currently accepting new patients beginning at age fourteen.



Robert Stanekewitz, MD

Robert Stanekewitz, MD resides in Plymouth with his family and joins our practice with fresh ideas and state-of-the-art techniques supported by his

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Darcey Owings, MS, RN, NP

As a nurse practitioner, Darcey Owings is committed to high quality patient care through education. Working with our physi-

cians, her experience and specialized training create the relaxed, knowledgeable approach that gives her patients confidence.



Gary Peppin, MD

In private practice since 1994, Dr. Peppin has relocated care for his Belleville patients to our new Canton office. He demonstrates to patients and staff his commitment to personalized, high quality health care.

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Still unbeaten

Plymouth Salem ran its volleyball record to 8-0 in the Western Lakes Activities Association with a 15-0, 15-5 victory over North Farmington Wednesday at North.

The Rocks improved to 29-8-1 overall.

It wasn't much of a challenge for Salem. Eight of their 30 points came on service aces, with Liz Gizicki and Amanda Suder accounting for three apiece.

Indeed, the Rocks totaled just 13 kills (with only four errors) and had only 12 digs. Suder and Denise Phillips led in kills with three each — Phillips had a .600 kill percentage, Suder a .400 — while Michelle Ginther, Katie Good and Mary Lou Liebau had two apiece.

Ginther led the team in digs with four. Jill Dombrowski collected 11 assists to kills.

The win leaves Salem with one major obstacle between it and a WLAA regular-season championship — Livonia Franklin, which the Rocks host at 7 p.m. Wednesday.

Top gymnast

Hillary Bracht proved she belonged in the 'Circle of Stars.'

The 10-year-old Plymouth native competed at the Circle of Stars gymnastics meet in Indianapolis Feb. 5 and placed first in the all-around in her division (Level 8).

A member of the Gedderts Twisters of Lansing team, Bracht scored 36.175 in the all-around competition. She finished first in the vault (9.0) and balance beam (9.575), was fifth in the floor exercise (9.15) and eighth in the uneven parallel bars (8.45).

A fifth-grader at Bird Elementary, Bracht was competing for the first time at Level 8.

Not quite enough

Janell Twietmeyer continues to shine for Alma College's women's basketball team, but it wasn't enough to prevent a three-game losing streak for the Scots.

Twietmeyer had 13 points for Alma against visiting Kalamazoo College Feb. 5, but the Hornets prevailed 65-63. The loss left Alma at 11-9 overall, 8-5 in the Michigan Intercollegiate Athletic Association.

A freshman, Twietmeyer was averaging 8.9 points and 5.7 rebounds in 22.9 minutes per game. She was leading the MIAA in free-throw shooting, converting 35-of-40 from the line (87.5 percent). She also ranked sixth in three-point shooting, making 25-of-66 from beyond the arc (37.9 percent).

Softball teams needed

Madonna University has two openings remaining for its 2000 High School Softball Tournament, which will be May 20-21 at the Canton Softball Center.

All teams are guaranteed three games. Those interested should contact Madonna head softball coach Al White at (734) 432-5783 for more information.

Hoop tournaments

• A qualifying tournament for the USSSA World Basketball Tournament — Competitive Division is scheduled for March 17-19 at Allen Park HS and Allen Park Middle School. The tournament is for both boys and girls, grades 6-8.

Play is round-robin with a three-game guarantee. Cost is \$250, with an entry deadline of March 3.

For more information, contact Kevin Wilkinson at (313) 274-5405 or email him at wilkk@ixnet.com, or call Jeff Bradley at (734) 595-6096.

• The Great Lakes Spring Classic, a USSSA State Tournament — Open Division event that serves as a qualifier for the USSSA World Tournament, is scheduled for April 7-9 at Allen Park HS and Allen Park Middle School.

The tournament is for seventh-grade boys (13-and-under) and eighth-grade boys (14-and-under). Play is round-robin with a three-game guarantee. Cost is \$275.

For more information, contact Kevin Wilkinson at (313) 274-5405 or email him at wilkk@ixnet.com, or call Jeff Bradley at (734) 595-6096.

Anyone interested in submitting items to Sports Scene or Sports Roundup may send them to sports editor C.J. Risak, 36251 Schoolcraft, Livonia, MI, 48180, or may FAX them to (734) 591-7279.

North edges Salem, 48-44

By ED WRIGHT
STAFF WRITER

It was only fitting that the outcome of Friday night's emotion-packed game between Plymouth Salem and North Farmington was decided by a last-second, three-point shot that arced high towards the heavens before descending back towards the rim.

With his team trailing, 46-44, and just a few ticks left on the clock, Salem guard Andy Kocoloski fired up a potential game-winning, three-point attempt from four feet beyond the top of the key. As everyone in the jam-packed gym held their breath, the ball hit the back of the rim and bounced into the hands of Salem's Matt McCaffrey, whose putback also missed the mark.

Raider forward Adrian Bridges snatched McCaffrey's miss, was intentionally fouled with four-tenths of a second to go, and calmly drained two free throws to seal North Farmington's 48-44 victory.

Emotions were charged minutes before the Parents' Night game in the Rocks' gymnasium when the entire Salem team escorted the parents of Mark Bolger to center court. Bolger, a junior forward, died Jan. 28, a short time after collapsing during halftime of the Rocks' game against Livonia Stevenson.

Bolger's death and the circumstances that surrounded Friday night's game stirred somber memories for North Farmington coach Tom Negoshian. Twelve years earlier, one of his players — Matt Leiter — died during halftime of a game.

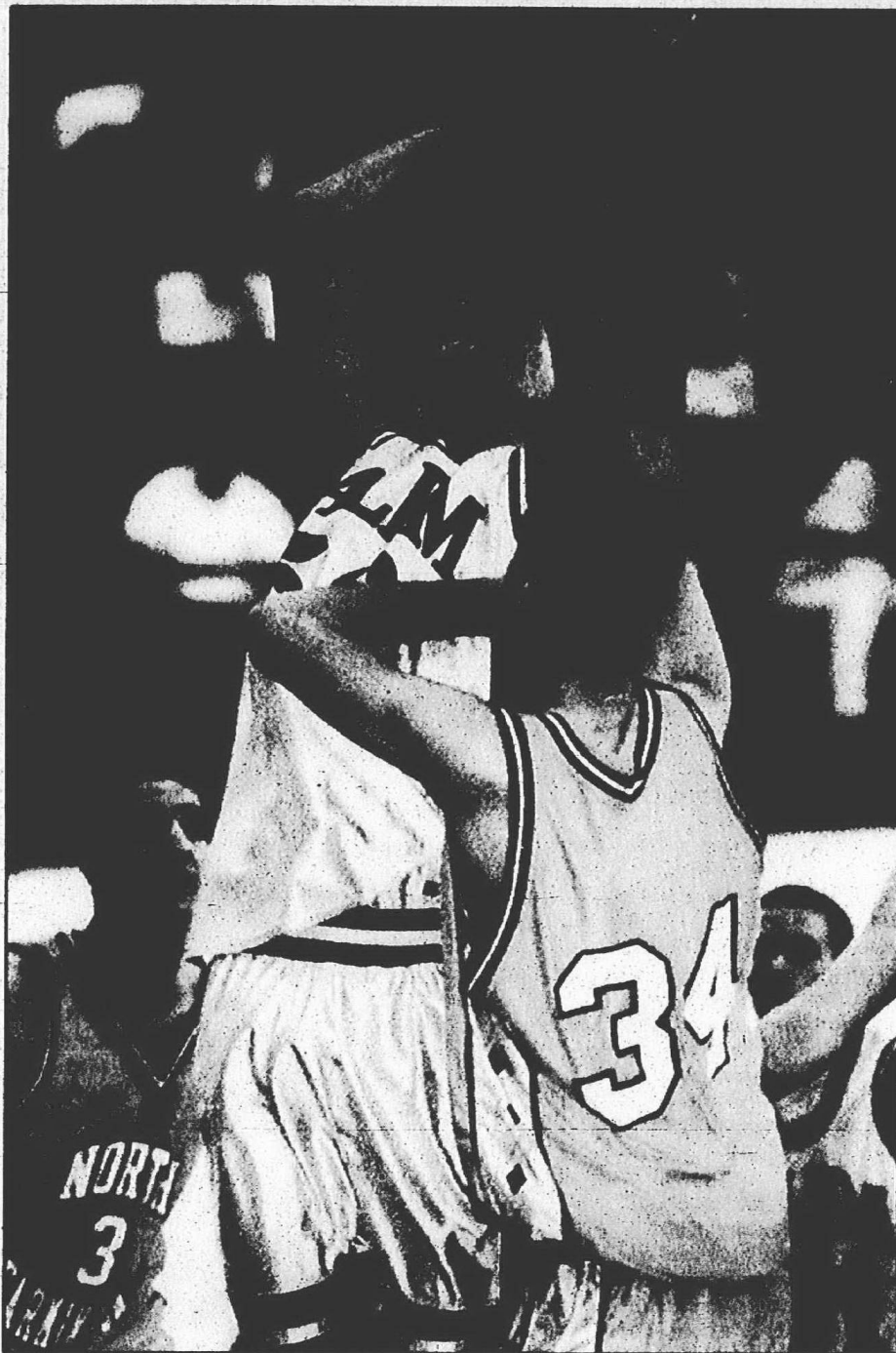
Just a few minutes before he died, Leiter had scored his first-ever points as a member of the varsity basketball team.

"When you lose a young man like Salem did and like we did eight years ago, it puts everything else in perspective," an emotionally-drained Negoshian said. "Both teams played hard and — win or lose — they came together at mid-court after the game and said a prayer. That's what it's all about."

The narrow victory secured the Raiders' position atop the Western Lakes Activities Association standings with an 8-1 league mark. North Farmington is 10-5 overall.

Salem dropped to 8-7 overall and 4-5 in the WLAA.

"When you play a good team like North Farmington, every possession is



Big man battle: Salem's Matt McCaffrey gets this shot off over North's Emir Medunjanin (34) in a game highlighting the post players. McCaffrey scored 13, Medunjanin had 23.

critical, so you have to take care of the ball," said Salem coach Bob Brodie. "Towards the end, they seemed to get every loose ball and every rebound. I

give them a lot of credit. They played hard.

"I was proud of my team, too," Brodie continued. "I thought we played

Chiefs stop Churchill in OT

BASKETBALL

Plymouth Canton withstood a late charge by Livonia Churchill, then converted the shots it had to in overtime to get a key 71-63 basketball win at Livonia Churchill Friday.

The Chiefs improved to 7-8 overall with their third-straight win; they are 6-3 in the Western Lakes Activities Association. The Chargers suffered their second-consecutive defeat, falling to 8-7 overall and 4-5 in the WLAA.

An 18-11 surge in the third quarter had carried Canton to a 50-43 lead going into the fourth. But the Chargers roared back behind the play of John Bennett, who scored 14 points in the period — two three-pointers and 8-for-8 at the free-throw line — to knot it.

Indeed, Churchill had the ball with 2.1 seconds left in regulation. An inbound play got the ball to Bennett, but his shot was off-target, thanks to some solid defense supplied by Kenny Nether.

"We defended (Bennett) as good as we could, and he still hit 'em," said

Canton coach Dan Young.

"He took over the game in the fourth quarter," added Churchill coach Rick Austin. "He's our go-to guy."

The overtime, however, belonged to the Chiefs, who got three points apiece from Nether, Jason Waidmann and Jay Sofen in outpointing Churchill 9-1.

The one-two punch of Waidmann and Nether wrecked Churchill. Waidmann finished with 24 points, Nether with 22. Dan McLean added 11. And all three worked the boards to perfection.

"Our inability to rebound really hurt us," Austin said. "Those two players (Waidmann and Nether) are great for Canton. They just had their way on the boards tonight."

"We ran multiple defenses and kept Canton pretty much in check. But we lost the battle of the boards. There were a lot of putbacks for Canton."

Bennett led all scorers, getting 31 for Churchill. Brandon Dziklinski scored 11 and Randall Boboige had nine.

Canton led 21-15 after one quarter, but the Chargers fought back to tie it at 32-all at the half.

PCA 66, Roeper 60: The victory seemed to be safely tucked away for Plymouth Christian Academy Friday, with visiting Bloomfield Hills Roeper trailing by 11 with 1:08 to play.

But the Roughriders charged back, making a couple of three-pointers and eventually narrowing the gap to three. They had possession and a shot at the game-tying basket, but missed.

PCA's A.J. Sherrill grabbed the rebound, was fouled and converted the free throws to ensure the triumph.

The win, the Eagles' eighth straight, improved their record to 10-4 overall, 6-2 in the Michigan Independent Athletic Conference.

Four players reached double figures

Please see BASKETBALL, B3



100th career win: Canton's John Pocock (top) won by injury default against Farmington's James Clarahan, making him 100-20 in his wrestling career.

Rocks win, Chiefs tie in crossovers

It was getting interesting, for certain.

Plymouth Salem hosted Walled Lake Western in a Western Lakes Activities Association crossover wrestling dual meet Thursday at Salem in a battle of second-place finishers. The story with the Rocks all season was to dominate early in the meet and hang on late, because their strength was in the lower weight classes.

When the Warriors won three-straight matches, at 152, 160 and 171 pounds, the collar was tightening for Salem. But wins by Mike Popeney at 189 and Zack Jensen at 215 turned that around for the Rocks, who emerged with a 40-32 victory.

Popeney won by pinning Rob Thompson in just 12 seconds, and Jensen posted a 3-2 victory over Neil Retherford.

Other pin-winners for Salem were Pete Bobee at 103, in 3:57 over Dan Drenikowski; Ron Thompson at 119, in 1:10 over A.J. Lee; Rob Ash at 125, in 1:48

Please see WRESTLING, B2

SWIMMING

Salem 5-0 in WLAA

This meet served one significant purpose for Plymouth Salem's swim team: Get a look at some different people.

"It's one of those meets you swim everybody and get some new names in the paper," said Salem coach Chuck Olson after the Rocks defeated Westland John Glenn 143-16 Thursday at Glenn. "We have the MISCA meet Saturday, so some of our better guys got to rest."

"Hopefully, they'll be ready to swim fast Saturday."

The Rocks won all but one event. Individual-event winners were Dave Carson in the 200-yard freestyle (2:05.41); Adam Sonnanstine in the 200 individual medley (2:23.53); Mike Johnson in the 50 free (23.21); Hugo Alvarez in the 100 butterfly (1:00.66); Mark Witthoff in the 100 free (51.18); Mike Horgan in the 500 free (5:26.50); Brian Dorogi in the 100 backstroke (1:03.77); and Jason Rebarchik in the 100 breaststroke (1:09.04).

Eric Lynn, Rebarchik, Ben Dzialo and Johnson combined for a first in the 200 medley relay (1:47.44); Kevin Kilgore, Peter Neuroth, Ryan Kappler and Carson teamed for a first in the 200 free relay (1:41.36); and Johnson, Dzialo, Witthoff and Lynn won the 400 free relay (3:30.12).

The win raised Salem's dual-meet record to 10-1 overall and kept the Rocks perfect in the WLAA at 5-0. They finish their WLAA dual season at 7 p.m. Thursday against the Farmington/Farmington Harrison combined team, at Salem.

Please see SALEM-NORTH, B3

Stretch run tops Crusaders

BY C.J. RISAK
SPORTS EDITOR
cjrisk@oe.homecomm.net

It was a chance to do something special. To win two-straight games, a rarity for Madonna University's men's basketball team. And to overcome the odds, to win with perhaps your best offensive threat on the sideline, watching.

And for virtually the entire game Wednesday against visiting Spring Arbor, it appeared the Fighting Crusaders were prepared to pull it off. But then...

History repeated itself. The Crusaders found a way to lose, surrendering several chances down the stretch to put the game away as the Cougars escaped with a 52-49 victory.

"Let's face it," said Spring Arbor coach Ryan Cottingham afterwards, "we stole one tonight. We were fortunate enough to hang in there and pull it out at the end."

Cottingham, whose team improved to 13-16 overall and 5-6 in the Wolverine-Hoosier Athletic Conference, was right. The victory had been within the Crusaders' grasp since the start, but they couldn't put it away.

Madonna (4-24 overall, 2-9 in the WHAC) never trailed in the first half, but its 26-17 lead with 3:53 left evaporated when the Cougars scored the final eight points of the half — five by Derek Anspaugh.

The Crusaders still had a one-point lead at the break, but Anspaugh made certain that wouldn't last long.

The 6-foot-6 senior center picked up in the

second half where he left off in the first, taking advantage of an opening in the Madonna defense on the left side of the basket. He grabbed three offensive rebounds, turning them into Spring Arbor's first six points of the half — and the Cougars' first lead.

Neither team led by more than four in the second half. With the drama escalating as the game time diminished, it became apparent the victory would rest with who did what in the final moments.

Two free throws by Dan Kurtinaitis with 1:46 left had given Madonna a 49-46 lead. The Crusaders played solid defense; they forced a pair of misses on the Cougars' next two possessions.

But they couldn't take advantage. Jason Skoczylas missed three free throws in the final 90 seconds, Chad Putnam missed three three-point tries in the last three minutes, and in the final second, a desperation half-court shot by Aaron Cox bounced off the rim.

Spring Arbor got a free throw by Jason Khon with :51.1 remaining, setting the stage for Bryan Gordon's game-winning shot: a three-pointer from the top of the arc with :17 left, giving the Cougars a one-point lead. Putnam's triple try was blocked with :03 left.

Anspaugh's two free throws in the final second provided the final margin.

Mike Massey, Madonna's top offensive player, was serving a three-game suspension after drawing two technical fouls in a game

against Rochester College Feb. 6. "We were careless with the ball," said Madonna coach Bernie Holowicki, reflecting on his team's 23 turnovers. As far as the failure to cash in on chances down the stretch, he added, "That's what hurts. We had open shots in the last few minutes. You've got to make those."

