

Volume 114 Number 48

Plymouth Observer

Your hometown newspaper serving Plymouth and Plymouth Township for 114 years

Sunday, February 13, 2000

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TUESDAY

Township meets: The Plymouth Township Board meets in a study session at 7:30 p.m. at township hall.

WEDNESDAY

Youth meet: The Plymouth Youth Forum meets at 7 p.m. at the Plymouth Volunteer Center, 638 Starkweather.

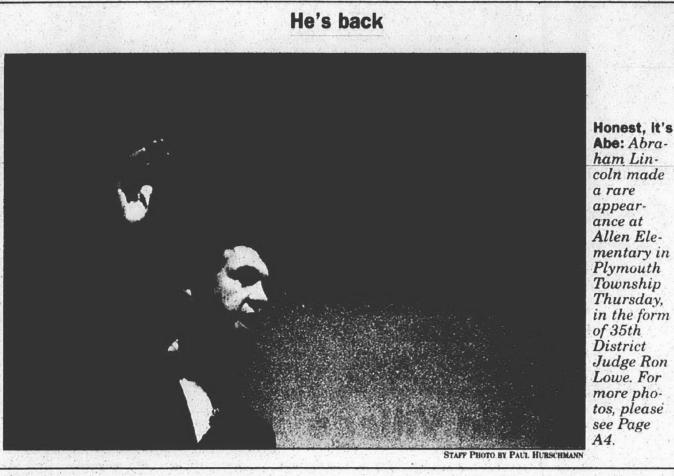
Democrats gather: The Community Democratic Club of Plymouth, Can-

ton, Northville and Livonia meets to inform the public about its plans for the March 11 presidential caucus. The meeting takes place at 7:30 p.m. at The Plymouth Coffee Bean Co., 884 Penniman in Plymouth. For details, call Becky Tavarozzi, (734) 398-5845.

FRIDAY

On Ice: The Plymouth Whalers host the Sarnia Sting in a 7:30 p.m. game at Compuware Arena in Plymouth Township. Call the box office, 453-8400, for ticket information.

SPECIAL SECTION



Bills now water under the bridge *Plymouth collects past-due payments from businesses*

BY TONY BRUSCATO STAFF WRITER

tbruscato@oe.homecomm.net

Last August, the Plymouth City Commission adopted a new policy to insure the payment of water and sewer bills from city residents and business-

The new ordinance imposed a 25-per-

cent surcharge for homeowners who don't pay their water and sewer bills before they go on the tax rolls.

- For businesses, the commission got abit tougher, calling for the shutoff of water services for those accounts that are past due in excess of 90 days.

"We used to put those bills on the tax roll every March," said Assistant City Manager Paul Sincock. "However, that meant a lot of work for us. Plus, we don't get the interest that collects from having the money in our account."

The first of the 90-day past due periods began in January, with 21 customers owing \$25,547. Some owed substantial amounts of money and were red tagged, meaning service was sched-

Please see WATER, A2

Owner, business ordered to trial

BY SUE BUCK STAFF WRITER sbuck@oe.homecomm.net

The co-owner of a Farmington Hills construction company who was in charge at the time of the Plymouth Township trench cave-in that killed an Ypsilanti man was bound over for trial Friday in what is considered both a precedent-setting case in Wayne County and one that could send a message.

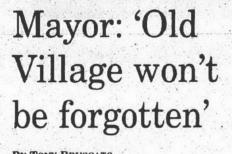
William Roger Curtis Jr. faces a Feb. 25 circuit court arraignment at the Frank Murphy Hall of Justice. Curtis is charged with involuntary manslaughter in the April 1, 1999, death of Cameron Cook, an employee trapped in the trench when a section of a clay wall caved in.

If convicted, Curtis faces a maximum penalty of 15 years in prison.

Curtis was operating the excavator that was digging the trench at the time of the cave-in at a new housing development site on Maple Ridge Road near Ridge and Powell.

At Friday's preliminary exam, 35th District Judge John MacDonald called this a case of "first impressions," stating there was probable cause to bind the case over to Wayne County Circuit Court. He based his decision on previous court cases involving involuntary

Please see CAVE-IN, A3



BY TONY BRUSCATO STAFF WRITER tbruscato@oe.homecomm.net

There appear to be some concerns

Mending broken

Holy matrimony, Batman:

How do you marry three daughters in four months? Find out in the Observer's "Wedding Magic" supplement inside this issue.

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about the future of Old Village with the resignation of the development coordinator for the Old Village Development Authority.

Sherrie Pryor, who worked with city officials on projects, recruited businesses and coordinated Old Village events, left her post last week to begin work in the private sector when it became apparent her 30-hour parttime position would not turn into a full-time job.

"I think the loss of Sherrie is a huge loss for Old Village," said Plymouth City Commissioner Michele Potter, the commission's liaison to Old Village.

"I'm concerned our city manager (David Rich) was quoted as saying there wasn't support for her to be a full-time employee," added Potter. "There are five new people on the commission, all on record during our campaign interviews, stating we need to spend more time and energy there. I hope we can move forward to putting the energy and finances necessary in that area."

OVDA chairperson Susan Clark agrees, and is hopeful progress will continue in Old Village despite the fact city officials, especially building official Jim Penn, will be assisting the area instead of an intern.

"Old Village has come too far in the past year for the momentum to stop now," Clark told commission members at last Monday's meeting. "All of you (commissioners) ... have talked about Old Village and its needs while campaigning. Old Village supported you then, now it's time for you to step up to the plate and support us.

"So much has been accomplished this year," said Clark. "Sherrie helped in getting us park benches, developing the streetscape, adding several events in Old Village and sending out monthly newsletters. We just put on a new roof and air conditioning unit for the community center. What's going to happen to it now? I think some people in the administration could just let Old Village remain the way it is."

Despite the concerns, Mayor Dave McDonald, who last year was the commission's liaison to Old Village and

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Please see OLD VILLAGE, A2



"Megan came very close to dying a couple of times," said Michele Lytle, their mother.

After years of trying to understand why the defects happened help others understand why the subject is important, Michele Lytle, together with members of other Michigan families, went to Lansing Jan. 27 to have Feb. 14, 2000, in Michigan declared as "A Day for Hearts: Congenital Heart Defect Awareness Day." The state proclamation needs to be renewed yearly, Michele said.

An effort was initiated to get all 50 states to declare this day as a national observance, but it fell about 14 votes short, Michele said.

"It's important because it

Please see HEART, A2

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STAFF PHOTO BY PAUL HURSCHMANN

Happy, healthy family: Megan, 11, Patrick, 8, and Jackson, 5,

cuddle up with mom in the living room of their Plymouth

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Heart from page A1

might help others," Megan said. Children's Hospital in Detroit and Most Hospital in Ann Arbor expected to observe the day, Michele said.

For the most part the Lytle children can do what any other child can do. Jackson's defect was repaired

the day after he was born, Michele said. Finding Megan's defect took longer. Megan developed scar tissue on her airway because of being on the ventila-tor so long, making her airway a little narrower.

Five years before Megan was born, the technology to repair the defect didn't exist. "There aren't that many children older than Megan that have had this particular problem and had it repaired as infants," Michele

Megan's operation was performed at Children's Hospital in St. Louis when the family lived in Missouri. Jackson's operation was at University of Michigan Hospital.

Congenital heart disease is less affected by diet than acquired heart disease, Michele said.

The anniversary of Megan's surgery is still an emotional time for Michele because Megan was so close to death several times. "We were praying that they did find something wrong

with her heart because it was obvious that she wouldn't live much longer if they didn't," Michele said.

Doctors don't expect problems, but can't say for certain, according to Michele. Though doctors told the Lytle family there was no genetic link to the defect and that the odds were slim that it would happen again if the Lytles had more children after Megan, Jackson's defect proved them wrong, Michele said.

"I don't get it," Megan said. "Sometimes I want to know if it will affect my kids at all. But I don't know if I can know that."

Congenital heart defects are the number one birth defect in the United States, according to the Children's Health Information Network. More than 23,000 babies are born each year with a congenital heart defect, the group says. The largest portion of birth-related infant deaths are due to heart abnormalities. At least 35 types of heart defects

are recognized. Setting aside a day of remembrance and celebration of the great medical advances that keep people alive will honor the unseen battle that children and adults with these diseases fight daily, Michele said.

"Personally, I'm not an activist, but somebody has to do it," Lytle said.

sion has a continued interest in

old Village from page A1

from page A1

recommended hiring of Pryor as an intern, is willing to give Rich and his administration time to prove it can continue the progress in Old Village.

The administration is aware that a majority of the commis-

and we have to give him (Rich) the opportunity, through his recommendations, to see if it works," said McDonald. "The budgets the past few years have

supported a part-time intern. the well-being of Old Village, But he (Rich) felt he could not substantiate creating a full-time position for Old Village based upon the dollars it would take for that kind of involvement. At this point I agree with him.

"Dave knows the commission will watch what's going on down there. He's well aware of what our priorities are ... continued progress," added McDonald. "Old Village won't be forgotten. Not as long as I'm here."

uled to be shut off that day. They included Bathey Manufacturing Corp., which owed more than \$10,630; Colony Car Wash, owing more than \$7,863; and the Guenther Building on Main Street, with a bill of

\$2,330.

city was able to collect all but \$142.60 of the past due amount. The two businesses which didn't pay already had sheriff's sale collection rate of 99.44 percent.

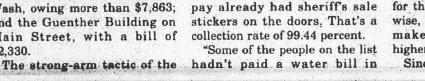
new ordinance worked, as the

commission is firm that the \$25,000 needed to be in the city's bank account collecting interest for the rest of our users. Otherwise, the rest of us will have to make up the losses through higher rates."

Sincock said city officials will have to pay."

be diligent in collecting future years," said Sincock. "The city past-due water and sewer bills.

> "We're going to do this again next month, and unfortunately some of the same people will be on the list again," added Sincock. "It's really no different than paying your gas or electric bill. You



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STAFF PHOTO BY PAUL HURSCHMANN

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Family affair: Jackson, 5, sitting on wooden horse, Patrick, 8, and Megan, 11, were primary factors in their mother's fight to have Valentine's Day proclaimed A Day for Hearts.



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A HomeTown Communications NetworkTM publication 794 South Main, Plymouth, Mil 46170 tween Ann Arbor Rd., and Ann Arbor Tr., across from March Tire)

CARRIER DELIVERY

AIL DELIVERY

Decision 'right thing to do,' but won't Cave-in from page A1 end nightmare for fiance of victim

Hilary Waite should have been busy with other things Friday.

There were wedding plans to make - dresses to buy, halls to rent, bridesmaids to pick. After all, her marriage to Cameron Cook was to take place this summer.



Instead, Waite was sitting in a makeshift Plymouth courtroom Friday

morning, hoping 35th District Court Judge John MacDonald would do right by her fiance. She hoped for justice.

The wedding between Cook and Waite won't happen, can never happen now. Cook died in a tragic accident at a construction site while working for William R. Curtis Inc. on an excavation project putting in sewer leads for Pulte Homes. A section of one wall of the trench in which Cook was working collapsed, burying him and a coworker in clay. The co-worker was rescued; Cook was pronounced dead at an Ypsilanti hospital.

And Hilary Waite's world changed forever.

"It's been hell," she said, her voice shaking, her small body wracked with sobs after Friday's hearing. "It's a nightmare I can't wake up from. I keep thinking it's over, and it never is."

The nightmare might not be over for Waite, but MacDonald provided a little light when he bound the corporation and one of its owners, William Curtis Jr., over for trial on involuntary manslaughter charges in Cook's death.

Prosecutors claim Curtis ignored Michigan Occupational Health and Safety standards when he dug the 11-foot Wrench with vertical walls, rather than sloping them for safety. They said Curtis was trying to save time and money by ignoring safety precautions.

Of course, the defense disagrees. Defense attorney Raymond Cassar essentially argued that since Curtis didn't routinely dig trenches, he didn't know as much about the safety aspects and so

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shouldn't be held negligent. Apparently, in this case anyway, ignorance is a defense.

"(Curtis') conduct was not wanton," Cassar argued. "If testimony is taken to be true, the trench was improper. But (Curtis) wasn't wantonly negligent.

MacDonald shrugged off all of Cassar's arguments and bound the case over for trial. Barring a successful motion to quash by Cassar, circuit court arraignment is set for Feb. 25.

"I'm very pleased," Waite said. "(MacDonald) did the right thing and the just thing. I'm tired, but I feel for the first time that I can have faith in my fellow man to do the right thing."

It's the same thing Cook would have wanted, had it been someone else who died in that pit. Waite said Cook, whose life ended at age 25, would have sat in that courtroom and urged the same action be taken against an employer she says has shown no outward remorse.

Curtis and his attorney could argue that any such remorse, or any possible apology, could be taken as an admission of guilt and used against him. That's probably true, in today's wacky, litigation-enthralled world.

But it's not good enough for Waite.

"He's never apologized, he's never shown any remorse, he's never even spoken to me," Waite said. "I'm glad we have the opportunity to go to trial. I feel Mr. Curtis dug a grave for my fiance and then told him to get in it.

MacDonald found enough evidence to determine a crime might have been committed, and probable cause that Curtis and the corporation committed the crime. That's all he was required to do Friday. A circuit court jury will decide the rest, and Waite will be there, watching. The wheels of justice grind exceedingly slowly, but they do grind. The case will be over one day.

For Waite, though, that's only part of one problem, the beginning of another.

For Waite, there's still a life to get through.

Brad Kadrich is community editor of the Plymouth Observer. He can be reached by e-mail at bkadrich@oe.homecomm.net.

To qualify students can attend

either private or public schools

,but must be a resident of the

Plymouth-Canton School Dis-

trict. The application deadline is

April 1, and students must

include a personal statement of

250 words as well as a letter of

recommendation from a teacher,

counselor or employer.

manslaughter that cited knowledge of the situation, omission to perform a legal duty and grossly negligent disregard of life.

The warrant names both Curtis and his company, William R. Curtis Inc., of Farmington Hills.

The warrant alleges Curtis knowingly created a dangerous situation at the site by not sloping or supporting the trench wall, failing to remove excavated soil from the edge of the trench, not providing ladders or hard hats and failing to properly train Cook in safety procedures.

Defense attorney Raymond Cassar called no witnesses. Curtis doesn't do trenching,' Cassar said. "His conduct was not a willful act and doesn't show willful neglect." Cassar told MacDonald he was "breaking brand new ground" in binding over the corporation also.

"I'm disappointed and surprised," Cassar said after the hearing. " My client is very upset."

The prosecution called several witnesses. Moises Ruvalcaba, an employee who was with Cook in the trench at the time of the accident, testified with the assistance of Carol Reina, a Spanish interpreter.

The two men were laying sewer lines when the accident occurred. Ruvalcaba worked for the construction company five years and worked inside trenches 1,000-1,500 times, he estimated

"I learned from others who worked there, by watching someone else," Ruvalcaba testified. He said he wasn't trained how to get out of a cave-in. Neither man was wearing a hard hart.

Ruvalcaba was issued a hard hat but he stored it in the car, he said. Without ladders, Ruvalcaba "just jumped down" into the trench.

"I saw a shadow at the end, then dirt was on top of us," Ruvalcaba said. "It covered us ... It felt like the whole world was falling on top of us." He didn't see Cook again until others tried to remove his body, he testified.



Although the company typically didn't dig trenches, Paul "Al" Sherbet, an eight-year employee, assumed that Curtis was "just trying to take the pressure off me" because there was a lot of work

Employees received a training book and hard hats, which they frequently didn't want to wear, Sherbet said. "They fall off, they're heavy and they're hot," he said

William Cannon, an investigator for the Michigan Department of Consumer and Industry Services Construction Safety Division, inspected the cave-in site.

"The trench was not cut back properly," Cannon said. There were a lot of methods that could be used to protect the trench. That included using benching, that is, cutting back the earth, sloping, and a trench box. "It was an avoidable accident," Cannon said.

Richard Anderson of Somat Co., the prosecution's soil expert, held a similar opinion The digger "should have seen"

fissures and micro-cracking in the clay as the vertical trench was dug, Anderson said.

"Children know that playing in a sand box," he commented, "Sand doesn't stack up well vertically

"This is a precedent-setting case for Wayne County," David McCreedy, an assistant Wayne County prosecutor, said after the preliminary exam. He acknowledged at Curtis' arraignment in December that the charge was

construction site. meant to send a message. Wayne County Prosecutor John D. O'Hair announced in-Nov. 30 press release that he

was recommending the warrant. At the time, O'Hair said, "It is our hope that this prosecution has the dual effect of eliminating these needless deaths and th alert workers of these dangers. These are not simply 'accidents' but rather they are incident which can and must be avoided. Employers should be on notice that they will be held accountable if they fail to protect their employees from perilous situations which were created by the employees.'

"I'm very pleased." said Hilary Waite, Cook's fiancée, who spoke to the press after the hearing. "The judge did the just and right thing. What they did was blatantly wrong."

Before the hearing, Waite, former Ypsilanti resident, said she moved to San Diego, Calif., last year. "I wasn't going to pay another tax dollar in Michigan until I got some justice," she said.

In pressing law enforcement officials and prosecutors to seek charges in this case. Waite compiled a detailed, collated binder of her conversations and contacts as well as MIOSHA's report that resulted in the issuance of six serious violations. Initial findings by MIOSHA revealed conditions which did not comply with the provisions of the Michigan Occupational Safety and Health Act 254.

Fur Caravan February 17-20 Rochester

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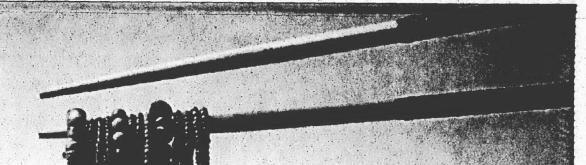
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Reorganization plan could include sale of Community Crier

BY TONY BRUSCATO STAFF WRITER thruscatoline

A4(P)

The Community Crier newspaper is scheduled next Friday to present a financial reorganization plan in federal court, and reports circulated that part of the strategy may come in the form of a sale to a Wayne businessman.

Dave Willett, the owner of Willett Communications, confirmed he's had discussions with publisher W. Edward Wendover about buying the Crier.

"There have been discussions. I can't say it's going to happen," said Willett. "It's something we've been weighing. Stay tuned."

Willett Communications provides services such as Web site development, computer consulting, graphics and typesetting.

A closed hearing was held last Wednesday and there were indications that Wendover might sell his newspaper and become a contract employee to run the daily operations.

When asked if next week's

Carl's Golfland announced the

addition of a second retail store

and practice facility. The new

12,000-square-foot freestanding

store is located at the newly ren-

ovated 27-hole St. John's Golf

Course (formerly Mission Hills

Golf Course) on Five Mile Road

at Sheldon Road in Plymouth

The new location is scheduled

to open in early summer and

will have a full practice facility

Township.

Carl's opens Plymouth store

reorganization announcement would include the sale of his newspaper, Wendover said, "No, it will not."

Last Oct. 21, The Community Crier filed to reorganize business operations as allowed by state law under Chapter 11. Under the bankruptcy proceedings, Wendover is required to come up with a plan to pay his credi-tors. The bankruptcy court filing doesn't erase the newspaper's debt, but allows Wendover to come up with a reorganization plan which can either be accepted or rejected by the court.

Last fall, Wendover declined to list the legal issues and debts facing him. However, Carl Berry, former Plymouth Township police chief who then was assisting Wendover, said the reorganization helped ward off a number of debts.

Those debts include the costs associated with the \$100 million harassment lawsuit filed by Dr. Tom Prose of Plymouth against the Crier and the city of Plymouth, and a \$76,000 debt owed to Michigan Web Press for printing the newspaper.

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grass tees, putting green, chip-

graph Road, is one of the largest

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country. Founded in 1958,

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15,000 square feet of retail space

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facility complete with USGA

spec putting and chipping green,

sand area and driving range.

Carl's Golfland, 1876 S. Tele-

ping green and sand bunker.

Honest Abe

Back at It: Thirty-fifth District Judge Ron Lowe talks to some of the kids prior to the start of a presentation at Allen Elementary School in Plymouth. Lowe, who is visiting five schools in the Plymouth-Canton district and two in



STAPP PHOTO BY PAUL HURSCHMAN All ears: Corwin Stout of Plymouth, 10, Ashley Heard of Plymouth, 10, and Nicole Gambrell of Canton, 11, listen intently to Lowe.

Northville this year, again shaved his moustache to more closely resemble the 16th president. Lowe said his presentation hasn't changed much from his debut of a year ago, except that he worked to change the focus this year to emphasize "respect, responsibility and caring. The same principles of the 'Character Counts' program" that the schools employ. Lowe, in character as "Honest Abe," reminisced about his youth and stressed how "lucky" the kids are today to have full-time schooling and learning opportunities. Students from Allen's fifth-grade classes listened to the hour-long presentation in the school's gymnasium.

Job fair draws thousands

BY TONY BRUSCATO STAFF WRITER tbruscato@oe.homecomm.net

"They were coming in droves." That was the reaction of George Przygodski, Plymouth-Canton Schools director of personnel, to Wednesday night's job fair at Salem High School, which drew nearly 3,000 educators interested in teaching throughout the district.

"This really showed what kind of interest people have in our school district," said Przygodski. "There certainly is a good perception that we have a lot to

"We do a lot of good with students and the community, and I think a lot of people want to be part of it."

Plymouth-Canton is looking to hire 80-100 teachers for next year, mainly because of a buyout package which is enticing many experienced educators into retirement. With area school districts fighting over the same pool of applicants, Plymouth-Canton was hoping its early job fair would stand out.

"It was a great success, quite an evening for us," said Przygodski. "We're going to start looking at applications now to get a jump start.'

Typically, according to Przygodski, school districts don't start looking for applicants until the spring or early summer. However, with a dwindling number of teachers available. districts are competing heavily for the same talent. In fact, Przygodski said Farmington school officials visited Wednesday's job fair to pick up a few hints

After finalizing transfers of teachers within the district sometime in April, Przygodski said he'll start looking through applications from teachers outside the district.

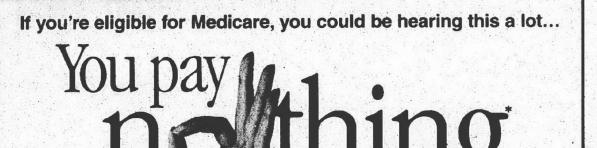
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Catch C.J. Risak's award-winning coverage of Plymouth sports, only in the Plymouth Observer

BY RIC STAFF

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Metro denies traffic problem report

BY RICHARD PEARL STAFF WRITER rpearl@oe.homecomm.net

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Spokesmen for both Metro Airport and the Wayne County **Roads Department said Friday** that, contrary to a published report, there should be few traffic problems for passengers getting to and from the new Midfield Terminal.

In a related issue, a Wayne County judge ruled in favor of the airport in a dispute with a contractor over Metro's decision to re-bid a runway project adjacent to the new terminal.

A Detroit daily said Friday that, because widening of a portion of Eureka Road on the south side of the airport won't be done until after the new terminal opens in December 2001, there will be major traffic congestion.

But both Michael Conway, airport director of public information, and John Roach of the roads department said access to the new terminal from the south already is assured because most of it will come from 1-275 and Eureka, and that Eureka has already been widened to four lanes from the interstate east to the new south entrance to the airport. "We don't see where the con-

troversy is here," said Conway. "This (I-275/Eureka access) is going to alleviate the traffic congestion.

He said the road leading directly to the terminal - known as the south access road - is already completed from Eureka to beneath the crosswind runway and that the next stretch, to the front of the terminal, has been financed and is under construction

All that remains, Conway said, is the section running from there north to Rogell Drive and the existing terminals. That linkup, expected to be at the Green Parking Lot next to the L.C. Smith Terminal, is under design.

Eventually, when the south look at ways to move it up to access links to Rogell, passengers will be able to enter the airport for any of the terminals from either I-94 or I-275, Conway said. "I don't know of any other airport that you can enter either end of off two different freeways," he added.

No funding problems are expected, Conway said: "The state clearly recognizes the importance" of the project.

Traffic from I-94 heading for the new terminal, which will be exclusively for Northwest Airlines, is expected to head west to 1-275 and south to Eureka, Roach said

Although Eureka is only two lanes from Middlebelt west to the south access road, reconstructing it - planned for 2002 -"should not be such a big deal because the overwhelming majority of traffic is coming from the west," Roach said.

Nevertheless, he said, "I think our engineering staff is trying to Tuesday.

next year if possible," possibly by finding a way for the county to pay for it and then be reimbursed by the state later.

"But that's something we'd have to see if we could do," Roach added.

Regarding the controversy over the new north-south runway servicing the new terminal, Conway said Wayne County Circuit Judge Kathleen Macdonald upheld on Friday morning the county's right to reject all bids.

"She said we were doing the right thing because the project had changed enough" from the initial design to warrant its being re-bid, Conway said.

The original \$66 million bid accepted from John Carlo Inc. of Clinton Township in November was rejected because Northwest Airlines said the design was not what it had agreed to, Conway said.

New bids will be opened on

Schoolcraft offers flexible class option

Persons wishing to upgrade their computer skills whose schedules won't accommodate regular classroom instruction have a new option - Open Entry/Open Exit classes at Schoolcraft College. The classes are aimed at individuals

who can work inde-Aimed at pendently and comindividuals plete course assignwho can work ments without being independently in a traditional classroom setting.

Computer Orien-

tation, CIS 105, and Microsoft Office '97, CIS 129, are self-paced and designed so students can learn at home, at alternate locations. or in the college's computer labs. Students may register for these credit courses now through March 17 and can complete them anytime through April 27.

Although the instructors offer no traditional classroom lectures or scheduled class meetings, they will meet with each student who registers to present the course syllabus, discuss course expectations, identify assignment drop-off and pick-up locations and explain testing procedures.

* 45

They will monitor progress through course assignments. project completions and tests. Instructors will be available in the Applied Sci-

ence Computer Lab on Fridays to help students and at the Radcliff Center Computer Lab Wednesday afternoons. In addition, there will be tutors on hand Saturdays at Radcliff.

For more information, call Cheri Holman at (734) 462-4400 ext. 5112. Schoolcraft College is at 18600 Haggerty Road, between Six and Seven Mile roads, just west of I-275.

Engler panel releases education report

BY MIKE MALOTT HOMETOWN NEWS SERVICE mmalott@homecomm.net

Low- and middle-income families would get additional help putting their youngsters through college if the recommendations of the Michigan Commission on Financing Postsecondary Education are adopted.

The commission's final report, released last week, outlined four recommendations for consideration by the Legislature,

Create a Postsecondary Access Student Scholarship. PASS would cover all tuition and fees for students from lowincome families needed to get an associate's degree.

Create an education savings plan. Although Michigan already has the Michigan Education Trust, the commission found it is mainly used by those in the higher-income levels. Combining a savings plan with tax deductions would help those in the middle-income brackets.

Provide incentives-to-institutions that keep their tuition hikes below the rate of inflation.

Administration at Walsh College; Deloitte and Touche Vice Chairman Richard Gabrys; Lansing Community College President Dr. James Anderton; and Grand Valley State University Financial Aid Director Kenneth Fridsma.

The commission concluded that while there is an increased need for higher education in today's more technologically-oriented workplace, significant obstacles still stand in the way of students from lower-income families who are trying to get a degree.

"Students from some lowincome families lack necessary social and economic incentives to pursue postsecondary education," the report concluded. "For now, the commission hopes to make postsecondary education as affordable for as many students as possible. The commission understands this step, in and of itself, will not address all barriers facing low-income students.

Despite the fact that Michigan

Under the PASS program, scholarships would cover tuition while students pursue associate degrees. Students would have to take and pass the Michigan Education Assessment Program test to qualify. The program would be targeted to families making less than.\$40,000 per year.

The commission found that middle-income families, those making over \$40,000, are ineligible for current grants and must rely on student loans to finance education. The result is that many students leave college having accumulated enormous

debts.

For those middle-income families, the commission proposed combining an educational savings plan with tax deductions and matching grants. Families that make less than \$80,000 could put money away tax deferred until the students begin college. When withdrawn, it would be taxed at the student's income tax rate.

The report also notes that tuition rates have increased on average 52 percent at colleges throughout the state in the last 10 years





When teeth develop chips, the dentist, restore the tooth to its original shape hay reshape the tooth by removing small — Do you have a chipped tooth? Bonding may reshape the tooth by removing small amounts of enamel (enamel recontouring) to smooth and even out the tooth outline. Otherwise, bonding may be a more suitable option. This involves painting a composite resin directly onto the tooth to shosphoric acid, thereby creating a rough surface to which the material can bond more readily. Then, the dentist applies the subsequent layers can be added to fill in the space tett by the chip. Finally, the space tett by the chip. Finally, the sonded option of the tooth is sculpted to appointment. Smiles are out business. the space teft by the chip. Finally, the call -478-2110 - to -schedule bonded portion of the tooth is sculpted to appointment. Smiles are our business

For The 21st Century

by Herbert M. Gardner, D.D.S.

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LIVONIA VILLAGE DENTAL 19171 MERRIMAN + LIVONIA (248) 478-2110

P.S. The color of ponding material is mixed to create a perfect match with the patient's own tooth color

Veterans group wants city to open memorial park discussion

BY BRAD KADRICH STAFF WRITER bkadrich@oe.homecomm.net

AG(P)

In March 1994, the Plymouth City Commission passed a resolution approving in principle the idea of establishing a Veterans Memorial Park in the civic park out front of Central Middle School, pending development of a site plan and a cost estimate.

The planning commission took up the issue and noted several positives to the establishment of such a park. Former City Manager Steven Walters presented a recommendation to the commission in September 1995 that a public hearing be held and "limited engineering expenses" be approved to develop detailed cost estimates. Precious little has been done

since then, and the committee pushing for establishment of the park is tired of waiting.

"The city needs to stand up and say, 'We made a promise and we're going to stand by that promise,'" said John Pappas, chairman of the Committee for the Establishment of the Veterans Memorial Park. "It's time the veterans of this community were treated right."

City Manager Dave Rich says there are a couple of obstacles though not major ones - standing in the way. For instance, the commission is almost entirely new now, and current commis-

LEGAL NOTICE CHARTER TOWNSHIP OF PLYMOUTH PUBLIC TEST OF THE UNILECT PATRIOT ELECTRONIC VOTING SYSTEM

FOR THE FEBRUARY 22, 2000, GENERAL ELECTION PLEASE TAKE NOTE: A public test of the Patriot Electronic Voting System will take place at 9:00 a.m., on Thursday, February 17, 2000, in the Clerk's Office at Plymouth Township Hall, 42350 Ann Arbor Road, Plymouth, Michigan 48170, for the Presidential Primary Election scheduled for February 22, 2000. Phone # 354-3224.

The public is invited and encouraged to attend.

MARILYN MASSENGILL, CMC Clerk, Charter Township of Plymouth

Publish: February 13, 2000

CITY OF PLYMOUTH VOTING MACHINE ACCURACY TESTING

The City of Plymouth will be conducting an accuracy test on their optical scan voting equipment for the upcoming Primary Election to be held Tuesday, February 22, 2000.

Any person interested in attending this testing procedure is invited to do so. The scheduled date is Wednesday, February 16, 2000 at 2:00 p.m. at Plymouth City Hall, 201 S. Main Street, Plymouth, MI 48170.

If there are any questins, plese feel free to contact the Clerk's Office at 453-1234 x 234 or 225.

LINDA J. LANGMESSER, CMC/AAE City Clerk

L952532

Publish: February 13, 2000

CHARTER TOWNSHIP OF PLYMOUTH LEGAL NOTICE PRESIDENTIAL PRIMARY ELECTION ON TUESDAY,

FEBRUARY 22, 2000

Notice is hereby given that a Presidential primary election will be held in the Charter Township of Plymouth, Wayne County, Michigan, on Tuesday, February 22, 2000, from 7:00 a.m. until 8:00 p.m.

Applications for absentee ballots for Charter Township of Plymouth. registered voters may be requested from the Clerk's Office at 42350 Ann Arbor Road, Building No. 3, Plymouth. Phone number 354-3224 or 354-3228. Absentee ballots will be delivered to qualified absentee voters in person at the Clerk's Office from 8:00 a.m., to 2:00 p.m., on Saturday, February 19. On Monday, February 21, absentee voters may receive their ballots and vote them in the Clerk's Office until 4:00 p.m.

All polling places in the Township of Plymouth are accessible to the elderly and the handicapped.

Polling places are as follows: (Please note that the Township precinct or precinct numbers may not coincide with your school district sioners have little information about the proposal.

Another obstacle is money. 'It's a good project, and I don't think there's anything standing in the way except maybe money," Rich said. "From everything I've researched, the only thing lacking is funding. I think we're going to try to help by going after some grants, but first my commission has to be brought up to speed."

There are currently nine memorials spread out at several locations around town. Three of them - a Civil War tablet, a Spanish-American War tablet and tablets from World Wars I and II - are located on the Plymouth Rock in Kellogg Park. A Civil War monument stands in Riverside Cemetery and a Spanish-American War Cannon is in the park at Starkweather and Farmer.

There are World War I, World War II, Korean and Vietnam War tablets in the city hall lobby, and there's a World War I monument already in front of Central Middle School.

The committee wants to centralize all of these monuments, building new World War I and II monuments in the process. The park would also give the community a permanent home for ceremonies and other public activities.

The city commission six years ago asked for site plans and cost estimates, both of which were quickly provided, according to Pappas. The planning commission reviewed the site plan in June 1995, and an estimated \$133,000 cost was provided at that time.

Since then, Pappas said, the project has been pushed to the back burner.



11 1 11 DAN GADIL une donte (acons Brian Plantowski and Brad Nesh

Business gets new start

BY SUE BUCK STAFF WRITER

Auto Ameristar, a new Plymouth business, comes straight to the customer to do "mobile auto glass.

That's a service for which owner Dave Jakunskas proudly relays information.

"If somebody calls us and says that they need windshield work done, but the car is at their work, instead of taking time out of their day, I will come there and do it right in their parking lot - as long as it's not raining," Jakunskas said. The business began operating out of its new location on Ann Arbor Road, next to Wendy's Restaurant, Feb. 7. It moved from its former location on Canton Center Road, north of Ford.

"I love this location," Jakunskas said. "This is a lot bigger, almost 1,000 square feet more. There is more parking."

He specializes in repair and replacement of auto glass and original equipment glass, truck accessories, detailing, window tinting, sun roofs, rustproofing, and car audio.

Hours are 8 a.m. to 6 p.m. Monday through Friday and 8 a.m. to 2 p.m. Saturday.

There are 12 stores in the chain, each individ-

ually owned. Jakunakas has owned his store since March 1999. He's worked for the company for four years, starting in Lincoln Park.

"We did a lot more phones and alarms down there," Jakunskas said. "We do more truck accessories out here."

Popular truck accessories are grill guards, tube steps that help riders get into the truck easier and tonneau covers that protect the truck bed, he said.

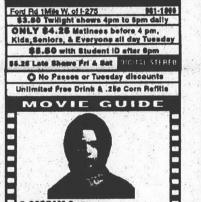
Customers get the "star treatment" when they come in, Jakunskas said. The car gets washed and vacuumed before it is returned. "I don't care if we just put on a bug shield, we will was that car for them," he said. "Customers really do appreciate that."

He also shuttles customers back and forth. "A lot of people don't want to wait two hours," he said.

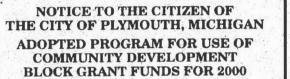
Dealerships like Bob Jeannotte, GMC/ Pontiac Truck of Plymouth Township, and McDonald Ford in Novi send him work. "That can be things that the customer wants, rustproofing, bed liners and some truck accessories, " Jakunskas said.

Jakunskas is married to Lisa. They have a son, Garrett, and a baby on the way.

