

## Franks

 honored Paul Franks was the wayne city council as he retires and closes his family business. William Franks furniture opened in Waynein 1966, tounded by Franks' parents William and Betty.
As a local businessman himself, Wayne Mayor Al Haidous said
he feels the loss every time a good businessman like Franks retires or moves to a differen venture.
"You're a special and the region. He
(Franks) was involved in many things in the Haidous. "I thank you for your service and contributions to the community. We'll miss quality." resolution from the council, Franks was also presented with County Commissioner Kevin McNamara, D-Belleville, whose district includes Wayne ness. I leave with my health, my family, my friends and your kind words," said Franks, who had earlier been honored by the Way
Chamber of Commerce.

Public

## hearing

The Livonia City
Council conducts a public hearing 7 p.m. Monday, Jan. 7, at remove 23 residentia properties from the Plymouth Road Development Authority's ta
rolls.
The city is taking boundaries of the PRDA so residential property owners will ing a 2 -mill tax for the authority.

## INDEX

Business..............
Crossword Puzze
Crossword Puzzl
Entertainment.
Food
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The Observer $\&$ Eccenic

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Fiscal cliff is averted, but financial challenges remain

By Ken Abramcayk Staff Writer

Local congressional members are glad U.S. Congress reached a last-minute agreement late on New Year's Day on the so-called nation's financial challenges continue into 2013.
The U.S. House of Representatives approved a Senate bill that
averts $\$ 600$ billion in
averts $\$ 600$ billion in automatic
tax increases and spending cuts known as the "fiscal cliff." ic spending cuts for two months raises $\$ 620$ billion in revenue ove 10 years through tax increases on the wealthy and permanently
extends tax cuts enacted in 2001 extends tax cuts enacted in 2001
under former Republican President George W. Bush for income below $\$ 400,000$ for individuals, or $\$ \$ 50,0,00$ for farilies. Incomes
above that level would be taxed a
39.6 percent, up from the curren top rate of 35 percent. payroll tax cut a move that will shrink paychecks for U.S. worke immediately even as most income tax cuts that expired Dec. 31 are being extended permanently, wi
have a large economic impact The package also extends unem ployment insurance benefits for one year for 2 million people. U.S. Reps. Gary Peters, D-9th

District, and David Curson, D-11th District, supported the bill. Like most Americans, I have the Republicans' insistence on drawing out this self-inflicted cri sis until the last possible moment, Peters said in a prepared stat
ment "However, I'm glad that we've reached an agreement to extend Please see FISCAL, A9

## Dodge ball's a hit



John Szymanski of Team Flow fires the ball at opposing players.

60 turn
out for
popular
school tourney

By LeAnne Rogers Observer Staff Writer The balls were flying fast and furious School recently hosted its popular Dodge Ball Tournament.
About 60 people About 60 people partic ipated on five teams d This is St. Damian Ath letics' third such event and first during the cu "It's fun. People lau and have a good time during the event," said Stephanie Corona, athle ic director at the WestThere is no big trophy or certificate. It's cheap entertainment.
The tournament, which
Please see DODGE, A2


Bill allows

## two-year schools to confer/3 four-year degrees

Gov. Rick Snyder is expected to sign new legislation that
will allow community colleges in Michigan to grant bachelorcluding engy production concrete technology, maritime technology and culinary arts. In a statement released by the Association, Rep. John Walsh R-Livonia, who introduced the legislation, explained its impor tance for Michigan's economy and future
During these difficult ecoways to do more with less. It is not fiscally responsible to spen money developing new pro-

Please see DEGREES, A2
Law stiffens recall rules

By David Veselenak
Observer Staff writer
Rose Bogaert believes commo citizens wili be hard-pressed "What they did was make almost impossible for grass roots people to do it," said Bogaert, chairwoman for the Wayne Coun made it easier for unions and peo ple with lots of money. It really bothers me that they did this."
Bogaert is upset with changes

Please see RECALLS, A3

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St. Damian Athletic Director Stephanie Corona sets the rules for the tournament.


DODGE
guaranteed three games guaranteed three games 8 -year-olds through adults. Corona estimated the age range for this tournament
was 8 to 55 years was 8 to ople came in a teams, but they could come in as individuals and we'd match them
up," Corona said. "We get up," Corona said. "We get
different age groups. It different age groups. It
depends on the time of year. During the holidays, kids are out of town and the flu was going around. During the tournament,
special foam balls are special foam balls are style rubber gym balls. "They're called gator skins; they don't sting.
They're a little harder to They're a little harder to
throw because they are light," Corona said. "You don't get hurt if you get
hit."
Once the tournament was completed, Corona
said the dodge balls game continued for fun since people wanted to keep playing. Open to the public,
another tournament will be held in February. Check www.stdamian.com for specifics. The cost is $\$ 5$ per person or $\$ 40$ per
team and $\$ 1$ for spectateam and \$1 for specta-
tors. St. Damian is located at 30055 Joy Road, Westland.

## Eddie Ehlke, of the Flying thrown by the other side.



Eddie dives for a ball and smashes his nose
on the gym floor. A little bit of time with on the gym floor. Alittle bit of time with
ice and he'll head back into the game.


Chad Berger took a particularly well-placed shot, so fellow Team Avengers players Chris
Witt and Adam Crunk helped him off the floor so play could resume.

## DEGREES

## Continued from page A1

grams in the state's four-year university systems when community colleges already have the curriculum, faculty, and existing capacity to meet the demand for these specific baccalaureis a step in the right direction towards curbing workforce shortages, increas ing access to affordable education, and reducing unemployment.
fields each of which has no baccalaur ate program. Walsh used culinary arts as an example.
"If you want a four-year degree, you "For a four-year culinary arts degree you have to attend schools like the Culi nary Institute of American and Johnson and Wales. We have some very fine community college prowant to stay here and
get their education."
The legislation is
effective in April.
"Community colleg-
es will need to design es will need to design
 they can receive accred
itation" Walsh said. "I think we are two years away from com munity colleges having the program
ready and accredited.'
Retaining status
The culinary arts program at Schoolcraft College will benefit from the legis lation. "Schoolcraft's culinary arts pro-
gram competes nationally and it will help them keep their national status," Walsh said.
Dr. Conway A. Jeffress, president of well-positioned to move forward quaft is well-positioned to move forward quickly
to make this new opportunity available to its students, especially with regard to the culinary arts baccalaureate degree. "With the long-standing history and program currently enjoys, we anticipate that our baccalaureate program in culinary arts will also quickly become one of the top programs in the country as
well," he said. well, he said.'s
Tram, established in 1966 is accoed by the American Culinary Federation Education Foundations Commission and includes four Certified Mastive Chefs among the faculty. With four of the 66 individuals that hold the CMC designation in the United States, School craft has the highest CMC-to-student the country For many.
or's degre students, earning a bacheby job and fat a university is impeded tion to the cost of constraints, in addicolleges can provide greater access to baccalaureate education for many students by virtue of their location, technical and applied expertise, quality programs and lower cost per credit hour. Walsh expected Snyder will sign the

## No nursing

The legislation, HB 4496, originally called for nursing to be included with
the four other areas that were approved. All 28 community colleges in Michigan will be authorized to offer these specialized, technical degrees but not all of he com do so. ursing included, but state Senate. Walsh saw that the votes were not there for its support, so the nursing provision was removed. transfer programs into their nursing programs, but if anyone takes a look at it, they will find that they are not accepting transfers," Walsh said. Walsh
said the University of Michigan does said the University of Michigan does
not accept any transfer students into its program, and others haven't in several years.

Walsh decided to run with the four programs in the legislation, then wor with Snyder and two senators on leguniversities accept more transfer students." "We're in a nursing shortage already," Walsh said, pointing out the need for more baccalaureate programs are included in the legislation are specialized and tailored to meet employer needs in high-demand areas, and are those fields where there aren't sufficient programs offered at the universi ties," Jeffress said. opportunities this brings for our cul nary pro.gram and our students, we are very disappointed that nursing was not included in this legislation. Even thoug we here in southeast Michigan are ro-
tunate to have some of the best medical facilities in the nation, the nursing shortage continues to grow as more and W, Iy in our region require $17 \begin{aligned} & \text { ly in our region requi } \\ & \text { a B.S.N. degree for }\end{aligned}$ employment; our population continues to grow older, placing more demands on the health
care system; and current nursing profession als themselves are preparing to retire," he said. "This situation is only made worse because of the lack of training oppo ly only available at universities in the state," said Jeffress. "We will continue to work with health care professionals ongoing issue and to explore opportuni ties to maximize the quality educational resources we offer to help train these professionals and meet the needs of the communities we serve.'
Schoolcraft College is a public, preing classes at the Livonia campus, Hag gerty Road between Six Mile and Seven Mile roads; at the Radcliff Center in Garden City; the Public Safety Training schoolcraft.edu.

## Not all offering

Oakland Community College Chan cellor Timothy Meyer favors the legisoffer bachelor programs
"We don't have a specific interest in these specific areas at the moment," Meyer said. We support our sister col areas."
Meyer and other OCC representatives lobbied substantially in support of the bill. "It represents the reality of what's and that's economic development We need to develop an educated workforce. "For community colleges to offer fouryear degrees is a natural progression in the evolution of education," Meyer said. munity colleges to offer four-year degrees, Meyer added.
At OCC, Meyer said programs are
offered in two specific job areas that offered in two specific job areas that
currently are in demand _ machinist and welder. "You can virtually write your own ticket.'
The politics of nursing, nursing programs and the health care industry played a role in the move to maintain
the four-year degree at the university level. Interestingly, Meyer said, graduates of the two-year associate program and the four-year degree program take the same state licensure exam to prac "Wice. ${ }_{\text {"With nearly }} 500$ students registered in our various nursing tracks, OCC maintains the largest nursing program in Michigan," he said. "Furthermore, al of our graduates pass the nursing licen-
sure exams at a rate of 90 -plus percent or better, and find immediate employment in the field. But we are at capacity at the present and finding additional space and difficult."
Officials
ty College District could not be reached for comment.


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## International festival returns to Canton stage

Canton's International Festival featuring music, dance and drama from
around the world returns $1-6$ p.m. Sat urday, Jan. 12, to the Village Theater at Cherry Hill, 50400 Cherry Hill Road side. The annual program offers entertainment celebrating diverse customs and traditions. Various cultural groups wil offer dance performances representNew Zealand, Ireland, Scotland, China the Middle East and the United States. The event includes choral performances by the New Century Chinese nese Learning Center Other performances include The Yangtze Melody Group and opera singers Sonja Sriniv asan and Errin Brooks from The Verdi Opera Theatre of Michigan, with la Medoro-Naurato. New this year: the Motor City Ukes, a Ukulele Band; the
Kopenski School of Highland Dance;
and Dancin' Feet Competition Team of Canton. Youth from New Hope Church will offer performances by Praise Dancers, Mimes of Ministry and Steppers of Soul.
The lineup also includes Monica Prasad on sitar; the Tim O'Hare
School of Traditional Irish Dance; ple Threat Dance \& Theater Company; Troupe Ta'amullat; the Hoaloha Hula Dance Company;
and folk dances
Numerous cultural exhibits will be featured in the theater lobby, and some items from around the world will be sold. An international food table will offer small snacks from various coun-
tries.
$\qquad$ is presented by the all-volunteer Multi cultural Com the all-volunteer Multimission for Culture of the Canton Commission for Culture, Arts and Heritage,
For more information about the Canton International Festival, call (734) 394-5308 or visit www.cantonvillagetheater.org.

he area's various cultures will be on
international Festival returns Jan. 12.

## RECALLS

## Continued from page A1

to Michigan's recall law approved uring the recent lame-duck ses-so-work and changes to Mich-to-war's medical marijuana proing to recall an official now has 60 days to collect signatures instead of 90 and requires a challenger in the election, rather than a simple "yes" or "no" vote. The challenger
will be chosen during a recall primary election. In effect, a recall election will be a run-off between two candidates, not just an effort to vacate a seat, with the intent of
filling it later.
will remain a "yes" or "no" vot per the state constitution. The law, approved by Gov. Rick Snyder Dec. 20, also extends the tion can be approved. Office holders who have a term longer than two years cannot be recalled until
they have served a at least a year
Petitions for statewide office
holders will go to the state Board holders will go to the state Board
of Canvassers instead of county election boards.

Flaws seen
"The option to recall an elected official is an important feature of our state's democratic process,
but Michigan's current recall system has some components that all sides have agreed are flawed, Snyder said in a prepared statement. These changes win help and consistent manner and help prevent political gamesmanship from both sides of the aisle." Bogaert, who led a 2008 recall effort against then-state. Rep. in time allowed to collect signafures might not be enough time if parties challenge the petition in court. After court delays, she forcing those seeking the recall to start over.
She said the changes are con-
trary to the Michigan Constitu-
tion, which dictates the recall pro "If we want to waste our time and money on that the our time tution allows for that," she said "I'm really very upset about this. Less businesses are allowing circulators in front of their stores as well, Bogaert said, decreasing opportuns.
"We used to have access to shopping malls and post offices," she said. "Now, people are so afraid o
liability, they won't let you go in front of their stores."
Tighter restrictions Recent recall attempts have been filed in cities such as Westand, where several ciry Counapproval of the city's 40 -year Tax Increase Finance Authority plan, which contains possible projects uch as a new city hall. Concerne residents in Bloomfield Township
dropped a plan last year to recall every member of the school

Robbery suspect faces trial

A defendant accused of wielding a knife and stealing two laptop com Walmart store on Ford Road east of Lotz is facing trial in Wayne Coun ty Circuit
Court. Sea
Thom
Boegl
46, of
Westl
faces
al on
char
of ar
robb
of armed Powe.
es gave authorities a a getaway vehicle tha
fled the scene of the fled the scene of the
incident. Police used to life in prison if he is The suspect is
accused of taking two accused of taking two
laptop computers, According to 35th D bond, meaning $\$ 2,500$ hadn't been posted for


## I CAN MAKE ANYONE LOSE WEIGHT!

Greg Kramer, D.C. D.A.A.M.L.P. Diplomat American Academy of
Medical Legal Medical Legal
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know there is a good chance you are dealing with Type II Diabetes, High Blood Pressure, High Cholesterol, Hypothyroidism, joint pain and possibly a number of other health conditions. Come spend one hour with me and l'll show you how you may be able to completely rid yourself of Type II Diabetes, and possibly throw away your blood pressure and cholesterol drugs forever. Whether you want to lose
that last 10 pounds or you NEED to lose 100 lbs. or more, I can show you how to do it.

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## Smoke alarms

## can save lives

By Tom Kiurski

There are many encouraging statistics that I am es to smoke alarms. I know that 96 percent of U.S. homes have at least one in the home. I know that many communi-
ties, Livo
nia includnia includ-
ed, have ed, have
smoke
alarm alarm
giveaway programs
 in case you need one and cannot afford one on your
own. I also know that about 25 percent of the smoke alarms out there do not work. On Dec. 14, a fire broke out in a home on the south side of
Chicago, killing the 28 -year-old woman who lived there alone. Her body was found in the kitchen by firefighters. Also in the kitchen, in a drawer, was a nal packaging. The early warning the smoke alarm would have given her probably would hav saved her life.
That same week, a family in and three children, ages 9,8 and 4 , and hospitalized the mother due to a fire in their home. The fire started when a man poured es inside the home to get back at one of the occupants. This home also had smoke alarms in it, but none were functional. The Maine fire brought up occupants were renters, what was their responsibility in the smoke alarm issue? The code in
Maine requires smoke alarms Maine requires smoke alarms
in rental homes, but, strange-
ly, does not require them to be iy, does not require them to be tors checked to see if the smoke alarms were there, but didn't check to see if they worked. that is a difficult situation If they were required to be in working order, then a schedule had to be made for inspections of all renility of the smoke alarm. What if the renters didn't want to let inspectors into the home What if they weren't horne when the inspectors went by?
the alarms didn't work, whose responsibility is it to have them restored?
Any time you are at a place you call home, make sure you
have smoke alarms on every have smoke alarms on every
level of the home, and one insid every bedroom. Test them every month to make sure they work, and replace the batter-
ies every year on an easy date ies every year on an easy date to
remember, such as Christmas or your birthday. The smoke alarms themselves need to be replaced every 10 years. If you arent sure how old your smoke
alarm is, take it down and look at the back of it. It should have the year that it was made labeled on the unit. If it doesn't, it is old er than the law that requires the label and should be discard in 2000.
Develop and practice a home fire escape plan with every member of your family twice vations seriously, and make escape the top priority. Once outside, someone can call 911 and let us know about the inci-
dent. Stop by the fire station if dent. Stop by the fire station if
you have any questions about smoke alarms or your fire escape plan
Fom Kiurski is training coordinato for the Livonia Fire Department

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In the Harry J. Will Funeral Home Banquet Room 37000 W. Six Mile Road, Livonia, MI 48152
 Menter fivensirc. hroime

CRIME WATCH
fic bureau. Sg. John Gibbs said the departNent Yesponded to six crashes on Day, but not one was serious ""It Day, but not one was serious. "It
was a safe evening," Gibbs said. One drunk driving arrest was made, but that motorist was pulled over by police and was not involve in a crash, Gibbs sai
Plymouth Township
Wheel caps stolen
The center caps on all four wheels of a Chevrolet Silverado we reportedly stolen Dec. 16 or Dec.
17 while the vehicle was parked in the driveway of a house on Winesa Drive, a Plymouth Township Police no damage to the Silverado.
Reindeer vandalized Someone drove a vehicle over a
lighted reindeer figure in Plymouth Township on the night of Dec. 16 police said. The vandalism occurre outside a house on Terry Street.
Scrapper strikes
Someone cut the catalytic converter from underneath a Chevroon Dec. 23, a police report said. The car was parked at the time outside an apartment on Risman Drive. Farmington Hills

Man injured in fire
A 53 -year-old Farmington Hills A 53-year-old Farmington Hills
resident was taken to Botsford Hos pital with smoke inhalation and burns early Sunday morning after
police officers rescued him from police arfeers rescuad him his smoke-filled apartment.
Officers responded to the mond Forest Apartments on Halsted and when they approached heard the smoke alarm. They were able to see inside the man's apartment apartment filled with smoke and were able to get into the apartmen Officers found the man on the kitchen floor. He was breathing, bu unconscious. They were able to car
ry him into the hallway and keep him warm with a blanket. "No doubt the officers saved the man's life," said Paice Chuc
When Farmington Hills firefighters arrived, paramedics took care of him and had him transported to Botsford. The police officers who helped the resident were also treat ed for smoke inhalation. Farming-
ton Hills Fire Department officials were unavailable for comment. The man told police that he lit his cigarette from the stove and his indication from the victim", Nebus

Retail thefts
Farmington Hills police responded to two breaking and enterOrchard Lake Road Sunday. At an AT\&T store, display phones were taken, while at a Sprint store it appears only cash was taken,
Police are continuing their investigations. It is yet uncertain how entry was gained to the stores. Redford

## Kroger robbery

Redford police are searching Thursday afternoon at the Fantasy Jewelers inside Kroger at 9369

Telegraph.
Police say the man entered the jewelry shop inside the grocery store and assaulted the store owner before breaking a glass case and
stealing jewelry. He then ran out of the store on foot. The victim was treated at the hospital for non-life threatening injuries. The suspect is ly 20s, standing about six feet tall with short black hair and wearing a light-blue hooded sweatshirt with dark jeans and light-colored shoes. Anyone with information can contact Crime Stoppers of ehichigan at at (313) 387-2551.

## Car damaged

A vehicle was damaged the night Bianca's Coney Island, 27010 Plym
outh.
The vehicle was damaged after the victim had an altercation with the victim had an altercation wint The suspect then left the business, and came back inside with bloody knuckles. The victim went out to inspect his car and found the drivdents in the doors. The tail lights were also smashed out.

## Attempted break-in

 A reported break-in was investigated by Redford police Dec. 23 in Police were called after witn es saw a man walk by the residence four times in 30 minutes. When police arrived, they discoveredone of the windows screens off the driveway was open and had been pulled back. The window was still intact, as was the rest of the house. Farmington
Weapon concern
On the evening of Dec. 22, offiregarding concerns of a customer with a concealed weapon. Officers learned that the man, a regular cus tomer, advised one of the employee that she could feel safe as he has carrying a pistol. Learning of the situation, another employee became upset that there was a weapon in the business. Officers talked with the
man who advised that he man who advised that he only told
the employee of the pistol as a cour tesy to her. The man left on his own accord and without incident.
Customer trouble At around 3p.m. Dec. 23 , offiGrand River and Drake where a cab driver complained of not get ting paid for his services. The ri it card, which was not accepted agreement was made where the ric ers filled the cab with enough gas to

## Disturbance

On the afternoon of Dec. 18, officers responded to Chul Bu'ul, 32809 Grand River Ave., for a disturbance. Upon arrival officers learned that a former employee had
returned to claim his recipes and an argument ensued. The former employee was advised not to return to the restaurant or he would be

Neighbor trouble At around noon Dec. 17, officers responded to Drakeshire Apartments, 35105 Drakeshire, to help regarding the use of shared laundry facilities.