Anspaugh's 20 points and 10 rebounds paced Spring Arbor. Gordon and Dustin Scharer had nine apiece.

The Crusaders got 17 from Cox and nine from Jordan Garrison.

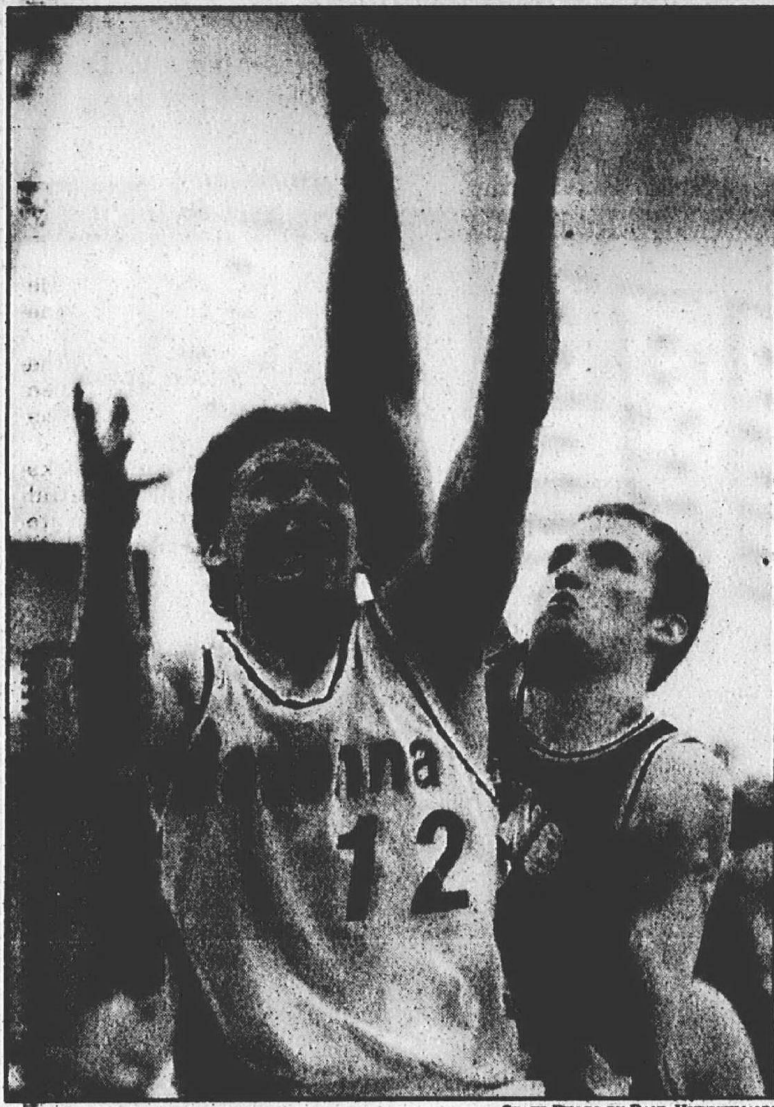
Ocelots roll past WCCC

Seven players reached double figures in scoring for Schoolcraft College, sending the Ocelots to a 119-52 win over visiting Wayne County Community College and into Saturday's key match-up at Flint Mott CC with a 12-0 conference record.

SC is 19-4 overall and in first place in the Michigan Community College Athletic Association's Eastern Conference. The Ocelots have won 13-straight. Wayne fell to 6-14 overall, 1-11 in the conference.

Robert Brown led SC with 24 points and 13 rebounds. Lamar Bigby added 19 points, Quentin Mitchell had 15, Dwight Windom scored 14 and gathered 12 boards, Reggie Kirkland netted 12 points and seven assists, Brian Williams had 10 points and seven assists, and Tony Jancevski (from Plymouth Salem) finished with 10 points and seven rebounds.

Wayne got 12 points apiece from David Rucker and Russell Little.



STAFF PHOTO BY PAUL HUBSCHMANN

Nothing easy: Madonna's Aaron Cox gets two of his team-high 17 points against Spring Arbor.

Cougars rule Madonna in 2nd half

A second half stall-out meant a 71-57 loss for Madonna University's women's basketball team in a game played Wednesday at Spring Arbor.

The loss dropped the Lady Crusaders to 10-13 overall, 4-7 in the Wolverine-Hoosiers Athletic Conference. Spring Arbor is 16-8 overall, 7-4 in the WHAC.

Madonna led 33-31 at the half, thanks to a defense that limited the Cougars to 11-of-30 shooting (36.7 percent) from the floor. The second half was another story; Spring Arbor made 14-of-31 shots (45.2 percent) while allowing Madonna to make just 8-of-26 (30.8 percent), which led to a 40-24 scoring advantage.

Chris Dietrich led the Crusaders with 17 points. Michelle Miela had 14 and Kristi Fiorenzi

(from Plymouth Canton) collected 12 points and nine rebounds.

Spring Arbor was paced by Kristin Dankert's 14 points and Michelle Robson's 10.

Ocelots roll

An impressive overall performance carried Schoolcraft College to a 72-47 victory at Alpena CC Feb. 5.

The win pushed the Lady Ocelots' record to 9-10 overall, 8-4 in the Michigan Community College Athletic Association's Eastern Conference. Through Wednesday, Alpena was 8-15 overall, 4-9 in the conference.

"It was probably one of our best games of the year all-around, offensively and defensively," said SC coach Karen Lafata.

It also left the Ocelots in a position to at least in part control their own destiny. "If we win our last four games, we could finish in second place (in the conference)," Lafata noted, then added, "That's the best case scenario."

Angelica Blakely earned conference player of the week honors last week, totaling 51 points and 32 rebounds in two games. Against the Lumberjacks, she had 21 points and 10 boards.

Janell Olson added 20 points and four steals, Carly Wright had 12 points and seven boards, and Antone' Watson contributed nine points and nine assists.

Alpena was led by Sofie Bootz's 12 points and Melissa Van Stedam's 11.

Wrestling from page B1

over A.J. Escobar; and Steve Dandinos at 140, in 2:24 over Nick Jasko.

Winners by decision were Lucas Stump at 130, by a 10-2 margin over Justin Nasarross, and Josh Henderson at 145, by a 12-4 score over Jeff Zilan.

Salem hosts the state district team tournament Wednesday, with the Rocks going against Plymouth Canton in one semifinal and Livonia Churchill and Livonia Stevenson pairing off in another, both at 5:30 p.m. The winners meet at approximately 7 p.m.

Pocock wins 100th

The news for John Pocock was great.

The senior 145-pounder got an injury default victory over Farmington's James Clarahan at 5:58

to earn the 100th victory of his career.

The news for the rest of the Chiefs wasn't so good. Pocock's win boosted their lead to 30-9 in this WLAA crossover meet at Farmington, but it was downhill after that. Canton won just one other match — Phil Rothwell on a void at 189 — as the Falcons stormed back to get a 36-36 tie.

Which gave Canton a 19-5-1 dual-meet record, 5-2-1 in the WLAA.

"It's a lot of wins for anybody," Canton coach John Demisick said of Pocock's accomplishment. "He's quite a wrestler for anyone to try and match up against, and a coach's dream. He's a natural leader and his work ethic raises the tempo of the whole wrestling room."

Pocock's win boosted his sea-

son record to 35-4; he is 100-20 for his career.

Other Canton winners against Farmington were Rob Schnettler at 103, with a pin of Kevin Ostranger in 1:17; Brad Kreger at 112 on a void; Kevin Rodriguez at 125, with a pin of Josh Woods in :56; Chris Hosey at 130, by an 8-1 count over Ralph Turk; and Greg Musser at 135, with a 7-1 decision against Nick Rameriz.

The Chiefs had a 30-12 lead with five matches to go, but suffered pin losses in four of them.

Canton goes against Salem in the opening round of Wednesday's state district team tournament, starting at 5:30 p.m. at Salem. The winner meets the winner of the Livonia Churchill-Livonia Franklin meet at approximately 7 p.m.

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- And More!

Employees of WJR Radio, The Observer & Eccentric Newspapers, BIA and Mathison Supply are not eligible to enter.

Basketball from page B1

in scoring for PCA: Dave Carty with 19, Derric Isensee and Sherrill with 13, and Mike Huntsman with 12. Huntsman grabbed seven rebounds and Sherrill had four assists.

The Eagles led by six (44-38) entering the fourth quarter.

Notre Dame 81, CC 73: When Redford Catholic Central held a 57-43 lead at the start of the fourth quarter Friday night, little did it know that Harper Woods Notre Dame had the Shamrocks right where they wanted them.

The Irish unleashed a furious assault that produced a 38-16 period and led to an 81-73 upset victory over the Shamrocks.

"We got lulled into a false sense of confidence," CC assistant coach John Mulroy said. "We never got far enough ahead to make them quit."

The Fighting Irish made 18-of-27 free throws in the final period and 25-of-37 overall. The Shamrocks were 17-of-24 at the line for the game.

Junior Marcuz Young scored a game-high 20 points for Notre Dame (3-7, 3-12). Senior Juan Caldwell had 17 and sophomore Ryan Biggs 14.

CC (5-5, 7-9) had four players in double figures. Senior Rob Sparks had 19 points, senior Matt Loras 15, junior Ryan Celeskey 13 and junior Mark Willoughby 11.

Salem-North from page B1

The Raiders threatened to blow this game wide open early when a long three-pointer by junior guard Mike Patterson gave them an 18-10 lead two-and-a-half minutes into the second quarter.

However, Salem countered with a 10-0 run over the next three minutes to take a 20-18 lead. North Farmington closed out the first half with two Watha free throws and an offensive tip-in from Medunjanin with one second left, and led 22-20 at intermission.

The most scintillating play came early in the second half when, on a fast-break, Cook dished off a perfect behind-the-back pass to a streaking Ryan

Haydon, who laid the ball in to put the Rocks up, 25-24.

Salem's last lead of the game came at the 3:10 mark of the third quarter on a steal and layup from Koccolski.

Watha made a crucial play with 1:30 to go when he grabbed a missed Bridges' free throw and converted the basket to put the Raiders ahead, 44-41.

Thirty seconds later, Medunjanin hit a short jumper to extend the lead to 46-41. However, Cook countered, at the other end with a long-range three-pointer with 38 seconds left.

The Rocks intentionally fouled North Farmington guard Brian Shulman with 24.7 seconds left. Shulman missed the free throw, setting the stage for the final, dramatic seconds.

And the prayer that followed.

CC stalls, 4-1

Round Two went to Trenton. Trenton knocked off Redford Catholic Central, 4-1, Wednesday night to make the seemingly invincible defending state hockey champions seem suddenly mortal.

That evened the season's series at a game apiece, with each winning on its home ice. A third meeting could take place in the state tournament.

The Shamrocks defeated the Trojans, 4-2, at Redford Ice Arena in late January.

Dave Moss scored Catholic

Central's only goal, but it came in the third period and after the score was already 4-0.

Trenton took a 1-0 lead in the first period and added three goals in a span of 3:10 in the second as it outmuscled CC.

The loss left the Shamrocks 17-2. Top-rated Catholic Central had handed No. 3 Trenton its second loss of the season in their first meeting.

THE WEEK AHEAD

BOYS BASKETBALL

Tuesday, Feb. 15
W.L. Central at Churchill, 7 p.m.
Farmington at Franklin, 7 p.m.
Stevenson at Canton, 7 p.m.
Harrison at John Glenn, 7 p.m.
Salem at W.L. Western, 7 p.m.
N. Farmington at Northville, 7 p.m.
Wayne at A.A. Huron, 7 p.m.
Woodhaven at Garden City, 7 p.m.
Edsel Ford at Redford Union, 7 p.m.
Gib. Carison at Thurston, 7 p.m.
Clarenceville at Luth. N.west, 7 p.m.
Hamtramck at Luth. W.sid, 7 p.m.
Agape at Madison Hts. Temple, 7 p.m.
PCA at Oakland Christian, 7 p.m.
Muskegon Hts. at Borgess, 7:30 p.m.
Huron Valley vs. Maconb. Christian at Marshall Middle School, 7:30 p.m.

Friday, Feb. 18
Churchill at Northville, 7 p.m.
Harrison at Franklin, 7 p.m.
Stevenson at Farmington, 7 p.m.
John Glenn at N. Farmington, 7 p.m.
Canton at W.L. Western, 7 p.m.
W.L. Central at Salem, 7 p.m.
Wayne at Belleville, 7 p.m.
Southgate at Garden City, 7 p.m.
Thurston at Ann Arbor, 7 p.m.
Huron Valley at Bethesda, 7:30 p.m.
PCA at Baptist Park, 7:30 p.m.
Agape at Taylor Light & Life, 7:30 p.m.

MEN'S COLLEGE BASKETBALL

Monday, Feb. 14
Oakland CC at Schoolcraft, 7:30 p.m.

Wednesday, Feb. 16
Schoolcraft at Delta CC, 7:30 p.m.
Madonna at Aquinas, 7:30 p.m.

Saturday, Feb. 19
Schoolcraft at Henry Ford, 3 p.m.

WOMEN'S COLLEGE BASKETBALL

Monday, Feb. 14
Oakland CC at Schoolcraft, 5:30 p.m.

Wednesday, Feb. 16
Schoolcraft at Delta CC, 5:30 p.m.
Aquinas at Madonna, 7:30 p.m.

Saturday, Feb. 19
Schoolcraft at Henry Ford, 1 p.m.
Cornerstone at Madonna, 7 p.m.

ONTARIO HOCKEY LEAGUE

Sunday, Feb. 13
Ply. Whalers vs. Erie Otters at Compuware Arena, 6:30 p.m.

Thursday, Feb. 17
Ply. Whalers at Guelph, 7:30 p.m.

Friday, Feb. 18
Ply. Whalers vs. Sarnia Sting at Compuware Arena, 7:30 p.m.

Saturday, Feb. 19
Ply. Whalers vs. London Knights at Compuware Arena, 7:30 p.m.

PREP HOCKEY

Tuesday, Feb. 15
Ladywood vs. Kingswood at Arctic Pond, 6 p.m.
Salem vs. W.L. Western at Ply. Cultural Center, 7 p.m.

Wednesday, Feb. 16
Canton at South Lyon, 6 p.m.
Franklin at Crestwood, 7 p.m.
Red. Unified at Southgate, 8:15 p.m.

Friday, Feb. 18
Redford CC vs. Port Huron No. at McMorran Pavilion, 7 p.m.
Salem vs. South Lyon at Ply. Cultural Center, 8 p.m.
Canton vs. W.L. Central at Lakeland Ice Arena, 8:20 p.m.

Saturday, Feb. 19

FRANKLIN vs. MILFORD

at Lakeland Ice Arena, 5:20 p.m.
Canton vs. South Lyon at Ply. Cultural Center, 7:30 p.m.
Redford CC vs. Cranbrook at Redford Ice Arena, 8 p.m.

GIRLS VOLLEYBALL

Monday, Feb. 14
Canton at Franklin, 7 p.m.
Stevenson at Northville, 7 p.m.
W.L. Western at John Glenn, 7 p.m.
Garden City at Redford Union, 7 p.m.
Belleville at Thurston, 7 p.m.

Tuesday, Feb. 15

Huron Valley vs. Baptist Park at Livonia St. Paul's, 6 p.m.
Luth. N.west at Clarenceville, 7 p.m.
Luth. W.sid at Hamtramck, 7 p.m.
Agape at Madison Hts. Temple, 7 p.m.
PCA at Oakland Christian, 7 p.m.

Wednesday, Feb. 16

Churchill at Canton, 7 p.m.
Salem at Franklin, 7 p.m.
John Glenn at Stevenson, 7 p.m.
Wayne at Belleville, 7 p.m.
Allen Park at Garden City, 7 p.m.
Thurston at Ypsilanti, 7 p.m.

Thursday, Feb. 17

Huron Valley at Bethesda, 7 p.m.
Kingswood at Luth. W.sid, 7 p.m.
Inter City at Ply. Christian, 7 p.m.
(CHSL Finals at Madonna)
C-D Division final, 5:30 p.m.
A-B Division final, 7 p.m.

Friday, Feb. 18

Macomb Christian at Agape, 6:30 p.m.

Saturday, Feb. 19
Ladywood Tournament, 8 a.m.
Monroe-Jeff Invitational, TBA.
TBA — time to be announced.

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OUTDOORS CALENDAR

SEASON/DATES

RABBIT
Rabbit season runs through March 31 statewide.

CLASSES/CLINICS

FLY TYING
Paint Creek Outfitters in Rochester offers a variety of fly tying classes for beginners and advanced tyers. Call (248) 650-0440 for more information or to make a reservation for an upcoming class.

BUETER'S FLY TYING
Bueter's Outdoors, a Northville store specializing in fly fishing, will offer a new set of fly tying classes starting as soon as Feb. 21. Intermediate and advanced classes will also be taught this spring. Bueter's is at 120 E. Main Street in downtown Northville. For more information, call (248) 349-3677, or by E-mail Bueters@aol.com.

MORE FLY TYING
River Bend Sport Shop in Southfield offers fly tying classes for beginners, intermediate and advanced tyers. Classes will be held at various times. For more information and to register call (248) 350-8484 or (248) 591-3474.

SHOWS

CAMPER & RV SHOW
The 34th annual Detroit Camper & RV Show will be Feb. 16-20 at the Novi Expo Center, 43700 Expo Center Drive (south of I-96 at Novi Road). The show features all types of new recreational vehicles and accessories. Call (517) 349-8881 for more information.

DETROIT BOAT, SPORT AND FISHING SHOW

The 42nd annual Detroit Boat, Sport and Fishing Show will be through Feb. 20 at Cobo Center. The show features the 2000 premier showing of new model boats, motors, trailers, accessories and more. Some 1,000 boats will be available for viewing including fishing boats, ski boats, pontoons, cruisers, inflatables, personal watercrafts, canoes and kayaks.