CANTON 6



SUN 12:00, 2:30, 5:00, 7:15, 9:30 M/T/W/TH 5:00, 7:15, 9:30



The citizens of the City of Plymouth, Michigan are hereby advised that the Plymouth City Commission held a public hearing at the regular meeting on February 7, 2000, to hear public comments on the use of the 2000 Community Development Block Grant funds, in accordance with Federal regulations. On February 7, 2000, after consideration of the information presented during the hearing, the City Commission adopted the following programs for

th	e use of these funds:	
L	Senior Programs:	Sec.
	a. Senior Citizen Van Driver	\$24,000
	b. Senior Citizen Van Dispatcher	\$4,000
	c. Senior Citizen Chore Service	\$4,000
	d. Senior Citizen Newsletter	\$2.000
		\$34,000
2.	Old Village Improvements	\$19,000
3.	ADA Public Building Compliance	\$8,000
		000 09



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Precinct 1	Farrand School	41400 Greenbriar
Precincts 2 & 8	Friendship Station	42375 Schoolcraft
Precinct 3	Allen School	11100 Haggerty Road
Precinct 4	Township Clerk's Office	42350 Ann Arbor Road
Precinct 5	Bird School	220 N. Sheldon Road
Precinct 6	West Middle School	44401 Ann Arbor Trail
Precinct 7	United Assembly of God Chu	ch 46500 N. Territorial Road
Precinct 9	Church of the Nazarene	45801 Ann Arbor Road
Precinct 10	Fiegel School	39750 Joy Road
Precinct 11	First Baptist Church	45000 N. Territorial
Precinct 12	Pioneer Middle School	46081 Ann Arbor Road
Precincts 13 & 16	Lutheran Church of the Risen Chu	nist 46250 Ann Arbor Road
Precinct 14	Isbister School	9300 Canton Center Road
Precinct 15	First United Methodist Chur	ch 45201 N. Territorial Road
Precinct 17	NorthRidge Church	49555 N. Territorial Road
		MARILYN MASSENGILL, CMC
and the second second		, Charter Township of Plymouth

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SUN 12:50, 3:00, 5:00	
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COUPON	-
ONE FREE 460Z POPCORN (MEASURED IN VOLUME NOT WEIGHT)	
(MEASURED IN VOLUME NOT WEIGHT)	
BUSSESS WITH THIS AD CP	:
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"LIVING TRUST" "What You Ought to Know About Living Trusts"

(What you don't know could cost your family thousands of dollars!)

f you own a home...or you have assets worth at least \$100,000...you owe it to yourself -- and your family -- to get the facts on living trusts. If you think you're protected with a simple Will ... think again ... A Will guarantees that your estate will go through probate, which means that your family may not be able to take possession of your estate for many months, or even years! Plus, if your estate is over '675,000, your family may owe

estate taxes which could amount to 37-55%.

This means that your family may have to sell some assets just to pay the estate taxes!

A living trust avoids all this by avoiding probate and minimizing estate taxes. Plus, a living trust will protect your estate if you become incapacitated during your lifetime by avoiding a conservatorship. This means that your estate will be managed as you see fit, not as a court-appointed guardian sees fit.

To find out more about the benefits of living trusts, attend one of these free seminars ...

FARMING TON HILLS Tues, Feb. 15 10:00 - 11:30 am Coffee & Cookles Farmington Community Library 32737 W. Twelve Mile Fload	STERLING HEIGHTTS Tues., Feb.15 7:00 - 8:30 pm Coffee & Cookles Freedom Hill Main Building 15000 Metro Parkway	NOVI Wed., Feb. 16 7:00 - 8:30 pm Coffee & Cookles Novi Community Center 45175 W. Ten Mile Road	ROYAL CAK Wed., Feb. 16 7:00 - 8:30 pm. Coffee & Cookles Royal Oak Woman's Club 404 S. Pleasant Street	LIVONIA Thurs., Feb. 17 7:00 - 8:30 pm Coffee & Cookles Livonia Civic Center Library 32777 Five Mile Road	TROY Thurs., Feb. 17 7:00-8:30 pm MSU Management Education Center 811 W. Square Lake Road
When you attend or seminars, you'll recei hour consultation wit (worth \$165) you can find out ho cruss will benefi	t you. Don't Dolay	Nonty of free parking w Offices in: Royal Oak, actorneys at Einheuser & it living crusts and proper ie American Academy of E inars are "informative 6 air; - Call SOC-694-63 roww.EAcatatolaw.	CUSCE & Associ Utica, Brighton and Associates speak to area estate planning. They is state Planning Attorne p-is-suderstand."	ates, P.C. <i>Tayler</i> residents are members ysand their two Your Seat or	EINHEUSER & ASSOCIATES PC ATTORNEYS AND COUNSELORS AT LAW

TOTAL \$62,000 LINDA LANGMESSER, CMC/AAE City Clerk

in the Plymouth Observer

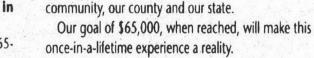
Publish: February 13, 2000

You can help make a dream come true for 65 young musicians.

Thurston High School's 1999-2000 Honors Band has received an invitation to play in **Carnegie Hall!**

The National Band Festival has invited the 65-

member Thurston Honors Band to travel to New York City by charter bus with their band director, Edward J. Lucius, for a scheduled performance on Friday, April 21, 2000.



wonderful Carnegie Hall experience.

a positive image for our school system, our



We read so much these days about what is wrong with our schools and our young people. Here is something very right!

The invitation to Carnegie Hall and the performance by these talented young musicians (one of 9 bands from 77 bands nationwide) reflects



Mail to THURSTON HIGH BAND BOOSTERS P.O. BOX 40532 **REDFORD**, MI 48239

Please show your support with a contribution to

make sure our Thurston Honors Band has a

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GRANT ARNOT

Private services were held for Grant Arndt, 92, of Canton. He was born Sept. 25, 1907, in

Holly, Mich. He died Feb. 4 in Taylor. He was an accounting manager at Petroleum.

Survivors include his wife, Ruth Arndt of Canton; one son, Alan (Gloria) Arndt of Canton; four grandchildren.

Memorials may be made to the donor's choice.

Local arrangements were made by Vermeulen Funeral Home, Westland.

RUTH L. URTON

Services for Ruth L. Urton, 78, of Cherokee Village, Ark ... (formerly of Plymouth) were Feb. 10 at the Schrader-Howell Funeral Home, Plymouth with pastor James Hoff officiating. Burial was in Washtenaw Memorial Park, Ann Arbor.

She was born Jan. 5, 1922, in Livonia. She died Feb. 5 in Cherokee Village, Ark. She worked as an administrative officer for the government. She came to the Plymouth community in 1926 from Livonia. She was a member of St. Paul's Evangelical Lutheran Church and Peace Lutheran Church in Arkansas. She was treasurer of Superior Township from 1971 to 1984. She was active in several clubs and organizations in Cherokee, Ark.

She was preceded in death by her two sons, Thomas Clifford Urton and Donald Charles Urton. Survivors include her husband, Albert of Arkansas; one step-son, James (Barbara) Urton of Marblehead, Ohio; two sisters, Esther Merryfield of Plymouth, Evelyn LeFever of Plymouth; two brothers, Edwin Ash of Plymouth, Russell (Virginia) Ash of Plymouth; three grandchildren; five great-grandchildren.

Memorials may be made to St. Paul's Evangelical Lutheran Church, Livonia.

JOHN R. MACDIARMID

Services for John R. MacDiarmid, 74, of Canton were Feb. 12 at L.J. Griffin Funeral Home, Canton with the Rev. Larry Betz officiating.

He was born Jan. 4, 1926, in Wyandotte. He died Feb. 9. He worked in service repair for Detroit Edison.

He was preceded in death by his son, Brian; and one grandchild. Survivors include his wife, LaVerne; one daughter, Pamela (Terry) Campbell; one son, John; one sister, Majorie Millar; and five grandchildren.

CARMELA (NELLIE) PANZICA

Services for Carmela (Nellie) Panzica, 95, of Plymouth were Feb. 12 at Our Lady of Good Counsel Church with the Rev. Doc Ortman officiating.

She was born May 19, 1904 in Pittston, Pa. She died Feb. 9. She was a homemaker.

She was preceded in death by her husband, Phillip. Survivors include three daughters, Mary J. (Albert) Kopack, Rose (Loren) McDonald, Josephine A. (Leo) Karczewski; two sons, Samuel M. and Raymond P. (Marilyn); four sisters; 16 grandchildren; and 13 great-grandchildren.

Local arrangements were made by the L.J. Griffin Funeral Home, Canton.

FLORENCE ELIZA WILLIS PLANT

Services for Florence Eliza Willis Plant, 92, of Ypsilanti were Feb. 10 at the Douglas Memorial Chapel of the First Congregational Church, Ann Arbor, Burial will be in Woodslee, Ontario, Canada at a later time.

She was born June 12, 1907. She died Feb. 7. She was preceded in death by her daughter. Ella Margaret Plant Hawes.

MILITARY NEWS

Army Cadet Kyle D. Petroskey was placed with honors on the dean's list at the U.S. Military Academy, West Point, N.Y., for maintaining a required 3.0 grade point average.

in Craighed George

The cadet plans to graduate in the year 2001 with a bachelor's degree and will be commissioned as a second lieutenant in the U.S. Army.

The mission of the U.S. Military Academy is to educate, train and inspire young cadets to be com-

missioned officers and leaders of character who are committed to the values of "duty, honor, country," and professionalism throughout their Army career.

Petroskey is the son of Larry and Sandy Petroskey of 10988 Sherry Lane, Plymouth.

He is a 1997 graduate of Plymouth Salem High School, Plymouth.

OBITUARIES

Survivors include his daughter, Shirley Ann (Robert) Southgate of Ann Arbor; five grandchildren, Ruth Anne Southgate Otto (Charles), Jane Elizabeth Southgate Held (Richard), Sara Margaret Southgate McCormick (Patrick), William Kenneth Hawes III (Lisa), Robert Ernest Hawes; six great-grandchildren, Stephanie Held, William Held, Robert Held, Heather Held, Ryan McCormick, Alexander McCormick.

Memorials may be made to Arbor Hospice, 2366 Oak Valley Drive, Ann Arbor, MI 48103. Local arrangements were

made by Janowiak Funeral

grandchildren and volunteering

Home, Geer Logan Chapel, Ypsilanti.

JOHN M. YOUNG

Services for John M. Young, 72, of South Lyon (formerly of Plymouth) were Feb. 9 at St. Patrick Catholic Church, Brighton with the Rev. Dan J. McKean officiating. Burial was in Holy Sepulchre Cemetery, Southfield.

He was born Jan. 17, 1928.

at St. Vincent DePaul, Houghton Lake

He died Feb. 6 at St. Joseph Mercy Hospital. He was an active member of St. Patrick Catholic Church and the Knights of Columbus Brighton Council. He enjoyed golf, playing with his

He was preceded in death by his son, Mark Young; and one granddaughter, Erica Young. Survivors include his wife, Ruth; 10 children, Diane (Daniel) Gavin, Linda Caloia, Marcia

(Doug) Merithew, Mary (Joel) Posuniak, Karen (Bruce) Turner, Joseph (Susan) Young, Gretchen (Jay) Lawton, Craig, Paul and Cynthia Young; 23 grandchildren; and many nieces and nephews.

Memorials may be made in Mr. Young's name to St. Vincent DePaul or the American Heart Association.



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(In Hours: Mon FD.I.C.	Detroit 31 W. Warren • 313-832-7971 side University Foods Supermarket) -Sat 11:00AM-7:00PM Sun 12:00PM-6:00PM REGISTER FOODS REGISTER FOODS Bring this coupon into the Detroit or Canton Flagstar banking center and enter to win one of	BANK Canton A2200 Ford Road • 734-981-4942 Lobby Hours: Mon-Fri 8:30AM-5:30PM Sat 8:30AM-12:00PM Drive-Up Hours: Mon-Fri 7:30AM-7:30PM Sat 8:30AM-4:00PM Mith this coupon Mith this coupon Mith this coupon Mith this coupon Mith this coupon Mith this coupon Mith this coupon
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Head Start management change may take program out of schools

BY LAURIE HUMPHREY STAFF WRITER

Hundreds of Wayne County Head Start parents are wondering where their children will attend school next year.

At the same time, local school board members will be asked to hay off everyone who works in Head Start programs in area schools. As of July 1, all Head Start employees will be receiving their pay check from Starfish Family Services of Inkster.

These are just three effects of a fund-management transfer between the Wayne County Regional Educational Service Agency (RESA) and Wayne County. As of Aug. 31, 1999, Wayne County RESA was "no longer involved" with the \$17 million federal grant awarded to Head Start children for Wayne County communities other than Detroit.

"We determined that Wayne County had more resources available," said Michelle Gaynier, communications manager for Wayne County RESA.

Head Start is a federally-funded preschool program for at-risk children 3-5 years old. To be eligible for the program, children must come from a low-income family or have impairments which would affect their readiness for K-12 public education.

"Head Start to me is the best federally-funded program that has been developed," said Kay Beard, Wayne County Commis-sioner for Westland, Garden City and Inkster.

"Most kids when they enter kindergarten know their ABCs, have been read to and some even have the beginnings of reading. But there are so many children in disadvantaged areas that don't have that nurturing. Head Start provides that nurturing."

It was never a question of canceling the Head Start program according to Gaynier, it was just a matter of finding another organization to be the grantee.

" "Our target is K-12 pubic education. But Head Start is not just education, they also deal with health, family and other issues. Wayne County is just a better match," she said.

Our target is K-12 public education. But Head Start is not just education, they also deal with health, family and other issues. Wayne County is just a better match.'

> Kay Beard Wayne County Commissioner

Once Wayne County became the grantee, they contracted with Starfish Family Services to operate the program in western Wayne County. Currently, most of the programs of western Wayne County are run in school districts: Redford Union, Livonia, Wayne-Westland, Plymouth-Canton, Inkster, Crestwood and Westwood. Only a few of the programs are being run out of local YWCAs in Garden City, Dearborn and Taylor.

While little will change for children attending Head Start programs in the Ys, children who attend the sites run out of schools could see a huge change.

First, the programs will no longer be run in the schools unless the various boards of education allow them to use the facilities, transportation and support staff free of charge.

Second, since school districts no longer have any control of or accountability for Head Start, they will have to pink-slip the current Head Start staff. These employees can then reapply for their jobs with Starfish, but the job responsibilities, rate of pay and locations are not guaranteed to be the same.

Third, every teacher hired for Head Start will need to have a degree by 2003 or face dismissal.

Fourth, if students are uprooted from their current sites, they may have to find transportation to and from school, or to and from speech and hearing therapy if they need the assistance (at least 10 percent of the students at every site do need that help).

"I know this is frightening to the parents, the staff and the children," Ouida Cash, chief executive officer for Starfish Family Services, told a Livonia parent group Wednesday morning. "We are trying to help the transition be as smooth as possible.'

According to Carolyn Gray, executive director of Children and Family Services for Wayne County, representatives from all the sites were invited to discuss the changes at a meeting about one year ago.

"At this meeting, they all signed letters of support indicating they would continue the operations in their sites," she. said.

However, there was no mention of who would pay for operations and that is one of the sticking points. Gray would like to continue operating where the students are familiar with the staff and the building, but it will be up to the individual school districts.

She suggested that school districts routinely offer the space, busing and support staff free of charge, "because these will be their kids in a couple years." Detroit and many downriver schools have offered their facilities to maintain the program.

She admitted, however, that because resources are limited, "across the country, more and more school districts are getting out of Head Start." Plymouth-Canton schools have already informed Starfish that they will need to find a new, licensed facility for next year.

Gray said finding a new place for those students will not affect the start-up date. School will start in September as planned.

Her goal is to keep things running "as smooth as possible for the children and their families."

"Sometimes these children are used as pawns, but we are trying to avoid that," she said.

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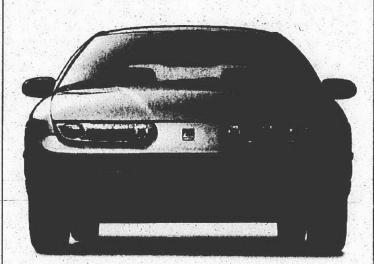
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For the convenience of our new and existing patients Dr. Najor will be practicing in both our AIIM Canton office as well as in our Eastside Ann Arbor AIIM office. We warmly welcome her to Canton!



Lanore Najor, DO Formerly a senior physician of the Henry Ford

Medical Group and a registered nurse at Harper Hospital, Dr. Najor brings ten years of experience

and a track record of exceptional patient care to our practice. With IHA since 1998, a warm and caring approach characterize all her interactions. Dr. Najor is currently accepting new patients beginning at age fourteen.

Gary Peppin, MD

In private practice since

1994, Dr. Peppin has relo-

cated care for his Belleville

patients to our new Canton

office. He demonstrates to



patients and staff his commitment to personalized, high quality health care.



Robert Stankewitz, MD Robert Stankewitz, MD resides in Plymouth with his family and joins our practice with fresh ideas and state-of-the-art techniques supported by his

firm beliefs in long-term relationships with patients and the proven benefits of preventive medicine



As a nurse practitioner, Darcey Owings is commited to high quality patient care through education. Working with our physi-

cians, her experience and specialized training create the relaxed, knowledgeable approach that gives her patients confidence.

(734) 398-7800

ASSOCIATES IN INTERNAL MEDICINE Canton Health Building, 1600 S. Canton Center Road, Suite #220





The Observer

INSIDE

College sports, B2 Recreation, B5

P/C Page 1, Section Sunday, February 13, 2000

OBSERVER SPORTS SCENE

Still unbeaten

Plymouth Salem ran its volleyball record to 8-0 in the Western Lakes Activities Association with a 15-0, 15-5 victory over North Farmington Wednesday at North.

The Rocks improved to 29-8-1 overall

It wasn't much of a challenge for Salem. Eight of their 30 points came on service aces, with Liz Gizicki and Amanda Suder accounting for three apiece.

Indeed, the Rocks totaled just 13 kills (with only four errors) and had only 12 digs. Suder and Denise Phillips led in kills with three each -Phillips had a .600 kill percentage, Suder'a .400 - while Michelle Ginther, Katie Good and Mary Lou Liebau had two apiece.

Ginther led the team in digs with four. Jill Dombrowski collected 11 assists to kills.

The win leaves Salem with one. major obstacle between it and a WLAA regular-season championship - Livonia Franklin, which the Rocks host at 7 p.m. Wednesday.

Top gymnast

Hillary Bracht proved she belonged in the 'Circle of Stars.'

The 10-year-old Plymouth native competed at the Circle of Stars gymnastics meet in Indianapolis Feb. 5 and placed first in the all-around in her division (Level 8).

A member of the Gedderts Twistars of Lansing team, Bracht scored 36.175 in the all-around competition. She finished first in the vault (9.0) and balance beam (9.575), was fifth in the floor exercise (9.15) and eighth in the uneven parallel bars (8.45).

A fifth-grader at Bird Elementary, Bracht was competing for the first time at Level 8.

Not quite enough

Janell Twietmeyer continues to shine for Alma College's women's basketball team, but it wasn't enough to prevent a three-game losing streak for the Scots.

Twietmeyer had 13 points for Alma against visiting Kalamazoo College Feb. 5, but the Hornets prevailed 65-63. The loss left Alma at 11-9 overall, 8-5 in the Michigan Intercollegiate Athletic Association.

A freshman. Twietmever was aver-

North edges Salem, 48-44

BY ED WRIGHT STAFF WRITER

It was only fitting that the outcome of Friday night's emotion-packed game between Plymouth Salem and North Farmington was decided by a last-second, three-point shot that arced high towards the heavens before descending back towards the rim.

With his team trailing, 46-44, and just a few ticks left on the clock, Salem guard Andy Kocoloski fired up a potential game-winning, three-point attempt from four feet beyond the top of the key. As everyone in the jam-packed gym held their breath, the ball hit the back of the rim and bounced into the hands of Salem's Matt McCaffrey, whose putback also missed the mark.

Raider forward Adrian Bridges snatched McCaffrey's miss, was intentionally fouled with four-tenths of a second to go, and calmly drained two free throws to seal North Farmington's 48-44 victory.

Emotions were charged minutes before the Parents' Night game in the Rocks' gymnasium when the entire Salem team escorted the parents of Mark Bolger to center court. Bolger, a junior forward, died Jan. 28, a short time after collapsing during halftime of the Rocks' game against Livonia Stevenson.

-Bolger's death and the circumstances that surrounded Friday night's game stirred somber memories for North Farmington coach Tom Negoshian. Twelve years earlier, one of his players - Matt Leiter - died during halftime of a game.

Just a few minutes before he died, Leiter had scored his first-ever points as a member of the varsity basketball team.

"When you lose a young man like Salem did and like we did eight years ago, it puts everything else in perspective," an emotionally-drained Negoshian said. "Both teams played hard and — win or lose — they came together at mid-court after the game and said a prayer. That's what it's all about.'

The narrow victory secured the Raiders' position atop the Western Lakes Activities Association standings with an 8-1 league mark. North Farmington is 10-5 overall.

Salem dropped to 8-7 overall and 4-5 in the WLAA.

"When you play a good team like North Farmington, every possession is every loose ball and every rebound. I continued. "I thought we played



North's Emir Medunjanin (34) in a game highlighting the post players. McCaffrey scored 13, Mejunjanin had 23.

critical, so you have to take care of the ball," said Salem coach Bob Brodie. "Towards the end, they seemed to get

give them a lot of credit. They played hard.

"I was proud of my team, too," Brodie

extremely hard. We just gave them too many opportunities.

After McCaffrey rebounded a missed North Farmington free throw with 24 seconds left and Salem trailing by two, Brodie emphatically tried to call-4 time-out so that he could diagram a play for his team. However, his efforts went unnoticed by the three referees.

"I don't know if it was because it was so loud in the gym or what, but the ref couldn't hear me (calling for the time-out)," Brodie recounted. "We wanted to set up a play that would have had us take the ball hard to the rim so that we could get an opportunity to either tie the game or win it, but I couldn't get the ref's attention.'

Minus the time-out, the Rocks couldn't penetrate the Raiders' sagging zone defense and were forced to pass the ball around the perimeter before settling for Kocoloski's 23-footer.

"I was very worried at the end when they had the ball because the way the game was going, it just seemed like the team that took the last shot was going to win," Negoshian said. "Throughout the entire game, every time we would get a little lead, it seemed like they would come right back down and hit a three and get back into it.

"I'm sure it was a fun game to watch, but coaching was hard work tonight," he said, smiling.

The effort of North Farmington senior Emir Medunjanin also brought a smile to Negoshian's face. The 6-foot-6 forward punished Salem with his work around the glass, as he drained 23 points and hauled down a game-high 11 rebounds.

Medunjanin was especially tough down the stretch as he scored eight of the Raiders' 14 fourth-quarter points.

Senior Phil Watha shined from the perimeter for North Farmington, scoring 10 points, including two momentum-seizing three-pointers in the latter stages of the third quarter. Bridges scored just three points, but his defensive presence was instrumental in shutting down Salem's inside game.

Offensively, the Rocks were paced by the trio of McCaffrey (13 points), guard Ryan Cook (13 points) and Kocoloski (12 points). The other eight Rocks combined for just six points.

Defensively, McCaffrey excelled, blocking four Raider shots. He also had three steals.

Please see SALEM-NORTH, B3

Chiefs stop Churchill in OT

aging 8.9 points and 5.7 rebounds in 22.9 minutes per game. She was leading the MIAA in free-throw shooting, converting 35-of-40 from the line (87.5 percent). She also ranked sixth in three-point shooting, making 25-of-66 from beyond the arc (37.9 percent).

Softball teams needed

Madonna Universityhas two openings remaining for its 2000 High School Softball Tournament, which will be May 20-21 at the Canton Softball Center.

All teams are guaranteed three games. Those interested should contact Madonna head softball coach Al White at (734) 432-5783 for more information.

Hoop tournaments

•A qualifying tournament for the USSSA World Basketball Tournament - Competitive Division is scheduled for March 17-19 at Allen Park HS and Allen Park Middle School. The tournament is for both boys and girls, grades 6-8.

Play is round-robin with a threegame guarantee. Cost is \$250, with an entry deadline of March 3.

For more information, contact Kevin Wilkinson at (313) 274-5405 or email him at wilkk@ixnetcom.com, or call Jeff Bradley at (734) 595-6096.

•The Great Lakes Spring Classic, a USSSA State Tournment - Open Division event that serves as a qualifier for the USSSA World Tournament, is scheduled for April 7-9 at Allen Park HS and Allen Park Middle School.

The tournament is for seventhgrade boys (13-and-under) and eighth-grade boys (14-and-under). Play is round-robin with a three-game guarantee. Cost is \$275.

For more information, contact Kevin Wilkinson at (313) 274-5405 or email him at wilkk@ixnetcom.com, or call Jeff Bradley at (734) 595-6096.

Anyone interested in submitting items to Sports Scene or Sports Roundup may send them to sports editor C.J. Risak, 36251 Schoolcraft, Livonia, MI, 48150, or may FAX them to (734) 591-7279.

Plymouth Canton withstood a late charge by Livonia Churchill, then converted the shots it had to in overtime to get a key 71-63 basketball win at Livonia Churchill Friday.

The Chiefs improved to 7-8 overall with their third-straight win; they are 6-3 in the Western Lakes Activities Association. The Chargers suffered their second-consecutive defeat, falling to 8-7 overall and 4-5 in the WLAA.

An 18-11 surge in the third quarter had carried Canton to a 50-43 lead going into the fourth. But the Chargers roared back behind the play of John Bennett, who scored 14 points in the period - two three-pointers and 8-for-8 at the free-throw line - to knot it.

Indeed, Churchill had the ball with 2.1 seconds left in regulation. An inbounds play got the ball to Bennett, but his shot was off-target, thanks to some solid defense supplied by Kenny Nether.

"We defended (Bennett) as good as we could, and he still hit 'em," said

BASKETBALL

Canton coach Dan Young.

"He took over the game in the fourth quarter," added Churchill coach Rick Austin. "He's our go-to guy."

The overtime, however, belonged to the Chiefs, who got three points apiece from Nether, Jason Waidmann and Jay Sofen in outpointing Churchill 9-1.

The one-two punch of Waidmann and Nether wrecked Churchill. Waidmann finished with 24 points, Nether with 22. Dan McLean added 11. And all three worked the boards to perfection.

"Our inability to rebound really hurt us," Austin said. "Those two players (Waidmann and Nether) are great for Canton. They just had their way on the boards tonight.

"We ran multiple defenses and kept Canton pretty much in check. But we lost the battle of the boards. There were a lot of putbacks for Canton."

Bennett led all scorers, getting 31 for Churchill. Brandon Dziklinski scored 11 and Randall Boboige had nine.

Canton led 21-15 after one quarter, but the Chargers fought back to tie it at 32-all at the half.

PCA 66, Roeper 60: The victory seemed to be safely tucked away for Plymouth Christian Academy Friday, with visiting Bloomfield Hills Roeper trailing by 11 with 1:08 to play.

But the Roughriders charged back, making a couple of three-pointers and eventually narrowing the gap to three. They had possession and a shot at the game-tying basket, but missed.

PCA's A.J. Sherrill grabbed the rebound, was fouled and converted the free throws to ensure the triumph.

The win, the Eagles' eighth straight, improved their record to 10-4 overall, 6-2 in the Michigan Independent Athletic Conference.

Four players reached double figures

Please see **BASKETBALL**, B3



STAFF PHOTO BY PAUL HURSCHMAN **100th career win:** Canton's John Pocock (top) won by injury default against Farmington's James Clarahan, making him 100-20 in his wrestling career.

Rocks win, Chiefs tie in crossovers

It was getting interesting, for certain. Plymouth Salem hosted Walled Lake Western in a Western Lakes Activities Association crossover wrestling dual meet Thursday at Salem in a battle of second-place finishers. The story with the Rocks all season was to dominate early in the meet and hang on late, because their strength was in the lower weight classes.

When the Warriors won three-straight matches, at 152, 160 and 171 pounds, the collar was tightening for Salem. But wins by Mike Popeney at 189 and Zack Jensen at 215 turned that around for the Rocks, who emerged with a 40-32 victory.

Popeney won by pinning Rob Thompson in just 12 seconds, and Jensen posted a 3-2 victory over Neil Retherford.

Other pin-winners for Salem were Pete Bobee at 103, in 3:57 over Dan Drenikowski; Ron Thompson at 119, in 1:10 over A.J. Lee; Rob Ash at 125, in 1:48

Please see WRESTLING, B2

SWIMMING Salem 5-0 in WLAA

This meet served one significant purpose for Plymouth Salem's swim team: Get a look at some different people.

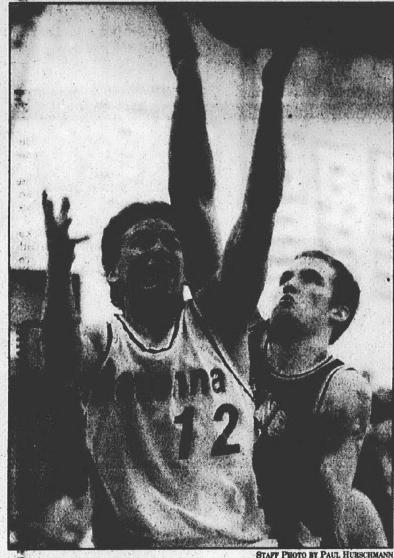
"It's one of those meets you swim everybody and get some new names in the paper," said Salem coach Chuck Olson after the Rocks defeated Westland John Glenn 143-16 Thursday at Glenn. "We have the MISCA meet Saturday, so some of our better guys got to rest.

"Hopefully, they'll be ready to swim fast Saturday."

The Rocks won all but one event. Individual-event winners were Dave Carson in the 200yard freestyle (2:05.41); Adam Sonnanstine in the 200 individual medley (2:23.53); Mike Johnson in the 50 free (23.21); Hugo Alvarez in the 100 buttefly (1:00.66); Mark Witthoff in the 100 free (51.18); Mike Horgan in the 500 free (5:26.50); Brian Dorogi in the 100 backstroke (1:03.77); and Jason Rebarchik in the 100 breaststroke (1:09.04).

Eric Lynn, Rebarchik, Ben Dzialo and Johnson combined for a first in the 200 medley relay (1:47.44); Kevin Kilgore, Peter Neuroth, Ryan Kappler and Carson teammed for a first in the 200 free relay (1:41.36); and Johnson, Dzialo, Witthoff and Lynn won the 400 free relay (3:30.12).

The win raised Salem's dualmeet record to 10-1 overall and kept the Rocks perfect in the WLAA at 5-0. They finish their WLAA dual season at 7 p.m. Thursday against the Farmington/Farmington Harrison combined team, at Salem.



Nothing easy: Madonna's Aaron Cox gets two of his team-high 17 points against Spring Arbor.

BY C.J. RISAK SPORTS EDITOR cjrisak@ce.hom ecomm.net

It was a chance to do something special. To win two-straight games, a rarity for Madonna University's men's basketball team. And to overcome the odds, to win with perhaps your best offensive threat on the sideline, watching.

And for virtually the entire game Wednesday against visiting Spring Arbor, it appeared the Fighting Crusaders were prepared to pull it off. But then .

History repeated itself. The Crusaders found a way to lose, surrendering several chances down the stretch to put the game away as the Cougars escaped with a 52-49 victory.

"Let's face it," said Spring Arbor coach Ryan Cottingham afterwards, "we stole one tonight. We were fortunate enough to hang in there and pull it out at the end.

Cottingham, whose team improved to 13-16 overall and 5-6 in the Wolverine-Hoosier Athletic Conference, was right. The victory had been within the Crusaders' grasp since the start, but they couldn't put it away.

Madonna (4-24 overall, 2-9 in the WHAC) never trailed in the first half, but its 26-17 lead with 3:53 left evaporated when the Cougars scored the final eight points of the half - five by Derek Anspaugh.

The Crusaders still had a one-point lead at the break, but Anspaugh made certain that wouldn't last long.

The 6-foot-6 senior center picked up in the



Stretch run tops Crusaders

second half where he left off in the first, taking advantage of an opening in the Madonna defense on the left side of the basket. He grabbed three offensive rebounds, turning them into Spring Arbor's first six points of the half - and the Cougars' first lead.

Neither team led by more than four in the second half. With the drama escalating as the game time diminished, it became apparent the victory would rest with who did what in the final moments.

Two free throws by Dan Kurtinaitis with 1:46 left had given Madonna a 49-46 lead. The Crusaders played solid defense; they forced a pair of misses on the Cougars' next two possessions.

But they couldn't take advantage. Jason Skoczylas missed three free throws in the final 90 seconds, Chad Putnam missed three three-point tries in the last three minutes. and in the final second, a desperation halfcourt shot by Aaron Cox bounced off the rim.

Spring Arbor got a free throw by Jason Khon with :51.1 remaining, setting the stage for Bryan Gordon's game-winning shot: a three-pointer from the top of the arc with :17 left, giving the Cougars a one-point lead. Putnam's triple try was blocked with :03 left, Anspaugh's two free throws in the final

second provided the final margin. Mike Massey, Madonna' top offensive play-

er, was serving a three-game suspension after drawing two technical fouls in a game

Ocelots roll

CC Feb. 5.

An impressive overall perfor-

mance carried Schoolcraft Col-

lege to a 72-47 victory at Alpena

The win pushed the Lady

Ocelots' record to 9-10 overall, 8-

4 in the Michigan Community

College Athletic Association's

Eastern Conference. Through

Wednesday, Alpena was 8-15

"It was probably one of our

best games of the year all-

around, offensively and defen-

sively," said SC coach Karen

overall, 4-9 in the conference.

against Rochester College Feb. 6.

"We were careless with the ball," said Madonna coach Bernie Holowicki, reflecting on his team's 23 turnovers. As far as the failure to cash in on chances down the stretch, he added, "That's what hurts. We had open shots in the last few minutes. You've got to make those

Anspaugh's 20 points and 10 rebounds paced Spring Arbor. Gordon and Dustin Scharer had nine apiece.

The Crusaders got 17 from Cox and nine from Jordan Garrison.

Ocelots roll past WCCC

Seven players reached double figures in scoring for Schoolcraft College, sending the Ocelots to a 119-52 win over visiting Wayne County Community College and into Saturday's key match-up at Flint Mott CC with a 12-0 conference record.

SC is 19-4 overall and in first place in the Michigan Community College Athletic Association's Eastern Conference. The Ocelots have won 13-straight. Wayne fell to 6-14 overall, 1-11 in the conference.

Robert Brown led SC with 24 points and 13 rebounds. Lamar Bigby added 19 points, Quentin Mitchell had 15, Dwight Windom scored 14 and gathered 12 boards, Reggie Kirkland netted 12 points and seven assists, Brian Williams had 10 points and seven assists, and Tony Jancevski (from Plymouth Salem) finished with 10 points and seven rebounds.

Wayne got 12 points apiece from David Rucker and Russell Little.

restling from page B1

Dendrinos at 140, in 2:24 over Nick Jasko.

Winners by decision were Lucas Stump at 130, by a 10-2 märgin over Justin Nasarross, and Josh Henderson at 145, by a 124 score over Jeff Zilan.

Salem hosts the state district team tournament Wednesday. with the Rocks going against Plymouth Canton in one semifinel and Livonia Churchill and Lippnia Stevenson pairing off in another, both at 5:30 p.m. The winners meet at approximately 7 p.m

Pocock wins 100th

The news for John Pocock was graat.

The senior 145-pounder got an injury default victory over Farmington's James Clarahan at 5:58

over A.J. Escobar; and Steve to earn the 100th victory of his career.

