

Nordic racers slide, glide to glory

By Rich Swenson
staff writer

Who were those crazy people decked out in black and silver uniforms striding through Hines Park last fall on what appeared to be skis on wheels?

They were members of the Maybury Nordic ski racing team and they weren't doing anything strange at all — just good, hard training for the upcoming ski season.

Recognized as the best cross country ski racing team in the metropolitan Detroit area, Maybury team members work out year round to keep the competitive edge that has earned them their fine reputation.

One of their secrets is a unique conditioning program using skis with rollers attached (Roller Skis) that allow the skiers to stay in shape throughout the year — with or without snow.

And the technique has turned the heads of more than one curious onlooker.

"A LOT OF people have asked us who we are and what we are doing," team member John Gravin said. "We just tell them that we are the best cross country ski racing team around."

The season has arrived, and the training has paid off.

The 15-member team, coached by Tom Barry, includes three women skiers. Now in its second full season of racing, Maybury competes in the Michigan Cup Series, a group of nine races ranging from 10 kilometers (6.2 miles) to 50 kilometers (31 miles) in distance. Its home course is Maybury State Park in Northville.

After the first four races, the team has performed well and stands a good chance of winning the overall team championship.

people in sports

"We've done very well so far," Gravin said. "We've had someone in the top three in every race."

Greg Taylor of Garden City won the first race Dec. 17 and has added two fourth place finishes, including one in last weekend's Grand Traverse race.

GRAVLIN HAS a fifth and two ninth place finishes to his credit.

The women's team, made up of Cindy Hayes, Marianne Barry and Nancy Simpson, has only raced once so far this season, but their effort was impressive. Hayes placed third, Barry crossed the line sixth and Simpson finished a respectable ninth.

"I think we have three of the top

women racers around," Gravin said.

The Michigan Cup is modeled after the World Cup (downhill skiing) series and uses a similar scoring system. Points are given to the top 20 finishers and are accumulated at season's end to determine both individual and team champions.

Most of the races are held on northern Michigan courses near Traverse City, Boyne Mountain and Battle Creek, but the long distances don't seem to bother the racers.

"There's a lot of traveling involved," Gravin said. "But it's well worth it. Racing is sheer enjoyment and excitement."

GRAVLIN, a Plymouth resident who was recently named varsity baseball coach at Plymouth Salem, became interested in cross country skiing three years ago after looking for a winter sport to keep in shape.

"It's the best form of exercise there is," he said. "It's very strenuous. Skiing 55 kilometers is like running a marathon."

Likening Nordic skiing to cross country or marathon running, Gravin said skiers must move up, over and down hills and through woods.

"Endurance is vitally important in both," he said. "But there are distinct differences. Cross country skiing requires more upper body strength. You use your upper body 40 to 60 percent of the time."

"There is also much less pounding in cross country skiing," he added. "It's much less demanding on the body than

running, and there are far less injuries."

Typical Nordic skis are about 200 centimeters in length and less than two inches in width, and you'd be surprised how fast a well conditioned racer can ski.

"PEOPLE ON this team are good, fast skiers," Gravin said. "A good racer can ski a little faster than he can run."

After the team completes the Michigan Cup series, it plans to compete Feb. 11 in the North American VASA in Traverse City, the "World Series" of Nordic skiing.

More than 1,500 skiers participated in the 30- and 60-kilometer races held last year, and even more are expected to enter this season.

Lady Ocelots hammer Ford

By C.J. Rieak
staff writer

Good at the beginning, good in the middle, good at the end — what more can a basketball coach ask for?

Just a win, and Schoolcraft College women's basketball coach Ed Kavanaugh got all of that Friday as the Ocelots first dismantled then destroyed Henry Ford Community College, 71-55, at Schoolcraft.

The score was not a good indicator of how one-sided this game really was. Schoolcraft roared to a 10-0 lead at the outset, outpointed Henry Ford 8-2 to start the second half and finished with a 20-10 spree to make the contest a runaway.