SPORTFISHING EXPO
The 12th annual Greater Detroit Sportfishing and Travel Expo is set for Thursday through Sunday, March 2-5, at the Palace of Auburn Hills. An all-star lineup of seminar speakers is already scheduled. The show also features exhibitors, merchandise booths, casting and fishing activities and more. Show hours are 4-9:30 p.m. Thursday and Friday, March 2-3; 10 a.m.-9:30 p.m. Saturday, March 4; and 10 a.m.-6 p.m. Sunday, March 5. Admission is \$7.75 for adults, \$3.50 for children ages 6-12 and children age 5 and under will be admitted free.

SPRING BOATING EXPO
The 8th Annual Spring Boating Expo is scheduled for March 16-19 at the Novi Expo Center. The show features some 200 exhibitors with new boats and watercrafts, motors, trailers, docks, accessories and more.

OUTDOORAMA
Outdoorama 2000 Michigan Sport and Travel Show will be Feb.

26-March 5 at the Novi Expo Center. The show features over 200,000 square feet of floor space devoted to more than 400 exhibits featuring the latest in hunting, fishing and camping equipment, recreational vehicles, boats, conservation clubs travel and outfitting destinations and more. Call (517) 346-6493 for more information.

ARCHERY

JUNIOR OLYMPICS
The Oakland County Sportsman Club in Clarkston offers a Junior Olympic Archery Development Program beginning at 1 p.m. on Sundays. Call (248) 623-0444 for more information.

ACTIVITIES

DETROIT AREA STEELHEADERS
Detroit Area Steelheaders, Inc. membership meetings are held the last Tuesday of each month at Knights of Columbus, St. Pius X, 6177 Chicago Road, in Warren. The public is welcome. Dennis Bidigare, well-known charter fisherman on Lake Michigan, is scheduled to be the guest speaker at the Tuesday, Feb. 29 meeting. More information can be obtained by calling Ed Wilczek at (810) 757-7365 or club President Ray Banbury at (810) 598-0310. The Detroit Area Steelheaders will also hold a Sportsmen's Game Dinner March 18 at Bishop William F. Murphy Knights of Columbus Hall in Warren. The dinner is open to the public and doors open at 5 p.m. Cost is \$30 per person. Tickets will be available at the Feb. 29 DAS meeting or by calling Tom Moores at (248) 634-5789, Mary Karakas at (248) 545-1181 or Linda Banbury at (810) 598-0310.

CLINTON VALLEY BASS
Clinton Valley Bass Anglers club is seeking new members (boaters and non-boaters are welcome). The club meets monthly at Gander Mountain in Waterford. Call Mike Daly at (248) 666-8910 for more information.

METRO-WEST STEELHEADERS
Metro-West Steelheaders meets at 7:30 p.m. on the first Tuesday of each month in the cafeteria at Garden City High School. Call Dominic Liparoto at (248) 476-

5027 for more information. MICHIGAN FLY FISHING
The Michigan Fly Fishing Club meets at 7:30 p.m. the first and third Wednesdays of each month at Livonia Clarenceville Middle School, located on Middlebelt Road between Seven and Eight mile roads. Call (810) 478-1494 for more information.

FOUR SEASONS
The Four Seasons Fishing Club meets 7:30-9:30 p.m. the first Wednesday of each month at the Civic Park Senior Center, 15218 Farmington Road, in Livonia. Visitors are invited and refreshments will be served. Call Jim Kudej at (734) 591-0843 for information.

HURON VALLEY STEELHEADERS
The Huron Valley Steelheaders meets the third Thursday of each month at the Knights of Columbus Hall, 27600 Hall Road, Flat Rock. Call Carroll White at (734) 285-0843 for more information.

BASS ASSOCIATION
The Downriver Bass Association, a non-tournament bass club, meets at 6:30 p.m. the fourth Tuesday of every month at the Gander Mountain in Taylor. Call (734) 676-2863 for more information.

SOLAR
The School for Outdoor Leadership, Adventure and Recreation (SOLAR), a non-profit organization interested in promoting the appreciation of outdoor activities, meets at 7:30 p.m. on the first Tuesday of each month at the Colony Hall in Southfield. Call (248) 988-6658 for more information.

HERITAGE PARK HIKE
Join members of the Southeast Michigan Group, Sierra Club on a 2-3 hour hike at Heritage Park in Farmington Hills on Sunday, Feb. 20. Call Don Dahlin at (248) 644-2746 for more information.

POINTE PELEE ICE HIKE
Join members of the Southeast Michigan Group, Sierra Club on a 2-3 hour hike Sunday, Feb. 27 at Pointe Pelee in Ontario. Call (313) 581-7579 for more information.

SHOOTING RANGES

BALD MOUNTAIN
Bald Mountain Recreation Area in Lake Orion has shotgun (skee & trap, sporting clays, 5-stand), rifle, pistol, and archery shooting facilities. Hours for archery and clay target shooting are noon to sunset Mondays and Tuesdays; 10 a.m. to sunset Wednesdays; and 10 a.m. to 6 p.m. Saturdays and Sundays. Rifle range hours are 3 p.m. to sunset Mondays and Tuesdays; 10 a.m. to sunset Wednesdays; and 10 a.m. to 6 p.m. Saturdays and Sundays. Bald Mountain is located at 1330 Greenshield Rd., which is three miles north of the Palace of Auburn Hills off M-24. Call (248) 814-9193 for more information.

PONTIAC LAKE
Pontiac Lake Recreation Area in Waterford has rifle, pistol, shotgun, and archery ranges. Range hours are 10 a.m.-5 p.m. Fridays through Sundays. Pontiac Lake Recreation Area is located at 7800 Gale Road. Call (248) 666-1020 for more information.

ORTONVILLE RECREATION
Ortonville Recreation Area in Ortonville has rifle, pistol and shotgun shooting facilities. Range hours are 12-5 p.m. Thursday through Sunday. The Ortonville Recreation Area is located at 5779 Hadley Road. Call (248) 693-6767 for more information.

METROPARKS

METROPARK REQUIREMENTS
Most Metropark programs are free while some require a nominal fee. Advanced registration and a motor vehicle permit are required for all programs. Call the respective parks toll free at the following numbers: Stony Creek, 1-800-477-7756; Indian Springs, 1-800-477-3192; Kensington, 1-800-477-3178; Hudson Mills, 1-800-477-3191.

1999 PERMITS
The 1999 Huron-Clinton Metroparks annual vehicle entry permits and boat launching permits are on sale at all Metropark offices. Vehicle entry permits are \$15 (\$8 for senior citizens). The annual boat launching permits are \$18 (\$9 for senior citizens). Call 1-800-47-PARKS for more information.

OAKLAND COUNTY PARKS

COUNTY PARK REQUIREMENTS
Advanced registration and a motor vehicle permit are required for all nature programs at Oakland County Parks. Call (810) 625-6473 to register or for more information.

PERMITS
The 2000 Oakland County parks motor vehicle permits are on sale at all county park offices and many parks and recreation and township offices. Cost is \$20 through April 30 and \$25 thereafter. Call (248) 858-0906 or TTY (248) 858-1684.

WAYNE COUNTY PARKS

COUNTY PARK REQUIREMENTS
Wayne County Parks offers nature interpretive programs throughout the year. Advanced registration is requested. Call (734) 261-1990 to register and for more information.

INTERNET ADDRESS DIRECTORY

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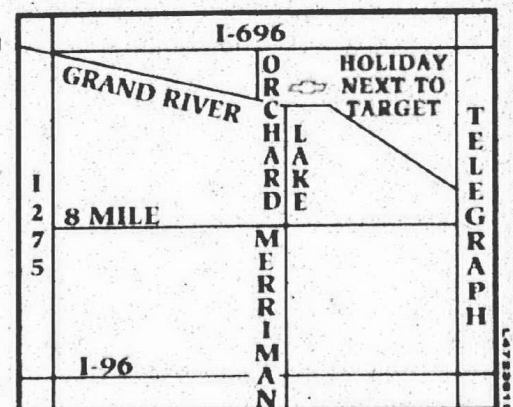
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ARTISTIC EXPRESSIONS



LINDA ANN CHOMIN

Musical couple celebrate the arts together

This Valentine's Day Fern and Paul Barber will not only celebrate their love for each other, but also their passion for the arts. In the last 33 years, this husband and wife duo have helped raise the awareness of music, dance, theater and the visual arts in the communities of Farmington and Farmington Hills; and they have no intention of stopping.



Fern Barber



Paul Barber

Fern, who chairs the Farmington Area Arts Commission, and Paul, music coordinator for Farmington Public Schools, continue to add color to the local scene. One of their projects is the annual Fine Arts Festival Sunday-Sunday, April 30-May 7, in Farmington. A gala on Saturday, April 29, kicks off the arts extravaganza.

"Take art, theater and dance out of the world and it would be a pretty drab place," said Paul Barber. "Art touches all of our lives."

Whirlwind romance

It seems only natural that the arts would be instrumental in bringing the Barbers together. Fern and Paul met in Elizabeth Green's violin class at the University of Michigan, and wasted no time joining forces to instill a love of music in young and old alike. They graduated in May of 1966, married in August, and by September were teaching music in the Farmington Public Schools.

Somewhere in the midst of this whirlwind, they founded the Farmington Community Band. Since that time, they've been supporting not only music, but all forms of art in the Farmington area.

Fern, a former president of the Farmington Musicale, has served on the Farmington Area Arts Commission for 19 years. The commission, with funding from the cities of Farmington and Farmington Hills, is able to carry out a number of programs, including bestowing an annual artist-in-residence award since 1976. An art to the Schools program allows teachers to choose an artist to visit students in the classroom. The arts commission also funds all of the awards for Farmington Artists Club exhibits, student art awards, and an award given by the Farmington Historical Society for the best writing of historical information about Farmington. They also help support the Farmington Musicale scholarship awards.

"It's a wonderful experience to be involved with the arts," said Fern. "Either you're meeting some new musicians or teachers. I'm always learning something new."

Paul, in his position with the Farmington Public Schools, "has to keep 38 music teachers happy." But in addition to overseeing the installation of a new keyboard MIDI lab for music teachers, he was involved with building a state-of-the-art TV studio at North Farmington High School, and instituting a dance program, the first of three at Farmington high schools.

Paul also supports visual art and theater, and has worked as a partner with the Detroit Dance Collective for the last three years. He also initiated a fine arts camp for elementary and middle school students. The camp, which will be held July 10-21, will allow students to take five classes in art, dance, music or theater.

"Our music program's grown dramatically," said Paul. "Thirty percent of our students are involved with the arts. That's nearly three times higher than the 9 to 10 percent nationally. Dance will add another component. Students have another way of self expression. If we provide a wealth of

Please see EXPRESSIONS, C4



Students inspired by dance legend

Studying at the Martha Graham School of Contemporary Dance made quite an impression on Melissa Poli — one she wanted to share with her students at North Farmington High School.

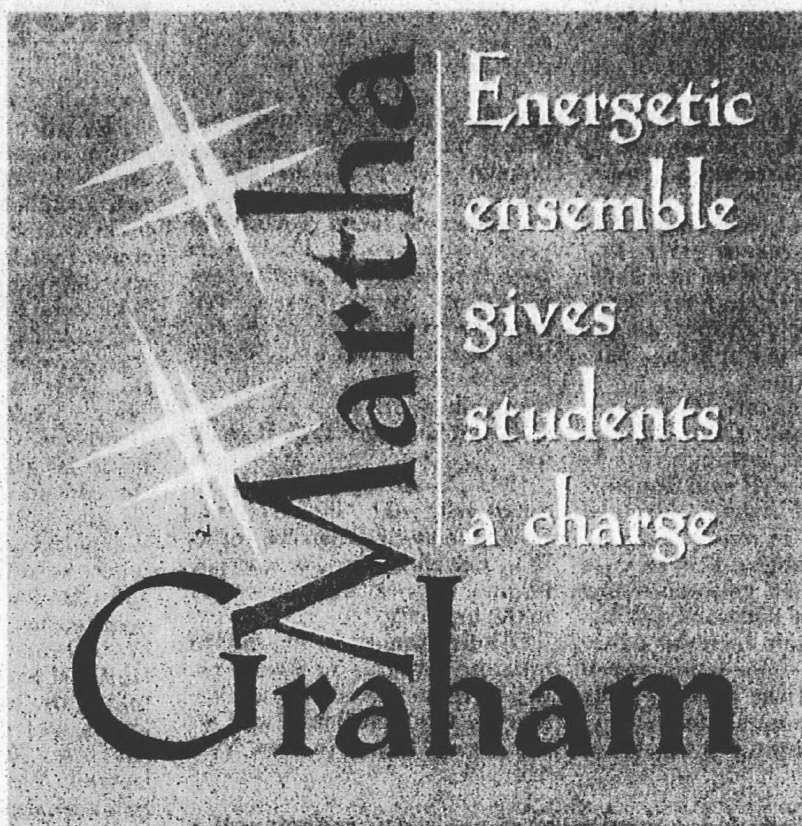
So when the opportunity arose to bring the Martha Graham Dance Ensemble to her school, Poli leaped at the chance. She wanted her students to experience first hand how the legendary choreographer transformed dance in America. Graham began her journey as a dancer and choreographer in 1916.

"It was a spiritual experience almost," said Poli. "I felt like we paid homage to Martha Graham at the school. You could just feel the history."

Rachel Zuckeman loved "The Lament," the second work on the program. "I thought it was really powerful and cool," said Zuckeman, a junior. "They showed a lot of expression," added sophomore Kathleen Bendick.

The contemporary dance performance was a first for students in the dance program at North Farmington High School. Since most were trained in classical ballet and tap, modern dance is a world filled with mys-

Please see INSPIRED, C2



STORIES BY LINDA ANN CHOMIN
STAFF WRITER
lchomin@oe.homecomm.net

Dressed in body-hugging gold unitards, their bodies glistering under the spotlights — the Martha Graham Dance Ensemble dashes around the stage ceremoniously paying tribute to the sun and to the woman who founded the company in 1926.

The darkened auditorium soon erupts into thunderous applause as the electrically-charged performance sends surges of energy through the audience of students at North Farmington High School. The presentation was one of 13 outreach programs offered

at area schools, including West Bloomfield High School and Abbott Middle School in Birmingham.

The programs are part of a two-week residency, which precedes four performances by the Martha

Graham Dance Company, Thursday-Sunday, Feb. 17-20, at Music Hall Center for the Performing Arts in Detroit.

"We've been getting great responses," said ensemble artistic director Kenneth Topping. "For the younger student, it's an art form we're trying to impart to them. This is a disciplined approach. This is an all-encompassing technique."

Early morning

The dancers arrived at 7:20 a.m. to warm up before demonstrating the Graham technique to students, and performing three of the 181 works she choreographed. Topping began the program by explaining the rigorous training dancers go through to become a member of the ensemble or company. Graham used the principles of contraction and release as the foundation for her technique.

Topping learned them from Graham during the six years he worked with her while dancing

Please see ENSEMBLE, C2



Celebration of dance: "Appalachian Spring" is one of the classic works that will be presented by the Martha Graham Dance Company.

Martha Graham dancers perform at Music Hall

BY NICOLE STAFFORD
SPECIAL EDITOR
nstafford@oe.homecomm.net

Choreographer and dancer Martha Graham may not have the name recognition of, say, Martha Stewart, but she probably should.

Graham's dance technique, based on body contraction and release, transformed modern dance. More importantly, her artistic approach and sensibility helped shape 20th century expression; in the larger realm of modern art. Graham, who died in 1991, sits beside the likes of Picasso, Stravinsky, Frank Lloyd Wright and other artistic forces of the time.

"Her work is almost a self-contained history of modern art," said Christine Dakin, associate artistic director and principal dancer with the Martha Graham Dance Company, which is scheduled to perform several of the Pennsylvania-born choreographer's classic pieces Feb. 17-20 at Detroit's Music Hall Center for the Performing Arts.

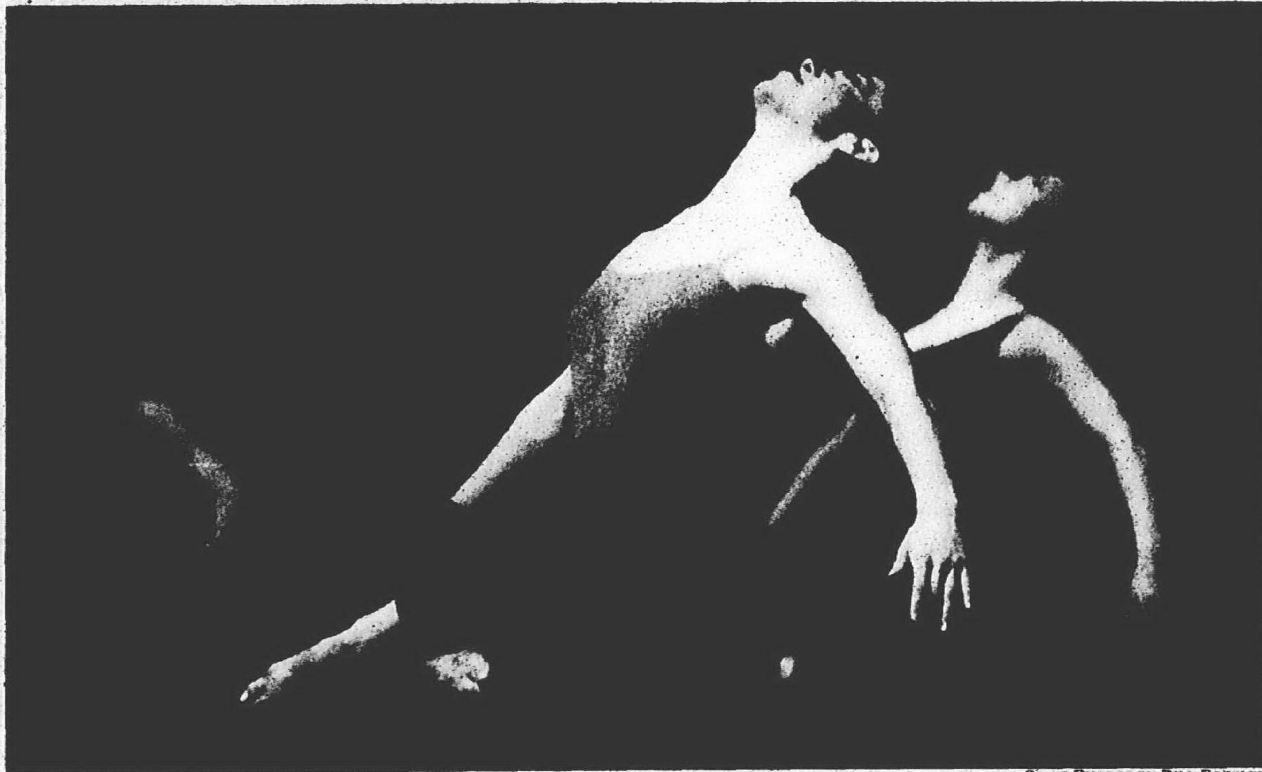
"Martha's work spanned 50 years, during which time she was in the forefront of modern art," says Dakin, who grew up in Ann Arbor and studied dance at the University of Michigan.