The news for the rest of the Chiefs wasn't so good. Pocock's win boosted their lead to 30-9 in this WLAA crossover meet at Farmington, but it was downhill after that. Canton won just one other match - Phil Rothwell on a void at 189 — as the Falcons stormed back to get a 36-36 tie. Which gave Canton a 19-5-1

dual-meet record, 5-2-1 in the WLAA. "It's a lot of wins for anybody,"

Canton coach John Demsick said of Pocock's accomplishment. "He's quite a wrestler for anyone totry and match up against, and a coach's dream. He's a natural leader and his work ethic raises the tempo of the whole wrestling room

Pocock's win boosted his sea-

The people

you need will

son record to 35-4; he is 100-20 for his career.

Other Canton winners against Farmington were Rob Schnettler at 103, with a pin of Kevin Ostranger in 1:17; Brad Kreger at 112 on a void; Kevin Rodriguez at 125, with a pin of Josh Woods in :56; Chris Hosey at 130, by an 8-1 count over Ralph Turk; and Greg Musser at 135, with a 7-1 decision against Nick Rameriz.

The Chiefs had a 30-12 lead with five matches to go, but suffered pin losses in four of them. Canton goes against Salem in

the opening round of Wednesday's state district team tournament, starting at 5:30 p.m. at Salem. The winner meets the winner of the Livonia Churchill-Livonia Franklin meet at approximately 7 p.m.

A second half stall-out meant a 71-57 loss for Madonna University's women's basketball team in a game played Wednesday at Spring Arbor.

The loss dropped the Lady Crusaders to 10-13 overall, 4-7 in the Wolverine-Hoosiers Athletic Conference. Spring Arbor is 16-8 overall, 7-4 in the WHAC.

Madonna led 33-31 at the half. thanks to a defense that limited the Cougars to 11-of-30 shooting (36.7 percent) from the floor. The second half was another story; Spring Arbor made 14-of-31 shots (45.2 percent) while allowing Madonna to make just 8-of-26 (30.8 percent), which led to a

40-24 scoring advantage. Chris Dietrich led the Crusaders with 17 points. Michelle Miela had 14 and Kristi Fiorenzi

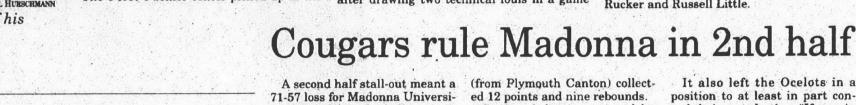
(from Plymouth Canton) collect-It also left the Ocelots in a position to at least in part coned 12 points and nine rebounds. trol their own destiny. "If we win Spring Arbor was paced by our last four games, we could fin-Kristin Dankert's 14 points and ish in second place (in the con-Michelle Robson's 10. ference)," Lafata noted, then added, "That's the best case sce-

> nario.' Angelica Blakely earned conference player of the week honors last week, totaling 51 points and 32 rebounds in two games. Against the Lumberjacks, she had 21 points and 10 boards.

Janell Olson added 20 points and four steals, Carly Wright had 12 points and seven boards, and Antone' Watson contributed nine points and nine assists.

Alpena was led by Sofie Bootz's 12 points and Melissa Van Stedam's 11.





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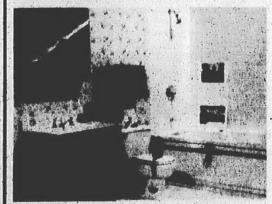
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MACOMB SPORT & EXPO CENTER FEBRUARY 18-20, 2000



All entries become the property of WJR. No cash equivalents. Judges decision is final. No purchase necessary. Winner will be announced May 13, 2000.

Basketball from page B1

in scoring for PCA: Dave Carty with 19, Derric Isensee and Sherrill with 13, and Mike Huntsman with 12. Huntsman grabbed seven rebounds and Sherrill had four assists

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The Eagles led by six (44-38) entering the fourth quarter.

Notre Dame 81, CC 73: When Redford Catholic Central held a 57-43 lead at the start of the fourth quarter Friday night, little did it know that Harper Woods Notre Dame had the Shamrocks right where they wanted them.

The Irish unleashed a furious assault that produced a 38-16 period and led to an 81-73 upset victory over the Shamrocks.

"We got lulled into a false sense of confidence," CC assistant coach John Mulroy said. "We never got far enough ahead to make them quit."

The Fighting Irish made 18-of-27 free throws in the final period and 25-of-37 overall. The Shamrocks were 17-of-24 at the line for the game.

Junior Marcuz Young scored a game-high 20 points for Notre Dame (3-7, 3-12). Senior Juan Caldwell had 17 and sophomore Ryan Biggs 14.

CC (5-5, 7-9) had four players in double figures. Senior Rob Sparks had 19 points, senior Matt Loridas 15, junior Ryan Celeskey 13 and junior Mark Willoughby 11.

Salem-North from page B1

blow this game wide open early when a long three-pointer by junior guard Mike Patterson gave them an 18-10 lead twoand-a-half minutes into the second quarter.

However, Salem countered with a 10-0 run over the next three minutes to take a 20-18 lead. North Farmington closed out the first half with two Watha free throws and an offensive tipin from Medunjanin with one second left, and led 22-20 at intermission.

The most scintillating play came early in the second half when, on a fast-break, Cook dished off a perfect behind-theback pass to a streaking Ryan

Franklin vs. Milford

The Raiders threatened to. Haydon, who laid the ball in to put the Rocks up, 25-24.

Salem's last lead of the game came at the 3:10 mark of the third quarter on a steal and layup from Kocoloski.

Watha made a crucial play with 1:30 to go when he grabbed a missed Bridges' free throw and converted the basket to put the Raiders ahead, 44-41.

Thirty seconds later, Medunjanin hit a short jumper to extend the lead to 46-41. However, Cook countered at the other end with a long-range threepointer with 38 seconds left.

The Rocks intentionally fouled North Farmington guard Brian Shulman with 24.7 seconds left. Shulman missed the free throw, setting the stage for the final, dramatic seconds.

And the prayer that followed.

CC stalls, 4-1

Round Two went to Trenton. Trenton knocked off Redford Catholic Central, 4-1, Wednesday night to make the seemingly

Central's only goal, but it came in the third period and after the

Trenton took a 1-0 lead in the first period and added three goals in a span of 3:10 in the second as it outmuscled CC

The loss left the Shamrocks 17-2. Top-rated Catholic Central had handed No. 3 Trenton its second loss of the season in their first meeting.

THE WEEK AHEAD

Madonna at Cornerstone, 3 p.m.

WOMEN'S COLLEGE BASKETBALL

Monday, Feb. 14

BOYS BASKETBALL Tuesday, Feb. 15

W.L. Central at Churchill, 7 p.m Farmington at Franklin, 7 p.m. Stevenson at Canton, 7 p.m. Harrison at John Glenn, 7 p.m. Salem at W.L. Western, 7 p.m. N. Farmington at Northville, 7 p.m. Wayne at A.A. Huron, 7 p.m. Woodhaven at Garden City, 7 p.m. Edsel Ford at Redford Union, 7 p.m. Gib. Carlson at Thurston, 7 p.m. Clarenceville at Luth. N'west, 7 p.m. Hamtramck at Luth. W'sld, 7 p.m. Agape at Madison Hts. Temple, 7 p.m. PCA at Oakland Christian, 7 p.m. Muskegon Hts. at Borgess, 7:30 p.m. Huron Valley vs. Macomb Christian at Marshall Middle School, 7:30 p.m. Friday, Feb. 18 Churchill at Northville, 7 p.m.

Harrison at Franklin, 7 p.m. Stevenson at Farmington, 7 p.m. John Glenn at N. Farmington, 7 p.m. Canton at W.L. Western, 7 p.m. W.L. Central at Salem, 7 p.m. Wayne at Belleville, 7 p.m Southgate at Garden City, 7 p.m. Thurston at Annapolis, 7 p.m.

Huron Valley at Bethesda, 7:30 p.m. PCA at Baptist Park, 7:30 p.m. Agape at Taylor Light & Life, 7:30 p.m.

MEN'S COLLEGE BASKETBALL Monday, Feb. 14 Oakland CC at Schoolcraft, 7:30 p.m. Wednesday, Feb. 16 Schoolcraft at Delta CC, 7:30 p.m Madonna at Aquinas, 7:30 p.m.

Saturday, Feb. 19 Schoolcraft at Henry Ford, 3 p.m

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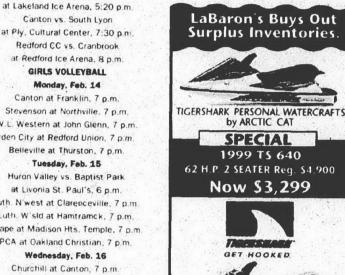
Oakland CC at Schoolcraft; 5:30 p.m. Wednesday, Feb. 16 Schoolcraft at Delta CC, 5:30 p.m. Aquinas at Madonna, 7:30 p.m. Saturday, Feb. 19 Schoolcraft at Henry Ford, 1 p.m. Cornerstone at Madonna, 1 p.m. ONTARIO HOCKEY LEAGUE Sunday, Feb. 13 Ply. Whalers vs. Erie Otters. at Compuware Arena, 6:30 p.m. Thursday, Feb. 17 Ply. Whalers at Guelph, 7:30 p.m. Friday, Feb. 18 Ply. Whalers vs. Sarnia Sting at Compuware Alena, 7:30 p.m Saturday, Feb. 19 Ply. Whalers vs. London Knights at Compuware Arena, 7:30 p.m. PREP HOCKEY Tuesday, Feb. 15 Ladywood vs. Kingswood at Arctic Pond, 6 p.m. Salem vs. W.L. Western at Ply, Cultural Center, 7 p.m. Wednesday, Feb. 16 Canton at South Lyon, 6 p.m. Franklin at-Grestwood, 7.p.m.

Red. Unified at Southgate, 8:15 p.m. Friday, Feb. 18 Redford CC vs. Port Huron No. at McMorran Pavillion, 7 p.m. Salem vs. South Lyon. at Ply. Cultural Center, 8 p.m. Canton vs. W.L. Central

at Lakeland Ice Arena, 8:20 p.m. Saturday, Feb. 19

GIRLS VOLLEYBALL Monday, Feb. 14 Canton at Franklin, 7 p.m. Stevenson at Northville, 7 p.m. W.L. Western at John Glenn, 7 p.m. Garden City at Redford Union, 7 p.m. Belleville at Thurston, 7 p.m. Tuesday, Feb. 15 Huron Valley vs. Baptist Park at Livonia St. Paul's, 6 p.m. Luth. N'west at Clarenceville, 7 p.m. Luth, W'sld at Hamtramck, 7 p.m. Agape at Madison Hts. Temple, 7 p.m. PCA at Oakland Christian, 7 p.m. Wednesday, Feb. 16 Churchill at Canton, 7 p.m. Salem at Franklin, 7 p.m. John Glenn at Stevenson, 7 p.m. Wayne at Belleville, 7 p.m. Allen Park at Garden City, 7 p.m. Thurston at Ypsilanti, 7 p.m. Thursday, Feb. 17 Huron Valley at Bethesda, 7 p.m. Kingswood at Luth, W'sld, 7 p.m Inter-City at Ply. Christian: 7 p.m. (CHSL Finals at Madonna) C-D Division final, 5:30 p.m. A-B Division final, 7 p.m. Friday, Feb. 18 Macomb Christian at Agape, 6:30 p.m.

Saturday, Feb. 19 Ladywood Tournament, 8 a.m Monroe-Jeff. Invitational, TBA. TBA - time to be announced.



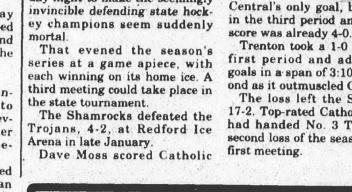
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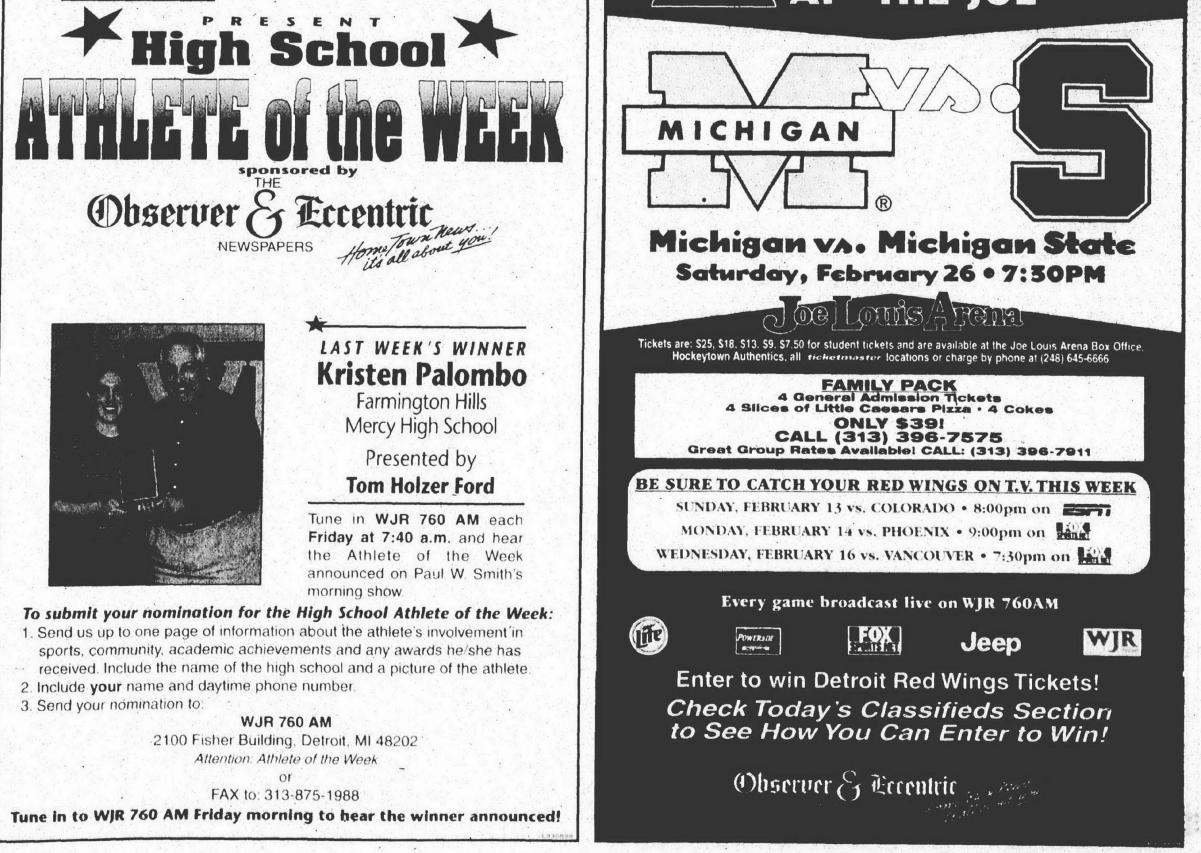
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COLLEGE HOCKEY AT "THE JOE"





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Rabbit season runs through March 31 statewide.

CLASSES/ CLINICS

FLY TYING

Paint Creek Outfitters in Rochester offers a variety of fly tying classes for beginners and advanced tyers. Call (248) 650-0440 for more information or to make a reservation for an upcoming class.

BUETER'S FLY TYING

Bueter's Outdoors, Northville store specializing in fly fishing, will offer a new set of fly tying classes starting as soon as Feb. 21. Intermediate and advanced classes will also be taught this spring. Bueter's is at 120 E. Main Stree in downtown Northville. For more information, call (248) 349-3677, or by Email Bueters@aol.com.

MORE FLY TYING

River Bend Sport Shop in Southfield offers fly tying classes for beginners, intermediate and advanced tyers. Classes will be held at various times. For more information and to register call (248) 350-8484 or (248) 591-3474.

SHOWS

CAMPER & RV SHOW

The 34th annual Detroit Camper & RV Show will be Feb. 16-20 at the Novi Expo Center, 43700 Expo Center Drive (south of I-96 at Novi Road). The show features all types of new recreational vehicles and accessories. Call (517) 349-8881 for more information.

DETROIT BOAT, SPORT AND **FISHING SHOW**

The 42nd annual Detroit Boat, Sport and Fishing Show will be through Feb. 20 at Cobo Center. The show features the 2000 premier showing of new model boats, motors, trailers, accessories and more. Some 1,000 boats will be available for viewing including fishing boats, ski boats, pontoons, cruisers, inflatables, personal watercrafts, canoes and kayaks.

SPORTFISHING EXPO

The 12th annual Greater Detroit Sportfishing and Travel Expo is set for Thursday through Sunday, March 2-5, at the Palace of Auburn Hills. An all-star lineup of seminar speakers is already scheduled. The show also features exhibitors, merchandise booths, casting and fishing activities and more. Show hours are 4-9:30 p.m. Thursday and Friday, March 2-3; 10 a.m.-9:30 p.m. Saturday, March 4; and 10 a.m.-6 p.m. Sunday, March 5. Admission is \$7.75 for adults, \$3.50 for children ages 6-12 and children age 5 and under will be admitted free

SPRING BOATING EXPO

The 8th Annual Spring Boating Expo is scheduled for March 16-19 at the Novi Expo Center. The show features some 200 exhibitors with new boats and watercrafts, motors, trailers. docks, accessories and more.

OUTDOORAMA

Outdoorama 2000 Michigan Sport and Travel Show will be Feb.

26-March 5 at the Novi Expo Center. The show features over 200,000 square feet of floor space devoted to more than 400 exhibits featuring the latest in hunting, fishing and camping equipment, recreational vehicles, boats, conservation clubs travel and outfitting destinations and more. Call (517) 346-6493 for more information.

ARCHERY JUNIOR OLYMPICS

The Oakland County Sportsman Club in Clarkston offers a Junior **Olympic Archery Development** Program beginning at 1 p.m. on Sundays. Call (248) 623-0444 for more information.

ACTIVITIES

DETROIT AREA STEELHEADERS Detroit Area Steelheaders, Inc. membership meetings are held the last Tuesday of each month at Knights of Columbus, St. Pius X, 6177 Chicago Road, in Warren. The public is welcome! Dennis Bidigare, well-known charter fisherman on Lake Michigan, is scheduled to be the guest speaker at the Tuesday, Feb. 29 meeting. More information can be obtained by calling Ed Wilczek at (810) 757-7365 or club President Ray Banbury at (810) 598-0310. The Detroit Area Steelheaders will also hold a Sportsmen's Game Dinner March 18 at **Bishop William F. Murphy** Knights of Columbus Hall in , Warren. The dinner is open to the public and doors open at 5 p.m. Cost is \$30 per person. Tickets will be available at the Feb. 29 DAS meeting or by calling Tom Moores at (248) 634-5789, Mary Karakas at (248) 545-1181 or Linda Banbury at (810) 598-0310.

CLINTON VALLEY BASS

Clinton Valley Bass Anglers club is seeking new members (boaters and non-boaters are welcome). The club meets monthly at Gander Mountain in Waterford. Call Mike Daly at (248) 666-8910 for more information.

METRO-WEST STEELHEADERS

Metro-West Steelheaders meets at 7:30 p.m. on the first Tuesday of each month in the cafeteria at Garden City High School. Call Dominic Liparoto at (248) 476-

5027 for more information. **MICHIGAN FLY FISHING** The Michigan Fly Fishing Club

meets at 7:30 p.m. the first and third Wednesdays of each month at Livonia Clarenceville Middle School, located on Middlebelt **Road between Seven and Eight** mile roads. Call (810) 478-1494 for more information.

FOUR SEASONS

The Four Seasons Fishing Club meets 7:30-9:30 p.m. the first Wednesday of each month at the Civic Park Senior Center, 15218 Farmington Road, in Livonia. Visitors are invited and refreshments will be served. Call Jim Kudej at (734) 591-0843 for information.

HURON VALLEY STEELHEADERS

The Huron Valley Steelheaders meets the third Thursday of each month at the Knights of Columbus Hall, 27600 Hall Road, Flat Rock. Call Carroll White at (734) 285-0843 for more information.

BASS ASSOCIATION

The Downriver Bass Association. a non-tournament bass club, meets at 6:30 p.m. the fourth Tuesday of every month at the Gander Mountain in Taylor. Call (734) 676-2863 for more information.

SOLAR

The School for Outdoor Leadership, Adventure and Recreation (SOLAR), a non-profit organization interested in promoting the appreciation of outdoor activities, meets at 7:30 p.m. on the first Tuesday of each month at the Colony Hall in Southfield. Call (248) 988-6658 for more information.

HERITAGE PARK HIKE

Michigan Group, Sierra Club on a 2-3

Farmington Hills on Sunday, Feb. 20. Call Don Dahlin at (248) 644-2746 for more information.

POINTE PELEE ICE HIKE

Join members of the Southeast Michigan Group, Sierra Club on a 2-3 hour hike Sunday, Feb. 27 at Pointe Pelee in Ontario. Call (313) 581-7579 for more information.

SHOOTING RANGES

BALD MOUNTAIN

Bald Mountain Recreation Area in Lake Orion has shotgun (skeet & trap, sporting clays, 5stand), rifle, pistol, and archery shooting facilities. Hours for archery and clay target shooting are noon to sunset Mondays and Tuesdays; 10 a.m. to sunset Wednesdays; and 10 a.m. to 6 p.m. Saturdays and Sundays. Rifle range hours are 3 p.m. to sunset Mondays and Tuesdays; 10 a.m. to sunset Wednesdays; and 10 a.m. to 6 p.m. Saturdays and Sundays. Bald Mountain is located at 1330 Greenshield Rd., which is three miles north of the Palace of Auburn Hills off M-24. Call (248) 814-9193 for more information.

PONTIAC LAKE

Pontiac Lake Recreation Area in Waterford has rifle, pistol, shotgun, and archery ranges. Range hours are 10 a.m.-5 p.m. Fridays through Sundays. Pontiac Lake Recreation Area is located at 7800 Gale Road. Call (248) 666-1020 for more information

ORTONVILLE RECREATION

Ortonville Recreation Area in Ortonville has rifle, pistol and shotgun shooting facilities. Range hours are 12-5 p.m. Thursday through Sunday. The Ortonville Recreation Area is located at 5779 Hadley Road. Call (248) 693-6767 for more information.

METROPARKS

METROPARK REQUIREMENTS

Most Metropark programs are free while some require a nominal fee. Advanced registration and a motor vehicle permit are required for all programs. Call the respective parks toll free at the following numbers: Stony Creek, 1-800-477-7756; Indian Springs, 1-800-477-3192; Kensington, 1-800-477-3178; Hudson Mills, 1-800-477-3191.

1999 PERMITS

The 1999 Huron-Clinton Metroparks annual vehicle entry permits and boat launching permits are on sale at all Metropark offices. Vehicle entry permits are \$15 (\$8 for senior citizens). The annual boat launching permits are \$18 (\$9 for senior citizens). Call 1-800-47-PARKS for more information.

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OAKLAND **COUNTY PARKS** COUNTY PARK REQUIREMENTS

Advanced registration and a motor vehicle permit are required for all nature programs at Oakland County Parks. Call (810) 625-6473 to register or for more information.

PERMITS

The 2000 Oakland County parks motor vehicle permits are on sale at all county park offices and many parks and recreation and township offices. Cost is \$20 through April 30 and \$25 thereafter. Call (248) 858-0906 or TTY (248) 858-1684.

WAYNE COUNTY PARKS

COUNTY PARK REQUIREMENTS Wayne County Parks offers

nature interpretive programs throughout the year. Advanced registration is requested. Call (734) 261-1990 to register and for more information.



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and the second	

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Local lad has top turkey call

Cody Rize knows the dif-OUTDOOR ference between a putt and a purr and a cluck and a cut. He has spent hours upon hours perfecting his technique and mastering the art' of calling turkeys.

All that time and hard work paid off recently when the 12-year-old Livonia resident came out on top of the flock in the Michigan Turkey Calling Championships, Jan. 22 at Jay's Sporting Goods in Clare.

The event was held in conjunction with a National Wild Turkey Federation seminar.

BILL

PARKER

Rize, who has been calling since he was nine years old, was competing in the Junior Division, which is open to youths as old as age 16.

Undaunted by the challenge of competing against opponents as much as four years older, Rize serenaded a panel of judges with cutting, clucking, purring and putting, and even laced in a keekee run en route to winning the title.

Rize, a member of Away Hunting Products Calling Team and coached by six-time state calling champion Greg Abbas, was carrying on what is fast becoming a family tradition.

You see, Cody's brother, Tim, won the junior state championship in 1994.

Look for the loon

With the dreaded tax time upon us, it's also time for an annual reminder to "Look for the Loon" when filling out your state tax return.

If you have a refund coming consider making a small donation to the Non-game Fish and Wildlife Fund, by filling in the box next to the loon. Funding for non-game animals, fish, protected plants and their habitats are all dependent on these annual voluntary donations, which also supports research, education and habitat improvement projects.

Some of the projects already funded by the fish and wildlife fund include an ongoing study to determine natural and artificial variables, including recreational use, on the current and potential loon occupation of lakes in the Upper Peninsula; educational outreach efforts, many of which focus on eagles, hawks, great blue herons and song birds; and distribution of wildlife poster and videos, and assistance with the design of teaching activities to school teachers, youth leaders and citizens across the state.

For additional information on some of the other projects supported by the fund request a free copy of the quarterly newsletter, The Spotting Scope.

Send your name and address to: Natural Heritage Program, Box 30180, Lansing, MI 48909-7680 or check out the Department of natural Resources web site at www.dnr.state.mi..us

Best of the bunch

Want to see some of the biggest deer, bear, elk and turkeys taken in the state? Then plan a little trip today the Lansing

Center and take in the 2000 Michigan Deer & Turkey Spectacular. The show's trophy deer, elk, bear and

turkey events attracts some of the biggest trophies taken in the state each year. In addition, the show features over 300 exhibitors, seminars, a Family Outdoor Center, live animal displays, free archery and

laser firearms shooting, winners of the Outdoor Writers of America Association's national photo contest and much more. Admission is \$8 for adults and \$3 for kids

ages 11-16. Children 10 and under will be admitted free.

Show hours are 9 a.m.-5 p.m. Sunday.

(Bill Parker writes a weekly outdoor column for the Observer & Eccentric Newspapers. Hunters and anglers are urged to report their success. Questions and comments are also encouraged. Send information to: Bill Parker, c/o Outdoors, 805 E. Maple, Birmingham, MI 48009.)

And a second sec 1263.

QUET WATER STUPPOINTS A quiet weber symposium will be held 9 a.m. to 5 p.m. Setur-day, March 4, at the Michigan State University Agriculture Pavilion (just south of Mt. Hope Road on Parm Lane) in East Lansing. This annual event brings together people who share a love of outdoor, nonmotorized recreation. The sym-

eagress it is proof 851-1266 or (518) 217.4

Money donated to Non-game Fund well spent



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tributed part of their Michigan Income Tax refund to the Non-game Wildlife Fund should be pleased with how that money is being spent. Several studies of non-game animals have been conducted, like

surveys of the Karner's blue butterfly, wolf TIM investigations, frog surveys, Kirtland's warbler surveys and more.

Non-game animals, animals that are not hunted, had little money allocated for research toward an understanding of their biology. The Non-game Fund pro-

People who have convides money to help with this research. One of the longer lasting studies supported by this fund is the reintroduction of the peregrine falcon in downtown Detroit.

> Back in the late 1960s and early '70s, DDT, an insecticide, was used extensively. As DDT accumulated, animals were preyed upon by falcons, osprey and eagles

> It accumulated in high enough concentrations in these birds of prey, that they laid thin shelled eggs. When adults sat on the eggs, the thin shells cracked - killing the embryo inside.

> Over the years the population of these birds declined dramatically. Peregrine falcons were extirpated from the eastern U.S.

But back in 1987, five young peregrine falcons started the introduction program here in Detroit.

While in their cage they became imprinted with a highrise skyline, which frequently causes them to nest in a similar area after they mature. This same process was ongoing in several eastern, mid-western, and eastern Canada cities.

In 1988, an adult peregrine falcon came to Detroit from Grand Rapids.

In subsequent years adults from Montreal, Pittsburgh, Cincinnati, Minnesota, Wisconsin and Gary, Ind. came to Detroit to visit or mate and raise a family. Young birds raised in Detroit have been seen in Cleveland and Akron, Ohio.

Since the early years of the introduction program, Judy Yerkey has been diligently documenting the activities of Detroit's peregrine falcons. She knows every bird by name, where they came from, who their parents were, who they mated with, their behavioral idiosyncrasies and how many young they raised

Though the years Yerkey has observed situations of nesting and mate choice that would not have been predicted by the experts. But then there has never been such a population of identifiable birds:

Only a couple peregrines have come to Detroit that did not have legs bands, which allow identification. These must have been birds raised in the wild.

When listening to Yerkey speak about the lives of the peregrines nesting in Detroit, and more recently at the Edison power plant in Monroe, it's like a summary of the last year of TV soap operas.

She has collected data that has made the Detroit population of peregrines the best studied group in the nation. Yet listening to her discuss their activities like a soap opera makes it easy to understand the life of these birds.

Yerkey receives some money from the Non-Game Fund for equipment and other essentials.

It would be well worth the money if every species studied had a Judy Yerkey to watch them and let the world know how interesting they can be.

Redford women lands Hall of Fame honors; Seniors defeat Youths



Congratula- offer the opportunity to win tions go to money without having the big Cheryl Stipcak travel expenses such as the of Redford on upcoming Bacardi, Brunswick **Team 'n Country Lanes (Weetland)**

W.B. Memorial: Greg Poole, 300/789. Airlines: C.J. Blevins, 246-279-286/811 (four consecutive weeks, 806, 768, 813, 811). Tuesday Junior Classic: Tim Hoepner, 279:

Frank Briscoe, 279; Pat Agius, 277; Dick Longwish, 276. Oak Lanes (Westland)

G & G Auto: Kay Bunting. 255/620. Loni Houghtailing, 230/569; Ann Niedermeyer. 237/590; Toni Strange, 216/569; Joanne Warner. 213/577.

Wednesday Men's Trio: Frank Hoffman. 279/729; Kevin Muto, 258/702; John Woodars ki, Jr., 256/706; Mark Payne, 268/735; John McGraw: 289/733.

Klimecki, 522; Judy Porter, 206/536; Janet series) Chunn. 528. Senior House: Craig Johnson, 276/752; Bryan

Gógolin, 278/732; Bob Banks, 268/706; Mark 509; Pauline Polk, 191 Chrysler, 246/688: Doug Spicer, 703. Local 182: Frank Berttani, 215-244; Diane

Schaler, 205; Anbrose Smith. 200. Iris Monie. 247/765. Frank Bollinger. 258/686. Dick Ban.

BOWLING HONOR ROLL

Monday Seniors: Paul Temple: 236/686. Noward Davis, 252/657, Benny Tanetta, 643, Bill Newbrough, 248/642; Getry Zalewski. Early Birds: Jean Grezak, 214/501; Marlene 244/624; (Last week km Rosnehad his first 700"

Good Neighbors: Mary Loiselle, 201/506: Jackie Sepulveda, 193/504: Juanita Jackson.

Garden Lanes (Garden City) St. Linus Classic: Gary Czaja 254 264 na 257/655 Dave Clark 240%644: Matt Dat

245/632; Randy Brouwer, 225-228/665

Sunday Goodtimers: Keith Oswald, 233/579 Bill Vida, 223/570; Mike D'Angelo, 220-244 213/677. Low Frederick, 209; Bob Tarnow :210/575

Wednesday Knights: Julie Wright, 299/683 George Kassa 253

Sports Club: Steve Hayoo, 268/732: Mike Samo, 237. Sam Kizy, 614:

Snares & Strikes: Joanie Kanynski-204/575 Lon Buckshaw, 222/523. Ladies Semi-Classic: Pam Morgan, 245/620



HARRISON

high as 218.

.

She also has many titles to her credit, including the Michigan State Association Queens Tournament.

Fame

Cheryl is the daughter of Bob and Gloria Mertz and wife of All-Star bowler Tony Stipcak. She is sidelined while a bad wrist heals, but she will be back in time for next season.

• Some of the more talented area bowlers have been able to cash in on some big money tournaments.

Kerry Kreft of Hazel Park is a good example. He took home a \$50,000 payoff for finishing second in the High Rollers at the Showboat Hotel, Lanes and Casino in Las Vegas.

The High Rollers is an allmatch play format in which the starting field of more than 1,900 bowlers from around the nation have to keep beating their opponents until the survivors take home the major prizes. It takes 11 straight wins to finish first.

Kerry took 10 straight, which put him in the finals. With the other jackpots along the way, his total take was \$74,000.

"It takes a lot of luck in the draw, as some opponents are easier to beat than others," he said.

He also credits his equipment with a large part of his success - an AMF Night Hawk Torque and the Night Hawk Menace

Kreft is one of the many fine bowlers who compete in the Tuesday Night Pepsi All-Stars at Thunderbowl Lanes.

· Many local tournaments

her selection to and Blue Ribbon Group 217and under monthly event, which will the Michigan take place Saturday, Feb. 19, at Women's Bowling Hall of Cherry Hill Lanes.

First and second place are guaranteed at \$1,000 and \$500. Cheryl has. been one of the with remaining payouts determined by number of entries. real competitive Prize fees are 100 percent bowlers in the All-Stars and returned; half the entrants will cash a check. has averaged as

For further information, call (313) 278-0400.

• The final results have been tabulated from the Senior-Youth Challenge last week at Mayflower Lanes in Redford.

This time the seniors did it. beating the youth bowlers for the first time in five attempts. The seniors averaged 201.7 to the kids' 200.2 (including 90 percent handicap from 210).

Top scores in senior singles included Howard Davis 215-223-278/716 (plus-27), 743; yours truly (Al Harrison) second with 222-267-170/659 (plus-81), 740; and Bob Slayden third with 237-226-204/667 (plus-36), 702. Venerable Jarv Woehlke (age 86) came in fourth with 203-223-202 (plus-54), 682.

Youth scholarship winners were: doubles -- Marland Gibson (\$500) with partner Cliff Taylor, 1,392; David Irwin (\$350) with Lou Lavignino, 1,348; James Hojnak (\$250) with Norm Bochenik, 1,336; singles (handicap included) - Jesse Hojnak (\$500), 710; Tim Storer (\$400), 703; Nick Hidalgo (\$300), 700; Anthony Jenkins (\$250), 686; Anthony Padula (\$250), 668; and Latosha Green (\$250), 667.

A total of \$3,050 in scholarship money was awarded.

The money is to be kept in the Frank Verbanec Memorial Scholarship Fund, which is held by the American Bowling Congress.

Additional door prize contributors were The Pro Shoppe at Drakeshire Lanes, Big Block Pizza, Kelly Koin, Napoli Pizza, Comerica Bank and Linda's Family Hair Shop.

A.M. Ladies Trio: Rochele Calsada, 201/561 Pinkie Ponder, 174.

Monday 6:30 p.m. Man: Harmon Graves. 279/673; Bill Darocha, Sr., 253/589; Dave Lelo, 238/616; Tim Lakatos, 236/603; Dick Ramazetti, 236/566.

E/O Hard Times: Frank Brown, 288/674: Dave Steines, Jr. 247/630: Sam Maci. 236/643: Ed Mitchell, Jr. 232/660: Gary Shiemke, 226/615.

E/O Double Trouble: Andy Barrett, 248/681. Terence Hanley, 241/657; David Labon, Jr. 234/612: David Labon Sr 230/571: Sherry Lockhart, 213.

Monday Morning Men: Mike Seymour 251/635; John Nakoneczny, 246; Walter Machniak, 231/664; Vernon Looney, 225/581; Joe Kovatch, 224/598

Sunday Sleepers: Eric Fedulchak, 300/758; Eric Whalen, 287; Rich Trullard, 273/726; Ken Pinkston, 269/700; Troy Lindon, 268/678.