"IT WAS A VERY big win," said Kavanaugh, whose team is the only one to complete the first half of the Eastern Conference season undefeated. "I thought we played a good 30 (out of 40) minutes."

"We had a couple of letdowns, but that'll happen when you get out to a big lead."

There were few times during the evening when Schoolcraft didn't enjoy a large advantage. Cathi Hengy, the sharpshooting guard from Redford Union, scored six of the Ocelots' first 10 points, her third basket coming with 15:04 to play in the opening half.

Only once did the Hawks crack that 10-point bulge during the rest of the game: on a Cathy Baringhaus (from Livonia Franklin) bucket with 4:30 to go in the first half. That made it 28-19. Schoolcraft then went on a 7-2 tear over the next 2 1/2 minutes, and by half led comfortably, 37-25.

HENGY AND ANN LUKENS, a Livonia Ladywood grad, each bagged a dozen points in the first half for the Ocelots. Hengy finished with 18 on nine-of-16 shooting from the floor.

Lukens ended with 16 points and added 10 rebounds and six assists from her guard position.

Pam Hawkins hit a short jumper to get Henry Ford to within 10, 51-41, with 8:05 to play in the game but Schoolcraft again answered the challenge strongly, rattling off 10 straight

points, four by Walled Lake Central grad Caryn Lamb.

Lamb finished with eight points and 12 rebounds. Missy Aiken, from Plymouth Canton, turned in a strong game off the bench, pouring in 16 points and hauling down 10 rebounds. Karen Swereski added 10 points and nine rebounds.

THE OCELOTS enjoyed a huge advantage on the boards, outrebounding Henry Ford 56-38.

Pam Hawkins' 14 points was best for Henry Ford. Julie Wilga, from Livonia Franklin, contributed 13 and Ann Plaza had 12.

The win was Schoolcraft's seventh straight. The Ocelots are 5-0 in conference play, two games ahead of Oakland CC, Mott and Henry Ford, and 11-5 overall.

"This is the first time ever a Schoolcraft girls' team has been on top (at this stage of the season)," Kavanaugh said. "What we have to do now is maintain our intensity the rest of the league season."

"We played four good teams early in the season and, even though we lost all four, that type of competition is paying off now."

WEDNESDAY, THE OCELOTS escaped with a 64-62 at Mott when Aiken canned a pair of free throws with nine seconds to play. That put Schoolcraft up by four and made Mott's final basket at the buzzer meaningless.

It was a tight struggle throughout, with the Ocelots never ahead by more than six. Mott led at the half, 28-27.

Aiken finished with 13 points. Swereski was high scorer with 16. Lukens had 11 and Hengy nine, as Mott went into a zone and overplayed the guards.

"That opened up things in the middle," Kavanaugh said, and Aiken and Swereski took advantage.

Schoolcraft opened the week with a 79-40 rout of Madonna Tuesday, with Hengy and Lukens getting 20 points apiece, Jenny Nowicki 12 and Lamb 11. Jeanne Cummings had 19 for Madonna and Lisa Borchanian had 10. Cathi Hengy

Canton falls to Falcons

Everyone kept saying, "Watch out for Farmington, they've got some tough wrestlers. They can hurt you."

Yet, the Falcons weren't winning many meets. Going into Thursday's meet against league-leading Canton, the Falcons were just 2-5 on the season.

They finally got credence to all the warnings. The Falcons jolted previously undefeated Canton, 37-36, in front of a charged-up Parents' Night crowd at Farmington High. Canton is ranked No. 3 in Observerland.

"We really flexed our muscle," said Falcon coach Barry Walsh after the win. "I don't know if it was the added emotion from the Parents' Night or what, but we started hot and carried it right through."

THE FALCONS' victory is even more startling considering they voided three weight classes. The Chiefs earned uncontested victories at 112 pounds, 119-pounds and at heavyweight.

After the first four matches, Canton led 18-4. Farmington's Dave Hovey (15-4), one of the area's best little weights, decisioned Jeff Condit (19-11) 9-0 to begin the meet.