O\&E writer honored by AHA, Beaumont for heart coverage

Jill Halpin, a correspondent for Observer among several recipiby the American Heart Association and Beaumont Health System for work in promoting ca iovascular health.

coverage
to CPR ducation, during the tion held at BeaumentaHospital in Royal Oak The second annu event recognized print, adio, television and ocial media efforts tha r public awareness of the impact of heart disease and stroke in the "The American
Heart Association has achieved many incred ible milestones from heightening awareness women to getting Amer cans physically active," said Kathy Kauffmann, executive director for he southeast Michiga merican Heart Asso "These
nize the important role of news media in educating the public abou ease and stroke, treat ments that are available to help them and lifetyle choices that can help them prevent car said Dr. Simon Dixon, chair of cardiovascular medicine for Beaumon Health System.
Work in Woman Halpin reports primarily for Hometown Life Woman, an O\&E that focuses on issues for and about women, ncluding health care. She was recognized or heart coverage in a series of stories featuring heart survivors, American Heart Assoc tion facts and aspect with the goal to educate women about their risk factors for heart dis-
ease.
A Plymouth Township esident, Halpin holds
bachelor's degree in ournalism and a master's in library and from Wayne State Uni versity.
"I am grateful for th opportunity to bring ttention to important sues regarding wom said. "Effective working partnerships between groups like the American Heart Association Systems are vital to solving the problem of eart disease, which emains the number one

THINKING ABOUT. AEN NACE?

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## The other side of the bench

Local attorney excited about future as circuit court judge
By Kurt Kuban
Stat Writer


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# St. Alexander volunteers feed area families for the holidays 



Ralph LaFave and another volunteer double-check the Ralph LaFave and a
holiday food boxes.


St. Alex Food Pantry volunteers from left Mary Rashid, Dennis DelCotto and Yolanda DelCotto fill boxes with food for holiday dinners.
ington Area Goodfellows Any that were leftover after providing families with holiday packages
were sent to other charwere sent to other cha
ities that also provide gifts for children, Green ing added.

The Food Pantry closed for the holidays after the Christmas distribution on Saturday, Dec. 22 and reopened on Wednesday.
jmaiszewsenometownife.
(313) $550-8558$


Volunteer Michele Primeaux loads up food from the St. Alexander Food Pantry in prepa-
ration for the annual holiday food packages for area families. Volunteer Michele Primeaux loads up food from the St. Alexan
ration for the annual holiday food packages for area families.


St. Alexander Catholic Church volunteers set up plenty of non-perishable food items
ready to be packed in boxes for 200 area families.


From left, Alise Sheehand Pobi Primeau and Amanda Primeau load boxes for families in need near St. Alexander Catholic Church.


Volunteers at the
holidays dinners.

## NEWS BRIEFS

## Canton

Township hours After closing Monday and 'Tuesday to observe the
New Year holiday Canton New Year holiday, Canton
Township's administration building has started 2013 with new hours $8: 30 \mathrm{am}$. to 4:30 p.m. Offices such as he clerk's office, the treadepartment records bureau will close at $4: 30$ p.m. rather than 5 p.m. due to negotiations from new, concession ary employee contracts. cling pickup is again delayed two days this week. Canton Waste Recycling is naking its rounds Wed Live Christmas trees will be picked up on trash days hrough Jan. 10. Residents should remove tree stands,
lights and ornaments. lights and ornam eReader help
Area residents who received eReaders and tab ets for the holidays - and downloading eBooks - can find free help at the Canton Public Library, which has reciprocal privileges with library patrons in nia, Westland, Plymouth, Redford and Garden City The Canton library is loca d at 1200 S. Canton Center outh of Cherry Hill. essary for an eBook users program 2-3p.m. Saturday Jan. 5 , or 7-8:30 p.m. Tues day, Jan. 29, for inexperireaders. Drop in and share tips or learn more about Books.
A session on eBook Thesday, Jan. 8. Learn how to check out a free library eBook to read from a Kin die, Nook or other device See a live demo and try out lifferent eReaders. Regiscantonpl.org.

Rotary Club donates $\$ 1,000$ for kids


The Livonia AM Rotary Club presented a check for $\$ 1,000$ to the Livonia Sears Dec. 21 to use for providing toys to needy kids as a thank-you for allowing the club to
hold its Memorial Day Carnival fund-raiser in its parking lot. Members wanted to give something back to assist Sears with their efforts to help local families, said Ro tary board member Bob Carris. From left are Leslee Lesar, Sears operations manager; Don Breslawski, Sears store manager; Pat Zucal, Rotary club treasurer; and Carris.

Finally, a session on downloading library eBooks to a Kindle is set for 10-11:30 a.m. Wednesdle users get the most out of their device, learn to download eBooks and more. Bring your Amazon account information. Reg
Plymouth

## Township

Holiday trash pickup The collection of household trash and recyclables in Plymouth Township will be delayed by one day Year's Day holiday Live Christmas tree now being picked up at the now being picked up at the and yard waste will continue through Friday, Jan. 11 . be free of tinsel and ornaments and should not be in plastic bags; trees taller in half.
Yard waste such as leaves and grass clippings
can be set out in paper yard-waste bags or in trash containers (maximum size 35 gallons) marked with two X's or C's. Brush and in diameter and three feet long can be bundled and set at the curb.
Filled trash, re
Filled trash, recycling
and yard-waste containers and yard-waste containers,
and bundles of branches, should weigh no more than 50 pounds each.
For more information, call the township's solid
waste department at (734) 354-3270, Ext. 4.
Plymouth
Delayed trash pickup Household trash and recyclables will be picked up one day late after Tuesday's New Year's Day holiday in
outh.
Pick
Pickups normally made on Tuesdays were made Wednesday, Jan. 2, and pickups normally made on Wednesdays will be done
on Thursday, Jan. 3 . Plymouth residents can
also set live Christmas rees at the curb during the first two weeks of January for special composting pickup. Trees should ornaments and tinsel and should not be in bags.
Farmington
Tabernacle concerts The Southwestern Oak land Cable Commission air the world-fanous ir the world-famous Mo Christmas concerts on public access for residents $n$ Farmington, Farmington Hills and Novi. The choir has two conccess running through Jan. 6 .
To watch the concerts
To watch the concerts mas" and "A Tradition of Christmas" - go online o SWOCC's website at woccstudios.com and click on Public Access, folthe days and times the shows will air.

Livonia
Winter hours announced

The city of Livonia's refuse disposal facility,
located on Glendale east located on Glendale east of Farmington Road, will
be open only on Saturdays be open only on Saturdays
from 10 a.m. until 6 p.m. through the winter months For information on refuse disposal service, contact sanitation at (734) 466-2588.
Trees composted Christmas trees will be
collected for composting collected for composting the week of Jan. 7-11 on the regular trash collection
day. All decorations must be removed and the tree should not be in a plastic bag. For further information on refuserrecycling ser vices in Livonia, contact the
city' Sanitation Department at (734) 466-2588.
Middlebelt to be resurfaced this year

The Livonia City Council approved an intergov19 ernental agreement Dec. 19 with Wayne County to resurrace Middiebelt Road next year.
Cadillac Asphalt, the low bidder at $\$ 1.2$ million, will complete the resurfacing project,
2013.
The project involves "hot mix" asphalt resurfacing work including cold milling, pavement rehabilita-
tion, concrete curb repairs, drainage structure adjustments, sidewalk ramps to meet requirements under the Americans with Disabilities Act, traffic signal and pavement marking work; and other related work. The project's costs will be split among the federal ty and the city of Livonia The federal government will fund 81 percent of the project, and the remaining
19 Wayne County and the city of Livonia. hurt in Canton house fire

A Canton house in the
46000 block 46000 block of Spinof Warren and Canton Center, was damaged by a fire that started early Wednesday,
according to the Can ton Fire Department A homeowner made it out safely and was not
injured injured. Fire crews respond5 a.m. and arrived to find heavy smoke visible from a tri-level res idential structure, a ment said. ing protective gear and ing apparatus breaththe house and encountered heavy smoke and fire in the kitchen area They brought the blaze under control using The statement indicated the house sustained significant fire damage in the kitch en area and smoke the home, Canton's Fire InvestiCanton's Fire Investi-
gation Unit was on the gation Unit was on the
scene and determined the fire was accidental. smoke and flames, fire fighters also encouning with water and ice in the morning's belowfreezing temperatures, the statement said. The homeowner had the fire by an activated smoke alarm and made it out safely.

## Enjoy a Worry Free Winter at Waltonwood

Gone are the days when cold weather would keep you from getting out to visit friends or to the store
No more worries about snow removal or slipping on the way to the mailbox.
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- Twelve Oaks =

Redefining Retirement Living ${ }^{\circ}$
हारना"

## One Acts Festival showcases local playwrights



competitions or festivals. $\quad$ Nicole L.V. Mullis of Bat-
Afforded the opportuniAfforded the opportuni- tle Creek. The play is ty to present their new directed by Pohl and $\begin{array}{ll}\text { works at The Village The- } & \begin{array}{l}\text { stars Lana Collins of Ga } \\ \text { den City as Ann, Betty }\end{array} \\ \text { ater, they wanted to pro- }\end{array}$ vide a process, venue and Berryman of Canton as event to showcase oth- Betty and Leanne Young er emerging playwrights of South Lyon as Cate of plays and musicals as - Who Goes to Rus$\begin{array}{ll}\begin{array}{l}\text { well as to aspiring direc- } \\ \text { tors. A Partnership for }\end{array} & \begin{array}{l}\text { sia? Written and direct- } \\ \text { ed by Maureen Paraven }\end{array}\end{array}$ the Arts and Humanities, ti of Redford Township, the One Acts Festival is $\quad$ with Young as Liz, Patnow a theatrical tradition The eight original

- Security Blanket by rick Wears of Canton as Mark, Natalie Barosso of
Ann Arbor as Marie and Ann Arbor as Marie and - Priced to Sell by TLC

Productions features Car ol Lipinski of Garden Cit as Megan and Megan Paruta of Canton as Beth Tremblay in the director.

- Saving JFK by Brion Scheidel of Canton features Patrick Wears of Canton as Dean and Kristin Heitmeier of North-
ville as Julie. It's directed ville as Julie. It's directed
by Linda Trygg of Westland. Slick Dame by Kay - Slick Dame by Kay features Kristine Heitmeier of Northville as mey Bloodstone, David


Megan Paruta and Carol Lipinski, both of Canton, appear in the TLC Productions of "Priced to Sell."
Zolotarchuk of Canton of Dexter as Vernon and as Jagger Fleming and $\quad$ directed by David
Nicole Jennings of Dear-
tarchuk of Canton. born Heights as Madison. Show times for the One It's directed by Karen Pritchard of Dearborn. - The Replacement,
written and directed by written and directed by
Jacob Zinke of Canton and featuring Joe Arcel of Plymouth as Henry and Mark Drum of Far ngton Hills as Tim. Marcia Rudin of Sanibel, Fa., features Lisa Brawley of Livonia as Carmen and Mark Batell of Dexter as Robert, under - I Can Feel It Coming On by Carl Williams fures Natalie Taras, feaAnn Arbor as Hortense Lisa Brawley of Livonia as Millie and Mark Batel

Show times for the One Acts Festival are 8 p.m. Friday and Saturday, Jan 18-19, and 2 p.m. Sunday.
Jan. 20. Tickets are $\$ 12$ each and are available b phone at the Village The ater Box Office at (734) $394-5300$ or 73 394-5460
or online at www canton or onine at www.cantoncantononeacts.com, click on tickets. Tickets also can be purchased at The Summit on the Park or at opens one hour prior to opens one hour prior
showtime. The Village Theater at
Cherry Hill is at 50400 Cherry Hill is at 50400 ton, in Canton. More information is online at cantononeacts.com.

## Attention Boys, Girls, Teachers and Parents!



## PTA pays tribute to Sandy Hook; schools maintain heightened security

By Susan Steinmuelle

Farmington PTA Council President Tammy Luty said that after Sandy Hook, PTAs in the district asked what they could do was working to build a winter wonder land decorated in snowflakes for students when they returned to school in a new building this week. Many of the
Farmington PTAs joined others nation wide to make them.
"I think it made us feel like there's a way we can do something," said Tammy Luty, PTA council president. However, so many snowflakes were
sent that the Connecticut PTA posted sent that the connecricurt.
notice closing the project
"We have been overwhelmed by the "We have been overwhelmed by the
outpouring of generosity from around outpouring of generosity from arl. At
not just the country but the world. At not just the country but the world. At
this time, we have enough beautiful snowflakes to blanket the community of Newtown," according to the website.
It suggested that people "take this It suggested that people "take this
idea and your snowflakes and create a idea and your snowflakes and create a
winter wonderland of your own in your winter wonderland of your own in your
community as a show of solidarity for comm Newtown families."
As a result, Luty said Wednesday that they have asked the library about the possibility
Twenty first-graders and six educators were shot to death at Sandy Hook Elementary in Newtown, Conn. on Dec. 14 in a tragedy affected the nation. their security measures since the trag edy. In Farmington this week, schools are again finding tightened protocols. signs indicating the office phone num ber that must be called for visitors to gain entrance. Parent volunteers are helping in the effort.
"I know the district is trying to figure out what is a long-term policy because
this is not necessarily this is not necessarily a long-term solu"There are several meetings in place

to Farmington Public Schools, said snowflakes made for Sandy Hook may go on display in the library instead after the Sandy Hook schools received a blizzard of support.
or being set up in the coming days that will help us find answers to school security around our entire district, according to a Listserve by Nancy Ely, directo and plan for additional time during thi heightened security.
"Finally, please know that our most mportant job...is to keep your preciou little one
care."

Volunteer opportunity


Compassionate Care Hospice is looking for new recruits to join these volunteers, posing recently by the agency's Mitten Tree. Compassionate Care Hospice seeks caring, compassionate volunteers with big hearts to help with office tasks or to serve as Monroe, Wayne, Washtenaw and Livingston. Volunteers set their own schedules and typically donate 1-2 hours of their time per week. The next new volunteer orientation is fast-approaching, and will take place at the agency's office in Can-
ton. Contact Justine Galat, Volunteer Coordinator, to apply for a brief interview at Igalat@cchnet.net or (888) 983-9050.

## FISCAL

tax cuts for middle-class families and proect two million Americans from immediately losing their unemployment lifeline, e negotiations.
"In the New Year, we must come togeth er to achieve long-term solutions to our nation's financial challenges. With yet another manufactured Washington cri-
sis behind us, I hope that 2013 will be the sis behind us, Ihope that 2013 will be the
year that Republicans stop attempting to put millionaires before middle-class families."
Curson said he was pleased that the fiscal cliff was avoided by the congressiocan be cut, He listened as Vice President Joe Biden spoke with the Democratic congressional caucus for three hours on the details of the legisla congress vote
Curson said. "I was really unhappy that we only did part of the deal. We did the revenues, but we didn't do the other piece expenses).
ing about this, too. The fact is this won't change over the next two months." On the other hand, Curson believes that the need to raise the $\$ 16.4$ trillion debt next year and should be increased by Congress. Press reports have indicated that Republicans will use the debt ceiling discussions to negotiate spending cuts.
Republicans should Republif they do not support lifting the debt ceiling, Curson said.
"It's like you are saying that you are going to pay for something, then you dont have any money in the account at the tle it so that the Congress coming in could have a clean slate."
Curson was asked where he would like ocut, and responded becifics "There is at could not list ey," he said. "People could put their poli-

Snow plows need room to groom

With the winter season upon us, Wayne County's Department of Pubemind drivers to Division wants to rom snow plows when they're working In cooperation with an education campaign launched by the Michigan Department of Transportation (MDOT) and he County Road Association of Michigan (CRAM), the Wayne County Roads
Division urges motorists to drive safey around snow removal equipment and remember, "Snow plows need room to
"Drom!"
"Drivers must be cautious while and not get too close to or drive around any snow-plowing vehicle while it is at work," said Robert Conrad, director of Wayne County's Roads Division. Typfall, approximately 100 county trucks are out plowing and salting nearly 2,400 lane miles in the county.
"Every year, despite the flashing ights on snow-plow trucks, poor driver isions that can be deadly," said Wayne County Executive Robert Ficano. "Give hem room to groom
tics aside and clean up a lot of these programs with overspending and bringing
down the costs. We can bring these costs under control but instead, we throw rock at each other." "When asked for specifics, Curson said: "There's thousands of government pro-
grams." He added that he was a "novice" grams. He add more time to study the issues.
Curson was pleased that, in his eyes, congressional action helped avoid the fiscal cliff, "Twenty million kids will have
a hot lunch today, and seniors will have meals on wheels, at a relatively small expense," he said. The tax increase on the wealthy hits their pocketbooks, but not like the loss of a job for someone with a far lower income, Curson said. "It's not
going to hurt him like the guy who is look ing for work and a paycheck for the past year," he said of the possible loss of unemployment benefits under the fiscal cliff scenario. "(A millionaire) will pay a small percentage, but he will still be a million "It's a small sacrifice."
Republican Kerry Bentivolio, who begins his term for the 11th District congressional seat Thursday, said "no con
Bill Fried, a Livonia tax attorney certified public accountant, said the move "takes care of the middle class" immediately, but does not create jobs. "You have to have an adult-type of siad. cussion of the issues. You have to look at cutting expenses or at least moderating them. We h
funded." funded
rates, and not enoussion focused on tax rates, and not enough about cutting spend
ing and creating jobs, Fried said: "It's great for accountants and tax attorneys like me, but it should be about people who want to go out and start a small business
and making it easier for them, instead of having multiple forms to file. It is still small companies that create jobs."


Wayne County's Roads Division joins MDOT and CRAM in offering the following reminders for motorists: - Snow plows have limited visibility
and drivers cannot see directly behind and drivers cannot see directly behind
their trucks. - Snow plows often throw up snow clouds, reducing visibility on all sides of the truck.
$\bullet$ Distracted driving is dangerous driv ing. Motorists should not text or talk on cell phones while they are behind the wheel. In fact, texting while driving is illegal in Michigan.

- Motorists should never attempt to pass a moving snowplow on the right.
With new wing-plow technology, the With new wing-plow technology, the lane of travel simultaneously. Motorists attempting an illegal pass through a snow cloud on the right and/or shoul-
der of the road most likely won't see the plow blade and run the risk of a serious crash.
- Always wear your safety belt and allow extra time to reach your destina For more information and safety tips, please visit www.micountyroads.org / winter.php

NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY
Notice is hereby given that the undersigned will sell, to satisty lien of the owner, at public
sale by competitive bidding on Monday, January 21 1st, 2013 at $9: 30$ A.M. at the Extra Space sale by compentitive bidd in
Storage facility located at:
${ }^{6729 \text { N. Canton Center Rd. }}$
Canton, Michigan 48187
The personal goods stored therein by the following may include, but are not limited to The personal goods stored therein by the following may
general household, furniture, boxes, clothes, and appliances.
E191
Claud Stopchinski
Purchases must be made with cash only and paid at the time of sale. All goods are sold
as is and must be removed at the time of purchase. Extra Space Storage reserves the right as is and must be removed at the time
to bid. Sale is subject to adjournment.

Livonia

## WIDOWED SUPPORT

Imedate. 5 p.m. Wednesday, Jan. 16
Location: G. Subu's, 20300 Farmington Road, Livonia
Details: Widowed of all ages are welcome outtend a social served prompty at 6 pm . Cost of $\$ 18$ includes meal, beverage, dessert, tax and tip. Pay at the door (cash only) with the exact amount. Stay for cards, games and conversa-

## Jan. 11.

Contact: (313) 562-3080
OPEN HOUSE
imedate: 6:30-8 p.m. Thursday, Jan. 31 Location: 28933 Jamison St., Livonia
Details: St. Genevieve Catholic School offers preschool for ages $21 / 2$ to 6 , a Young Five Program, as well as classes for students in Contact: (734) 425-4420; www.saintgen evieve.org
LIVONIA ROTARY
Time/Date: noon to 1:30 p.m. Mondays Location: Laurel Manor, 3900 Schoolcraft, Livonia (Use the northwest entrance.) Details: Rotary's motto is "Service Above Self"
service in the community, in the workplace service in the community, in the workplace wide organization of business and professional leaders that provides humanitarian service and encourages high ethical standards in all vocations. The Livonia Rotary Club built Rotary
Park on Six Mile and does various community ervice projects throughout the year. Be a guest at a meeting.
Contact: wnw.livoniarotary.org; jre2716@ cglobal.ne
PPIMIST
Tuesday of the to to $8: 30$ a.m. every second of the month Location: Daven
Details: The Optimist Club is an association dedicated to "Bringing Out the Best in Kids. Adult volunteers conduct service projects
aimed at providing a helping hand to youth. The group also meets $6-7: 30$ p.m. every fourth Tuesday at Kickers, 36071 Plymouth Road, Livonia. Attend a meeting without any obliga tion to join. Everyone is welcome.