Thursday Nite Mixed: Dan Harrison, 279/643. Doug Brueggeman, 235/544; Larry Cyr. 233/542; Genevie Forbes, 216/533; Barbara Pillsbury, 212

Westland Champs: Angela McAllister. 233/546; Mary Ann Burke, 228/544; Cheryl Middleditch, 214/594; Charlene Keller, 212/588: Sharon Woods, 212/548. Donna Middleditch, 212/562.

A.M. Ladies Trio: Rochele Calsada, 198/559. Pat Bowles, 197/525: Veda Zettel, 191/550

Monday 6:30 p.m. Men: David Pydyn. 265/624; Harmon Graves, 246/596; Tim Lakatos, 233/590; Mark Perry, 226/604; Mike Gehrke, 225/558.

NASCAR Trio: Bill Elsey, 265/702; Ron Hicks, Jr., 231/590; Augusta Bell, Jr., 230/607; Clyde Howarth, 202/535; Terry White, 174.

E/O Out To Lunch Bunch: Scott Whisenand. 252/664: Bill Freeman, 235/617: Linden Fos Collison, 231/629; Matt Reed, 214/606 (213) ter, 234/598; Rebecca Mulvin, 24/592; Deborah Poweti, 207/564.

John Glenn Intramural Bowling: Lewis Jones. 214; Jeff Tamaroglio, 211

Saturday Coca Cola Youth (Majors): Christy Jablonski, 201; Justin Trudell, 227/647; David Reese, 226/559; Mike Hiltunen, 235/615; Crys tal Trongo, 203.

(Juniors): Duran Cell, 192/522; David Bishop. 167.164; Kyle Fisher, 221/552; Phill Mabley; 194

(Props): Chris Hiltunen, 185; Holly Clendening. 169: Chris Keisea, 162.

Woodland Lanes (Livonia)

Ford T & C Ladies: Lori-Bacon, 241, Sherry Wozniak, 246.

Ford Parts: Bob Bayer, 671; Minh Grougan, 258/699; Tony Gideon, 683.

Morning Glories: Janet Elberling, 202/543: Barb Jabionski, 212-205/572; Renee Senhe 566; Eva-Mayer Meek, 205/523.

Monday Seniors: Paul Brewer, 248. -G&G Auto: Tim Perrigan, 297/745: John Yaros, 675; Len Singer, 685; Steve Stanley, 679. Midnighters: Ed Fitzbatrick, Jr., 225: Jim Zapinski, 254; Evans Brown, 241; Bob Glacheric 211 Robert Allen 234

Saturday Youth: Chad Lemmon 225: Chris Tucker, 229; Colin Zurenko, 228; Joe Chambers, 209-216-212/637: Sean Malen: 212 215 253/680: Melissa Wilson: 209: Evlyn Kalinows Ki. 212.

Wonderland Lanes (Livonia)

Wonderland Classic: Mitch Jabozenski 300/788. Tim Dethétage, 279/718. John Hur ley, Jr.; 275/712, Al Swindlehurst, 716, Erjć Tul léy, 713.

Senior Men's Invitational: Bill DeLoach, 243 241/692; Jim Zellen, 278/684; Jerry Cole. 235/676: John Landurt, 247/663: Bill Funke. 257/662

Cloverlanes (Livonia)

FoMoCo Thursday: Jun Santti, 288/745 Brian teBlanc, 288/714; Chuck O'Rourke : 278/759; Larry Frank: 279/700; Roger Moore: :265/729: Steve Guteskey: 268 All-Star Bowlerettes: Angela. Wilt. 255-256

297/808, Lisa Bishop, 279/752 Merri Bowl (Livonia)

Men's Senior House: Ryan Wilson 299/806 Jason Dillaha, 802; Gafrett Nidgle, 835 K of C: Rick-DeLuch, 728: John White 718 John Stephens, 669, Rich Madsen, 673, Don Raby, 672, Wayne Kiester, 666

Wayne Bowl

Sunday Rollers: Jim. Kurash 268-268 286/822: Brad Fallot, 279-247-269/795

Junior/Senior: Jason Davis, 226/621; Biya pins 6/a): Aaron Cindon, 220 222/620 Tuesday Majors: Steve Jacobs, 257, Pat Brown: 222-268/701. Derek Paguln: 253/682.

W.W.Y.T.C. Travel: Tim Moncrieff. 258-676. Bill Collins, 256/673 Team High Score: Jony Barber, 243/649

Brian McEarland, 256/639; Rob Baker 235/630; Scott Clemons 240/675 (Learn games 974 852,767 / 2,593).

Mayflower Lanes (Redford)

Wednesday Men's Senior Classic: Paul Terriple, 227 218 246/691; Charles Lewrence. 264/681: Norm Bochenik, 265/631: Bob Persh ing: 278/690; Ted Kress. 265-236/657; Dick Thompson, 266/671-

Friday Seniors: Rich Zacheranik, -244/701 Dick Thompson: 259/695; Jaty Woehike, 247/682; Lou Menard, 233/676; Joe Buranows ley. 224 246/644; Cárol Konopat/ki, 213-2477641.

Ladies Friday Nite Classic: Kim Even: 266 . 269-238/769; Tari Mitchell: 266-215-207/688. Sue Siemiesz, 246:220/676

Garden City Moose: Bob Hruska 299-234 279/812 Paul Donaldson, 267 277 242 786: Suburban Proprietor's Travel (Men): Greg

Gunitow, 256/738, Rod Florka, 249 Paul But ler, 248: Tim Magyar, 246/692; Norm Febren bách 244.

(Ladies): Judy Washington (237/589) Startey Steele, 234/604, Helen White, 219/528, Janet Harding, 219/520, Pat Gairy, 212

Super Bowl (Canton)

Saturday Night Specials: Unida Brennan, 264 243 710 Gan Borchardt 268 Rob McEachern 266/606, Herb Dolby, 255, Joyce Rushidw, 226 Charlotte Florka, 257/856 (172 pins o, a)

Friday Night Five: Craig Lawrence, 20:240 210/670; Ron Lipp, 233-244-226/703, Tim-Luck, 252 243 202 697 Date-Ling 244 630 Kath Lawrence, 208

Youth Leagues Saturday 11 a.m. (Majors) Drew.Barth - 220/598

(Juniors): Greg Johnson, 169. Steve Woody 169: Matt Cybak, 168 Rick Bernard, 169 (Preps): Andy Dorton, 133 Megan Fernandez

38 Jonathan Adams, 113 9 a.m. (Majors): Andy Baldon: 242 627: Pat

Brown, 238, 623, Robert, Dzurban, 236, 683, Todo, Schemanske, 226, 603, Ken Bazman, 223 586

(Juniors): Kella Delcoi, 149 Matthew MacLei an. 133 Justin Balley: 123

Friday Majors: James Thornton, 245/621. Brian Peczynski, 237, 634, David Jacobs 235/626: Leon Watsh (223/583: Keith Kings) bury, 218, 588 . .

Friday Juniors, Jeffrey Hudson, 161, Matt Hor ath. 195 Justin Bonkowski 217-808

Thursday Juniors / Majors: Brian Stack 235/600 Jestin Hartman, 168, Betham Afwen

Plaza Lanes (Plymouth)

Waterford Men: Chuck Motris 238 258 46. 742. John Thorson 278-256: 706

Sheldon Road Men: Dave Eastman 225.279 236/740: Sam Loiacano, 277.278/792: Gaty. Waltis: 279/289/762

Plaza Men: John Paz. 257 255/737 Country Lanes (Farmington)

B'Nai Brith Pisgah: Lyle Schaefer 213-267 267/747; Steve Elkus, 276-223/702; Jeff Ersen berg. 220-243/695; Sieve Gross, 235/655 Keith-Kingston, 227/652:

Greenfield Mixed: Mark Ulrich, 244-259/690: Ryan Wilson, 254-241-154/749; Tony Varnas

Sunday Comics: Chris Kloc, 233/639: John

Celini, 231; Lon Trebbel, 214/540. Temple Israel: Charles Federman, 279, R Klein 277/715

Binai Brith Leadership Network: Wynr Schwartzman, 205/560

Tuesday Morning Ladies: Dorothy Harrison 201: Divie Barth, 196/545

Country Couples: Phil Hicks. 245; Edwin Small J. 223/570; Ginny Small, 211/519; Karen Malones, 194, Sue Stroud, 521.

Monday Night Men: Julius Maisano, 288 Steve Fortney, 267, Chris Brugman, 737; A Young 728

B Nai Brotherhood Eddle Jacobson: Gary Kunger, 258/675; Larry Slutsky: 252/658; Andy 102 pins o/a) Brian Rencsol, 242 225 Rubin, 226 225/653, Sanford Mandell '225.644, Lee Roth, 232/644.

> Tuesday Trio: Kirk Herman, 265, Lyle Schae ter: 256: Kim Kelm. 717

University Men's: Butch Book, 266, Larry Rubert 265 Jeff Teichman 265

Wednesday Nite Ladies: Sue Kin. 224/539 No/a Morin, 208, Linda Grant, 199, Renee Muir head 556

Saturday Odd Couples: Wayne Kiester, 242 ob Kieling, 237

Canterbury; Celeste Chantelois: 221/508 Kirk Carns 213/579

Prince of Peace: Celeste Flack 210/550 Suzanne Bardewicz, 197.

Country Kegters: Leon Shaplio, 265, 660; Ger aid Heath 253/647. Par Porma, 252/665; Rer Krahn 237 Scott Siefman 235

Loon Lake: Jim Wilson, 245, Curl Calora. 240/625 Steve Amolsch. 245/689

Monday Midnight Men: Messa Mikhail 300/724 Mike Alkasmika, 266.

EVER 7: David Overly, 274: Greg Cooper 258/677. Dan Heffernan, 249: Mark Barnabo, 245 Craig Servalish, 245/664.

Country High School: Shawn Meyers, 230

Drakeshire Lanes (Farmington Hills)

8 Nai Brith Morgenthau L'Chaylm/Zelger

Gross: Boss Benchik: 252 254/668. Jon Firshit.

259 224/645: Marshall Sommer, 21-231/641

jerry Kahn. 224/624. Steve Hoberman.

B'Nai Brith Downtown Fex: Bob Weiss

277/668. Mark Feinberg, 238/653. Jeff

Sprague, 216/635; David Lazajus, 212/600;

Novi Bowl

Westside Lutheran: Lynn Lewis, 269/702

Stu Leve: 697: Walter Montz: 685: Will Gruke.

St. Paul's Men: Chris Becker 232/661

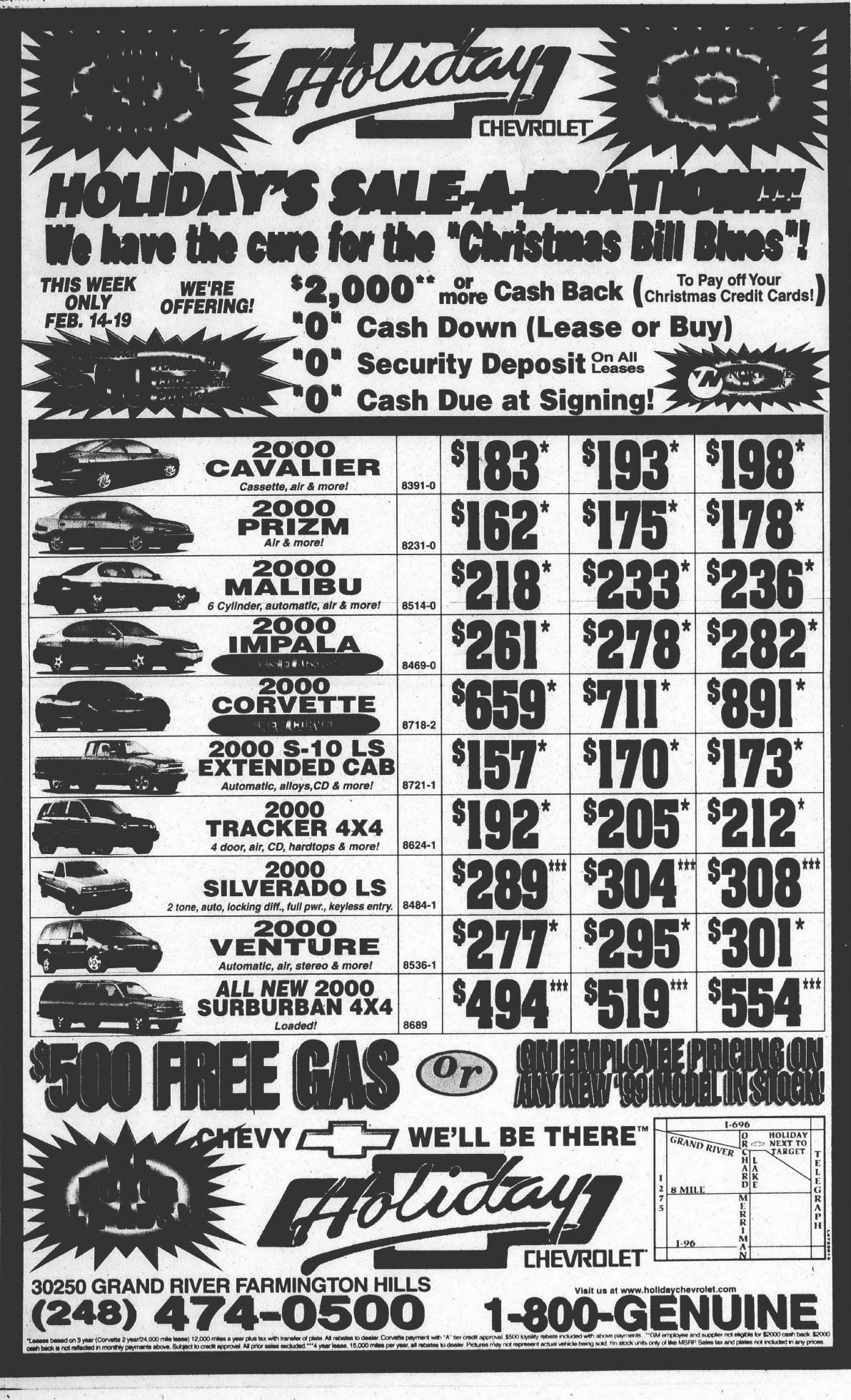
Mike Lee, 216/572-

David Shenbaum, 225-217.

264/666; Chock Berry; 656.

224/620

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Arts & Leisure on the web: http://observer-eccentric.com Keely Wygonik, Editor 734-953-2105

The Observer

INSIDE: Travel

Page 1, Section C Sunday, February 13, 2000



Musical couple celebrate the arts together

his Valentine's Day Fern and Paul Barber will not only celebrate their love for each other, but also their passion for the arts. In the last 33 years, this husband and wife duo have helped raise the awareness of music, dance, theater and the visual arts in the communities of Farmington and Farmington Hills;



and Paul, music coordinator for Farmington Public Schools, continue to add color to the local scene. One of their projects is the annual Fine Arts Festival Sunday-Sunday, April 30-May 7,

in Farmington. A

kicks off the arts

gala on Satur-

day, April 29,

and they have

no intention of

Fern, who

Commission,

chairs the Farm-

ington Area Arts.

stopping.

Paul Barber

extravaganza. "Take art, theater and dance out of the world and it would be a pretty drab place," said Paul Barber. "Art touches all of our lives."

Whirlwind romance

It seems only natural that the arts would be instrumental in bringing the Barbers together. Fern and Paul met in Elizabeth Green's violin class at the University of Michigan, and wasted no time joining forces to instill a love of music in young and old alike. They graduated in May of 1966, married in August, and by September were teaching music in the Farmington Public Schools.



Students inspired by dance legend

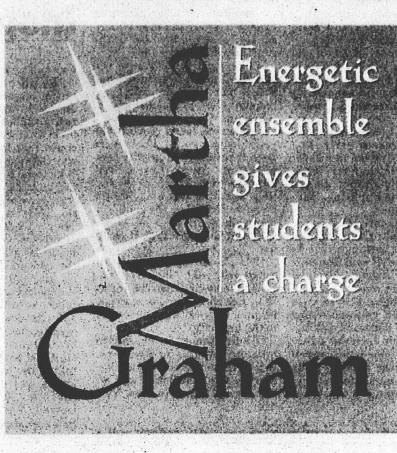
Studying at the Martha Graham School of Contemporary Dance made quite an impression on Melissa Poli - one she wanted to share with her students at North Farmington High School.

So when the opportunity arose to bring the Martha Graham Dance Ensemble to her school, Poli leaped at the chance. She wanted her students to experience first hand how the legendary choreographer transformed dance in America. Graham began her journey as a dancer and choreographer in 1916.

"It was a spiritual experience almost," said Poli. "I felt like we paid homage to Martha Graham at the school. You could just feel the history."

junior. "They showed a lot of expression," The contemporary

dance performance was a first for students in the dance program at North Farmington High School. Since most were trained in classical ballet and tap, modern dance is a world filled with mys-



STORIES BY LINDA ANN CHOMIN STAFF WRITER Ichomin@oe.homecomm.net

ressed in body-hugging gold unitards, their bodies glistening under the spotlights - the Martha Graham Dance Ensemble dashes around the stage ceremoniously paying trib-

ute to the sun and to the woman who founded

the company in 1926. The darkened auditorium soon erupts into

thunderous applause as the electrically-charged performance sends surges of energy through the audience of students at North Farmington High School. The presenta-

tion was one of 13 outreach programs offered at area schools, including West Bloomfield High School and Abbott Middle School in Birming-

ham. The programs are part of a twoweek residency, which precedes four performances by the Martha

Graham Dance Company, Thursday-Sunday, Feb. 17-20, at Music Hall Center for the Performing Arts in Detroit.

"We've been getting great responses," said ensemble artistic director Kenneth Topping. "For the younger student, it's an art form we're trying to impart to them. This is a disciplined approach. This is an all-encompassing technique."

Early morning

The dancers arrived at 7:20 a.m. to warm up before demonstrating the Graham technique to students, and performing three of the 181 works she choreographed. Topping began the program by explaining the rigorous training dancers go through to become a member of the ensemble or company. Graham used the principles of contraction and release as the foundation for her technique.

Topping learned them from Graham during the six years he worked with her while dancing

Please see ENSSEMBLE. C2



Celebration of dance: "Appalachian Spring" is one of the classic works that will be presented by the Martha Graham Dance Company.

Martha Graham dancers perform at Music Hall

BY NICOLE STAFFORD SPECIAL EDITOR nstafford@oe.homecomm.net

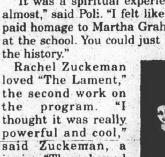
Choreographer and dancer Martha Graham may not have the name recognition of, say, Martha Stewart, but she probably should.

Graham's dance technique, based on body contraction and release, transformed modern dance. More importantly, her artistic approach and sensibility helped shape 20th century expression; in the larger realm of modern art, Graham, who died in 1991, sits beside the likes of Picasso, Stravinsky, Frank Lloyd Wright and other artistic forces of the time

"Her work is almost a self-contained history of modern art," said Christine Dakin, associate artistic director and principal dancer with the Martha Graham Dance Company, which is scheduled to perform several of the Pennsylvania-born choreographer's classic pieces Feb. 17-20 at Detroit's Music Hall Center for the Performing Arts.

'Martha's work spanned 50 years. during which time she was in the forefront of modern art," says Dakin, who grew up in Ann Arbor and studied dance at the University of Michigan.

Not only did Graham create 181 ballets in her lifetime, she also collaborated with a wide range of artists, including musical composers Aaron Copeland and Samuel Barber, sculptor Isamu Noguchi and actor and director John Houseman. That's one of the reasons why anyone with an interest in modern art ought to experience Graham's choreography firsthand, says Music Hall President. Peggy Tallet. "If you enjoy newer music, if you enjoy modern art - what Graham really does is like mobile sculpture you'll definitely enjoy this." True to form, the company's Detroit performances will showcase mostly Graham pieces. Among them, her wellknown Appalachian Spring, which is set to a Pulitzer Prize-winning score by Copeland, and Errand Into the Maze. which takes the Greek myth of Ariadne



added sophomore Kathleen Bendick.



Somewhere in the midst of this whirlwind, they founded the Farmington Community Band. Since that time, they've been supporting not only music, but all forms of art in the Farmington area.

Fern, a former president of the Farmington Musicale, has served on the Farmington Area Arts Commission for 19 years. The commission, with funding from the cities of Farmington and Farmington Hills, is able to carry out a number of programs, including bestowing an annual artistin-residence award since 1976. An Art to the Schools program allows teachers to choose an artist to visit students in the classroom. The arts commission also funds all of the awards for Farmington Artists Club exhibits, student art awards, and an award given by the Farmington Historical Society for the best writing of historical information about Farmington. They also help support the Farmington Musicale scholarship awards.

"It's a wonderful experience to be involved with the arts," said Fern. "Either you're meeting some new musicians or teachers. I'm always learning something new."

Paul, in his position with the Farmington Public Schools, "has to keep 38 music teachers happy." But in addition to overseeing the installation of a new keyboard MIDI lab for music teachers, he was involved with building a state-of-the-art TV studio at North Farmington High School, and instituting a dance program, the first of three at Farmington high schools.

Paul also supports visual art and theater, and has worked as a partner with the Detroit Dance Collective for the last three years. He also initiated a fine arts camp for elementary and middle school students. The camp, which will be held July 10-21, will allow students to take five classes in art, dance, music or theater.

"Our music program's grown dramatically," said Paul. "Thirty percent of our students are involved with the arts. That's nearly three times higher than the 9 to 10 percent nationally. Dance will add another component. Students have another way of self expression. If we provide a wealth of

Please see EXPRESSIONS, C4



Modern dance: (Top photo) Students in Melissa Poli's dance classes at North Farmington express their excitement over seeing the Martha Graham Dance Ensemble perform. (Middle photo) Sebastien Sabatier-Curial and Penny Diamantopoulou cool down after a performance at North Farmington High School. (Photo above) Members of the Martha Graham Dance Ensemble demonstrate the legendary choreographer's techniques.

Please see PERFORM, C4

WHAT: Martha Graham Dance Company's American Graham Tour 2000, featuring classic Graham pieces such as "Appalachian Spring," set to a ulitzer Prize winning score by Aaron Copeland.

WHEN: 8 p.m. Thursday Saturday, Feb. 17-19, and 3 p.m. Sunday, Feb. 20.

WHERE: Music Half Center for the Performing Arts: 350 Madison Ave., Detroit: TICKETS: \$30-40, available at the box

office, (313) 963-2366 or Ticketmaster outlets. (248) 645-6666

CONCERT

"All That Jazz"

WHAT: The Plymouth Symphony. Orchestra blends classical with the sounds and rhythms of jazz.

WHEN: 8 p.m. Saturday, Feb. 19; 7 p.m. preconcert chat with director Nan Washburn and composer Harold Farberman. Afterglow hosted by the Outback Steak House, 42871 Ford Road, Canton

WHERE: Our Lady of Good Counsel Church, 1160 Penniman, Plymouth.

TICKETS: \$12 adults. \$10 seniors/college students. free for students through grade 12. Call (734) 451-2112 for more information.

Plymouth Symphony brings jazz to church

BY LINDA ANN CHOMIN STAFF WRITER Ichomin@oe.homecomm.net

Pete Siers rarely plays with an orchestra and never in church. But he'll do both when the Plymouth Symphony Orchestra presents its "All That Jazz" concert at Our Lady of Good Counsel Church on Saturday, Feb. 19.

An instructor at Washtenaw Community College and the Ann Arbor Academy for the Performing Arts, Siers will shine on Harold Farberman's "Concerto for Jazz Drummer." Siers, who plays regularly with the Bird of Paradise Orchestra, emerged on the jazz scene during his undergraduate years at Aquinas College in Grand Rapids. A native of Saginaw, he moved to Ann Arbor in 1986 to join the Eddie Russ Trio. Throughout the years, he's played with jazz legends such as Mulgrew Miller and Mose Allison. In addition to his

own trio, Siers has become a vital member of the Ron Brooks Trio and the Bess Bonnier Quartet. His first CD "Those Who Choose to Swing," released last April, is a hard hitting jazz record in the style of Oscar Peterson.

"The concerto is very different texturally," said Siers. "It was originally written as a collaborative with Louie Bellson. Although I've never performed the piece, I was excited after hearing it. I'm a huge fan of Louie Bellson. Farberman's four movements run the gamut of musical styles from classical to jazz.

The third movement is cow bells, wood. block and toy drum," said Siers. The fourth. movement has lots of cadenzas and a big drum solo at the end. It's a major piece. The concept for writing it is to have interaction with the orchestra with definite room for the drummer

Please see JAZZ, C4



All that jazz: Pete Siers plays Harold Farberman's drum concerto with the Plymouth Symphony Orchestra.

Ensemble from page C1

with the company. He admired her disciplinarian approach to dance and the fact that Graham was very poetic even in her speech, her images." "The ensemble started out as

an outreach group and evolved since then," said Topping, artis-tic director of the ensemble since 1996. "The ensemble comes first te the community to introduce them to Martha Graham, who was a pioneer in modern American dance. For Martha Graham, dance class was not for exercise but to train the mind, body and spirit. The entire technique class is choreographed from beginning to end to prepare dancers for the stage.'

Today, Topping was the disciplinarian as he led dancers through a series of bouncing exercises. From the third row of seats, the audience could see every muscle of the dancers' bodies contracting and releasing. Silence prevailed throughout most of the program as students sat in awe of the movements the dancers were able to perform.

"All movement in Graham is initiated from the hips. One of Graham's most inspiring images was the Pieta," Topping told the students as the dancers arched and stretched their bodies in imitation of Christ coming down

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from the cross.

"Martha Graham also developed a series of falls. There's a death and a resurrection to each fall. Martha Graham believed

that out of emotion came form." Topping and the dancers continued to demonstrate the basis for the technique through a series of exercises and falls before performing three dances. Based on the story of Adam and Eve, "Dancer's World Duet" was choreographed for a film in 1937. Its tenderness and sensuality left the audience reeling emotionally.

"The Lament," choreographed in 1980, expresses grief. The lead dancer is dressed in a sheet of white fabric that stretches into geometric shapes as she moves her arms and legs into different positions.

"Graham was interested in ritual, and 'Ritual to the Sun,' the next work, has costumes that fit close to the body," said Topping. "Graham and Halston designed the costumes representing golden rays of sunlight. They're close to the body so you see every expression the dancer is making. Martha Graham believed dance revealed the inner landscape of the body and the dancer's body was the celebrant of life."

After changing into street

clothes, Martha Graham dancers Sebastien Sabatier-Curial and Penny Diamantopoulou took a minute to cool down after the performance.

The power of a Martha Graham performance in prompted Sabatier-Curial to leave a career as musician/singer/actor in France to study dance in America. He became a member of the ensemble in January 1997.

The first time I saw the Martha Graham technique I said this is more than dancing," said Sabatier-Curial. "It is living."

Sabatier-Curial and the rest of the ensemble spend much of the year on the road. The metro Detroit residency is lengthy compared to other cities. The dancers have given presentations at two schools a day for the last two weeks in the outreach program sponsored by Music Hall and Hudson's Project Imag-,

"It's physically easier," said Sabatier-Curial. "We're leaning toward longer residencies rather than traveling one day and performing the next then moving on to the next city.

Diamantopoulou takes the grueling schedule in stride. She left Greece to study at the Martha Graham School of Contemporary Dance in New York

after learning the Graham technique in Greece. Diamantopoulou's ballet training from the age of 3 provided a foundation for further studies. She went on to earn the equivalent of

Inspired from page C1

tery and excitement. "We all had done ballet and tap in lessons at dance studios for years," said Roshawnda Der-

rick a sophomore. "This exposed us to a dance we'd never seen. I could feel the emotion by the way they expressed themselves." Victoria Holley-Foster is making sure students all over the state have the opportunity to see

the Martha Graham Dancers. They will featured 10-11 a.m. Thursday, Feb. 17 on a Wayne **RESA** program broadcast live on the educational access channel. An arts education consultant for Wayne RESA, Holley-Foster is tying the session into the Michigan Curriculum Framework to help teachers focus on language arts. Dance is a topic close to Holley-Foster's heart. Before taking the job at Wayne RESA, she taught dance for 23 years, the last 10 at Cass Tech in Detroit. That's where she met

Poli who was a dance instructor under her supervision.

a bachelor of fine arts degree in dance before leaving Greece. She joined the Graham ensemble in 1996.

"It's a huge responsibility to expose people to modern dance,"

"Martha Graham is a legend in modern dance," said Holley-Foster. "Students rarely have the chance to be exposed to the art."

This is first year North Farmington High School has offered a dance program, and Poli isn't wasting any time introducing her students to contemporary dance. A master class with a member of the Detroit Dance Collective followed the Martha Graham program.

"As we build the dance program, students will have lots of studio experience so at least everybody gets a chance to take a dance class," she said. "We also plan to have students perform in the community, and also hope to take the group to elementary and middle schools to expose students to dance. We want to put Farmington on the map in terms of dance education.

Dance programs will be introduced at Farmington High School and Harrison High School over the next few years. Farmington Public Schools music coordinator Paul Barber and North Farmington principal Ron Jones believe dance is a necessary component of a strong arts program.

"It was a vision several years ago," said Jones. "North Farmington was the first to complete a dance studio and we expect next year to have a full program in place.'

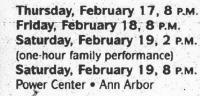
A member of the Farmington Fine Arts Council, Poli is a graduate of the Wayne State University dance program. She's danced with Detroit City Dance, Dance Nonce and the Detroit Dance Collective and is currently a member of Onyxx.

Leah Bruanstein, Kristen Wolff and Elise Liadis, who are all juniors and sophomores, look forward to continuing to dance in the program next year. They've made a new group of friends through the dance classes at North Farmington.



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A merry romp with a Spanish flavor! A serious case of love at first sight poses a problem for Count Almaviva: Rosina, the woman he adores, is kept under lock and key by her lecherous guardian, Dr. Bartolo. Enter Figaro, the ubiquitous barber of Seville, who concocts several plots to bring Almaviva and Rosina together in a nonstop cavalcade of glorious melody. Rossini's irresistible comedy was written when he was just 25, and every note in his effervescent score breathes the vitality of youth. In Italian with English supertitles.

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said Diamantopoulou. "We feel we're contributing. You can give the audience something they might not otherwise had. If we can touch just one person."

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(WtOF*

Gallery exhibits, art shows, classical concerts

MAKING CONTACT: Please submit items for publication, at least two weeks in advance to the event, to Noteworthy, The Eccentric Newspapers, 805 E. Maple; Birmingham, MI 48009 or fax (248) 644-1314

AUDITIONS & CALL FOR ARTISTS

ART IN THE PARK

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Common Ground Sanctuary is accepting artist applications for the 26th annual Art in the Park art fair. Applications must be postmarked by March 6, and the application fee is \$20. Artists can call Common Ground Sanctuary at (248) 456-8158, ext. 203 for an application. The fair is Sept. 23-24 in Shain Park

BOHEMIANS MUSIC COMPETITION

Deadline for the third annual Solo Concerto Competition for orchestral instruments is April 1. Prizes are \$500-\$1500 and Wayne State University will match each prize with a scholarship should winners decide to further their musical education at WSU. High school and college students (between ages 16 and 22) throughout Michigan are eligible. Submit tape to Herbert Couf, President, c/o The Bohemians, 37685 Russett Drive, Farmington Hills, 48331 or email CoufLinks@aol.com.

CALL FOR ENTRIES

Paint Creek Center for the Arts seeks applications from artists interested in exhibiting fine arts or fine crafts at the juried Art & Apples Festival in Rochester Municipal Park. Applications must be received by March 1. Entry fee is \$25. Booth space is \$325 if accepted. To obtain an application form, send a selfaddressed stamped envelope to: Art & Apples Festival, PCCA; 407 Pine, Rochester. (248) 651-4110.

CRAFTERS WANTED

Churchill High School PTSA is accept ing applications for the spring craft show on Saturday, March 11. For an application, call (734) 523-0022. Churchill is on 8900 Newburgh; Livonia

LIBERTY FEST 2000

Call for artists for the 9th annual fine art and fine craft show on June 24 and 25 in Canton Township. Application deadline is April 15. (734) 453-3710

METROPOLITAN SINGERS

The adult choir of mixed voices is looking for new singers, especially men, to sing blues, pops, hit tunes and folk tunes. Choir meets 7:30 p.m. Mondays at Birney Middle School vocal room, 27000 Evergreen. Southfield.

SCHOOLCRAFT COLLEGE COMMUNITY CHOIR

Auditions for new members by appointment. This year's repertoire includes music by Bach, Mozart, Brahms and Rachmaninoff. Dall (248) 349-8175. To schedule an audition: call Mark Perrine at (313) 937-0975.

VISUAL ART ASSOCIATION OF LIVONIA

Classes in oil, watercolor, mixed media, portraits and figurative drawng at lefferson Center 9501 Henry

the Jefferson Center, Room 16, 9501 ART IN THE CORRIDOR

Evanthia Samra exhibits at the Farmington Hills and Farmington City Halls located on the corner of Orchard Lake and Eleven Mile roads. (248) 473-9570. BIRMINGHAM BLOOMFIELD

ART CENTER

an exhibition of works showcasing student art 1516 S. Cranbrook. Birmingham. (248) 644-0866. COMMUNITY ARTS GALLERY

Graduate Works in Progress exhibition. 285400 Gullen Mall, Wayne State University, Detroit. (313) 577-

University, 307 Wilson Hall, Rochester. (248) 370-3005.

Through Feb. 29 - Spirits in Stone: an exhibit of Shona Stone Sculpture. Special event to celebrate African American History Month 4-7 p.m. Rhythms and 3-5 p.m., Sunday, Feb.

MUSEUM OF CONTEMPORARY ART Through Feb. 26 - A New Breed of Art: Liz & Val. 7 N. Saginaw, Pontiac.



SOUTHFIELD CENTER FOR THE ARTS

Through Feb. 25 - The oil and water color paintings of Diana Gamerman. 24350 Southfield Road, Southfield. (248) 424-9022

SPLASH GALLERY

"Burst of Color" by Detroit area artist, Kpi. 7 N. Saginaw, Pontiac. (248) 334-6825. SUSANNE HILBERRY GALLERY

Through April 8 - Paintings by Elizabeth Murray. Opening reception. 5-8 p.m. Saturday, March 11. 555 South Old Woodward, Birmingham,

The YMCA's 18th annual colloquium poetry series at 7 p.m., Feb. 16 at the Scarab Club, 217 E. Farnsworth at John R, Detroit. (313) 267-5310, ext. 338

LITERARY

Aline Soules and Nancy Ryan, writers

of "The Size of the World/The Shape

Friday, Feb. 11 at Ariana Gallery, 119

of the Heart" will be featured at a

book party and reading, 7 p.m.,

VALENTINE SALON

S. Main, Royal Oak

THE WRITER'S VOICE

BOOK PARTY

An afternoon of poetry, music and monologues from 3-6 p.m. Sunday, Feb. 13 at the Maniscalco Gallery. 17329 Mack Ave., Detroit. (313). 886-2993.



CHARLES H. WRIGHT MUSEUM

OF AFRICAN AMERICAN HISTORY Clear Story: The Stained Glass Art of Mr. Samuel Hodge." 315 E.

Warren, Detroit. (313) 494-5800.