Not only did Graham create 181 ballets in her lifetime, she also collaborated with a wide range of artists, including musical composers Aaron Copeland and Samuel Barber, sculptor Isamu Noguchi and actor and director John Houseman.

That's one of the reasons why anyone with an interest in modern art ought to experience Graham's choreography firsthand, says Music Hall President Peggy Tallet. "If you enjoy newer music, if you enjoy modern art — what Graham really does is like mobile sculpture — you'll definitely enjoy this."

True to form, the company's Detroit performances will showcase mostly Graham pieces. Among them, her well-known *Appalachian Spring*, which is set to a Pulitzer Prize-winning score by Copeland, and *Errand Into the Maze*, which takes the Greek myth of Ariadne

Please see PERFORM, C4



STAFF PHOTOS BY BILL BRESLER

Modern dance: (Top photo) Students in Melissa Poli's dance classes at North Farmington express their excitement over seeing the Martha Graham Dance Ensemble perform. (Middle photo) Sebastien Sabatier-Curial and Penny Diamantopoulou cool down after a performance at North Farmington High School. (Photo above) Members of the Martha Graham Dance Ensemble demonstrate the legendary choreographer's techniques.

CONCERT

"All That Jazz"

WHAT: The Plymouth Symphony Orchestra blends classical with the sounds and rhythms of jazz.

WHEN: 8 p.m. Saturday, Feb. 19; 7 p.m. pre-concert chat with director Nan Washburn and composer Harold Farberman. Afterglow hosted by the Outback Steak House, 42871 Ford Road, Canton.

WHERE: Our Lady of Good Counsel Church, 1160 Penniman, Plymouth.

TICKETS: \$12 adults, \$10 seniors/college students, free for students through grade 12. Call (734) 451-2112 for more information.

Plymouth Symphony brings jazz to church

BY LINDA ANN CHOMIN
STAFF WRITER
lchomin@oe.homecomm.net

Pete Siers rarely plays with an orchestra and never in church. But he'll do both when the Plymouth Symphony Orchestra presents its "All That Jazz" concert at Our Lady of Good Counsel Church on Saturday, Feb. 19.

An instructor at Washtenaw Community College and the Ann Arbor Academy for the Performing Arts, Siers will shine on Harold Farberman's "Concerto for Jazz Drummer." Siers, who plays regularly with the Bird Paradise Orchestra, emerged on the jazz scene during his undergraduate years at Aquinas College in Grand Rapids. A native of Saginaw, he moved to Ann Arbor in 1986 to join the Eddie Russ Trio. Throughout the years, he's played with jazz legends such as Mulgrew Miller and Mose Allison. In addition to his

own trio, Siers has become a vital member of the Ron Brooks Trio and the Bess Bonnier Quartet. His first CD "Those Who Choose to Swing," released last April, is a hard hitting jazz record in the style of Oscar Peterson.

"The concerto is very different texturally," said Siers. "It was originally written as a collaborative with Louie Bellson. Although I've never performed the piece, I was excited after hearing it. I'm a huge fan of Louie Bellson."

Farberman's four movements run the gamut of musical styles from classical to jazz.

"The third movement is cow bells, wood block and toy drum," said Siers. The fourth movement has lots of cadenzas and a big drum solo at the end. It's a major piece. The concept for writing it is to have interaction with the orchestra with definite room for the drummer

Please see JAZZ, C4



All that jazz: Pete Siers plays Harold Farberman's drum concerto with the Plymouth Symphony Orchestra.

Ensemble from page C1

with the company. He admired her disciplinarian approach to dance and the fact that Graham "was very poetic even in her speech, her images."

"The ensemble started out as an outreach group and evolved since then," said Topping, artistic director of the ensemble since 1996. "The ensemble comes first to the community to introduce them to Martha Graham, who was a pioneer in modern American dance. For Martha Graham, dance class was not for exercise but to train the mind, body and spirit. The entire technique class is choreographed from beginning to end to prepare dancers for the stage."

Today, Topping was the disciplinarian as he led dancers through a series of bouncing exercises. From the third row of seats, the audience could see every muscle of the dancers' bodies contracting and releasing. Silence prevailed throughout most of the program as students sat in awe of the movements the dancers were able to perform.

"All movement in Graham is initiated from the hips. One of Graham's most inspiring images was the Pieta," Topping told the students as the dancers arched and stretched their bodies in imitation of Christ coming down

from the cross.

"Martha Graham also developed a series of falls. There's a death and a resurrection to each fall. Martha Graham believed that out of emotion came form."

Topping and the dancers continued to demonstrate the basis for the technique through a series of exercises and falls before performing three dances. Based on the story of Adam and Eve, "Dancer's World Duet" was choreographed for a film in 1937. Its tenderness and sensuality left the audience reeling emotionally.

"The Lament," choreographed in 1980, expresses grief. The lead dancer is dressed in a sheet of white fabric that stretches into geometric shapes as she moves her arms and legs into different positions.

"Graham was interested in ritual, and 'Ritual to the Sun,' the next work, has costumes that fit close to the body," said Topping. "Graham and Halston designed the costumes representing golden rays of sunlight. They're close to the body so you see every expression the dancer is making. Martha Graham believed dance revealed the inner landscape of the body and the dancer's body was the celebrant of life."

After changing into street

clothes, Martha Graham dancers Sebastien Sabatier-Curial and Penny Diamantopoulou took a minute to cool down after the performance.

The power of a Martha Graham performance in prompted Sabatier-Curial to leave a career as musician/singer/actor in France to study dance in America. He became a member of the ensemble in January 1997.

"The first time I saw the Martha Graham technique I said this is more than dancing," said Sabatier-Curial. "It is living."

Sabatier-Curial and the rest of the ensemble spend much of the year on the road. The metro Detroit residency is lengthy compared to other cities. The dancers have given presentations at two schools a day for the last two weeks in the outreach program sponsored by Music Hall and Hudson's Project Imagine.

"It's physically easier," said Sabatier-Curial. "We're leaning toward longer residencies rather than traveling one day and performing the next then moving on to the next city."

Diamantopoulou takes the grueling schedule in stride. She left Greece to study at the Martha Graham School of Contemporary Dance in New York

after learning the Graham technique in Greece. Diamantopoulou's ballet training from the age of 3 provided a foundation for further studies. She went on to earn the equivalent of

a bachelor of fine arts degree in dance before leaving Greece. She joined the Graham ensemble in 1996.

"It's a huge responsibility to expose people to modern dance,"

said Diamantopoulou. "We feel we're contributing. You can give the audience something they might not otherwise had. If we can touch just one person."

Inspired from page C1

tery and excitement.

"We all had done ballet and tap in lessons at dance studios for years," said Roshawnda Derrick a sophomore. "This exposed us to a dance we'd never seen. I could feel the emotion by the way they expressed themselves."

Victoria Holley-Foster is making sure students all over the state have the opportunity to see the Martha Graham Dancers. They will featured 10-11 a.m. Thursday, Feb. 17 on a Wayne RESA program broadcast live on the educational access channel.

An arts education consultant for Wayne RESA, Holley-Foster is tying the session into the Michigan Curriculum Framework to help teachers focus on language arts. Dance is a topic close to Holley-Foster's heart. Before taking the job at Wayne RESA, she taught dance for 23 years, the last 10 at Cass Tech in Detroit. That's where she met Poli who was a dance instructor under her supervision.

"Martha Graham is a legend in modern dance," said Holley-Foster. "Students rarely have the chance to be exposed to the art."

This is first year North Farmington High School has offered a dance program, and Poli isn't wasting any time introducing her students to contemporary dance. A master class with a member of the Detroit Dance Collective followed the Martha Graham program.

"As we build the dance program, students will have lots of studio experience so at least everybody gets a chance to take a dance class," she said. "We also plan to have students perform in the community, and also hope to take the group to elementary and middle schools to expose students to dance. We want to put Farmington on the map in terms of dance education."

Dance programs will be introduced at Farmington High School and Harrison High School

over the next few years. Farmington Public Schools music coordinator Paul Barber and North Farmington principal Ron Jones believe dance is a necessary component of a strong arts program.

"It was a vision several years ago," said Jones. "North Farmington was the first to complete a dance studio and we expect next year to have a full program in place."

A member of the Farmington Fine Arts Council, Poli is a graduate of the Wayne State University dance program. She's danced with Detroit City Dance, Dance Nonce and the Detroit Dance Collective and is currently a member of Onyx.

Leah Bruanstein, Kristen Wolff and Elise Liadis, who are all juniors and sophomores, look forward to continuing to dance in the program next year. They've made a new group of friends through the dance classes at North Farmington.

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VAAL MEETING

The Visual Arts Association of Livonia meets 7:30 p.m. Thursday, Feb. 17 at the Jefferson Center, 9501 Henry Ruff, room 16, in Livonia. Guest speaker Peter Gillian will show slides and discuss his work.

For more information, call Marge Masek (734) 464-6772.

ONE-WOMAN SHOW

Redford artist Cheryl Conlin opens a one-woman show of more than 60 paintings, wall sculptures, and animal painted furniture with a reception 6-9 p.m. Friday, Feb. 18 at the Biddle Gallery, 2840 Biddle Ave., Wyandotte.

The show continues through Saturday, March 11. For more information, call (734) 281-4779.

In her paintings, Conlin uses vibrant colors and a surrealist style to convey emotion. Her leopard, tiger and zebra print furniture was one of the reasons she was voted one of eight best young artists by Orbit Magazine and C-Pop Gallery in 1998. She has works at Studio Sixteen in Ann Arbor; the Art Loft, Birmingham; Atrium Gallery, Northville; Gallery FunctionArt, Pontiac, and Village Framing and Art Gallery, Dearborn.

Prices for works in the show range from \$150 to \$1300.

"My newer paintings are looser, a freer flowing style," said Conlin. "I use a lot more texture - sands, gels and crumpled paper."

EMERALD SINFONIETTA CONCERT

Peter Soave will perform as a soloist with the Emerald Sinfonietta Orchestra, under the direction of Felix Resnick, 7 p.m. Sunday, Feb. 13 at the Grosse Pointe War Memorial. Proceeds from the concert will benefit the Venezuelan Disaster Relief Fund.

Soave will perform works by Aldemaro Romero, a Venezuela native, and Astor Piazzolo, a renowned Argentinean composer known for his beautiful tango music.

For tickets and more information, call (313) 438-0780. An afterglow follows the concert at



Drift at sea: Cheryl Conlin's "Ocean of Emotion" is one of the paintings on exhibit at the Biddle Gallery in Wyandotte.

the Ambleside Gallery.

OPERA ENCORE!

Canton Project Arts presents the Verdi Opera Theatre of Michigan 3 p.m. Sunday, Feb. 27 at Summit on the Park, 46000 Summit Parkway, Canton.

Tickets are \$15. For more information or to reserve tickets, call (734) 397-6450.

A special presentation of the history of opera in America precedes the concert at 2:30 p.m. An artists reception follows the concert.

CALL FOR ARTISTS

Oakland Community College's Womencenter is looking for entries for its 14th annual art exhibit, "Our Visions: Women in Art." The exhibit is scheduled for May 8-19 in the Wallace Smith

Theatre Gallery at the college's Orchard Ridge campus in Farmington Hills.

Deadline for entry is April 1. For more information or an entry form, call (248) 471-7602 or write the Womencenter at Oakland Community College, 27055 Orchard-Lake Road, Farmington Hills, MI, 48334.

Visual art (excluding jewelry, performance and video) and poetry are being sought for the exhibit for which cash prizes will be awarded. Jurors for "Our Visions" are Gail mally-mack and Jenny Schmid (visual art), and Carla Harryman (poetry).

OUT OF AFRICA

"Piecing Memories," a quilt show, continues through Friday, March 3 at the University of Michigan Matthaei Botanical

Gardens in Ann Arbor.

Stunning designs and vibrant colors mark the dozen quilts crafted by African American women. Each quilt tells a story and during selected times, interpreters will be available to unleash the secrets in the threads.

Related events:

"An African Adventure" for community groups and Scouts takes place 10 a.m. to 4 p.m. Saturday, Feb. 19. Admission is \$5. The event features a scavenger hunt in the Conservatory, stamp art with African Adinkra stamps, samplings of delicious treats at the Taste of Africa station, and a lesson about the plants of the African American heritage, then take a peanut plant home and watch it grow.

CHILDREN'S CONCERT

The Phoenix Ensemble join the Gemini brothers for a magical, musical concert for children and the whole family 3 p.m. Sunday, Feb. 20 at the Michigan Theater, Ann Arbor.

The festivities begin at 2 p.m. with an instrument petting zoo in the lobby.

Tickets are \$15 adults, \$10 students/children, and available by calling (734) 763-8587 or (248) 645-6666.

COLLAGE CONCERT

Henry Ford Community College's fifth annual President's "Collage" Concert 7 p.m. Sunday, Feb. 20 at Orchestra Hall, 3711 Woodward Ave., Detroit, will feature performances by HFCC's award-winning instrumental and vocal groups. Tickets are \$15, call (313) 845-6470.

The 250 musicians who are performing represent some of the college's best musical talent. "Our past and present audiences can expect near perfection by the musicians and a variety of tunes familiar to everyone," said Rick L. Goward, director of instrumental music at HFCC. In keeping with the definition of the word "collage," the musical performances will include favorites from classical to rock to pop. The instrumental music groups that will perform include the Big Band, Studio 110 Jazz Orchestra and Symphonic Wind Ensemble. Vocal music group performances will feature the Renaissance

Voices, Vanguard Voices, Evergreen Blues, Blue Fusion and the HFCC Concert Choir.

RUSSIAN ART

Modernism and Post Modernism: Russian Art of the Ending Millennium, an exhibit curated by Alexandre Gertsman at the Elaine L. Jacob Gallery, 480 W. Hancock on the Wayne State University campus in Detroit, opens Friday, Feb. 18.

Reception 5-7:30 p.m. followed by a panel discussion with Alexandre Gertsman, Irina Nakhova, Michael Odnorolov and Anatole Senkevitch in the Music Recital Hall (adjacent to the gallery). The exhibit continues through Thursday, March 30. Hours are 10 a.m. to 6 p.m. Tuesday-Friday, 11 a.m. to 5 p.m. Saturday. For more information, call (313) 993-7813.

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Travel Packages Antiques & Collections Housewares

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Bring spring inside and beat the winter blues

REAL DEAL



CARI WALDMAN

While you can't hurry along spring's warm sunshine and dewy rains, you can rid yourself of the winter doldrums with a few decorative touches inside your home.

There are an abundance of simple and affordable ways to add zip to the familiar gray spaces in your home.

So, instead of burying your head under the covers and waiting for the birds to chirp, enhance your surroundings and lift your spirits!

Pay Attention To the Light

"Washing away the winter blues can be as simple as changing shades on a chandelier or lamp," says Gail Crawmer, interior designer at La Belle Provence in downtown Birmingham. "For \$28, you can instantly add warmth to a room and change the light in your life," says Crawmer, referring to La Belle Provence's eclectic collection of decor elements.

And, how about a dose of bright light in addition to a few decorative pieces to recharge your spirits? Try placing a few natural spectrum light bulbs in strategic places in your home. Like sunshine inside glass, they'll do the trick at \$12.99 at Linens 'N Things.

Let Your Bedroom Bloom

Give your bedroom a summer-cottage feeling with the new Shabby Chic home furnishings and accessories line at Mervyn's California stores. The retailer's tea-stained, floral cotton sheets were among my favorites in the collection, which was designed for easy mixing and matching throughout the home.

For a romantic bed-and-breakfast look, try twisting burgundy or spring rose garlands around your bed frame. The lively garlands can be found at Bed, Bath & Beyond for \$5.99.

For another unexpected change, experiment with them on the mantel in your living room or around the shower rod in your bathroom.

Look underfoot

It's often the last place you look, but sometimes what's beneath you needs more help than any other area of your home.

Oriental rugs are in abundance right now at Marshall's stores. They're a classic choice and will bring color and warmth to any room.

I also found great style and affordable prices in rugs at TJ Maxx, Pier One and Home Depot. Look for plush cabbage rose designs, garden vegetable motifs and asymmetrical patterns in luscious pinks or warm caramel tones.

Candlelight Magic

Candles not only bring light, a warm glow and uplifting scents into the home but also act as interesting decorative details for the eye.

When setting out your candles, mix and match shapes, colors and heights. Consider using unusual containers, too. All of these techniques will increase the aesthetic interest of candle displays.