## Contact: (734) 634-5359, wmw. livoniaopti-

 istorgTime/date: Noon first and third Wednesday Location: Mama Mia's Restaurant, 27770 Plymouth Road, Livonia
Details: The Livonia Lions Club serves those visually impaired, the hearing impaired and isually impaired, the hearing impared and
children with special needs. Meeting time and ocation are subject to change so go to the
club's Web site and click on "Contact Us" to
get the most up-to-date meeting information Contact: www.livonialionsclub.org
Plymouth-Canton

## NEWCOMER LUAU

Date/time: Wednesday, Jan. 9, 7:15 p.m. Location: Sunflower Clubhouse, 45800 Hanford in Canton
Details: Canton area residents interested in escaping the cold for the warm vibe of Hawai ed by the Canton Newcomers and Neighbors club. Te Te evenings' agenda includes: tons
of socializing Hawaiaan music and them of socializing, Hawaiian music and themed
games, a best-dressed for the island contest, a games, a best-dressed for the island contest, a tasty treat from Shish House and more. Contact: RSVP to Noreen at nrybar@yahoo.
com or (734) $981-0486$ To com or (734) 981-0486. To order a complimen-
tary January newsletter, and/or learn more about the club's upcoming events of interest, visit Wuw.cantonnewcomersandneighbors.

## MEDICARE

COUNSELIN
Date/Time: Jan. 2 and Feb. 6
Location: United Home Health Services, 2200 Canton Center in Canton Details: United Home Health Services offers the community free counseling with a cer
fied MMAP (Medicare Medicaid Assistance Program) counselor. The MMAP counselor can help review Medicare and Mediciaid eligibili-
ity and the various plans, apply for Medicaid ity and the various plans, apply for Medicaid,
research and enroll in Medicare Part D drug insurance, assist with Medicare supplemental
plans, find pharmaceutical assistance plans, find pharmaceutical assistance pro-
grams, identify \& report Medicare/Medicaid grams, identify \& report MedicareMMedicaid
fraud and abuse issues, and explore long fraud and abuse issues, and explore long
term care insurance options. No reservations necessary.
Contact: If you have any questions please
contact United Home Health Services at (734) contact United Home Health Services at (734)
981-8820. You may also access the MMAP website at ww.mmapinc.org/pages/about. html

## MAGIC SHOW

Date/Time: 7 p.m. Saturday, Dec. 29 Location: Village Theater at Cherry Hill, 50400 Cherry Hill in Canton
Details: Las Vegas magician and Michigan
native Aaron Radatz presents his One native Aaron Radatz presents his One Man
Show of magic and comedy with hid Show of magic and comedy with a holiday
flavor that is geared to entertain the entire family. Radatz is no stranger to the metro Detroit area with performances over the year
for General Motors, Chnsler Cor General Motors, Chysler, Soaring Eagle
Casino, Andiamo's, Jeff Daniels, the Detroit Tigers, and several others. Tickets range from $\$ 18$ to $\$ 24$ and can be purchased online at (734) 3945450 .

Contact. For additional information, visit ww.aaronradatz.com.

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* minacys

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purchase required Non-prescription sunwear and some specialty lenses excluded TVald pescription purchase reauired. Non-prescription sunwear and some speciatty lenses excluded. ${ }^{\top}$ Valid prescription requir
combine exams pertormed by independent state licensed Doctors of optometry. Cannot ber
cothe offer, vision care plan, package pricing or prior orders. Sale ends lanuary 30,201

For the location nearest you, call 1-888-889-EYE


Raelee Edgar's exhibit, "Fast

## Auto influence highlights new exhibit in Plymouth

Raelee Edgar will kick off the Plymuth Community Arts Council's 20 gallery schedule and Michigan's famed auto-show month with her firs
solo exhibit, "Fast Lane Reflections," at the PCAC through January. The exhibit begins Friday, Jan. 4, with an artist's reception set for 6 p.m. Saturday. The reception wil ist and supporters and members of the PCAC.
According to PCAC officials, Edgar's colorful vintage automobile detail
paintings will be displayed for the paintings will be displayed for the Being born and raised in Michigan, Edgar said the auto industry was extremely influential for me." There and car shows. "I am drawn trasting hard and soft shapes of cars," Edgar said. "I enjoy the abiliy to transport to other eras and their
designs, social trends and technology
through my paintings." Reflection, she said, plays a large role in her work, the play of light and
shadow across the surfaces and the mirrored surroundings. There is an abstract quality in the reflective dis tortion, colors and pattern, she said, and since she usually takes the photos she works from, she's often represent the painting.
"Our society has an immense store of collective memories: drive-ins, vacations, tickets, accidents, first car,
first date, bringing baby home the first date, bringing baby home, the restoration, etc.," Edgar said. "Time spent with loved ones and friends can be summoned by a car make or model. I hope my work lets people savor those memories."
The PCAC is located at 774 N . She don in Plymouth. Admission is free and open to the public.
Call 734-416-4278 for additional ite at www plymoutharts.co

## American Legion

 post adopts 10 families for holidays

SINCE 1845 • 248-349-0220 Andersen an
' like a lumbery'ard should be'


Jan. 14-17 \& Jan. 21-24 5-8 pm Jan. 14, 15, 21 \& 229 am-12 Noon
Develop New Work Skills! Get An Education!


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LIVONIA PUBLIC SCHOOLS Adult \& Continuing Education http://www.livoniapublicschools.org
$\checkmark$ Adult High School completion $\checkmark$ GED Certificate
$\checkmark$ Adult Basic Education
$\checkmark$ English as a second language



Jewish Vocational Services, based in Southfield, is offering online computer courses for everyone from business prof
JVS partnership offers online learning option

By Sandra Armbruster

Eccentric Staff Writer
Whether you are a professional looking to en skills with business applications, or a senior adult wanting to keep up with the grandkids, Jewish Vocational Services is
offering a new opportunity, in partnership with the Dy, in partnership Bith Hermelin ORT Resource Center in West Bloomfield JVS, based in Southwide range of online computer training courses through the Hermelin website. The courses are es offered by the University of Michigan, but are more affordable, according to Paul Blatt, director of career services at
Other advantages include the physical location of the resource center, which offers class-
room support for those
taking the online compo takng. "There also are schol-
arship opportunities arship opportunities, cations, and allow us to offer classes at no cost or at a discount," Blatt said. There are no restrictions as to who can take the 12 and they are open to the public. Blatt said the partnership was an effort "to opportunities to provide more skills for individuals." That, in turn, can lead to a new or bet er job. "No matter what said, computer skills are required for any job. He said that having those skills is also a way to
build confidence Courses offered inclu Introduction to Microsoft Word 2010, Excel,

| CITY OF WESTLAND |  |
| :---: | :---: |
| Sealed proposals Purchasing Divisio on January 22n be made for late | als will be received by the City of Westland vision, 36601 Ford Road, Westland, MI 48185, 22nd, 2013 at 10:00 a.m. (no exceptions will te filings) for the following: |
| ONE FIRE | IRE APPARATUS-TRUCK/PUMPER |
| Complete specifica be obtained from $\frac{\text { CitvofWestland.com }}{\text { to reject any or all }}$ | cifications and pertinent information may from the Purchasing Office or at www. d.com. The City of Westland reserves the right all bids. |
| lish: January 3 , 2013 | Devin J. Adams City Controller |

eracy and Project Man-
agement Fundamentals, agement Fundamentals,
data bases and graphics, among others. The online learning advantage is the ability to start courses as needed and to choose
from more than 350 titles ranging from business to raniled trades. Students with a passing score will be'awarded a certificate
of completion. The cours of completion. The coursa student has a computer with an Internet connection - whether it is at
home, in the office, or the local cafe.
Offered at regular intervals, most courses cost $\$ 95$ and are report-
ed to be lower in cost than other online training opportunities in the area market. Program offerings may be viewed by visiting http://www.ed2go.
com/hermelinort/. Additional hourly services are available through online course tutors for students who wish to have more targeted programs. JVS/ORT receives
what Blatt said is a "roy what Blatt said is a "roy-
alty fee" for those who alty fee" for those who
sign up through the web Sign up through the web
site. The fees are "used to support other classes offered," he added. Blatt said that JVS
was approached by Her was approached by Her-
melin ORT when "they were looking for a partnership ... Together they offer employment ser-
vices and career develo
vices and career develop-
ment." Those who went to have opportunities for the training aspect," he said, adding that the new online courses offer an
opportunity to train more people than previously possible. "We recognize that for many profession-
als looking for work, hoping to change their career path or re-enter ing the workforce after a long absence, a lack be a major hurdle," said JVS Executive Director Leah Rosenbaum in a press release. "This is
not only a great alterna not only a great alterna-
tive for those people, but is also ideal for employed professionals and stay-at-home parents or retirees who simply wish to er skills." vice organization, JVS provides career plas provides career placement, counseling and
training for the unemployed, people with disabilities and seniors. The David B. Hermelin ORT Resource Cen-
ter also offers computer training through class room learning and private tutoring. For more information, call Lisa er, at (248) 432-5411 or www.hermelinort.org. The Hermelin Center is located at 6600 W . Maple, West Bl
48322 .

| NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY |  |  |  |
| :---: | :---: | :---: | :---: |
| Notice is hereby given that the undersigned will sell, to satisfy lien of the owner, at public sale by compeetitive bidding on January 21,2013 at $11: 00 \mathrm{AM}$ at the Extra Space Storage facility located at: 38875 Grand River Ave Farmington Fills, M1 88335 |  |  |  |
| Purchases must be made with cash only and paid at the time of the sale. All goods are sold as is and must be removed at the time of purchase. Extra Space Storage reserves the right to bid. Sale is subject to a ajournment. |  |  |  |
| The personal goods stored therein by the following may include, but are not lamited to general household, furniture, boese, lolhhing, and appliances. |  |  |  |
| Farminton Fills: | Unit \# |  |  |
| Tondreau Jaane | E366 | Household Stuff |  |
| Humphre Kimani | C16 | Lawa Equipment |  |
| Stines Bettye | B274 |  |  |
| Jackson John | B63 | Salon Equipment Bxes |  |
|  |  |  | Aroagrs 20 |

## THURSDAY, AANUARY 3 , 2013 $\frac{\text { THURSDAY, IANUARY 3, } 2013}{\text { OBSERVR \& ECCENTRIC }}$ BUSINESS

Firm makes family's holiday much brighter

By Brad Kadrich
Staffers at Canton's Plumbing Professors know their relationship the company serves is responsible for the com pany's success. And because the com munity supports the business, Plumbing Pr
fessors officials like to make sure they give back to the community when they can. That's what the comChristmas holiday, when staffers adopted a Garden City family to make ure its children had "It's importa us," Plumbing Profes sors vice president Mat O'Rourke said. "Things could be for all of us we want to help other people. We can show tha help is out there. Maybe those people will go out The idea came to sta ers after someone heard a plea on the radio from Volunteers of America, looking for help sup
porting needy families. An email was sent, and Plumbing Professors received the name of a Garden City family with ed help.
According to Christina Moore, staffers set out to provide a happy


Plumbing Professors of Canton adopted the Rascol family of Garden City for Christmas. Iy's three youngest chil- money, which was then dren, but the giving used to go shopping for went a lot farther than
In addition to a variety of toys, staffers collected coats and jackets, hats and gloves, oth
er clothing, snow boots, bedding, dishes, silverware, towels and pillows among other household $\xrightarrow[\text { Staffers also donated }]{\text { goods. }}$
the family. those who are less fortunate than us during this holiday season," Moore said. "We want to be able
to help people and give o help people and give,
back to our community." The holiday help was an extension of the kind of community support the company tries to
offer year-round. Plumbing Professors sponsors elay for Lire and Little As members of Canton Chamber of Commerce, the compa y has participatei in outing. They sponsored a build-a-bike fundraiser that raised some 10,000 and "bought ton

O'Rourke said. "We just wanted to help out," O'Rourke said ilies who work here and depend on us. We thought we could all come together and make a difference."
The company not only works locally, but regionally, as well They've done work in
"Things aren't as bad as they could be for all of us, so we want to help other people. We can show that help is out there. Maybe those people will go out and try to help, too." MATT O'ROURKE Plumbing Profe
vice president

Columbus, Ohio Moore said the need was dramatically dem onstrated in the wake of last month's tragic shooting at an elementa"We school in Connecticut. ple there are good people in the community who will help take care of others," she said. O'Rourke said the call
went out to Volunteers of America because staffers wanted to show that, in the face of hard limes - "All you hear the ity," he said - there was good going on. "You hear all the time how things aren't getting
any better," O'Rourke any better,
said. "We try to give as much as we can."
(313) 2228899

## BUSINESS BRIEFS

Attends meeting
Dr. Chet Regula, a livonia dentist, recent attended the Fourth International Consensus sion in Sport in Zurich, Switzerland. Regula is the Datroit dentist wo-day conference held ce every four years, rought together international experts on the sub ject to meet and share ports' head injuries. Hosted and sponsored by Federation Internatio nale de Football Associ ence was also sponsored by the International Ice Hockey Federation (IHF) and the Internationa Rugby Board (IRB). Regula was one of five
dentists who attended he conference. Regula and his colleague Jean Luc-Dion were invitbecause of their past Hockey League (NHL). Both doctors were the ounding fathers of the rought all 30 NHL den ists together to work as a unit.
Regula believes mouth uards prevent concusions. "If you hit the jaw skull. If you can keep the joint from trauma, it can nly help to prevent ser

## Pancake Day

 Batter up, breakfastovers! IHOP®, one of America's most popu$r$ family-friendly res urants, known for "everything you love once again invite guests during National Pancake Day on Feb. 5, 201 while celebrating Chilren's Miracle Network
sary.
On that day, the restaurant chain hopes to
raise $\$ 3$ million as the first national fundraisin 2013 cundraising year fo Children's Miracle Network Hospitals.
During National Pancake Day, IHOP restaurants will invite guests to enjoy a complimentary stack of inOP's signa ture 7 am to $10 \mathrm{p} . \mathrm{m}$. Guests will be encouraged to make a voluntary contribution to the local work Hospital or local charities. One hundred percent of the dona tions will help local char ities provide vital equip-
ment dures and critical care for sick and injured children. IHOP restaurants can graph Road, Bloomfield Hills; 24140 Ford Road, Dearborn Heights; 14200 Middlebelt, Livonia, and
29202 Woodward Ave 29202 Woodward Ave., eighth year that IHOP has held National Pancake Day, which to date has rased million dollars for Children's Miracle Network Hospitals and other loca charities. In 2012 alone, IHOP raised more than Miracle Network Hospitals and other charities. Guests visiting particiin support of Children's Miracle Network Hospitals will also have the option to purchase "Miracle Balloons" for \$1 and
$\$ 5$ each, throughout the month of January leading into National Pancake Day, with all proceeds going to the Children's
Miracle Network Hospi Miracle Network Hospi-
tal. Participating restaurants will display the bal loons in celebration of Children's Miracle Network Hospitals' 30 -year buy a $\$ 5$ Miracle Balloon will receive a $\$ 5$ off dis-
count that can be credit-
it. For more information on National Pancake Day, or to learn about work Hospitals and make an online donation, visit www.ihoppancakeday

Same day results Henry Ford West Bloomfield Hospital is offering screening mam mogram results at the
ime the exam is performed.
Several appointments are reserved daily for patients who wish to have
their digital mammograms and wait for the radiologist to give them the results while they are in the clinic. Patients ing mammogram results by phone within 24 hours, and usually receive a letwithin their resul within 48 hours. of screening mammograms to patients in the same appointment as the in this region," said Dr Denise Collins, service chief for Radiology at Henry Ford West Bloomfield Hospital. given these results at the same appointment for diagnostic mammograms -when we are investi--most facilities do not offer such quick results for the annual screening mammogram." said Dr. Patricia Miller, division Radiology, at Henry Ford Health System.
Additional testing, such as ultrasound or needle
biopsy, if needed, may be performed at the same appointment.
"An annual mammofram is recommended or women, beginning a tion of cancer, regardless of family history,"
added Miller. "Breast self exams also are very all ages should perform them monthly.",
Henry Ford West

Bloomfield Hospital is located at 6777 W. Maple Road, West Bloomfield. ments mayram appointments may be made
fordwestbloomfield.com/ mamm or by calling (248) For more information isit www.henryford. com/cancer


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## OUR VIEWS

## State must invest in early learning to compete globally

Far too often state legislators and educators get sidetracked trying to win a seemingly endless argument rather than doing what is best for children.
reforming education has been about providing more options to families. Gov. Rick Snyder is promoting an "'any time, any place, any way, any pace" system
that would ostensibly lead to more charthat would ostensibly lead to more charter schools and give parents more say in
where and how their children learn. Educators loathe change more most so position statements and talking points are issued to legions of followers
While some This pattern is all This pattern is al focused on families of Michigan broadened does little to help. opportunities for all families, Michigan One common-sense solution to improving educational outcomer fami focuses only on lies is simply getpoor or other into quality educa-at-risk youth. tional programs at a younger age. Sadly, Michigan's track record of funding preschool is lousy that an additional year or two in school is beneficial to young learners.
The Michigan State Board of Education began a strong push for universal pre school for 3- and 4 -year olds in 2011 but Gov. Snyder took the business approach to early childhood programs and resources into the Michigan Office of Great Start. The mission of the office is to coordinate 84 separate funding sources for early childhood programs.
Michigan lags behind 23 states in providing access to education for 4-year-olds
according to a 2011 study by The National Institute for Early Education Research, a unit of Rutgers.
While Oklahoma offers universal-access to state-funded preschool and 75 percent of eligible children are enrolled, just 18
percent of 4 -year-olds are in state-funded preschool in Michigan. Nation-wide, 28 percent of 4 -year-olds were enrolled in a state-funded preschool programs in the 2010-2011 school year so Michigan not only fails in comparison to the leading age by 10 percent. It isn't that Michigan is cutting funding because that isn't true. Other states have simply found ways to increase funding at a greater pace because they have made early learning a priority.
Michigan does almost nothing to fund
preschool for three-year-olds but Illinois the same state many of our college graduates are flocking to for jobs, leads the nation in providing access to education for 3-year-olds.
While some states have focused on broadened opportunities for all families
Michigan focuses at-risk youth.
And even the population the state is trying to help isn't being adequately served Susan Broman, head of Michigan's Office of Great Start, concedes that many of
Michigan's 4 -year-olds now eligible for state-funded preschool are not enrolled due to lack of funding.
This lack of commitment to funding preschool is not only counter to Gov Snyder's goal of having students reading proficienter to the greater goal of making our state competitive in the global marketplace.
We aren't advocating free daycare for all Michigan families either. We are talking about the need for increased fund young learners. Recent research shows that even gains
made through Head Start fade if the commade through Head sturation isn't consis mitment to qualty the learning experience so just throwing money at the problem What Michiga ment to early education that includes no only lofty goals and a system to make sure they are achieved but also actua money in the budget to make it happen.

## ObSERVER

COMMUNITY VOICE
What is your health resolution for 2013?
We asked this in each of our readership communities.

"I seriously have to cut down on cigarettes. I have to make a much better effort than I have been."

Glenn Wallis
Canton

"I want to take better care of my heart. Heart problems start early in my family so I want to be careful." Christina Wegrzyn


I need to lose 20 pounds. My doctor said, Do it!""

Sandra Walczak Valczak
Canton


Lat I've been trying to cook more at home _that's one goal. It's healthier a lot of times. Merry Beth Tacy Farmington librarian .

"Just keep a healthy weight and exercise and all of that stuff.

Zack Emick, 16

"Take better care of Carol Palaian
Farmington Hills


Try to get fitter. Next year I'm going to do most every sport they
Iyanu Adegoke, 16


Lose weight. I make the same resolution every year."