CRANBROOK ART MUSEUM Through March 26 - Joseph Grigely: Publications and Publication Projects. 1994-1999. 1221 N. Woodward. Bloomfield Hills. (800) GO-CRANBrook

CRANBROOK INSTITUTE OF SCIENCE

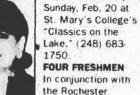
"Take My Picture, Please," a Festival of Cultural Snapshots. Adult Science Class "Fossils of Prehistoric Michigan" is 7:30-9 p.m. Feb. 14, 21 and 28. The Sunday Brunch Lecture Series is "Descendants of an African Tradition: Examining Ethnographic Relationships Between Yoruba and African-American Art Production" at 11 a.m. Feb. 13. Special weekly planetarium programs takes place Feb. 14-18 with Young Stargazers Sky Journey at 11:30 a.m., Planet Alignment 2000 at 12:30 and 3 p.m., and Laser Swing at 2 and 4 p.m. 1221 N: Woodward, Bloomfield Hills.

(248) 645-3224.

DETROIT INSTITUTE OF ARTS Opens Sunday, Feb. 20 - Martin Lewis: Drawings and Related Prints from the DIA collection. Through Feb. 13 - Alejandro Garcia Nelo: Papel Picado, a traditional Mexican folk art. Through March 26 - Robert Frank: The Americans. Through May 31 - "Glass, Glass, Glass: From the DIA's Collection: Through Feb. 13 -The Pointed Arch: Idealizing the Gothic Age." Month-long celebration of Black cultures presents story telling at 2 p.m. Saturdays, Feb. 19 and 26, 5200 Woodward Ave. Detroit. (313) 833-790

MEADOW BROOK ART GALLERY

Through April 2 - "Personal Favorites: Fine Prints from the



Henry Ruff, Livonia. (734) 455-9\$17.

CONCERTS

Potpourri: A Cabaret Concert at 3

p.m. Sunday, Feb. 13 at Groves High

School Cafeteria, 20500 W. 13 Mile

Road, Birmingham. (248) 474-4997.

Mexican pianist Myrthala Salazar will

Gershwin's "Rhapsody in Blue" during

her concert at 3 p.m.

feature works by Brazilian composer

Heitor Villa-Lobos and George

BIRMINGHAM CONCERT BAND

CLASSICS ON THE LAKE

the Rochester Symphony perform at 3 p.m. Sunday, Feb.

13 at the Lake Orion Performing Arts Center, 495 East Scripps, Lake Orion. (248) 693-5436. LIVONIA SYMPHONY ENSEMBLE

Presents a Valentine's concert at 3 p.m., Sunday, Feb. 13 in the auditorium of the Civic Center Library, Livonia. (734) 421-1111.

MEASURE FOR MEASURE

Salazar

Men's glee club presents a concert at 7:30 p.m. Sunday, Feb. 13 at the First United Methodist Church, 45201 North Territorial Road, Plymouth. (734) 453-5280.

SOUTHFIELD CONCERTS AT THE CENTRE

Benny Cruz Y La Beuna Vida performs Latin music at 3 p.m., Sunday, Feb. 13. 24350 Southfield, Southfield. (248) 424-9022.

ST. CLAIR TRIO

Sunday at St. Regis" at 8 p.m. Sunday, Feb. 13 at St. Regis Catholic Church at the southeast corner of Lahser and Lincoln Roads in Bloomfield Hills. (248) 626-2165.

DANCE

EISENHOWER DANCE ENSEMBLE

Entrances and Exits: Dance for a New Millennium at 8 p.m. Friday, Feb. 18 at Smith Theatre, Oakland Community College, Farmington Hills. (248) 471-7667.

FOR KIDS

BIRMINGHAM COMMUNITY HOUSE Songs and puppets with Rita Kirsch. For ages birth to 4 years with a parent.-380 S. Bates, Birmingham (248) 644-5832.

KINDERMUSIK

Enroll anytime for classes for newborns to children age 7. Parents par ticipate in classes for children under 3. Classes are held at the First Baptist Church of Plymouth, 45000 N. Territorial, Plymouth, Call Lori at (7.34) 354.9109

Through Feb. 25 - Inside the BBAC:

2423.

MOORE'S GALLERY

Saturday, Feb. 19 features African 20, video and presentation and lecture on Spirits in Stone. (248) 647-4662

(248) 334-6038.

(248) 642-9039.



Ruff, Livonia. (734) 455-9517.

CLASSES

ART CLASSES

D & M studios offers fine art classes for preschooler through adult. Classes held at three locations: 8691 N. Lilley Road, Canton: 46000 Summit Parkway, Cantor, 525 Farmer, Plymouth. (734) 453-3710: DETROIT BALLET

Classes in child and adult classical ballet, tap, and jazz. Adult beginners welcomed. Classes offered at the Betty Johnston Dance Studio in Farmington Hills at Folsom and Nine Mile. (248) 474-3174.

DRAWING & PAINTING

Classes taught by Karen Halpern watercolor painting through March. 22; drawing, Mondays through March 20: oil and acrylic through March 24: West Bloomfield Parks and Recreation, 4640 Walnut Lake, West Bloomfield, (248) 738-2500.

EISENHOWER DANCE ENSEMBLE

All levels of classes for recreational and professional students, including. modern, ballet, pointe, tap and jazz for children ages 3 and older: 1541 W. Hamlin Road, between Crooks and Livernois, Rochester Hills. (248) 852-5850.

JEWISH COMMUNITY CENTER

Adult art classes every Monday, Wednesday, and Friday. 9 a.m. to noon. Woodcarving classes Monday-Friday at 9 a.m. 15110 West Ten Mile Road, Oak Park, (248) 967-4030

KAMMUELLER DANCE CLASSES

Advanced and professional classical ballet program, 9:30 a.m. Monday-Friday; intermediate level: 11:30 a.m. Tuesdays, Thursdays and Fridays. 5526 W. Drake, West Bloomfield (248) 932-8699.

PAINT CREEK CENTER FOR THE ARTS

Presents a tour of the Van Gogh exhibit at the DIA on Wednesday. May 10. Registration is taking place now at PCCA, 407 Pine Street. Rochester. (248) 651-4110.

PLYMOUTH COMMUNITY ARTS COUNCIL

Classes and workshops for all ages. 774 N. Sheldon Road. Live model session 9:30 a.m. 12:30, every third Friday of the month. (734) 416-4278.

VISUAL ART ASSOC. OF LIVONIA

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Classes in watercolor. figurative drawing and painting: workshops in batik and watercolor monotypes, at

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MOZART, MOMMY & ME

An interactive music class for children 18 months to 2 1/2 conducted by two speech-language pathologists.

9:30-10:30 a.m. beginning Wednesday, March 8 at Congregation Shaarey Zedek, Southfield. (248) 357-5544

WEST BLOOMFIELD COMMUNITY EDUCATION

Rita's songs and puppets for ages birth to 4 years. Classes are at the Sports Club, Farmington Road, West Bloomfield. Register at (248) 539-2290

WRITING WORKSHOP FOR KIDS

Harvey Ovshinsky, award-winning screenwriter, will conduct daylong creative writing workshops from 10 a.m. 4 p.m. on Saturday, March 11 for grades 6-8. Workshops take place at the Community House in Birmingham, (248)-644-5832.

GALLERY EXHIBITS (OPENING)

CREATIVE RESOURCE GALLERY

Opens Wednesday, Feb. 16-Deborah Donelson and Vidvuds Zviedris through March 27. Opening reception 6-9 p.m. Friday, Feb. 18. 162 North Old Woodward. Birmingham, (248) 647-3688 THE PRINT GALLERY

Opens Monday, Feb. 14 - Latin American artists including Lenora Carrington, Remedios Varo, Frida. Kahlo, Gonzalo Cientuego and Fernando Botero through April 3. 29173 Northwestern Hwy. Southfield. (248) 356-5454

GALLERY EXHIBITS (ON-GOING

A.C.T. GALLERY

Through Feb. 18 - Anne Fracassa. Gordon Price, Shelly Richmond and Mark Schwing at 35 East Grand River, Detroit. (313) 961-4336.

ALFRED BERKOWITZ GALLERY

Through Feb. 14 - Diversity: Focus on India. U of M-Dearborn campus. Mardigian Library, 4901 Evergreen, Dearborn. (313) 593-5058 ANN ARBOR ART

CENTER GALLERY

.

Through Feb. 19 -- "Collective. Memories," work of artists Linda Soberman and Jennifer Martin at 117 W. Liberty, Ann Arbor. (734) 994-8004

RICK SMITH Dance: Christina Przywara is one of the dancers featured in Eisenhower Dance Ensemble's "Entrances and Exits: Dance for a New Millennium" 8 p.m. Friday at Smith Theatre, Oakland Community College on Orchard Lake Road, south of 1-696 in Farmington Hills. Tickets \$16, call (248) 471-7667.

CREATIVE ARTS CENTER

Through Feb. 14 - Candace Compton Pappas and Stephen Coyle 47 Williams Street, Pontiac. (248) 333.7849

DAVID KLEIN GALLERY

Through Feb. 26 - Minotaurs & Models: Important Intaglio Prints from Pablo Picasso's La Suite Vollard. 163 Townsend, Birmingham. (248) 433-3700.

FORD GALLERY

Through Feb. 25 - Three Women Consider the Body. Eastern Michigan University Art Department, Ypsilanti, 734) 487-1268.

GALERIE BLU

Through Feb. 26 - Exhibit of Bielat. Valerie Parks and Robert Tucker. 7 N. Saginaw in Pontiac. (248) 454 7797

KREFT CENTER GALLERY

Through Feb. 27 - Rashid Johnson: Seeing in the Dark, Concordia College, 4090 Geddes Road, Ann Arbor. (734) 995-7591

LIVONIA ARTS COMMISSION

Through Feb. 26 - Rich Katuzin pen and ink prints and Arthur Parquette's mixed media at Livonia Civic Center Library, 32777 Five Mile Road, Livonia: (734) 466-2490; In the Livonia City Hall Lobby through Feb. 29 - Quilts by Susan MCClenaghan of Livonia. 33000 Civic Center Drive. Livonia. (734) 466 2540.

OAKLAND COUNTY GALLERIA

Through Feb. 28 - "In Focus," a pho tography exhibit: 1200 North Telegraph Road, Pontiac. (248) 858 0415

OM CAFE

Through March 5 - Paintings by Lisa Goedert, 23136 Woodward, Ferndale. (248) 548 1941

MEADOW BROOK ART GALLERY

"Personal Favorites: Fine Prints From The Collection of Carl F. Barnes Jr. and Anna M, Barnes" at Oakland

PAINT CREEK CENTER FOR THE ARTS Through Feb. 19 - "Views from the

(248) 651-4110.

PEWABIC POTTERY Through Feb. 26 - "Yixing 2K," fea turing more than 70 pieces of Chinese Yixing Teaware, 10125 E lefferson, Detroit. (313) 822-0954

Landscape * 407 Pine, Rochester,

PLYMOUTH COMMUNITY ARTS COUNCIL

Through March 1 - Poland: A cele bration of art and culture, 774 N Sheldon, Plymouth. (734) 416 4278.

POSA GALLERY

Through Feb. 29 - James Hudspeth's Paleolithic style art is featured POSA Gallery is located at Summit Place Mall, Waterford (248) 683.8779

RACKHAM GALLERIES

Through Feb. 23 — Art by Michigan Prisoners. 915 E. Washington, Ann Arbor. (734) 662 7691

REVOLUTION

Through March 11 - Jon McCafferty recent paintings and Bill Jones/Ben Neill, lights/sound installation. 23257 Woodward, Ferndale, (248) 541-3444.

ROBERT KIDD GALLERY

Through March 11 - New paintings by William Nichols and Ricardo

Mazal, 107 Townsend, Birmingham. (248) 642-3909.

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SISSON ART GALLERY

Through March 3 - "Februarius" features works of local African American

artists. 5101 Evergreen, Dearborn (313) 845-9600

SOUTHFIELD PUBLIC LIBRARY

Through Feb. 29 - A display of hand made quilt's from the Flint African American Quilters' Guild: 26000-Evergreen, Southfield (248) 948-0470.

THE GALLERY AT MARYGROVE COLLEGE

Through Feb. 23-"Dreams Reflection & Space, painting and sculpture by Rick Vian and John Plet 8425 W. McNichols at Wyoming. Detroit, 1313) 927-1336

THE MANISCALCO GALLERY

Through Feb. 19 - Nancy Prophit Memorial Exhibition: 17329 Mack Ave. Detroit. (313) 886-2993.

UZELAC GALLERY

Through Feb. 26 - Variety show fea turing some of the gallery's most popular artists. (248) 332-5257

WASHINGTON STREET GALLERY

Through April 1 -- First anniversary exhibition of small works: Reception 2.5 p.m. Sunday, March 5 215 East Washington, Ann Arbor, (734) 761 2287

WATERFORD STUDENT ART EXHIBIT

Through Feb. 29 - An exhibit of student art will be on display at 2100 Pontrac Lake, Waterford, (248) 623 9389.

LECTURES BROWN BAG LECTURE

Celebrate Black History month with author and historian Esmo Woods as he discusses Pontiac's African American populations in the 19th and 20th centuries. County Campus in Waterford (248) 858-0415.

COIN COLLECTING

ohnathon Abbott from Abbott's. Colnex presents a history of coin collecting, 8:30 p.m. Wednesday, Feb. 16 at the Southfield Public Library, Southfield (248) 948-0470

of Carl Barnes Jr. and Anna M. Barnes." 208 Wilson Hall Oakland University, Rochester. (248) 370-3005

TROY MUSEUM

Through March 30 - "Going West-Michigan Cavalry in Indian Wars." 60 Wattles: Troy. (248) 524-3570.

THEATER

GEM THEATER

"Escanaba in da Moonlight," a come dy by Jeff Daniels, through March 26. 2 p.m. and 8 p.m. Wednesdays; 8 p.m. Thursdays Saturdays; 3 p.m. Saturdays; and 2 p.m. and 6 p.m. Sundays, 33 Madison Ave., Detroit \$24.50 \$34.50 (313) 963-9800

DINNER THEATER

Thursdays Fridays, 7 p.m. and 10-

p.m. Saturdays, and 2 p.m. and 6

p.m. Sundays (\$25 Thursdays and

Sundays, and \$30 Fridays-Saturdays)

fony in Tina's Wedding," 7:30 p.m.

p.m. Saturdays, and 2 p.m. and 6:30.

YOUTH

Theater at The Community Hou e in-

Birmingham will show "Snow White

and the Seven Dwarfs." Appropriate

for ages 5 and up. Performances are

11 a.m. and 3 p.m. Saturday, March

March 12. Tickets are \$7 per person

Reserved seating is \$30 per person.

11 and 2 p.m. and 6 p.m. Sunday.

(general seating). \$9 at the door.

Productions Youth Theater at The

Community House (248), 644-5832.

VOLUNTEERS

Looking for artists such as animators

or comedians who would like to be

featured on cable. For more informa-

tion, contact Jané Dabish, president,

P.O. Box 251651, West Bloomfield,

Gallery Service volunteers to greet

and assist visitors in museum gal-

leries. Training sessions at the DIA,

5200 Woodward, Detroit. (313) 833-

Mich., 48325-1651. (248) 626-2285.

Proceeds benefit Sara Smith

ANIMATION NETWORK CLUB

DETROIT INSTITUTE OF ARTS

0247

Thursdays Fridays, 4,30 p.m. and 9

p.m. Sundavs, at 40 W. Pike.

Sara Smith Productions Youth

BACI THEATRE Flanagan's Wake," 8 p.m.

8666

SNOW WHITE

Co-th	GUID			
National Amusements Showcase Cinemas	Showcase Westland 1-8 6800 Wayne Rd., One blk S. of Warren Rd.	NO VIP TICKETS NP THE DEACH (R) 12:40, 3:50, 6:50, 9:50	SCREAM 3 (R) NV 12:15, 1:15, 2:45, 4:00, 5:10, 6:45, 7:45, 9:35, 10:15 EVE OF THE DENOLDER (R) NV	GALAXY QUEST (PG) 1:45, (4:45 @ \$3.75) 7:10, 9: STUART LITTLE (PG) 12:40, 2:50 (5:00 @ \$3.75) 7:
Showcase Audourna Hillia 1-14 2150 N. Opdyke Rd.	313-729-1060 Barcain Matinees Daily	NO VIP TICKETS NP SNOW DAY (PG) 12:40, 3:50, 6;50, 9:50	12:20, 2:50, 5:15, 7:40, 10:05 THE HURBICANE (II)	THE GREEN MILE (R) 12:30, (4:15 @ \$3.75) 8:00, 9
Between University & Walton Blvd 248-373-2660 Bargain Matinees Daily.	All Shows Until 6 pm Continuous Shows Daily Late Shows Fri. & Sat.	NP SCIERAM 3 (II) 12:00, 2:30, 5:00, 7:30, 9:00, 10:00 NO VIP TICKETS	12:10, 3:25, 6:40, 9:45 NEXT FRIDAY (8) 12:40, 3:05, 5:30, 7:50,10:10	TOY STORY 2 (G) 12:50, 3:00, (5:10 @ \$3.75
All Shows until 6 pm Continuous Shows Daily	THRU THURSDAY Nº DENOTES NO PASS	NP GUNSHY (R) 1:30, 3;40, 6:00,8:40	GÁLAKÝ QUEST (PG) 12:30, 2:55, 5:05, 7:50, 10:10	Visa in Mastercard Accepte
Late Shows Fri. Sat. THRU THURSDAY INP DENOTES NO PASS	NP THE TIGGER MOVIE (C) SUN. 12:00, 1:55, 3:50, 5:45, 7:40,	NO VIP TICKETS THE HURBICANE (R) 12:10, 3:20, 6:20, 9:40	THE GREED MALE (II) 9:00	
NP THE TIGGER MOVIE (G) SUN. 12:00, 1:55, 3:50, 5:45, 7:40,	10:00 MON-THURS. 1:00, 3:00, 5:00, 7:00, 9:00	CIDER HOUSE INJLES (PG13) 12:30, 3:30, 6:10, 8:50 GALAXY QUEST (PG)		Main Art Theatre III 118 Main at 11 Mile Royal Oak
10:00; MON-THURS 1:00, 3:00, 5:00, 7:00, 9:00	NP SNOW DAY (PG) 12:20, 2:20, 4:20, 5:20, 8:20, 10:20 NP ANGELA'S ASHES (R)	1:45, 4:30, 6:40, 9:10 THE GREEN MILE (R)	United Artists-Commerce-14 3330 Springvale Drive Adjacent to Home Depot	248-542-0180 call 77-FILMS ext 542
NP SNOW DAYS (PG) 12:45, 2:55, 5:05, 7:15, 9:25 NP SCREAM 3 (R)	SUN: 12:45, .;00, 7:10, 10:15 MON-THURS 1:30, 4:45, 8:00	12:20, 4:00, 8:00 STUAITT LITTLE (PG) 12:20, 2:20, 4:20, 6:30, 8:30	North of the intersection of 14 Mile & Haggerty	(DISCOUNTED SHOWS!!!) TICKETS AVAILABLE AT THE BI OFFICE OR PHONE 248-542-0
12:50, 1:20, 1:50, 3:15, 4:00, 4:30, 5:40, 7:15, 7:45, 8:15, 9:45 10:15 EVE OF THE BEHOLDER (R)	THE HURBECANE (R) SUN. 12:45, :;05, 7:25, 10:15 MON-THURS 1:20, 4:30, 7:35		248-960-5801 Bargain Matinees Daily for all Shows starting before 6 pm	VISA AND MASTERCARD ACCE
12:20, 2:40, 5:00,7:20, 10:00 NP GALAXY QUEST (PG)	THE CIDER HOUSE RULES (PG13) 1:15, 3:50, 6:45, 9:20 THE GREEN MILE (R)	Star Southfield 12 Mile between Telegraph and Northwestern off 1–696	Same Day Advance Tickets Available NV-No VIP Tickets Accepted	(1:45 4:00) 6:45, 9:00 ALL ABOUT MY MOTHER (
12:45, 3:00, 5:15, 7:35, 10:05 THE HURRICANE (R) 12:20, 3:20, 6:20, 9:20	12:15, 4:00, 7:45 STUART LITTLE (PG)	248-353-STAR No one under age 6 admitted for	SNOW DAY (PG) NV 11:00, 1:15, 3:35, 5:50, 7:50, 9:55 THE BEACH (II) NV	(2:00 4:15) 7:15, 9:30 NO 7:15 TUES 2-8 SWEET AND LOWDOWN (PC
NEXT FRIDAY (R) 12:40, 3:05, 5:10, 7:30, 9:40 CIDER HOUSE RULES (PG13)	12:45, 2:45, 4:40,7:00 GALAXY QUEST (PG) 12:30, 2:45, 4:50, 7:00, 9:10	PG13 & R rated films after 6 pm FOR SHOWTIMES AND TO PURCHASE TICKETS BY PHONE	10:50, 1:30, 4:20, 7:20, 10:10 THE TIGGER MOVIE (G) NV	(2:15 4:30) 7:00, 9:15
1:30, 4:10, 6:50, 9:30 ANY GIVEN SUNDAY (R)	DOWN TO YOU (PG13) 9:15 PM	CALL 248-372-2222 www.STAR-SOUTHFIELD.com NP FEATURES - SORRY NO VIP	11:10, 1:10, 3:10, 5:10, 7:10, 9:10 CUN SHY (PG13) NV 10:45, 12:45, 3:00, 5:15, 7:40, 9:55	
2:45, 6:15, 9:30 STUART LITTLE (PG) 1:00, 3:00, 5:00 7:00		DISCOUNTTICKETS ACCEPTED	SCREAM 3 (R) NV 10:40, 11:35, 1:00, 2:15, 3:45, 5:05,	Maple Art Theatre NI 4135 W. Maple, West of Telegr Bioomfield Hills
THE GREEN MILE (R) 12:25, 4:00,7:40 SIXTH SENSE (PG13)	Star Theatres The World's Best Theatres Bargain Matinees Daily \$5.00 All	NP THE BEACH (R) 11:15, 12:30, 1:30, 2:15, 3:30, 4:30, 5:15, 6:30, 7:30, 8:15, 9:15, 10:30	6:45, 7:45, 9:25, 10:25 EYE OF THE BEHOLDER (II) 11:55, 2:35, 4:55, 7:35, 10:00	248-855-9090 (DISCOUNTED SHOWS!!!)
12:30 PM, 9:00	Shows Starting before 6:00 pm Now accepting Visa & MasterCard "NP" Denotes No Pass Engagement	NP SNOW DAY (PG) 11:00, 12:10, 1:15, 2:30, 3:50, 4:50 6:15, 7:15 8:45, 9:40	DOWN TO YOU (PG13) 11:45, 2:00, 4:10, 6:15, 8:30, 10:35 THE END OF THE AFFAIR (II)	MANSFIELD PARK (PG13 SUN. (1:30 4:00) 6:45, 9:0
	Star Great Lakes Crossing	NP THE TIGGER MOVIE (G) 11.00, 1:00, 3:00, 5:00, 7:00	1:40, 7:30 Girl Interrupted (R)	MON-THURS (4:00) 6:45, 9: TOPSY-TURYY (R) (1:00 4:30) 8:00
Showcase Dearborn 1-8 Michigan & Telegraph 313-561-3449	Great Lakes Shopping Center 248-454-0366	NP SCHEAM 3 (II) 11:00, 11:30, 12:00, 12:40, 1:20, 2:00, 2:40, 3:10, 4:10, 5:00, 5:30;	11:05, 4:15 9:50 HURRICANE (R) 12:15, 3:30, 7:00, 10:20	MON-THURS (4:30) 8:00 LIBERTY HEIGHTS SUN. (1:15 4:15) 7:00, 9:30
Bargain Matinees Daily. All Shows until 6 pm.	NP THE BEACH (R) 12:40, 1:40, 3:40, 4:40, 6:40, 7:40, 9:15	6:00, 7:00, 8:00, 8:30, 9:00, 9:25, 9:50 NP GUN SHY (II)	CIDER HOUSE NULES (PG13) 10:35, 1:35, 4:35, 7:25, 10:15 GALAXY QUEST (PG)	SUN. (1:15.4:15) 7:00, 9:5 MON -THURS (4:15) 7:00, 9:
Continuous Shows Daily Late Shows Fri. & Sat. THRU THURSDAY	NO VIP TICKETS NP SNOW DAY (PG) 11:45, 12:45, 1:45, 2:145, 3:45, 4:45,	11:30, 2:00, 4:45, 7:30, 10:15 NP EYE OF THE BEHOLDER (R)	11:30, 2:20, 4:50, 7:15, 9:35 STUART LITTLE (PG)	
NP DENOTES NO PASS	5:45, 6:45,7:45, 8:45, 9:45 NO VIP TICKETS	12:00, 2:40, 5:15, 7:45, 10:30 DOWN TO YOU (PC13) 10:20 PM	10:30, 12:20, 2:20, 4:30, 7:00 The Green Mile (r) 12:00, 4:00, 8:00	Oxford 3 Cinemas, L.L.C Downtown Oxford Lapeer Rd. (M-24)
12:30, 2:40, 4:50, 7:00, 9:00 NP THE TIGGER MOVIE (G)	NP THE TIGGER MOVIE (G) 12:15, 1:15, 2:15, 3:15, 4:15, 5:15, 6:15, 7:15, 8:15-NO VIP TICKETS	END OF THE AFFAIR (R) 1:50, 7:20		(248) 628-7101 Fax (248) 628-1300
SUN. 12:15, 2:05, 3:55, 5:45, 7:40 MON-THURS 1:00, 3:00, 5:00, 7:00,9:00	NP SCREAM 3 (R) 12:00, 12:30, 1:00, 1:30, 2:00, 2:30,	GIRL INTERRUPTED (R) 11:00, 4:20, 10:10 The Hubbicane (R)	Birmingham Theatre 211 S. Woodward	CLOSED FOR RENOVATIO
NP SCREAM 3 (R) 12:50, 1:20, 1:50, 3:15, 4:00, 4:30, 5:40, 7:15, 7:45, 8:15, 9:45, 10:15	3:00, 3:30, 4;00, 4:30, 5:00,6:00, 6:30, 7:00,7:30, 8:00, 8:30, 9:00, 9:30, 10:000-NO VIP TICKETS	12:20, 3:45, 6:45, 10:15; CIDER HOUSE RULES (PG13) 11:00, 1:45, 4:30, 7:30,10:30.	Downtown Birmingham 644-FILM NIP Denotes No Pass Engagements	AMC Livonia 20 Haggerty & 7 Mile
THE HURRICANE (R) 12:40, 3:35, 6:25, 9:20	NP GUN SHY (R) 1:35, 4:05, 6:25, 9:05 NO VIP TICKETS	GALAXY QUEST (PG) 11:00, 1:45, 4:30, 7:30,10:30	PURCHASE TICKETS BY PHONE! CALL (248) 644-FILM AND HAVE YOUR VISA, MASTERCARD OR AMERICAN	734-542-9909
NEXT FRIDAY (R) 1;00, 3:10, 5:13 7:30, 10:00 STUART LITTLE (PG)	ISN'T SHE GREAT (R) 9:55 PM ONLY	ANY GIVEN SUNDAY (II) 10:00 PM ONLY Stuart Little (PG)	EXPRESS READY. A SIC SURCHARGE PER TICKET WILL APPLY TO ALL	Call theatre for Features and Ti
1.10, 3.00, 4.50, 7:00	EYE OF THE BEHOLDER (R) 12:20, 2:50, 5:35, 7:55 ANGELA'S ASHES (R)	12:10, 2:30, 4:45, 7:15 The Green Nile (II) 12:20, 4:25, 8:15	TELEPHONE SALES - MATINEE MOVIES \$5.00	\$1.00 Ford Tel \$1.50
Showcase Pontiac 1.5	1:05, 4:10, 7:05 THE END OF THE AFFAIR (R)	TOY STORY 2 (G) 12:20, 2:45, 5:15, 8:30	NP THE TIGGER MOVIE (G) 11:10, 1:00, 3:00, 5:00, 6:50, 8:35 NP THE BEACH (R)	313-561-7200 AFFORDABLE FAMILY PRICE \$1.00 Til 6 pm After 6 pm \$1
Telegraph-Sg. Lake Rd. W Side of Telegraph 248-332- 0241	11:50, 2:10,7:25 DOWN TO YOU (PG13) 12:55, 3:05, 5:05, 7:10, 9:20		11:50, 2:00, 4:20, 7:00, 9:30 NF SCREAM 3 (II)	Ample Parking - Telford Cent Free Refill on Drinks & Popco (SUN, No children under 6 aft
Bargain Matinees Daily • All Shows Until 6 pm Continuous Shows Daily	THE HURRICANE (R) 12:10, 3:10, 6:10, 9:10 GIRL INTERRUPTED (R)	Star Winchester 1136 S. Rochester Rd.	12:00, 2:20, 4:45, 7:15, 9:40 THE HURRICANE (R) 12:30, 3:30, 6:10, 9:30	pm except on G or PG rate fil MATINEES DAILY
Late Shows Thurs, Fri. & Sat. THRU THURSDAY	4:35, 9:50 NEXT FRIDAY (R)	Winchester Mail 248-656-1160	THE TALENTED NR. RIPLEY (R) + 1:15, 4:05, 6:30, 9:30 THE END OF THE AFFAIR (R)	ANNA AND THE KING (PG1 SUN. 1.15, 4.15, 7.00, 9.4
NP DENOTES NO PASS NP SNOW DAY (PG)	11:55, 2:20, 4:50, 7:20, 9:40 MAGNOLIA (R) 1:25, 5:40, 9:35	No one under age 6 admitted for PG13 & R rated films after 6 pm	12:05, 2:15, 4:30, 6:45, 9:00 ANGELA'S ASHES (R)	MON-THURS 7:00, 9:45 THE WORLD IS NOT ENOUGH (I 7:15, 9:45 -
1:10, 3:20, 5:25, 7:30, 9:45 NP THE BEACH (R) 1:30, 4:15, 7:05, 9:35	SNOW FALLING ON CEDARS (PG13) 9:55 ONLY	CLOSED THANKS FOR ALL YOUR	1:00, 4:00, 6:50, 9:30 MAGNOLIA (R) 12:45, 4:20, 8:00;	POREMON; THE FIRST MOVIE SUN. 12:45, 3:00, 5:00
GUN SHY (R) 7:20, 9:30 The Hurricane (R)	GALAXY QUEST (PG) 1:10, 3:35, 5:55, 8:10,	PATRONAGE		MON-THUR 5:00
12.40, 3:30, 6:20, 9:10 THE CIDER HOUSE RULES (PG13)	THE TALENTED MR. RIPLEY (R) 12:25, 3:20, 6:35, 9:25 THE CIDER HOUSE RULES (R)	United Artists Theatres	MJR Theatres	
1:20, 4:00, 6:50, 9:20 TOY STORY 2 (G) 1:00, 3:05, 5:10	12:05, 3:55, 6:50, 10:00 ANY GIVEN SUNDAY (R) 4:20 PM ONLY	Bargain Matinees Daily, for all shows starting before 6:00 PM	Brighton - Cinemas 9 1-96 Exit, Grand River	Section 201
Showcase Pontiac 6-12	STUART LITTLE (PG) 11:50, 1:50, 3:50, 5:50, 7:50, 9:50	Same day advance tickets available. NV - No V.I.P. tickets accepted	810-227-4700 Call 77-Film Ext. 548	
2405 Telegraph Rd. East side of Telegraph	THE GREEN MILE (R) 1:20, 5:10, 8:50, TOY STORY 2 (G)	United Artists Oakland Inside Oakland Mall 248-958-9706	NP THE TIGGER MOVIE (G) 12:50, 2:50, (5:0 @ \$3.75) 7:15, 9:15 NP SNOW DAY (PG)	
248-334-6777 Bargain Matinees Daily • All Shows Until 6 pm	12:50, 3:25, 5,40 THE SIXTH SENSE (PG) 8:05 PM ONLY	ALL TIMES SUN-THURS	12:40, 3:00 (5:10 @ \$3.75) 7:30, 9:40 NP THE BEACH (R)	
Continuous Shows Daily Late Shows Thurs. Fri. & Sat. THRU THURSDAY	0.07 mi Onui	MAGNOLILA (R) SUN: 12:30, 4:15, 8:00 MON-THURS 4:15, 8:00	1:30, (4:15,@ \$3.75) 7:10, 9:45 NP SCREAM 3 (R) 12:45, 1:40, (4:10 & 4:50 @ \$3.75)	and the second second
NP DENOTES NO PASS	Star John-R	MANSFIELD PAIN (PC130 SUN: 1:00, 4:00, 7:00 MON-THURS 4:00, 7:00	.6:50, 7:20, 9:30, 10:00 EYE OF THE BEHOLDER (R)	A BAR
SUN. 12:00; J:55; 3:50; 5:45; 7:40, 10:00; MON-THURS 1:00; 3:00;	<u>at 14 Mile</u> 32289 John R. Road 248-585-2070	BEING JOHN MALKOVICH (R) SUN. 1:45, 4:30, 7:10,	1:20, (4:45 @ \$3.75) 7:40, 9:55 DOWN TO YOU (PC13) 1:40 (5:10 @ \$3.75) 7:30, 9:45	NOT SLOT
5:00, 7:00, 9:00 NP SCREAM 3 (R) 12:50, 1:20,3:15, 4:00, 5:40, 7:15,	CALL FOR SATURDAY SHOWTIMES No one under age 6 admitted for PG13 & R rated films after 6 pm	MON-THURS 4:30, 7:10 DEUCE INGALOW (II) NV SUN. 12:45, 2:45, 5:00, 7:30, MON-	HURRICANE (II) 1:10 (4:00 @ \$3.75) 7:00, 10:00 STUART LITTLE (PG)	
8:15, 9:45, ANGELA'S ÁSHES (R)	NP SNOW DAY (PG)	THURS 2:45, 5:00, 7:30 THE SLATH SENSE (PG13)	12:40, 2:40 (4:50 @ \$3.75) 7:20 The Green Mile (R)	2 V
1:30, 4:45, 8:00 NEXT FRIDAY (R) 1:10, 3:10, 5:20 7:35, 9:40	12:00, 2:40, 5:20, 7:30, 10:00 NO VIP TICKETS NP SCREAM 3 (R)	SUN. 12:50, 3:10, 5:30, 7:45, MON-THURS 3:10, 5:30, 7:45	9:30	1.
THE EVE OF THE BEHOLDER (R) 12:20, 2:40, 5:10, 7:30, 9:50 STUART LITTLE (G)	1:00, 1:50, 3:30, 4:20, 6:00, 6:50, 7:40, 8:30, 9:20 NO VIP TICKETS		Waterford Ginema 16	
1:15, 3:05, 5:05, 7:05	NP GUN SHY (R) 12:50, 3:20, 5:40, 8:00	United Artists 12 Oaks Inside Twelve Oaks Mall	7501 Highland Rd. S.E. corner M-59 & Williams Lake Rd.	1 Sarah
	NO VIP TICKETS EVE OF THE BEHOLDER (R) 12:00, 2:20, 4:40, 7:00, 9:10	248-349-4311 ALL TIMES SUN-THURS.	24 Hour Movie Line 248-666-7900 CALL 77 FILMS \$551	
Queo Yadis Warren & Wayne Rds	ANGELA'S ASHES (R) 11:55, 3:00, 6:10, 9:30	SHOW DAY (PG13) NV SUN. 12:05, 2:15, 4:25, 7:20 MON-THURS 3:05, 5:10, 7:30	We've tripled our lobby and added five new screens. The only theatre in Oakland County with the new Dolby	
313-425-7700 Bargain Matinees Daily	GIRL INTERMUPTED (R) 1:40, 4:50,7:10, 9:50 NEXT FRIDAY (R)	THE SIXTH SENSE (R) SUN. 12:20, 2:30, 4:45, 7:00	digital EX sound system and moreCheck us Out!! Our expanded parking lot is now open	NUMBER OF
All Shows Until 6 pm Continuous Shows Daily LATE SHOWS FRIDAY & SATURDAY	11:50, 2:00, 4:10, 6:30, 9:00, HURBICANE (R) 12:20, 3:40, 6:40, 9:40	MON-THURS, 2:50, 4:45, 7:10 CIDER MOUSE INLES (PG13) SUN. 1:00, 4:00, 7:10,	Free Refill oN Popcorn and Pop	and the second
THRU THURSDAY	GALAXY QUEST (PG) 12:30, 3:10, 5:50, 8:10	MON-THURS 4:15, 7:20 GALAXY QUEST (II)	NP THE TICGER MOVIE (C) 12:45, 1:40, 2:40, 3:30, (4:40 & 5:20 @ \$3.75) 6:40, 7:20, 9:00	18 Water
NP THE BEACH (R) 1:15, 4:00, 7:00, 9:30	TALENTED MR. MPLEY (R) 1:30, 5:30, 8:50 The cider house rules (PG13)	SUN. 12:15, 2:35, 4:55, 7:30, MON-THURS 2:45, 5:05, 7:40 THE TALENTED NR. RIPLEY (R)	NP SNOW DAY (PG) 12:40, 1:30, 2;145, 3:30, (4:45, &	
NP SCREAM 3 (R) 12:50, 1:20, 1:50, 3:15, 4:00, 4:30, 5:40,7:15, 7:45, 8:15, 9:45, 10:15	13:50, 2:30, 5:10, 8:20 STUART LITTLE (PG)	SUN. 12:50, 4:05, 6:50 MON-THURS. 4:05, 7:00	5:40 @ \$3.75) 6;50, 7:45, 9:00, 9:45 NP THE BEACH (R) 12:45, 1:50, (4:10 & 5:00 @ \$3.75)	- wet-
NEXT FINDAY (II) 1:00, 3:05, 5:20, 7:35, 9:50	1:20, 3:35, 5:35, 7:50 THE CREEN MILE (R) 12:10, 3:50, 8:40		6:50, 7:40, 9:20, 10:00 Nº SCREAM 3 (R) 12:30, 1:10, 1:45, 3:00, (4:15, 4:50 &	
CLUN SHY (II) 1:00, 3:10, 5:15 7:30, 9:50	TOY STORY 2 (C) 12:40, 2:50, 5:00	United Artists West Beer	5:00 @ \$3.75) 6:45, 7:30, 9:15, 10:00 NP GUN SHY (II)	
	1	9. Mile, One Block West of Middlebelt	7:15, 9:45 NP EVE OF THE BEHOLDER (R) 1:00, (4:20 @ \$3.25) 7:15, 9:40	
	Star Rechester Hills 200 Barciay Circle	ALL TIMES SUN-THURS	DOWN TO YOU (PG13) \$ 20, 320, (5:30 @ \$3,75) 7;45, 9:55	1 My and
	248-853-2260 SUNDAY THRU THURSDAY No one under age 6 admitted for PG	SNOW DAY (R) NV 12:05, 2:25, 4:35 7:05, 9:30 THE BEACH (PG13) NV	Cand. NTERNOTTED (R) 1:15 (4:20 @ 53.75) 7:20, 10:00 NUMBICARE (R) 1:00 (4:00 @ 53.75) 7:00, 9:55	510 - 8
A A A A A A A A A A A A A A A A A A A	No one under age 6 admitted for PG 13 & R rated films after 6 pm	1:20, 4:15, 7:15, 10:00	1 4 44 11 44 4 45 95 90 1 4A ALL	I CONTRACTOR

Spiritual journey has down-to-earth destination

downplays, its more esoteric

aspects, however, to demonstrate

Kabbalah practical role in meet-

ing the challenges of daily life.