Canton responded with a pin at 105. Dave Dufford felled Paul Moon in 2:49. Then Heath Smith (112) and Todd Gattoni (119), two of Canton's most formidable wrestlers, won without contest.

The Falcons came back with two straight pins. Darrell Tharnish nailed Johnny Allmand in 3:25 at 126, and Rob Anglin stuck Roy Echeurri, a last-minute replacement for Jim Parks who was ill, in 1:28.

Tim Collins got a pin back for Canton at 138. Collins, the winningest wrestler in Canton history, got Jeff Jankowski to fall in 1:05.

Then Canton got a bad break. At 145, Farmington's Dave Cunningham was awarded a default over Larry Janiga. The match was tied at 2-2 when Janiga (17-8-1) got a cut above his eye. The injury was sufficient to stop the match.

Canton's Scott Tasker came back at 155 to pin Scott Martinuzzi (1-43), but it was all Farmington after that.

AT 167, Ab Hazen (24-1) stuck Wein Young in 3:10. John Augustin did the same to Eric Krumm at 185, only he did it in just 50 seconds.

And when big Dan Parilo blanked Keith Keskes 6-0 at 198, it didn't matter that the Falcons voided heavyweight. The meet was theirs.

"I'm real pleased," said Walsh, who has had a bit

of a struggle this year. "We are wrestling real well now. Our goal was to learn throughout the season and get ready for the league meet at the end. We are showing some people something."

The Falcons will travel to Detroit Country Day tomorrow for meets against DCD and Milford. Canton (6-1 in the North Lakes, 6-3 overall) travel to Northville Thursday.

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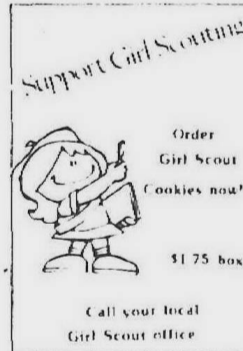
Royals skate to tie

The Redford Royals blew a three-goal lead but fought back to forge a 4-4 tie against the St. Clair Shores Datavison Falcons Thursday in a Great Lakes Junior A Hockey League game

at Redford Arena. Kevin Miller slapped home the game-tying goal for Redford with six minutes to play, keeping the Royals in second place behind Buffalo.

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PUBLIC HEARING NOTICE PLANNING COMMISSION CITY OF PLYMOUTH, MICHIGAN

A regular meeting of the Planning Commission will be held in the Commission Chambers of City Hall on Wednesday February 8, 1984 at 7:30 pm to consider the following:

Site Plan NR-84-5 - Site plan review of new Home for the Aged in conjunction with Hendry Convalescent Center. Property presently zoned RM-2 205 Haggerty Rd.

All interested persons are invited to attend this meeting and will be given an opportunity to participate in the meeting. At the close of the Public Hearing, all comments and suggestions of those citizens participating will be considered by the Planning Commission prior to rendering its decision.

GORDON G. LIMBURG City Clerk

Publish January 30 1984

CHARTER TOWNSHIP OF PLYMOUTH NOTICE OF PUBLIC HEARING

On Tuesday, February 14, 1984, during the regular meeting of the Board of Trustees of the Charter Township of Plymouth a public hearing will be held and the budget for Federal Revenue Sharing, Entitlement Period No. 15 will be established. The Board meets in the Assembly Room of the Township Hall at 42350 Ann Arbor Road, Plymouth, MI 48170, Phone No. 453-3840.

The Township anticipates receiving \$84,000 to be budgeted.

The Public has the right to provide written and oral comment at that time on the entire budget and ask questions concerning the relationship of the Revenue Sharing budget to the rest of the budget. Comments of senior citizens are asked for in particular.

A copy of the Township's 1984 budget is available in the Clerk's office at the above address at any time between 8:30 A.M. and 5:00 P.M. Monday through Friday for perusal.

Actual use reports of the Federal Revenue Sharing funds of last year will be available at the time the complete Township audit for the year is available.