Kathleen Monroe
Livonia

Adegoke, 16

"Healthy eating, more Healhy eating, more instead of fatty foods."

Eileen Dorough

"Stay healthy, exercise and ride my bike. I may go to the Recreation



My resolution is to
be healthy in my mind, body and soul and always remember what to eat."

Nina Robinson

"My health resolution is to stay away from fast food."

Larry Schultz

"Walk more. I don't do enough walking, and I'd ike to go out walking with my kids."

Johannes Cawood

"My health resolution is drinking less carbonated beverages, drink more beverages, drink mord
water, eat healthy and workout."

Patrick Currier

"My resolution is to keep healthy and get in as much exercising as I can."
Garden City
Curtis Hunt
Garden City

"My resolution is to get better, not smoke and lose some weight."

DeAnna Marin Westland Westland

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| :---: | :---: | :---: | :---: | :---: | :---: |
| Bananas | Cantaloupes | Strawberries | Red Peppers | Button |
| Rashrooms |  |  |  |  |

## Joe's Meat of Seafood



## Farmington secures win over Trojans

There was some consolation for team on Saturday.
The Falcons got a game-high
20 points from senior guard Val20 points from senior guard Valpointers, to beat Livonia Clarenceville, $58-53$, in the Northville Holiday Tournament.
Senior guard Ameer Ali added 11 points, while senior forward
Shawn Griffin and junior guard Bradley Harris chipped in with BOYS BASKETBALL $\begin{aligned} & \text { eight and } \\ & \text { seven, }\end{aligned}$ tively, as the Falcons improved to $2-4$ overall.
Clarenceville, winless in nine starts, got a team-high 19 points from Jawan Nelson. The Trojans trailed 24-19 at three quarters, $35-33$, also got 12 points from Jemell Johnson. Both teams struggled from the four stripe with FarmingClarenceville 3 -of-10 ( 30 percent) Waterford Mott (4-2) beat the host Mustangs (3-3) in the tourney final, 54-41, as guards Bilcombined for 38 points. PIONEER 53, SALEM 49: Aedan York tallied 12 points, including a key three-pointer and free throw
down the stretch Friday to give Ann Arbor Pioneer (5-2) a victory Ann Arbor Pioneer (5-2) a victory
over the Rocks (4-2) in the finals of the Chelsea Holiday TournaJibreel Hussein added 10 points or Pioneer, which won its fifth Tevis Robinson chipped in wit nine points and 10 rebounds. Chris Dierker, a 6-6 senior for ward, paced Salem with a gamehigh seven boords. Kevin Mack contributed eight points for the Rocks, who trailed
$29-24$ at halftime and $42-36$ after three quarters.
WITHROW (OHIO) 60, CANTON 49: Timothy Coleman scored a game-high 31 points Friday leading Cincinnati Withrow (7-0) to victory over the Chiefs (2-4) in

Please see BASKETBALL, B3


Despite being a freshman, University of Detroit's Rosanna Reynolds (middle), a Canton native, is running the show for the Lady Titans.

## Quick study

Lady Titans' Reynolds makes her point

By Brad Emons
Observer Staft Writer
Rosanna Reynolds didn't need driver's ed training.
Just give her the keys to the
car and let her go car and let her go. No learner's permit required
for the 5 -foot-10 freshman point-guard for the University of Detroit Mercy women's basketball, who has started all 12 games so far for the 7-5 Lady
Titans as they enter Horizon League play.
The Canton native has adapted quickly to the collegiate style of play.
And Detroit head coach Autumn Rademacher has given
Reynolds an unspoken vote of confidence.
Reynolds has the numbers to justify her current starting role
averaging 9.5 points, 3.8 assists and 3.6 rebounds per game, while shooting 74 percent from the foul line and 38 percent
from the floor from the floor. lot to be honest," Rademach-

er said. "It's very strange.
She (ReynShe (Reyn-
olds) just goe out there and it was just under-
stood from the stood from the
beginning that beginning that
she was going because how she came out there was was ready to go. We just gave you go,' and we really haven't you go,' and we really haven't
looked back. And you never really questioned that at all." Reynolds, a two-time first-
team All-State selection posteam All-State selection, pos-
sesses winning pedigree leadsesses winning pedigree lead
ing Dearborn Divine Child to a state Class B championship as a junior and a state semifinal berth as a senior while aver-
aging 12 points and four assists aging 12 points and four assists per game.
So it was
was thrown into the fire immediately making her inaugural start against a Big Ten oppo-
nent where she played 39 of 40 minutes
"Our first game we played Michigan," Reynolds said. "It used to the pace of the game and everything. But I feel like each game we progress individ ually and as a team. So, we're just taking it one game at a time
and I'm trying to work really hard at get other people open, hard at
too."
Reyn
Reynolds ran track for Divine state championship teams, but state championship teams, but debut, a $72-60$ loss to the Wolverines, was somewhat of an eye opener. Reynolds said. "Everyone tries to push it. It's not too big of a change, but it's more like physical toughness as far as trying to get to the basket. They foul you strongly." But so far there's been a mutual understanding betwee coach and player.

Please see REYNOLDS, B3


## Water and ice

Canton High grad and University of Georgia swimmer Allison Schmitt (center), who won five medals, including three gold, at the 2012 Summer Olympic Games in London, dropped the ceremonial first puck prior to the Plymouth Whalers-Saginaw Spirit Ontario Hockey League game, Dec. 27 at Compuware
Arena. Schmitt is flanked by Plymouth's Colin MacDonald (left) and Saginaw's Eric Locke (right).

## Crusaders pull upset in Florida

The Madonna University women's The Madonall team was unable to com-
balt plete its Florida hat trick Sunday, falling to Auburn-Montgomery (Ala.),
$81-59$, at Ave Maria's Golisano Field $81-59$, at
House.
The Crusaders, now 8-6 overall, COLLEGE BASKETBALL $\begin{aligned} & \text { opened } \\ & \text { their road }\end{aligned}$ day with a $78-58$ win over the host Gyrenes after stunning the NAIA's No 16-ranked team in Division II, Bethel College (Ind.), on Saturday, 75-49. Cold second-half shooting doomed
the Crusaders in their bid to earn the the Crusaders in their bid to earn the
sweep against the 11-2 Warhawks, sweep against the 11-2 Warhawks,
ranked No. 20 in NAIA Division I.

Please see CRUSADERS, B4


David Moss is getting antsy as the NHL Lockout deadine for the 2012-13 season looms.

## Moss adapting to life amid NHL lockout

By Brad Emons
Dave Moss sits and waits, sits and waits. 30 -year-old Livonia native, who signed a two-year contract in July with the National Hockey League's Phoenix Coyotes, can give you the capsule itinerary of the day
and life of a locked out NHL player. "We get up, work out in the mornings, then we skate after at 11 (a.m.) or 11:30," said the right winger, a former University of Michigan standout and Detroit Catholic

Central High grad. "That's about it. We skate, and if we have enough guys, after that we play
On Monday and Tuesday, the On Monday and Tuesday, the
NHL and the players' association were back to the bargaining table the first negotiations since the two sides met with a federal mediato on Dec. 13.
on Dec. 13.
All NHL games through Jan. 14 have been canceled, which has already eaten up 50 percent of the
schedule. The NHL owners reportedly want a deal reached by Jan. 11 and
the season Jan. 19 with a 48-game
schedule.
In 2004-05, the NHL lost the entire season to a lockout, while a
45 -game season was played in 1995 after the lockout stretched into January.
"I don't know what the point of
no return is," said the no return is," said the 6-foot-3, 205-pound Moss, who has logged
317 NHL games with 61 goals and 63 assists. "Obviously we're getting late. I don't know when league has in mind when they will cancel

Please see MOSS, B3

Whalers top
Spitfires, 5-2
Right winger Garrett
Meurs had a pair of Meurs had a pair of goals and one assist as closed out 2012 with a 5-2 Ontario Hockey League win Monday over the host Windso Spitfires before 6,40 Meurs notched his 16th and 17th goals of the season, while Matt Mistele, Connor Carrick tallied goals. Goaltender Alex Nedelijkovic made 38 saves, including a second period penalty as the second-place Whalers improved to 16-12-5-3 in the OHL's West Division. is 23 rd goal and 7 ach Lorentz added another or the Spitfires (14-18-$1-5)$.
Before a sellout crowd of 3,657 Saturday at Compuware
Arena, the host Whalers fell to the first-place London Knights, $4-2$,
who won for the straight time.
The Rupert twins Ryan and Matt - led he London attack with goal and assist each. has four goals this season, while Matt Rupert (second star) has 18 . Max Domi (21st) and also scored for London (31-5-0-2).
Third star Tom Wilon (ninth) and Zach for Plymouth.

## Schuba's eight

 triples lift MU Schuba knocked down eight three-pointers Sunday en route to a 3-point performance unday as the Madonna hall team downed host Roosevelt University RIII.), 66-53, at the Good-(I) The 25th-ranked Cruaders (NAIA Division also received 12 points, and four assists from junior point-guard Bobby Naubert (Livonia Stevenson).
$34-26$ halftime lead and led by as many as 16 in the second half. Schuba was 10-of-17 from the floor includpoint range. Jeremiah Jackson paced the Lakers (9-6) game-high 19 rebounds.

## World Juniors

 Behind two goals piecheck and John Gaudreau, Team USA routed Slovakia, 9-3, at the IIHF World Junior in Ufa, Russia, picking up a needed victory after two straight losses to Russia and Canada in The win qualAmericans for Wednesday's quarterfinals to face the Czech Republic. Former Plymouth two assists, while curent Whalers forward Ryan Hartman added one in the victory.
Livonia's Riley Barber (Miami University), who has one goal and two assists in four games, was Mean off of the scoreshe Whearers' Rickard Rakell had two assists and was a plus-2 in Sweden's 7-4
victory over Finland.

All-Observer swimmers, divers are high achievers
$\qquad$ Kathleen McGee, 200 free, Mercy:
McGee concluded her sophomore
season by finishing third in the 200 season by fininhing third in the 200
freestyle ( $1: 52.34$ ) and the 500 freefreestyle (1:52.34) and the 500 free-
style (5:03.40)
meat the Division 1 state
me the Catholic Leaque meet. She is the Catholic League
champion in the 500 and the runnerup in the 200 .
"Kathleen is a very disciplined swim"In addition to being talented, she's
exceptionally hard-working. She can exceptionaly hard-w orking. forvard
swim anything and gor
in the state championships for her, in the state championships for her,
we might be moving her around nitely is capable of being at the top
of the rankings in any of the events. of the rankings in any of the events.
"Distance freestyllers don't necessarily work the hardest, but they do
significantly longer sets. Kathleen at-
tacks everything we do with a smile, which is really great for the coach."'
Maddy Loniewski, 200 IM, Mercy Loniewski is the Catholic League and
state champion in the IM, swimming her best time (2:05.09) in the Division
1 final. She also won a league cham--
pionship in the breaststroke and was sixth in that event at the state meet
$(1: 05.34$.)
$(1 / 2)$. "In athletics, you don't really accomplish the most you're ever going
to accomplish untily ou overcome
something " Dunworth said "Maddy something., " Dunworth said. "Maddy
had some physical issues she had to overcome, and it was really touch
and go for a while with her. and go for a while with her.
"What I admire about her is dedication. It took the hentire season for her to get back to where she
wanted to be. She remained positive wanted to be. She remained positive
and committed to the course. When and committed to the course. When
those special situations happen, you
get agreat admiration for those
kids."
Roxanne Griffore, 50 free, Mercy: Roxanne Griffore,
Another outtanding sophomere,
Griffore finished eighth in the $\mathrm{D}-1$ Griffore finished eighth in the D.
state meet in this event (24.28), state meet in this event (24.28),
and she also was fourth in the 100
freestyle (52.41). Griffore was the Catholic League runner-up in both.
"Her nickname is Gator, becuuse she has the smile of an angel but
the bite of a gator," Dunworth said of Griffore's compentitive spiritit "If
therefs's one individual 1 'm excited to theres where she is and ultimately can be, it's Roxie. It's amazing how far
she has come in a year, and she was she has come in a year
really good last year.
"So me lids
really good last year.
"some kids give you their undivided
attention when you talk to them. attention when you talk to them.
She's hungry for what you have to She's hungry for what you have to
say. A lot of kids are like that, but
everry kid could take a lesson from say. A ot ond kids ane lide that, but
every
her."
her."
Erica Allor, diving, Mercy: The
junior diver moved up from the allarea second team based on a strong
state-meet performance in which state-meet performance in which
she elaced 12 th with an area-best
score of 359 points. She also was the scorto of 359 points. She also was the
Catholic League runner-up. "I have a unique appreciation for
divers." Dunworth said "They have
the divers," Dunworth said. "They have
to face their fears. Once the gun
goes off, a lot of the distractions goes off a lot of the distractions
(dissipate for swimmers); whereas (disisate for swimmers); whereas,
divers have to suck it up every time.
It's like a golfer putting. That's wher you win matches, witith putting. Every

dive is like putting, and they have to | $\begin{array}{l}\text { dive is i.ke putting, and they have to } \\ \text { be perfect. } \\ \text { "Erica is committed to diving. She's }\end{array}$ |
| :--- | year-round diver; it's not a part-time

thing. Shés continuing the tradition
of great Mercy divers that we've had thing. She's continuing the tradition
of great Mercy divers that we've had
in the past." Lisa Zhang, $\mathbf{1 0 0}$ fly, Salem: Taking
the Salem pool by storm were the the Salem pool by storm were the
Zhang twins, including Lisa - who quickly made a
leader board.
She
She set Salem records in all three
relays as well as the 50 free, 100 fly and 100 free. Her freshman season
culminated culminated at the D1state finals in
Holland, where shewtroed all-state
honors in three events, Holland, where she,
honors in thre event,
At the finals, Zhan in the 200 IM , with th trolendid time
of $2: 06.72$. She added a fouthe of 2:00.72. She added a fourth-place
showing the 100 fly ( 56.96 ) and was
one-fourth of the $20($ and one-fourth of the 200 medley relay
that came in eighth $(1: 49.08)$. that came in eighth (1:49.08).
Her excellent season earned her honors as one of the team's most valuable swimmers.
"Lisa broke into high
misg with a bang and schover swim-
through the D1 state finals," coach Chuck Olson said.
Churchill: The junior earned a 14 thplace finish at the Division 1 state
finals with a time of 53.43 . finals with a time of 53.43.
Washko was also a state qualifier in Washko was also a state qualifier in
the 50 frestyle and 100 o ackstroke,
while school record ( $1: 00.31$ ) in the while school record (1:00.31) in the
latter vent.
and "Mandy is the epitome of a commit-
ted athlete," Churchill coach Aaron ted athlete," "Churchill coach Aaron
Rieder said. "She came into this season with specific and aggressive
goals. Through her dedication and


Emily Toro, senior, Plymouth.
50
50 FREESTYLE: 1. Royaunh.
senior, Salem.
ONE-METER D
junior, Mercy.
100 BUTTERFLY: 1 . Lisa Zhang, freshman, Salem; 3. Ellyse Conn, freshman,
Mercy.
100 FREESTYLE: 1 . Amanda
more-Hicks
Washko, junior, Churchill; 2. Destinee Bar-
500 FREESTLE:
tine, senior, Mercy.
100 .
Unior, Mercy.
100 BREASTSTROKE: 1. Linda Zhang, freshman, Salem; 2. Hannah Knoop,
200 MEDIEY
all-area relays
200 MEDLEY: 1 . Mercy (ir. Elliott Schinella, soph. Maddy Loniewski, fr.
Ellyse Conn, soph. Roxanne Griffore); 2. Salem (sr. Abby Aumiller, fr. Linda Zhang; fr. Lisa Zhang, if. Julia Suriano).
200 FREESTYLE: 1. Mercy (soph. Roxanne Griffore, soph. Kathleen MC-
Gee, ssr. Annie Valentine, jr. Christine Edwards); 2. Plymouth (sr. Emily Toro, Gee, sr. Annie Valentine, ji. Christine Edwards); 2. Plymouth (s.
sr. Linda Erickson, soph. Alexa Earls, jr. Sarah Dombowski). 400 FREESTYLE: 1. Mercy (soph. Kathleen McGee, fr. Ellyse Conn, sr.
Anie valentine. soph. Maddy Loniewski); 2. Salem (fr. Lisa Zhang, ir. Julia
Suriano fr Lind Zh. incredible hard work she was able to incredible hard work she was able to
accomplish these goals. Af the season
progressed, Mandy's confidence progresse
grew.
Washko Washko earned all three state cuts
at the MISCA meet held at Eastern at the MiscA meet he
Michigan University.
"She was She was untouchable that day
and it really set the stagge for the
remainder of the year," Rieder said With the pressure of the cuts gone, Mandy's focus intensified. With the
level of desire she shows in the sport. her senior year will be amazing to Sarah Dombkowski, 500 free,
Plymouth: What a rookie season it was for Dombkowski, a junior who
swam for the Wildcats instead of the Novi Sturgeons club team.
She topped it all off by be state champion in the 500 freestyle,
sith an with an All-American consideration
time of $4: 55.82$, a school mark and ime of 4:55.82, a achool mart and
best in Holland Aquatic Center history. Her efforts were key in helping
the Wildcats earn a share of the the Wildcats earn a share of the
KLAA South Division title with Can-
ton (each team totaling 18 points). ton (each team totaling 18 points).
Coach Doug Schade described Coach Doug Schade described tive swimmer 'v've ever coached in my
22-year career. Shés very athletic and she's very competitive. It seems like
the bigger the meet we go to, the the bigger the $m$
better she does."
Dombkowski.
Dombkowski, who also set school records in the 100 and 200 free. For
the latter, her time of $1: 54.01$ at the conference meet in South Lyon surpassed the pool record held by U.S.
Olympian Allison Schmitt "lympian Allison Schmitt."
"She is a workout animal," She is a workout animal," Schade
said. "She has the will and desire to put in the work every day to ensure her personal success."
Elliott Schinella, 100 back, Mercy: Schinella reached the pinnacle of
achievement when she won the state achievement when she won the state
championship in the breaststroke championship in the breaststroke
(54.91). The junior also placed fith
the 50 freestyle at the state meet in the 50 freestyle at the state meet
(24.04). Schinella is the league cham. (24.04). Schinella is the league cha
pion in both events.
"Working with Ell ceptionally rewarding," Dunworth
said. "She did not come with a said. "She did not come with a
tremendous amount of background tremendous amountors. sherksround
like some of these kids
who did some swimming and liked it. She grew her freshman year as
far as swimming and her sophomore year even more. This year she made a move toward being
special in swimming. special in swimming.
"Of all the kids on the team, she
might be the most coachable. All of them are going to work hard for
you, but some kids have the you, but some kids have the ability teaching. She has both."'
Linda Zhang, 100 breast, Salem: Much like her twin sister did, Linda
Zhang's versatile talents resonated within the KLAA and beyond.
Another one of Another one of Salem's mot valu-
able swimmers, she broke schooll records in all three relays along with the 200 IM and 100 breast.
All-state honors were eari All-state honors were earned at the
D1 state finals in the 200 IM , with her Dime of $2: 06$ third overall (and less
tin
tan a second tehind then a second behind event chamIn the 100 breast, she finished seventh with a time of $1: 05.39$ (another all-state performance) and joined
twin sister Lisa Zhang, Abby Aumiller win sister Lisa Zhang, Abby Aumiller state 200 medley relay. There was another notable season highlight as she set a Kensington
Conference record in the 200 IM .