For instance, you might float candles or flowers in antique glasses in a bedroom or bathroom. Also, look for aromatherapy candles. Their invigorating scents and stress-relieving properties will do you good. Besides, they're cheaper than a vacation!

Cari Waldman is free-lance writer and stylist who lives in West Bloomfield. Please send your shopping and style questions to Cari at OERealDeal@aol.com



STAFF PHOTO BY JIM JAGDFELD

Helping out: Connie Koss, manager of the Women's Health Boutique in Lathrup Village, is coordinating local efforts to raise funds for the Dream Fulfillment Fund, which gives victims of breast cancer a chance to fulfill life-long dreams. Old bridal gowns may be donated to the store for the Oregon-based program during the entire month of February. The gowns will be sold on the resale market to fund the program, which has so far granted the wishes of 11 women with breast cancer.

Something old and a dream

Dress donation program helps cancer victims

BY KEN VAN STEENKISTE
STAFF WRITER

For Connie Koss, manager of the Women's Health Boutique in Lathrup Village, the idea of improving the lives of breast cancer victims has special significance.

Like many of us, Koss saw both a friend and a family member struggle with the disease.

Thanks to a special project known as the Dream Fulfillment Fund, Koss, along with many women from the metropolitan Detroit area, will get a chance to help victims of breast cancer lead a better quality of life while they are here.

Much like the popular Make-A-Wish Foundation for children with terminal illness, the Dream Fulfillment Fund lets women with breast cancer, a particularly deadly form of the disease, embark on adventures and satisfy life-long dreams.

All this month, the foundation is sponsoring a special event to raise money for the program. The foundation is asking women to donate their wedding gowns — dresses that may just be gathering dust in attics and closets — for resale throughout the country later this year. Sales of the dresses will benefit the Dream Fulfillment Fund.

Koss and the Women's Health Boutique, which sells prosthetics and other products for women who have undergone mastectomy surgery to treat breast cancer, is coordinating local efforts and putting out a call for support.

The store, located at 26612 Southfield Road, is a local drop-off point for the gowns. Employees at the store will collect the gowns, as well as, veils throughout February before wrapping them and shipping them off to Portland.

At the Women's Health Boutique more than 30 gowns have already been donated.

However, Koss and other employees at the store are eager to bring in more. "This is a way to make one final happy memory" for breast cancer victims, said

Koss.

The project is run by the Portland, Oregon-based non-profit group Making Memories Breast Cancer Foundation. It was founded in 1998. The organization's first wish fulfillment project came last summer when it organized a family reunion for a Georgia woman. So far the group, which is staffed entirely by volunteers, has fulfilled 11 wishes.

The gowns that Koss takes in should fetch between \$150 and \$300 on the resale market after being cleaned and repaired as necessary. Sales will be held in major cities throughout the United States in late spring, although one in the Detroit area has not been scheduled, Koss said.

Making Memories founder Fran Hansen said she first got the idea for the Dream Fulfillment Fund after a bout with breast cancer three years ago.

In trying to find other breast cancer victims for support, Hansen became aware of the disease's devastating effects on the lives of its victims and their families.

"I found that most of the women were financially needy because the cancer had drained all their resources and their ability to work. It just broke my heart, I thought 'there's got to be a way to help these ladies,'" said Hansen, who owned a chain of bridal boutiques at the time.

The answer came to her in a late-night revelation.

"It just came to me in the middle of the night. I thought it was a good idea because it also helps women who can't afford a new gown," she said, adding the organization is still looking for more sponsors, particularly corporations who will underwrite the Dream Fulfillment Fund.

For more information on Making Memories and the Dream Fulfillment Fund, call (503) 252-3955. To contact the Women's Health Boutique, call (248) 552-0606. Gowns may be dropped off at the store 10 a.m.-5:30 p.m. Monday-Friday. Extended hours can be arranged by contacting the store ahead of time.

Retail, style and special store events are listed in this calendar. Please send information to: *Malls & Mainstreets*, c/o *Observer & Eccentric Newspapers*, 806 East Maple, Birmingham, MI 48009. Fax: (248) 644-1314. Information must be received by 5 p.m. Monday for publication the following Sunday.
SUNDAY, FEBRUARY 13

VALENTINE JEWELRY SHOW
Neiman Marcus, the Somerset Collection in Troy, hosts a special showing of jewelry by David Yurman in celebration of Valentine's Day through Feb. 14, 10 a.m. to 4 p.m., Designer Jewelry, first floor. For more information, call (248) 643-3300.

PUPPET SHOW
Wonderland Mall in Livonia presents Father Millennium's Zero Show, produced by the Heiken Puppets, Food Court. Shows start at 1 p.m. and 3 p.m. For more information, call (734) 522-4100.

BRISCAUR SHOW
Livonia Mall, at Seven Mile and Middlebelt roads, presents "Mystery of the Lost Dinosaur" for children and their families, throughout the mall. For additional information, call (248) 476-1180.

ADDED ATTRACTIONS

KAREN NEWMAN APPEARANCE
Local talent and celebrity Karen Newman visits Hudson's Lakeside location in Sterling Heights to sign autographs and talk with shoppers, 2:30 p.m., Men's Department.

WARM AND FUZZY STORIES
Borders Books & Music, 30995 Orchard Lake Road in Farmington Hills, hosts a special story-telling session for kids, age 4 through 8, 2 p.m. For more information, call (248) 737-0004.

DOLL FASHION SHOW
The "We Love Barbie" doll fashion show returns to the Plymouth Cultural Center, 525 Farmer Road in Plymouth. The show features vintage, collectible and custom-designed Barbies and accessories, 11 p.m.-4 p.m. Admission is \$5 for adults and \$2 for kids age 4 through 12. For information call, (734) 455-2110.

MEN'S AND HOME FASHION SHOW

Hudson's will show off its new Men's and Home store at Lakeside Mall in Sterling Heights with a fashion show. See the latest looks, from blazers to bedding. The event will be hosted by Karen Newman, 2 p.m. and 4 p.m.

THURSDAY, FEBRUARY 17

ARTS AND CRAFTS SHOW
Westland Shopping Center, 3500 W. Warren, is offering a wide variety of arts and crafts with the theme "made in America." The show will run during regular mall hours and feature professional artisans' wares, including paintings, stained glass, wood crafts, jewelry and needlepoint, through Feb. 20. For information, call (734) 425-5001.

FRIDAY, FEBRUARY 18

PRETZEL-ROLLING CONTEST
Auntie Anne's pretzel shop at Great Lakes Crossing mall in Auburn Hills holds a pretzel-rolling contest for kids. Participants will receive prizes and favors, 4:30-6:15 p.m. For more information, call the mall at (248) 454-5010.

Traveling side roads of the Mountain State almost heaven

Almost heaven...
Country roads take me home
To the place I belong
West Virginia...
- lyrics from a John Denver
hit song of 1971

BY DOUG JOHNSON
STAFF WRITER

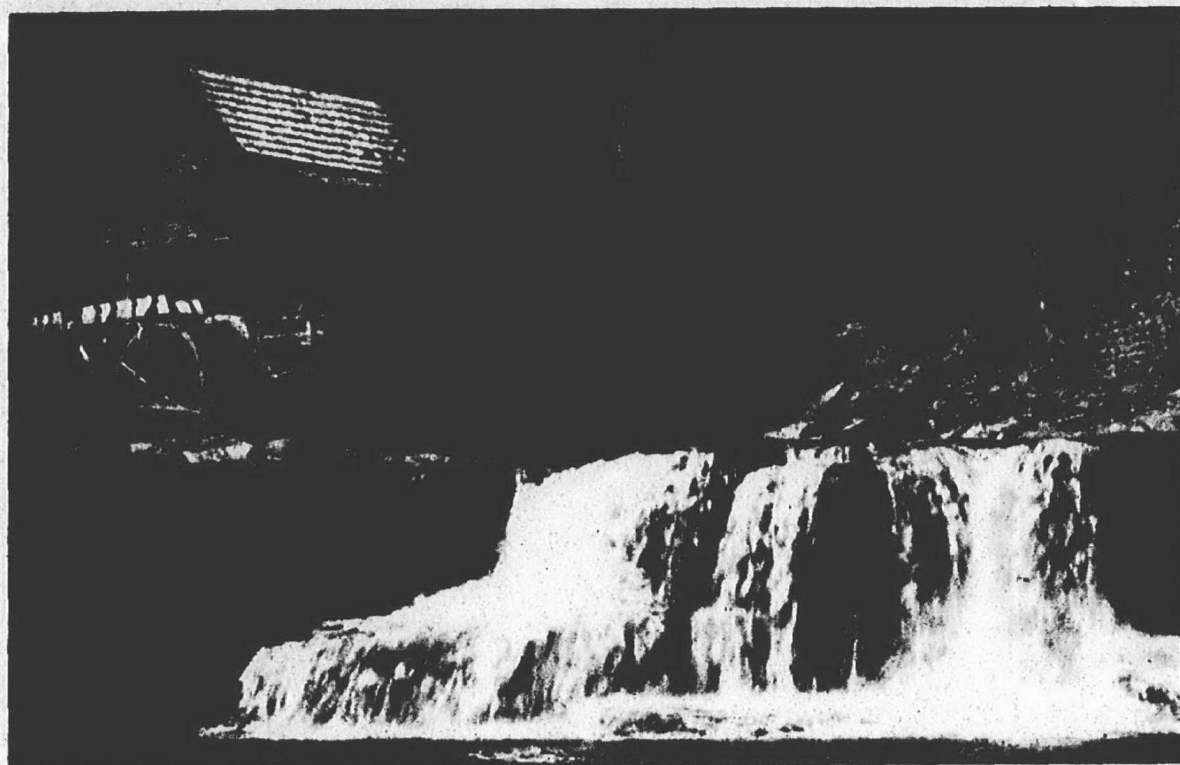
Take mountainous State Highway 20 south and east of Beckley, West Virginia, to the railroad/river town of Hinton, cross the New River and follow the narrow half-paved, half-dirt National Park Service Road up to Sandstone Falls.

Here you are at one of the few waterfalls in the world where you can walk out to the middle of the river to get a better look. The falls only tumble about 30 feet but at this point the river is five football fields wide. Anglers stand in the deep pools at the fall's base. Youngsters brave the cool waters to perch on the fall's edge.

It's just one of many spectacular views in the Mountain State.

As you crisscross the state you are struck by West Virginia's rugged beauty, its well-maintained roads, and the wondrous state parks, but most off all it's the state's rural nature that highlights the sharpest contrast for those of us who live in southeastern Michigan.

Two of the state's biggest cities: the capital, Charleston,



PHOTOS BY DOUG JOHNSON

Most photographed: A grist mill and waterfalls make a picture-perfect scene at Babcock State Park.

and nearby Huntington are each less than half the population of Livonia.

And the state's violent history echoes down through the years: the raid at Harpers Ferry; the split with Virginia that led to the

creation of the non-slave state at the height of the Civil War; the bloody Hatfield and McCoy feud; the coal field wars recently depicted in the film "Matewan," the coming to prominence of such labor figures as John L. Lewis and "Mother" Jones, the angel of the coal fields; the horrible mine and flood disasters.

Back at Beckley you can get a feel for what it was - and is - like to work the coal mines if you stop at the Beckley Exhibition Coal Mine.

The hourlong tour takes you on a ride inside an authentic coal mine on "man trip" cars. Real miners take you through the history of coal mines and you see the rich seams of coal.

The mine is open April 1 to Nov. 1; tours run from 10 a.m. to 5:30 p.m. Also at the site are a gift shop, small museum, campground, coal company house, and

superintendent's house.

North from Beckley near Fayetteville you cross the famous New River Gorge bridge. Once a year (in October) B.A.S.E. jumpers leap off the span and drop the 900 feet to the river below.

B.A.S.E. stands for building, antenna, span, earth, fixed objects from which jumpers leap or rappel.

If you're not interested in extreme sports chose any other day. Stop by the Park Service's visitor center and pick up the official map for the New River Gorge National River. Many side roads are clearly marked and with some care you can take a narrow, dirt one-way road to the bottom of the gorge.

Above looms the impressive 3,000-foot steel span. At your feet is a tranquil spot in the river. A brief but tricky hike across a boulder field upstream

leads you to a patch of whitewater. In early April wetsuits are worn by river runners despite 80 degree air temperatures.

Other roads wind down into the river gorge; at one point you cross the New River on a one-way bridge that also contains a set of railroad tracks. It's river-running the New, the Gauley and the Cheat rivers that has helped boost tourism in West Virginia.

If you want you can take jet-boats in the summer on a portion of the New River near Hawks Nest State Park (304 469-2525).

A swing up from the big bridge on U.S. 19 to U.S. 60 then south to Babcock State Park brings you to another scenic gem. With some hyperbole they say the Glade Creek Mill and water falls in the park are the "most photographed mill (and water falls) in the United States." True or not, the mill and falls are a photographer's delight and are easily accessible.

Another surprise is the impressive waterfalls at Blackwater Falls State Park on the eastern edge of the state. Numerous stairs lead to the falls on the west side of the river, but an easy walk gives you a high view from the east side. A quick run over to the eerie Seneca Rocks monoliths yields yet another facet of the state.

Here are some other routes or destinations to consider:

The drive down State Highway 55 from Elkins south to Interstate 64; beautiful valleys, rivers and mountains can only be matched in the American west.

A stop at Tamarack near Beckley where the "Best of West Virginia" is showcased is highly recommended. Fine arts and crafts are featured, but the best part is a superb food service operation run by the folks from The Greenbrier, a noted five-star resort at White Sulphur Springs.

A trip south of Beckley to Twin Falls will take you deep into coal country; railroad cars loaded with the black rocks chug

For an interesting but brief history of the state try "West Virginia" by John Alexander Williams, W. W. Norton, publisher.

For a list of white water runners, go to www.whitewater.com. The main West Virginia site is www.wvonline.com. Also, wvparks.com. The main state site is www.state.wv.us/tourism. The National Park Service's Web site for the New River is www.nps.gov/neri. A very complete list of links to almost every Web site in the state can be found at www.polsci.wvu.edu/wv/wvlinks

The state's toll free phone is (800) 847-4898.

You may find cheaper motel rates at places like Oak Hill and Fayetteville than at Beckley.

It takes less than one day to get to the Ohio/West Virginia border; most people take the Ohio Turnpike in Toledo over to southbound Interstate 77.

alongside quiet rivers, roadways taking you through small towns filled with frame houses and the ever-present house trailer.

On the return trip home stop at Parkersburg along the Ohio River and check out the flood walls. Drop in for a meal at the restored Blennerhassett Hotel where they have been taking care of visitors for 102 years.

Nearby is Williamstown and the home of Fenton Glass where they offer tours and demonstrations. West Virginia is noted for glass. One of the more famous plants is in Milton west of Charleston on I-64. Blenko Glass and their artisans were featured on a recent PBS show.

A bloody history and a daunting terrain have combined to create West Virginia.

Mary Harris (Mother) Jones called the place "medieval." It wasn't "almost heaven" to her but it drew her back many times over a period of 40 years - much as it draws visitors today.

Doug Johnson is a retired Livonia teacher who lives with his wife in Plymouth.



Downstream: A raft full of boaters crashes through the whitewater near the New River Gorge bridge.

Celebrate Mardi Gras

Indulgence is... Shopping!

Shop Laurel Park Place once each week from February 14 through Mardi Gras (March 7) and we'll reimburse one of your shopping trips!

In celebration of Mardi Gras, Laurel Park Place is helping you indulge in shopping! Shop each of the three weeks designated below and you will receive a Laurel Park Place gift certificate worth the value of your lowest weekly receipt! Plus, you can enter to win a trip for two to New Orleans including airfare, accommodations in the historic French Quarter, a shopping spree and more!

Here's how it works. Simply make a purchase of \$35.00 or more each of the following weeks and you will receive a strand of Mardi Gras beads:

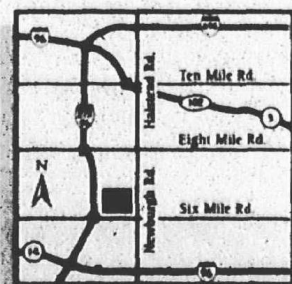
- February 14 - February 20: purple beads
- February 21 - February 28: green beads
- February 29 - March 7: gold beads

Bring the beads and your receipt to the Mardi Gras cart near Center Court to redeem them. When you have one strand of beads, you'll be eligible to enter to win the trip to New Orleans. Two strands of different colored beads: you'll be eligible to enter to win the New Orleans trip and receive a coupon for a free jerked shrimp appetizer at the Real Seafood Grill with the purchase of an entree. Three strands of beads (one of each color): you'll be eligible to enter to win the New Orleans trip and you'll receive a Laurel Park Place gift certificate worth the value of your lowest weekly receipt!

*Theater, hotel purchases and Laurel Park gift certificate sales excluded. Only one receipt allowed from a department store. Receipts cannot be combined. All beads must be accompanied by a receipt. Additional rules and regulations also apply and are available at the Mardi Gras cart or the Management Office.

Don't miss these special Mardi Gras events!

Saturday, February 19	11am-3pm: Alan Barnes jazz trio
1pm-5pm: Real Seafood Grill Cajun-style food sampling	
5:30pm-8pm: Hooping, jazz and reggae	
Saturday, February 25	11am-3pm: Alan Barnes jazz trio
1pm-5pm: Children's face painting and mask decorating	
5:30pm-8pm: Caricature artists	
Saturday, March 4	11am-3pm: Alan Barnes jazz trio
1pm-5pm: Children's face painting and mask decorating	
5:30pm-8pm: Caricature artists	



Laurel Park Place

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Over 70 exceptional stores, services and restaurants conveniently located in Livonia on Six Mile, just one-quarter mile east of I-275.

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NEWSPAPERS

COOKING CLASS CALENDAR

Send items for consideration in Cooking Class Calendar to Ken Abramczyk, Observer Newspapers, 36251 Schoolcraft, Livonia, MI 48150, or e-mail kabramczyk@oe.homecomm.net.