ESTHER HULSING, Clerk

Publish January 30, 1984

CHARTER TOWNSHIP OF PLYMOUTH ORDINANCE NO. 83.06 '84

AN ORDINANCE TO AMEND THE ZONING ORDINANCE OF THE CHARTER TOWNSHIP OF PLYMOUTH BY AMENDING THE ZONING MAP

The Charter Township of Plymouth Ordains:

PART I. That the Township Zoning Ordinance No. 83, is hereby amended by amending the Zoning Map, by changing those areas indicated on the Amended Zoning Map No. 6, attached hereto and made a part of this Ordinance.

PART II. Conflicting Provisions Repealed. Any Ordinance or parts of Ordinance in conflict herewith are hereby repealed.

PART III. Effective Date. The provisions of the Ordinance are hereby declared to take effect on February 23, 1984.

PART IV. Adoption. This Ordinance was adopted by the Township Board of the Charter Township of Plymouth by authority of Act 184 of the Public Acts of Michigan 1949, at a meeting duly called and held on the 24th day of January, 1984, and ordered to be given publication in the manner prescribed by law.

LEGAL DESCRIPTION
Part of Lot 12, SUPERVISOR'S PLYMOUTH PLAT NO. 2 of Part of the East one-half of Section 23, Town 1 South, Range 8 East, Plymouth Township, Wayne County, Michigan as recorded in Liber 66, Page 39, Wayne County Records and part of the Southwest one-quarter of Section 24, Town 1 South, Range 8 East, Plymouth Township, Wayne County, Michigan, more particularly described as beginning at a point on the Easterly line of Lake Pointe Village Subdivision No. 1, Liber 80, Page 56, Wayne County Records, said point being North 10 degrees 6 minutes 45 seconds West 285.00 feet from the Southeast corner of Lake Pointe Village Subdivision No. 1 (being on the centerline of Wilcox Road) and proceeding thence North 10 degrees 6 minutes 45 seconds West 157.83 feet; thence North 17 degrees 02 minutes 19 seconds West 211.64 feet; thence due North 331.16 feet (the last 3 bearings and distance being along the East line of Lake Pointe Village Subdivision No. 1); thence along the Southerly right-of-way line of Highway M-14 South 60 degrees 05 minutes 17 seconds East 301.28 feet; thence South 29 degrees 44 minutes 43 seconds West 49.16 feet; thence South 60 degrees 15 minutes 20 seconds East 290.00 feet; thence North 29 degrees 44 minutes 43 seconds East 61.06 feet; thence along the Southerly right-of-way line of Highway M-14, along a curve to the Left Radius 2403.83 feet, central angle 5 degrees 11 minutes 14 seconds an arc distance of 217.63 feet and whose chord bears South 68 degrees 35 minutes 07 seconds East a distance of 217.56 feet; thence South 00 degrees 34 minutes 26 seconds East 390.86 feet; thence along the Northerly line of Wilcox Road South 68 degrees 09 minutes 36 seconds West 326.08 feet; thence continuing along the Northerly line of Wilcox Road South 79 degrees 53 minutes 15 seconds West 117.95 feet; thence North 10 degrees 06 minutes 45 seconds West 242.00 feet; thence South 79 degrees 53 minutes 15 seconds West 177.00 feet to the point of beginning.

AMENDED ZONING MAP NO. 6 PLYMOUTH CHARTER TOWNSHIP WAYNE COUNTY, MICHIGAN

Adopted by the Township Board of Trustees on January 24, 1984

Effective Date: February 23, 1984

Publish January 30 1984

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CHARTER TOWNSHIP OF PLYMOUTH PUBLIC NOTICE INVITATION TO BID

Sealed proposals will be renewed by the Charter Township of Plymouth Michigan until 4:00 P.M. Eastern Standard Time, Friday, February 17, 1984, in the Clerk's Office at the Township Hall, at which time and place all bids will be publicly opened and read for the purchase of:

1984 Truck - 3/4 Ton

Specifications may be examined and/or picked up at the Clerk's Office in the Township Hall, 42350 Ann Arbor Road, Plymouth, MI 48170. Telephone 453-3840.

ESTHER HULSING Clerk

Publish January 30, 1984