"Linda "Linda proved to be as outstand-

## Olson said. $\begin{aligned} & \text { FRST-TEAM RELAYs } \\ & 200 \text { medley, Mercy: Schinella, }\end{aligned}$

 Loniewski, conn Mery: Schinella,fourth in the D -1 fourth in the D-1 state meet and All-Ameriac time of 1:45.75. Conn
also was a member of Mercy's also was a member of Mer
champion medley relay. "Them medley is the hardest relay on
"ur team to make," Dunworth said. our team to make," Dunworth said.
"The kids know it and it's a great There was no shoo-in for that relay, even up to the last minute. We're
always tweaking things, and the always tweaking things, and the
medley relay sets the tone for the
met.".
200 frestyle, Mercy: Griffore,
, MCGee, Valentine and Christine Ed-
wards finished fifth in the D-1 state meet while posting an area-best time
of 1:37.83. Griffore and McGee also of 1:37.83. Griffore and McGee also
helped the Marlins win the relay at the league meet.
"It was a unique. relay to do as well
as it did," Dunworth said "Three as it did," Dunworth said. "Three
of those four are no 50 rreestylers.
Kathleen just came out of the 500 free to swim that, and Annie can
swim two lengths just out of deterswim two lengths just out of deter-
mination. To have three people turn into sprinters and carry the load, it was really, really important for
400 freestyle, Mercy: McGee 400 freestyle, Mercy: McGee,
Conn, Valentine and Loniewski
earned fourth place in the state meet
(3:30.9). Like the 200 team, their time (3:30.9). Like the 200 ot team, their time
will be considered for All-America
tatus. Con Valentine will be considered for All-America
status Conni, valentine and McGee also teamed with Griffore to win the
relay at the league meet. relay at the league meet.
"Our kids know what a b to swir kids know a mercy relay a big teal it it is meet," Dunworth said. "They know
they're chosen not only by what the they're chosen not only by what the
stopwatch says, but because Ithink, regardless of the situation, they're, going to deliver - and they did.
SECON-TEAM GIILS SECOND-TEAM GIRLS
Lauren Folkert, 200 free, Farm-
ington: A senior and four-year Lauren Foikert, 200 free, - $\mathrm{Carm-}$
inton: senior and four-yar
standout for the Falcons, Folkert standout for the Falcons, Folkert
owns the school lecord (1.5554) in
the 200 freestye, which she set last the 200 freestyle, which she set last
year at the -2 state met. She was
$14 t$. 14 th this ear ( $1: 1565.46$, , and she set set
a school record in the backstroke when she went 59.38 in the prelims.
The team MUP was 10 th in the final The team MVP was 10 th in the final
(59.51). Folkert also has the shool
 necord in the Senior Swimmer of the
Meed in the OAA Blue Division after Meet in the OAA Blue Division after
she won the 200 rree and backstroke and helped the
both frestyle relays.
"Lauren is a very dedicated swim-
mer," coach Driska McCull mer," "cach was one of the captains
said. "She was and a real leader for the team. She
trained very hard and took the othe trained very y hard and took the othe girls with her. She would encour-
age people to keep up with her and age peoplet to keep up with her and
werk hard. She really wanted to do
her best all the time", her best all the time."
Emily Toro, 2001 M ,
Emily Toro, 200 IM, Plymouth:
The two-year captain wrapped uo The two-year captain wrapped up
an outstanding prep career, made
even more even more impressive due to the fact
she did not swim competitively until ninth grade.
Toro, who has
Toro, whe has signed a national let-
ter of intent to swim at Grand ter of intent to swim at Grand Valle
State University, set five Plymouth records to give her a total of seven
for for her career.
At the top of the stack was her sixth
pace finish of 207 . 94 in the At the top of the stack was her sixth
place finish of $2: 07.94$ in the 200 MM
at the D 1 finals sin Holland. at the D1 finals in Holland.
The all-stater also placed 13th in the The all-stater also placed 13th in the
100 butterfly (58.3) and in the top
20 in the 200 free relay and 400 free 20 in the 200 free relay and 400 tre
relay (16th, 15 th respectively).
"She's an interesting case in that "She's an interesting case in that
she really wasn't a competitive swim
mer until she began high school,"
Schade said. "She has great work Schade said. "She has great work
ethic and coochability."
Abby Aumiller, 50 free, Salem: Au Abby Aumiller, 50 free, Salem: Au-
miller had a personal best of 25.04 in the 50 free, set at the KLAA Central
Division meet at Novi. She also established a salem record in the 100 back
lith a time of 58.88 At the D1 finals in Holland, the
senior team captain was part of $t$, all-state 200 medley relay team. The
tandem of Aumiller, Lind 2 hang tandem of Aumiller, Linda Z Zang,
Lisa Zhang and Julia Suriano placed eighth, finishing in 1:49.08.
She showed her ability to excel in She showed her ability to excel in
muttiple events. qualifing for the
state meet in the 200 free (2the multiple events, qualifying forth,
state meet in the 200 fre (2th,
$1: 59.68$ ) and with the 400 free relay 1:59.68) and with the 400 free relay
(18th, 3:39.98).
"Abby did four years competing at "Abby did four years competing at
the state level in any event the team
needed from her for success," Olson neaded from her for success," Olson
said.
Christine Peterson, diving. Mercy Christine Peterson, diving, Mercy:
The highlight of Peterson's $\mathbf{u}$ unior season occurred at the Catholic
League meet when she won the League meet when she won the
diving championship with a score of
356.90 , which is second only to Allor's 356.9 , whichion is seconit only to tollor's
statemeet tally. Peterson was a state "'I was really excited to see Christine win the league meet," Dunworth
said. "That validated and justified all said. "That validated and justified all
the time and energy she has put into he time and energs
diving.
"I don't want to say she walked
away from the staye away from the state meet lisap-
pointed, but I know she's that pointed, but I know she's that much

more committed to being a point | scorer next year." |
| :--- |
| Ellyse Conn |
| 100 | firstye coar of farsitity comperitition, the

freshman finished 10 th in the state in the butterfly (57. 16) and sixth in the backstroke (57.51). Conn also is the Catholic League runner--up in the
latter and was third in the IM.
and "It's always great to get the freshman who walks in there and is
already extremely well schooled and puts in the time," Dunworth said. "Ellyse is that person. You thought
she was a junior the moment she got she was a junior the moment she got
there. She's very mature emotionally and experience-wise in the sport.
"It's not only a pleasure to have her "It't not only a pleasure to have her
on the team and a huge plus, but
Ithink she helped push the upper think she helped push the upper
clasmen as well."
Destine
Destinee Barmore-Hicks, 100 free,
Canton: The junior won Canton MVP Cantor: The junior won Canton MVP
honors for the third consecutive year and scored the most points by any of the team's 59 members. finishing
Highlights were many,
22nd at the D1 state meet in the 50 free (24.82), 28th in the 100 ree (55.35), 1 th as part of the 200
medley relay (a school record time of
1:50.88, sharing the mark with mily 1:50.88, sharing the mark with Emily
Meier, Hannah Jenkins and Delaney Meier, Hannah Senkins and Delaney
Adams) and 24 th in the 200 free Adams) and 24th in the 200 free
relay with a time of $1: 42.98$ (with Meier, Abby Madison and Madeline
Madison).
$\underset{\text { Barmore-Hicks scored her season- }}{\text { Matison- }}$
Barmore-Hicks scored her season-
best time of 24.71 in the 50 free
at the conference meet, good for at the conference meet, good for
fourth place. fourth place.
"Destinee has
"Destinee has set goals next year to
score at state meet in the 50 free,
coach Ed Weber said. "I'm sure with coach Ed Weber said. "l'm sure with
great off-season training and the great off-season training and the
excitement of her senior year she will
prevail."
Annie Valentine, 500 free, Mercy: Valentine, who was named to the all-
area team four straight years, capped an outstanding career at the state meet by scoring in two events again. She was eighth in the butterily
(57.66) and 12 th in the IM ( $2: 10.63$ ).
A versatile swi: A versatile swimmer, her 500 freestyle time ( $5: 09.73$ ) was good enough
to put her on another all-area team. to put her on another al-area team.
Valentine, who will swim at Penn State, is the league champ in the but-
terfly and runner-up in the iM. "Annie is exceptionally special." "Annie is exceptionally special,"
Dunvorth said. "She is the standard
by which every by which everybody is measured in
the pool every day. It doesn't matter the pool every day. It doesn't matter
what set we're doing. ff you line up with Annie next to you doing the
same thing, you know she does not same thing, you know she does not
relent. From the moment practice relent. From the moment practice
starts, she is relentlessly on task. For
her the best is yet to come She has her the best is yet to come. She has
a lot of faster swimming ahead of
her." Jordan Ewald, 100 back, Mercy:
Ewald finished 10 th in the state in
the backstroke ( 57.95 ) and third in the backstroke (57.95) and third in
the Catholic League. She also placed the Catholic League. She also placed
11th in the IM (2:10.08) at the Divi-
sion 1 meet, and she sion 1 meet, and she was fourth in
that event in the Catholic League "She's a real bright spot on the team," Dunworth said. " "She's always
exceptionally positive and a very
talented athlete. | talented a sete. wa hoping lordan
would be as good as she was last year, and she just knocked my socks
off. She was so much better. Every kid werks hard and hats a porsitive
attitudes but I think Jordan might
have the market cornered on being
positive."
Hannah Knoop, 100 breast, Mercy: Knoop finished 19 th in two events
at the state meet, swimming 1:08.19 in the state meet, swimming 1:08.19
in the breaststroke and 59.77 in the butterfly. Her breaststroke time ranks third in the area. She also was second in both events at the league
meent
${ }^{\circ}$ was very happy for Hannah to do as well as spe didid this year," Dundo swimming because I like it, not just because it's the routine l'm in.' Hannah grew up and grew into that
identity as a swimmer this year. "She came as close as you can to scoring without scoring (at the state
meet), and that does not sit well meet), and that does not sit well step up her game. There ere always
kids who want to achieve more, and hat's her."
SECOND-TEAM RELAYS 200 medley, Salem: Aumiller, Linda Zhang, Lisa Zhang and Julia Suriano toamed up at the D1 state meet in
Holland to earn all-state honors with an eighth-place finish of $1: 49.08$. The quartet also set a new salem re-
cord in the event, one of three relays chey in thab event, one of three rela standards in. In the 200 ofree relay at the KLAA. Central Division meet, they finished well as breaking the record in the 400 free relay.
In addition to In addition to the versatile talents
displayed by the Zhang twins and displayed by the Zhang twins an
Aumiller, the 200 medley team leatured Suriano, a junior who has Iready been selected one of the
ocks' captains for next season Rocks' captains for next season.
Suriano qualified for the state meet
in two other events. In the 500 free n two other events. In the 500 free he just missed making it back for
the finals with her 17th-place time the finals with her 17 th-place time
of 5:15.37. In the 100 backstroke, her finish of $1: 01.59$ earned her 31 s
place. "Juia is one of the top pratice said. "We look for an outstanding
senior year in 2013 ." senior year in 2013."
200 freestyle, Plymouth: Toro,
, Dombkowski, Linda Erickson and
Alexa Earls teamed up to set a school record with a mark of 1:39.66. The
tandem came close to that mark at tandem came close ta that mark at
the D1 finalis in Holand, placing 16 th
(1:41.15). I the 400 free relay, they set a school record with a time of 3:38.82.
Augmenting Toro and Dombkowski were Erickson and Earls. "Linda is a very talented swimmer
that has been an important piece of
a team that has won three of the last team that has won three of the last our KLAA South Division championyear captain.
At different points of her career,
she set school marks in the 100 back, he set school marks in the 100 back,
100 fly and 200 IM and added to the total with this year's records in the 200 free and 400 free relays.
Erickson is undecided so far Erickson is undecided so far about
her college choice. She is seeking an appointment to a military service academy.
Earls cont
Earls continued to make a splash
just her sophomore season and already a team leader Schade said
has been elected as 2013 team. 2 ected as a captain for $t$ In addition to being part of the
school-record 200 and 400 free relays, she set a Plymouth record in
the 100 back. At the D1 state meet, she also competed in the 200 M ,
(16th, 2:11.04) and 500 free ( 23 rd , AAlexa is one of our leaders in the Alexa is one of our leaders in the
pool with an outstanding work ethic
and will to win." schat and will to win,"" Schade said. "She's's
another athlete who dedicates hernother athlete who dedicates her-
self to prepare every day to realize success."
400 freesty 400 freestyle, Salem: Aumiller, Linda Zhang, Lisa Zhang and Surian Rocks another a record--breakeing
Relay performance with relay perto
$3: 36.56$.
7
That performance was good for first
in the Michigan Interscholastic Swim hthe Michigan Interscholastic Swim Coaches Association
field tills Andover.
They added to their achievements with an 18 th-place showingevents
D 1 state
meet in the 400 free relay, ilson said the Zhangs, Suriano and
finsting inet $3: 39.08$
Ils.

## 2012 STATE

 QUALIFIERS SWIMMING \& DIVING GIRLS STATE QUALIFI Hannah Jenkins, DelaneyAdams, Destinee BarmoreAdams, Destinee Barmore-
Hicks, Madeline Madison Hicks, Madeline Madison,
Caithin Orrr Claire Green,
Abby Madison: Churchill: Abby Madison: Churchill:
Amanda Washko; Farming on: Lauren Folkert, Yurika Ueda, Kate Capozzoli, Kay randa Shelly, Emily Brun
Mikayla Doepker, Paige Kondek, Katie Romero, Ell Molly Miller; Ladywood: Morgan Jones, Alanna Tarnacki, Kim Solak, Abby Mercy: Annie Valentine Maddy Loniewski, Elliott oxanne Griffore, Ellyse Conn, Erica Allor, Christine eterson, Jordan Ewald, Edwards, Michaela Bargardi, Michalzuk; $\boldsymbol{N}$.
. Farmingto mma Gell, Emma Bradiey, Annika Gididey, Lindsay Mc outh: Sarah Dombkowski,
Emily Toro, Linda Erickson, Alexa Earls; Salem: Abby Aumiler, Stephanie SolterZhang, Lisa Zhang; Steven on: Brenna Gabrielson, Jlia Hurley, Sara Stemen,
Brenna Erickson, Sarah Cauz Brenna Erickson, Sarah Cauz
illo, Rachel Arceri, Merrill oney, Andrea D'Amour

## BEST GIRLS SWIM TIMES

## Farmington Hills Merci $1: 45,75$

 certainclose to it.The deadline is fast approaching. It's the
NHL's own version Whashington's fiscal cliff "I don't know if antsy is the word, it's more frustration," Moss said. "All of us want to play hockey
but I think as far as play but Ithink as far as playsame page. We've given so much back and haven't got anything yet, so it's, frustrating, certainly."
And despite the long lockout, which reaches back to September, Moss believes the playe remained unified. "Don Fehr (the NHLat keeping everybody at keeping everybody
informed - we have conference calls all the time," Moss said. "You
can go on our (NHLPA) can go on our (NHLPA)
website and everything up there as far as what's going on and the players
that have been at meet-
ings. We're lucky because hane Doan (of the Coy f the meetings, so come back to Phoenix updates us with what's going on, so it's been
great that way. All the great that way. All the page. It's frustrating, but veryone's together." Since signing as a free agent with Phoenix, the six-year veteran of the
Calgary Flames has Calgary Flames has spent in the desert, but has returned home to be with his family for Thanksgiving and Christmas. from 15 , up to 20 (players)," Moss said. "It kind of depends. Three weeks ago, we had enough guys in Scottsdale to have a Sydney Crosby, Shawn Horcoff, Danny Cleary We had a lot of guys and it was good to have a full a row. "It's a pretty good group
of guys down there."

The favorable Phoenix weather also has been a "You can do lockout Moss said "We"ve more, hiking, play tennis, golf you can do more outside. You change it up a little bit because the orkouts are a little bor ing after awhile.
"We've been ska pretty much four days er week pretty much during the lockout. It's
getting old I'll getting old, I'll say that."
Some NHL players hav opted to play in Europe during the labor stalemate, but Moss is staying put afte surgery which cost him a majority of the 2011-12 season. He says the ankle is fine. "It's good, 100 percent, "There's no problems with it at all. "It's something you have to think about. I thing I I could go over Ithink I could go over is you have to get disability insurance to cov
er your NHL contract. rve had my fair share of injuries over the past few ance would not be cheap ter of weighing the risk. Is it worth it going over there for few months? And if something hapI would like to play hockey somewhere so I'd like to cross that bridge when I get to it. I'm still pretty optimistic that I hope the
NHL can realize the situation and hopefully get u a deal."
two sides are bueen the two sides are numerous
with the sticking points the length of NHL player contracts and how to share the revenues. "The owners wanted
a $50-50$ (revenue) split, a $50-50$ (revenue) split,
they got that," Moss said "Now we've gone on to the contract issues and they want to take back a lot of the players' con-
tract rights. I don't know tract rights. I don't kn-
what they want exactly. I think now they want the five-year term lim-
it on contracts and only a five pereent variance They want no cap on the escrows "There's álot of issues now because every tim 'give us this,' and we give hem that, there's no give and-take. Whenever this hing ends they're going don't understand why we've had to miss this much time for them to ealize that: and waits while the two sides try to hammer out a new collective bargaining "It is boring," said the 220th pick of the 2001 NHL Entry Draft. "I think guys in other cities are maybe bored mor han I am Scottsdale been so great. There's a lot of outdoor activities to keep you busy. But say getting antsy I'll say that.'
ing time," she said. "But
1 just worked really hard
and I started being with
the starters in practice,
so it kind of gave me a lit
ed to work hard every
day."
Rademacher, mean-
while, says her freshman
intangibles to the table.
"She's pretty amazing
at making things happen
right when we need it,"
"It seems like when we
need a basket, and that
clock is ticking down, she
somehow is able to get
ket whether it's a pull-
up jumper, whether it's
'three.' She almost knows
when we exactly need
board. And she does it."
$\begin{aligned} & \text { Reynolds has led the } \\ & \text { Lady Titans in }\end{aligned}$
Lady Titans in assists
$\begin{aligned} & \text { eight of the } 12 \text { games and } \\ & \text { scored a season-high } 17\end{aligned}$
points in a blowout win
Dec. 22 against NAIA
opponent Madonna Uni-
$\begin{aligned} & \text { versity. She has notched } \\ & \text { double figures in scoring }\end{aligned}$
five times, including 14
against Ohio University.
"I remember her in
high school and she wa
d) and that was the only piece of the puzzle that 1 was nervous about hav ing her at the point-guard
because a lot of times you can't score as much from that position," Rademacher said. "But she has absolutely managed and lourished in that role, where we need push her to the 'two,' or is more of natural scorer, we ca on that. But she's taken distributing like it's her distrib."
(313) 222 -6851
> surge in the final period. Alex Armstrong addAlex Armstrong addrespectively, for the Patriots, who committed a season-low seven turnovers. The 6-7 Gluth and Tyrone Rayford also com bined for 14 rebounds. Colton Jarrett paced the Pioneers wi
high 16 points. Tournament champion White Lake Lakeland placed junior Brad Govan and sophomore Grant Osborne on the all-tour-
ney team, while runnerup Dearborn Heights
> Cousino turned back the played at the University Detroit Jesuit. Josh Priebe scored 17 to FRANKLIN 56, RICHARD 44: Michael Gluth and Andrew Lebbos scored 1 points apiece Friday lea lin (2-4) to ania Frankround win over visiting Riverview Gabriel Rich ard (1-4) in the Patrio Invitational.
> Franklin trailed 29-25 at halftime, but took the
lead with a $16-11$ thirdquarter run and put the game away with a 15-4

Crestwood had brothers mi earn spo mi earn spots.
Lebbos and Rayford both seniors, made it for he host Patriots, while aniors Jacob Camiler resented Gabriel Rich THURSTON 60, W.L. NORTHERN 58: On Fri day, Ray don Croon tal-
lied 20 points and Xzav er Bowen added 19 points to lead Redford Thurston (5-1) past Walled Lake Northern Gage Throgmarter
poured in a game-high points for the Knights.

BASKETBALL
continued from page B1 the Motor City Roundbal Classic hosted by Bev-
erly Hills Detroit Counerly Hills
Dajuan Jones added 12 points for the Tigers, who
led 28-19 at halftime and led 28-30 after three quarters Scott Gring was one of three Canton players to with 12 points Jordan Nobles and chipped in with 11 and 10 respectively.

The Chiefs made only 7 the arc ( 29 percent). HENRY FORD 43: Sterling Sharp, a senior for ward, tallied a gameing eight three-pointers ifting North Farmington (4-2) to a victory Saturday over Detroit Heny Ford in a game played The Raid points from Jeron Rogers in the win. OUTH 40: 5n, PLYMDaymen Hardges tallied 18 points as Warren

NROTICE OF PUBLIC HEARING
PROPOSED SPECLAL ASSESSMENNT DISTIRICT
CITY OF FARMIINGTON HILLS
31555 ELEVEN MILE ROAD

## FARMMINGTON HILLS, MICHIGAN 48336

NOTICE IS HEREBY GIVEN
That the City Council of the City of Farmington Hills, Oakland County, Michigan, has Construction of STRATTON HILL SUBDIVISION ROAD IMPROVEMENTKS to be STREET
${ }_{\text {FROM }}$ rake
To
That plans and specifications outlining the improvement and the location thereof are on
file with the City Clerk for public examination, along with the costs of said project, which TOTAL ESTIMATED COST OF PROJECT: TOTAL ESTIMATED COST TODISTRICT

That the City Council has tentatively designated the proposed special assessment district

## T1N, R9E, SECTION O4, INCLUDINGTAX

22-23-04-301-010 through 020

 hear and consider any comments in opposition or in favor of said improvement.
If the City Council approves the making of the improvements, a special assessment may be
levied against properties that benefit from the improvements. Act 186 of the Public Acts of Michigan, 1973 , as amended, provides that the special assessment must be protested at the
 law. Appearance and protest at such hearing is required in order to appeal the amount of the sibecial assessment to the Michican Taxentribunal. An owner of or protest the special assessment, or may protest the special assessment by letter filed with is not required.