Kitchen Glamor features Signature Recipes of Michigan Five-Star Chefs at Kitchen Glamor, Orchard Mall, northeast corner of Maple and Orchard Lake in West Bloomfield. All celebrity chef sessions on Sundays begin at 12:30 p.m. The remaining one-day session in February features Chef Brian Polcyn, Five Lakes Grill of Milford, Sunday, Feb. 20. March sessions include Chef Derin Moore of the Golden Mushroom Restaurant and Jim Barnett, corporate chef of

Unique Restaurant, including Morels and Northern Lake Seafood Co. Polcyn will demonstrate the preparation of Maryland crab cakes on roasted red pepper and crispy potatoes, citrus marinated salmon with confit of oranges and pea jus, pan roasted breast of squab with foie gras, Swiss chard and oven dried figs and Indian pudding with butterscotch sauce. On Sunday, March 5, Moore will instruct how to prepare finnan haddie and potato brandade with zucchini and oven roasted tomato coulis, roast veal loin on fresh braised artichoke and wild mushroom confit, garlic dumplings and cardamom jus, warm pineapple rum cake and ginger cinnamon creme anglaise. On Sunday,

March 19, Barnett will feature tea-cured salmon gravlox, with potato galette, cucumber and sweet onion salad with dill creme fraiche, chanterelle and barley risotto with pan-roasted duck breast, huckleberries and red wide jus lie and bittersweet chocolate pot creme. The Celebrity Chef Series also features Joanne Weir, cookbook author, food writer and PBS television celebrity, at 6:30 p.m. Monday, March 20, and Tuesday, March 21, in a one- or two-day session. Weir will feature recipes between the two sessions, including white winter salad with a hint of green oven roasted beet soup, pizza with smoked trout and caviar, salmon with asparagus and blood oranges on March 20, and crostini with artichokes and olives, asparagus with lemon creme fraiche and linguine with goat cheese and argula on March 21.

Kitchen Glamor also conducts sessions with cooking instructors at the Novi and Redford stores. This week, Dolly Matoian will show how to prepare the perfect Spanish paella, Armenian pilaf and rice pudding. Class is scheduled for 6:30 p.m. on Tuesday, Feb. 15, at the Novi store in the Novi Town Center (southeast of the Novi Road exit at I-96) and Wednesday, Feb. 16, at the Redford store, 26770 Grand River. Next week, Lirida Kay Drysdale will show techniques for creating a fresh lemon glazed cake, winter joy marmalade, orange pineapple bars and easy lemon squares. Sessions are scheduled for Tuesday, Feb. 22, in Novi and Wednesday, Feb. 23, in Redford. Call 1-800-641-1252 for information.

Continuing Education Classes
Schoolcraft College: European Bread Making, 5-10 p.m., Monday, Feb. 14 and 21; Thai Cuisine at Home, 6:30-8:30 p.m., Monday, March 13 and 20; Also, Pasta Cookery, 6-9 p.m., Thursday, March 16 and 23. Quick Easy Meals, 6-10 p.m., Monday, April 3; Outdoor Grilling and Entertaining, 5-10 p.m. Monday, April 17 and 24; and Buffet and Hors D'oeuvres - Hands On!, 5:30-9:30 p.m., April 20 and 21.

Flavors never grow old in these timely favorites

See related story on Taste front. Recipes compliments of Kelli Lewton

DESIGNER PIZZA (1980s)

- 1 (approximately 12 ounces) fully baked pizza crust
- 1 tablespoon extra virgin olive oil
- 2 garlic cloves, roasted and ground into paste
- 3/4 grated mozzarella cheese
- 1/4 cup crumbled feta cheese
- 1/4 cup grated Parmesan cheese
- 1/2 cup sliced artichoke hearts
- 1/2 cup diced plum tomatoes
- 1 cup thinly sliced cooked duck or chicken breast
- 1 onion, diced and sauteed until caramelized in color
- 1/4 cup reconstituted sun dried tomatoes, sliced thin
- 1/8 cup finely chopped herbs-basil, parsley, and oregano
- 1/8 cup Parmesan cheese

Preheat oven 450° F. Mix olive oil, roasted garlic and 1/2 of herbs, mix with pinch of salt and fresh pepper. Spread over baked pizza crust. Mix the mozzarella, feta and Parmesan cheeses. Sprinkle 3/4 of cheese mixture. Arrange artichoke hearts, tomatoes, duck or chicken, onion and sun-dried tomato toppings. Sprinkle remaining herbs on top. Sprinkle remaining cheese and additional Parmesan cheese.

Bake pizza approximately 15 minutes until edges brown and cheese is golden in color. Slice into desired slices. Yields 10-14 slices.

REALLY GOOD MEATLOAF (1930s)

- 4 tablespoons olive oil
- 1/4 cup small diced celery
- 1 large onion, diced
- 1 green pepper, diced
- 2 tablespoons brown sugar
- 3 tablespoons fresh chopped parsley
- 1 pound lean ground beef

Go ahead: Wolf down these snacks

See related story on Taste front. These snacks are a nice healthy alternative to potato chips or other salty snacks you or your children may consume during the day.

The Cereal Puffs recipe was created with kids in mind, and it received rave reviews from four who tried it. It's sweet, like a Rice Crispy Treat, but also has some extra vitamins and nutrients, and no fat.

CEREAL PUFFS

- 2 cups mini marshmallows
- 1/3 cup chocolate-flavored Carnation Instant Breakfast
- 4 cups unsweetened Rice Puffs cereal (Wheat Puffs are good, too)

Put marshmallows and Instant Breakfast into a large, microwavable bowl. Microwave on high for about 1 minute. The marshmallows will puff up. Add cereal and mix until cereal and marshmallow/instant breakfast mixture all sticks together. Form into balls, about the size of a golf ball. Makes approximately 28 puffs.

Nutritional information per serving: 24 calories; protein, less than 1 gram; fat, less than 1 gram; carb., 5.5 grams; sod., 5 mg.; calories from fat, 1.52 percent.

PARMESAN WALNUTS

- 1 1/2 cups walnut halves
- 1 tablespoon butter or margarine, melted
- 1/4 teaspoon seasoned salt
- 1/4 cup grated Parmesan cheese

Heat oven to 350 F. Spread walnuts in shallow baking pan; toast in oven for 10 minutes. Stir together butter and salt; toss lightly with walnuts. Sprinkle cheese over top; stir. Return to oven and heat three to four minutes or until cheese is melted. Makes 1 1/2 cups for six 1/4-cup servings.

Nutritional information per serving: 240 calories; protein, 8.7 grams; fat, 22 grams; sod., 211 mg.; carb., 5 grams; 83.4 calories from fat.

- 1 pound lean ground pork
- 1 (14-ounce) can crushed tomatoes
- 3 large eggs
- 1-cup fresh bread crumbs
- 2 teaspoons salt
- 1 teaspoon pepper
- 1/2 cup chili sauce

Preheat oven at 350° F. Heat olive oil in saute pan. Saute onion, celery and green pepper for 2 minutes, add brown sugar and heat for an additional minute.

Mix remaining ingredients, fold in onion-and-celery mixture, mold into 10- by 5-inch loaf pan and bake for 35 to 40 minutes.

OAT BRAN MUFFINS (1980s)

- 1 1/2 cups oat-bran cereal
- 1 cup wheat-bran cereal
- 1/2 cup whole wheat flour
- 1/2 cup unbleached flour
- 1 teaspoon baking powder
- 1 teaspoon baking soda
- 1/2 cup firmly packed brown sugar
- 1 egg
- 2 egg whites
- 1/4 cup vegetable oil
- 1/2 cup buttermilk
- 1/2 cup vanilla yogurt
- 1/8 teaspoon salt
- 1/4 teaspoon cinnamon
- Pinch of nutmeg

Preheat oven to 400° F. In mixing bowl, combine cereals, flour, baking powder and soda. In separate bowl, beat together brown sugar, egg, egg whites, oil and buttermilk.

Lightly stir buttermilk mixture into dry ingredients just until moistened. (Do not over mix.) Spoon batter into lightly greased or paper-lined muffin cups, filling cups full. Bake for 15-20 minutes.

Makes 12 large muffins, each with more than 4 grams of dietary fiber.

HOT, HOMEMADE PRETZELS

- 1/8 cup hot water
- 1 package dry yeast
- 1 1/3 cup warm water
- 1/3 cup brown sugar
- 5 cups flour
- Extra flour
- Kosher salt
- Baking soda

Mix hot water and yeast in large bowl. Stir in warm water and brown sugar. Slowly add 5 cups flour, stirring constantly until smooth and doesn't stick to sides of bowl. Put dough on a lightly floured board. Dip your hands in extra flour. Knead the dough until it is stretchy and smooth. Push it down and away from you with the palms of your hands. Turn the dough as you work.

Grease two cookie sheets very well. Sprinkle each with coarse kosher salt. Set sheets aside. Pinch off a piece of pretzel dough about the size of a golf ball. Roll it out long and thin and then shape into a pretzel. Repeat with all dough.

Preheat oven to 475 F. Fill a frying pan with water. For each cup of water in the pan, add one tablespoon of baking soda. Bring water to a gentle boil.

Use a spatula to lower each pretzel into the frying pan. Let pretzels boil for 30 seconds before lifting them out to greased and salted cookie sheet.

Repeat until all pretzels have been boiled. Sprinkle more salt on top of pretzels and bake about 8 minutes, until golden. (Be sure to watch the pretzels carefully, so they don't burn.)

Best eaten when warm! Makes 24 pretzels. Nutritional information per serving: (This analysis excludes the salt that you sprinkle on the pretzels.) 390 calories, protein, 11 grams; fat, 1 gram; sod., 4 mg.; carb., 83 grams, percentage calories from fat, 2.5 percent.

Recipes of HDS Services

Snacks from page D1

choose the quickest and easiest snack they find, which often can be of poor nutritional quality.

Plan snacks

Plan for after-school snacks when you do your weekly shopping. Place portions in a serving dish and post daily selections on your kitchen message board.

Consider the following:
 ■ Keep snacks small. You don't want to end up eating gigantic portions of food plus your "regular" meals.
 ■ Serve snacks on a dish to control the amount you consume. It is hard to know how many crackers you've eaten when you just keep digging them out of the box.

■ Consider saving food from your meal to eat as a snack later on.

■ Snack only when you are truly hungry, not when you're

bored, angry or stressed.
 ■ Keep high-fat, low-nutrient foods out of the house, or buy them in tiny quantities, and measure portions.

■ Include some special treats with your meals on occasion. If you have a few chips with your sandwich at lunch you might be less likely to choose chips as a snack later on. Don't "deprive" yourself of special treats, just eat them sensibly.

■ Understand your snacking urges. If you like crunchy stuff, try bread sticks, rice cakes or pretzels rather than potato chips. If you crave sweets, choose dried fruits, graham crackers, or fig bars rather than a candy bar. If you're looking for something smooth and creamy, try low-fat yogurt instead of processed cheese. If a frozen confection sounds good, choose fruit juice bars or sorbet rather than ice

cream.
 So, snack animals - whether you like to graze all day like a horse or munch a little here, a little there - snacking can be a nutritious and healthy way to eat!

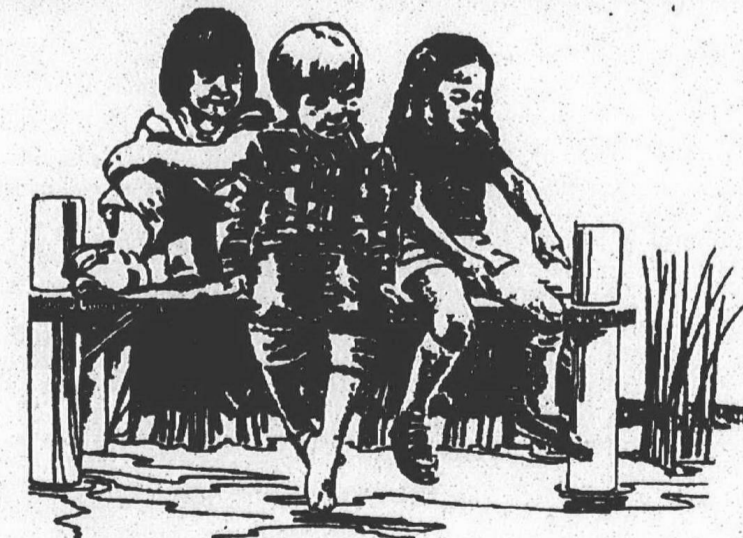
Peggy Martinelli-Everts, who describes herself as "a lion" whose favorite snack is Wheaties cereal with milk, is a resident of Clarkston, a registered dietitian and director of clinical operations for HDS Services, a 34-year-old Farmington-Hills based food service and hospitality management and consulting company, specializing in food service management for hospitals, long-term care facilities, businesses, private clubs and private schools.

See recipes inside.



Joe's Produce
 has a variety of
Valentine Candy
 &
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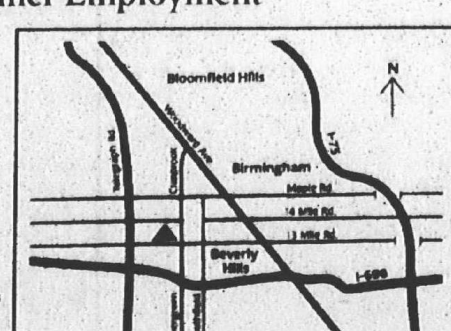
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Americans consume 2 billion pounds of chocolate annually



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This is for all the chocolate lovers. Chocolate is one of the world's most far-reaching passions.

The chocolate epidemic causes the typical American to consume approximately 12 pounds per year, putting the U.S. total consumption of chocolate at two billion pounds annually.

Not only does chocolate fuel an addiction-like desire, people talk about it endlessly and even dream about it.

Neuropharmacologists have found in studies marijuana-like properties in chocolate along with two related chemicals that have been linked to treating many ailments, including depression. And, dark chocolate contains two to three times as much of these substances per ounce as milk chocolate. Eating high-fat, chocolate foods can trigger the brain's production of natural opiates.

Adam Drewnowski, director of the University of Michigan's Human Nutrition Program, discovered that when binge eaters used a drug that blocked the brain's opiate receptors, their cravings for sweet, fatty foods diminished.

On the down side, chocolate can cause migraines, acne, obesity, dental cavities, and heartburn. Two chemicals in chocolate, theobromine and caffeine, are implicated in fibrocystic breast disease.

On the up side, stearic acid, one of the fatty acids in chocolate, can actually lower cholesterol. Chocolate also contains powerful antioxidants, similar to those found in fruits and vegeta-

bles. Chocolate also contains magnesium. It is thought that if you crave chocolate, your diet may be deficient in magnesium!

Chocolate contains a small amount of caffeine — about 15 milligrams per ounce, as compared with 137 milligrams found in a cup of coffee — but it doesn't take a lot of caffeine to cause an addiction.

Actually, one of the reasons people become hooked on chocolate is because it contains phenylethylamine, a chemical produced naturally by the brain, which makes you feel good. Your body in large amounts also produces phenylethylamine when you fall in love or have a "mad" crush on someone cute at the office. Well, guess what? Chocolate can help you reproduce that feeling so you don't have to do anything too irrational.

True chocoholics know that when they deeply crave chocolate, the inexpensive, low-quality stuff just won't do the trick. These connoisseurs want the finest in chocolate.

Lisa Smith of Farmington Hills feels that her need for chocolate is physical. "I can eat 100 other things, and nothing will satisfy me until I eat my chocolate." What is Lisa's favorite kind of chocolate? Suchard Rocher, a chocolate that she purchased last summer while visiting Paris.

Judy McGuire, owner of Sydney Bogg, divulged that Valentine's Day is her single busiest day of the year, with Turtles as her best-selling year-round item. "Chocolate is everyone's 'feel good' food," she says. And Sydney Bogg chocolate tastes so good because only the purest ingredients are used in the making. Pure ingredients make it taste finer.

Coming from a true chocoholic, tricks to satisfying your choco-

late affection can include chocolate syrup, which has 36 calories and 0.2 grams of fat per tablespoon as compared with chocolate fudge at 73 calories and 2.8 g fat per tablespoon.

Try a chocolate phosphate (or soda) at your favorite deli or if you are real adventurous, White Wave has Chocolate Silk, which is a chocolate soy milk. Prepare treats such as chocolate brownies and cookies with cocoa powder (10 calories and 0.5 grams of fat per tablespoon of powder) and Wonderslim Fat and Egg Substitute. (Wonderslim is actually pureed plums and prunes, which is a healthy, fat-free alternative to butter or shortening.)

Enjoy mocha at Caribou (90 calories and 1.5 grams of fat per shot) or at Starbucks (70 calories and 2 grams of fat per shot). Both of these popular coffeehouses even have soy milk to boot. For those of you who like that creamy comfort feeling, try chocolate pudding made with Mori nu tofu and Mori nu Mates. You'll never believe you are eating tofu once this mixture is combined, and the fiber keeps you full for quite awhile.

There is nothing wrong with enjoying a small amount of chocolate occasionally. Just save it for when you really want it — like on Valentine's Day!

Beverly Price is a registered dietitian and exercise physiologist. She operates Living Better Sensibly, a private nutrition practice in Farmington Hills that offers programs for individuals and corporations. She is the co-author of "Nutrition Secrets for Optimal Health," Tall Tree Publishing Company. Visit her website at www.nutritionsecrets.com.

Look for her column on the first Sunday of each month in Taste.