Its practice, he writes, can

achieve for us the universal

goals of love, fulfillment, inner

peace, and confident expression.

In the first section of "Practi-

cal Kabbalah," the author

explains the principles of kabal-

istic thought. Our creation is

not yet complete, writes Wolf, so "what we think, say, and do

leaves a mark on the universe."

In other words, we have the

power to perfect our world if we

learn how to cultivate the ten

"Sefirot," the spiritual energies

of Mind and Emotion that flow

from the Cosmos into our hearts.

the "Sefirot" in detail and pro-

vides meditation and visualiza-

tion exercises to develop and

emotion of giving and sharing.

Since each of us is a microcosm

of the whole, we contribute to

the improvement of the world

whenever we give of ourselves to

another. Yet incessant giving

can produce burnout. Thus, to

balance our "Hessed" we must

also practice "Gevurat," an atti-

tude that focuses our energies

and encourages self-restraint

confirms much of what mysti-

cism has always known. Our

mind is divided into two experi-

ences, teaches the Kabbalah.

One is "Chochma," the domain of

inspiration and creativity.

Interestingly, modern science

"Hessed," for example, is the

maximize their power.

and containment.

The second section describes

"Practical Kabbalah" By Rabby Laibl Wolf, Three Rivers Press, 1999, \$14

Why do some people continue to cherish life despite first-hand experience with terror, violence, and pain? How do they maintain their equi-

librium and lead conventional, productive lives? **Questions** like these have haunted Rabbi Laibl Wolf since childhood and taken him on a personal and professional ESTHER LITTMANN quest that includes the study of law,

psychology, and traditional Judaism.

Wolf now understands how his parents and in-laws (Holocaust survivors) could not only patch their broken lives together but also affirm the goodness of life with family, work, and faith.

The answer, maintains the author of "Practical Kabbalah,' lies in the profound teachings of Jewish mysticism.

"Kabbalah," writes Wolf, the father of seven children and a resident of Australia, "is an ancient Jewish wisdom that explains the eternal laws of how spiritual energy moves through the Cosmos." Its message can be traced to pre-literate times but finds its fullest expression in the "Zohar" or "Book of Splendor," a repository of mystical writings compiled by Rabbi Shimon bar Yochai in the second century, A.D.

Traditionally, Kabbalah attempted to find hidden and

WRITING WORKSHOPS

Poet, storyteller and fiddler Ken Waldman will conduct a writers' workshop 1-4 p.m. Wednesday, Feb. 16 in room LA 420 of the Liberal Arts Building at Schoolcraft College in Livonia. If you have a manuscript, make 25 copies and bring it, or just come to discuss or listen. Wald- of these events.

man, who is visiting from Alaska, will read and perform at 7 p.m. on Wednesday, Feb. 16 in room MC110 of the McDowell Center on campus, 18600 Haggerty Road, between Six and Seven Mile Road just west of 1-275. There is no charge for either

Today, it is acknowledged as the apocalyptic truths in the Bible province of the right side of the through analyzing its text and deciphering the significance of individual Hebrew letters and brain. The other is "Bina," which reptheir numerical value. Wolf

resents rational and analytic activities, associated in modern parlance with the brain's left hemisphere. To achieve our goals, we need to harness the "spark of Chochma" to the discipline of Bina.

"Practical Kabbalah" builds a bridge between the teachings of ancient mysticism and those of modern psychology. But in its pursuit of relevance, the author never abandons Kabbalah's spiritual roots and dimensions. Written simply but without oversimplification, replete with aphorisms, charts, a glossary of terms, and numerous introspective exercises, Rabbi Laibl Wolf's text is, in his own words, a "spiritual adventure with a down-to-earth destination." This 226page soft-cover book is an insightful and inspirational guide for those interested in Jewish mysticism or in a selfhelp book written within a religious framework.

Rabbi Wolf will be visiting metro Detroit bookstores on Monday, Feb. 14. He will sign his book at Borders on Woodward Avenue in Birmingham 4-5 p.m., and 5:30-6:30 p.m. at Barnes and Noble on Orchard Lake Road in West Bloomfield. He will also appear at The Community House in Birmingham for a lecture beginning at 7:30 p.m. Suggested donation is \$10 per person or \$18 per couple. Call (248) 423-4633 for more information.

Esther Littmann is a resident of Bloomfield Township and a tutor in English.

The Sixth annual Writers Conference "OCC Writers at Work" is Friday-Saturday, March 17-18 at the Hilton Suites of Auburn Hills. Conference registration fee is \$85, or \$55 for currently enrolled OCC students. Call (248) 360-3186 for more information.

Art B pening world. news le Newspa Livonia

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EMERA Pete soloist etta O

tion of day, F War N the co Venez Fund. Soav Aldem native renow knows music. For tion, afterg



entertainers like pop icon larger composition that uses cos

The company also will perform But Not For Me, a broadwaystyle dance set to music by George Gershwin.

While Graham is considered one of the founders of modern dance, her effect on physical movement in performance is more pervasive.

She helped set the groundwork for broadway-style dance and, in time, impacted movement in popular culture.

Not only do actors study Gra-

from page C1

to improvise."

Siers fell in love with jazz while playing drums in fifth grade in Saginaw. In high school and at Aquinas College, Siers tried to read and listen to as much jazz as possible.

"That first experience was a huge event in my life," said Siers. "The band director marched us down to the civic center and I heard the U.S. Army Big Band play and I was totally blown away.

Plymouth Symphony conductor Nan Washburn is hoping the experience of hearing the orchestra play jazz will instill a love for the American art form in the audience at Our Lady of Good

Expressions from page C1

Madonna embrace her movements in performance.

"She revolutionized not just dance but theatrical movement,' says Tallet. "She introduced movements that you see everywhere, even in exercise - yoga or Pilates - for example."

Beyond Graham's impact on 20th century art and presentday culture is her ability to stimulate the senses and provoke the imagination.

Graham's dancers aren't alone ham technique, but well-known on the stage; they're part of a

"The concert is a crossover or

fusion, blending the styles of

classical and jazz," said Wash-

burn. "For an orchestra, it's the

opportunity to work on rhythm

in a big way. For the audience

hearing this program, they real-

ize jazz is such a big part of

American music. Just about any

style of music has elements of

to being one of Washburn's

favorite works, brings back fond

memories of Farberman, her for-

mer instructor at the Conduct-

ing Institute. A former percus-

sionist with the Boston Sympho-

ny, Farberman founded the

The jazz concerto, in addition

Counsel.

jazz.

tuming, set design, lighting, music and movement to create vital drama.

"A smorgasbord for the senses' is how Tallet describes Graham's choreography. "It's very athletic. It is very theatrical And, really, it is very dramatic. Many people are put off by classical dance, but this is not formal. It's much more open. It becomes something for you to, understand and to interpret."

institute now based in New York

"Farberman's concerto is a fun piece that pays tribute to different kinds of jazz," said Washburn. "Overall, I think people who aren't necessarily jazz lovers will enjoy this program. The Shostakovich is a fairly unusual piece. Not many people know about it because they're so used to hearing his big symphonic works. Ellington's "The River" is a staple work of the Dance Theatre of Harlem and Alvin Ailey. The program ends "upbeat" with Ellington's "It Don't Mean a Thing."

opportunity for students to grow. I'd like to think we're enriching the arts."

Setting an example

The Barbers started their own children in musical training early just as their parents had done. Paul first picked up trombone, and Fern clarinet, in the fourth grade. Nurtured by Harold Arnoldi, his teacher at Redford High School, Paul went on to study music at the University of Michigan where he played in the Rose Bowl with the marching band. He recently

received the administrator of the year award for Michigan from the American String Teachers Association in conjunction with the National School Orchestra Association.

Fern took a few years off from teaching after the births of daughter Julie and son Randy but went back to teaching and is now a music instructor at Walnut Creek Middle School in the Walled Lake Public School District, Julie is a freshman at the University of Michigan and plays trombone in the orchestra. Randy earned a degree in music education at Central Michigan University. He is currently working with the brass sections at Orchard Lake Middle School. and helping band director Mark Phillips at Harrison High School in Farmington.

"Through brain research," said Paul, "we're finding that people coming out of the arts are happier and smarter."

Have an interesting idea for a story? Call arts reporter Linda Ann Chomin at (734) 953-2145 or send e-mail to lchomin@oe. homecomm.net

Art Beat features various happenings in the suburban art world. Send Wayne County arts news leads to Art Beat, Observer Newspapers, 36251 Schoolcraft, Livonia MI 48150, or fax them to (313) 591-7279.

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The Visual Arts Association of Livonia meets 7:30 p.m. Thursday, Feb. 17 at the Jefferson Center, 9501 Henry Ruff, room 16. in Livonia. Guest speaker Peter Gillian will show slides and discuss his work.

For more information, call Marge Masek (734) 464-6772.

ONE-WOMAN SHOW

Redford artist Cheryl Conlin opens a one-woman show of more than 60 paintings, wall sculptures, and animal painted furniture with a reception 6-9 p.m. Friday, Feb. 18 at the Biddle Gallery, 2840 Biddle Ave., Wyandotte.

The show continues through Saturday, March 11. For more information, call (734) 281-4779.

In her paintings, Conlin uses vibrant colors and a surrealistic style to convey emotion. Her leopard, tiger and zebra print furniture was one of the reasons she was voted one of eight best young artists by Orbit Magazine and C-Pop Gallery in 1998. She has works at Studio Sixteen in Ann Arbor; the Art Loft, Birmingham; Atrium Gallery, Northville; Gallery FunctionArt, Pontiac, and Village Framing and Art Gallery, Dearborn.

Prices for works in the show range from \$150 to \$1300.

"My newer paintings are looser, a freer flowing style," said Conlin. "I use a lot more texture - sands, gels and crumpled paper.

EMERALD SINFONIETTA CONCERT

Peter Soave will perform as a soloist with the Emerald Sinfonietta Orchestra, under the direction of Felix Resnick, 7 p.m. Sunday, Feb. 13 at the Grosse Pointe War Memorial. Proceeds from the concert will benefit the Venezuelan Disaster Relief Fund.

Soave will perform works by Aldemaro Romero, a Venezuela native, and Astor Piazzolo, a renowned Argentinean composer known for his beautiful tango music.

For tickets and more information, call (313) 438-0780. An



Adrift at sea: Cheryl Conlin's "Ocean of Emotion" is one of the paintings on exhibit at the Biddle Gallery in Wyandotte.

the Ambleside Gallery. **OPERA ENCORE!**

Canton Project Arts presents the Verdi Opera Theatre of Michigan 3 p.m. Sunday, Feb. 27 at Summit on the Park, 46000 Summit Parkway, Canton.

Tickets are \$15. For more information or to reserve tickets, call (734) 397-6450.

A special presentation of the history of opera in America precedes the concert at 2:30 p.m. An artists reception follows the concert

CALL FOR ARTISTS

Oakland Community College's Womencenter is looking for entries for its 14th annual art exhibit, "Our Visions: Women in Art." The exhibit is scheduled for Theatre Gallery at the college's Orchard Ridge campus in Farmington Hills.

Deadline for entry is April 1. For more information or an entry form, call (248) 471-7602 or write the Womencenter at Oakland Community College, 27055 Orchard Lake Road, Farmington Hills, MI, 48334.

Visual art (excluding jewelry, performance and video) and poetry are being sought for the exhibit for which cash prizes will be awarded. Jurors for "Our Visions" are Gail mally-mack and Jenny Schmid (visual art), and Carla Harryman (poetry).

OUT OF AFRICA

'Piecing Memories," a quilt show, continues through Friday, March 3 at the University of afterglow follows the concert at May 8-19 in the Wallace Smith Michigan Matthaei Botanical Gardens in Ann Arbor.

Stunning designs and vibrant colors mark the dozen quilts crafted by African American women. Each quilt tells a story and during selected times, interpreters will be available to unleash the secrets in the threads.

Related events:

"An African Adventure" for community groups and Scouts takes place 10 a.m. to 4 p.m. Saturday, Feb. 19. Admission is \$5. The event features a scavenger hunt in the Conservatory, stamp art with African Adinkra stamps, samplings of delicious treats at the Taste of Africa station, and a lesson about the plants of the African American heritage, then take a peanut plant home and watch it grow.

CHILDREN'S CONCERT

The Phoenix Ensemble join the Gemini brothers for a magical, musical concert for children and the whole family 3 p.m. Sunday, Feb. 20 at the Michigan Theater, Ann Arbor!

The festivities begin at 2 p.m. with an instrument petting zoo in the lobby.

Tickets are \$15 adults, \$10 students/children, and available by calling (734) 763-8587 or (248) 645-6666.

COLLAGE CONCERT

Henry Ford Community College's fifth annual President's "Collage" Concert 7 p.m. Sunday, Feb. 20 at Orchestra Hall, 3711 Woodward Ave., Detroit, will feature performances by HFCC's award-winning instrumental and vocal groups. Tickets are \$15, call (313) 845-6470.

The 250 musicians who are performing represent some of the college's best musical talent. "Our past and present audiences can expect near perfection by the musicians and a variety of tunes. familiar to everyone," said Rick L. Goward, director of instrumental-music at HFCC. In keeping with the definition of the word "collage," the musical performances will include favorites from classical to rock to pop. The instrumental music groups that will perform include the Big Band, Studio 110 Jazz Orchestra and Symphonic Wind Ensemble. Vocal music group performances will feature the Renaissance

Voices, Vanguard Voices, Evergreen Blues, Blue Fusion and the HFCC Concert Choir.

RUSSIAN ART

Modernism and Post Modernism: Russian Art of the Ending Millennium, an exhibit curated by Alexandre Gertsman at the Elaine L. Jacob Gallery, 480 W. Hancock on the Wayne State University campus in Detroit, opens Friday, Feb. 18.

Reception 5-7:30 p.m. followed by a panel discussion with Alexandre Gertsman, Irina Nakhova, Michael Odnoralov and Anatole Senkevitch in the Music Recital Hall (adjacent to the gallery). The exhibit continues through Thursday, March 30. Hours are 10 a.m. to 6 p.m. Tuesday-Friday, 11 a.m. to 5 p.m. Saturday. For more information, call (313) 993-7813.

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hurry along spring's warm sunshine and dewy rains, you can rid yourself of the winter doldrums with a few decorative touches inside your home.

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There are an abundance of simple and affordable ways to add zip to the familiar gray spaces in your home.

So, instead of bury-

ing your head under the covers and waiting for the birds to chirp, enhance your surroundings and lift your spirits!

Pay Attention To the Light

"Washing away the winter blues can be as simple as changing shades on a chandelier or lamp," says Gail Crawmer, interior designer at La Belle Provence in downtown Birmingham. "For \$28, you can instantly add warmth to a room and change the light in your life," says Crawmer, referring to La Belle Provence's eclectic collection of decor elements.

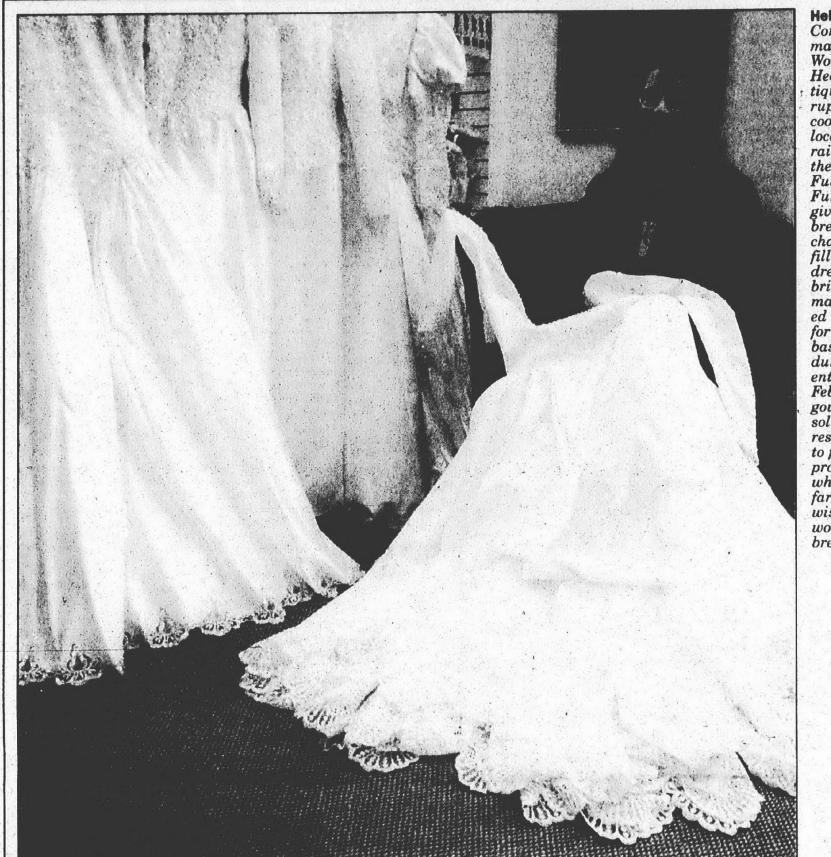
And, how about a dose of bright light in addition to a few decorative pieces to recharge your spirits? Try placing a few natural spectrum light bulbs in strategic places in your home. Like sunshine inside glass, they'll do the trick at \$12.99 at Linens 'N Things.

Let Your Bedroom Bloom

Give your bedroom a summer-cottage feeling with the new Shabby Chic home furnishings and accessories line at Mervyn's California stores. The retailer's tea-stained, floral cotton sheets were among my favorites in the collection, which was designed for easy mixing and matching throughout the home.

For a romantic bed-and-breakfast look, try twisting burgundy or spring rose garlands around your bed frame. The lively garlands can be found at Bed, Bath & Beyond for \$5.99.

For another unexpected change, experiment with them on the mantel in your living room or around the



Something old and a dream

The Observer

Page 6, Section C

Sunday, February 13, 2000

Helping out: Connie Koss, manager of the Women's Health Boutique in Lathrup Village, is coordinating local efforts to raise funds for the Dream Fulfillment Fund, which gives victims of breast cancer a chance to fulfill life-long dreams. Old bridal gowns may be donated to the store for the Oregonbased program during the entire month of February. The gowns will be sold on the resale market to fund the program, which has so far granted the wishes of 11 women with breast cancer.

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shower rod in your bathroom.

Look underfoot

It's often the last place you look, but sometimes what's beneath you needs more help than any other area of your home.

Oriental rugs are in abundance right now at Marshall's stores. They're a classic choice and will bring color and warmth to any room.

I also found great style and affordable prices in rugs at TJ Maxx, Pier One and Home Depot. Look for plush cabbage rose designs, garden vegetable motifs and asymmetrical patterns in luscious pinks or warm caramel tones.

Candlelight Magic

Candles not only bring light, a warm glow and uplifting scents into the home but also act as interesting decorative details for the eye.

When setting out your candles, mix and match shapes, colors and heights. Consider using unusual containers, too. All of these techniques will

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room.



Say spring: Candles and flowers in Hudson's Hob Nob Vintage glass reminds us of spring beauty.

b Nob Vinss reminds ring beauty. dles. Their invigorating scents

and stress-relieving properties will do you good. Besides, they're cheaper than a vacation!

Cari Waldman is free-lance writer and stylist who lives in West Bloomfield. Please send your shopping and style questions to Cari at OEReglDealGaol.com

Dress donation program helps cancer victims

BY KEN VAN STEENKISTE STAFF WRITER

For Connie Koss, manager of the Women's Heath Boutique in Lathrup Village, the idea of improving the lives of breast cancer victims has special significance.

Like many of us, Koss saw both a friend and a family member struggle with the disease.

Thanks to a special project known as the Dream Fulfillment Fund, Koss, along with many women from the metropolitan Detroit area, will get a chance to help victims of breast cancer lead a better quality of life while they are here. Much like the popular Make-A-Wish Foundation for children with terminal illness, the Dream Fulfillment Fund lets women with breast cancer, a particularly deadly form of the disease, embark on adventures and satisfy life-long dreams.

All this month, the foundation is sponsoring a special event to raise money for the program. The foundation is asking women to donate their wedding gowns — dresses that may just be gathering dust in attics and closets — for resale throughout the country later this year. Sales of the dresses will benefit the Dream Fulfillment Fund.

Koss and the Women's Health Boutique, which sells prosthetics and other products for women who have undergone mastectomy surgery to treat breast cancer, is coordinating local efforts and putting out a call for support.

The store, located at 26612 Southfield Road, is a local drop-off point for the gowns. Employees at the store will collect the gowns, as well as, veils throughout February before wrapping them and shipping them off to Portland.

At the Women's Health Boutique more than 30 gowns have already been donated.

However, Koss and other employees at the store are eager to bring in more. "This a way to make one final happy memory" for breast cancer victims, said

Retail, style and special store events are listed in this calendar. Please send information to: Malls & Mainstreets, c / o Observer & Eccentric Newspapers, 805 East Maple, Birmingham, MI 48009. Fax: (248) 644-1314. Information must be received by 5 p.m. Monday for publication the following Sunday. SUNDAY, FEBRUARY 13

VALENTINE JEWELRY SHOW

Neiman Marcus, the Somerset Collection in Troy, hosts a special showing of jewelry by David Yurman in celebration of Valentine's Day through Feb. 14, 10 a.m. to 4 p.m., Designer Jewelry, first floor. For more information, call (248) 643-3300.

PUPPET SHOW

Wonderland Mall in Livonia presents Father Millennium's Zero Show, produced by the Heiken Puppets, Food Court. Shows start at 1 p.m. and 3 p.m. For more information, call (734) 522-4100.

DENGRAUE SHOW

Livonia Mall, at Seven Mile and Middlebelt roads,presents "Mystery of the Lost Dinosaur" for children and their families, throughout the mall. For additional information, call (248) 476-1160.

Koss.

The project is run by the Portland, Oregon-based non-profit group Making Memories Breast Cancer Foundation. It was founded in 1998. The organization's first wish fulfillment project came last summer when it organized a family reunion for a Georgia woman. So far the group, which is staffed entirely by volunteers, has fulfilled 11 wishes.

The gowns that Koss takes in should fetch between \$150 and \$300 on the resale market after being cleaned and repaired as necessary. Sales will be held in major cities throughout the United States in late spring, although one in the Detroit area has not been scheduled, Koss said.

Making Memories founder Fran Hansen said she first got the idea for the Dream Fulfillment Fund after a bout with breast cancer three years ago.

In trying to find other breast cancer victims for support, Hansen became aware of the disease's devastating effects on the lives of its victims and their families.

"I found that most of the women were financially needy because the cancer had drained all their resources and their ability to work. It just broke my heart, I thought 'there's got to be a way to help these ladies," said Hansen, who owned a chain of bridal boutiques at the time.

The answer came to her in a late-night revelation.

"It just came to me in the middle of the night. I thought it was a good idea because it also helps women who can't afford a new gown," she said, adding the organization is still looking for more sponsors, particularly corporations who will underwrite the Dream Fulfillment Fund.

For more information on Making Memories and the Dream Fulfillment Fund, call (503) 252-3955. To contact the Women's Health Boutique, call (248) 552-0606. Gowns may be dropped off at the store 10 a.m. 5:30 p.m. Monday-Friday. Extended hours can be arranged by contacting the store ahead of time.



KAREN NEWMAN APPEARANCE

Local talent and celebrity Karen Newman visits Hudson's Lakeside location in Sterling Heights to sign autographs and talk with shoppers, 2:30 p.m., Men's Department.

WARM AND FUZZY STORIES

Borders Books & Music, 30995 Orchard Lake Road in Farmington Hills, hosts a special story-telling session for kids, age 4 through 8, 2 p.m. For more information, call (248) 737-0004.

DOLL FASHION SHOW

The "We Love Barbie" doll fashion show returns to the Plymouth Cultural Center, 525 Farmer Road in Plymouth. The show features vintage, collectible and custom-designed Barbies and accessories, 11 p.m.-4 p.m. Admission is \$5 for adults and \$2 for kids age 4 through 12. For information call, (734) 455-2110.

MEN'S AND HOME FASHION SHOW

Hudson's will show off its new Men's and Home store at Lakeside Mall in Sterling Heights with a fashion show. See the latest looks, from blazers to bedding. The event will be hosted by Karen Newman, 2 p.m. and 4 p.m.

THURSDAY, FEBRUARY 17

ARTS AND CRAFTS SHOW

Westland Shopping Center, 3500 W. Warren, is offering a wide variety of arts and crafts with the theme "made in America." The show will run during regular mall hours and feature professional artisans' wares, including paintings, stained glass, wood crafts, jewelry and needlepoint, through Feb. 20. For information, call (734) 425-5001.



PRETZEL-ROLLING CONTEST

Auntie Anne's pretzel shop at Great Lakes Crossing mall in Auburn Hills holds a pretzel -rolling contest for kids. Participants will receive prizes and favors, 4:30-6:15 p.m. For more information, call the mall at (248) 454-5010.

WHERE CAN I FIND?

This interactive feature is dedicated to helping readers locate merchandise that's difficult to find through reader feedback. If you've seen or are looking for an item, call (248) 901-2555 and leave a message with your name and phone number. We publish readers' requests for merchandise twice. If you don't hear from us or see information about the item within a few weeks, we were unable to locate it. When we find an item owned by another reader, rather than for sale at a store, we will call you. But, please, be patient; we handle an over. whelming number of requests each week.

WHAT WE FOUND:

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Christopher Ranch chopped garlic can be purchased at Farmer Jack stores or through Garlic World, (800) 537-6122. Also, Tom Moceri and Sons, a food distributor. will be able to tell you which area stores carry the product. (313) 568-0555.

- A "You Are Special" plate can be purchased at Lawler's Hallmark on E. Long Lake in Troy

- Aquamarine body lotion can be purchased at the F&M store in Ferndale and other F&M stores.

- Kodak Camcorder batteries are available to purchase at **Complete Battery Source**, 24731 West 8 Mile Road, (313) 532-3462.

- Ahava lotion can be purchased at the Woodward & Maple Store on W. Maple in Birmingham.

- Kitchen Aid mixing bowls and accessories can be purchased at Kitchen Glamour stores and Kohl's stores and through Kitchen-Aid of Michigan, (800) 422-1230.

- Baby bibs that may be embroidered can be purchased

Fabrics and Wal-Mart stores or through the Herrschener's catalog, 2800 Hoover Road, Stevens Point, Wis. 54492-0001.

- For needlepoint classes, try calling the Livonia Recreation Department. They might which schools in the area offer needlepoint classes. Also, Hancock Fabrics and Joanne Fabrics stores might give classes. - Coty L'Amont perfume

can be purchased through Fragrances Unlimited in Ann Arbor, (734) 434-0692.

Sander's candy can be purchased at: Farmer Jack stores; the Hard Edge Cream Shop, 10930 Farmington Road in Livonia, (734) 421-3523; and Holiday Market at Cherry Hills and Lilly roads in Canton, (734) 844-2200

Lagerfeld's "Photo" cologne can be purchased at Meijer and Wal-Mart stores.

The Doll Hospital on 12 Mile Road in Berkley may repair a Bozo, the Clown voice box.

Mrs. Beasley dolls and other toys are available through The Chatty Cathy Haven, 19528 Ventura Boulevard #495, Tarzana, Calif. 91356, (818) 881-3878.

- Beverly Jenkins, author of the **book "Indigo"** lives in Belleville. You might try contacting the Fred. C. Fisher Library in Belleville, (734) 699-3291, about obtaining a copy. Hey, they might be able to put you in touch with the author!

FIND & SEARCH NOTES

We found the following items: the pattern for making a skeleton from milk cartons and Red Wing memorabilia.

Tabs from canned soda pop can be donated to the following organizations: Ronald McDonald's House on Beaubien in Detroit, (313) 745-5909; at Hancock Fabrics, Joanne Mott Children's Hospital in Ann

Arbor, (734) 936-4000; St. Aidan Catholic Church on Farmington Road in Livonia, (734) 425-5950; Elk's Lodge on University in Rochester, (248) 651-4840;-American Legion on Newburgh, south of Ann Arbor Trail, (313) 427-5630; and the VFW Post on Schoolcraft, (313) 538-6294.

- We need the address and telephone number of the Bryant Center in Livonia for readers who are seeking to donate used Christmas cards.

WHAT WE'RE LOOKING FOR:

- A shop or individual who can replace a frame with a handle of an old needlepoint purse for Gail.

- A 1987 Boyd Santa Bear for Brenda.

- A store that sells 16-inch round seat cushions for Sher-

A store where an ear alarm (for use while driving a car) can be purchased for Michael of Troy.

- A small, inexpensive starter piano for a 6-year-old child for Dale.

The Millennium Princess Barbie doll for Carina, who lives in Livonia.

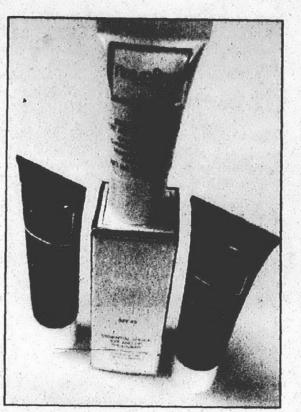
- The August 8, 1955 issue of Life magazine for Bill, a resident of Clarkston.

- A manual for a Thomas organ (Jester 132) for Diane, a Livonia resident.

A store where Jessica **Roberts women's clothing** can be purchased for Lee of Lake Orion.

- A store that sells Aller. creme hypo-allergenic facial makeup for Mary, who lives in Redford.

Hudson's second "12 Days of Christmas" ornament (doves) for Dave of Lake Orion. - Compiled by Sandi Jarackas



STUFF

a la carte

W E

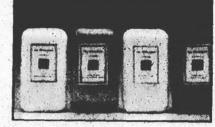
PHOTOGRAPHED EXCLUSIVELY FOR SAKS FIFTH AVENUE BY JANES NURRAY Versatility: Designer style and practicality come together in Louis Vuitton's adjustable purse in monogram canvas. Wear it around the waist or over the shoulder, or detach the strap and carry it as a clutch, \$220 at Saks Fifth Avenue.



S

Botanical boost: Natura Bisse's new eye care treatments target the effects of stress and fatigue on the delicate skin around the eye. Lightweight and unscented, they also feel very refreshing. Their Stimul-Eye Complex, a gel containing marine extracts, is especially effective on tired, morning eyes, \$62. Essential Shock Lip & Eye cream does double-duty anti-wrinkle work on both the lips and eyes, \$48. Use their Stimul-Eye Mask, \$38, to soften your skin when you're at home but wish you were at the spa. Available exclusively at Neiman Marcus, the Somerset Collection in Troy.

RAV



British vigor: Look to England's Jo Malone for invigorating skin care products to get you through the winter, including (above) Day Moisturizer, Camphor Cleansing Gel, Cleansing Milk and Juniper Skin Tonic, \$9.50-35 at Saks Fifth Avenue's Jo Malone Boutique, the Somerset Collection in Troy.



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	Oil Change only \$15.95 (with full-up) Augers Auto Body Collision	CI
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	10% Off Purchase Over \$200	
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Westland	\$5.00 Off Any Purchase Over \$10.00	Barbs Pastle 10% Off W
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Royal Oak	The Green Bee Royal Oak 10% Off Purchase over \$10	Christines C
Ferndale	S Home Improvement	10% Off A
nington Hills	ABC Plumbing Clawson	Free 2 Lite Code 30 Coff
Birmingham	\$20 Off Service or \$25 Off SNR American Blind and Wallpaper Factory	\$1.00 Off A
Livonia	10% Off Order \$50 Min. Mention Code HE10	10% Off To
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	St5 Off Plumbing Repair/Sewer Drain Service	Don Pedros
Royal Oak	Beyer Heating & Cooling Inc. Ferndale 10% Off Air Conditioning Special	10% Off Fo Duggans Iris 10% Off To
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1	10% Off All Awards Signs & Gift Items.	Livonia
1	Just Walting Maternity Shoppe 10% Off Any Purchase excluding Sale Item	Berkley
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raining Effect Fitness Store 10% Off Equipment Purchase 25% Off Al	Birmingham Accessories
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10% Off Sewing Machine Repairs	Clawson
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or information on becoming a participati	ing business
Call 734-953-2153 in Wayne Co 248-901-2500 in Oakland Co	ounty or ounty
Discounts are not valid with any other No cash value or exchange.	