THIS NOTICE IS GIVEN BY ORDER OF THE CITY COUNCIL
PHONE: 248/871-2420
PAMELAB.SMITH,

 | ngto Hillis. Mercra: $3: 30$ |
| :---: |
| salem $3: 36.56$ |


$\underset{\text { Pubiled: }}{\text { Published: }}$ $\qquad$ December 28, 2012
Deember 30,2012 and
January 3,213
Farmaington Observer CITY OF FARMINGTON HILLS


The Plymouth Prep hockey team poses Dec. 21 with representatives from Gleaners Food Bank of Southeastern Michigan with boxes overflowing with donated canned goods and
other non-perishable food items at Plymouth Cultural Center. The prep team, a travel club other non-perishable food items at Plymouth Cultural Center. The prep team, a travel club
team not linked to the school district but used to develop players for the varsity program, organized a hockey game against the Salem Prep to culminate a mon loos in lieu of an
lect 1,000 or more food items. Spectators were asked to bring canned goods admission fee.

## Hockey event scores for Gleaners, area's needy

Countless needy fami-
lies will be getting much
needed supported thanks
to the efforts of the Plym-
outh Prep hockey team
and boosters Linda John-
son, Rick Covault and
Linda Baldwin.
They teamed up to
organize a benefit hock-
ey doubleheader Dec.
21 at Plymouth Cultural
Center, which helped the
Plymouth Prep team cap
off a monthlong drive to
collect more than 1,000
canned good items for
Gleaners Food Bank of
Southeastern Michigan.
Spectators brought
canned goods to gain
admission to the open-
ing game between Plym-
outh Prep and Salem Prep
(they could also bring
them to attend the second
game on the bill, between
Plymouth and Salem
alums).
According to tiean-
ers, Plymouth Prep's
food drive resulted in
1,55 pounds of assort-
ed food, enough to pro-
vide approximately 1,200
meals for hungry neigh-
bors in need.
The stands were near-
ly packed for that game
and the subsequent alum-
ni game.
Quality goaltending
across the board and good
defensive hockey was the
recipe for the opener, a

## K-of-C contest

The Knights of Columbus Free Throw Championhip for boys and girs ages g-14 will be at 2 p.m. Sunday, Jan. 20, at St. Thomas a'Becket Church, 555 S. Lil-
ley Road, Canton. Registration beg Registration begins at $1: 30 \mathrm{p} . \mathrm{m}$. with all age-group
contestants recognized for their participation in the event, which will progress through local, district and state competition.
Participants are
Participants are required to furnish proof of age and For more information, call Dave Lengel at (734) 516-

## Softball camp

Madonna University will hold a series of winter soft ball camps (ages 7-18) including: Jan. 5, 12, 19 and 26;
Fundamentals (Ca; Feb. 3, 10, 17 and 24 . (Cost for each is $\$ 125$., by Deys, or $\$ 150$ ). For more information, visit www.Madonna Crusad-

Learn to Skate
The City of Livonia Department of Parks and RecIII) beginning the week of Jan. 14 through the week of March 4 at Edgar Arena, located at 33841 Lyndon (one half mile south of Five Mile and just west of Farming The eight-week program ( 25 minutes per session) is $\$ 62$ (residents) and $\$ 76$ (non-residents). Classes offered include: ages 4 -and-up - 5 p.m., $5: 25$
p.m. 6 p.m. or $6: 20$ p.m. p.m. , 6 p.m. or 6:20 p.m. Mondays; hockey skills (no
sticks equipment or pucks used) $-6: 25$ p. and 3 -year-olds only -5 p.m. Mondays.
There is limited skate rental available at no charge. Livonia Parks and Recreation, a member of the Ice

After a few incredile saves by Michael Jus tus (Plymouth) and Joe
Moore (Salem), Plymouth found a way to get on the board with a nice goal by former captain
Kyle Callahan (assisted Kyle Callahan (assisted
by Pat Smiatacz and Ryan Renault).
Plymouth blueliners led on offense, too. Kevin Matusiak scored on a nice solo rush up the ice beat
ing Moore on a quality ing Moore on a quality
shot. The third goal was by smooth skating Justin Bauer, on a nifty feed by
defensive partner Tyler defensive partner Tyler In the second, Wildcats' Iefenseman Jake Jossey sent the puck up to Tyler Sanders for another goal making it 4-0.
Salem's Mark McGee
scored to finally get the Rocks on the board, snapping a bullet past' Cats goalie Rich Guglielmi. ulation," Plymouth went up $5-1$ when defenseman Jake Jossey scored. During the extra ses-
sion, Salem closed the gap to one goal on markers by Nick Hayes, Kyle Downey (from McGee and Ryan Quigley) and Quigley (with 3 seconds
left).
But the Rocks could not But the Rocks could not
even things up and Pat even things up and Pat Smiatacz added an empty
Following the game, the alumni teams met for the raditional handshake and a team photo. with the alumni Former PCEP players interested in future games should contact Darrin Silvester (darrin-

## Hawks soar to lopsided triumph

Farmington Hills Harrison ran its girls basket day with a resounding 58 18 victory Saturday ove Detroit Consortium College Prep in the Motor City Roundball Classic
hosted by Beverly Hills Detroit Country Day. The Hawks, who raced ut to a 30-14 halftime lead, got 16 points and four steals from Ma
Cotton.
Amber Stephens chipped in with 15 point our assists and four teals, while Kyla Rola

GIRLS BASKETBALL
ble with 10 points and 10 rebounds to go along with four blocks. The Cougars (4-3) with nine points.
Harrison made 6-of-8 tium was 8 -of-12. PCA 75, FRANKLIN
ROAD 36: Karen WinROAD 36: Karen Win-
dle scored 17 points an dle scored 17 points and
grabbed eight rebounds leading Plymouth Christian Academy (5-2) to a lopsided win over Novi Franklin Road Christian
(1-5) in the Motor City

Roundball Classic Friday at Country Day.
PCA shot 60 percent from the floor (30-of50) as four other Eagles cored in double figures ed by Rachael Fuller (14), Martha Mul-
lett (13), Emily Gerulis (12) and Jenna Abraham (10). rabher Malcolm also rabbed a team-high nine ebounds. Kristen Massey scor Schmid added 10 for the Warriors, who trailed 35 21 at halftime and 65 after three quarters.

## Stevenson matmen fifth at lonia

Livonia Stevenson's wrestling team kept busy finishing fifth Saturday in the 15 th annual Mike Adamson Invita Carson City Crys-
tal edged Lansing Eas tal edged Lansing East-
ern for the team title ern for the team title,
285-283, while Jack-
son Lumen Christi (238), Hudsonville Unity Chrisson (212) rounded outof the top five in the 10 team field.
Stevenson's Jake Kel ley, a 171-pounder, finished 5 -0 on the day to earn a first-place med
Adding thirds and
going 4-1 for the Spartans included Marco Lytwy (112), Trevor Demers (125), Kody Roy (152) and Matt Spohr contributed a fourth at 189 going 3-2. The Spartans, $0-2$ in dual natches, return to action Saturday at Harrison

## the week ahead



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> CRUSADERS

> Senior forward Kay-
> lee McGrath (Livonia Ste venson) and sophomore guard Rachel Melcher points each, while senio guard Shantelle Herring dded 13.
> The Crusaders fell behind by as many as 10 points in the first half
before getting a jumper from Herring and a triple from senior guard Heath er Pratt at the buzzer to
trail by just five, $35-30$, at halftime.
> Coming out of the break, MU pulled with-
in three, $35-32$ after in three, 35-32, after
a pair of free throws

from McGrath, but a 9 Auburn-Montgomery ahead 46-34 with left in the game.
Madonna got to with in eight on a 0 within eight on a pair of occasions, but could not get
any closer as the Crusaders shot just 26 percent ( 10 -for-38) from the floor in the second half. For the game, MU con(31.9 percent). Auburn-Montgomery had five players score in double figures led by LaKenya Drayton and the bench) with 15 apiece Psachal Maize added 14, while Jaarmine Jackson and Katie Williamson contribut

## Kamesha Strong and and six assiststected seven MU 75, BETHEL (IND.) 49: Kaylee McGrath's 19 points and eight rebounds sparked the Madonna UniSaturday over Bethel College (11-3) in Naples, Fla. The Crusaders, who led $34-14$ at halftime, also got 16 points from Heather Melcher. Shantelle Herring dished out a teamgrabbed eight boards. Laura Johnson scored a game-high 22 points for the Pilots, who shot only 12 -of-57 from the floor (21.1 percent). Kristen 21.1 percent). Kristen Hicks chipped in with 16 .

## SPORTS ROUNDUP

tion, private lesson, teams and competition opportuniFor more information, call (734) 466-2412.

## CHS Hall of Fame

 The 11th annual Livonia Churchill Athletic PatronHall of Fame induction will be at 6 p.m. Thursday, March 21 at the Italian-American Hall, 392000 Five Mile Road, Livonia.
Among the inductees are the 2007 Class A state
champion girls volleyball team, former Churchill champion girls volleyball team, former Churchill Don and Jane DeRoo. Tickets are $\$ 35$ per person (if purchased by March 1 )
or $\$ 40$ (after March 1). or $\$ 40$ (after March 1).
The evening includes hors d'oeuvres, cash bar, dinner and program (from 7:30-9 p.m.)
For more information 5448 ; or email rjsuida@cmsenergy.com.

## Baseball coach

Livonia Clarenceville is seeking a varsity baseball coach for the 2013 season.
Interested candidates should send a resume, letter of recommendation and references via mail to: Kevin Murphy, Athletic Director, Clarenceville H.S., 2015
Middlebelt Road, Livonia, MI 48152; or via e-mail to Middlebelt Road, Livonia, MI 48152; or via e-mail to

## Girls slow-pitch

The City of Livonia Department of Parks and Recreation will offer open registration for its 2013 girls
10 -and-under slow-pitch softball program which run from May through July, by mail from Jan. 7 through Feb. 15 .
Walk-in and fax-in registration will be from Jan. 7
hrough Feb. 22, or until enrollment reaches 160 . through Feb. 22, or until enrollment reaches 160 . The
fee is $\$ 40$ per child (resident) or $\$ 50$ (non-resident). Registration forms are available at area schools or at the Livonia Community Recreation Center, 15100 Hubbard.
noon Saturday, March 23 at the LCRC. The fee is
Non-resident late registration follows beginning at 9 a.m. Monday, March 25 at the LCRC's recreation office and openings will be filled until April 29 on a first-
come, first-served basis. The fee is $\$ 60$. For more information, call (734) 466-2410 (hit option No. ${ }^{\text {2 }}$ ).
Livonia baseball The City of Livonia Department of Parks and Rec-
reation will have open registration for its 2013 coed instructional, T-ball (ages 5-6) and coach-pitch (7 8) baseball program which runs from May through July.
Livon
Livonia or Clarenceville public schools residents can register by mail from Jan. 7 through Feb. 8. Walk-in
and fax-in registration starts Jan. 7 through Feb. 8 (or until enrollment reaches 640). The cost is $\$ 40$ per child (resident) and $\$ 50$ (non-resident).
Registration forms are available at area schools or at bard.
Late resident registration will be from 9 a.m. until noon Saturday, March 23 at the LCRC. The fee is $\$ 50$ Non-resident registration begins at 9 a.m. Monday, March 25 at the LCRC's recreation office. Openings will be filled on a first-come, first-served basis until April 29. The fee is $\$ 60$ per child.
T-ball scrimmages are played Monday
while coach-pitch is Thursday evenings.
For more information, call (734) 466-2410 (hit option

## Weekly 5K runs

All runners, joggers and walkers are welcome to 9 a.m. each Saturday at Livonia's Bicentennial Park Participation is free, but you must bring your regis trant barcode to earn by registering at ww.parkrun. com or wwweparkrun.us.

## Bible study changes nights

Catholic author and apologist, Gary Michuta, will move his Bible study class er at St. Michael the Archangel School, 11441 Hubbard, Livonia<br>He'll continue study of the Gospel of p.m. the second and fourth Thursdays of the month. The next session is Jan. 10 . His Bible study class is basic enough

to suit those who have not studied the Bible before, but also offers in-depth
opportunities that will challenge and excite the Bible Study veteran. Class es are open to all, regardless of religious denomination or affiliation, without charge or registration. For more information, visit www.livo-
niastmichael.org or call (734) 261-1455, Ext. 200.

## RELIGION CALENDAR

Send items for the religion
calendar to Sharon Dargay at
sdargay@hometownlifecom.
January
oIVORCE,
GRIEF SUPPORT
Time/Date: 7 p.m. begin-
Location: Prince of Peace Lutheran Church, 28000 $\underset{\substack{\text { New Market, Farmington } \\ \text { Hills }}}{ }$ Hills
Details: Two new sup-
port groups, "Through
the Fire" an eight-week divorce recovery group, and
"Hope for TTomorrow" an eight-week grief support
class, are offered. Both of these programs have been developed and will be led by the Rev. John Straub and
his wife, Suzanne, who have more than 10 years teaching experience. Pre-registration eadline is Dec. 16 Contact: (248) $553-338$ UELING PIANOS Time/Date: Doors open Saturday, Jan. 12, 2013 Location: St. Damian, 30055
Joy Road, Westland etails: Light refreshmen 0/50 raffle and cash bar.
Tickets are $\$ 20$ and available Tickets are $\$ 20$ and available Contact: (734) 421-6130 FILM
Time/Date: 7 p.m. Jan. 16 Location: Northwest Uniarian Universalist Church, 23925 Northwestern HighDetails: The church shows he film, "The Freedom Riders." which looks at Americans who deliberately
violated Jim Crow laws in violated Jim Crow laws in
southern states in 1961 . Admission is free Contact: (248) 354-4488; GREEN FILM SERIES Time/Date: 7 p.m. Thursday,
tan. 17 an. 17 Chation: Congregational
Church of Birmingham, 1000 Cranbrook Road, Birmingham Details: PRI's John Hock-

## enberry goes inside the

 the scientionic establishment to shift the direction of the climate debate. Film is folKawed by a discussion with an authorized presenter of the Climate Reality Project, trained directly by former Vice President Al Gore. Free admission. Sponsored by thechurch's Green Ministry church's Green Ministry OPEN HOUSE Time/Date: 6:30-8 Thursday, Jan. 31 Location: St. Genevieve Catholic School, 28933 Jamison, Livonia Details: Tour the school, talk
to other parents and staft during this open house for the school, which includes classes for preschool through mus transportation for Livobus transportation for Livo-
nia residents, and flexible payment plans. Registration packets will be available at
the open house the open hous eovieve.or: wor or call (734) $425-4420$ POMEGRANATE GUILD Time/Date: 1 p.m. Sunday, Jan. 13 Location: Prentis Apart Mile east of Greenfield in Oak Park
Details: The Pomegran-
ate Guild of Southean ate Guild of Southeastern
Michigan is a group that Michigan is a group that
studies and creates Judaic needlework. It will hold a "Stitch and K Kell," with members showing off Contact: Judy Galperin at (248) $661-5337$ SPECIAL SERVICE Time/Date: $6: 30$ p.m. Sunday, Jan. 6 Location: Hope Lutheran
Church 39200 W Church, 39200 W. 12 Mile,
Farmington Hills Details: In the midst dealing with the death of a loved one, the loss of a
iob, economic hardships, a job, economic hardships, a
broken relationship, or a grim medical prognosis, the
holiday season can be filled hoiday season can be filled
with sadness, rather than joy
When the hustle and bustle When the hustle and bustle
of Christmas is through, of Christmas is through,
January can feel bleak. "Light in Our Darkness," will be an evening of prayer and
song. Participants may song. Participants may ac-
knowledge the hurts in their lives and pray for God's light to enter into their darkness. Contact: (248) 553-7170 WIDOWED FRIENDS Time/Date: 5 p.m. cash bar, 6 p.m. dinner Faration: G. Subu's, 20300 Farmington Road, one block
south of Eight Mile, Livonia Details: Cost is $\mathbf{\$ 1 8}$ and includes meal, beverage, dessert, tax and tip. Pay at
the door (cash only) with the exact amount. Stay for cards, games, and conversation until 9 p.m. Reservations by Jan. 11, 2013 Mass at 2:30 p.m. Sunday Jan. 20,2013 at St. Kenneth
Church, 14951 Haget Church, 14951 Haggerty, Plymouth; stay after for fel-
lowship and refreshments Contact: Carol at (313) 562 3080 for dinner; Pat at (734) 895-6246 for Mass February
LECTURE
Time/Date: 7:30 p.m. Monday, Feb. 11 Location: The Berman Center for Performing Arts,
on the campus of the Jewish Community Center of Detroit, 6600 W. Maple, West Bloomfield Details: Rabbi Shmuley thor of "The Fed-up Man of Faith ", argues against Rabbi
Harold Kushner's best-selling Harold Kushner's best-selling
"Why Bad Things Happen to Good People" and boldly guides listeners to the conclusion that challenging God
and his actions is not just a right but also a foremost obligation for human beings. Tickets are $\$ 18$ in advance
and $\$ 25$ at the door and \$25 at the door www.theberman.org

## Passages

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1-800-579-7355 • fax 313-496-4968 • oeobits@hometownlife.com Deadllnes: Frlday 4:15 p.m. for Sunday - Wednesday $9: 45$ a.m. for Thursday


## Your Invitation to Worship



## Learn to sing an oratorio this semester with local chorus

By Sharon Dargay
The Plymouth Oratorio Society will begin 7 on Handel's Juday Maccabaeus. It's an oratorio, an unusual choice for the
chorus, now in its 27 th season.
"In spite of the name of the group, we don't do oratorios very often,"
said Donald Pratt, the said Donald Pratt, the er. "Oratorios are large works. Essentially, they are unstaged operas because they do have
arias and recitatives, b arias and recitatives, but
nobody is holding a spear or has a helmet with horns on. Traditionally they tell a story, although
this one does not have as much of a story line as you'd think. They were very popular in Handel's very
day."
Year
Years ago, the Society performed a portion of
Handel's Messiah and the a part of Mendelssohn's Elijah, before turning its
attention to requiems, Mattention to requiems, Masses and other pieces.
For its 25th anniversary in 2011, the group tackled Elijah again, singing most of the work. That same year, Richard Ingram,
the Society's conductor began planning for another oratorio performance. "He decided he wanted to do it this coming
season, 2013. I said that season, 2013. I said, that
sounds really exciting, because most of us probably haven't done it.' That's one of the rea-
sons that Pratt says expe-

rienced singers should
join the Society They join the Society. They get a chance to sing musi where. "Of 45-50 pieces of music, there are only a
handful - maybe four handful - maybe four or
five - that I've ever sung before I sang them at the
Oratorio Society And Oratorio Society. And
that's what is so special about the Oratorio Society - performing major works by master compos
orchestra that you probably would have no other perform "I think people are excited for the season to tart, to do another orato rio ...the audience hopeully will be interested hot ever have heard," he said.
Observer \& Eccentric mamerownitio.00m MED MA

Fun and exciting contests and events week after week.
Look for contests in your local newspaper, Special Section Inserts and online... GREAT PRIZES * GREAT FUN


## Gearing up

Gearing up The group will practice for its spring concert at 7:30 p.m., every Monday, beginning Jan. 7, at First United Methodist Church,
45201 N. Territorial, west of Sheldon, in Plymouth. The concert is 4 p.m. Sunday, May 5 , in the same ocation. Pratt said newcomers should arrive sion on Monday, which will include registration. Scores cost $\$ 35$ an the
facilities an insurance facilities an insurance
fee is $\$ 20$. He expects approximately 100 singers from 20-25 communities in southeastern Michigan will sign up. Pratt said most newcomers have seen the Society in concert or have
talked with a member and know what they're getting into when they sign up. enced to do the kind of music we sing, you'll find out soon enough." bers were music majors in college, but most simply have sung with oth"r choirs and have a "reasonable amount" of
vocal experience. Some will get a chance to sing solos in Judas Maccabaeus. The Society may
hire a professional to hire a professional to
help out with the most challenging solos. The Spring concert also will feature a harp sichord in addition to
orchestra. orchestra. learning music is the most fun work you'll ever do ... sitting down and learning a piece of and all working together and getting ready for a great performance." For more information (734) 455-8353 or visit www.plymouthoratoriosociety.org.