Here are some lowfat chocolate recipes:

CINNAMATI CHILI

- 1 quart water
- 1 pounds ground meat substitute, such as Morningstar Farms Harvest Burger, broken into smaller pieces
- 2 medium onions, finely grated
- 2 cans (8 ounces each) tomato sauce
- 5 whole allspice
- 1/2 teaspoon red pepper
- 1 teaspoon cumin
- 4 tablespoons chili powder
- 1/2 ounce unsweetened chocolate
- 4 cloves garlic
- 2 tablespoons vinegar
- 1 large bay leaf
- 5 whole cloves
- 2 teaspoons Worcestershire sauce
- 1 1/2 teaspoon salt
- 1 teaspoon cinnamon

Add meat substitute to 4-quart pot containing one quart of water, stir. Boil slowly for 30 minutes. Add onion, tomato sauce, allspice, red pepper, cumin, chili powder, chocolate, garlic, vinegar, bay leaf, cloves, Worcestershire sauce, salt and cinnamon. Stir to blend, bringing to a boil; reduce heat simmer uncovered for about three hours. During last hour, the pot may be covered after desired consistency is reached. Makes 8 servings.

CREPES WITH HOT FUDGE SAUCE

- 1/2 cup whole wheat flour
- 1 cup soymilk or orange juice
- 5 eggs or equivalent egg substitute
- Non-stick cooking spray

In blender or food processor, combine all ingredients until smooth. Let rest for at least 15 minutes up to overnight. Coat a small non-stick coated skillet with non-stick cooking spray and heat over medium heat. Spoon batter into skillet. If the dough is too thick, add more liquid. If it is too thin, add more

flour. Cook until the top is not shiny. Serve folded over with jam or fresh fruit and hot fudge sauce.

HOT FUDGE SAUCE

- 5 tablespoon warm water
- 3 tablespoons cocoa powder
- 4 tablespoons brown rice syrup
- 1 tablespoon arrowroot powder mixed with 2 tablespoons water

Combine water, cocoa and syrup in a small saucepan over medium heat until dissolved. Remove and add rest of ingredients. Whisk until smooth.

CHOCOLATE SILK PIE

- Crust
- 7 ounce chocolate wafer cookies or graham crackers
- 2 tablespoons canola oil

- Filling
- 8 ounces unsweetened chocolate
- 2, 10 ounce package silken tofu
- 10 ounce jar blackberry preserves
- 1 teaspoon vanilla extract
- 1 cup brown rice syrup

Crust: Preheat oven 350 degrees in blender or food processor, combine crackers and oil and pulse to make fine crumbs. Press into bottom of spring form pan or pie plate. Bake 10 minutes. Cool.

Filling: Melt chocolate in double boiler or over very low heat. Put remaining ingredients in bowl of food processor or blender and add melted chocolate. Process until very smooth, stopping occasionally to scrape down sides.

Pour filling into crust, smooth tops and refrigerate until firm, at least four hours or overnight. Serves 12. Garnish with fresh strawberries or raspberries.

Join Beverly Price for "Natural Treatment Options for Menopause," a workshop, at 7:30 p.m., Wednesday, Feb. 23, in West Bloomfield. Cost \$15 and includes food sampling. Call (248) 539-9424 to register.

Reports and background on biotech foods available

SPRINGFIELD, Va. (AP) — The carrots, apples, corn and peppers in your refrigerator may look familiar.

But there may be foods that are genetically modified, says the National Technical Information Service.

The National Technical Information Service offers a variety of reports to help people understand bioengineered foods. Reports include "Enhancing the Safety of America's Food Supply — Food Safety Round Table."

Other reports deal with regu-

lations for mailing genetically modified microorganisms and the risks GMOs pose to ecosystems and human health.

The reports and information are available from NTIS at (800) 553-6847 or (703) 605-6000.

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MEDICAL BRIEFS

Alzheimer's support

You are invited to attend the monthly Alzheimer's Association Support Group meeting from 6-7:30 p.m. Feb. 15. Representatives from the University of Michigan Alzheimer's Association will be the featured speakers for the evening. Alterra Clare Bridge is located at 32500 Seven Mile Road in Livonia.

Mentally ill

The Alliance for the Mentally Ill - Wayne/Westland hosts a support group the first and third Thursday of each month at 7 p.m. (except for July and August). The meetings are held at St. John's Evangelical Lutheran School (2602 S. Wayne Road in Westland). A.M.I. is a support group for the family and friends of the mentally ill. We have family members suffering from schizophrenia, bi-polar disorder, depression, panic/anxiety disorder, schizo-affective disorder and an assortment of others. The mission of the group is to provide support, advocacy, education and research. For information call 326-7933 or e-mail cdmcp@aol.com. The next meeting is Thursday, February 17.

Smoking cessation

Providence Hospital and Medical Centers will hold a Wellness Seminar for smoking cessation at Providence Medical Center - Livonia (Mission Health Medical Center) from 6:30-8:30 p.m. Wednesday, March 29 (37595 Seven Mile Road at Newburgh). To register call (877) 345-5500.

Dental Health month focuses on younger patients' needs

February is Children's Dental Health Month and the Wayne County Health Department is spotlighting their dental health services offered to Medicaid and low-income children 3 to 18 years old.

"The Health Department's dental unit offers a variety of preventive and restorative services for Medicaid and low-income children," says Dr. David Repasky, Wayne County Dental Director. "Dental services include cleanings, flourides, sealants, fillings, extractions and root canals."

Eighty percent of tooth decay occurs to 20 percent of all children nationwide. However, low-income and special needs children suffer the greater levels of disease and unnecessary pain, according to Repasky.

"It is important for parents to bring their children to the dentist between the ages of 3 to 6 to prevent problems with primary teeth (baby teeth)," said Repasky.

The Health Department will offer a dental clinic at the Wayne Health Center, 33030 Van Born in Wayne. By appointment Monday through Friday from 8 a.m. to 4:30 p.m. except Wednesdays, 11 a.m. to 7:30 p.m. For information call 9734-727-7100.

We want your health news

There are several ways you can reach the Observer Health & Fitness staff. The Sunday section provides numerous venues for you to offer newsworthy information including Medical Databook (upcoming calendar events), Medical Newsmakers (appointments/new hires in the medical field), and Medical Briefs (medical advances, short news items from hospitals, physicians, companies).

We also welcome newsworthy ideas for health and fitness related stories. To submit an item to our newspaper you can call, write, fax or e-mail us.

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Eating disorders

The silent struggle to recover control

BY RENÉE SKOGLUND
STAFF WRITER
rskoglund@oe.homecomm.net

Click to a Web site on eating disorders and read some of the personal accounts of people who have battled anorexia, literally self-starvation, or bulimia, a disorder characterized by bingeing then purging. They are stories in which there is no harmony between mind and body, no equilibrium of the soul.

"We believe we are fat, useless, unworthy, unlovable and weak. We honestly believe losing weight will on some level make things better," writes a young high school girl struggling with anorexia. "We punish ourselves when we feel guilt or shame. We use laxatives, exercise, sleep deprivation and self-mutilation to take away the pain."

Anorexia nervosa or bulimia nervosa cannot be dismissed as ploys for attention; they are serious, potentially life-threatening disorders. They can result in death.

"With treatment, only 1 percent die," said Dr. Alexander Sacheyfio, a psychiatrist associated with Beaumont Hospital's Weight Control Center who also has a private practice in Farmington Hills. "Without treatment, 18 percent die."

Most die from a heart attack due to an electrolyte imbalance. Deficiencies in potassium, chloride and sodium - electrolytes essential for metabolism and cell and nerve functioning - cause weakness, tiredness, constipation and depression. Extreme deficiencies can result in cardiac arrhythmias and sudden death.

Treatment for anorexia nervosa and bulimia is often extremely expensive, especially if repeated hospitalizations are needed. The cost of outpatient treatment, including therapy and medical monitoring, can reach \$100,000.

However, intervention is the only hope. And there is hope.

"Oh, gosh, absolutely. People recover and normalize their relationship with food every day. This is a very manageable problem," said Dr. Phil O'Dwyer, director of the Center for Counseling at Garden City Hospital.

Who's affected

Since doctors do not have to report eating disorders to a health agency, and because people are often secretive about the problem, statistics vary. However, Sacheyfio believes 1 percent

of the female population has some type of an eating disorder. Narrow that to school-age females and the number jumps to 18 percent.

The peak ages for anorexia are 16-18, while there's a broader age range for bulimia, said O'Dwyer. Gymnasts, dancers and jockeys - those people whose livelihood depends on maintaining low weight - are not the only people susceptible to eating disorders.

"I have a lot of bulimics who are enormously successful business women who maintain their appearance by overeating then purging," he said.

Causes of eating disorders are complex, with current studies indicating a genetic, or biochemical, component. Add the stress of a culture that equates love with looks, a bit of trauma, and eating disorders are ripe to present themselves.

Some experts believe eating disorders can occur at any age, from 6 to 70. Dieting, purging and bingeing become coping mechanisms that help people feel in control of their lives. "At any stage, any severe disruption of your security or sense of contentment can start off the process," said Sacheyfio. "Nineteen percent of kids fail the first year of college not because of academic inability, but because of eating disorders."

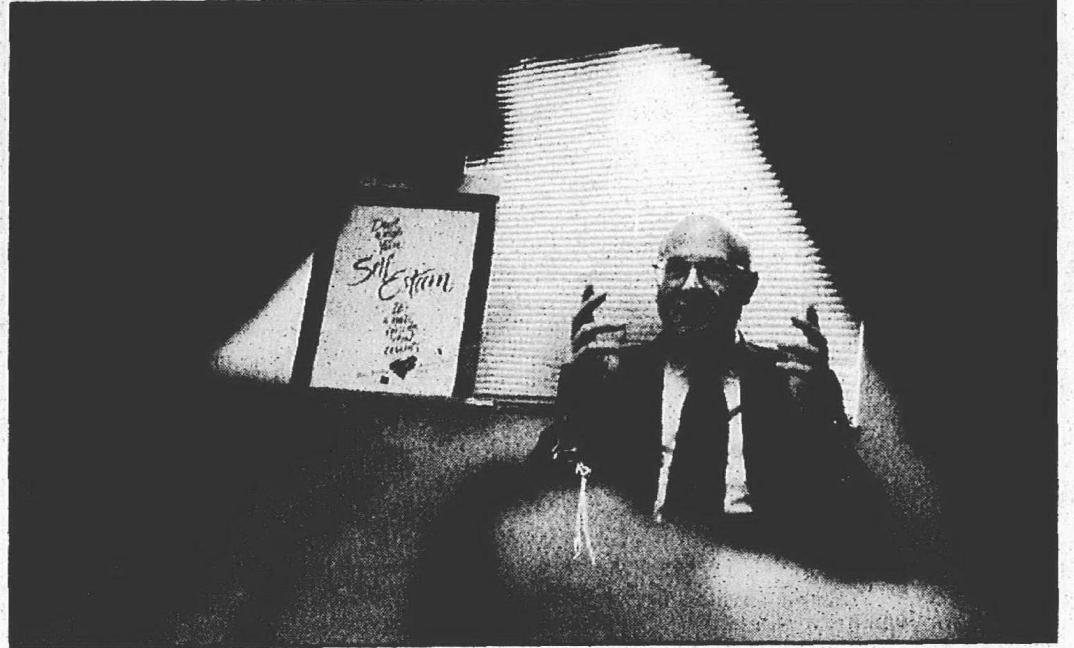
Eating disorders are more acute among 18- and 19-year-old women, a time when many leave home for college and experience their first loss of security, said Ann Bradley, a psychotherapist and certified addiction counselor with Plymouth Family Services in Plymouth.

In treating these disorders, secondary purposes must be explored, she said: Fear of growing up, becoming sexual or getting another job and even the inability to tolerate happy feelings. "There's no alliance between the mind and the emotions."

Eating disorders, including compulsive or "binge" eating, are not limited to adolescent or adult women. According to the Center for Eating Disorders, males make up 10 percent of anorexics, 10-15 percent of bulimics and 25 percent of binge eaters. Men are more likely to purge by compulsive exercise rather than vomiting or laxative abuse.

"You'd be surprised," Bradley said. "I have a lot of 70- and 80-year-olds who are anorexic and I men into sports dealing with a lot of body image."

The elderly often develop bad eating habits or quit cooking because



STAFF PHOTO BY BRYAN MITCHELL

Consultation: Dr. Phil O'Dwyer, director of the Center for Counseling at Garden City Hospital, is pictured in his office.

they don't like eating alone. Bradley spoke about an older female client who felt abandoned by her children. "In her anger, she 'ate' at them," she said.

Consequences

Aside from possible death from cardiac arrest, the physical consequences of prolonged eating disorders are harsh:

Anorexia nervosa can result in reduction of bone density, muscle loss or weakness, and kidney failure due to severe dehydration. An anorexic may also grow a downy layer of hair, called lanugo, all over the body, including the face, in an effort to keep the body warm.

Bulimia nervosa can result in inflammation and possible rupture of the esophagus from frequent vomiting, chronic bowel problems from laxative abuse, tooth decay from stomach acids released during frequent vomiting, and peptic ulcers and pancreatitis.

Perhaps most serious with bulimia is the potential danger of rupture of the esophagus from vomiting and gastric rupture during periods of bingeing.

Compulsive or "binge" eating results in some of the risks associated with clinical obesity, such as high blood pressure, high cholesterol, heart disease as the result of elevated triglycerides, secondary diabetes and gallbladder disease.

Eating disorders also have serious social/emotional implications, said Sacheyfio. "Because you spend so much time thinking about yourself, it stops you from developing appropriate intimate relationships."

Bradley noted that family and friends of someone with an eating disorder also suffer. "How lonely it would be to be in a relationship with somebody like that. If they're there, they're

not really with you," she said.

Recognizing the disease

People with eating disorders are secretive. Anorexics wear baggy clothes and bulimics mask their purging in the bathroom by playing loud music, running water or flushing the toilet numerous times.

Anorexics may develop a facial tick of touching their tongue to their upper lip, said Bradley. Bulimics can develop "chipmunk cheeks" from swollen saliva glands (see accompanying article for additional symptoms).

A rapid diagnosis of an eating disorder is difficult, said Dr. Patricia Schmidt, an internist at Garden City Hospital. She recalled a patient, a diabetic woman in her 30s who was vomiting all the time.

"I thought at the time it was related to her diabetes. All she could tolerate was cigarettes and black coffee. If you can tolerate black coffee and cigarettes, it's a psychological thing."

Compounding the problem is the fact that bulimics appear normal. "It's only in the context of the patient-doctor relationship, or if a family member contacts the doctor, that eating disorders are diagnosed," said Schmidt. "I probably miss a fair amount after the first visit."

Schmidt has always had a special interest in eating disorders. She doesn't confront her patients with their weight. "I give people permission not to get on the scale or not to see their weight. I let them stand backwards on the scale."

It is an act of kindness people with eating disorders need. You can't weigh self-esteem.

Source: National Association of Anorexia Nervosa and Associated Disorders, Eating Disorders Awareness and Prevention Inc., Center for Eating Disorders.

Warning signs can signal life-threatening problem

Anorexia nervosa

The relentless pursuit of thinness:

- Refusal to maintain minimally normal body weight for age and height.
- Weighs 85 percent or less than what is expected for age and height.
- In women, menstrual periods stop; in men, levels of hormones fall.
- Failure to begin menstruation at the appropriate age.
- Denying the dangers of low weight.
- Intense fear of weight gain or feeling "fat."

In addition, anorexia nervosa often includes depression, irritability, withdrawal, and peculiar behaviors such as compulsive rituals; strange eating habits, and division of foods into "good/safe" and "bad/dangerous" categories.

Bulimia nervosa

- Diet-binge-purge:
- Repeated episodes of bingeing and eating.
- Feeling out of control while eating; eating beyond the point of feeling comfortably full.
- Purging after a binge, typically

by self-induced vomiting, abuse of laxatives, diet pills and diuretics, excessive exercise or fasting.

- Diets when not bingeing, becomes hungry and binges again.
- May shoplift, be promiscuous, and abuse alcohol, drugs, and credit cards.
- Weighs normal or near normal amount unless anorexia is also present.

Bulimics may appear cheerful and competent. However, depression, anxiety, shame, guilt and deeply buried anger are components of the disorder.

Binge eating disorder

- Compulsive eating:
 - Periods of uncontrolled, impulsive or continuous eating.
 - Eating rapidly and secretly, or snacking all day.
 - No purging but sporadic fasting or dieting after a binge.
 - History of diet failures.
 - Tend to be depressed and obese.
- Binge eaters do not regularly vomit, excessively exercise or abuse laxatives. They may be genetically predisposed to weigh more than the cultural ideal, causing them to diet then binge

RESOURCES

▲ A program titled "Eating Disorders in Adolescents" will be presented from 7-8:30 p.m. Wednesday, Feb. 16 in Classroom 1 of the Administration Building West, William Beaumont Hospital, 3601 West Thirteen Mile Road, Royal Oak. For information call (248) 551-9790.

▲ The Center for Counseling at Garden City Hospital (6245 Inkster Road, Garden City) hosts an eating disorders support group for both males and females. The group meets at 6:30 p.m. every Tuesday, free of charge. For information call (734) 458-3395.

▲ Ann Bradley, psychotherapist and certified addiction counselor has a practice at Plymouth Family Ser-

vice, 271 S. Main, Plymouth. Phone: (734) 453-0890.

▲ The Internet can be a valuable resource, however, information provided online should never be used in the place of a physician's consultation. Some suggested sites include:

Eating Disorders Awareness and Prevention, Inc., 603 Stewart St., Suite 803, Seattle, WA 98101, (800) 931-2237 (help line), www.edap.org

Anorexia Nervosa and Related Eating Disorders, Inc., www.anred.com

Center for Eating Disorders, St. Joseph Medical Center, Towson, MD, www.eatingdisorder.org

National Association of Anorexia Nervosa & Associated Disorders, www.ANAD.org

in response to hunger. They may eat for emotional reasons: self-comfort, avoidance of threatening situations, and to numb emotional pain. Diets make the situa-

tion worse. Sources: Anorexia Nervosa and Related Eating Disorders, Inc. and Eating Disorders Awareness and Prevention, Inc.