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or renew a one-year subscription and receive your HomeTown Savings Card, call 734-591-0500 in Wayne County or 248-901-4716 in Oakland County

Q\$*(Q12-Qc)

The Observer & Eccentric/ SUNDAY, FEBRUARY 13, 2000

Traveling side roads of the Mountain State almost heaven

Atmost heaven... Country roads take me home To the place I belong West Virginia...

- lyrics from a John Denver hit song of 1971

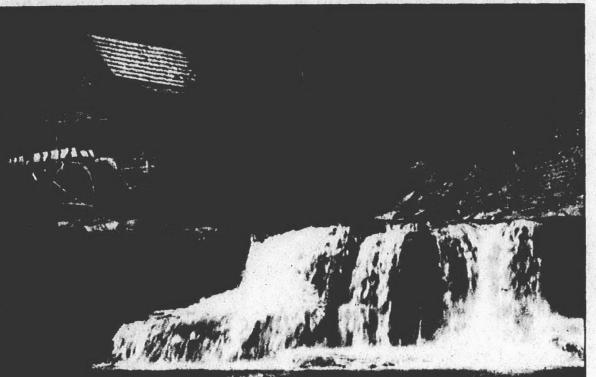
BY DOUG JOHNSON STAFF WRITER

Highway 20 south and east of Beckley, West Virginia, to the railroad/river town of Hinton, cross the New River and follow the narrow half-paved, halfthirt National Park Service Road up to Sandstone Falls.

Here you are at one of the few waterfalls in the world where you can walk out to the middle of the river to get a better look. The falls only tumble about 30 feet but at this point the river is five football fields wide. Anglers stand in the deep pools at the fall's base. Youngsters brave the cool waters to perch on the fall's edge.

It's just one of many spectacular views in the Mountain State. As you crisscross the state you are struck by West Virginia's rugged beauty, its well-maintained roads, and the wondrous state parks, but most off all it's the state's rural nature that highlights the sharpest contrast for those of us who live in southeastern Michigan.

Two of the state's biggest cities: the capital, Charleston,



Most photographed: A grist mill and waterfalls make a picture-perfect scene at Babcock State Park.

and nearby Huntington are each less than half the population of Livonia.

And the state's violent history echoes down through the years: the raid at Harpers Ferry; the split with Virginia that led to the

Celebrate Mardi Gras



Downstream: A raft full of boaters crashes through the whitewater near the New River Gorge bridge.

creation of the non-slave state at the height of the Civil War; the bloody Hatfield and McCoy feud; the coal field wars recently depicted in the film "Matewan," the coming to prominence of such labor figures as John L. Lewis and "Mother" Jones, the angel of the coal fields; the horrible mine and flood disasters.

Back at Beckley you can get a feel for what it was - and is like to work the coal mines if you stop at the Beckley Exhibition Coal Mine.

The hourlong tour takes you on a ride inside an authentic coal mine on "man trip" cars. Real miners take you through the history of coal mines and you see the rich seams of coal.

The mine is open April 1 to Noy. 1; tours rup from 10 a.m. to 5:30 p.m. Also at the site are a gift shop, small museum, campground, coal company house, and superintendent's house.

North from Beckley near Fayetteville you cross the famous New River Gorge bridge. Once a year (in October) B.A.S.E. jumpers leap off the span and drop the 900 feet to the river below.

PHOTOS BY DOUG JOHNSON

B.A.S.E. stands for building, antenna, span, earth, fixed objects from which jumpers leap or rappel.

If you're not interested in extreme sports chose any other day. Stop by the Park Service's visitor center and pick up the official map for the New River Gorge National River. Many side roads are clearly marked and with some care you can take a narrow, dirt one-way road to the bottom of the gorge.

Above looms the impressive 3,000-foot steel span. At your feet is a tranquil spot in the river. A brief but tricky hike across a boulder field upstream leads you to a patch of whitewater. In early April wetsuits are worn by river runners despite 80 degree air temperatures.

Other roads wind down into the river gorge; at one point you cross the New River on a oneway bridge that also contains a set of railroad tracks. It's riverrunning the New, the Gauley and the Cheat rivers that has help boost tourism in West Virginia.

If you want you can take jetboats in the summer on a portion of the New River near Hawks Nest State Park (304 469-2525).

A swing up from the big bridge on U.S. 19 to U.S. 60 then south to Babcock State Park brings you to another scenic gem. With some hyperbole they say the Glade Creek Mill and water falls in the park are the "most photographed mill (and water falls) in the United States." True or not, the mill and falls are a photographer's delight and are easily accessible.

Another surprise is the impressive waterfalls at Blackwater Falls State Park on the eastern edge of the state. Numerous stairs lead to the falls on the west side of the river, but an easy walk gives you a high view from the east side. A quick run over to the eerie Seneca Rocks monoliths yields yet another facet of the state.

Here are some other routes or destinations to consider:

■ The drive down State Highway 55 from Elkins south to Interstate 64; beautiful valleys, rivers and mountains can only be matched in the American west.

A stop at Tamarack near Beckley where the "Best of West Virginia" is showcased is highly recommended. Fine arts and crafts are featured, but the best part is a superb food service operation run by the folks from The Greenbrier, a noted five-star resort at White Sulphur Springs.

A trip south of Beckley to Twin Falls will take you deep into coal country; railroad cars loaded with the black rocks chug

For an interesting but brief history of the state try "West Virginia" by John Alexander Williams, W. W. Norton, publisher.

For a list of white water runners, go to www.wvwhitewater.com The main West Virginia site is www.wvonline.com. Also, wvparks.com. The main state site is www.state.wv.us/tourism. The National Park Service's Web site for the New River is www.nps.gov/neri. A very complete list of links to almost every Web site in the state can be for the to

found at www.polsci.wvu.edu/wv/wvlinks

- The state's toll free phone is (800) 847-4898.
- You may find cheaper motel rates at places like Oak Hill and Fayetteville than at Beckley.
- It takes less than one day to get to the Ohio/West Virginia border; most people take the Ohio Turnpike in Toledo over to southbound Interstate 77.

alongside quiet rivers, roadways taking you through small towns filled with frame houses and the ever-present house trailer.

■ On the return trip home stop at Parkersburg along the Ohio River and check out the flood walls. Drop in for a meal at the restored Blennerhassett Hotel where they have been taking care of visitors for 102 years.

■ Nearby is Williamstown and the home of Fenton Glass where they offer tours and demonstrations. West Virginia is noted for glass. One of the more famous plants is in Milton west of Charleston on I-64. Blenko Glass and their artisans were featured on a recent PBS show.

A bloody history and a daunting terrain have combined to create West Virginia.

Mary Harris (Mother) Jones called the place "medieval." It wasn't "almost heaven" to her but it drew her back many times over a period of 40 years – much as it draws visitors today.

Doug Johnson is a retired Livonia teacher who lives with his wife in Plymouth.

shoppil2g!

Indalgence is.

Shop Laurel Park Place once each week from February 14 through Mardi Gras (March 7) and we'll reimburse one of your shopping trips!

In celebration of Mardi Gras, Laurel Park Place is helping you indulge in shopping! Shop each of the three weeks designated below and you will receive a Laurel Park Place gift certificate worth the value of your lowest weekly receipt!* Plus, you can enter to win a trip for two to New Orleans including airfare, accommodations in the historic French Quarter, a shopping spree and more!

Here's how it works. Simply make a purchase of \$35.00 or more each of the following weeks and you will receive a strand of Mardi Gras beads:

- · February 14 February 20: purple beads
- February 21 February 28: green beads
- · February 29 March 7: gold beads

Bring the beads and your receipt to the Mardi Gras cart near Center Court to redeem them. When you have one strand of beads, you'll be eligible to enter to win the trip to New Orleans. Two strands of different colored beads: you'll be eligible to enter to win the New Orleans trip and receive a coupon for a free jerked shrimp appetizer at the Real Seafood Grill with the purchase of an entree. Three strands of beads (one of each color): you'll be eligible to enter to win the New Orleans trip'and you'll receive a Laugel Park Place gift certificate worth the value of your lowest weekly receipt!

*Theater, hotel purchases and Laurel Park gift certificate sales excluded. Only one receipt allowed from a department store. Receipts cannot be combined All beads must be accompanied by a receipt Additional rules and regulations also apply and are available at the Mardi Gras cart or the Management Office.

Shop the difference.

SCHORTAK

Over 70 exceptional stores; services and restaurants conveniently located in Livonia on Six Mile, just one-quarter mile east of I-275. Co-sponsored by Observer





Americans are having a love affair with food

merica has been having a love affair with food for the last century. Meals were simple in the late 1800s, and 90 percent of Americans never traveled more than five to 10 miles from their homes. With the dawn of the 20th century, new technology emerged that made travel and food storage possible and affordable.

In the early 1900s people began traveling like.never before, and experienced new things and foods. Lavish 12- to 18course dinner parties were thrown. Hershey's milk chocolate was introduced, and hamburgers and ice cream cones made their debut at the St. Louis World's Fair. Mr. Kellogg came along and changed our whole idea of morning food.

45

During the Roaring '20s, speakeasies and cocktail parties were the rage, along with soft drinks and ice cream. Betty Crocker was born, the first Coney Island was served in New York, Stouffer's and White Castle restaurants opened. The 1920s also brought the most immigrants in our history, and we became a melting pot of food histories.

In 1929, Mr. Birdseye developed a technique to flash freeze vegetables. Refrigerators with freezer compartments were introduced, and refrigerator sales jumped from about 10,000 in 1920 to 800,000 by 1929. Self-serve grocery stores created competition for food sales

One-pot meals were popular

Americans experienced hard times in the 1930s, but still found ways to love food, even when it was not plentiful.

One-pot meals were served, and casseroles - which still survive as "comfort food" today - evolved to nourish our families. Hostess Twinkies debuted along with Spam and Skippy peanut butter. During the 1930s standardization of recipes and food measures became a science.

The 1940s started with short ration cards but ended with people eating a lot of meat. Mom couldn't buy enough frozen and canned foodstuffs. Foreign food was the chic food to serve when entertaining or eating out. Bouillabaisses, crepes and Lobster Thermidor were also hot. In the 1950s we loved "I Love Lucy" and the TV dinner was born. Food "revolutions" occurred in the 1960s. Vegetarianism was en vogue, and there was a rebirth of "natural" foods and whole grains

Are you a Snack animalz

STORIES BY PEGGY MARTINELLI EVERTS . SPECIAL WRITER

What kind of animal do your eating habits mimic?

Do you like to "graze" all day long like horses and cows or eat like a lion, enjoy a large meal and then a nice, long nap? Perhaps you're like my neighbor's dog, which is given a bowl of food each morning and eats only when he is hungry.

Mice are always in a feeding frenzy, and no human can top the shrew, which eats three times its body weight each day.

Even if your eating habits mimic these creatures, you still can learn how to be a smart snacker. The time-honored tradition of

"three square meals" a day is slowly giving way to a new trend scattered mini-meals.

Snacking may contribute significantly to your daily calorie and nutrient intake. Potato chips, cookies and crackers are high in fat and calories. If you don't adjust the size of your regular meals to account for snacks, you could be eating more calories than you

Are you curious about how others snack?

We asked a few people to reveal their

identify with:

favorite snack, and the animal they most

LISA ASQUINI OF LIVONIA

· Snack animal: "I'm a lion. I don't snack

much, love to eat meat and boy, a nap

sounds good right now.

need. If you substitute poor quality snacks for meals, you may miss out on some vital nutrients.

on the web: http://observer-eccentric.com

Smart snacks

Choose snacks that are high in vitamins, minerals and fiber such as fruits, vegetables and whole grains. Stock your refrigerator or pantry with plain popcorn, wholegrain crackers, fruit juice, low-fat yogurt, low-fat cheese, lowfat granola bars, dried fruits, bread sticks, baby carrots, vegetables, fruits and other healthy snacks. Researchers believe that eating smaller meals more frequently may help regulate blood sugar, cholesterol and body weight.

Since little tummies hold only small amounts of food, children need snacks to help them meet daily calorie and nutrient quotas as long as the snacks are healthy. Teenagers also need afternoon snacks to meet their needs. If you don't plan, foraging kids may Please see SNACKS, D2

GENE TAYLOR OF LATHRUP VILLAGE

(Writer/executive producer of the Dick Purtan Show on Oldies 104.3 WOMC FM)

Snack animal: "I'm like the rabbit. I like

Favorite snack: I like baby carrots with

JOE SARAFA OF BLOOMFIELD HILLS

(President of the Associated Food Dealers of Michigan)

• Snack animal: "I'm definitely the dog."

· Favorite snack: "Potato chips, although

I don't eat them often. I usually reach

in Southfield)

for the popcorn or pretzels instead.

to eat my vegetarian meals.

hummus

Do you eat like a horse, a lion or a mouse? The highs and lows

You can judge snacks by their "nutrient-to-calorie" ratio. The following are some high and low nutrient-to-calorie foods.

HIGH

· Whole grain bread, bagels, muffins, crackers, cereal

- Nuts, seeds, peanut butter, hummus-· Fresh, dried, canned fruits
- · Fruit and vegetable juices
- Fresh, canned, frozen vegetables
- · Meat, fish, poultry, eggs

The Observer

Health & Fitness

Page 1, Section D

Sunday, February 13, 2000

'Time for another

thnicky-thnack'

TANNEE GRAVES/STAFT ARTIS

ALLON SAL

1 CINNA

1

Snack trivia to munch on

It's too early for last year's annual sales figures, but if all goes as expected, convenience stores will have pushed more than \$1.9 billion in salty snacks out the door it 1999.

The average American consumes 11.7 pounds of chocolate in various forms each year. That amounts to over 3.1 billion pounds consumed nationwide

Here are the top eight snacks, according to Food Distributor magazine

- · Desserts/baked sweets

· Salty snacks

Food was 'cool'

Food was cool in the 1970s. Chefs became celebrities, gourmet foods grew in popularity along with salad bars. Real men didn't eat quiche, but everyone else did.

Baby boomers became yuppies in the 1980s. Everyone had microwave ovens. Southwest cuisine and restaurants were popular.

The 1990s would prove to be the decade of health. We counted calories and fat grams, strayed from beef, ate soluble fiber and worried about antibiotics in milk, pesticides, nitrates and E. coli. We adored Mediterranean and Pacific Rim cooking, but didn't quite understand Fusion cooking.

As we enter the 21st century we are informed consumers who demand more from the food industry. We want foods that taste good but are also good for us.

Thinking about new food dishes for this century, I believe food, like fashion, comes in and out of style. I always smirk when I hear someone say "so and so invented this great dish. I don't know if we chefs are really inventors of food, I think we are more like managers of it. So many dishes you see today aren't really new, but are dishes from the past, revisited and dressed up a bit.

Chef Kelli L. Lewton is owner of 2 Unique Caterers and Event Planners in Bloomfield Hills. A graduate of Schoolcraft College's culinary arts program, Kelli is a part-time instructor at the college. Her column runs on the second Sunday of the month. See recipes inside.

LOOKING AHEAD

What to watch for in Taste next week:

Focus on Wine Cooking with Chef Aldo Ottaviani

"I'm an owl. I snack a night, when I'm reading

· Favorite enack; Leftovers - meat,

cheese, lunch meats. "I don't crave

doughnuts or popcorn. Give me protein."

SUE ANN SCHELLIG OF BLOOMFIELD HILLS.

· Favorite enack: "Lay's Wavy Potato Chips in the red beg, with the dip I make from cream cheese and horseradish. But my secret passion (which all my students know at Upton Elementary School in Royal Oak) is chocolate covered raisins.

- FLORIRE MARK OF FARMINGTON HILLS President and CEO of the WW Group, Inc. or Weight Watchers International)
- ck animal: "I eat like the horse. Horses graze on grasses and hay during the day and then get most of their protein at meal time when they eat their oats. Like a horse, I love to graze on veggies and then enjoy my meals too."
- · Favorite snack: Vegetables carrots. green peppers, asparagus, broccoli. "I wash them and throw them in a bag. Normally I start to get hungry at around 4 p.m. and that's when I pull out my veggies."

REID ASHTON OF BEVERLY HILLS (Owner of the Golden Mushroot

Snack animal: "I guess I'm most like the dog, although because I don't snack much, perhaps the lion is more my eat ing style."

"Favorite snack: "My favorite snack is Beluga caviar, although I don't eat it as often as I would like. If I do snack, it's a pastry and a glass of milk.

MICKEY MACWILLIAMS OF CLARKSTON (Executive director of the Michigan Ski Industries Association

· Snack animal: "Oh, definitely the mouse. I'm always looking for food.

· Favorite enack: "I love cheese and fresh baby spinach together. I'll take a piece of cheese and wrap spinach leaves around it. Right now, in the winter, Habanero cheese tastes great."

Legumes

- · Low-fat milk, yogurt, cheese · Low-fat pudding, ice milk, sherbet
- Bread sticks
- · Salsa, chutney
- · Homemade quick breads such as banana or zucchini LOW

- Soda pop · Alcoholic beverages
- · Donuts, sweet rolls, high fat baked goods
- · Pie, cake, most cookies
- · Commercially prepared baked goods
- · Candy
 - · Chips, puffed snack food
- · Unenriched crackers
- · Fruit roll-ups, fruit wrinkles
- · Ice cream
- · Chip dip

· Fruit

- Ice cream
- Crackers/bread sticks
- · Muffins/breakfast sweets
- Vegetables

Potato chins remain America's favorite savory snack with \$4.59 billion sold in 1998. Not too far behind was tortilla chips at \$3.57 billion.

Speaking of potato chips; do you know how they were invented? In the summer of 1853, a guest at the Moon Lake Lodge in Saratoga Springs, N.Y., ordered french fries and complained that they were too thick. The chef sliced up another batch of potatoes, somewhat thinner, and served them. The guest rejected those, too.

The patron's actions upset the chef, who then decided to slice the potatoes paper thin. The guest was delighted. The crispy potatoes, first called Saratoga Chips, became a hit and a trademark of the restaurant.

Onion Smothered Steak warm dish for cold days

MAIN DISH MIRACLE



WAGNER

When the TV weatherman issues a "cuddle alert," I begin thinking of foods, that according to my mother, "warm the cockles of your heart." Of course, they must be heart healthy as well.

One such recipe is my Onion Smothered Steak, which is an "Eating Younger" makeover of Swiss Steak. It satisfies my meat-loving taste buds, yet it can be a smart eating choice if the meat portion is small (3 ounces or less), and the cut and cooking method are lean.

Rump, flank and round are all lean cuts of beef, but they need to be slow cooked with liquid to be tender. flank and

You'll find this dish full of flavor, particularly when you serve it with the Almost Instant Mashed Potatoes. If you serve the potatoes liberally doused with the steak recipe gravy, your family may think that you've found a 1950s cookbook that will become a recipe resource for a lot of flavorful eating. They'll never realize that they're "eating younger."

ONION SMOTHERED STEAK

1 1/2 pounds round steak (3/4-inch thick) 1/4 cup flour

- 4 medium onions, thinly sliced
- 1/2 pound fresh mushrooms, sliced
- 1 tablespoon canola or olive oil
- 1 teaspoon minced garlic

1 bay leaf

1/2 teaspoon dried thyme

1 cup fat-free, sodium-reduced beef bouillon

Trim any fat from meat and cut into 6 servings. Combine flour with fresh ground pepper in a plastic bag Shake steak pieces in bag until well coated. Heat oil in nonstick skillet. Brown beef over low heat. Top with onion and mushroom slices. Stir in beef bouillon, bay leaf and thyme. Bring to a boil, and then reduce heat

Simmer, covered 30 minutes or until meat is tender. Season with salt substitute if needed. Serve steak topped with gravy, mushrooms and onions. Serves 6.

Nutritional Information, per serving:

- Calories: 178
- Total fat: 8.6 grams
- Saturated fat: 2.2 grams Cholesterol: 67 mg
- Sodium: 58 mg.
- Food exchanges: 3 lean meat. 1/2 vegetables

EATING YOUNGER GARLIC MASHED POTATOES

2 1/2 cups fat-free, reduced-sodium chicken broth

- 2 teaspoons light margarine (squeeze bottle)
- 2 cups instant mashed potato flakes with skins
- 1 teaspoon minced fresh garlic
- Dash freshly ground pepper

Heat broth to boiling. Remove from heat. Pour into deep-sided serving bowl. Add remaining ingredients. Stir gently with fork to blend. Add seasoning if necessary. Let stand for 30 seconds. Fluff with fork before serving. Serves 6.

Nutritional information, per serving:

- · Calories: 87
- · Total fat: 2 g
- · Saturated fat: 0.g
- · Cholesterol: 0 mg
- · Sodium: 302 mg.
- · Food exchanges: 1 starch

Look for Main Dish Miracle on the second Sunday. of the month in Taste. Muriel G. Wagner is a registered dietitian and nutrition therapist with an office. in Southfield. She publishes "Eating Younger," a quarterly newsletter with recipes and nutrition tips. To subscribe, send a check for \$13.50 to "Eating Younger," P.O. Box 69021, Pleasant Ridge, MI 4806

Rump, round are all lean cuts of beef, but they need to be slow

cooked with

liquid to be

tender.

COOKING CLASS CALENDAR

Send items for consideration in Cooking Class Calendar to Ken Abramczyk, Observer Newspapers, 36251 Schoolcraft, Livonia, MI 48150, or e-mail kabramczyk@oe.homecomm.net.

III Kitchen Glamor features Signature Recipes of Michigan Five-Star Chefs at Kitchen Glamor, Orchard Mall, northeast corner of Maple and Orchard Lake in West Bloomfield. All celebrity chef sessions on Sundays begin at 12:30 p.m.

7

The remaining one-day session in February features Chef Brian Polcyn, Five Lakes Grill of Milford, Sunday, Feb. 20. March sessions include Chef Derin Moore of the Golden Mushroom Restaurant and Jim Barnett, corporate chef of Unique Restaurant, including Morels and Northern Lake Seafood Co.

Polcyn will demonstrate the preparation of Maryland crab cakes on roasted red pepper and crispy potatoes, citrus marinated salmon with confit of oranges and pea jus, pan roasted breast of souab with fole gras. Swiss chard and oven dried figs and Indian pudding with butterscotch sauce. On Sunday, March 5, Moore will instruct how to prepare finan haddie and potato brandade with zucchini and oven roasted toniato coulis, roast veal loin on fresh braised artichoke and wild mushroom confit, garlic dumplings and cardamom jus, warm pineapple rum cake and ginger cinnamon creme anglaise. On Sunday,

March 19, Barnett will feature tea-cured salmon gravlox, with potato galette, cucumber and sweet onion salad with dill creme fraiche, chanterelle and barley risotto with pan-roasted duck breast, huckleberries and red wide jus lie and bittersweet chocolate pot creme. The Celebrity Chef Series also features Joanne Weir, cookbook author, food writer and PBS television celebrity, at 6:30 p.m. Monday, March 20, and Tuesday, March 21, in a one- or two-day session. Weir will feature recipes between the two sessions, including white winter salad with a hint of green oven roasted beet soup, pizza with smoked trout and

caviar, salmon with asparagus and blood oranges on March 20, and crostini with artichokes and olives, asparagus with lemon creme fraiche and linquine with goat cheese and argula on March 21.

Kitchen Glamor also conducts sessions with cooking instructors at the Novi and Redford stores. This week, Dolly Matoian will show how to prepare the perfect Spanish paella, Armenian pilaf and rice pudding. Class is scheduled for 6:30 n.m. on Tuesday. Feb. 15, at the Novi store in the Novi Town Center (southeast of the Novi Road exit at I-96) and Wednesday, Feb. 16, at the Redford store, 26770 Grand River. Next week, Linda Kay Drysdale will show techniques for creating a fresh lemon glazed cake, winter joy marmalade, orange pineapple bars and easy lemon squares. Sessions are scheduled for Tuesday, Feb. 22, in Novi and Wednesday, Feb. 23, in Redford.

Call 1-800-641-1252 for information. Continuing Education Classes Schoolcraft College: European

Bread Making, 5-10 p.m., Monday, Feb. 14 and 21; Thai Cuisine at Home, 6:30-8:30 p.m., Monday, March 13 and 20; Also, Pasta Cookery, 6-9 p.m., Thursday, March 16 and 23, Quick Easy Meals, 6-10 p.m., Monday, April 3; Outdoor Grilling and Entertaining, 5-10 p.m. Monday, April 17 and 24; and Buffet and Hors D'oeuvres – Hands On!, 5:30-9:30 p.m., April 20 and 21

Flavors never grow old in these timely favorites

See related story on Taste front. Recipes compliments of Kelli Lewton

DESIGNER PIZZA (1980s)

1 (approximately 12 ounces) fully baked pizza crust

- 1 tablespoon extra virgin olive oil
- 2 garlic cloves, roasted and ground into paste
- 3/4 grated mozzarella cheese
- 1/4 cup crumbled feta cheese
- 1/4 cup grated Parmesan cheese 1/2 cup sliced artichoke hearts
- /2 cup sided alteriore field
- 1/2 cup diced plum tomatoes 1 cup thinly sliced cooked duck or chicken
- breast 1 onion, diced and sauteed until caramelized in
- color
- 1/4 cup reconstituted sun dried tomatoes, sliced thin
- 1/8 cup finely chopped herbs-basil, parsley, and oregano
- 1/8 cup Parmesan cheese

Preheat oven 450° F. Mix olive oil, roasted garlic and 1/2 of herbs, mix with pinch of salt and fresh pepper. Spread over baked pizza crust. Mix the mozzarella, feta and Parmesan cheeses.Sprinkle 3/4 of cheese mixture. Arrange artichoke hearts, tomatoes, duck or chicken, onion and sun-dried tomato toppings. Sprinkle remaining herbs on top. Sprinkle remaining cheese and additional Parmesan cheese.

Bake pizza approximately 15 minutes until edges brown and cheese is golden in color. Slice into desired slices. Yields 10-14 slices.

REALLY GOOD MEATLOAF (1930s)

- 4 tablespoons olive oil
- 1/4 cup small diced celery
- 1 large onion, diced
- 1 green pepper, diced
- 2 tablespoons brown sugar
- 3 tablespoons fresh chopped parsley 1 pound lean ground beef

Go ahead: Wolf down these snacks

See related story on Taste front.

These snacks are a nice healthy alternative to potato chips or other salty snacks you or your children may consume during the day.

The Cereal Puffs recipe was created with kids in mind, and it received rave reviews from four who tried it. It's sweet, like a Rice Crispy Treat, but also has some extra vitamins and nutrients, and no fat.

CEREAL PUFFS

- 2 cups mini marshmallows
- 1/3 cup chocolate-flavored Carnation Instant Breakfast
- 4 cups unsweetened Rice Puffs cereal (Wheat Puffs are good, too)

Put marshmallows and Instant Breakfast into a large, microwaveable bowl. Microwave on high for about 1 minute. The marshmallows will puff up. Add 1 pound lean ground pork 1 (14-ounce) can crushed tomatoes 3 large eggs 1-cup fresh bread crumbs 2 teaspoons salt 1 teaspoon pepper F

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1/2 cup chili sauce

Preheat oven at 350° F. Heat olive oil in saute pan. Saute onion, celery and green pepper for 2 minutes, add brown sugar and heat for an additional minute.

Mix remaining ingredients, fold in onion-and-celery mixture, mold into 10- by 5-inch loaf pan and bake for 35 to 40 minutes.

OAT BRAN MUFFINS (1980S)

- 1 1/2 cups oat-bran cereal
- 1 cup wheat-bran cereal 1/2 cup whole wheat flour
- 1/2 cup unbleached flour
- 1 teaspoon baking powder
- 1 teaspoon baking soda
- 1/2 cup firmly packed brown sugar
- 1 egg
- 1 CBB
- 2 egg whites 1/4 cup vegetable oil
- 1/2 cup buttermilk
- 1/2 cup vanilla yogurt
- 1/8 teaspoon salt

Pinch of nutmeg

1/4 teaspoon cinnamon

Preheat oven to 400° F. In mixing bowl, combine cereals, flour, baking powder and soda. In separate bowl, beat together brown sugar, egg, egg whites, oil and buttermilk.

Lightly stir buttermilk mixture into dry ingredients just until moistened. (Do not over mix.) Spoon batter into lightly greased or paper-lined muffin cups, filling cups full. Bake for 15-20 minutes.

Makes 12 large muffins, each with more than 4 grams of dietary fiber.

Hot, Homemade Pretzels 1/8 cup hot water 1 package dry yeast 1 1/3 cup warm water 1/3 cup brown sugar 5 cups flour Extra flour

Kosher salt

Baking soda

Mix hot water and yeast in large bowl. Stir in warm water and brown sugar. Slowly add 5 cups flour, stirring constantly until smooth and doesn't stick to sides of bowl. Put dough on a lightly floured board. Dip your hands in extra flour. Knead the dough until it is stretchy and smooth. Push it down and away from you with the palms of your hands.

A contract special Valentine Va



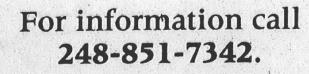


SUNDAY, FEBRUARY 27, 2000 11:00 A.M. - 3:30 P.M. Birmingham Public Schools Corporate Training & Conference Center 31301 Evergreen Road in Beverly Hills

Free Admission - Families Invited

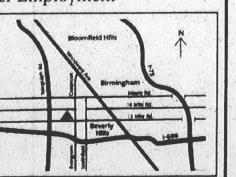
Meet representatives of local and national summer programs who will help you choose the right summer experience for kids, 3 - 18

Day Camps • Overnight Camps • Specialty Camps
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Observer & Eccentric

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cereal and mix until cereal and marshmallow/instant breakfast mixture all sticks together. Form into balls, about the size of a golf ball. Makes approximately 28 puffs.

Nutritional information per serving: 24 calories; protein, less than 1 gram; fat, less than 1 gram; carb., 5.5 grams; sod., 5 mg.; calories from fat, 1.52 percent.

PARMESAN WALNUTS

- 1 1/2 cups walnut halves
- 1 tablespoon butter or margarine, melted
- 1/4 teaspoon seasoned salt
- 1/4 cup grated Parmesan cheese

Heat oven to 350 F. Spread walnuts in shallow baking pan; toast in oven for 10 minutes. Stir together butter and salt; toss lightly with walnuts. Sprinkle cheese over top; stir. Return to oven and heat three to four minutes or until cheese is melted. Makes 1 1/2 cups for six 1/4-cup servings.

Nutritional information per serving: 240 calories; protein, 8.7 grams; fat, 22 grams; sod., 211 mg.; carb., 5 grams; 83.4 calories from fat.

Snacks from page D1

choose the quickest and easiest snack they find, which often can be of poor nutritional quality.

Plan snacks

Plan for after-school snacks when you do your weekly shopping. Place portions in a serving dish and post daily selections on your kitchen message board. Consider the following:

Keep snacks small. You don't want to end up eating gigantic portions of food plus your "regular" meals.

Serve snacks on a dish to control the amount you consume. It is hard to know how many crackers you've eaten when you just keep digging them out of the box.

Consider saving food from your meal to eat as a snack later

Snack only when you are truly hungry, not when you're Turn the dough as you work.

Grease two cookie sheets very well. Sprinkle each with coarse kosher salt. Set sheets aside. Pinch off a piece of pretzel dough about the size of a golf ball. Roll it out long and thin and then shape into a pretzel. Repeat with all dough.

Preheat oven to 475 F. Fill a frying pan with water. For each cup of water in the pan, add one tablespoon of baking soda. Bring water to a gentle boil.

Use a spatula to lower each pretzel into the frying pan. Let pretzels boil for 30 seconds before lifting them out to greased and salted cookie sheet.

Repeat until all pretzels have been boiled. Sprinkle more salt on top of pretzels and bake about 8 minutes, until golden. (Be sure to watch the pretzels carefully, so they don't burn.)

Best eaten when warm! Makes 24 pretzels.

Nutritional information per serving: (This analysis excludes the salt that you sprinkle on the pretzels.) 390 calories, protein, 11 grams; fat, 1 gram; sod., 4 mg., carb., 83 grams, percentage calories from fat, 2.5 percent.

Recipes of HDS Services

bored, angry or stressed.

measure portions.

them sensibly.

Keep high-fat, low-nutrient

foods out of the house, or buy

them in tiny quantities, and

Include some special treats

with your meals on occasion. If

you have a few chips with your

sandwich at lunch you might be

less likely to choose chips as a

snack later on. Don't "deprive" vourself of special treats, just eat

Understand your snacking

urges. If you like crunchy stuff,

try bread sticks, rice cakes or

pretzels rather than potato

chips. If you crave sweets, choose

dried fruits, graham crackers, or

fig bars rather than a candy bar.

If you're looking for something

smooth and creamy, try low-fat

yogurt instead of processed

cheese. If a frozen confection

sounds good, choose fruit juice

bars or sorbet rather than ice

cream.

So, snack animals – whether you like to graze all day like a horse or munch a little here, a little there – snacking can be a nutritious and healthy way to eat!

Peggy Martinelli-Everts, who describes herself as "a lion" whose favorite snack is Wheaties cereal with milk, is a resident of Clarkston, a registered dietitian and director of clinical operations for HDS Services, a 34year-old Farmington-Hills based food service and hospitality management and consulting company, specializing in food service management for hospitals, longterm care facilities, businesses, private clubs and private schools.

See recipes inside.

Americans consume 2 billion pounds of chocolate annually



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ake for

year, - putting the U.S. total consumption of chocolate at two billion pounds annually.

BEVERLY

PRICE

SENSIBLY

Not only does chocolate fuel an addiction-like desire, people talk about it endlessly and even dream about it.

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Neuropharm'acologists have found in studies marijuana-like properties in chocolate along with two related chemicals that have been linked to treating many ailments, including depression. And, dark chocolate contains two to three times as much of these substances per ounce as milk chocolate. Eating high-fat, chocolate foods can trigger the brain's production of natural opiates.

Adam Drewnowski, director of the University of Michigan's Human Nutrition Program, discovered that when binge eaters used a drug that blocked the brain's opiate receptors, their cravings for sweet, fatty-foods diminished

On the down side, chocolate can cause migraines, acne, obesity, dental cavities, and heartburn. Two chemicals in chocolate, theobromine and caffeine, are implicated in fibrocystic breast disease.

On the up side, stearic acid, one of the fatty acids in chocolate, can actually lower cholesterol, Chocolate also contains powerful antioxidants, similar to those found in fruits and vegeta- tricks to satisfying your choco-

This is for all bles. Chocolate also contains magnesium. It is thought that if the chocolate lovers. Chocoyou crave chocolate, your diet late is one of the may be deficient in magnesium! world's most far-Chocolate contains a small

amount of caffeine - about 15 milligrams per ounce, as compared with 137 milligrams found in a cup of coffee — but it doesn't take a lot of caffeine to cause an addiction

Actually, one of the reasons people become hooked on chocolate is because it contains phenylethylamine, a chemical produced naturally by the brain, which makes you feel good. Your body in large amounts also produces phenylethylamine when you fall in love or have a "mad" crush on someone cute at the office. Well, guess what? Chocolate can help you reproduce that feeling so you don't have to do anything too irrational.

True chocoholics know that when they deeply crave chocolate, the inexpensive, low-quality stuff just won't do the trick. These connoisseurs want the finest in chocolate

Lisa Smith of Farmington Hills feels that her need for chocolate is physical. "I can eat 100 other things, and nothing will satisfy me until I eat my chocolate." What is Lisa's favorite kind of chocolate? Suchard Rocher, a chocolate that she purchased last summer while visiting Paris.