Opportunities Other community choruses are gearing up for
their spring sessions. Here's a sampling: - Farmington Community Chorus The group will per-
form the works of Steven Sondheim and Stephen Schwartz at a spring concert called "Even Steven," 8 p.m. May 10-11 at Mercy High School.
Rehearsals are at $7: 30$ p.m. Tuesday, beginning
Jan. 8 at the Costick Cen Jan. 8, at the Costick Cen
ter, 28600 W .11 Mile, just east of Middlebelt, in Farmington Hills. AudiJan. 8, 15 and 22. Prospec
tive members can attend the rehearsal and stay fo the audition. All voice are welcome. The Chorus also of fers an accredited
session for Oakland Comsession for Oakland Community Colilege (0CC)
students in partnership students in partnership
with OCC's music depart ment. For more information about the Farmington Community Chorus and the auditions, call
Shelly Addison at (248) $250-1447$ or visit the web site at www.farmingtonchorus.com.

- Livonia Civic Chorus es from $7: 30-9: 30$ p.m, Tuesday, beginning Jan. 8, at Emmanuel Lutheran Church, 34567 Seven Mile, between Farmington Road and Newburgh, is set for 3 p.m. Sunday, May 5 at Clarenceville High School, 20155 Mid dlebelt, between Sevnia. For more information about the group, visit livoniacivicchorus.org or - Beckridge Chorale Private auditions are held for this chorus, which performs at the ry Hill in Canton at che ry Hill in Canton and Auditions are by appointment only. The Chorale rehearses from 7:30-9:30 p.m. Tuesdays, at Plymodist Church, in Plymouth. It also offers a nonaudition group, the Cherry Hill Singers, whic
rehearses $7: 30-9: 30$ rehearses 7:30-9:30 ry Hill United Methodist Church, 321 Ridge Road, Canton. Applications for
both the Beckridge Co both the Beckridge Cho-
rale and Cherry Hill Singrale and Cherry Hill Sing
ers are available at beckridgechorale.org; (888) 459-4887.

GET OUT!

[^0]GET OUT! Film PENN theatre Time/Date: 7 p.m. Friday,
Jan. 4 and 10, and 4:45 p.m. and 7 p.m. . Saturday
Sunday, Jan. $5-6$. Location: 760 Penniman Ave., Plymouth Details: "Wreck It
Ralph." $\$ 3$ Ralph," $\$ 3$
Coming up: "Cloud Coming up: "Cloud Atlas," 11 p.td $3: 45$ p.m. and 7 . p.m. Saturday-Sunday, p.m. Saturday Contact: (734) 453-0.0870; www.pentheatre.com Time/Date: 8 p.m. Jan. p.m. Jan. 5 p.m. and 8 Location: 17350 Lahser, Details: "Strangers on a Coming up: "Gentlemen Jan. 18, and 2 p.m. and 8 p.m. Jan. 19; prizes will be awarded to all Marily Contact: (313) 537-2560 www.redfordtheatre.com UNITY OF LIVONIA CHURCH

| Time/Date: 7 p.m. Tues- |
| :--- |
| day Jan. | Location: 28660 Five Details: The film, " Details: The film, "1

AM," asks the questions, What's wrong with the world?" and "What can we do to fix it?" Success
ful Hollywood director Tom Shadyac wrote, directed and narrated the film after a bicycle accident changed his hife. His to purpose took him from living in a 17,000 square foot mansion to happily
living in a trailer. Shadyac interviews scientists, psychologists, authors, philosophers, and others, including Desmond
Tutu, Howard Zinn, Lynne McTaggert, Thom Hartman and Noam Chomsky. Sponsored by Citizens for Contact: (734) 425-0079 peace11.blogspot.com

Fishing show


Bobbing for trout is a popular contest at the annual Ultimate Fishing Show in Novi.
The show runs Jan. 10-13.

## Music

## baSEline folk

SOCIETY
Time/Date: Sign up for
open mic, $6: 15-6: 45$ p.m. open mic, 6:15-6:45 p.m. performances, 7 p.m.i. month or the Arts, Plymouth Community Arts Council, 74 N. Sheldon, Plymouth Details: The next per-
formance on Jan. 19 , will eature John Natiw. Tricia loyd will serve as host. admission is $\$ 5$. Individual and family annual memb
ships also are available Contact: Scott Ludwig at BFSpresident@aol.com o all ERMAN CENTER FOR Time/Date: 7:30 p.m. Thme/Date: 7:30 p.m. Location: 6600 W . Maple West Bloomfield Details: The Chamber Center performs tickets $\$ 46$ for adults and $\$ 36$ for ewish Community Center Contact: (248) 661-1900; Contact: (248) 661-1 CHAMBER MUSIC SOCIETY OF DETROIT Time/Date: 8 p.m. Saturday, Jan. 12

At Music Hall


A scene from "Guess How Much I Love You," set for Jan. 13, at Music Hall in Detroit

## Location: Seligman

 Performing Arts Center of Detroit Country Day School, 22305 W. 13 Mile, at Lahser, Beverly Hills Details: Antholy Mar-wood plays violin and Aleksandar Madzar is on piano for this program tha will include works by De-
bussy, Schubert, Beethove and Gordon Kery. Tickets range from $\$ 15$ - $\$ 60$ Contact: (248) 855-6070 or Detroit.org FARMINGTON PLAYERS BARN Time/Date: 7:30 p.m. Saturday, Jan. 12

Location: 32332 W. 12 Location: 32332 W. 12
Mile, Farmington Hills Details: Peter Oprisko presents "Fabulous Frank," a tribute to Frank Sinatra.
The show will feature timeThe show will feature time-
less classics such as "Fly Me less classics such as "Fly Me
to the Moon," "New York, New York," and "Strangers in the Night." Tickets are $\$ 19$ for adults and $\$ 17$
for students and seniors. for students and seniors.
They're available at https:// recreg.fhgov.com, by call: ing (248) 473-1848 or at the
Costick Center at 28600 w. Costick Center at 28600 W .
11 Mile. Some tickets may be available at the door Contact: (248) 473-1848 JAZZ CAFE Time/Date: 8 p.m. and 10
p.m. Saturday, Jan. 26 Location: At Music Hall, Details: Latin Jazz All tars performs Afro Cuban, Salsa, Brazilian, and Latin
azz. Performers include Jazz. Performers include
Arturo O'Farill, pianist; Chembo Corniel, percus-
sionist; Nestor Torres sionist; Nestor Torres, on
flute; and Steve Berrios lute; and Steve Berrios
on drums. Tickets are $\$ 30$ in advance and $\$ 40$ at the
in
door
Contact: (313) 887-8501; www.musichall.org AZZ AT THE ELKS Time/Date: 7-10 p.m. last
Tuesday of the month Tuesday of the month Location: Plymouth Elks Lodge \#1780, 41700 Ann Arbor Road, Plymouth Details: There is a $\$ 10$
donation at the door which donation at the doorws.
includes hors d'oeuvres.
Proceeds from Jazz Elks Proceeds from Jazz Elks. goes toward special needs
and disadvantaged children and veterans Contact: (734) 4531780 or e-mail to plym-
outhelks1780@yahoo.com TRINITY HOUSE THEATRE ime/Date: Most shows start at 8 p.m., doors ope
at 7:30 p.m. Location: 38840 W. Six Mile, Livonia Details: Harper and the Midwest Kind Acoustic and the Bushwackers with the Campfire Compadres, Jan. 11; Empty Chair
Night with Annie and Rod Capps, Joel Palmer and
Cith An and Capps, Joel Paimer and
The Potter's Field, Jan. 13 Songwriters Anonymous
Showase, an Showcase, Jan. 18; David
Nefesh and Jef Reynolds Nefesh and Jef Reynolds
with Anthony Retka, Jan. 19; Lindsay Lou and the
Flatbellys, Jan 25: Billy latbellys Jan. 25; Billy sclaughlin, Jan. 26. Most $\$ 12$ for subscribers. Only ash and checks are ac-
conted ${ }^{\text {coct: (734) 464-6302 }}$ NOODWARD (734-6302 NOODWARD CORRI ORR MUSICIANS ime/Date: 3 p.m. Sunday,
an. 13
Location: Congregational Church of Birmingham, 1000 Cranbrook Road, Details: Chamber music Details: Chamber music
concert features "Site for concert features "Site for
by Claude Bolling and "Trio in E-flat major, Opus 27," by Frantisek Skroup. Admission is $\$ 10$ for adults. Students in K -12th grade
are admitted free Contact: WoodwardCM. org; (248) 546-5818 or LFDean@aol.com
Theater berman center Time/Date: 7 p.m. Feb. 6-7;
8 p.m. Feb. 9; 4 p.m. and 7 p.m. Feb. 9; 4 p.m. and Location: 6600 West Maple, on the campus of the Jew ish Community Center of
Metropolitan Detroit, in West Bloomfield Details: Sky's the Limit Productions stages Disney's
"The Little Mermaid, Ir " $\$ 16$ Little Mermaid, Jr.,
Contact: (248) 661-1900 FOREVER AFTER PRODUCTIONS Time/Date: 7 p.m. Feb. 1-2
and 8-9; 2 p.m. Feb. 2-3 and and 8-9; 2 p.m. Feb. 2-3 an 10 and $2 \mathrm{p} . \mathrm{a}$ a.m. $2 .-\mathrm{b}$. at Cherry Hill, 50400 Cherr Hill Road, Canton Details: "Les Miserables" follows the life of Jon Valjean in 19 th-century
France as he turns from ex-prisoner to philanthropist all the while being
relentlessly hunted by the relentlessly hunted by the
ruthless lawman, ruthless lawman, Javert,
atter he breaks parole. This author-approved abridged version runs just over
two hours. Forever After two hours. Forever After
Productions is a community theater company for children and young adults ages 6-21. Tickets are $\$ 15$.
Purchase at www.foreverafternow.com, or call ( 734 ) 547-5156. They're also sold at the box office one hour
before show time before show time

## MUSIC HAL

Time/Date :4 p.m. Sunday, Jan. 13
Location: 350 Madison, Location: 350 Madison Details: The Mermaid
Theatre of Nova Scotia presents "Guess How Much I Love You" and "I Love My Little Storybook." Tickets
are $\$ 7$ for kids and $\$ 17$ for are $\$ 7$ for kids and $\$ 17$ for pack of four tickets Contact: www.ticketmaster.com; (313) 887-850


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Daily Lunch Specials
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| BARAOKE: |  |

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f you're looking for delicious ways
to bring more nutrition to the family table, it's hard to beat broccoli. Broccoli is on most top 10 lists of superfoods,
and packs a lot of nutrients in each bite. The best way to get the health benefits from broccoli is to eat it raw or lightly teamed. Rachel Brandeis, a registered dietician, also says that because broccoof dishes" it offers a great way for busy families to eat healthy on a daily basis. Broccoli provides more phytonutrient glucoraphanin than other cruciferstrengthens antioxidant enzyme levels to help maintain the antioxidant activity of vitamins A, C and E in your body. "These vitamins protect your body and environmental stresses," Brandeis says. Here's how cruciferous vegetables stack up in terms of their percentage of - Cauliflower 1 percent

- Kale 1 percent
- Brussels Sprouts 13 percent
- Cabbage 24 percent

Beneforte Broccoli, available in Mich igan at Sam's Club stores, is a packaged brand of broccoli that contains 270 percent of glucoraphanin per serving. Find com.
erves: 4

$1 / 2$ head Napa cabbage, shredded
$11 /$ cups of broccolif forets
1 red bell pepper, chopped
Sea sat and fresh ground pepper to taste
Sprouts lor garnish medium high heat. Cook shallots until translucent, about 2 minutes, add garlic. Cook for minute Add mushrooms and cook until liq uid dissolves, about 5 minutes. Add cabbage, broccoli, snow peas and bell pepper; cook for 3 minutes

Broccoli with Fusilli and Red Pepper

## Serves: 6 to

$1 / 1 /$ cups broccalif forets
3 teappoons sall divided
$31 /$ teaspoons sound tusilit pasta dide
4 tablespoons extra virgin olive oil
1 red bell pepper, seeded and sliced into long thin strips $1 / 2$ teaspoon garic powd
1 lemon zest $1 / s$ teaspoon red pepper fakes $1 / 2$ teaspoon freshly ground black pepper $21 / 2$ tablespoons freshly squeezed lemon juice Freshly grated Parmesan (optional)
Cook broccoli for 3 min large pot of boiling water with a spoon salt. Remove from water with slotted spoon. Place in large bowl and set aside.


In same water, cook pasta accordin to package directions, about 10 min -
utes. Drain well and add to broccoli. While pasta is cooking to broccoli. saute pan, heat oil and cook sliced re pepper, garlic and lemon zest over medium-low heat for 3 minutes. Off heat, add 2 teaspoons salt, red juice. Mix and pour this over broccoli and pasta. Toss well.
Season to taste, sprinkle with cheese (if using), and serve.
For added protein, shred $1 / 2$ of a cooked store-bought roasted chicken, then toss with pasta and serve.

Roasted Broccoli
Serves: 4 4 R 3 garicics cloves, peeeeled and thinly sliced 2 tablespoons olive oil
1 tablespoon lemon juice
1 teaspoon lemon zest
3 tablespoons grated Parmes
3 tablespoons grated Parmesan
1 teaspoon chopped basil (optional)
Preheat oven to $425^{\circ} \mathrm{F}$.
In large bowl, toss broccoli with garPlace broccoli in a single layer on baking sheet. Roast for 15 to 20 minutes, turning once during cooking, until crisp-tender

Broccoli with Fusilli
and Red Pepper


Remove broccoli immediately to serving bowl and toss with lemon juice basil. Adjust seasoning to taste and serve hot.

Broccoli and Fresh Tomato Pizza Yield. 1 pizza (serves 6 to 8 )

1 whole wheat 12-nch ready-to-bake pizza crust 4 tablespoons olive oil $2 / 3$ cup shredded mozzarella-
or $1 /$ sup shredded mozzarella
and $1 / 3$ cup shredded provolone
$1 / 4$ cup shredded sharp cheddar cheese 1 cup of broccolif floets (raw and quartere
2 Roma tomatoes
hopped coarse 2 Roma tomatoes, chopped coarse
Preheat oven to $450^{\circ}$ F. Place pizza crust on cookie sheet.
Pour olive oil into small pan; heat and add garlic. Stir for 3 minutes. Remove from heat and transfer to oil mixture over crust, distributing evenly.
Sprinkle mozzarella-provolone blend er top of mozzarella Place broccoli on top of cheese; dis ibute evenly. Place tomatoes on top of pizza; distribute evenly. oven; let sit for 2 minutes before from ing and serving.


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CROSSWORD PUZZLER


SUDOKU

|  |  | 5 | 6 | 1 | 7 |  | 9 |  |
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|  |  | 4 | 1 | 8 | 9 |  |  |  |
|  |  |  |  |  |  | 8 |  | 9 |

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pencil and put your sudoku
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row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in puze

## MEW YEAR'S WORD SEARCH

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# Resolve to make a statement in the fight to end breast cancer 

f you are looking for a goal for 2013 that will make a difference in your life and the lives of others, consider being a part of the Susan G. Komen 3Day ${ }^{\mathrm{TM}}$ experience in metro Detroit Aug. 16-18.
August might seem like a long way off in January, but it takes
 time to train (walking 60 miles needs some preparation) and it takes time to fund-raise. Each participant is required to raise at least $\$ 2,300$ to participate. However, as the 3-Day event webSusan Rosiek site notes: "No other breast cancer event in the country asks you to walk as far or raise as much money as the 3-Day. It is simply the boldest thing you can do in the fight to end breast cancer."
The money raised helps fund research, community education and outreach programs in our communities.
Since the walk winds through many Observer \& Eccentric Media towns Farmington Hills, Plymouth, Northville and others - we have covered it and recorded in photos, in print and on the web the celebration, the sense of com-


Decked out in various degrees of pink for the 2012 Susan G. Komen 3-Day™ are Rose Cerroni of Livonia (left), Darcy Blakemore of Westland and Mary Mack of Northville. The woman have become friends since meeting at the 2006 Michigan 3-Day. Mack (19 years) and Cerroni (21 years) are cancer survivors. This photo was taken of the women as participants walked through downtown Plymouth.
munity and the resolve of walkers women and men making a statement in the fight against breast cancer.
January is the perfect time to consider this event. And if you have questions, concerns or are just curious us about what it takes, several information meetings are scheduled in the next few weeks in Brighton, Ann Arbor, Plymouth, Farmington Hills, Madison

Heights and Troy. Go to www.the3day. org for tips and tools and a schedule of information meetings.
Resolve in 2013 to make your own statement in the fight against breast cancer.

Susan Rosiek
publisher
srosiek@hometownlife.com

## CONTENTS <br> BARBARA Find a workout that DEYO works for you.

## SHORTER HAIR IS IN

Make a strong statement this year.



## ENGAGED WITH

 COMMUNITYArea women are making things happen in 2013.

LOSE WEIGHT
Healthy eating habits are key.

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# Exercise: Find a routine that works for you 

## By Barbara Deyo

Guest Columnist

S0 it's the new year, and I'm sure many of us have set a resolution to lose weight. I'm always trying to lose weight. I have gained and lost the same 10 pounds a dozen times. As soon as I get within a pound or two of my goal, I start to slack. And it slowly comes back on.
My problem is, I'm always trying to find the time to exercise within my son's school day - a.k.a. my work day, too - and it's tough. I
 still work out with my trainer twice a week for weightlifting and go to yoga as much as I can. But I was missing the cardio. And, of course, the dreaded four letter word - diet.
As much as we want to deny it, the total calories do count. And, yes, you need to count them. I find if I'm keeping track of what I'm actually eating, I eat less. Ignorance is bliss, but it will also give you love handles.
Everyone's body is unique and responds differently to different workouts. But the bottom line is the same - move more, eat less. I finally broke down and bought a treadmill. No excuses now. From my own experimentation, I found a great routine that works for me. Not only is it effective, it makes the time go by so much faster: sprints. I think most people give up on their weight loss journey because, frankly, they are bored. The thought of getting on the treadmill for an hour, mindlessly walking, looking at the time five minutes? really? - I'm never gonna make it
So the next time you use the treadmill at home or at the gym, try this: warm up by walking for five minutes, then start running and increase the speed half a mile an hour every minute. Run and recover. From $6-8$ miles per hour, run for 40 seconds, and stand on the sides for 20 seconds. From 8-10 miles per hour, run for 20 seconds and rest for 40 seconds. Once you get to the max speed, do the same thing, decreasing the speed half mile per hour every minute. Do a

five-minute cooldown walk and you are done - 28 minutes and your butt will be kicked. Promise.
Another one of my favorites is boxing. It's high-intensity interval training as well. Mike Martelli, a boxing trainer at Snap Fitness in Birmingham, explains: "Boxing is a combination of cardiovascular and muscle training. It builds stamina and works both upper and lower body at the same time. When I train clients, a 60 -minute session will include multiple three- to five-minute rounds of mitt work and boxing drills - with short periods of recovery - mixed with body weight supported exercises such as mountain climbers, pushups, planks, air-squats, etc., to round out the workout."
Among the many benefits, it gives you a sense of accomplishment and empowerment while relieving stress, increasing focus, agility, speed and mobility. And if you are having a bad day, you can work it all out on the mitts and leave it on the mat, along with your sweat. And eventually, yes, you will work your butt off. Literally.