Hack attacks threaten security, future of the Internet



MIKE WENDLAND

The world has never seen a form of communication as revolutionary as the Internet. But as we've seen this past week in the massive hack attacks that brought down some of the nation's most popular Web sites, the Internet's success is far from assured.

what this one-on-one form of personal communication would mean to society. Alas, the CB radio craze self-destructed because some people simply couldn't behave themselves. Not all the people, to be sure. Just a few who keyed down their microphones and shouted obscenities, whistled, cat-called, argued and used illegal amplifiers to boost their signals so powerfully they drowned out the vast majority of law-abiding users who really were trying to communicate.

and widespread than CB radios. And with 120 million users, the Internet is vastly more popular. But if billion dollar-plus Web sites can't prevent 15-year-old malcontents from shutting down their service at will, what ultimate good will the Internet be? It took some time to convince people that the Internet was a reliable means of communication and commerce. But, we were finally assured: Security and privacy issues were handled. We could trust the Net. Rely on it. And so e-commerce and Internet technology took off, being largely responsible for the incredible economic boom we've been enjoying for two years now.

"packet monkeys" by the hacker community because of their immature behavior. So far, no one has come forward to claim responsibility for the attacks, which have taken down or seriously interrupted access to America's most popular financial and news portal Web sites. The technology used for the attacks is easily available by the Internet in ready-to-go programs that overwhelm a Web server with bogus calls and slow service to the point that legitimate users can't get through. The mentality behind such attacks is the same as those who deface buildings with graffiti or shout obscenities into a CB microphone.

simultaneously send falsified data to "routers" on the Internet that, in turn, are fooled into flooding the Web sites with electronic signals. It's similar to phone lines being tied up by too many calls, allowing no callers through. The attacks just overwhelm the Web sites and, in effect, make them unreachable. Catching those responsible is not going to be easy, say experts. Last summer, a dozen government Web sites were similarly hit and, despite the FBI's bluster then, no one was ever caught. It reminds me of the FCC's failure to control CB radio abusers a quarter of a century ago.

tion to this. Like our grandparents used to say, "one bad apple spoils the whole bunch." Living in an open society as we do where order and cooperation depends on human behavior, we will always be vulnerable to the few who have no morals, no common decency. After this week's hack attacks, I'm worried about the future of the Internet. There are rotten people just like rotten apples, and as we're now seeing with the Internet there's not much we can do to stop them from spoiling our lives.

Items for Business Newsmakers are welcome from all companies and residents active in the Observer-area business community. Items should be typed or legibly written and sent to: Business Marketplace, c/o The Observer Newspapers, 36251 Schoolcraft, Livonia 48150. Fax, (734) 591-7279 or e-mail kmortson@oe.homecomm.net

Mark H. Wagner, C.P.A. has joined the firm of Grant, Millman & Johnson, P.D., Certified Public Accountants and Business Consultants of Farmington Hills.

New VP of FSI
Ron Goolsby was recently appointed to vice president of FSI (free-standing insert) and Internet/e-commerce operations at Valassis Communications, Inc. Most recently, Goolsby was the vice president of the Livonia Printing Division where he oversaw the integration of multiple products and services capabilities, during his seven years in this position.

AAL honors rep
Jim Ellis of Livonia was recently selected AAL's First-Year District Representative of the Month. Ellis was also recognized for his sales of investment products as a registered representative

of AAL Capital Management Corp., a wholly owned subsidiary of AAL. He is a district representative with the Park Jarrett Agency of AAL in Livonia and serves AAL members in Farmington, Farmington Hills, Livonia, Northville and Plymouth.

Organizational changes
DENSO International America (DIAM) in Southfield recently announced Doug Patton of Farmington Hills was promoted to vice president, Business Development, with overall responsibility for distribution, sales planning, Ford business, heavy duty/off highway business and service center. Terry Helgesen of Farmington Hills was named director, DaimlerChrysler Business, Customer Support Division. He recently completed a two-year assignment at DENSO's headquarters in Japan as assistant general manager in international sales.

New account manager
FCI Automotive - North America of

Livonia has appointed Steven M. Bennett as account manager - tier. He will be responsible for pursuing strategic partnerships with automotive system suppliers to increase value, enhance quality and improve safety by integrating connector interfaces into electronics systems components. He currently makes his home in Farmington Hills.

New business director
3M Automotive has announced the appointment of eighteen-year 3M veteran Francis Loftus as business director of the 3M Automotive Innovation Center in Livonia.

New officer
Farmington Hills resident Bruce Barrett has been named to the office of first vice president of the Boys and Girls Public's Board of Directors - a Farmington Hills, not-for-profit residential treatment center serving youth and families. Barrett is the associated superintendent for Administrative Ser-

ices for Wayne RESA. **Staffer welcomed**
Marie DeLine of Garden City has joined the staff at Signs Now in Dearborn as its assistant production manager. DeLine brings years of graphic experience to the job, having formerly worked as a graphic designer. In her new role she will be responsible for meeting customer order deadlines, monitoring the point of sale system and improving customer service standards.

Professional welcomed
Dell Engineering, Inc., a member of the ERM Group, recently announced that Treva A. Formby has joined their Livonia office. Formby joins Dell/ERM as Project Manager for the Air Quality Practice and bring with her over seven years of environmental engineering experience including: mobile source emissions control, air emission trading, and environmental compliance auditing.

BUSINESS NEWSMAKERS

Promotion

Michelle Overby-Long has been appointed restaurant manager by McDonald's corporation at Ford Road, Westland. Her new responsibilities include Total Customer Satisfaction, Market Share and People Development. Overby-Long joined McDonald's in 1994 as a crew person. In 1995 she joined the ranks of management and continued to grow with McDonald's until her recent promotion to restaurant manager.

CPA welcomed

Mark H. Wagner, C.P.A. has joined the firm of Grant, Millman & Johnson, P.D., Certified Public Accountants and Business Consultants of Farmington Hills.

New VP of FSI

Ron Goolsby was recently appointed to vice president of FSI (free-standing insert) and Internet/e-commerce operations at Valassis Communications, Inc. Most recently, Goolsby was the vice president of the Livonia Printing Division where he oversaw the integration of multiple products and services capabilities, during his seven years in this position.

AAL honors rep

Jim Ellis of Livonia was recently selected AAL's First-Year District Representative of the Month. Ellis was also recognized for his sales of investment products as a registered representative

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WINTER SAVINGS SPECTACULAR

The Laser Associates presents...



Power Peel
MICRO DERMABRASION

If beauty's only skin deep, then why not be beautiful? Why not get rid of acne or acne scars, lines, wrinkles and sun damage? Why not reduce stretch marks and age spots? The Power Peel Microdermabrasion Skin Care System can take years off your face without acids...without lasers and with virtually no pain and no long recovery time! You can have your Power Peel treatment on your lunch hour - or any time then get right back to your busy day! You'll see and feel the difference right away as Power Peel removes old dead skin and stimulates the production of collagen. And Power Peel is safe for all types and colors of skin, women and men, and is ideal for sensitive skin. Show the world your best face.

Come see why they call Power Peel the "Lunch-time Face Lift" in California.

Make your appointment today at

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LOVE is the greatest healer...



The Woodhaven Retirement Community Caregiving Staff

...and we love our Residents!

You really are a haven for my Mom, M.R. I can't thank you enough. A.F. - Plymouth

"I have been a physician for 18 years and the environment at Woodhaven is unsurpassed in both its home-like atmosphere and the impeccable cleanliness of the building, rooms and grounds. Whenever I am asked for a recommendation, Woodhaven will definitely be at the top of the list!" Dr. M.M. - Livonia

Words can not express my gratitude to all of you at Woodhaven. I know my Mother received the best care there. Please know your love to your Residents does not go unnoticed. L.S. - Farmington Hills

"Thank you for the loving care Mom received at your wonderful facility from your dedicated Staff." D.R. - Farmington Hills

Please accept our appreciation for the sincerity of purpose your Staff demonstrated when ministering to Mom's needs. These words do not adequately define our feelings towards you and your people - who have left a positive, indelible impression." D.T. - Northville

"There are no words that can tell you all what a wonderful job you do. Your Staff has always been so cheerful, careful and understanding." K. & A.H. - Livonia

"The dedicated people of Woodhaven shine by offering themselves unequivocally - their talents, their labor and their love." J.W. and M. & B.R. - Brighton

"On Keeping with the holistic values of your mission, you made Mickey's return from the hospital both comfortable and reassuring. Thank you for the many smiling faces of your very hospitable Staff." F.M. - Redford

13 year Sterling reputation

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ASSISTED LIVING with meals, activities, housekeeping and secured living area

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Advanced Alzheimer's \$2,200!

ADULT DAY SERVICES 5am-11pm
365 Days a Year \$3-\$6 per hr

Celiac Sprue screening in March

The Tri-County Celiac Sprue Support group will host serological screening in conjunction with the University of Maryland's Center for Celiac Research from 11 a.m. to 1 p.m. March 18.

The blood drawing will be for relatives of celiacs, celiacs or other undiagnosed people at Southfield Presbyterian Church (21575 West 10 Mile Road), 1/2-mile east of Lahser.

Dr. Alessio Fasano, co-director of the University of Maryland's Research Center will give a presentation. Lectures and other

information will be available and on going during the testing time. Patients who test positive will be notified directly from the Medical Center of the University of Maryland. The goal of the Center is to increase awareness of celiac disease. They are testing and gathering data throughout the U.S. Findings indicate many first and second degree relatives of celiacs test positive for the disease. Researchers believe celiac disease is under diagnosed in the U.S.

Also known as gluten intoler-

ance, Celiac disease is an autoimmune disorder of the intestinal tract often characterized by malabsorption problems. The immune system damages the small intestine when gluten (found in wheat, oats, rye, barley, spelt, buckwheat and millet) enters the digestive system.

The body produces immune cells that damage the villi in the small intestine. The villi aid in absorption of nutrients during the digestive process. Left untreated the disease can cause small bowel lymphoma. The only

treatment for CD is strict adherence to a gluten-free diet.

A single tube of blood will be drawn at the screening. If the blood test is positive a biopsy is done to confirm and determine the amount of damage. Further blood test and/or biopsies may be done to determine the healing progress and the success of the gluten free diet. \$10 donation requested. There will be supervised activities for children under 12 years old. For registration information call (313) 274-9232 or (248) 647-0076.

National condom day

FEBRUARY 14

Wayne County Health officials are reminding everyone to love safely on national Condom Day, being observed this Valentine's Day, Feb. 14.

The condom is one of the best protections against the spread of HIV, says Dr. Donald Lawrenchuk, Wayne County Medical Director. And we here at Wayne County continue to work on combating the AIDS epidemic by reminding people to avoid at-risk behaviors.

The number of deaths attributed to HIV and AIDS in Michigan has dropped 60 percent between 1995 and 1997 due to new treatment programs. However, the number of people contracting HIV has not decreased. Statewide, the estimated number of new infections continues to be 1,000 each year.

At-risk behaviors to avoid:

- sharing needles and syringes with infected intravenous drug users
- exposure to body fluids, especially blood
- multiple sexual partners

According to the Michigan Department of Community Health, there are at least 12,500 HIV infected persons in Michigan. The Wayne County Health Department offers free HIV/AIDS anonymous and confidential testing services Monday through Friday from 8 a.m. to 4:30 p.m. On Monday, Feb. 14 the Health Department will provide increased appointments and walk-in services during lunch and regular business hours.

For information on locations and times of clinics, contact the Disease Control Division at (734) 727-7124 or (734) 727-7125 Monday through Friday from 8 a.m. to 4:30 p.m.

BUSINESS CALENDAR

Items from the Observerland area for the Business Calendar can be sent to: *Observer Newspaper, 36251 Schoolcraft Road, Livonia, MI 48150 attention: Business Calendar.*

MON, FEB. 14

CANTON BPW
The Canton Business & Professional Women is part of a national organization promoting equity for all women in the workplace to achieve goals through advocacy, education and information. Locally we meet the second Monday of every month at the Roman Forum on Ford Road in Canton. Our business

meeting is from 5:30-6:10 p.m., speaker/dinner from 6:15-7:30 p.m. Call Clarice Killian at (734) 981-2572 for information. The guest speaker is Vicki Bonner, career technician at Plymouth-Salem High School, who will discuss mentoring and career shadowing of today's high school students.

WED, FEB. 16

BUSINESS NETWORK INT'L
Business Network International's regular meeting from 7-8:30 a.m. of the Laurel park Chapter is at Archie's Restaurant, 30471 Plymouth Road in Livonia. Call BNI at (810) 323-3800 for information.

THUR, FEB. 17

JOB FAIR
MediaOne will host a job fair from 3-7 p.m. at its Livonia office (35155 Industrial) to help find qualified candidates to serve as cable, service technicians and high-speed data (Internet) technicians in the Wayne County area. The position is full-time, hourly - featuring a comprehensive benefits package as well as complete training for qualified candidates.

Anyone interested in filling these immediate openings is invited to attend. Please bring an up-to-date resume and be prepared for an on-the-spot interview.

FRI, FEB. 18

BUSINESS NETWORK INT'L
Business Network International's regular meeting from 7-8:30 a.m. of the Livonia Chapter is at Senate Koney Island on Plymouth Road near Stark in Livonia. Call BNI at (810) 323-3800.

Arthritis Today

JOSEPH J. WEISS, M.D. RHEUMATOLOGY
18829 Farmington Road
Livonia, Michigan 48152
Phone: (248) 478-7860



PARKING LOT STRATEGY IF YOU HAVE ARTHRITIS

The first response of people is to tell you to get a parking permit. Therefore, when you have to go to a grocery store or a major building, you can park close to the store or building entrance. Obtaining a handicap parking permit may be necessary, but it is sufficient.

There are times when the minimal handicap parking spaces are occupied, so you must use what space is available, no matter where it is. There are instances you must park in parking structures. These structures are rarely level, and as anyone who has parked at Detroit Metropolitan Airport, will verify, you can start quite a distance from the entrance you seek.

If you have arthritis, and must use an outdoor parking lot, be prepared. Throughout the winter, expect the hazards of sudden snow and an icy walk from your car to the building entrance at the start of your journey and for the same conditions when you prepare to return to your car. Carry boots in your car sufficient to wear over your largest, most comfortable shoes. Always keep a bag of salt or ice melter in your back seat. The bag should be small enough that you can handle it despite the limits of your hands to grip, and large enough to sprinkle salt liberally around your car, and even in front of you as you blaze a trail to your destination. Include sufficient lumpy litter or wood chips to place under your car wheels if ice in the parking lot causes your car wheels to spin. Remember you have limits as to how hard you can grip a steering wheel and turn it against an opposing force.


If you are in a parking structure, look for a level parking spot. Take whatever time you need to map your exact location. You only waste limited stamina when you wander in a cold and windy structure.



Teens with Headache

Michigan HeadPain & Neurological Institute is conducting a research study evaluating a potential treatment for migraines in adolescents. Participants must be 12 to 17 years old and suffer two to ten headaches per month. Participants receive study-related medical care at no cost and will be compensated for time and travel. Please call our Research Staff for more information.

Michigan HeadPain & Neurological Institute
3120 Professional Drive
Ann Arbor, MI
(734) 677-6000, option 4
www.MHNI.com



Treating the Nation's Headaches & Pain Since 1978™

Are You Depressed?

Answer the following questions based on the last 2 weeks or more.

YES	NO	
<input type="checkbox"/>	<input type="checkbox"/>	1. I feel sad, unhappy, self critical
<input type="checkbox"/>	<input type="checkbox"/>	2. I feel tired and have little energy
<input type="checkbox"/>	<input type="checkbox"/>	3. I have trouble sleeping or eating (either too much or too little)
<input type="checkbox"/>	<input type="checkbox"/>	4. I don't enjoy activities that I used to.
<input type="checkbox"/>	<input type="checkbox"/>	5. I feel uneasy, restless, irritable or guilty
<input type="checkbox"/>	<input type="checkbox"/>	6. I have trouble concentrating, remembering things or making decisions

If you answered "yes" to 3 or more statements, you may be suffering from depression, a serious condition affecting millions of Americans. The Institute for Health Studies is currently looking for individuals experiencing the above symptoms to participate in a research study of investigational medication for depression. If you are selected, all research related care and study medication are provided at no cost. Get answers and information about depression

INSTITUTE FOR HEALTH STUDIES
(517) 349-5505 1 (800) 682-6663
Robert J. Bielski, M.D.

Earn up to \$100 without



spending a dime.

Here's the deal. For a limited time we are offering **FREE** three-line want ads for folks who have things to sell for a few bucks (\$100 or less).

So, say you want to get rid of that old exercise thing, and that fairly new trimming thing, and that thing that could be great if it were fixed up a little. And say that your whole pile of household things that you don't want anymore totals an asking price of \$80. We'll put your ad in the next two issues of your hometown newspaper and it won't cost you a thing!—nothing, nada, zip, zero, zilch.

Then sit back and wait for the phone to ring.

There are a few exclusions to this offer: Dealers, collectibles, pets and garage sales. Other than those four your home **FREE**.

There are only three ways you can submit your **FREE** ad: You can **FAX** us at **734-953-2232**, or you can **e-mail** it to mulfig@oe.homecomm.net, or you can fill in the thing there at the right, and mail it to us.

So, go for it!

I know a good deal when I see one.

Run my three-line ad in the next two issues of my hometown newspaper's classified section under Merchandise For Sale (#700—#799 with the exception of Garage Sales):

NAME: _____

ADDRESS: _____ ZIP: _____

DAY TIME PHONE: _____

MY 3-LINE AD

1 _____

2 _____

3 _____

We reserve the right to edit your ad to fit three lines.

MAIL TO: **Observer & Eccentric**
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Attention: Free Classified Ad Offer

Limited Time Offer / One ad per household per month