Judy McGuire, owner of Sydney Bogg, divulged that Valentine's Day is her single busiest day of the year, with Turtles as her best-selling year-round item. "Chocolate is everyone's 'feel good' food," she says. And Sydney Bogg chocolate tastes so good because only the purest ingredients are used in the making. Pure ingredients make it taste finer.

Coming from a true chocoholic,

late affection can include chocolate syrup, which has 36 calories and 0.2 grams of fat per tablespoon as compared with chocolate fudge at 73 calories and 2.8 g fat per tablespoon.

Try a chocolate phosphate (or soda) at your favorite deli or if you are real adventurous, White Wave has Chocolate Silk, which is a chocolate soymilk. Prepare treats such as chocolate brownies and cookies with cocoa powder (10 calories and 0.5 grams of fat per tablespoon of powder) and Wonderslim Fat and Egg Substitute. (Wonderslim is actually pureed plums and prunes, which is a healthy, fat-free alternative to butter or shortening.)

Enjoy mocha at Caribou (90 calories and 1.5 grams of fat per shot) or at Starbucks (70 calories and 2 grams of fat per shot). Both of these popular coffeehouses even have soy milk to boot. For those of you who like that creamy comfort feeling, try chocolate pudding made with Mori nu tofu and Mori nu Mates. You'll never believe you are eating tofu once this mixture is combined, and the fiber keeps you full for quite awhile.

There is nothing wrong with enjoying a small amount of chocolate occasionally. Just save it for when you really want it like on Valentine's Day!

Beverly Price is a registered dietitian and exercise physiologist. She operates Living Better Sensibly, a private nutrition practice in Farmington Hills that offers programs for individuals and corporations. She is the coauthor of "Nutrition Secrets for Optimal Health," Tall Tree Publishing Company. Visit her website at www.nutrition secrets.com.

Look for her column on the first Sunday of each month in Taste

Here are some lowfat chocolate recipes:

CINCINNATI CHILI

- 1 quart water 1 pounds ground meat substitute, such as Morningstar Farms Harvest Burger, broken into smaller pieces
- 2 medium onions, finely grated
- 2 cans (8 ounces each) tomato sauce 5 whole allspice
- 1/2 teaspoon red pepper
- 1 teaspoon cumin 4 tablespoon chili powder
- 1/2 ounce unsweetened chocolate
- 4 cloves garlic
- 2 tablespoons vinegar
- 1 large bay leaf
- 5 whole cloves
- 2 teaspoons Worcestershire sauce
- 1 1/2 teaspoon salt
- 1 teaspoon cinnamon

Add meat substitute to 4-quart pot containing one quart of water, stir. Boil slowly for 30 minutes. Add onion, tomato sauce, allspice, red pepper, cumin, chili powder, chocolate, garlic, vinegar, bay leaf, cloves, Worcestershire sauce, salt and cinnamon. Stir to blend, bringing to a boil; reduce heat simmer uncovered for about three hours. During last hour, the pot may be covered after desired consistency is reached. Makes 8 servings.

CREPES WITH HOT FUDGE SAUCE

1/2 cup whole wheat flour 1 cup soymilk or orange juice 5 eggs or equivalent egg substitute Non-stick cooking spray

In blender or food processor, combine all ingredients until smooth. Let rest for at least 15 minutes up to overnight. Coat a small non-stick coated skillet with non-stick cooking spray and heat over medium heat. Spoon batter into skillet. If the dough is too thick, add more liquid. If it is too thin, add more

flour. Cook until the top is not shiny. Serve folded over with jam or fresh fruit and hot fudge sauce.

HOT FUDGE SAUCE

- 5 tablespoon warm water
- 3 tablespoons cocoa powder
- 4 tablespoons brown rice syrup
- 1 tablespoon arrowroot powder mixed with 2 tablespoons water

Combine water, cocoa and syrup in a small saucepan over medium heat until dissolved. Remove and add rest of ingredients. Whisk until smooth.

CHOCOLATE SILK PIE

7 ounce chocolate wafer cookies or graham crackers

2 tablespoons canola oil

Filling

Read Observer Sports

Crust

8 ounces unsweetened chocolate 2. 10 ounce package silken tofu 10 ounce jar blackberry preserves 1 teaspoon vanilla extract

1 cup brown rice syrup

Crust: Preheat oven 350 degrees in blender or food processor, combine crackers and oil and pulse to make fine crumbs. Press into bottom of spring form pan or pie plate. Bake 10 minutes. Cool.

Filling: Melt chocolate in double boiler or over very low heat. Put remaining ingredients in bowl of food processor or blender and add melted chocolate. Process until very smooth, stopping occasionally to scrape down sides.

Pour filling into crust, smooth tops and refrigerate until firm, at least four hours or overnight. Serves 12. Garnish with fresh strawberries or raspberries.

Join Beverly Price for "Natural Treatment Options for Menopause," a workshop, at 7:30 p.m., Wednesday, Feb. 23, in West Bloomfield. Cost \$15 and includes food sampling. Call (248) 539-9424 to register.



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The Observer

INSIDE:

PC Mike's Internet column

Sunday, February 13, 2000

Page 4, Section D

MEDICAL BRIEFS

Alzheimer's support

You are invited to attend the monthly Alzheimer's Association Support Group meeting from 6-7:30 p.m. Feb. 15. Representatives from the University of Michigan Alzheimer's Association will be the featured speakers for the evening. Alterra Clare Bridge is located at 32500 Seven Mile Road in Livonia.

Mentally ill

The Alliance for the Mentally Ill -Wayne/Westland hosts a support group the first and third Thursday's of each month at 7 p.m. (except for July and August). The meetings are held at St. John's Evangelical Lutheran School (2602 S. Wayne Road in Westland). A.M.I is a support group for the family and friends of the mentally ill. We have family members suffering from schizophrenia, bi-polar disorder, depression, panic/anxiety disorder, schizo-affective disorder and an assortment of others. The mission of the group is to provide support, advocacy, education and research. For information call 326-7933 or e-mail cdcmpx@aol.com. The next meeting is Thursday, February 17.

Smoking cessation

Providence Hospital and Medical Centers will hold a Wellness Seminar for smoking cessation at Providence Medical Center - Livonia (Mission Health Medical Center) from 6:30-8:30 p.m. Wednesday, March 29 (37595 Seven Mile Road at Newburgh). To register call (877) 345-

Dental Health month focuses on younger patients' needs

February is Children's Dental Health Month and the Wayne County Health Department is spotlighting their dental health services offered to Medicaid and low-income children 3

Eating disorders The silent struggle to recover control

BY RENÉE SKOGLUND STAFF WRITER rskoglund@oe.homecomm.net

lick to a Web site on eating disorders and read some of the personal accounts of people who have battled anorexia, literally selfstarvation, or bulimia, a disorder characterized by binging then purging. They are stories in which there is no harmony between mind and body, no equilibrium of the soul.

"We believe we are fat, useless, unworthy, unlovable and weak. We honestly believe losing weight will on some level make things better," writes a young high school girl struggling with anorexia. "We punish ourselves when we feel guilt or shame. We use laxatives, exercise, sleep deprivation and self-mutilation to take away the pain."

Anorexia nervosa or bulimia nervosa cannot be dismissed as ploys for attention; they are serious, potentially life-threatening disorders. They can result in death.

"With treatment, only 1 percent die." said Dr. Alexander Sachevfio, a psychiatrist associated with Beaumont Hospital's Weight Control Center who also

has a private Because practice in Farmington you spend so Hills. "Without much time treatment, 18 thinking about percent die." Most die yourself, it from a heart stops you attack due to from developan electrolyte ing appropriimbalance. Deficiencies in ate intimate potassium. relationships.' chloride and sodium - elec-Dr.

trolytes essen-Alexander tial for metab-Sacheyfio olism and cell -psychiatrist and nerve functioning -

cause weakness, tiredness, constipation and depression. Extreme deficiencies can result in cardiac arrhythmias and sudden death.

Treatment for anorexia nervosa and bulimia is often extremely expensive, especially if repeated hospitalizations are needed. The cost of outpatient

of the female population has some type of an eating disorder. Narrow that to schoolage females and the number jumps to 18 percent.

The peak ages for anorexia are 16-18, while there's a broader age range for bulimia, said O'Dwyer. Gymnasts, dancers and iockeys - those people whose livelihood depends on maintaining low weight - are not the only people susceptible to eating disorders. "I have a lot of

bulimics who are enormously successful business women who maintain their appearance by overeating then purging," he said. Causes of eating dis-

orders are complex, with current studies indicating a genetic, or

biochemical, component. Add the stress of a culture that equates love with looks, a bit of trauma, and eating disorders are ripe to present themselves.

Some experts believe eating disorders can occur at any age, from 6 to 70. Dieting, purging and binging become coping mechanisms that help people feel in control of their lives. "At any stage, any severe disruption of your security or sense of contentment can start off the process," said Sacheyfio. "Nineteen percent of kids fail the first year of college not because of academic inability, but because of eating disorders.

Eating disorders are more acute among 18- and 19-year-old women, a time when many leave home for college and experience their first loss of security, said Ann Bradley, a psychotherapist and certified addiction counselor with Plymouth Family Services in Plymouth.

In treating these disorders, secondary purposes must be explored, she said: Fear of growing up, becoming sexual or getting another job and even the inability to tolerate happy feelings. "There's no alliance between the mind and the emotions.'

they don't like eating alone. Bradley .not really with you," she said. spoke about an older female client who felt abandoned by her children. "In her anger, she 'ate' at them," she said.

Garden City Hospital, is pictured in his office.

Consequences

Aside from possible death from cardiac arrest, the physical consequences of prolonged eating disorders are harsh:

Anorexia nervosa can result in reduction of bone density, muscle loss or weakness, and kidney failure due to severe dehydration. An anorexic may also grow a downy layer of hair, called lanugo, all over the body. including the face, in an effort to keep the body warm.

Bulimia nervosa can result in inflammation and possible rupture of the esophagus from frequent vomiting, chronic bowel problems from laxative abuse, tooth decay from stomach acids released during frequent vomiting, and peptic ulcers and pancreatitis.

Perhaps most serious with bulimia is the potential danger of rupture of the esophagus from vomiting and gastric rupture during periods of binging. Compulsive or "binge" eating results in some of the risks associated with clinical obesity, such as high blood pressure, high cholesterol, heart disease as the result of elevated triglycerides, secondary diabetes and gallbladder disease.

Recognizing the disease

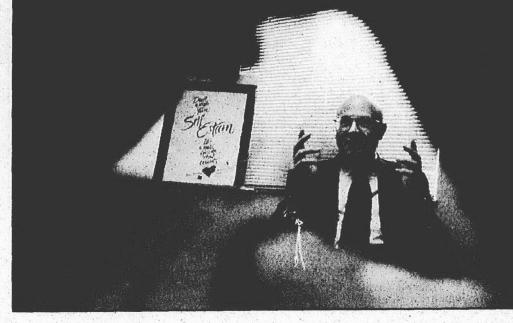
People with eating disorders are secretive. Anorexics wear baggy clothes and bulimics mask their purging in the bathroom by playing loud music, running water or flushing the toilet numerous times.

Anorexics may develop a facial tick of touching their tongue to their upper lip, said Bradley. Bulimics can develop "chipmunk cheeks" from swollen saliva glands (see accompanying article for additional symptoms).

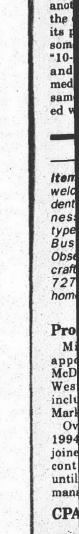
A rapid diagnosis of an eating disorder is difficult, said Dr. Patricia Schmidt, an internist at Garden City Hospital. She recalled a patient, a diabetic woman in her 30s who was vomiting all the time

"I thought at the time it was related to her_diabetes. All she could tolerate was cigarettes and black coffee. If you can tolerate black coffee and cigarettes, it's a psychological thing.

Compounding the problem is the fact that bulimics appear normal. "It's only in the context of the patient-doctor relationship, or if a family member contacts the doctor, that eating disorders are diagnosed," said Schmidt. "I probably miss a fair amount after the first visit." Schmidt has always had a special interest in eating disorders. She doesn't confront her patients with their weight. "I give people permission not to get on the scale or not to see their weight. I let them stand backwards on the scale.'



STAFF PHOTO BY BRYAN MITCHELL Consultation: Dr Phil O'Dwyer, director of the Center for Counseling at



sites from So

was

to 18 years old.

"The Health Department's dental unit offers a variety of preventive and restorative services for Medicaid and low-income children," says Dr. David Repasky, Wayne County Dental Director. "Dental services include cleanings, flourides, sealants, fillings, extractions and root canals."

Eighty percent of tooth decay occurs to 20 percent of all children nationwide. However, low-income and special needs children suffer the greater levels of disease and unnecessary pain, according to Repasky.

"It is important for parents to bring their children to the dentist between the ages of 3 to 6 to prevent problems with primary teeth (baby teeth)," said Repasky.

The Health Department will offer a dental clinic at the Wayne Health Center, 33030 Van Born in Wayne. By appointment Monday through Friday from 8 a.m. to 4:30 p.m. except Wednesdays, 11 a.m. to 7:30 p.m. For information call 9734) 727-7100.



There are several ways you can reach the Observer Health & Fitness staff. The Sunday section provides nume venues for you to offer newsworthy information including Medical Databox (upcoming calendar evenus); Medical Newsmakers (appointments/new hires in the medical field); and Medical Brief (medical advances, short news items from hospitals, physicians, comp We also welcome newsworthy ideas for health and fitness related stories. To submit an item to our newspaper you

can call, write, fax or e-mail u

CALL US: (734) 963-2111

treatment, including therapy and medical monitoring, can reach \$100,000.

However, intervention is the only hope. And there is hope.

"Oh, gosh, absolutely. People recover and normalize their relationship with food every day. This is a very manageable problem," said Dr. Phil O'Dwyer, director of the Center for Counseling at Garden City Hospital.

Who's affected

Since doctors do not have to report eating disorders to a health agency, and because people are often secretive about the problem, statistics vary. However, Sacheyfio believes 1 percent

Eating disorders, including compulsive or "binge" eating, are not limited to adolescent or adult women. According to the Center for Eating Disorders, males make up 10 percent of anorexics, 10-15 percent of bulimics and 25 percent of binge eaters. Men are more likely to purge by compulsive exercise rather than vomiting or laxative abuse.

"You'd be surprised," Bradley said. "I have a lot of 70- and 80-year-olds who are anorexic and men into sports dealing with a lot of body image."

The elderly often develop bad eating habits or quit cooking because

Eating disorders also have serious social/emotional implications, said Sacheyfio. "Because you spend so much time thinking about yourself, it stops you from developing appropriate intimate relationships.

Bradley noted that family and friends of someone with an eating disorder also suffer. "How lonely it would be to be in a relationship with somebody like that. If they're there, they're

It is an act of kindness people with eating disorders need. You can't weigh self-esteem.

Source: National Association of Anorexia Nervosa and Associated Disorders, Eating Disorders Awareness and Prevention Inc., Center for Eating Disorders.

Warning signs can signal life-threatening problem

Anorexia nervosa

The relentless pursuit of thinness:

Refusal to maintain minimally normal body weight for age and height.

Weighs 85 percent or less than what is expected for age and height.

In women, menstrual periods stop; in men, levels of hormones fall.

Failure to begin menstruation at the appropriate age.

Denying the dangers of low weight.

Intense fear of weight gain or feeling "fat."

In addition, anorexia nervosa often includes depression, irritability, withdrawal, and peculiar behaviors such as compulsive rituals; strange eating habits, and division of foods into "good/safe" and "bad/dangerous" categories.

Bulimia nervosa

Diet-binge-purge:

Repeated episodes of binging and eating.

Feeling out of control while eating; eating beyond the point of feeling comfortably full.

Purging after a binge, typically

by self-induced vomiting, abuse of laxatives, diet pills and diuretics. excessive exercise or fasting.

Diets when not binging, becomes hungry and binges again.

May shoplift, be promiscuous, and abuse alcohol, drugs, and credit cards.

Weighs normal or near normal amount unless anorexia is also present

Bulimics may appear cheerful and competent. However, depression, anxiety, shame, guilt and deeply buried anger are components of the disorder.

Binge eating disorder

Compulsive eating: '

Periods of uncontrolled, impulsive or continuous eating.

Eating rapidly and secretly, or snacking all day.

No purging but sporadic fasting or dieting after a binge.

History of diet failures

Tend to be depressed and obese. Binge eaters do not regularly vomit, excessively exercise or abuse laxatives. They may be genetically predisposed to weigh more than the cultural ideal, causing them to diet then binge

RESOURCES

A program titled "Eating Disorders in Adolescents" will be presented from 7-8:30 p.m. Wednesday. Feb. 16 in Classroom 1 of the Admin istration Building West, William Beaumont Hospital, 3601 West Thirteen Mile Road, Royal Oak. For information call (248) 551-9790.

▲ The Center for Counseling at Garden City Hospital (6245 Inkster Road, Garden City) hosts an eating disorders support group for both males and females. The group meets at 6:30 p.m. every Tuesday, free of charge. For information call (734) 458-3395.

Ann Bradley, psychotherapist and certified addiction counselor has a practice at Plymouth Family Ser-

vice, 271 S. Main, Plymouth. Phone: (734) 453-0890.

▲ The Internet can be a valuable resource, however, information provided online should never be used in the place of a physician's consultation. Some suggested sites include:

Eating Disorders Awareness and Prevention, Inc., 603 Stewart St., Suite 803, Seattle, WA 98101, (800) 931-2237 (help line). www.edap.org

Anorexia Nervosa and Related Eat ing Disorders, Inc., www:anred.com Center for Eating Disorders, St. Joseph Medical Center, Towson, MD, www.eatingdisorder.org

National Association of Anorexia Nervosa & Associated Disorders, www.ANAD.org

in response to hunger.

They may eat for emotional reasons: self-comfort, avoidance of threatening situations, and to numb emotional pain. Diets make the situa-

tion worse

Sources: Anorexia Nervosa and Related Eating Disorders, Inc. and Eating Disorders Awareness and Prevention, Inc.

Hack attacks threaten security, future of the Internet



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popular Web

sites, the Internet's success is far from assured.

that

Some 25 years ago, the media was full of glowing accounts of another form of communication the citizen's band radio craze. At its peak in the mid to late '70s, some 18 million Americas were "10-4ing" their "good buddies" and movies, magazines and media coverage used some of the same adjectives we see connected with the Internet to describe

world what this one-on-one form of perhas never sonal communication would seen a form mean to society. Alas. The CB radio craze self-

destructed because some people simply couldn't behave themselves

Not all the people, to be sure. Just a few who keyed down their microphones and shouted obscenities, whistled, cat-called, argued and used illegal amplifiers to boost their signals so powerfully they drowned out the vast majority of law-abiding users who really were trying to communicate.

The actions of a few destroyed the whole service. The Federal Communications Commission, which regulated CB, threw up its hands in disgust. It was powerless to control the situation.

Anybody else see a similarity with what's happening on the Internet today? The technology behind the

Internet is surely more advanced

and widespread than CB radios. And with 120 million users, the Internet is vastly more popular. But if billion dollar-plus Web sites can't prevent 15-year-old malcontents from shutting down their service at will, what ultimate good will the Internet be?

It took some time to convince people that the Internet was a reliable means of communication and commerce. But, we were finally assured: Security and privacy issues were handled. We could trust the Net. Rely on it. And so e-commerce and Internet technology took off, being largely responsible for the incredible economic boom we've been enjoying for two years now:

Now, that reliability is being severely tested.

From my calls and e-mail to hackers and Internet security experts this week, it appears that the attacks could easily be the work of a bunch of teenage nerds, dubbed "script kiddies" or "packet monkeys" by the hacker community because of their immature behavior. So far, no one has come forward to claim responsibility for the attacks, which have taken down or seriously interrupted access to America's most popular financial and news portal Web sites.

The technology used for the attacks is easily available by the Internet in ready-to-go programs that overwhelm a Web server with bogus calls and slow service to the point that legitimate users can't get through. The mentality behind such attacks is the same as those who deface buildings with graffiti or shout obscenities into a CB microphone.

Plan of attack

The attacks employ a tactic called "denial of service" to overwhelm Web site servers. Investigators believe that about 50 different computers across the United States have been used to

simultaneously send falsified data to "routers" on the Internet that, in turn, are fooled into flooding the Web sites with electronic signals.

It's similar to phone lines being tied up by too many calls, allowing no callers through. The attacks just overwhelm the Web sites and, in effect, make them unreachable. Catching those responsible is not going to be easy, say experts. Last summer, a dozen government Web sites were similarly hit and, despite the FBI's bluster then, no one was ever caught.

It reminds me of the FCC's failure to control CB radio abusers a quarter of a century

The problem few are admitting but everyone connected with the Net knows is that it's all but impossible to stop someone intent on taking down a Web site from so doing.

in an open society as we do where order and cooperation depends on human behavior, we will always be vulnerable to the few who have no morals, no common decency. After this week's hack attacks, I'm worried about the future of the Internet.

tion to this. Like our grandpar

ents used to say, "one bad apple

spoils the whole bunch." Living

There are rotten people just like rotten apples, and as we're now seeing with the Internet there's not much we can do to stop them from spoiling our lives

Mike Wendland covers the Internet for NBC-TV Newschannel stations across the country. His "PC Talk" radio show airs Saturday and Sunday afternoons on Detroit's WXYT-Radio AM 1270. He is the author of a series of Internet books. You can reach him through his Web site at www.pcmike.com

I'm not sure if there is a solu-

Items for Business Newsmakers are welcome from all companies and residents active in the Observer-area business community. Items should be typed or legibly written and sent to: Business Marketplace, c/o The Observer Newspapers, 36251 Schoolcraft, Livonia 48150. Fax, (734) 591-7279 or e-mail kmortson@oe. homecomm.net

Promotion

Michelle Overby-Long has been appointed restaurant manager by McDonald's corporation at Ford Road, Westland. Her new responsibilities include Total Customer Satisfaction, Market Share and People Development. Overby-Long joined McDonald's in 1994 as a crew person. In 1995 she joined the ranks of management and continued to grow with McDonald's until her recent promotion to restaurant manager.

CPA welcomed

Mark H. Wagner, C.P.A. has joined the firm of Grant, Millman & Johnson, P.D., Certified Public Accountants and **Business Consultants of Farmington** Hills.

New VP of FSI

Ron Goolsby was recently appointed to vice president of FSI (free-standing insert) and Internet/e-commerce operations at Valassis Communications, Inc. Most recently, Goolsby was the vice president of the Livonia Printing Division where he oversaw the integration of multiple products and services capabilities, during his seven years in this position.

He resides in Livonia with his wife, Ann, and their children Claire and Kenny.

AAL honors rep

Jim Ellis of Livonia was recently selected AAL's First-Year District Representative of the Month. Ellis was also recognized for his sales of investment products as a registered representative

of AAL Capital Management Corp., a wholly owned subsidiary of AAL. He is a district representative with the Park Jarrett Agency of AAL in Livonia and serves AAL members in Farmington, Farmington Hills, Livonia, Northville

BUSINESS NEWSMAKERS

Organizational changes

New account manager

and Plymouth.

DENSO International America (DIAM) in Southfield recently announced Doug Patton of Farmington Hills was promoted to vice president, Business Development, with overall responsibility for distribution, sales planning, Ford business, heavy duty/off highway business and service center. Terry Helgesen of Farmington Hills was named director, DaimlerChrysler Business, Customer Support Division. He recently completed a two-year assignment at DENSO's headquarters in Japan as assistant general manager in international sales.

Livonia has appointed Steven M. Bennett as account manager - tier. He will be responsible for pursuing strategic partnerships with automotive system suppliers to increase value, enhance quality and improve safety by integrating connector interfaces into electronics systems components.

He currently makes his home in Farmington Hills.

New business director

3M Automotive has announced the appointment of eighteen-year 3M veteran Francis Loftus as business director of the 3M Automotive Innovation Center in Livonia.

New officer

Farmington Hills resident Bruce Barrett has been named to the office of first vice president of the Boys and Girls Public's Board of Directors - a Farmington Hills, not-for-profit residential treatment center serving youth and families. Barrett is the associated FCI Automotive - North America of superintendent for Administrative Ser-

vices for Wayne RESA.

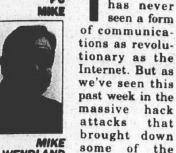
Staffer welcomed

Marie DeLine of Garden City has joined the staff at Signs Now in Dearborn as its assistant production manager. DeLine brings years of graphic experience to the job, having formerly worked as a graphic designer. In her new role she will be responsible for meeting customer order deadlines, monitoring the point of sale system and improving customer service standards.

Professional welcomed

Dell Engineering, Inc., a member of the ERM Group, recently announced that Treva A. Formby has joined their Livonia office. Formby joins Dell/ERM as Project Manager for the Air Quality Practice and bring with her over seven years of environmental engineering experience including: mobile source emissions control, air emission trading, and environmental compliance auditing





If beauty's only skin deep, then why not be beautiful? Why not get rid of acne or acne scars, lines, wrinkles and sun damage? Why not reduce stretch marks and age spots? The Power Peel Microdermabrasion Skin Care System can take years off your face without acids ... without lasers and with virtually no pain and no long recovery time! You can have your Power Peel treatment on your lunch hour - or any time then get right back to your busy day! You'll see and feel the difference right away as Power Peel removes

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both its home-like atmosphere and the impeccable cleanliness of the building, rooms and grounds. Whenever I am asked for a

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A.F. - Plymouth

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recommendation, Woodhaven will definitely be at the top of the list!" Dr. M.M. - Livonia Words can not express my gratitude to all of you at Woodhaven. I know my Mother received the best care there. Please know your love to your Residents does not go unnoticed." L.S. - Farmington Hills "Thank you for the loving care Mom received at your wonderful facility from your dedicated. D.R. - Farmington Hills Please accept our appreciation for the sincerity of

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purpose your Staff demonstrated when ministering to Mom's needs. These words do not adequately define our feelings towards you and your people who have left a positive, indelible impression." D.T. - Northville

There are no words that can tell you all what a wonderful job you do. Your Staff has always been so cheerful, careful and understanding K. & A.H. - Livonia

The dedicated people of Woodhaven shine by offering themselves unequivocally - their talents. their labor and their low

J W and M & B R - Brighton

"On keeping with the holistic values of your mission, you made Mickey's return from the hospital both comfortable and reassuring. Thank you for the many smiling faces of your very hospirable Staff." F.M. - Redford

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Advanced Alzheimer's	\$2,200
ADULT DAY SERVICES 365 Days a Year	5am-11pm \$3-\$6 per h

Celiac Sprue screening in March

BUSINESS CALENDAR

mation.

JOB FAIR

Support group will host serological screening in conjunction with the University of Maryland's Center for Celiac Research from 11 a.m. to 1 p.m. March 18.

The blood drawing will be for relatives of celiacs, celiacs or other undiagnosed people at Southfield Presbyterian Church (21575 West 10 Mile Road), 4mile east of Lahser.

Dr. Alessio Fasano, co-director of the University of Maryland's Research Center will give a presentation. Lectures and other

Items from the Observerland

per, 36251 Schoolcraft Road,

Livonia, MI 48150 attention:

The Canton Business & Profes-

national organization promoting

through advocacy, education and

information. Locally we meet the

second Monday of every month

at the Roman Forum on Ford

Road in Canton. Our business

Business Calendar.

CANTON BPW

MON, FEB. 14

sional Women is part of a

equity for all women in the

workplace to achieve goals

area for the Business Calendar

can be sent to: Observer Newspa-

The Tri-County Celiac Sprue information will be available ance, Celiac disease is an and on going during the testing time. Patients who test positive will be notified directly from the Medical Center of the University of Maryland. The goal of the Center is to increase awareness of celiac disease. They are testing and gathering data throughout the U.S. Findings indicate many first and second degree relatives of celiacs test positive for the disease. Researchers believe celiac disease is under diagnosed in the U.S.

Also known as gluten intoler-

meeting is from 5:30-6:10 p.m.,

speaker/dinner from 6:15-7:30

981-2572 for information. The

guest speaker is Vicki Bonner,

career technician at Plymouth-

Salem High School, who will dis-

cuss mentoring and career shad-

owing of today's high school stu-

dents.

p.m. Call Clarice Killian at (734)

autoimmune disorder of the intestinal tract often characterized by malabsorption problems. The immune system damages the small intestine when gluten (found in wheat, oats, rye, barley, spelt, buckwheat and millet) enters the digestive system.

The body produces immune cells that damage the villi in the small intestine. The villa aid in absorption of nutrients during the digestive process. Left untreated the disease can cause small bowel lymphoma. The only

THUR, FEB. 17

MediaOne will host a job fair

office (35155 Industrial) to help.

from 3-7 p.m. at its Livonia

find qualified candidates to

serve as cable, service technicians and high-speed data

(Internet) technicians in the

Wayne County area. The posi-

ing a comprehensive benefits

package as well as complete

tion is full-time, hourly - featur-

training for qualified candidates

treatment for CD is strict adherence to a gluten-free diet.

A single tube of blood will be drawn at the screening. If the blood test is positive a biopsy is done to confirm and determine the amount of damage. Further blood test and/or biopsies may be done to determine the healing progress and the success of the gluten free diet. \$10 donation requested. There will be supervised activities for children under 12 years old. For registration information call (313) 274-9232 or (248) 647-0076.

Anyone interested in filling

these immediate openings is

an up-to-date resume and be

prepared for an on-the-spot

FRI, FEB. 18

interview.

invited to attend. Please bring

National condom day At-risk behaviors to avoid: **FEBRUARY 14**

Wayne County Health officials are reminding everyone to love safely on national Condom · Day, being observed this Valentine's Day, Feb. 14.

The condom is one of the best protections against the spread of HIV, says Dr. Donald Lawrenchuk, Wayne County Medical Director. And we here at Wayne County continue to work on combating the AIDS epidemic by reminding people to avoid atrisk behaviors.

The number of deaths attributed to HIV and AIDS in Michigan has dropped 60 percent between 1995 and 1007 due to new treatment programs. However, the number of people contracting HIV has not decreased. Statewide, the estimated number of new infections continues to be 1,000 each year.

sharing needles and syringes with infected intravenous drug users

exposure to body fluids, especially blood

multiple sexual partners According to the Michigan Department of Community Health, there are at least 12,500 HIV infected persons in Michigan. The Wayne County Health Department offers free HIV/AIDS anonymous and confidential testing services Monday through Friday from 8 a.m. to 4:30 p.m. On Monday, Feb. 14 the Health Department will provide increased appointments. and walk-in services during lunch and regular business hours

For information on locations and times of clinics, contact the Disease Control Division at (734) 727-7124 or (734) 727-7125 Monday through Friday from 8 a.m. to 4:30 p.m. . .

BUSINESS NETWORK INT'L Business Network Internation- al's regular meeting from 7-8:30 a.m. of the Livonia Chapter is at Senate Koney Island on Ply- mouth Road near Stark in Livo- nia. Call BNI at (810) 323-3800.	Depressed?
ns with adache gical Institute is conducting a tial treatment for migraines in 12 to 17 years old and suffer Participants receive study- ad will be compensated for time trch Staff for more information.	Answer the following questions based on the last 2 weeks or more. YES NO 2.1 feel sad, unhappy, self critical 2.1 feel tired and have little energy 3.1 have trouble sleeping or eating (either too much or too little) 4.1 don't enjoy activities that 1 used to. 5.1 feel uneasy, restless, irritable or guilty 6.1 have trouble concentrating, remembering things or making decisions
	If you answered "yes" to 3 or more statements, you may be suffering from depression, a serious condition affecting millions of Americans. The Institute for Health Studies is currently looking for individuals experiencing the above symptoms to participate in a research study of investigational medication for depression. If you are selected, all research related care and study medication are provided at no cost. Get answers and information about depression. INSTITUTE FOR HEALTH STUDIES (517) 349-5505 1 (800) 682-6663 Robert J. Bielski, M.D.

Teens with Headache Michigan Head-Pain & Neurological Institute is conduct

research study evaluating a potential treatment for migra adolescents. Participants must be 12 to 17 years old and two to ten headaches per month. Participants receive stu related medical care at no cost and will be compensated and travel. Please call our Research Staff for more infor

> Michigan Head-Pain & **Neurological Institute** 3120 Professional Drive Ann Arbor, MI (734) 677-6000, option 4 www.MHNI.com





Treating the Nation's Headaches & Pain Since 1978"

Arthritis Today JOSEPH J. WEISS, M.D. RHEUMATOLOGY 18829 Farmington Road

Livonia, Michigan 48152 Phone: (248) 478-7860

PARKING LOT STRATEGY IF YOU HAVE ARTHRITIS The first response of people is to tell you to get a parking permit. Therefore, when you have to go to a grocery store or a major building, you can park close to the store or building entrance. Obtaining a handicap-ording neuronit may the processary bit it is stored.

parking permit may be necessary, but it is sufficient.

There are times when the minimal handicap parking spaces are occupied, so you must use what space is available, no matter where it is. There are instances you must park in parking structures. These structures are rarely level, and as anyone who has parked at Detroit Metropolitan Airport, will verify, you can start quite a distance from the entrance you seek.

Alt pour have anthritis, and must use an outdoor parking lot, be prepared. Throughout the winter, expect the hazards of sudden snow and an icy walk from your car to the building entrance at the start of your journey and for the same conditions when you prepare to return to your car. Carry boots in your car sufficient to wear over your largest, most comfortable shoes. Always keep a bag of sait or ice melter in your back seat. The bag should be small enough that you can handle it despite the limits of your hands to grip, and large enough to sprinkle sait liberally around your car, and even in front of your as you hads to grip, and large enough to sprinkle sait liberally around your car, and even the firms of your as you hads to grip. in front of you as you blaze a trail to your destination. Include sufficient kiddy litter or wood chips to place under your car wheels it ice in the parking lot causes your car wheels to spin. Remember you have limits as to how hard you can grip a steering wheel and turn it against an opposing force.

It you are in a parking structure, look for a level parking spot. Take whatever time you need to map your exact location. You only waste limited stamina when you wander in a cold and windy structure.

62190620

Earn up to \$100 without



WED, FEB. 16 **BUSINESS NETWORK INT'L Business Network Internation-**

al's regular meeting from 7-8:30 a.m. of the Laurel park Chapter is at Archie's Restaurant, 30471 Plymouth Road in Livonia. Call BNI at (810) 323-3800 for infor-

spending a dime.

Here's the deal. For a limited time we are offering FREE three-line want ads for folks who have things to sell for a few bucks (\$100 or less).

So, say you want to get rid of that old exercise thing, and that fairly new trimming thing, and that thing that could be great if it were fixed up a little. And say that your whole pile of household things that you don't want anymore totals an asking price of \$80. We'll put your ad in the next two issues of your hometown newspaper and it won't cost you a thing!-nothing, nada, zip, zero, zilch.

Then sit back and wait for the phone to ring.

There are a few exclusions to this offer: Dealers, collectibles, pets and garage sales. Other than those four your home FREE.

There are only three ways you can submit your FREE ad: You can FAX us at 734-953-2232, or you can e-mail it to mulfig@oe.homecomm.net, or you can fill in the thing there at the right, and mail it to us.

So, go for it!

Limited Time Offer / One ad per household per month

know a good deal when I see one.

1306729

Run my three-line ad in the next two issues of my hometown newspaper's classified section under Merchandise For Sale (#700-#799 with the exception of Garage Sales):

ADDRESS:		ZIP:
DAY TIME PHONE		
	MY 3-LINE AD	
	서는 것은 것은 것이라는 것이 같아.	
and the second s		
2	and the second	A Charles and the second s
<u>.</u>	the second s	and the second
We reserve the right to edit you	ur ad to fit three lines.	
MAIL TO	Observer & Eccentric	
	36251 SCHOOLCRAFT, LIVONIA MI 48150	n
	Attention: Free Classified Ad Offer	