Barbara Deyo, a health, weliness and beauty writer and owner of Deyo Studio for face and body, is an internationally acclaimec makeup artist, having groomed the faces of Paul McCartney, Bob Seger, Kerrie Washington, Shaun Robinson and more. She has been named Best of the Best by Allure, Hour, Real Detroit and WDIV. Deyo Studio is locater at 576 N. Old Woodward Ave., 2nd floor in Birmingham. Contact her at (248) 203-1222 or mwn.deyostudio.com



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## Pixie <br> cuts <br> make strong statement in 2013

By Jill Halpin
Contributing Writer
Make a strong fashion statement with dramatic cuts and colors that usher in new trends for the new year.
Inspired by the cuts now sported by Hollywood stars Ashley Greene of the Twilight movie series, Anne Hathaway and Ginnifer Goodwin, pixies cuts are emerging as the year's "must-have."
"Pixies haircuts are big for all ages it is going to be really hot," said Nadwa Yono, owner of Nadwa Hair Spa in West Bloomfield
Yono cautions that while pixie cuts can be tailored for almost any face shape by modifying lengths and layers, making sure that the hair is soft around the ears is essential.
"Keeping it soft around the ears and the nape of the neck is a must or it will end up looking like a boy's cut," she said.
Kristen Hajduk, a stylist with Salon Awesome in Plymouth, said that versatility of the pixie cut adds to its popularity.
"You can either go with a feminine and sophisticated pixie cut or try a funkier look - something that is messy and spiky," she said.
For mid-length hair, the reverse or inverted bob remains popular with some slight modifications, including softer layers, offering a fresh new look. Long hair remains popular, although the stick-straight look is on its way out, according to Hajduk.
Softer, more natural looking hair, which Hajduk terms a "beachy look," is
making its way back.
"Loose waves and soft layers throughout the hair are really in," she said. Yono said that another popular trend is incorporating your natural wave or curl into your look.
Watch for bright red and other shades of crimson in hair color, as trends in hair color become more intense.
"Reds are really hot right now, from brown reds to bright, bright reds. You need to be careful what shade you choose, but almost anyone can wear red The dark, brown reds tend to look good on darker skin, while the bright reds look great against pale skin," Yono said
Choosing red as a hair color is a great look for people who want to "walk on the wild side" and be a bit more daring, she added.
Hajduk said that while blonde and blonde highlights remain popular, soft colors such as caramel and honey tones are big for softer, more natural look
Soft, hombre highlights, which are lighter on the ends of the hair, also remain popular.
For brunettes, Hajduk said, tone-ontone highlights that are a shade or two darker than your natural color can provide a lot of dimension to your hair.
"It can really brighten up your look and enhance your skin tone by pulling out those colors that really complement your face. Adding more depth to a flat color can stop a color from appearing to dark," she said.
Yono said it is important to remember that regardless of your face shape, it is possible to modify a cut to best suit your needs.

## Area women seek community engagement in 2013





Youngsters from Lighthous
what their cards look like.
Girls Travel Club
Burnia and $\mathrm{O}^{\prime}$ Brien $\begin{array}{ll}\text { Burnia and } 0 \text { 'Brien started the } & \begin{array}{l}\text { pointe which enables Detroit young } \\ \text { sters to travel outside the city. } \\ \text { Tirls Travel Club within Bridge- }\end{array}\end{array}$ pointe, which enables Detroit young
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 chandise is available for purchase,
Burnia is hoping fo find more stores
this year to carry the nonprofits
wares "We "Wed like some wares. "We'd like some more stores
becase the more we sell, the more
we can donate," she said.
Jill Engel execute dit Jill Engel, executive director of
Partrenship for the Arts \& Human-
ities in C Canton, has already raised $\$ 900,000$ to promomot culcuat trala rarsts in
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goals for 2013 .
Art and culture
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-Wendy Alton, a Livonia resident and family law attorney at Pear Sperling Eggan \& Daniels, P.C.,
Ann Arbor, who was recenty Ann Arbor, who was recently named to the 2012
Michigan Super Lawyers Rising Stars list: "Divorce is a very yoly process. It's very important to me to have
 Ciliation of the marriage is always the best option.
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"Our projects are planned based on the money we have. We don't teve
spend money we don't have," she said.
The Penn, Elliott said, is " "a real gem for the community. We're real-
ly conscious of what the community onscis. Our goal is just to keep on
ding what were doing and bringing in quality movies that people want

Milford plan
In the Milford community, Ann
Barnette executive director of the Barnette, executive director of the
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is looking forward in 2013 to "provid
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""te are embarking on one of the "We are embarking on one of the
done exciting projects we have done in a few years." Barnette said.
"We are partnering with the Rotary "We are partrening, with the Rotary
Club of Milford and the Huron Valley Chamber of Commerce to build
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Barnette is also looking forward
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achieved in 2011 for the first time in 25 years.
"Our goal
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and property onsses work with prospective businesses
and property owners to make sure
that occupancy rate stays as healthy


## RESOLVE

Continued from page 10
stroke, Type 2 diabetes, sleep apnea and reflux, among others.
Despite the surplus of advertisements centered on weight loss, the multitude of health issues directly related to car rying excess pounds on your body is rarely addressed, but remains just as important.
Kathy LaRaia, vice president of weight management and Oncology Centers for Excellence at St. John Providence, said that she has seen an increase in those wanting to lose weight in an effort to pursue a healthy lifestyle.
"People do want to change and we want to help them understand that making healthy lifestyle changes regarding choice of foods and exercise and then repeating those behaviors can often lead to a new way of life," she said.

## Healthy habits

The development of healthy eating habits led not only to successful weight loss for Sheryl Fellows of Bloomfield Hills, but also to her continued ability to keep the weight off.
Fellows, director of marketing and corporate communications for Weight Watchers®, is a lifetime member of the group that she joined as a high school student more than 20 years ago.
With less than 30 pounds to lose, Fellows was really seeking a way to get healthy.
"I just felt that I wasn't at the weight that I wanted to be," she said. "I needed something to help me start to put the practice of eating right into place. As soon as I joined, I felt I had the tools to make healthy choices.
"It is the things that we do day after day - all day long - and the habits that we develop through repetition that become who we are," she added.
Research shows that willpower is a myth, Fellows said.
"You need to focus on repeating good behaviors," she said.
Replication of healthy eating habits is one of the hallmarks of Weight Watchers' newest program, called Weight Watchers $360^{\circ}$.
The new program builds on the company's popular Points Plus program, which measures protein, carbs, fat and fiber, adding three new features, including helping Weight Watchers members
develop healthy habits through repetition, Fellows said.

## Digital outreach

Expanded hours with enhanced websites, as well as a digital outreach with enhanced online tools, are also important elements of the new program and Fellows believes these changes will help even more people find success through the Weight Watchers program.
"One of the benefits of the Weight Watchers program is that they teach healthy eating strategies and promote movement, which benefits every-one- whether they have two pounds, 20 pounds or 200 pounds to lose," she said.
"As I went through the Weight Watchers program, I began to make healthy choices and I began to understand that how important my habits were. Suddenly, it just became part of my life."
She still lives the program, she said. "It caught on with me and I loved it. I never realized how eating healthy and exercising could make you feel so good," she said.
It is an undeniable truth that being at your ideal weight leads to an improved quality of life, LaRaia said.
The search for that improved quality of life is exactly what led Diane Cary, 42, of Farmington Hills to the Weight Control Center at Beaumont Health Systems.

## Personal struggle

Overweight since childhood, Cary, a secretary, endured a lifetime of strug. gles, both physically and emotionally, because of her weight.
"I was teased constantly and it was horrendous. In high school and even in college, people would make animals sounds imitating pigs and cows when I walked by. It became just a regular part of my life. It really hurt," said Cary, who at 5 -foot- 3 weighed 328 pounds.
Fighting through the torment in college, Cary said she was determined to lose the weight and began exercising by walking. Her plan was quickly cut short when she walked outside the dorms and someone opened their window and started making pig sounds.
"It was disheartening. I ended up shelving my plans to try and lose the weight. It was easier to keep trying to be invisible," she said.
Soon, though, the extra weight began taking its toll. She was battling high

Please see RESOLVE, 12


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Danielle Holmes, CFP"
Securities offered through LPL Financial, Member FINRA/SIPC

Sudoku puzzles are formatted as a $9 \times 9$ grid, broken down into nine $3 \times 3$ boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

|  |  |  |  | 8 |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| 9 |  | 4 |  |  |  | 6 |  | 8 |
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|  |  |  | 9 | 3 |  |  |  |  |
| 5 | 4 | 9 | 7 | 6 |  | 8 |  |  |
| 7 | 8 | 3 | 5 |  | 1 |  | 2 |  |
|  |  | 7 |  |  |  | 3 | 6 |  |
|  |  | 8 | 3 |  |  | 5 | 1 | 7 |
|  | 5 |  | 6 | 7 |  |  |  | 4 |


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|  | 3 | 8 |  |  |  |  |  | 7 |
| 9 |  | 6 |  |  | 5 |  |  |  |
|  |  | 4 |  |  |  |  |  | 1 |
|  | 9 |  | 1 | 7 |  | 8 |  | 3 |
| 8 | 2 |  |  | 4 |  |  | 7 | 9 |


|  |  |  |  | 1 |  | 4 |  |  |
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|  |  |  |  | 7 | 6 |  | 2 | 9 |
|  |  |  | 5 | 9 |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
|  | 2 |  |  | 8 |  |  | 4 | 3 |
| 7 |  |  |  | 3 | 5 |  | 9 |  |

Level: Advanced
Answers found on page 14
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## RESOLVE

Continued from page 11
blood pressure, high cholesterol and serious depression when her doctor stepped in and provided the impetus for a drastic lifestyle change.
"She simply just said, 'Diane, we need to start to work on this,"" Cary said.
"Some people say that they have an "a ha' moment - like they are motivated to lose weight by a sudden realization. It was not that way for me.
"The time was right for me. I was just sick and tired of being sick and tired," she added.
After consulting with physicians at Beaumont, she opted to undergo gastric bypass surgery in 2010. Following the surgery, Cary lost 170 pounds, taking her body mass index - an indicator used to measure body fat - from 54 percent down to 28 percent.
The surgery, combined with the ensuing lifestyle changes, has transformed Cary's life.

## Life-changing

"It is just amazing - it has absolutely changed my life and opened up so many new opportunities. I am finally enjoying life, and I don't think I ever did before. Once I lost the weight and started exercising, I felt so much better," said Cary, a runner who now has four 5 Ks and a 10 K race under her belt.
Cary believes that while developing better habits has been crucial to her success in maintaining her weight loss, it was her decision to have bariatric surgery that made the biggest difference.
Bariatric surgery is a minimally invasive procedure that can involve reducing the size of the stomach or placing a band around it, allowing patients to feel fuller faster and reduce their caloric intake, Zeni said, adding that specific criteria have been developed to establish who is eligible for each type of surgery.
Consultations with a comprehensive medical team are necessary to determine an appropriate course of action for each patient.

## Bariatric surgery

Zeni said that while bariatric surgery is not for everyone, it is a viable option for those who struggle with morbid obesity
"If you are overweight by 100 or more

pounds, surgery is sometimes the only method of losing weight. At this point, most people have tried to lose weight by cutting calories and find that it is not feasible or sustainable," he said.
One of the crucial first steps toward developing positive habits is eating mindfully. Mindful eating includes paying attention to the sensation of the food from the moment of choosing a bite of something to its arrival in the mouth, to chewing and swallowing it, Juliao said.
According to David Saterstad, marketing director of Medical Weight Loss Clinics, headquartered in Southfield, "It's all about making healthy choices. Being overweight is tough. Losing weight is also tough. Which one are you going to choose?"
Planning for lifestyle changes and behavior modification under the guidance of medical professionals like those at MWLC can be beneficial, Saterstad said.
MWLC patients meet with professional staff to develop a customized weight loss plan based on their weight loss needs, he said. Regular one-on-one consultations bolster accountability and ensure success in developing healthy
eating habits.
"In order to be successful at weight loss, you need to change your unhealthy eating habits. This is why our programs utilize foods you buy at your local grocery store. It's much easier to stick to a healthy lifestyle if one of the behavior modifications is simply to change what foods you shop for," he said.

## Support group

The MWLC program supports lifestyle changes and helps in the development of healthy attitudes and skills regarding weight loss and weight management.
"A positive attitude is the foundation for your success in weight loss and elsewhere. Developing and maintaining a healthy positive attitude is an important skill and essential to developing healthy habits," Saterstad said.
Cary, now training for her first halfmarathon, is eager to offer words of encouragement for others seeking to lose weight.
"It is a hard road to go at first, but it is so, so worth it. Every time I look in the mirror, it is like I am looking at a whole new me - and I love it," she said.

# Exercise keeps mind, body fit 



By Jill Halpin
Contributing Writer
Getting on the path to an active lifestyle is one of biggest steps you can take toward health and you might be surprised to discover it is not as hard as you think.
A major source of motivation is the recognition of the benefits that exercise can bring both physically and mentally.
"The time is 'now,' the goal is 'you' and the benefit is 'life,"' said Ryan Spiteri, head personal trainer of SNAP Fitness in Birmingham.
"The bottom line is that you are the CEO of your body - you are in control. You are given one body to live in and you need to take care of it," said Spiteri, also CEO and founder of Garage Muscle LLC in Detroit.
Whether you are interested in recharging yourself, looking to add something new to your workouts or just starting to get active, now is a great time to go for fitness.
"There are so many things out there to make it fun," Spiteri said. "There is really no wrong way to be active, even if you turn on the stereo and just dance." Finding an activity that you enjoy is a huge key, he said
"There is something out there for everyone," he said.
Fortunately, there has never been a better time to start a program and checking with local gyms and fitness centers may even reveal the unexpected - and a whole lot of fun.
In Milford, Carls Family YMCA offers drop-in pickleball, a racquet sport played with a wiffle ball that resembles a combined version of badminton and tennis.
The Wayne Westland Parks and Recreation Department offers Zumba exercise and dance classes, as well as instruction in belly dancing, designed to strengthen and tone core muscles. Other fun, new trends in fitness

Please see EXERCISE, 14


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## EXERCISE

Continued from page 13

include:

- Body Hooping with large, weighted hoops spun around your body for a great, low-impact full-body workout. For more information about hooping, check with your local gyms or visit these websites: www.hoopgirl.com or www.hoopnotica.com.
- Pilates is a body conditioning routine involving small, targeted movements that can help build flexibility, muscle strength and endurance. Check with your local gym or fitness center to find classes.
- Spinning, or indoor cycling, is a lowimpact exercise that can deliver highimpact results and can also include resistance training.
- Boot camps are also gaining in popularity. These action-packed workouts are designed to build strength through regular, intense workouts. The workouts can include running, sprinting, jumping and crawling, as well as carrying, pushing and pulling heavy weights.
"New doesn't always mean better," said Marty Lillystone, an exercise physiologist at Beaumont Health System's Weight Control Center.
The best fitness program is the one that works best for you, he said, adding that being active is about much more than just losing weight. It is about feeling good, too.
"Increased physical activity is so important in stress reduction and an overall feeling of wellness," Lillystone said.
That is exactly what Plymouth resident Tamara Christie has found. After
losing 14 pounds to get to her goal weight through the Weights Watchers ${ }^{\circledR}$ program seven years ago, Christie said that exercise has now become a regular part of her life.
"If you would have asked me 10 years ago if I could do the types of things that I am doing now, I would have never believed it," said Christie, 44.
Christie said that as a child and young adult she led an "extremely sedentary" lifestyle. Now, as an adult, Christie said exercise has been a regular part of her life for the past seven years and she has never felt better.


## Increased energy

"From a health perspective, I find that exercising gives me more energy and even helps with my posture. I have not had a bad cold or flu in a few years. I think there is something to the notion that regular, intense (but not exhausting) exercise can help boost our immune systems," she said. "Exercising makes me feel energized, but it also very powerful because I feel like I am taking control of my health. And that feels good."
She changes her fitness activities regularly to target all areas of her body, as well as prevent boredom from setting it. Her regular exercise routines include using Russian kettle bells and employing an oversized foam roller for toning and strength training,
She has also participated in yoga classes at the Plymouth Yoga room and drops in on local Zumba classes.
Christie said that although she occasionally struggles to find the time to exercise, fitting it in - even for just 15 minutes - it is always a priority.
"I believe in the power of exercise," she said.

# Sudoku Answers 

Beginner

| 2 | 7 | 5 | 1 | 8 | 6 | 4 | 9 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| 3 |  |  |  |  |  |  |  |
| 9 | 1 | 4 | 2 | 5 | 3 | 6 | 7 |
| 8 | 3 | 6 | 4 | 9 | 7 | 1 | 5 |
| 1 | 6 | 2 | 9 | 3 | 8 | 7 | 4 |
| 5 | 4 | 9 | 7 | 6 | 2 | 8 | 3 |
| 7 | 8 | 3 | 5 | 4 | 1 | 9 | 2 |
| 4 | 2 | 7 | 8 | 1 | 5 | 3 | 6 |
| 6 | 9 | 8 | 3 | 2 | 4 | 5 | 1 |
| 3 | 5 | 1 | 6 | 7 | 9 | 2 | 8 |

Intermediate

| 4 | 5 | 9 | 2 | 1 | 6 | 7 | 3 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
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| 2 | 8 | 7 | 5 | 3 | 4 | 1 | 9 |
| 7 | 4 | 2 | 3 | 6 | 1 | 9 | 8 |
| 5 | 3 | 8 | 4 | 2 | 9 | 6 | 1 |
| 9 | 1 | 6 | 7 | 8 | 5 | 3 | 2 |
| 3 | 7 | 4 | 9 | 5 | 8 | 2 | 6 |
| 6 | 9 | 5 | 1 | 7 | 2 | 8 | 4 |
| 8 | 2 | 1 | 6 | 4 | 3 | 5 | 7 |

Advanced

| 3 | 9 | 2 | 6 | 1 | 7 | 4 | 8 | 5 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
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| 6 | 4 | 1 | 8 | 5 | 9 | 3 | 7 | 2 |
| 1 | 6 | 9 | 2 | 4 | 8 | 5 | 3 | 7 |
| 4 | 5 | 3 | 1 | 7 | 6 | 8 | 2 | 9 |
| 2 | 8 | 7 | 5 | 9 | 3 | 1 | 6 | 4 |
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| 9 | 2 | 5 | 7 | 8 | 1 | 6 | 4 | 3 |
| 7 | 1 | 6 | 4 | 3 | 5 | 2 | 9 | 8 |

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had laser hair removal on my lip \& chin ove three years ago with Beth. It changed my life. I had such severe f d hair I shaved my face every morning (like clock shadow hairy.) After waxing me one day Beti sently asked me "Why don't you have the laser haur removal done?

I told her that I had tried that. I went to Henry Ford Fairlane paic. $\quad v 0$ for my chin area and had 8 treatments. If arcastically said "Clearly it doesn't work." She promised I. "'at after one treatment l'd see a difference dlly wanted to believe that it couid work. I had my first treatment and noticed a difference. After 3 treatments my friends and co-workers noticed it too. By the time I was done I finally felt like a girl. My self esteem was restored. It's been three years and I have thanked Beth, Renee, \& Fatima every time I see them for taking such wondertul care of me. I referred every woman I know to see them. Laser hair removal is the way to go! I'm having my underarms done now. For less than the price of a Coach purse, I'm NEVER going to have to shave my underarms again. I'm nvesting in ME!
ve lived in Canton, Northville and now Dearborn don't care how far I am from them New Face New Body is my Laser Hair Removal Spot. The Brazilian wax is awesome too. I think l'll laser that next Actual Testimonial trom Kimmy K. Dearborn Heights, MI Facelift Without Surgery! Ultra Photo Laser


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| Brazilian | \$1,800 | \$900 |
| Full Legs | \$3,000 | \$1,500 |
| Lower Legs | \$1,000 | \$500 |
| Arms | \$1,200 | \$600 |
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| Chest/nipples | \$600 | \$300 |
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[^1]
[^0]:    Arts Crafts detroit institure
    OF ARTS
    Time/Dates: 10 a.m. to 4 p.m. WednesdayThursday, 10 a.m. to 10
    5 p.m. Saturday-Sunday Location: 5200 Woodward, Detroit Family Sundays: 2 p.m. Sunday;; storytelling, artomances, rree with admissic museum's drawings and prints by thell of the artists, through Jan. 6, 2013; Faberge: The artist, hrough Jan. 6, , 2013 ; Faberge: The
    Rise and Fall, The Collection of the Virginia Museum of Fine Arts, through Jan. 21, 2013; Hidden Treasures: An Experiment, through Contact: (313) 833-7900, www.dia.org NORTHVILLE ART HOUSE
    Time/Date: $1-5$ p.m. Wednesday-Saturday. Jan. 9-26; artist talk and reception runs 6-9 p.m. Friday, Jan. 11
    ocation: 215 W. Cady, Northville
    Details: "Patricia Candor: Hiding in Plain light, presents the personal and creative evo-
    lution of an artist from 1978 through the present. Candor is a long-time adjunct professors at
    the College for Creative Studies in the College for Creative Studies in Detroit and Contact: (248) 344.0497 PLYMOUTH COMMUNTTY ARTS COUNCIL
    Time/Date: 9 a.m. to 4 p.m. Monday-Thursday and during public events, through Jan. 3
    
    "1986" and other pieces by Patricia Candor will be on ex
    Northville Art House

    Location: Plymouth Community Arts CounDetails: Realee Edgar's realistic paintings feature classic and vintage autos. Opening reception is 6 -9 p.m. Saturday, Jan. 5 .
    Refreshments will be served Contact: (734) 416-4278

[^1]:    16 • Woman • January 2013

